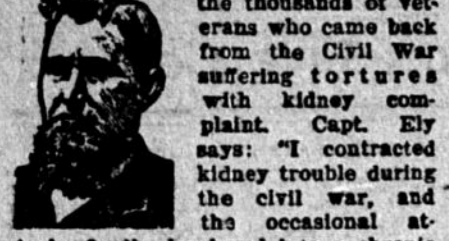


HERITAGE OF CIVIL WAR

Thousands of Soldiers Contracted Chronic Kidney Trouble While in the Service.

The experience of Capt. John L. Ely, of Co. E, 17th Ohio, now living at 500 East Second street, Newton, Kansas, will interest the thousands of veterans who came back from the Civil War suffering tortures with kidney complaint.



Capt. Ely says: "I contracted kidney trouble during the civil war, and the occasional attacks finally developed into a chronic case. At one time I had to use a crutch and came to get about. My back was lame and weak, and besides the aching, there was a distressing retention of the kidney secretions. I was in a bad way when I began using Doan's Kidney Pills in 1901, but the remedy cured me and I have been well ever since."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Revenge, like all the deadly sins, is more deadly to the avenger than to all the rest of the world beside.

BABY'S TORTURING HUMOR

Ears Looked as if They Would Drop Off—Face Mass of Sores—Cured by Cuticura in Two Weeks for 75c.

"I feel it my duty to parents of other poor suffering babies to tell you what Cuticura has done for my little daughter. She broke out all over her body with a humor, and we used everything recommended, but without results. I called in three doctors, they all claimed they could help her, but she continued to grow worse. Her body was a mass of sores, and her little face was being eaten away; her ears looked as if they would drop off. Neighbors advised me to get Cuticura Soap and Ointment, and before I had used half of the cake of Soap and box of Ointment the sores had all healed, and my little one's face and body were as clear as a new-born babe. I would not be without it again if it cost five dollars instead of seventy-five cents. Mrs. George J. Steese, 701 Colburn St., Akron, Ohio."

The one thing a woman always looks on the bright side of is a mirror.

Tinfoil as a wrapping material is disappearing from use in Germany. Its place is being taken by paper coated with aluminum. The aluminum is made to adhere with spirit varnish. The paper is cheaper than tinfoil.

Pat—"The rich are gettin' richer." Mike—"Yes; but they give more to the poor than I've before." Pat—"True! A judge will give a poor man six months now where he used to only give him tin days."—Judge.

For some misdemeanors in China, flogging is the punishment. When a rich man is sentenced to be punished in this way, he is permitted to hire a man to take his flogging, at a fixed fee per stroke; though even the Chinese, with all their stouchness, are not particularly eager for this form of employment.

Miss Ascum—"Do you really think it's possible to find out who your husband will be by consulting a fortune teller?" Miss Malchance—"I don't know, but I really found out who my husband wouldn't be by consulting one." Miss Ascum—"Really? Who was the fortune teller?" Miss Malchance—"Bradstreet"—Philadelphia Press.

While one of the canvassers in the recent British election was calling at a humble cottage, he saw the voter's wife, and inquired of her as to the politics of her husband. "Well," she replied, "when he goes to a Liberal meeting he is a Liberal, and when he goes to a Tory meeting he is a Tory." "But," asked the canvasser, "when he is at home?" "Oh, then," she replied, "he is a good lady unblushingly replied, "When he is at home he is a nuisance!"

A professor in a Western university one day, while walking with a friend in San Francisco, became involved in an argument as to which was the handsomer man of the two. Not being able to arrive at a settlement of the question, they agreed, in a spirit of fun, to leave it to the decision of a Chinaman who was seen approaching them. The matter being laid before him, the Oriental considered long and carefully; then he announced in a tone of finality, "Both are worse."

Governor Hoch, of Kansas, tells a story that always strikes the right spot with the farmers. One time a merchant in a blackboard in his store, and asked his customers to write their names on it, and opposite tell what they were doing for humanity. A lawyer wrote, "I plead for all." A doctor wrote, "I prescribe for all." A preacher wrote, "I pray for all." An old farmer walked up, wrote his name, scratched his head a while, and then wrote, "I pay for all."

THE EDITOR

"Explains How to Keep Up Mental and Physical Vigor."

A New Jersey editor writes: "A long indulgence in improper food brought on a condition of nervous dyspepsia, nearly three years ago, so severe that I had to quit work entirely. I put myself on a strict regimen of Grape-Nuts food, with plenty of outdoor exercise and in a few months found my stomach so far restored that the process of digestion gave me pleasure instead of distress. It also built up my strength so that I was able to resume my business, which is onerous; as I not only edit my paper but also do a great deal of 'outside' writing. I find that the Grape-Nuts diet enables me to write with greater vigor than ever before, and without the feeling of brain fog with which I used to be troubled. As to bodily vigor—I can and do walk miles every day without fatigue—a few squares used to weary me before I began to live on Grape-Nuts! Name given by Postum Co., Battle Creek, Mich.

There's a reason. Read the little book, "The Road to Well-being," by Dr. Williams.

Iowa State Bystander

Bystander Pub. Co. DES MOINES, IOWA

Jay Gould reads "Virgil" for recreation.—Hartford Evening Post. Where?

If Sir Tom Lipton insists upon having another race, why, there is the dry sock Dewey.

A greater Connecticut will also be appropriate, since Connecticut so long has been the Nutmeg state.

Another genius has invented a preventive for seasickness. Still, the only real preventive is to stay on dry land.

Cuba should look at the horrible examples of the neighboring republics and beware of the revolution habit.

The real name of Gabrielle d'Annunzio, the Italian novelist, is Apaguetto. If this suggests Spaghetti to you, don't blame us.

Probably the duke of the Abruzzi will have a good time on his exploratory trip in Africa, but Stanley got all the credit.

New Jersey has lost 1,500 corporations and barely misses them. The mother of trusts is not thinking of race suicide.

A Milwaukee wife has sued for \$750,000 because her husband was taken away from her. How conceited he must feel!

The hero who "picked up a skunk and carried it out of church" won much applause and temporary ostracism in that town.

It may be true that there are 5,000 cows in Philadelphia, but it is untrue that they are allowed to graze freely in the public streets.

Careless scribes continue to get Augustus Helms into several varieties of pickle concerning which he can establish a complete all.

We are informed on excellent authority that even if American nickel is going up, the price of five-cent pieces will not be advanced.

The king of Portugal paints and is said to have considerable artistic ability—which is all right so long as he doesn't have to make a living by it.

The college professor who declares that women will be ruling the world fifty years hence perhaps reasons from the premise that she has begun on him.

That New Jersey dog that according to the voracious chroniclers was his tail up and down instead of sideways, was evidently born for existence in a city flat.

The Atlanta Journal asserts that a Boston man has been fined \$100 for kissing a Boston old maid school teacher against her wishes. We don't believe it.

Those village "cut-ups" down in Philadelphia who enlivened a dance by letting loose a lot of mice might pool their brains without crowding me small head.

President Castro's delay in starting on his task of whipping the world in detail is due to the fact that he has not yet selected the nation that he is to be his first victim.

A woman in New York is giving a lecture on "How to Become a Charming Conversationalist." The way to be considered a charming conversationalist is to have money.

Among the weddings celebrated recently is that of a man of 101 and a woman of 100. The dispatches say that it was a romantic affair, but perhaps they mean rheumatic.

A great deal is expected of William Waldorf Astor's son, who has chosen an army career. He has had all the training that a thorough course in cricket can confer upon a young man.

King Edward going in his state carriage to open parliament furnished a picturesque spectacle almost as entertaining to Londoners as the parade of the three-ring circus is to people over here.

With so many people over in New York willing to pay from \$1,000 to \$5,000 a pair for medicated boots, it ought to be easy enough for some promoter to finance another airship company.

The statement of a New York minister that he has read 1,900 books relating to Abraham Lincoln incidentally illustrates the fact that the compilation of a Lincoln bibliography would be no easy task.

The California man who claims that he has devised a process by which he can grow gold like potatoes seems to be wasting time in making long explanations. All he has to do is to grow a ton or two, and everybody will believe him.

A man out East advertised for a wife. He had 300 responses to his advertisement, all of them willing to give him a trial. A man who cannot get a wife among those he knows, is surely not to be trusted by those who know him not.

People who have always wondered why Mark Twain didn't adopt the ministry as his profession will wonder all the more now that they have read his epigram: "To be good is noble, but to teach others how to be good is nobler—and less trouble."

Pensions at the age of 65, such as the French bill just passed by the chamber provides, for, are excellent things. Now let society see that no man able and willing to work suffers between the ages of, say, 20 and 65. That would solve the social problem.

RESTORE STRENGTH

Dr. Williams' Pink Pills Actually Make New Blood and Good Health Follows.

The evil effects that follow many diseases—particularly the grip and the wasting fevers, such as typhoid and malaria, are caused by the bad condition in which these diseases leave the blood. As a result, the flesh continues to fall away, the sufferer grows nervous and irritable, and even slight exertion causes shortness of breath. These are dangerous symptoms and indicate that the system is in a state that invites pneumonia, bronchitis or even consumption. What is needed is a new supply of rich, red blood to carry health and strength to every part of the body.

"I was all run down from the effects of the grip," says Mrs. Annie Hall, of No. 5 High street, Norwich, Conn., "and could not seem to get strength to walk; could not eat a full meal, my stomach was so weak, and I was so nervous that I could not sleep. I could only stay in bed a few minutes at a time, and the least thing would startle me. I had difficulty in breathing and had frequent fainting spells."

"My general health was completely wrecked and I had neuralgia and rheumatic pains, dyspepsia, nervousness, and female weakness. My physician attended me for the grip and again for the condition that it left me in, but I got no strength from the tonics he prescribed. In fact, nothing helped me until I tried Dr. Williams' Pink Pills and they cured me."

"I grew stronger and gained flesh from the time I began taking them. I am satisfied that the pills are all that is claimed for them and I shall do all I can to make their good qualities known."

Dr. Williams' Pink Pills cure nervous disorders of every kind, check wasting diseases and build up strength. For booklet, address the Dr. Williams' Medicine Co., Schenectady, N. Y.

Billousness causes more suicides for many a blither.

Crysanthemums, it is said, were cultivated in China before the eleventh century.

An old hen was pecking at some stray carpet tacks in the back yard. "Now, what do you suppose that fool hen is eating those tacks for?" said Homer. "Perhaps," rejoined his better half, "she is going to lay a carpet."—Chicago News.

An Indian owed a merchant and went in one day to pay his bill. After doing so, he wanted a receipt. In vain the merchant told him a receipt was unnecessary. "We must have to show me over you nothing," said the Indian; he went to heaven and the Lord said Injun if he pay debts, Injun says yes. Lord ask Injun where is receipt? Can't go all o'er hell to look for you."

Habit-forming Medicines

Whatever may be the fact as to many of the so-called patent medicines containing injurious ingredients as broadly published in the journals of more or less influence, this publicity has certainly been of great interest in arousing needed attention to this subject. It has, in a considerable measure, educated the most intelligent people avoiding such foods and medicines as may be fairly suspected of containing the injurious ingredients complained of. Recognizing this fact some time ago, Dr. Pierce, of Buffalo, N. Y., "took time by the forelock" as it were, to publish the formula of more or less ingredients of which his popular medicines are composed. Thus he has completely forestalled all harping critics and all opposition. He has, in fact, urged against his medicines, because they are now of known composition. Furthermore, from the formula printed on every bottle wrapper, it will be seen that these medicines contain no alcohol or other habit-forming drugs. Neither do they contain any narcotics, or any ingredients which are purely vegetable, extracted from the roots of medicinal plants found growing in the depths of our American forests and of well recognized curative virtues.

Instead of alcohol, which even in small portions long continued, as in obstinate cases of disease, is a decided obstacle to recovery from its tendency to produce a craving for stimulants, Dr. Pierce employs chemically pure alcohol, which is a decided aid in the curative action of the Golden Seal root, St. Peter's, Black Cherry bark and Bloodroot, contained in "Golden Medical Discovery." It is medicinal, throat and lung affections attended with severe coughs. As will be seen from the writings of the Hon. J. B. Johnson, Governor of New York, and the Hon. J. A. Johnson, Medical College, Philadelphia; Souder, of Cincinnati; Ellingwood, of Chicago; Hale, of Chicago; and others, who stand as authority in their several schools of practice, the foregoing agents are of very best ingredients that Dr. Pierce has ever used in his medicines. "Discovery" for the cure of not only bronchial, throat and lung affections, but also of chronic catarrh in all its various forms wherever located.

A year on the planet Neptune is a little longer than 166 earth years—it is 60,000 days' long.

USE THE FAMOUS

Red Cross Baiting Trenches 50c. packages 5 cents. The Russ Company, South Bend, Ind.

The natives in China eat very little butchers' meat, except pork. Poultry is abundant; also game.

5 Tons Grass Hay Free. Everybody loves lots and lots of fodder for hogs, cows, sheep and swine.

The enormous crops of our Northern Grown Pedigree Seed on our seed farms the past year compel us to issue a special catalogue called

SEND THIS NOTICE TO-DAY. and receive free sufficient seed to grow 5 tons of grass on your lot or farm this summer and our great Bargain Seed Book with its wonderful surprises and great bargains in seeds at bargain prices.

Remit 4c and we add a package of Cosmos, the most fashionable, serviceable, beautiful annual flower.

John A. Salzer Seed Co., Lock Drawer W, La. Crosse, Wis.

The average life of a dog is about seven years, although some live to be much older than that.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bear the Signature of *Wm. D. Little* In Use For Over 30 Years. The Kind You Have Always Bought.

When a girl is engaged she thinks a lot about saving gas.

CHAS. ROCKER GETS NEW TRIAL

Supreme Court Saves Murderer From Hanging Next June.

LYON COUNTY CASE REVERSED

Convicted of Murdering August Shroeder—Has Been in the Penitentiary Since May 9, 1904, awaiting Infliction of Capital Punishment.

Des Moines, March 14.—The supreme court yesterday handed down an opinion reversing the district court of Lyon county in the trial for murder of Charles Rocker. Rocker was convicted and appealed the case to the supreme court.

The murder for which Rocker was indicted, tried and convicted, was that of August Shroeder, on June 30, 1900. Rocker was arrested, given a preliminary hearing before a justice of the peace and discharged.

He then commenced a civil action for malicious prosecution against his accuser, Rocker employed as his attorney Simon Fisher, who after a year as an attorney, signed the indictment that forms the basis of the case that was taken to the supreme court.

Before entering his plea the defendant filed a motion to quash the indictment. In this motion he set out that Fisher, while serving as his attorney in the civil action, became possessed of all the information that defendant had respecting the death of Shroeder. The motion also represents that Fisher made use of the information thus obtained in conducting the examination before the grand jury. Fisher made no attempt to deny the charges but the motion was overruled. The supreme court is of the opinion that it should have been sustained.

Several other errors were pointed out by the supreme court. In the opinion handed down by Judge Bishop yesterday, and the case is reversed.

August Shroeder was found hanging in his house near Deon and Mrs. Shroeder claimed that Shroeder had committed suicide. She was sustained by Rocker, then a hired man on the place. Suspicion was aroused that he had been murdered and the arrest of Rocker and Mrs. Shroeder soon followed. They were discharged soon after as no proof could be obtained against them.

Rocker soon after married Shroeder's widow and they moved to Elkton, S. D. This incensed the people of Lyon county but still the mystery of Shroeder's death could not be solved. After a period of time County Attorney Fisher received a letter from Mrs. Shroeder-Rocker saying that Rocker had confessed the murder of her first husband in a dream. Rocker was rearrested and his conviction followed, largely upon the evidence of Mrs. Shroeder-Rocker, who told the jury the confession.

OSTEOPATH UNDER ARREST

Dr. Jesse L. Hunt is Accused of Practicing Without a License.

Boone, March 15.—Jesse L. Hunt, osteopath, was arrested last evening on charge of practicing medicine without a license on information sworn out by County Attorney H. L. Ganoe. Dr. Hunt waived examination and gave bond for \$400 to appear before the grand jury. Hunt was the doctor who administered laudanum resulting in the death of Frank D. Leland, the 18-year-old son of Mr. and Mrs. L. D. Leland.

IOWA FARMERS TO SETTLE NORTHWEST

Webster City, March 12.—During the past thirty days more than 300 emigrant cars have passed through this city over the Northwestern line alone on their way to the north. P. J. Cunningham at the interlocking switch has kept a careful record, and has actually counted this number of cars loaded with emigrant outfits on their way northward. The movement is indicative of a general northward tendency of emigration, and explains in part at least the decrease in the population of the state of Iowa. According to Mr. Cunningham's report, the banner day of the past thirty saw forty-eight of these cars pass through the city. On one of the days of the past month one whole train was given over to emigrant cars.

Inquiry reveals the fact that the larger majority of the people moving away come from the southern part of the state and the western portion in and about the Osawa branch of the Northwestern line. A goodly number, however, have come from in and about Story county and Eldora. For the most part all the emigrants have been of German nationality. The Dakotas, Minnesota and Canada are the favorite objective points.

CHILD LABOR BILL PASSES THE SENATE

Des Moines, March 14.—Child labor as prohibited in the state of Iowa. With the proper signature of the governor of Iowa, the anti-child labor bill, which has been discussed so widely, will have become a law. Yesterday morning the senate adopted the bill by a vote of 40 to 4. Brooks, Elrick, Johnson and Lyons voting against the measure. The bill prohibits every child in the state under fourteen years of age from engaging in manual occupations that would injure his education, cash girls in the department stores are particularly affected by this bill, as the bill prohibits girls fourteen from standing on their feet any given number of hours.

Smith (who has been abroad)—"The young Huggins still paying attention to your daughter?" Jones—"No; they are married now."—Chicago Daily News.

JUDGE L. G. KINNE CALLED BY DEATH

Des Moines, March 16.—Judge L. G. Kinne, pioneer jurist of Iowa and senior member of the board of control, died at his residence, 2532 Ridge Road, at 12:40 o'clock this morning, from heart failure. He followed a period of sickness which has lasted for a number of months.

At the time of his death Mr. Kinne was surrounded by members of his family. He had been feeling comparatively well all day yesterday and had been declaring that he felt better than he had for months. He retired at the usual hour, supposedly in his usual health.

His family heard him up and around during the night and getting up to find out what was the matter, discovered him stricken with heart failure. He was carried to his bed and expired before medical aid could be secured.

Judge Kinne was one of the original members of the board of control. He was appointed with Governor Larrabee and John Cowles and has served continuously. He was the democratic member of the board.

Judge Kinne came to Iowa and located at Toledo in 1869. Here he practiced law until he was elected to the bench in 1887.

Judge Kinne was a democrat since 1870 and was the nominee of his party for governor in 1881 and 1883, leading the speaking campaign both times. He was also the nominee of the democratic party for United States senator, district attorney and circuit judge at different times. For many years he served as secretary and later as chairman of the democratic state central committee, and was a delegate at the national convention in 1876. Again in 1884 he was a delegate at large to the national convention of his party. In 1880 he was elected district judge in the seventeenth district, nominally a republican district, but resigned Jan. 1, 1887; was nominated again that fall and was elected to fill his own vacancy. He was re-elected without opposition in 1890 and in the fall of 1891 was elected supreme judge on the democratic ticket, receiving 1,000 majority in his old district, which had given him only seven majority in 1886. In 1897 he was renominated, but the republican majority was too large to be overcome, although a movement was started to re-elect him as a nonpartisan judge.

In 1894 Judge Kinne was appointed one of the commissioners from this state on uniform legislation in the several states; in 1896 he was president of the Iowa State Bar association. The judge was up to the time of his death, a member of the American Bar association, and has served on important committees. He was for many years a lecturer on the law of domestic relations and taxation in the Iowa State university, and a lecturer on the law of corporations in the Iowa College of Law in Des Moines.

DES MOINES' CLAY WILL MAKE CEMENT

Des Moines, March 16.—Mr. A. H. Savage, assistant state geologist, has given out the statement that the limestone found on land in the vicinity of Des Moines contains the proper material for making Portland cement. Mr. Savage's investigations have been pursued in compliance with the request of two cement mill promoters and his report to them is favorable. Milo Ward, secretary of the Des Moines Commercial Club, has expressed himself many times regarding the desirability of the location of such an industry here. The fact that the construction of a plant at Mason City to cost a million and a half dollars is contemplated bears out Mr. Ward's statement.

Mr. Savage said, concerning the matter: "There have been two parties here lately considering the advantages of Des Moines. I do not know that any definite scheme has been launched, but the investigation has been carried on seriously and I have put myself at their service. Des Moines may get a big plant here. It is certain that everything seems favorable."

"The brick plants here have clay pits that could supply the carboniferous shale necessary to the manufacture of cement. All along the river there are outcroppings of shale rich in silica and alumina. For cement shale must not carry much magnesium carbonate, say three or four per cent. More would render it less fit for cement. The limestone quarries at Earlham are the nearest. Des Moines has comparatively little limestone, but it is seldom that both the proper shale and good limestone are found in the same place."

ADOPT GILLILLAND SENATE RESOLUTION

Des Moines, March 14.—The house of representatives yesterday afternoon adopted without change the Gilliland resolution just as it came from the senate.

Mr. Temple called up the resolution at 2 o'clock and offered his amendment, which contemplated a committee of ten to make investigation, not of the accusations in the Gilliland resolution, but similar ones with some material changes. Mr. Temple delivered an extended argument in support of his position.

Mr. Kendall replied at length, opposing the amendment, which was also opposed by Weeks, Head, Cummings and Chassell. The Temple amendment was defeated, 38 to 54. The resolution was then passed by a vote of 73 to 31.

THICK SKULL SAVES HIS LIFE

Alta, March 15.—John P. Cottong, a wealthy farmer of Maple Valley township, attempted suicide by shooting himself four times in the head. He did not succeed, as he used a 22 calibre revolver and the bullets did not penetrate the skull, but lodged under the scalp. Mr. Cottong was divorced from his wife a short time ago, and this, with ill health and other family troubles, is thought to be the cause of the deed. The physicians declare the man will recover.

BANKS OF CANADA GAIN; PEOPLE'S SAVINGS BIG

Record of Financial Institutions for the Year 1905 Shows Remarkable Prosperity All Over the Dominion.

Ottawa, Canada, March 1.—The year which has just closed has been one of the most satisfactory and progressive with the financial institutions of Canada, and the business of the chartered banks reflects the unprecedented prosperity enjoyed throughout the country during the year 1905.

The increased demands made upon the banks of the Dominion by the commercial and agricultural expansion of the monetary disturbances sometimes noted in the United States. Whatever opinions may be held as to the position of the Canadian banking system, it is claimed that its flexible currency has many commendable features, and without which the last few months of the year must have produced a money stringency with probably disastrous results. It is felt that a wider field of credit in the Dominion is needed, and consequently the capital of many existing banking institutions has been increased and several new banks are in progress of organization.

The chartered banks of Canada today enjoy the confidence of the general public to a greater extent than ever before. The total deposits of the people in these institutions last year were \$22,317,000, which shows an increase of over \$5,000,000 for the year. In actual money in bank probably no other country in the world, comparatively speaking, can make a better showing than Canada.

The total deposits of the Canadian people in the Government savings banks, in special savings institutions, and in the chartered banks alone amounted last year to the enormous sum of \$609,454,000. This represents an average credit balance of over \$100 per head of the population of the Dominion, and it is stated that the only other country in the world that approaches this record is Denmark, where the average credit balance is about \$95.50 per capita. The above figures, however, do not comprehend money deposited with private bankers, loan companies, mortgage corporations and trust companies, or what is hoarded up in secret hiding places.

The annual report of the Dominion finance department, which has just been issued to the public, shows a surplus in the Dominion treasury for the fiscal year of \$7,863,000, and refers to the remarkable increase in the public revenues during the year.

Slender travels farther than do accomplishments.

DON'T FORGET A large box, package No. 200, Ball Blue, only 5 cents. The Russ Company, South Bend, Ind.

A pessimist is a person who told you so beforehand.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is a quick remedy. It is prescribed by some of the best physicians in this country for years and has a reputation that is well earned. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such direct results in curing catarrh. Send for testimonials, free. F. J. CHESSEBROUGH & CO., Props., Toledo, O. Take Hall's Family Pills for Constipation.

Don't forget that a flatterer always has an ax to grind.

Mrs. Winslow's Creaming Syrup. For children teaching, softens the gums, reduces inflammation, silences pain, cures wind colic. 50c a bottle.

A really good man is an accident—that rarely happens.

Write for a Sample Package of Garfield Tea, the mild laxative which cures constipation, sick headache and derangements of liver, kidneys, stomach and bowels. Garfield Tea is made wholly of herbs. Address Garfield Tea Co., Brooklyn, N. Y. Send name of your registrar.

Lots of people make a good living who do not get it.

FITS permanently cured. No pills or nervousness after. Send for FREE 62c. 60c trial bottle and treatise. DR. H. H. KELLY, Ltd., 811 Arch Street, Philadelphia, Pa.

At a recent political meeting in England, the speaker, made a jest, and finding that his audience had missed the point of it, said, playfully: "I had hoped, gentlemen, that you would laugh at that." A plaintive voice came through the silence. "I laughed, mister." Then everybody did.

Two ladies, one of whom carried a baby, entered a well-known furnisher's one day and signified their desire to look at some carpets. It was very warm, but the salesman cheerfully showed roll after roll until the perspiration streamed from his face. Finally one of the ladies asked the other if she did not think it was time to go. "Not quite," was the answer of her companion; and then in an undertone added: "Baby likes to see him roll them out, and we've plenty of time to catch the train."

An absent-minded woman one Sunday morning walked into church, took a front seat, and joined in the service vigorously. A man in a collection-basket was passed to her, and putting a coin in it, she looked about. She cast glances in every direction, her mind cleared, and an expression of amazement overspread her face. She got up, she hurried down the aisle. She overtook the man with the collection-basket. "I'm in the wrong church," she whispered, and taking out the coin she had put in, she hurried forth.

WINE OF CARDUI

WOMAN'S RELIEF

Says Mrs. Blanche E. Stephenson, of 1228 S. 42nd Ave., Chicago, "I suffered miserably for five (5) years with a constant pain in my back and right side and although my husband employed several of the best doctors in this great city, not one could give me relief. At last I took Wine of Cardui, which relieved my pain, prevented an operation and restored me to health." It is a wonderful curative medicine for all women's ailments. Try It.

At All Druggists \$1.00

This Man Went Southwest

along the



and made money

He bought a farm, worked it a few years and grew rich. His name is The Successful Man.

Another man stayed back East, neglecting his chance, and working for others. His name is The Man Who Failed. Which would you rather be?

Write to us for descriptive literature about the Southwest, Gen. Colonization Agent, A. T. & S. P. Co., Chicago.

The bridge which crams, which just now engaging society everywhere, has been recognized at least one railroad in the Middle West, which has just been little pads of bridge what some something which every player and These score cards are done in colors, and will be sent by express on receipt of five cents stamps to pay postage. Address

**SAVED FROM CATARRH OF LUNGS!
SO COMMON IN WINTER
BY TAKING PE-RU-NA.**

Fore Throat Develops Into Bronchitis
Mrs. Addie Harding, 121 W. Bright-
on Ave., Syracuse, N. Y., writes: "I
have been a user of Peruna for the
past twelve years. With me it is a
sure preventative of colds and many other
ills."



Chronic Catarrh of Throat and Lungs
Mrs. Virginia Caviana, room 22,
Cambridge Block, Portland, Ore.,
writes:

"Two or three times a year I am
troubled with my throat, a kind of raw
feeling, turning to bronchitis. I have
had the services of my physician in
each case. Two years ago, when I
felt a spell coming, I tried Peruna to
check it, and to my delight was not
troubled with the smothered and choking
feeling and never have been since.
I can check it every time with Pe-
ru-na."

"I was a sufferer with catarrh of
the throat and lungs for a long time
before Peruna was recommended to
me. I gave it a trial, although I
thought at the time it would be just
like other medicines and do me no
good. I was pleased to find that my
improvement began in less than two
weeks and continued until I was en-
tirely well. I gained nearly 15 pounds,
have a splendid appetite and am grate-
ful for what your medicine has done
for me."

DO YOU WANT A HOME?

Come where land is fertile and cheap.
Where crops are good and sure.
Where climate is mild and healthful.
Where markets are good and year round.
It's in McIntosh and Logan Counties, North
Dakota. Write for further information and
free maps and folders to
WISHEK & GUY, Wishek, North Dakota.

W. L. DOUGLAS
\$3.50 & \$3.00 SHOES
W. L. Douglas \$4.00 Gilt Edge Line
cannot be equalled at any price.



**W. L. DOUGLAS MAKES & SELLS MORE
WORLD'S \$3.50 SHOES THAN ANY OTHER
MANUFACTURER IN THE WORLD.**
\$10,000 REWARD to anyone who can
disprove this statement.
I could take you into my three large factories
at Brockton, Mass., and show you the infinite
care with which every pair of shoes is made. You
would realize why W. L. Douglas \$3.50 shoes
cost more to make, why they hold their shape,
why they wear longer, and are of greater
intrinsic value than any other \$3.50 shoe.
W. L. Douglas Street Made Shoes for
Men, \$2.50; \$3.00; \$3.50; \$4.00; \$4.50;
\$5.00; \$5.50; \$6.00; \$6.50; \$7.00; \$7.50;
\$8.00; \$8.50; \$9.00; \$9.50; \$10.00.
CAUTION—Insist upon having W. L. Douglas
shoes. Take no substitutes. Name genuine
without his name and price stamped on bottom.
Fast Color Eyes test; they will not wear
Write for Illustrated Catalog.
W. L. DOUGLAS, Brockton, Mass.

MAKES BEAUTY

Among the ladies no other medi-
cine has ever had so strong a fol-
lowing, because, excepting pure
air and exercise, it is the source of
more beautiful complexions than
any other agency, as

**Lane's Family
Medicine**

the tonic-laxative. It puts pure
blood in the veins, and no woman
can be homely when the rich, red
blood of health courses in her veins.
Sold by all dealers at 25c. and 50c.

Wheat, Alfalfa and Stock

Farms in Central and Western Kansas will never be
bought again as cheaply as they can be bought to-
day. I have a large list of exceptionally good tracts
which can be bought right. On many of them the
prices will be advanced after May 1st. If you want
something first-class write me to-day.
JAS. H. LITTLE, Member Missouri Pacific
Immigration Bureau, La Crosse, Kansas.

**HOLD UP!
and consider**



**LEWIS RESOLUTION
PASSES THE HOUSE**

Des Moines, March 13.—Without
argument or a discussion of any kind
the house of representatives yester-
day afternoon took up the Lewis joint
resolution calling for a convention of
representatives from the various
states to suggest an amendment to
the United States constitution for
election of United States senators by
the people and adopted it. The vote
was 57 to 22, 21 being absent or not
voting.

The rules provide that a joint resolu-
tion shall be treated in every way
as a bill. This will necessitate the
governor's signing it before it be-
comes effective. There is no doubt
but that Governor Cummins will place
his signature upon the document im-
mediately and will at once enter in
to correspondence with the govern-
ors of other states of the union with
a view of arranging the details of the
convention that will doubtless re-
spond to Iowa's invitation to assem-
ble here and discuss popular election
of United States senators.

The introduction of a bill inviting
the convention to use the house and
senate chambers and placing these
chambers and the committee rooms
at the disposal of the convention, is
being considered. This is necessary
as a statute provides that the legisla-
tive chambers shall be used for legisla-
tive and no other purposes.

According to the terms of the resolu-
tion the governor of each state
will be invited to send five delegates
to the convention. Should all the
states respond to the call of Iowa,
this will make a total of 225 delegates
and there can be no doubt that the
great majority of the state of the
union will take this opportunity to
express their sentiments in regard to
popular election of United States
senators. Already twenty-three
states have taken action similar to
that of Iowa in 1904 indorsing the
idea of electing senators by direct
vote.

**INSURANCE BILL
COMING OUT SOON**

Des Moines, March 15.—The War-
ren insurance bill, calling for the ap-
pointment of a commission to investi-
gate the insurance laws of this state
and report to the general assembly,
will be reported from the subcom-
mittee on insurance in the senate
either the last of this week or the
first of next week.

The bill provides for the appoint-
ment of two senators by the lieuten-
ant governor, and three representa-
tives from the house by the speaker,
to constitute a legislative commis-
sion. The commission is given au-
thority to employ such clerical help
as is needed to perform the duties
imposed. As provided by the bill
the commission shall meet at the
capitol at noon after the adjourn-
ment, as possible and organize by
electing one of their number as chair-
man.

The sections of the Warren bill
that are the vital part and describe
the duties of the commission are
sections 5 and 7, which are as fol-
lows:

"Section 5. Said commission shall
have the power, and it is hereby
made its duty to thoroughly investi-
gate the system, practice, character
and policy of all insurance written
and done by the insurance compan-
ies doing business in this state, and
for the purpose of securing informa-
tion, said commission shall have ac-
cess, at all times, to the office of the
auditor of the state, under the direc-
tion, supervision and authority of the
capitol auditor who shall lend to such
commission, from time to time, such
assistance, counsel and information
as it is in his power to give to carry
out the provisions of this act.

"Section 7. Said commission shall
revise the insurance laws of this
state and make such recommenda-
tions in reference to perfecting the
same as the investigation herein pro-
vided for and the judgment of the
commission shall approve, and said
report shall contain all recommenda-
tions upon said subject, and shall
also contain such recommendations
as the said committee shall approve,
concerning a uniform standard pol-
icy of insurance, and the form of
such policy, or policies recommended."

The bill provides that the report
of the commission shall be filed with
the state auditor on or before Dec.
1, 1906, for distribution to the mem-
bers of the next general assembly,
and that the report shall be printed.

LEGISLATIVE JUNKETS

Eighty Members and Their Friends
Visit State University.
Iowa City, March 15.—Eighty mem-
bers of the legislature and 400 of
their friends visited Iowa City and
the State University yesterday. At
the opera house in the afternoon
President MacLean presided and
Mayor George W. Ball, formerly
member of the senate previous to
the incumbency of Senator Hughes,
delivered the address of welcome.
Speeches were made on behalf of the
legislature by Lieutenant Governor
Herriott, Speaker Clarke, Senators
Saunders, Hayward, and Garst, and
Representatives Mattes and Temple.
A male quartette furnished all the
music for the occasion, except what
the collegians furnished in the way
of college yells, a greater variety of
which and of more volume cannot be
displayed by any western institution.

NO CIRCLE ON THE BALLOT

House Passes the Senate Bill With
Only Nine Dissenting Votes.
Des Moines, March 10.—The house
yesterday afternoon passed the
senate bill to remove the circle
from the ballot. The circle has
been used to vote a straight
ticket. The democrats have al-
lotted, a commissioned officer was
ways favored such a bill.

**OVER THOUSAND
LIVES LOST**

**Mine Disaster in France Re-
sults in Terrible
Loss**

MINE IS A VERITABLE TOMB
Explosion of Firedamp in a Mountain
Mine near Lens Entombs Entire
Working Force Under Ground—
All Hope Gone.

Paris, March 11.—A mining cata-
strophe of incalculable horror and
magnitude has stricken the great coal
center of northern France. An ex-
plosion of fire damp at 7 o'clock yester-
day morning carried death and de-
struction throughout the network of
coal mines centered at Courrieres,
and fire followed the explosion, mak-
ing rescue difficult and almost impos-
sible.

The intense excitement and confu-
sion in the vicinity prevented early
estimates of the exact loss of life, but
a dispatch received here at 4:35 p. m.
gave 1,404 miners entombed and prob-
ably lost. At 8:45 p. m. a brief dis-
patch from Lille announced the total
of 1,193 dead.

All France has been profoundly
shocked by the magnitude of the
disaster which is said to be the greatest
in the history of continental mining.
The scene of the catastrophe is the
mountainous mining region near Lens
in the department of Pas-de-Calais.
Here are huddled small hamlets of
the mine workers, who operate the
most productive mines in France.

The subterranean chambers form a
series of tunnels.
Six of the outlets are near Lens and
others at Courrieres, Verdun and
many other points. The output of
these mines is particularly combust-
ible and is largely used in the manu-
facture of gas and in smelting.
About 2,000 miners work the group of
mines and, with their families, make
a population of from 6,000 to 8,000
souls.

The catastrophe took place shortly
after the men had descended into the
mine. There was a deafening explo-
sion which was followed by the cages
and mining apparatus being hurled
from the mouth of the Courrieres
mine. Men and horses nearby out-
side the mine were either stunned or
killed. The roof of the mine office
was torn off.

Immediately following the explosion
flames burst from the mouth of the
pit, driving back those without who
sought to enter and dooming those
within. The work of attempting to
rescue the imprisoned miners was
hastily begun by officials, engineers
and miners from the surrounding
mines, who formed parties and made
heroic efforts to penetrate the smoke
and foul gases and bring out the im-
prisoned men.

The families of the entombed min-
ers crowded about the shaft, seeking
fathers or husbands and threatening
in their efforts to obtain details, to
force back the guardmen who kept
them from the mouth of the pit. The
population of the district is appalled
by the disaster, which affects every
household.

Paris, March 12.—The worst fears
as to the enormity of the mine disas-
ter in the Courrieres district of the
Pas-de-Calais Saturday morning have
been realized. The death list num-
bers 1,100 and the whole of the region
stands appalled at the terrible tra-
gedy, which has brought sorrow to
6,500 fathers, mothers, wives and chil-
dren.

For a time hope had been held out
to the people that tapings on pipes
to the imprisoned men had been
heard, but gradually this hope van-
ished and the people demanded ad-
mission to see the bodies, and even
threatened to break through the cor-
don of troops, who had the greatest
difficulty in keeping the crowds from
the pit.

Inspectors Gauthier and Dubief
have received complete details of the
catastrophe from M. Lavaurs, the di-
rector of the mine.
"Of 1,800 miners who were down
in the pits when the explosion occur-
ed," he said, "673 were working in
pit No. 4; 482 were in pit No. 3; 571
in pit No. 2, and the remainder in pit
No. 10."

"Those rescued were taken out as
follows:
"From pit No. 4, 190; from pit No.
3, fifteen escaped through pit No. 11;
490 came up from pit No. 2, and 74
from pit No. 10. A number of these
were injured, and some of them have
died since. At the present moment
over 1,000 men remain imprisoned."

**OKLAHOMA AND INDIAN
TERRITORY ONE STATE**

Washington, March 10.—At 5:35 p.
m. the senate passed a bill for the
admission of a new state to be called
Oklahoma and Indian territory. It
was the house joint statehood bill
with all the provisions relating to
Arizona and New Mexico stricken out.
The motion to strike out was made
by Senator Burrows and it was car-
ried by the close vote of 37 to 35
after having been lost by the still
closer vote of 25 to 36.

Oil Hearing Come to Davenport.
Kansas City, Mo., March 11.—It
was announced yesterday that after
the close of the investigation of
charges of discrimination in railroad
rates in oil, filed by the Kansas Oil
Producers' association at this place,
Commissioner Judson C. Clements
will go to Davenport, Ia., to investi-
gate charges of illegal rate making.
Francis M. Cockrell and Charles A.
Prouty, the other commissioners,
will return to Washington. The hear-
ing will be concluded today.

Thirty-One Are Drowned.
Antwerp, March 14.—Thirty-one
persons were drowned yesterday
owing to equinoctial tides overflowing
or bursting dikes on the Scheidt
river.

**SHOULD A HORSE
BE CLIPPED?**

**CLIPPING IN THE EARLY SPRING
RECOMMENDED BY LEADING
VETERINARIANS.**

All Thinking Men Readily Recognize
Its Advantages.

"A horse is a valuable asset, and
should receive the best care possible.
He should be well fed, comfortably
stabled, carefully groomed and clipped
in the early spring. If he receives
these attentions he will work well
and improve in value. A horse lives
under artificial conditions. In his
wild state he required none of these
attentions, for he was able to look
out for himself. The domesticated
animal, being worked under condi-
tions that are in themselves artificial,
must be kept in condition for such
work."

The clipping of a horse in the early
spring is now conceded by all the
leading veterinarians to be an essen-
tial to a horse's well being as shoel-
ing or giving him a comfortable bed
to lie on. Farmers in England and
France have been clipping their
horses for many years, and American
farmers are not slow to realize its
advantages. A clipped horse dries
out rapidly after a hard day's work,
and will rest comfortably and be re-
freshed for the work the following
day. An unclipped horse is liable to
catch the heaves, pneumonia and all
sorts of colds, rheumatism, etc. More
especially is this so in the early
spring, when his hair is long and he is
"soft." If worked hard he will pers-
pire freely and the moisture will be
held by his long hair, and the food
that should go to nourish him will be
used to replenish the heat that is be-
ing constantly taken from his body
by the mass of cold wet hair. If
clipped, the perspiration will evapo-
rate almost as soon as secreted, and
when put in the stable he rests com-
fortably and his food does him good.

Some years ago a Buffalo street car
company tested the value of clipping
in the following manner: They own-
ed 500 horses, and 250 of these were
clipped early in the spring and 250
were not clipped. A careful record
was kept of results, and it was found
that of the 250 unclipped horses 153
were afflicted with coughs and pneu-
monia, while of the 250 clipped not
one case of sickness was reported.

A man would not expect to enjoy
very good health if he did hard man-
ual work clothed with heavy under-
wear, a heavy suit and a fur overcoat,
and after perspiring freely, as he
naturally would, go to sleep without
removing same. It is just as ridicu-
lous to expect a horse to be in perfect
health if worked under the same con-
ditions.

If you would get the best returns
from your investment in your horse,
treat him right, and be sure and
clip him in the early spring. A first-
class horse-clipping machine can be
bought at almost any hardware store
for less than \$7.00.—Horse Review,
Dec. 5th, 1905.

Billionsms causes more suicides
than broken hearts do.

A magnificent steel engraving of
Hagerman Pass, the most famous
mountain pass in Colorado, has been
issued by the Colorado Midland Rail-
way. This engraving is 26x40 inches
and suitable for framing. It will be
sent to any address on receipt of 15
cents in stamps by C. H. Speers, G.
P. A., Denver, Colo.

W. N. U., Des Moines, Ia., No. 11—1906

WHO SHE WAS

SKETCH OF THE LIFE OF LYDIA E. PINKHAM

**And a True Story of How the Vegetable Compound
Had Its Birth and How the "Panic of '73" Caused
It to be Offered for Public Sale in Drug Stores.**

This remarkable woman, whose
middle name was Bates, was born in
Lynn, Mass., February 9th, 1810, com-
ing from a good old Quaker family.
For some years she taught school, and
became known as a woman of an alert



*Yours for Health
Lydia E. Pinkham*

restore the family fortune. They
argued that the medicine which was
so good for their woman friends and
neighbors was equally good for the
women of the whole world.

The Pinkhams had no money, and
little credit. Their first laboratory
was the kitchen, where roots and
herbs were steeped on the stove,
gradually filling a gross of bottles.
Then came the question of selling
it, for always before they had given
it away freely. They hired a job
printer to run off some pamphlets
setting forth the merits of the medi-
cine, now called Lydia E. Pinkham's
Vegetable Compound, and these were
distributed by the Pinkhams sons in
Boston, New York, and Brooklyn.

The wonderful curative properties of
the medicine were, to a great extent,
self-advertising, for whoever used it
recommended it to others, and the de-
mand gradually increased.

In 1877, by combined efforts the fam-
ily had saved enough money to com-
mence newspaper advertising and from
that time the growth and success of
the enterprise were assured, until to-
day Lydia E. Pinkham and her Vege-
table Compound have become house-
hold words everywhere, and many
thousands of roots and herbs are used
annually in its manufacture.

Lydia E. Pinkham herself did not
live to see the great success of this
work. She passed to her reward years
ago, but not till she had provided
means for continuing her work as
effectively as she could have done it
herself.

During her long and eventful experi-
ence she was ever methodical in her
work and she was always careful to pre-
serve a record of every case that came
under her attention. The case of every sick
woman who applied to her for advice—
and there were thousands—received
careful study, and the details, includ-
ing symptoms, treatment and results
were recorded for future reference, and
today these records, together with
hundreds of thousands made since, are
available to sick women the world
over, and represent a vast collabora-
tion of information regarding the
treatment of woman's ills, which for
authenticity and accuracy can hardly
be equaled in any library in the
world.

With Lydia E. Pinkham worked her
daughter-in-law, the present Mrs.
Pinkham. She was carefully instructed
in all her hard-won knowledge, and
for years she assisted her in her vast
correspondence.

To her hands naturally fell the
direction of the work when its origina-
tor passed away. For nearly twenty-
five years she has continued it, and
nothing in the work shows when the
first Lydia E. Pinkham dropped her
pen, and the present Mrs. Pinkham,
now the mother of a large family, took
it up. With woman assistants, some as
capable as herself, the present Mrs.
Pinkham continues this great work, and
probably from the office of no other
person have so many women been ad-
vised how to regain health. Sick wom-
en, this advice is "Yours for Health"
freely given if you only write to ask
for it.

Such is the history of Lydia E. Pink-
ham's Vegetable Compound; made
from simple roots and herbs; the one
great medicine for women's ailments,
and the fitting monument to the noble
woman whose name it bears.

SHIP YOUR CREAM DIRECT

We are the largest receivers of cream direct from the farmer in the state of Iowa.
You will MAKE MORE MONEY by shipping your cream to us than by any
other method. Write for facts and prices.

DES MOINES CREAMERY CO., 3d & VINE, DES MOINES, IOWA

PILES NO MONEY TILL CURED

ANTI-GRIPINE
IS GUARANTEED TO CURE
GRIP, BAD COLD, HEADACHE AND NEURALGIA.
I won't take your money back if it doesn't cure.
W. W. Diermer, M. D., Manufacturer, Springfield, Mo.

THE RIVERSIDE RANGE



**ROCK ISLAND STOVE CO.,
ROCK ISLAND, ILL.**

FREE Wiggle-Stick

This ad is worth 5 cents, cut it out and take it to your grocer,
who will give you a 5c Wiggle-Stick FREE. We will give one free
to every woman in America to convince her it is the best and most
convenient form of Wash Blue. Once used always used.
A hollow tube of wood,
2 1/2 inches long, 1/2 inch
diameter, with a hole
through the center.
Cut This Out

SYRUP OF FIGS

To sweeten,
To refresh,
To cleanse the
system,
Effectually
and Gently;

Dispels colds and
headaches when
bilious or con-
stipated;
For men, women
and children;

There is only
one Genuine
Syrup of Figs;
to get its bene-
ficial effects

Acts best on
the kidneys
and liver,
stomach and
bowels;

Always buy the genuine—Manufactured by the

CALIFORNIA FIG SYRUP CO.
Louisville, Ky. San Francisco, Cal. New York, N.Y.

The genuine Syrup of Figs is for sale by all first-class
druggists. The full name of the company—California
Fig Syrup Co.—is always printed on the front
of every package. Price Fifty Cents per bottle.

IOWA STATE FEDERATION

Program of the Fourth Annual Meeting of the Iowa Federation to be Held in Des Moines, May 28-29-30

Monday May 28 at St. Paul's A. M. E. church:
Social Purty meeting 2:30. Informal discussion of the following subjects led by ten minute talks:
Report of Social Purty committee—Mrs. Gertrude Culbertson, Clinton.
"Personal Purty"—Delegate of Carnation club.
"The Starting Point"—Delegate of Benevolent club.
"The Chains of Habit"—Delegate of Industrial club, Buxton.
"Building for Eternity"—F. E. H. club, Keokuk.
"Evil Reading the Miasma of the Moral Atmosphere"—Cleave Circle.
Monday May 29th.
Burn's M. E. church:
Music.
Opening remarks on behalf of City Federation.
Music.
Welcome on behalf of citizens.
Music.
Response by Mrs. Belle Bannister of Keokuk, First Vice President.
Music.
Address.
Announcement. Adjourn.
Tuesday May 29th.
St. Paul's A. M. E. Church.
Credentialed committee 9 to 10 a. m.
Call to order at 10 o'clock.
Music, "Deeds not Words."
Prayer, Mrs. A. M. Wiers.
10:15 Report of first vice president Mrs. B. Bannister, Keokuk.
10:40 Report of second vice president Mrs. P. Cook, Buxton.
10:50 Report of recording secretary Miss Lelia Sheffer, Oskaloosa.
11:00 Report of corresponding secretary, Miss Maud Ousley, Muscatine.
11:10 Memorial service.
11:30 Announcement of committees on rules and regulation, press courtesies, resolutions, nominating, etc.
AFTERNOON SESSION.
1:45 Music, "O Improve the Golden Moments"
Invocation.
2:00 Roll call. Minutes of previous meeting.
2:15 Report of Reciprocity Bureau Mrs. Emma Gardner, Ottumwa.
2:25 Paper, "The Model Club, Its Methods and Aims," delegate F. B. Williams club, Buxton.
2:35 General discussion.
2:50 Report of Club Extension committee, Mrs. Helena Downey, Ottumwa.
3:10 Report of Art and Crafts Music committee, Mrs. F. Grooms, Muscatine.
3:20 Paper, "What Women's Clubs can do for Music," delegate Dunbar club.
3:30 General discussion.
2:45 to 5 report of clubs.
Catharine Baptist Church.
Evening Session May 29, 8 o'clock
Song, "Scatter Sunshine."
Invocation, Rev. T. L. Griffith.
Roll, minutes of previous meeting.
Report of Household Economics committee, Mrs. Bettus, Keokuk, Mrs. A. Junkins, Ottumwa.
Report of Forestry committee, Mrs. G. Gray, Cedar Rapids.
President's address, Mrs. Belle Graves, Des Moines.
Reception by City Federation in honor of Iowa Federation of Women's Wednesday May 30th.
9:00 Music.
Invocation.
9:15 Roll, minutes of previous meeting.
9:30 Unfinished business.
New business.
10:30 Report of Educational committee, Mrs. Lizzie Palmer, Des Moines.
10:40 Paper, "The Club Woman as a Home Maker," delegate Ida Wells club, Ottumwa.
10:50 Discussion.
11:00 Report of Mothers Child Study Committee.
11:10 Report of Rescue committee, Mrs. Jones, Oskaloosa.
11:20 Report of Philanthropic committee, Mrs. Ruth Bright, Davenport.
11:30 Music.
Announcements, courtesies, adjourn.
AFTERNOON SESSION.
1:45 Music.
Invocation.
2:00 Roll, minutes of previous meeting.
2:15 Unfinished business.
Election of officers; delegates to the National. Announcement of standing committee, courtesies, adjourn.
EVENING SESSION.
6:00 Music.
Invocation.
6:15 Roll, minutes of previous meeting.
6:30 Music.
Ten minute talk on the following subject, "Education and the Working Child," delegate Oskaloosa club.
Music.
"Beauty in Little Things"—Simplicity delegate Cedar Rapids club.
Music.
"The Power of Organization," delegate Good Intent club.
"The Work and Hope of Our Mother's Club," delegate Violet club.
Report of Finance committee.
Report of Resolution committee.
Introduction of New officers.
Closing remarks by president. Adjourn.

All speakers are requested to limit their addresses to the time designated by the program committee.
It is imperative that such speakers take part in the proceedings as can be heard distinctly in a large hall. This should be borne in mind in selecting delegates to make club report.
Delegates are requested to bring club banners.
Blanks will be sent to all clubs on which to write their report.
Program committee will be glad to assist any one who does not understand their topic.
Where the program says "ten minute talks" it means talks, not papers, and we hope delegates will come prepared to deliver them in an instructive manner.
Program Committee—Messdames Helena Downey, C. B. Lewis and Belle Bannister.

Always Keeps Chamberlain's Cough Remedy in His House.

"We would not be without Chamberlain's Cough Remedy. It is kept on hand continually in our home," says W. W. Kearney, editor of the Independent, Lowry City, Mo. That is just what every family should do. When kept at hand ready for instant use, a cold may be checked at the outset and cured in much less time than after it has become settled in the system. This remedy is also without a peer for croup in children, and will prevent the attack when given as soon as the child becomes hoarse, or even after the croupy cough appears, which can only be done when the remedy is kept at hand. For sale by all druggists.

KEOKUK NOTES.

Adam T. Weaver died of consumption at his home, 1424 Franklin street, Thursday morning March 8, at 10:30 o'clock. He was 23 years old and came to Keokuk nine years ago from Canton, those left to mourn his departure are two brothers, William Weaver of Macon, Mo. Frank Weaver of Burlington, a sister Miss Mattie Weaver of Keokuk and two half brothers.
The F. E. H. club met Friday afternoon at the home of Mrs. G. T. Hendrick 7:30 o'clock. There was a good attendance.
Cleave Circle, met at the home of Mrs. G. G. Bannister Feb. 28, and held their election of officers. Mrs. G. C. Bannister, President; Mrs. Mamie Smith, Vice president; Mrs. Jefferson, Treasurer; Letha Johnson, Secretary; Isabel Kase corresponding secretary.
Margaret Ann Court and Brent Court number 2 are making arrangements to observe Palm Sunday on April 8.
The funeral services of the late Adam T. Weaver was held Sunday afternoon at three o'clock from the Seventh street Baptist church, Rev. I. M. Smother's officiating. The body was placed in the vault at Oakland cemetery.
The protracted meetings at the Pilgrim's church are meeting with a grand success there has been a score or more added to the church and the meetings will continue all this week.
Protracted meetings at the A. M. E. church began last Sunday. Mrs. Mc. Douald from Chicago a noted evangelist is assisting with the meetings which promises to be a success. Mrs. McDonald is the guest of Mrs. H. Turner, who resides at 1319 High street.
John Alden was brought home ill from Milwaukee sometime ago, under went a very critical operation a few days ago, and is very dangerously ill.
Last Wednesday afternoon March 7, a number of ladies met with Mrs. M. J. Dove and tendered her a little birthday party it being the occasion of her 79th birthday, every one reported a good time.

CLINTON BRIEFS.

Jas. W. Cooper returned to his duties in Morrison Monday after an over Sunday visit in Clinton.
A social was given on Wednesday evening at the home of Mrs. A. M. E. church a good sized crowd was in attendance, a pleasant evening enjoyed by all present, and a neat sum realized for the steward's department.
Edward Aikens left for Chicago several days ago and other pieces of interest to be gone indefinitely.
Died: Washington Mann, a highly respected colored resident of the North end of this city, passed away last Wednesday night. Death came in the still watch of the night while the family was peacefully sleeping. Mr. Mann had not been feeling very well during the winter, but at no time was he confined to his bed Wednesday night he retired as usual and was found in the early morning, cold in death. The end came quietly and peacefully for over a quarter of a century deceased has been a resident of this community following the occupation of a gardener, at the time of death deceased was aged a little over 75 years. He leaves besides his wife, three sons Jesse, Earl, and William and one daughter Adelaide. The funeral was held Friday afternoon at the North side M. E. church. Rev. A. D. Stevens pastor in charge officiating, assisted by Rev. A. Boyl, pastor of Bethel A. M. E. church of this city, the remains were laid at rest in Oakland cemetery.
Edmund Moreland of Davenport was an over Sunday visitor in Clinton.
Messrs J. S. Mann, Albert and Jas. Robinson and Mr. and Mrs. Jas. Robinson have returned to Chicago, after being in attendance at the funeral of the late Washington Mann.
Clinton Lodge A. F. & A. M. met Tuesday evening in regular session, the lodge is reported as being in a prosperous condition with prospects of the future promisingly.
The Young Men's Sunday Harmony Club a society recently organized for the purpose of developing the minds intellectually of the men of our city whereby they may keep in touch with the topics of the day met Tuesday evening of last week for permanent organization. The following names were elected: M. O. Culbertson,

son, President; Nick Smith, Vice president; Wm. Robinson, Secretary; Wm. Henderson, Treasurer. This society meets each Sunday at three o'clock, on last Sunday the society was addressed by Mr. Wilson a representative from one of the leading colored colleges of the south. His remarks caused a great deal of thought and were full of interest.

ECZEMA, TETTER, Salt Rheum, Itch, Ring Worms, Herpes, Barbers' Itch.

All these diseases are attended by intense itching, which is almost instantly relieved by applying Chamberlain's Salve and by its continued use a permanent cure may be effected. It has in fact, cured many cases that had resisted all other treatment. Price 25 cents per box. For sale by all druggists.

WASHINGTON, IOWA NOTES

Samuel Hall is a good deal better at this at this writing, even if he gets up and around again, his age is against him and he will not be the same robust man as of old.
F. D. Motts expects to visit his brother Robert and sons Thomas and Robert jr. in Chicago the first of next month.
The teachers meeting at Mrs. Geo. Blacks last Wednesday evening was well attended and the lesson topic well discussed. The arrangement for the putting on of 30 years of Freedom were partially formulated.
Mrs. Belle Hall Taylor returned to her home in Rock Island last Sunday afternoon after a visit at the Samuel Hall home.
Mrs. Josie Johnson Austin came from Davenport last week to visit relative; and incidentally to take her mother back with her for a visit.
Mrs. Gus Hall of West Liberty was the guest of the Samuel Hall's home last week.

THE CHURCHES

Corinthian Baptist Church—Corner of Fifteenth and Lincoln streets. Preaching at 11 a. m.; Sunday School at 2 o'clock; Epworth League at 7 p. m.; Rev. T. L. Griffin, Pastor.
St. Paul A. M. E.—Corner of Second and Center streets. Preaching at 10:30 a. m.; Sunday School at 2 o'clock; Epworth League at 7 p. m.; Horace S. Graves pastor.
First African Baptist Church—Corner of Second and Fourth streets. Rev. F. Lomax pastor. Preaching at 10:30 a. m.; Sunday school 9:30 a. m.; Rev. J. G. G. Cox superintendent. Young People's meeting 7 p. m.; preaching 8:00 p. m.
Chapel M. E. Church—Corner of 11th and Crocker sts.—Church services, preaching at 11 a. m. and 8 p. m.; Class and prayer meeting at 10:30 a. m.; Sunday school 9:30 a. m.; Epworth League 7 p. m.; Sunday prayer and class meeting every Wednesday 8 p. m.; A. A. Johnson, pastor, 86 1/2 11th St.
Maple Street Baptist Church—Situated on E. Maple between Ninth and Tenth streets. Preaching at 11 a. m.; Sunday school 9:00 a. m.; C. G. Cox superintendent. C. G. Cox 1st Bible teacher, preaching at 8 p. m.; Rev. J. O. R. Wimbush, pastor.
Union Congregational Church—Corner Tenth and Park streets at 8 o'clock. Mrs. Mildred Raleigh, M. G. Mrs. Nettie Davis, W. R.
Archie Tabernacle No. 478—Meets first and third Thursdays in each month, at the Odd Fellows Hall Sixty and Walnut streets. Mrs. Nettie Davis, C. P. Mrs. Lizzie Bush, C. R. Mrs. Nettie Weldon, Assistant C. R.
Iowa Capital Fountain No. 383 of the United Order of True Reformers meets at the Odd Fellows Hall, corner of Sixth and Walnut streets, on the second and fourth Fridays of each month at 8 p. m.; J. M. Jones, W. M.; Master; Francis Walker, Worthy Secy.
North Star Lodge No. 6, Knights of Pythias—Meets every Monday night corner of 12th and Walnut streets. Regular work 8:15 p. m.; second and fourth Mondays. A. A. Johnson, C. C.; J. W. Robinson, K. of R. and S.

Colonist Low One-way Second Class Rates

To Tennessee, Kentucky, Nebraska, Wyoming, Kansas, Colorado, Missouri and Western Louisiana.
Via the North-Western Line, will be in effect on Tuesdays, March 6th and 20th For tickets and full information apply to agent Chicago & North Western R'y.

Very Low Excursion Rates to Louisville, Ky.,

Via the North-Western Line. Excursion tickets will be sold March 15 to 18 inclusive, with favorable return limits, on account American Bowling Congress Apply to agents Chicago & North-Western R'y.

Home-seeker Rates Via Minneapolis and St. Louis R. R.

First and third Tuesdays during March and April we will sell Home-seeker tickets to Minnesota, North Dakota, Canadian Northwest and other points for one fare plus \$2.00. Call or address W. K. Adams, 513 Walnut St., Des Moines, Ia.

Teaches Parrots by Phonograph.

Mrs. J. Hope of Philadelphia charges a phonograph with the word of praise she wants the parrot to learn, and then shuts him in a room alone with the machine. The bird listens to the oft-repeated sound and tries to outdo the brazen throated trumpet, so that with no expenditure of human strength, and in shorter time than personal attention would consume, he masters one lesson and then is put upon another.

Horses in Shrimp Fishing.

Horses play an important part in shrimp fishing along the Belgian coast. A procession of weather-beaten fishermen starts from the shore, each man mounted on the back of a trained horse, dragging the triangular purse-shaped net, which scoops in the shrimps as it passes over the sands. These fishermen on horseback frequently make hauls of several hundred weight in a single trip.

Frozen Meat.

Frozen meat will keep any length of time. It undergoes a change, however, and is of the quality of second-rate meat after long staying in cold storage. It is thawed by being allowed to stay some hours in a warm atmosphere, never by being put suddenly to the fire. It is useless to attempt the cooking of frozen meat. Thawing must take place first.

Useless Advice to Soldiers.

The London News calls attention to the fact that when the building that is now Wellington barracks, Dublin, was a jail it had the words "Cease to do Evil—Learn to do Well," chiseled over the gateway. When it became a barracks the authorities, perhaps realizing the uselessness of such advice in some cases, had the words removed.

M. W. United Grand Lodge A. F. & A. M. OF Iowa and Its Masonic Jurisdiction

GRAND LODGE OFFICERS.

W. H. Milligan, M. G. Grand Master, Cedar Rapids, Iowa, Rural Route No. 2.
S. L. Tiggs, R. G. Deputy Grand Master, Burlington, Iowa.
D. Thomas, R. W. S. Grand Warden, Buxton, Iowa.
T. H. Sturgis, R. W. J. Grand Warden, Sioux City, Iowa.
A. A. Bland, R. W. Grand Treasurer, Keokuk, Iowa.
H. K. Hillon, R. W. Grand Secretary, Omaha, Neb.
E. T. Banks, R. W. Grand Custodian, Des Moines, Iowa.
J. H. Shepard, Chairman of Committee on Foreign, Des Moines, Iowa.
The local lodges are requested to send in a list of your elected officers so we can publish a complete roster of the lodges. (The Editor).

North Star Lodge, No. 2, A. F. & A. M.—Meets first Thursday in each month at Masonic Hall—Northwest corner of Tenth and Center streets. E. Tracy Blagburn, W. M.; H. E. Jacobs, secretary.

Mt. Olive Lodge, No. 17, A. F. & A. M.—Over 120 First Avenue, Cedar Rapids, Iowa. Meetings first Tuesday of each month. C. H. Searcy, W. M. 1004 9th avenue; L. D. Lowery, secretary, 903 S. 8th street.

Rescue Lodge, No. 25, A. F. & A. M.—Meets 1st and 3rd Monday of each month, 8:30 p. m. 1423 1/2 N. 24th street, Omaha, Neb. W. Wade, W. M., address 1512 N. 36th street, H. K. Hillon, Sec., address 911 N. 12th street.

STATE OFFICERS OF THE IOWA FEDERATION OF AFRO-AMERICAN WOMEN.

Mrs. Helena Downey, State Organizer, 711 Beshaw street, Ottumwa.
Mrs. Belle Graves, president, 1110 Center St., Des Moines, Ia.; Mrs. G. Gray, first vice-president, 716 17th St. Cedar Rapids, Ia.; Mrs. Zack Taylor, second vice-president, 125 Davis St., Ottumwa, Ia.; Miss Lelia Sheffer, recording secretary, Lock Box 77, Oskaloosa, Ia.; Mrs. Fannie Grooms, corresponding secretary, 1126 East 8th St., Muscatine; Mrs. E. B. Lewis, treasurer, 613 Harrison St., Davenport, Ia.; chairmen of state committees, Mrs. Anna Bettus, chairman of Household Economic, 1517 Concert St., Keokuk, Ia.; Mrs. Holly, chairman of Mothers Child Study, Cedar Rapids, Ia.; Miss Maud Ousley, chairman of Arts and Crafts, Muscatine, Iowa; Mrs. Emma Gardner, chairman of Reciprocity Bureau, Rural Route No. 5, Ottumwa, Ia.; Miss Gertrude Evans, chairman of Social Purty, 695 Main St., Dubuque, Ia.; Ms. L. R. Palmer, chairman of Educational Committee, 28 Rollins Block, Des Moines.

Remember there is no better journal in the Middle West than the Bystander. It is regular, reliable and truthful.

60 YEARS' EXPERIENCE PATENTS TRADE MARKS DESIGNS COPYRIGHTS &c.

Anyone sending a sketch and description will quickly ascertain our opinion free whether invention is probably patentable. We examine strictly confidential. HANDBOOK on Patents sent free. Oldest issues. Write to Scientific American, Patents taken through Munn & Co. receive special notice without charge, in this journal.
A handsome illustrated weekly. Largest circulation of any scientific journal. Terms \$3 a year. In advance. Sold by newsdealers.
MUNN & Co. 361 Broadway, New York
Branch Office, 625 F St., Washington, D. C.

ALBIA NEWS.

The Dumas Club met at the home of Mrs. J. H. Bella Wednesday afternoon. Current events were the topic and a very enjoyable afternoon was spent a very nice supper was served.
Mrs. Laura Scholfield will leave Monday morning for Marshalltown to attend a trained school for evangelist.
Quite a number of strangers in town. Mrs. Burns left Albia for Denver, Colo. Tuesday morning, Mrs. Burns will go in a few days.
Now Don't Laugh
In a case before the Melbourne court the other day, Sidney Martin was charged with insulting behaviour—I e., kissing a woman violently in the street. Martin, however, established the fact that the woman was his wife, and he was discharged accordingly without a blemish on his escutcheon!—Sydney Bulletin.
There are always two parties to a contract, and yet in a majority of cases but one is expected to carry it out.

Iowa State Bystander

DES MOINES, IOWA
FRIDAY, MARCH 18.
Published every Friday by the Bystander Publishing Co., Des Moines, Ia. Iowa phone 999.
Official paper of the M. W. U. Grand Lodge of Iowa, A. F. & A. M. Iowa State Federation of Colored Women and International Grand Congress of Heroines of Jericho of America.
TERMS OF SUBSCRIPTION.
One year\$1.50
Six months75
Three months50
All subscription payable in advance.
J. L. THOMPSON, EDITOR.
J. H. SHEPARD, MANAGER.

Send money by postoffice order, money order, express or draft, to the Iowa State Bystander Publishing Company.
Communications must be written on one side of the paper only and be of interest to the public. "Brevity is the soul of wit," remember.
Entered at the Post Office as second-class matter.
We will not return rejected manuscript, unless accompanied by postage stamps.
Advertising rates for display Ad 20 cents per inch, for each insertion. Three to six months contract 15 cents per inch. Local advertising 10 cents per line for each insertion, counting seven words to a line. For church and secret societies where advertisement is charged, one-half of the above mentioned rates. For professional legal and announcements (cards, year, contracts, etc., terms are given on application. All advertising is to be paid in advance.
We are prepared to do first class job work at reasonable prices. All of our work is guaranteed.
The Iowa State Bystander is the oldest Afro-American journal published in Iowa. It was established in 189 and is read by nearly all the colored people of Iowa. We have correspondents in the following towns:
Clinton A. A. Rust
Keokuk J. A. Fields
Mt. Pleasant, Miss Lydia F. Bartlett
Muscatine Miss Fannie Grooms
Marshalltown H. C. Walker
Ottumwa Edna A. Martin
Rock Island James Tolive
Sioux City Miss Myrtle Downing
Moline, Ill. Mrs. R. H. Pollard
Boone Miss Mary Coleman
Washington N. L. Black
Galesburg, Ill. T. S. Patton
Burlington Miss Elsie Wilson
Dubuque Henry A. Marlin
Minneapolis, Minn. Mrs. G. H. Wade
Albia Mrs. May Davis
Cedar Rapids Mrs. Adelaide Perkins
77 Madison Anna Harper
Oskaloosa Luella E. Franklin
Davenport Mrs. C. B. Lewis
Buxton Miss Beatrice Terrell
Omaha, Neb. Miss Wade
Huntville, Miss Della E. Henderson
Monmouth, Ill. J. T. Wallace
N. B. to Correspondents.—Please mail your letters that contain news for publication not later than Wednesday morning to insure publication for the current week.

EVERYBODY KNOWS THAT MUNGERS LAUNDRY is the best in the city. Try them and be decided.

Maine Office 1109 1111 Grand Ave.
Branch Office 504 MULBERRY ST.
Phone 579
WEEK END EXCURSIONS.
Via M. & St. L. R. R.
One and one-third fare for round trip, Fridays only, until March 30th, to points between 75 and 150 miles distance, return limit Monday. Also one fare for round trip on Saturdays for trains after 12 noon, and on Sundays until April 1st. Return limit 10 a. m. Monday following. No tickets sold for Low One-way Rate to the Northwest Via the Minneapolis and St. Louis.
Each Tuesday during March and April we will make rate of \$14.00 to most Minnesota and North Dakota points. Correspondingly low rates to Canadian points. Call or address W. K. Adams, 513 Walnut St., Des Moines.
SPECIAL ONE-WAY RATES WEST.
Via M. & St. L. R. R.
Daily from Feb 15th to Apr. 7th we will sell special one-way tickets to Montana, Washington, Idaho, Oregon, etc. Remember we use the Union Depot at St. Paul with the Great Northern, Northern Pacific and Soo Line to all points west. Full particulars will be furnished by all agents or by W. K. Adams, D. P. A., 513 Walnut St., Des Moines.

FORD'S HAIR POMADE

Formerly known as "OZONIZED OX MARROW"
KINKY or CURLY HAIR that it can be put up in any style desired consistent with its length.
Ford's Hair Pomade was formerly known as "OZONIZED OX MARROW" and is the only safe preparation known to make kinky or curly hair straight, as shown above. It is made of the most reliable and easy to comb. The new formula has been improved so that it is now more easily applied and gives a more permanent and healthy shine. It is a hair dressing of the highest quality and is used by the most distinguished of the world's hairdressers. It is a hair dressing of the highest quality and is used by the most distinguished of the world's hairdressers. It is a hair dressing of the highest quality and is used by the most distinguished of the world's hairdressers.
Low One-way Rate to the Northwest Via the Minneapolis and St. Louis.
Each Tuesday during March and April we will make rate of \$14.00 to most Minnesota and North Dakota points. Correspondingly low rates to Canadian points. Call or address W. K. Adams, 513 Walnut St., Des Moines.
SPECIAL ONE-WAY RATES WEST.
Via M. & St. L. R. R.
Daily from Feb 15th to Apr. 7th we will sell special one-way tickets to Montana, Washington, Idaho, Oregon, etc. Remember we use the Union Depot at St. Paul with the Great Northern, Northern Pacific and Soo Line to all points west. Full particulars will be furnished by all agents or by W. K. Adams, D. P. A., 513 Walnut St., Des Moines.



THE OZONIZED OX MARROW CO.
78 Washburn Ave., Chicago, Ill.
Agents wanted everywhere.
Subscribe for the Bystander

CENTER GOAL MINING CO.

MINE, Twentieth and Arlington Ave. Mutual Phone, 1431
YARDS, Fifteenth and Forest Ave. Mutual Phone, 404
YARDS, 1007 Center Street - - - Both Phones, 1430
LUMP COAL \$3.00 PER TON
Wholesale and Retail—Any Quantity and the Best



25¢ A COPY
\$3.00 A YEAR
THE AMERICAN MONTHLY REVIEW OF REVIEWS
The more Magazines there are, the more Indispensable is 'The Review of Reviews'
PRESIDENT ROOSEVELT says:
"I know that through his columns views have been presented to me that I could not otherwise have had access to; because all earnest and thoughtful men, no matter how widely their ideas diverge, are given free utterance in its columns."
WE WANT A REPRESENTATIVE IN EVERY TOWN TO TAKE SUBSCRIPTIONS ONE OF OUR REPRESENTATIVES MAKES \$50 A WEEK THE YEAR ROUND WE PAY THE LARGEST COMMISSION IN THE MAGAZINE FIELD NO EXPERIENCE NECESSARY. YOU CAN MAKE A SAFE INCOME AT HOME AND BUILD UP A PERMANENT BUSINESS. WRITE AT ONCE TO
THE REVIEW OF REVIEWS COMPANY
15 ASTOR PLACE, NEW YORK

LEARN DRESSMAKING

TWO LESSONS, FREE
FINE CATALOGUE
and DRESSMAKERS BULLETIN
Learn to Design, Draft, Cut, Fit, Drape, Trim and Make any garment you desire
NO CHART OR PATTERNS USED
CUT AND FIT BY MEASURE
No tools but a Tape Measure and Yardstick. You learn everything a Dressmaker needs to know. You save money by learning to make your own clothing, or follow our instructions and fill Good Positions at \$15 to \$50 Per Week, or Conduct a Profitable Business of Your Own.
You learn at your leisure without interfering with your regular work. No previous experience is necessary. This is the oldest and best school of its kind in the world, and it teaches the easiest system at the least cost to its students. More than 6,000 satisfied students in every State, Territory and Foreign Country
Write to-day and let us send you FREE Two Complete Lessons,
our fine colored Catalogue, Dress-Makers' Bulletin and testimonials of hundreds of pleased students.
Good Positions to Every Competent Student
This school has the endorsement of every up-to-date Dressmaker and Fashion Magazine, such as the Delicatore, Call's, Designer, Plotter, Review, Woman's New Idea Magazine, Housekeeper, Woman's Home Companion, etc.
COLUMBIAN Correspondence Schools
211 Maryland Block, DES MOINES, IOWA, U. S. A.



Madame Emilie Lavina, Instructor