

IOWA STATE BYSTANDER.

VOL. XX NO. 42

DES MOINES, IOWA, FRIDAY, APRIL 10, 1914.

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CITY NEWS.

Mrs. Henry Allen is on the sick list.

Mrs. Julia Taylor, who has been sick, is able to be out again.

Mrs. Clara James, who has been quite sick for the past two weeks, is much better.

Mrs. H. E. Jacobs, who has been ill for some time, is reported somewhat improved.

Little Virginia Jones, the daughter of Mr. and Mrs. L. V. Jones, has been quite sick with pneumonia, but is better at this writing.

The R. C. club will meet at the residence of Mrs. H. Taylor, Tenth and Park streets, Saturday afternoon, April 11th.

Rev. E. J. Penney of Mason City, Iowa, arrived in our city Saturday to take up the work as pastor of Union Congregational church during the interim before the arrival of the regular called minister. Rev. Mr. Penney preached last Sunday. He is a highly cultured Christian gentleman, with many years of experience as a preacher and teacher. Everybody is invited to hear him.

The services at the Union Congregational church will be arranged especially for this great day. Rev. Penney will preach on subjects both morning and evening bearing on Easter. The Sunday School has a fine program to render at 12 o'clock and the Christian Endeavor will give an interesting program at 7 o'clock.

Mrs. S. Joe Brown will leave Monday for St. Louis, Mo., where she will deliver an address under the auspices of Art and Culture club. From there she will go to Kansas City, Mo., to attend the wedding of her brother, Tugg Wilson, who will be united to Miss Lena S. Johnson of that city on Wednesday April 15.

The Dramatic Art club met Tuesday afternoon with Mrs. N. C. Marshall and completed the study of Cyrano De Bergerac. Meet next week with Mrs. R. N. Hyde and begin the study of Pilgrim's Progress. The following topics will be discussed: Life and Works of John Bunyan, Mrs. C. A. Garth; Review of Paul's letter to Timothy, Mrs. Geo. Patton.

The Intellectual Improvement club met at the home of Mrs. J. L. Thompson, at which time a paper was read by Mrs. H. R. Graves on the rescue work. Mrs. Harvey Brown led the discussion of the paper. Mrs. Victoria Clay Halvay was present and gave some words of encouragement. Mrs. J. H. Perkins, treasurer of the City Federation of C. W. C., was also present and made some pleasing remarks. The club then adjourned to meet with Mrs. J. B. Rush.

On last Wednesday evening at the home of Mrs. H. R. Graves a few young people met and organized a tennis club, and the following officers were elected: President, Miss Mayme James; vice president, Mr. Olive Ray; secretary, Miss Lucille Morrison; assistant secretary, Miss Cleo Smith; treasurer, Mrs. H. R. Graves; reporter, Mr. Grafton Roane. Club adjourned to meet next Wednesday evening at the home of Mrs. H. R. Graves, 817 Thirteenth street. Club is open for new members at any time.

Grand Custodian Brother A. G. Clark of Oskaloosa, Iowa, made his annual official visit to Des Moines lodges last Monday night. All of the Masonic lodges of our city joined together. The meeting was held in the hall of North Star, No. 2. A goodly number was present and enjoyed the splendid ritualistic lecture given by the grand custodian. He is no doubt up near the front rank upon the cypher work as adopted by the Iowa Grand Lodge. While here he stopped with Mr. and Mrs. J. W. Fields.

Hon. E. H. Burris, deputy eminent commander of Illinois, will spend Sunday and Monday in our city inspecting the Des Moines commandery and chapter. He will deliver the principal address to the sir knights Sunday afternoon at 2 o'clock at the A. M. E. church. The sir knights will be in full uniform, the first time that they have appeared in public for many years. Every Mason and the public is invited. Mr. Burris is deputy eminent commander of Illinois, past grand master of Illinois and at present editor of Mystic Light and employed as a U. S. mail carrier.

BUSINESS LEAGUE.
The regular monthly Negro Business League of our city will hold its first monthly meeting since they were organized last month. The meeting will be held at the Corinthian Baptist church next Monday evening at 8 o'clock. All members are urged to come. Admission free. There will be two papers read and discussed, the first by I. M. Jones. Subject, "Sixteen Years' Experience As a

Restaurant Man." Second paper will be by Sam Lewis, "Forty Years' Experience As a Tonsorial Artist." Ladies are especially invited. By order of the executive committee.

ANNOUNCEMENT.

King Solomon Commandery of Knights Templar, No. 6, will hold their annual Easter service at St. Paul's A. M. E. church Sunday afternoon at 2 o'clock. The knights will attend in full uniform and an appropriate program will be rendered, the principal address being delivered by Hon. H. E. Burris of Rock Island, Ill., district deputy grand commander. The public is cordially invited. By order
Jas. B. Mitchell,
Eminent Commander.
J. B. Rush,
Recorder.

Easter at Our Churches

Asbury M. E. church, 777 11th street 10 a. m. Sunday School.
11 a. m. Preaching, subject "Christ the First Fruits of Them That Slept." I Cor. 15:20.
12 m. Class Meeting.
7 p. m. Epworth League. Topic, "The Joy of Easter in the Soul" Matt. 28:1-10, John 20:19-22
8 p. m. Special Easter program by the Sunday School.
The choir will render special music in connection with the Easter program
W. L. Lee, Pastor.

Corinthian Baptist church Sunday April 12th. 10:30 a. m. Our Lord's Appearances.
12 m. Easter Services of the Sunday School.
6:30 p. m. B. Y. P. U.
7:30 p. m. Song Services by the choir
A cordial invitation to you.
T. L. Griffith, Minister.

There will be a special Easter program Sunday at Maple Street Baptist church given by the children at 1 o'clock. Everybody welcome.

St. Paul's A. M. E. church. Easter Program: Morning topic "The Resurrected Body"
2 p. m. Knights Templar sermon.
3 p. m. Special Sunday School Program.
Evening theme: "The Empty Tomb"
Choir will render Easter music.
A cordial welcome to all
Rev. B. U. Taylor, Pastor.

OSKALOOSA, IOWA.

Mr. and Mrs. F. M. Moore have purchased from Simpson Mitchell the property at 438 North Fourth street, into which they have moved this week, and where they will be at home to their friends in a few days.
W. M. Taylor came to Oskaloosa last Tuesday for a visit with his family and was called to Memphis, Mo., Wednesday on account of the sudden death of his son.
The members of the Sunday school of the Second Baptist church have arranged for a box social at the church Saturday evening.
The Second Baptist church will conduct their Easter services at Evans, Iowa, on Easter, April 12th. Rev. O. B. Smith is pastor of this church and at Evans.
The Aid society of Wesley chapel held their weekly luncheon at Mrs. Robt. Johnson's on Thursday evening. A social time was enjoyed by all.
John Taylor of Washington, Iowa, a brother-in-law of Spencer brothers, cement contractors, passed through the city Friday en route to Grinnell, where he will visit at the home of John Spencer for a few days, and from there will go to Mason City, where he expects to locate.
Rev. A. A. Tolson returned Tuesday morning from Fulton, Mo., where he attended the annual conference of the M. E. church, which was in session last week. Rev. Tolson was returned to Oskaloosa for another year, which is pleasing to both pastor and congregation. He made a splendid record here as pastor and citizen and has laid the foundation for increased usefulness in the coming year.
Harvey Sencer of Washington, Iowa, passed through the city this morning on his way to Mason City for a visit with his brother, Harry.
Mrs. Frank Allen still remains quite sick.
Mrs. Frederick and daughter are visiting at the home of Mrs. Cassy Coleman.
The Trustee Aid of Shorter A. M. E. church will have their luncheon this week at the home of Mr. and Mrs. Will Jeffer, who live a mile west of the city. Those who wish to go will meet at the home of Mrs. Coleman on B avenue West. From there they will be taken in an automobile to the home of Mrs. Jeffer. Everybody come out and enjoy the outing as well as luncheon and help the trustees.
Mrs. Lizzie Tolson served luncheon for the Second Baptist church Friday night at her home, 432 North Fifth street.
Mrs. Ione Barquet of Ottumwa is in the city visiting at the home of Mrs. Henry Allen's for a day.

DAYENPORT NOTES.

Miss Elizabeth Brent and Mr. William Edward Sample were quietly married at the A. M. E. parsonage Thursday evening, April 2nd, at 8

o'clock sharp. Rev. T. B. Stovall performed the ceremony. Mrs. Arvena Rhone of Gary, Ind., a sister of the bride; Mr. and Mrs. Wm. Enoch of Moline, Ill., cousins of the groom, and Rev. and Mrs. T. B. Stovall were the invited guests to a unique reception at the Corbin home, served by the mother of the groom, Mrs. Rosie E. Corbin, in honor of the bride and groom. Mr. and Mrs. Sample are at home to receive their many friends at 936 Gaines street.
Mrs. D. A. Holmes is very sick at her home on Columbus avenue.
Mrs. Jas. James underwent an operation at St. Luke's hospital Tuesday morning.
Mrs. M. Toomey of Omaha, Neb., is visiting friends in the city.
Mrs. Hattie Lambert of South Rock Island is on the sick list.
Rev. T. B. Stovall and ye correspondent visited at the Lambert home Tuesday and had lunch.

NEWS OF WATERLOO, IOWA.

Rev. S. B. Moore, presiding elder held the third quarterly meeting of the A. M. E. church on Wednesday evening. The attendance was all that could be expected and the reports from the different departments were very good and showed progress along all lines.
Mr. A. Whitfield, who has been ill in the hospital, has returned home.
Mrs. Evelyn Boyd of Oneida street had Presiding Elder S. B. Moore and Rev. I. W. Bess for dinner Thursday. The new individual communion service set which was presented to the A. M. E. church by Bert Barton and Mrs. Sarah Cooper was used for the first time Wednesday night. It is second to none in the district.
Mrs. C. A. Clayton entertained to a three-course dinner Presiding Elder S. B. Moore and Rev. and Mrs. I. W. Bess. Miss Georgia Gonszew, who is playing at the Majestic theater, assisted in serving.
The banquet given by the colored brass band of this city was a success. The speakers were Rev. I. W. Bess, J. D. Hopkins and B. H. Jones. Myrtle Lasley sang a solo.
The A. M. E. choir is practicing for a concert to be given the thirtieth at the Congregational church (white).
Mrs. E. Joyner, who underwent an operation at the hospital, is much improved.
Mrs. Evelyn Boyd has returned from Boone, Iowa, and reports her mother, Mrs. Mary Clay, who has been ill, much improved.
Miss Georgia Gonszew and Mr. C. H. Downs, the colored play bills, who have been playing at the Majestic, have left town.
The A. M. E. Sunday school is preparing an elaborate program for Easter.
The African Methodist people will have their new church April 19.

GALESBURG, ILL.

Mr. Chris Brown is reported as seriously ill.
The Thimble Circle met with Mrs. E. J. Skinner on Friday afternoon. Following the business meeting the ladies were served dainty refreshments by Mrs. Skinner.
The dinner served Tuesday at Allen Chapel was a decided success. A neat sum was cleared. The following clubs served dinner: The Autumn Leaf, the Allen Guard and the Stewards.
Rev. S. B. Moore, presiding elder of the Des Moines district, visited home folks last week.
Mrs. Mary Brown is on the sick list.
Mr. Charles F. Hamilton returned to Chicago on Thursday, after a short visit here with friends.
The D. D. W. C. club met with the president, Mrs. Dave Garnett, Tuesday afternoon. A short program was enjoyed, after which light refreshments were served.
Mrs. Abel of Burlington spent Sunday here. Mrs. Abel is city missionary at St. John's A. M. E. church. Mrs. Abel spoke interestingly to the Sunday school while here.

OTTUMWA, IOWA.

(Last Week.)
Harold Gooch has been elected delegate to represent Mt. Zion A. M. E. Sunday school. Mrs. Ruth Black as alternate.
Rev. A. N. Webb has returned, after a pleasant visit with his family in Madison, Wis.
George Johnson is in the hospital for surgical treatment. He is getting along nicely.
Mrs. H. Owens has returned home from Washington, where she visited the Sunday school and Mite Missionary society. Preparations were made by Mrs. H. Owens, the district organizer, to organize the Mite Missionary society into a district organization in Mt. Pleasant after the district conference and Sunday school conventions adjourned. Bishop Lee and Mrs. L. Steward, president of the Mite Missionary convention, will be in attendance. Washington people are wide awake and progressive and great entertainers.
Mr. E. Lee has his new home finished and has moved into it. Their old home was destroyed by fire.
Miss Lottie Greaver has gone to Indianapolis to make it her home.
Mr. Green and wife, Mrs. Amy Green, have gone to St. Joe, Mo. They have been quite sick and have gone to recuperate.
Quite a number of our people attended Ben Hur. They had a great treat, as it was a gorgeous production.
Mrs. Lucille Wagoner has been sick. The Second Baptist church has constructed for an elegant modern residence on Grove street for a parsonage. It has a beautiful lawn large garden, fruit trees, barn, chicken

COLFAX, IOWA.

The Ladies' Mission Circle will meet with Mrs. B. Crank on Thursday, April 9th. Let all members try and be present and help to make this meeting an interesting one.
Miss Sylvia Sorrell, an employe of the Victoria Sanitarium, is off duty threatened with a light attack of appendicitis.
From the rain we have been having here lately reminds us that April showers bring May flowers.
Miss Minnie Alexander was shopping in the Capital City on Tuesday.
Mr. Dick Allen, who has registered at the Battle house for the past few days, departed for the Capital City on Tuesday.
Mrs. Morris is on the sick list this week, also Gertrude Brodus.
Mrs. Lucy Jones was visiting friends in the Capital City on Saturday last week.
Mr. Chas. Jackson spent Tuesday in Des Moines.
Mr. Owen Redman, who has been confined to his home for the past two weeks, is able to be out again, which is good news to his many friends.
Mr. Clyde Norckoff of Lexington, Mo., spent Sunday in our city.
Miss Eva Bell returned home Monday.
Mrs. W. H. Clark from the country spent Sunday at the Battle house.
Mr. I. Vaughn from Newton was in our city one day the past week.
Death record of the week: Death of John Dennis. End made peacefully at the home of Mr. Henry Brown of Severs on Sunday, April 5, 1914, at the age of 79 years. He was a member of the Bethel Baptist church of Colfax and the funeral was held from that church Tuesday, April 7th, at 11 o'clock, conducted by Rev. Evans, pastor.

MINNEAPOLIS, MINN.

Here we are once again. Hope we have not been missed much.
Mrs. William Walker is at the Deaconess hospital, seriously ill.
We are glad to see Mrs. Hammond out again. She has been confined to her home for some time.
Sunday, April 12th, is quarterly meeting at St. James A. M. E. church. Rev. H. P. Jones is to preach.
St. Peter's A. M. E. church will hold services Good Friday from 12 to 3 p. m. Rev. E. G. Jackson, pastor.
Mrs. Frank Peoples gave a dinner party Thursday last week. Covers were placed for eight.
Mrs. William Hyde of 3840 Eleventh avenue South entertained the Willing Workers' club last Thursday. Mrs. Mary White, mother of Rev. E. G. Jackson, is sick at the parsonage.

The Sunday Forum met at St. Peter's A. M. E. church last Sunday. A large attendance was out.
Mrs. Belle Glover is still confined to her home, 1825 Fifth avenue So.
Mrs. Ellen Scott remains about the same.
Mr. Joe Baylum of 3517 Fourth avenue So. is also confined to his bed.
Mrs. Mamie Donaldson's home was the scene of a beautifully unique social given April 1st by the Lee Sewing Circle of St. Peter's A. M. E. church—a Japanese tea. Her spacious rooms were tastefully decorated with Japanese lanterns, parasols and fans. The walls and windows were draped artistically with crepe paper. Then to lend realistic to the Japish atmosphere the ladies appeared in Japanese costume and served their many guests with tea, chicken, sandwiches, candied Japan ginger root and nuts from dainty Japanese ware.

WASHINGTON, IOWA, NOTES.

Mrs. Lyons of East Tennessee and Jesse Amy of Tram, Kentucky, arrived here last Wednesday to take Mrs. Sarah Armstrong to Kentucky to visit with her brother. Mrs. A., who has been sick for some time, does not improve and it was thought that a change of climate would benefit her.
Mrs. Rev. Bell was called to Indianapolis, Ind., last week on account of the death of a brother-in-law. Little Dorcas Bell accompanied her mother.
Lewis Wallace, who has been sick the past week, is improving.
Mrs. G. W. Black has returned home from a visit with relatives at Oskaloosa.
Mrs. Walter Williams has returned from Muscatine, after a visit with relatives.
Word has been received by relatives that Bob Armstrong has returned to the states from Paris, where he had accompanied Sam Bradford, and will shortly visit his mother, Mrs. J. R. here.
Geo. Berkley, new janitor at the Christian Science church.
Robt. Greaver had a narrow escape from suffocation recently when the building in which he was rooming was afire in the basement. His room, on the third floor, was full of smoke when he awoke and he had a hard time getting out.
Mr. Hayes Crayton goes for a visit with friends and relatives in southern Mississippi. He may be accompanied with a partner when he returns.
The A. M. E. Sunday school is practicing for the Easter services to be given next Sunday afternoon at 2:30 o'clock.
Get ready for the collector when he comes. The time for settlement is getting near.
Washington will have another graduate from the high school this year in the person of Miss Marie Whaley.
Mr. T. L. Burnett is assisting Mr. Reed in his barber shop.
Mr. and Mrs. Theo. Turner and Mr. and Mrs. Jas. Reed entertained last Thursday for Messrs. Horace Spencer and John Taylor, who left Friday for Mason City.

A Cure for Sour Stomach.

Mrs. Wm. M. Thompson, of Battle Creek, Mich., states: "I have been troubled with indigestion, sour stomach and bad breath. After taking two bottles of Chamberlain's Tablets I am well. These tablets are splendid—none better." For sale by all dealers.

house and yard, is lighted by electricity, commands a splendid view of the city and is only six blocks from the church.
The Benevolent club has scheduled a splendid program for Monday evening, April 6th, at the Baptist church.
There are four candidates for baptism Wednesday night.
Our Sunday school is flourishing and the B. Y. P. U. is taking on new life.
Scarlet fever is causing several families some annoyance.
The gripe had Miss Pearl Marshall a few days.
Deacon Henry Elliott is sinking a shaft preparatory to opening a coal mine on his farm. His son, Frank Elliott, of Omaha, Neb., is assisting him.
Both the Benevolent club and the Sewing Circle had pleasant meetings at the parsonage last week.
Miss Birdie Williams left Monday morning for California, to be gone indefinitely.

number were in attendance, of which a number here masked.
Little Norman, son of Mr. and Mrs. J. M. Mitchell, of Fulton, Ill., had the misfortune to break an arm a few days ago. At this writing he is doing nicely.
On Sunday evening, March 29th, a good sized congregation, composed mostly of young people, was present at Bethel A. M. E. church, when Rev. G. W. Slater delivered a sermon to the young people. Subject, "The Strength of Youth."
The Entre Nous Literary club gave a pleasing program on Saturday night.
Easter will be observed at the A. M. E. church by the Sunday school with a program.
Roger Green of Chicago visited for a few days at the home of his aunt, Mrs. A. A. Bush, and family.
Robinson's Honey Boy Minstrels, a local organization, will give an entertainment at the Masonic hall on the 20th.
Mr. Henry Robinson is reported as quite ill at the hospital. His friends hope for an early recovery.
Mrs. Abbie Parm, an aged colored woman, who has made her home with Rev. Sanders and family for a long time, passed away Sunday night at 7 o'clock, after a long illness. Her husband departed this life eight years ago. Funeral services were held from the Second Baptist church Tuesday afternoon at 2:30. Rev. Guy Sanders officiated.
Curtis Bush entertained a few boy friends at his home Monday night in honor of Roger Green of Chicago.

ROCK ISLAND, ILL.

Dr. and Mrs. Colbert S. Davis announce the birth of their son, Colbert Smith, Jr., March 23, 1914.
The P. A. C. met at the home of Mrs. Addie Johnson, Dearborn street, in a regular business meeting.
Mrs. H. Huston of Michigan avenue entertained at 6 o'clock dinner last Wednesday Mrs. John Foy and Mrs. Britton of Moline and Mrs. Margaret Phoenix of Rock Island.
Mrs. Belle Jones, president of the humane society of the city, visited the Rock Island Ladies' Federation club there last meeting and Mrs. Jones presented the club with a beautiful hand-embroidered and hemstitched sheer linen handkerchief, which Mrs. William Taft, wife of the president of the United States, presented to the club.
The Ladies' Court of Rock Island held their annual sermon at the Baptist church. Rev. Walker of Moline preached the sermon.
Rev. Whitfield, pastor of McKinley Baptist church, was in Chicago a few days last week attending the Baptist convention.
There will be a sermon at McKinley Baptist church Sunday afternoon, the Masons annual sermon.

OFFICIAL PROGRAM

The thirteenth annual session of the Iowa State Federation of Colored Women's clubs will be held at the Corinthian Baptist church in Des Moines, Iowa, on May 25, 26 and 27. Monday, 3 p. m.—General board meeting.
Citizens' night, 8 p. m.
Song—Invocation. Rev. S. Bates Pastor Maple St. Baptist Church.
Instrumental Selection—Grace Fredric
Welcome Address on Behalf of the City—Mayor Hanna
Solo—Welcome Address on Behalf of the Churches—T. L. Griffith, D. D. Pastor Corinthian Baptist Church.
Instrumental—Grace Fredric
Welcome Address on Behalf of the Clubs—Mrs. Jessye McClain
Music—Selected
Young Women's Club
Response to Welcome Addresses
First Vice Pres. I. S. F. C. W. C.
Instrumental Selection—Clyde L. Glass
Reading—Mrs. Edyth-Cemley Strawthers
Solo—Miss Lucille Morrison
Paper—Miss Ada Hyde
Instrumental—Miss Effie Mason
Announcements
Benediction—Rev. B. U. Taylor
Pastor St. Paul's A. M. E. Church
Tuesday—8:30 a. m.
8:30—Song. Invocation. Song.
Three minute talk by district chairman, "What I Have Done To Build Up My District."
Report of credential committee.
Club song. Roll call of officers.
Appointment of committees.
9:00—Devotional exercises.
9:30—Report of committees.
Seating of delegates. Minutes. Report of districts.
Paper—The Curse of White Slavery Among Our Girls, Mrs. I. L. Brown, Marshalltown.
Discussions by delegates from Political Study and Mothers' Congress, Callanan club, Des Moines.
Paper—How Shall We Make This Club Year One of Profit, delegate from Indianola club.
Discussions by delegates from Woman's Aid club and Richard Allen Aid club, Des Moines.
Announcements. Adjournment.
Tuesday Afternoon.
2:00—Song. Invocation. Roll call. Quotations from Paul Lawrence Dunbar.
Minutes. Report of committees.
Demonstration in hair dressing,

Mrs. Mary Mease Scott. Plantation melodies.
Paper—Why Preserve Negro Folk Lore and Plantation Melodies, Mrs. A. G. Clark, Oskaloosa.
Discussions by delegates from S. A. L. club and V. R. C. club, Davenport, and Christian Culture club, Washington.
Instrumental Selection—Malcolm Griffith
Symposium—Health—Ten minute speeches by Mrs. A. J. Booker, J. A. Jefferson, E. A. Lee, C. M. Wilson and Miss Tabitha Mash.
Ten minute speech, "When the Doctors Fail, Mr. Vivian Jones, undertaker.
Reading—Gus Durden
Demonstration in serving, Miss Marie I. Bell, cateress.
Tuesday—8 p. m.
Invocation—Rev. W. L. Lee
Pastor Asbury Chapel.
Roll call—Quotations from Negro women. Minutes.
Instrumental Selection—Sarah Johnson
Reading—Beatrice Turner
Solo—Mrs. S. H. Armstead
Paper—House Sanitation, Del. F. B. W. club, Buxton.
Duet—Miss Jessie Walker and Mrs. Grace Brown Humphrey, Marshalltown.
Paper—Great Women, Mrs. H. Downey, Hon. Pres. I. S. F. C. W. C.
Music—Chorus, Young Women's club.
Annual address of the president, Mrs. J. B. Rush.
Solo—Mrs. F. P. Johnson, Des Moines
Reading—Miss Mary Jane Reeves
Violin Solo—Prof. W. H. Warricks
Benediction—Rev. H. C. McCraven
Wednesday A. M.
8:30—Memorial.
9:00—Roll call. Quotations from the Bible.
Minutes. Report of committees.
Report of clubs.
Music—Instrumental, Miss H. Bussey, Davenport.
Paper—Consecrated Women, Del. from T. L. O., Davenport.
Discussion by delegates from J. S. Y., Cedar Rapids, and Good Interest, Ottumwa.
Paper—Club Life and Have We Benefited From It, Del. from D. Y. W. Y. K., Des Moines.
Discussion by delegates from E. L. D., Davenport, and Self Culture, Buxton.
Music—Duet, Miss Jessie Walker and Mrs. Thompson.
Report of clubs.
Paper—Seeing the Stage and Its People in the Right Light, Mrs. E. Mixon, Des Moines.
Discussion by delegates from Study club, Clarinda, and Benevolent club, Ottumwa.
Solo, Mrs. Clara Sheppard, Davenport.
Report of clubs.
Announcements. Adjournment.
Wednesday Afternoon.
2:00—Song, "Iowa." Invocation by chaplain.
Roll call—Quotations from suffragists. Minutes.
Demonstration in dressmaking, Madam Watkins.
Paper—The Ballot Is Woman's Divine Right, Mrs. Sellers Ewery.
Discussion by Ladies' Industrial club, Buxton, and Woman's Loyal club, Clinton.
Report of clubs.
Committee on nomination.
Paper—Improvement of the Negro Woman, Del. from I. B. W. C., Ottumwa.
Discussion by delegates from A. C. C., Sioux City, and Culture club, Cedar Rapids.
Instrumental Selection, Mildred Griffin.
Solo, Mrs. Massy, Des Moines.
Report of nominating committee.
Election of officers.
Announcements. Adjournment.
Wednesday—8 p. m.
Club song.
Invocation, Rev. B. U. Taylor, pastor St. Paul's A. M. E. church.
Roll call—Quotations miscellaneous. Minutes.
Instrumental Selection, Mrs. Flossie Williams, Ottumwa.
Paper—Some Great Philanthropists and Their Contributions To Society, Del. from A. I. P. club, Sioux City.
Euphonium solo, Prof. F. G. Gog-gins.
Symposium—In the courts—Probate, Atty. S. Joe Brown.
Divorce Evil, Atty. J. B. Rush.
Equity, Atty. J. L. Thompson.
Music—Chorus, Young Women's club.
Final report of officers.
Installation of officers.
Reception.

Nothing So Good for a Cough or Cold
When you have a cold you want the best medicine obtainable so as to get rid of it with the least possible delay. There are many who consider Chamberlain's Cough Remedy unsurpassed. Mrs. J. Boroff, Elida, Ohio, says, "Ever since my daughter Ruth was cured of a severe cold and cough by Chamberlain's Cough Remedy two years ago, I have felt kindly disposed toward the manufacturers of that preparation. I know of nothing so quick to relieve a cough or cure a cold." For sale by all dealers.
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TO DESTROY FLIES

Maggot Trap Possible Solution of the Fly Problem.

United States Department of Agriculture Makes Successful Experiments That Should Be of Interest to Health Officers.

Washington.—A trap to destroy the maggots of the typhoid or housefly before they develop into winged insects is a possible solution of the fly problem and one that should interest health officers, sanitarians and others who might make use of it on manure heaps where this common pest breeds. The department of agriculture's scientists in their preliminary experiments with such a trap have succeeded in destroying from 70 to 99 per cent of the maggots in a pile of manure. This method of attack differs from those which have been generally used. Fly poisons have been made to tempt the appetite of the adult fly, or fly-tight receptacles have been used to keep the adult female from laying her eggs in manure. The newer method is based on the knowledge of certain habits of the undeveloped fly maggot.

The maggots of the typhoid fly, it has been discovered, have a habit of migrating from their breeding places into drier portions of the manure heap. This seems a distinct move on their part to permit the adult fly to issue from the refuse in the easiest and quickest manner. The efficiency of the new trap is based on the regularity of this deep-seated habit.

A large galvanized iron pan, measuring five by three feet, with sides four inches high, was made. In this stood a container on legs eight inches high. This container measured four by two by two feet. The sides and bottom were of heavy wire, one-fourth-inch mesh, supported by a light wooden framework. Twelve cubic feet of manure well infested with eggs and larvae were placed in this container and sprinkled with water. Water was also poured into the pan below to the depth of about one inch. Surrounding and covering both pan and container was a fly-tight inclosure made of a large cage, six by six by six feet. This prevented further infestation of the manure, and an arrangement of traps at the top of the cage made it possible to capture and keep a record of any flies that might emerge. At the time for the emergence of flies the sides of the cage were darkened with black cloth in order to drive the flies into the traps at the top. Each day the maggots were collected from the pan and counted, and each day the manure in the container was sprinkled thoroughly with water and the pan was washed out and again partly filled with water to drown the larvae which fell into it.

The experiments of the department's entomologists showed that from 98 to 99 per cent of all the maggots in the manure pile were destroyed, if the manure was kept moist. From comparatively dry manure about seventy per cent were destroyed.

These experiments, as yet, have been tried only on a comparatively small scale. The question immediately arises whether the trap which appears so successful on a small scale can be adapted to the handling of manure in a practical way on a large scale. Every consideration points to the probability that it can and that it will afford "an additional weapon of great value." However, the final verdict as to the value of the maggot trap must wait upon the solution of certain practical problems. To point out some of these here is to suggest lines for further investigation.

(1) In the first place, there must be determined what form, size and construction of trap will give the best results. The answer to this will depend largely on the particular conditions obtaining at any given stable, such as the amount of manure produced daily, the arrangements for drainage, etc. It will also depend on the answer to the following problems:

(2) How deeply may manure be heaped in a trap without interfering with the migration? It will probably be found that the depth will make little difference, provided that the manure is kept moist, and provided that avenues of escape are afforded at the sides as well as at the bottom.

(3) How long must manure be kept in a maggot trap before it is entirely free from larvae? This is a very important question from a practical standpoint, and one will find scant suggestion as to the answer in the literature on the life history and habits. The housefly breeds preferably in horse manure, but it has never been determined just how long a given lot of manure continues to be an attractive place for egg laying, nor for how long a period fly larvae will continue to appear in it. It is obvious that the maggot trap would not be practical if the infestation of the manure were daily renewed for a long time. Under ordinary conditions the drying of the surface of a heap of manure probably limits the period of egg laying to the first day or two of exposure. But in a maggot trap the manure must be kept wet in order to insure the greatest amount of migration. Would not such a moist surface be daily reinfested and maggots continue to appear in the manure as long as any fermentation were in progress? As a matter of fact, the period of infestation appears to be rather short, and even under the most favorable conditions maggots will rarely be found in a given lot of manure after ten or 12 days' exposure.

That Should Have Fetched Him. Miss Wantem was growing tired, for Mr. Nult had been calling three months and the final words which had been lingering on his lips for so long had not yet been spoken.

One evening, however, being in an extra bright mood, he was inclined to make some brilliant observations. "We live in a wonderful age, don't we, Miss Wantem? Just think how everything is becoming wireless nowadays." "Yes," snapped Miss Wantem, "that's what's wrong with us."

In support of this claim some experimental data may be given here.

(4) The disposal of the maggots is another practical consideration. If the larvae were allowed to drop to the ground there and nothing would be gained. It would be necessary to have some sort of vessel, e. g., a concrete basin, beneath the trap. This should have vertical sides and contain an inch or more of a weak disinfectant or of water covered with a film of kerosene oil. If such a basin were connected with a sewer or cesspool the maggots collecting in it could be flushed out each week without the necessity of handling them in any way and without any offensive decomposition.

That the maggot trap possesses certain advantages is obvious and ought to lead to many attempts to develop it along practical lines. Cheapness would be one of its strong points. Practically the only cost would be the initial one for the construction of the trap and of a basin or receptacle for catching and disposing of the maggots. Very little additional time or labor would be required in operating it. The sprinkling of the manure would be a very small part of the daily routine of removing the manure from the stables. Proper arrangements for the disposal of the maggots would require only a few minutes' attention at long intervals.

WARNS AGAINST FIRE.

Post cards cautioning forest users in the Appalachian region against setting fires in the woods have recently been sent by the federal forest service to residents in the vicinity of the forest areas which have been purchased by the government.

These post cards state that burning of the woods does not improve the grazing, and does not exterminate poisonous insects or animals. On the other hand, the cards say such burning injures the grazing value of the land by killing off the better grasses, by decreasing the fertility of the soil and by increasing the possible damage to the ground, and its covering of vegetation, from frost, sun, wind and rain. Furthermore, they state that burning injures the timber, impairs its merchantability, and lowers its selling price; that it increases insect damage by weakening the vitality of the trees and affording an entrance for insects through fire scars; and, in addition, that it kills out the young trees which are just getting started.

For the reasons enumerated, it is announced that no grazing will be allowed on the government lands which have been recently burnt, the rule being enforced in order to give the range a chance to recuperate from the effects of the burning. The effect of this prohibition will be to close certain areas against grazing; therefore, fires set through a mistaken notion that they will improve grazing will curtail the forage resources.

The cards further ask co-operation of all forest users in the prevention and control of forest fires.

AMERICAN CAVIAR.

The use of the roe of salmon and other American fish for the making of American caviar is growing rapidly, and as a result what at one time was a very serious waste has been turned into an excellent and valuable food. The principal difference between this caviar and the Russian caviar is, that the Russian article is made principally out of sturgeon roe, while excellent American caviar is made from salmon roe, white fish roe, and the roes of other fish that are handled on a large commercial scale as well as from sturgeon roe. This caviar is made in the same manner as the Russian caviar. The roe of the fish is pressed through screens which allow the eggs to pass, but hold back all the membrane and the egg sacks. These eggs are then packed in a large quantity of salt which draws some of the water and other substances from them. They are then canned or boxed and put on the market.

American caviar, the specialists of the department of agriculture advise, should be sold for just what it is and labeled to show the name of the fish from which the roe is taken, for example, American caviar from the Pacific salmon should be labeled "Salmon Caviar"; and that made from white fish should be called "White Fish Caviar."

It is believed that the American caviar industry can develop a big sale of the product on its own merits, and should offer it as an article that its American makers are proud to acknowledge, rather than as an imitation of an imported article.

POTATOES FROM HOLLAND.

Potatoes may now be imported from the Kingdom of Holland to the United States if shipped in accordance with the restrictions and regulations that apply to the admission of other foreign potatoes. Notice to this effect has just been issued by the United States department of agriculture, as it has been ascertained that Holland is now free from the injurious potato diseases and insect pests which caused the quarantine of December 22, 1913, to be extended against it, and has complied with all the conditions and requirements of the regulations governing the importation of potatoes into this country.

The Master.

Church—That sounds like a master hand at the piano.
Gotham—It is. It's my wife!

to desperation. "Pa was saying only this morning that even the sofa was becoming wireless."

Exposed.

Bustum—Young Brightly seems to be quite a linguist.
Gustum—Linguist nothing! He's a fourtonguer! All he speaks is a little tangle of hot French, a few snatches of grand opera Italian, a smattering of tobacco and cigar Spanish and a word or two of beer garden German.

REMARKABLE CAREER OF CASTINE C. SWANSON

From the steerage of an ocean steamer to the head of the largest women's hotel in the world seems a steep climb for the baby daughter of a Swedish immigrant. Yet that is exactly what Miss Castine C. Swanson, who was brought to this country by her parents before she was five years old, has accomplished in a little over twenty years.



Soon after she passed her twenty-fifth birthday she became the assistant superintendent of the Franklin Square house in Boston, the home of more than six hundred working women and girl students. A year later when the superintendent resigned and it was suggested that the trustees elect Miss Swanson to the vacancy the whole board shook their heads. It wouldn't be right, they declared. She was not only inexperienced, but she was too young, scarcely more than a girl. They took a year to look around for a suitable woman to put in charge of the hotel.

During that year many applicants were examined and considered, while Miss Swanson, as acting superintendent, was doing the work. At the end of the year she was unanimously elected by the board of trustees to the superintendency. It had been a year

of prosperity such as the hotel, though a success from the very first, had never before known. That was two years ago. Now the demand for rooms has become so great and persistent that the trustees have purchased some adjoining property and plans are being considered for building an annex that will double the capacity of the hotel. The baby girl of the Swedish immigrant will be at the head of a hotel housing more than one thousand women.

"No, I haven't found the position a trying one," Miss Swanson declares. "There are a great many problems, of course, but I have found that by meeting each one just as it comes in the best, as well as the simplest, way of solving it satisfactorily. "After all most misunderstandings are caused by persons not looking at both sides of the question. As a rule all I have to do is to make the girl see the other side. Most women are reasonable and don't intentionally give trouble. After a short residence here they as a rule come to look upon the house as their home and as a consequence they have an eye to its interest."

Perhaps it was this faith in the loyalty of her sex that caused Miss Swanson to advocate and finally to establish a resident council at the Franklin Square house. This body is made up of twenty-odd residents of the house, nominated and elected by ballot. Only the guests of the house are allowed to vote. It is an advisory body and can carry complaints or make suggestions, either directly to the board of trustees or through Miss Swanson.

QUEEN ELEONORA OF BULGARIA TO VISIT U. S.

It has been definitely decided that Queen Eleonora of Bulgaria, accompanied by an extensive suite, will visit the United States either at the beginning or middle of May. The tour probably will begin about the middle of May and last six or eight weeks.



The visit is the result of the deep interest in King Ferdinand and Queen Eleonora long have had in the United States, which has been strengthened by the close association of the king and queen with the American doctors who were in charge of the Bulgarian hospitals during the war.

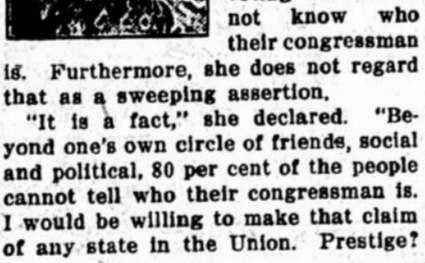
It is probable that Queen Eleonora will proceed from Sofia to Hamburg as a German princess. There she will embark, if her arrangements permit, on the steamship Imperator on one of its trips in the month of May. It is certain that the suite of Queen Eleonora will include in addition to some diplomats, aides-de-camp from the smartest guard regiments and ladies-in-waiting, who will wear their beautiful, picturesque native costume.

The purpose which Queen Eleonora and King Ferdinand hope to achieve by this visit is twofold. In the first place they are hopeful that the queens will be able to contract any antagonism to Bulgaria which may have resulted from the late Balkan wars. The king and queen are both impressed with the growing indirect power of the United States as a guide to the sympathies and opinions of the world and hope the visit will have the effect of informing Americans as to the desires of this country and inducing sympathy with the aspirations of Bulgaria to creditably maintain a place among the nations of Europe.

An even more utilitarian purpose is the study which the queen proposes to make of the manner in which the United States is working out the social and economic problems and draw lessons applicable to Bulgaria, which is now confronted with an economic problem of great magnitude.

MRS. JULIUS KAHN A BROAD-MINDED WOMAN

Wouldn't you, if your husband were one of but 300-odd men chosen from all over the country, think that some "position" went with it? Mrs. Julius Kahn, wife of the representative from California, doesn't. The fact that her husband is a representative, she says, means nothing at all. More than that, she claims that at least eighty per cent of the people in any state or voting district do not know who their congressman is. Furthermore, she does not regard that as a sweeping assertion.



"It is a fact," she declared. "Beyond one's own circle of friends, social and political, 80 per cent of the people cannot tell who their congressman is. I would be willing to make that claim of any state in the Union. Prestige?"

Absolutely none. Unless the people, generally speaking, want some favor they do not trouble to find out who represents them.

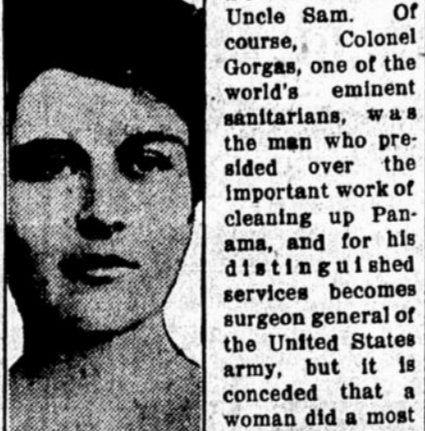
"I recall one instance in point which happened to Mr. Kahn. He received a letter from a man, supposedly well versed in affairs generally, who asked a favor. Mr. Kahn replied that it was impossible to grant his request, and, further, that he (Mr. Kahn) was not the representative of his district. In answer to this the man called in person at my husband's office and exclaimed in some heat that he knew Mr. Kahn was his congressman; that he had voted for him several times. Mr. Kahn asked him if his home had been the same for several years as that given in the letter, to which the man replied it was.

"Then you couldn't vote for me, as my district is elsewhere," said Mr. Kahn.

"And do you know that man absolutely refused to believe him, and went away insisting that he knew better. And many many people have told me they voted for my husband when it would have been impossible under the law."

WOMAN WHO CLEANED PANAMA CANAL ZONE

It is predicted in Washington that "the woman who cleaned up the canal zone" will receive certain special honors from Uncle Sam. Of course, Colonel Gorgas, one of the world's eminent sanitarians, was the man who presided over the important work of cleaning up Panama, and for his distinguished services becomes surgeon general of the United States army, but it is conceded that a woman did a most important work in the vital if unobtrusive essentials that intimately touch the lives and welfare of men, women and children.



Miss Gertrude Beeks is the woman.

She is secretary of the welfare department of the National Civic Federation. This department is composed of 300 employers throughout the United States.

In 1907, when many discontented laborers were leaving the canal, Miss Beeks made a careful survey to determine what could be done to better the general living conditions of the twenty-five thousand odd employees. Her report was contained in 28,000 words, covering 101 details. What she revealed and the recommendations she made justified the statement made here, just before her departure, that she had "one of the most important commissions ever awarded to a woman by the government."

Unusual.

The Struggling Lawyer (pompously)—Anything unusual happen while I was out?

Office Boy (after some thought)—Yes'r. There wasn't any debt collector called.—Happy Hours.

Joke on Landseer or Policeman. A friend of Sir Edward Landseer who accompanied him to a Kensington museum on the first occasion of his exhibition by gaslight relates that Landseer stopped short before his large picture, "A Visit to Waterloo."

"I must have been mad," said he, "when I painted that." And, walking up to the picture he placed his hand upon a part which had attracted criticism. An attendant policeman shouted his polite caution: "Now, then, take your hands off there!" "My good man," said Sir Edwin. "I was merely remarking how bad that was." "Then why don't you go and do better?" said the policeman, who had no idea to whom he was speaking.—The Argonaut.

Fashion on the Farm.

"What's the matter, neighbor? You, mare sick?" "Now! Bill druv her to town the other day, and ever since she got hum she's been cullin'vat'n the doggone tagene slump."—Puck.

TO RID FOODS OF POISONS

Deleterious Substances May Be Removed if One Will Take a Little Pains With the Work.

To cook cranberries as they are brought from the market is to meet a keen disappointment in a delicate berry which many persons do not enjoy because its wild flavor is unpleasant to the taste. Clean the berries, place them in a pan with sufficient water to cover them, and add a half teaspoon of soda. Boil the berries in the soda water until you hear them bursting. Drain the water from them, it will be found a greenish black, rinse them in cold water, then cook with the sugar. It removes the tang and less sugar is needed to sweeten them if cooked in this way. The same method has been used successfully in cooking soup beans, from which the greenish water removes a poisonous substance, makes the bean clear and white when cooked and they cook in less time, too. Others have used soda water for cooking rice for a few minutes to remove the artificial glaze which is a coating of talcum, and a glue-like substance in which pure rice is immersed before it is ready for market.

COFFEE SERVED IN ORANGES

Idea Is From New Orleans, Where They Claim to Make the Best Beverage in America.

A young hostess recently pleased her dinner guests with a new way of serving after-dinner coffee, which she learned at a famous New Orleans cafe.

The entire rind of an orange is used as a cup. It is cut with a sharp knife, and the lower half is turned back to form a standard for the upper half, which is the cup. The orange remains between the two and unites them.

The cups are filled with boiling hot black coffee and sweetened by a lump of sugar dipped in cognac. A match applied to each cup before serving ignites the brandy and the flame so produced is aided by the oil of the orange rind, so that a charming effect is produced by a tray of these brightly burning cups. Each orange is placed on a small plate or saucer.

Mock Turtle Soup.

Boil a calf's head until the meat leaves the bones. Leave it in the soup until the next day, then take it out, scrape off the fat and remove the bones. Put in the jellied stock over the fire with the bones; the ears, chopped; one grated carrot, one sliced onion, a bunch of soup herbs, a teaspoonful of allspice, a spoonful of paprika and salt to taste. Boil for one hour. Take from the fire, strain, thicken with two tablespoonfuls of butter rolled in as much browned flour; add two tablespoonfuls of kitchen bouquet, and when the soup is thickened, drop in the tongue and parts of the cheek cut into dice. Add a gill of sherry and the juice of a lemon, and pour upon forcemeat balls in a hot tureen. Make the forcemeat balls by rubbing the brains to a paste with a hard-boiled egg, a little browned flour and the yolk of a raw egg. Roll them in browned flour and let them stand in a quick oven until lightly crisped over.

Cabbage or Salad Dressing.

Melt in a double boiler one generous tablespoonful of butter. Add to it one tablespoonful of flour, one teaspoonful of sugar, one-half teaspoonful of made mustard, three dashes of paprika, one-quarter teaspoonful of salt, white pepper to taste. When these are well blended add slowly, stirring constantly to avoid lumps, one-half pint of boiling water and three drops of Worcestershire sauce. Continue stirring until thick. Cook five minutes; if too thick put in a little more water. Should the dressing be for cold salad pour it while hot over finely shredded cabbage, if for salads use when cold.

Dark Bread Fudding.

Take dry bread enough to fill a two-quart pan two-thirds full of bread after it is soaked, one-half cup molasses, one cup of sugar (brown if you have it, white will do), one cup of chopped suet or fat pork, two eggs, a pint of milk, two cups of chopped raisins. You can put in all kinds of spice. I only put in nutmeg and clove, salt teaspoon, I bake mine all night. Wants to be baked slowly. It is fine.—Boston Globe.

India Curried Eggs.

Cut hard-boiled eggs in halves; then fry one small chopped onion and one chopped apple in hot butter; add one fourth cup of pounded almonds and one pint of milk, mixed with one-half tablespoonful of cornstarch. Season with salt and dessert spoonful of curry powder. Let cook ten minutes; then add the eggs. Let all get very hot. Serve with croustons; garnish with fried parsley.—The Mother's Magazine.

Wellesley Salad.

Cut early apples into dice, chop celery rather fine, cut white grapes into halves, take out seeds, break English walnuts or pecans in small pieces, marinate with French dressing and put on ice till chilled. Serve on hearts of lettuce leaves. Whip heavy cream and add lemon juice to taste; put a large spoonful on salad.

Brussels Sprouts With Cheese.

Brook the sprouts till perfectly tender in water with salt, pepper and a little lemon juice in it. When tender drain and toss about over the fire in a frying pan with a little butter to get quite hot, and in no case attempting to brown them. Take out into a dish, sprinkle freely with grated parmesan cheese and send to table.

Apple Tart.

Line the small pans with a nice puff paste and fill with apples which have been steamed or parboiled, sweetened and flavored with ground nutmeg. Arrange across the top strips of sweetened pastry, which has been spread with butter. Bake in a moderate oven.

MYSTERIES OF SEA HOLES IN THE HEAD

Ships and Passengers That Are Lost Forever.

Their Uncanny Disappearance Furnishes Baffling Puzzles Which Cannot Be Determined by Man—Only Vague Theories.

If the ocean has its mysteries, so has the ship that rides it, and which furnishes the more baffling puzzles would be difficult to determine.

Ships leave ports and are never seen nor heard of again, and—in some cases—respecters more inexplicable still—passengers board vessels and suddenly forever vanish from human ken.

The strange disappearance of Doctor Diesel, the famous inventor, is a case in point which must be fresh in everybody's mind.

One day a short time ago, it will be remembered, Doctor Diesel left Antwerp on board one of the Great Eastern Railway company's steamers for Harwich, whence he proposed hurrying to London to keep an important business engagement. On board the steamer the doctor appeared to be in the best of health and spirits and at ten o'clock p. m. retired to his cabin for the night.

Next morning he was nowhere to be found, and the mystery of his disappearance remains still unsolved.

Again, not many months ago the steamship Baldor, on arrival in the Firth of Forth from Gothenburg, had a queer story to unfold through the mouth of her skipper.

It concerned the uncanny disappearance of a second-class lady passenger. The last seen of her was late at night, when one of the stewardesses noticed her pacing the deck. The vessel was then in the North sea.

Afterward the passenger's berth was found to be unoccupied, and, not only the lady, but her baggage, consisting of a bag, had vanished. Where and how no one knows.

Could anything be more baffling than the following? It occurred on board a steamer between Leith and Orkney. Among the passengers were two sisters, who were traveling to attend the funeral of a third sister.

When off Bell Lighthouse one of the women retired to her bunk, the other, as the night was fine, preferring to remain a little longer on deck. That was the last seen of her.

Another amazing incident was that reported by the captain of a Dutch steamer, the Van Noort, on his arrival at Singapore. The parties immediately concerned were three sisters of German nationality who were passengers aboard, and had been touring in Java.

After having spent the evening on deck, chatting and reading, they were seen one night going to their cabin about ten o'clock. Next morning the attendant could get no answer to his knocks at the cabin door, and, on an entry being made, the room was found empty.

On the table was a note addressed to the captain, which briefly stated that he was to have their luggage, and on a desk was a bottle containing a few drops of chloroform. From this it was conjectured that the three sisters had each taken chloroform, and then climbed through the porthole into the sea!

As a final example may be mentioned the case of a vivacious young woman who disappeared from Belfast to Fleetwood.

At 11 o'clock p. m. the young woman was seen by the stewardess, whom she asked to bring her a cup of tea at seven o'clock next morning, as she wished to catch an early train to Manchester. At the hour named the stewardess took in the tea as desired, but was amazed to find the cabin empty.

It was surmised the girl had fallen overboard while walking in her sleep, or climbed through the porthole into the sea—two theories which had not much of the element of probability to recommend them.

Granite World's Bed Rock.

Granite is the lowest rock in the world's crust. It is the bed rock of the world. It shows no evidence of animal or vegetable life. It is from two to ten times as thick as the united thickness of all the other rocks. It is the parent rock from which all the other rocks have been either directly or indirectly derived.

It is true that it does not contain lime while limestones do contain that substance, but it furnishes the foundation for animal growth, and animal growth brings lime into existence. It is claimed by scientists that all the lime in the world has, at some time, no doubt, been a portion of many different animals, and possibly of human beings also.

New Idea in Street Lighting.

The gas lights of Paris may soon be lighted by means of an electromagnetic valve operated by a push button. A very slight pressure will hold the valve against the pressure in the mains, so that the button sending a current through the magnet opens the valve.

Closets in Human Cranium Must Be Kept Ventilated.

Nose Serves as Radiator—Position of the Eustachian Tube—Open Spaces Receive Warmed and Moistened Air to Insure Health.

Our heads are full of holes that must be ventilated if we are to remain in good health. Most people think the air they inhale goes only to their lungs, and that its one use is to purify their blood. The air has another and just as important function—the aeration of the hidden cupboards and closets of the head.

The nose is a sort of radiator, formed of twisted tubes, in which the inhaled air is warmed and moistened. When you exhale vigorously the air is forced up into the recess back of the nose. This is called the naso-pharynx. From this many tubes open upward and backward, each leading to one or more of the closets in the head.

The best known of these is the Eustachian tube, which runs from the back of the pharynx to the middle ear. The middle ear is behind the drum. In it are situated the little bones that connect the drum with the nervous apparatus of the inner ear. In the rear walls of the middle ear is a large irregular opening leading to the mastoid antrum, a large cavity in the upper part of the mastoid bone, behind the ear. This communicates again with a net work of irregular cavities that make a sponge-like structure of the interior of the mastoid process.

Air passes through the Eustachian tubes into the middle ear and on into the hollows of the mastoid bone. Infection also takes the same route, and this is how a nasal catarrh may cause a serious attack of mastoiditis that can be cured only by a terrible and often fatal operation that begins with chopping open the mastoid bone with a chisel and mallet.

Over the eyebrows, toward the middle and in the lower part of the frontal bone are the frontal sinuses, irregular cavities which are connected with the middle of the nose by a tube called the infundibulum.

Behind these again are the cells of the ethmoid bone, called the anterior and posterior ethmoidal sinuses. These open also into the nose by two different tubes. The anterior sinuses open also into another cavity called the sphenoidal sinus.

The antrum is situated in the cheek, immediately over the bicuspid and molar teeth. Its size varies in different individuals and it is not always the same size on each side of the face. It opens directly into the pharynx. Its floor is the alveolar process of the upper teeth and its roof is the floor of the eye cavity.

Farther back in the head than any of these except the mastoid are the sphenoidal sinuses. They also open into the pharynx by two round holes and they sometimes communicate with the posterior ethmoid cells or sinuses.

Many of these sinuses communicate with the posterior ethmoid cells or sinuses. Most of these sinuses communicate with labyrinth or smaller holes in the bones about them. Many of them do not exist at birth and only begin to develop about the seventh year, growing larger until the age of about twenty.

Vigorous exhalation drives the air that has been warmed and moistened into the lungs into all of these hidden cavities in the head. They are there to contain air, and this air must not become stagnated. If the head be stopped up by catarrh some of them are sure to become involved. The result is headache, earache and sometimes insanity.

Therefore, in breathing it is as important to blow air forcibly up into the upper pharynx as it is to draw it down into the lungs.

Meter for Your Coal.

We have heard of water meters and gas meters, but who ever heard of a meter for coal? Such a device is actually on the market, and is sold in quantities. This is an instrument used by big plants using coal in quantities and loading down a chute. The meter is placed in the trough and as the coal slides past it is rotated by the movement and registers on the dial the tons passing down the chute during the day or period. The device is thoroughly practical and is said to measure the amount of fuel passing with fair accuracy.

Sardines in Gallies.

A company is about to be formed for the establishment of a fish curing and sardine factory on the shores of the Sea of Gallies. For the last year or two great shoals of sardines have appeared in these waters, and it is thought that a remunerative industry could be formed if only a concession could be obtained for a long term of years at a uniform rate. Representations on the subject have already been made to the authorities.

Plan for Women.

The Turkish government has decided to admit women to the university, where special lectures in hygiene, domestic science and women's rights will be delivered for their benefit. It is regarded as a very daring innovation by those who are watching the trend of the Mussulman world towards modern civilization, by placing it on a level with the western world.

Business Acumen.

"That saloonkeeper has some good business ideas about whetting his customers' appetite for a drink." "Such as what?" "He keeps a man hanging around who has a fund of stories with lots of dry humor."

Education of Women.

The begum of Bhopal, one of the most enlightened of Indian rulers, has announced her intention of establishing a great center for the education of women at Delhi.

AFRO-AMERICAN CULLINGS

Lindsay Winslow, born a slave, for 42 years a messenger in the war department...

Lindsay was born in 1855, the property of the Temple family of Fredericksburg, Va.

It was during the Civil war that Lindsay first made acquaintance with the army...

A year ago Lindsay made his first appearance as an actor. In the role of himself...

Lindsay saw service in Cuba during the Spanish-American war. Detached from the war department...

Appointed a laborer in the war department July 1, 1872, Lindsay was given a fireman's job November 1, the same year.

When the office of adjutant general of the army lost its directing influence, and the office of chief of staff was created...

Lindsay served as messenger and personal attendant to every adjutant general of the army from incumbency of General Drum to that of General Corbin...

Not many years ago Russia was a strong rival of the United States in the production of petroleum.

Two carpenters and a plumber from England have recently been traveling in Belgium.

The colored man in America has gone through the same experiences as the white man.

One hundred and nine of the 425 dauntless sailors who fought with Perry at the battle of Lake Erie were colored men.

From a little farm owned by John Jones, a former slave in Shelby county, Tenn., has come to the Supreme court...

It is estimated that 75 per cent of the laws have to do with the home in some way.

The United States has become the heaviest buyer of South African diamonds.

A bill providing for women judges in the children's court has been introduced in the New York legislature.

Margaret E. McNamara has been appointed chief matron of the Industrial School for Girls at Delaware, Ohio.

Mrs. William Waldorf Astor has given \$1,000 towards a co-ordinate women's college at the University of Virginia.

A silver medal has been awarded to Mrs. Cornelia Chadwick of Newport, R. I., for her carrier-stretcher invention.

Seville, Spain, regulates meat markets and slaughter houses.

The best marksmen are usually those with gray or blue eyes.

A woman lives in Philadelphia who has seen three centuries; who has been an eye witness of the changes they have brought...

Her home is at 2237 Oxford street with her daughter, Mrs. Caroline Mitchell. She is still able to move about, although feebly...

She is known to be in her one hundred and fourteenth year, but she may be somewhat older, and one estimate gave her age as one hundred and seven.

"I saw the great star fall," she says, when she refers to that overshadowing event in her childhood...

Appointed a laborer in the war department July 1, 1872, Lindsay was given a fireman's job November 1, the same year.

When the office of adjutant general of the army lost its directing influence, and the office of chief of staff was created...

Lindsay served as messenger and personal attendant to every adjutant general of the army from incumbency of General Drum to that of General Corbin...

Not many years ago Russia was a strong rival of the United States in the production of petroleum.

Two carpenters and a plumber from England have recently been traveling in Belgium.

The colored man in America has gone through the same experiences as the white man.

One hundred and nine of the 425 dauntless sailors who fought with Perry at the battle of Lake Erie were colored men.

From a little farm owned by John Jones, a former slave in Shelby county, Tenn., has come to the Supreme court...

It is estimated that 75 per cent of the laws have to do with the home in some way.

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Japan has so much mountain land that only about one-sixth of the total land area is cultivated.

One and one-half million workers are employed in the textile industry in Italy.

FOR AN AFTERNOON AFFAIR

Nut Bread Has Become a Favorite Among Hostesses Who Want "Something Different."

One cup of sugar, one egg. One and one-quarter cups of milk. Four cups of flour.

One and one-half cups of nuts. First mix sugar and egg in a bowl. Measure and sieve your flour.

After all your ingredients are well mixed, put the latter in two pans. The pans must first be well greased with lard.

Let the bread rise for 20 minutes. Then put in a moderate oven to bake. Bake for 40 minutes.

The nut bread has supplied a long felt need, for upon all sides we have been constantly hearing the complaints of people who wish to eliminate such rich refreshments served at pink teas and bridge parties.

What to give at an afternoon affair, instead of the inevitable ice cream, has been a problem.

Nut bread, which can be used instead of rich pastries, has solved the solution. A fruit salad and nut bread can be served, and one woman reasoned that this is the same as the salad course of dinner, which, we all agree, is the most sensible of all the courses.

Harry Wolter and Birdie Cree, two veteran gardeners, will be missing from the Yankees' lineup this season.

Catcher Slight, who made the trip around the world with the Sox and Giants, has been honored by Manager Jack Hendricks of Denver, who placed him on the all-Western league nine.

Walter Johnson says that Ed Walsh ruined himself by warming up every day. Johnson declares that it is just as hard on a pitcher's arm to warm up as it is to pitch a game.

Frank Chance is devoting most of his time to teaching his young slabs how to handle bunts.

"Some of these days a Cleveland ball club is going to have a lot of luck," says a sixth-city scribe.

A brother of Jack Fournier of the Sox has been signed by Manager Bob Rundstrom of the North Yakima team of the Western Tri-State league.

We've just got to hit the monickers again. Will Boote has signed with the Rome (Ga.) team.

Connie Mack has a pair of McInneses, one a fielder, and one a first baseman. They are not related, but seem to have the same ability to hammer the ball.

Charley Herzog isn't worrying about his outfield. He says he can easily pick two youngsters out of his bunch to help out his regulars whenever needed.

The Federal league that offers unlimited golfing privileges may have Jimmy Mathewson for the asking.

Detroit fans think that Harry Covalleski will make good in his third attempt in the big league because he is a Cincinnati castoff.

Manager Hendricks of the Indianapolis club is sure that Karl Crandall, Otis Crandall's brother, will make good in the American association this year.

Sam Crawford got a four-year contract with Detroit, with the understanding that if he died of old age before it expired, his heirs couldn't collect.

Pitcher Ingersoll, who worked in the Northwestern league last season, is confident that he'll win a place on the Cincinnati team this season.

Manager Rickey is teaching his pitchers how to field bunts. It would be better if he'd teach his outfielders how to climb fences.

Joe Jackson doesn't give a rap about his field. All he does at the camp is bat against the offerings of the recruit pitchers.

Bobby Lowe, one-time major leaguer, will coach the Washington and Jefferson university baseball team this year.

Ty Cobb delighted the fans at New Orleans in a recent game when he fanned in his first two trips to the pan.

Owner Somers of the Naps gave Veau Gregg a big raise in his salary and Veau signed up for three years.

Manager Huggins is sure that he has a chance of finishing eighth or thereabouts.



Wallie Smith, the young third baseman Miller Huggins said so many nice things about, is making a good showing with the Senators.

Rex DeVoght, the young catcher of the Naps, is working hard behind the bat to show Manager Birmingham that he's worth a tryout with the Clevelanders.

"One good left-handed pitcher is what the Tigers need more than anything else to insure their place in the first division this season," said Jean Dubuc, the Detroit slow-ball artist.

A Baltimore man suggests changing the name of the Feds to Feeds. Weeghman, a restaurant owner, Walker, a fish dealer, Krause, a butcher and Ward a bread maker—he hasn't got a bad idea at that.

Only six players who were with the Highlanders at the start of last season are still with the Hilltoppers.

Manager Hughey Jennings says his team would win the football championship of the American league in a walk.

Umpire Bill Klem successfully underwent an operation for fractured ribs and shattered shoulder blade.

Clark Griffith says that if his young twirlers come up to advance notices he will have a pitching staff that will be stronger than any other twirling force in the American league.

The international league figures it has lost about eighteen players as a result of the raid on its circuit by the Federals.

Owner Bob Hodges praises Manager Rickey; the Browns' leader praises his players, and the players are waiting for their pay checks.

Jack Knight declares there never was a better hitter than Larry Lajoie. Jack says that Larry is a greater batter than Cobb or Wagner.

Connie Mack is said to be a great pedestrian. The elongated leader of the world's champions walks several miles each day.

Jim McGuire, scout and coach of the Detroit Tigers, declares that Burns, the young first baseman of the Tigers, is a natural hitter.

Otto Knabe knows how to spend money. Knabe purchased a home in Philadelphia with the money the Feds gave him.

"Kid" Elberteld is filling in at short for the Dodgers. And some were about to count the Kid out.

ART SHAFER OUT FOR GOOD



It is not always an easy matter for a man of strong convictions and native force of character to see and respect another's point of view.

Soon after the break between Bright and Gladstone that followed a difference of opinion concerning the government's foreign policy, the artist Holl was engaged to paint the portrait of Mr. Bright.

"It must be a very painful thing for you, Mr. Bright," he hazarded, "that after all these years you should have found cause to sever your friendly relations with Mr. Gladstone."

"Nothing would induce me to return to the game, and that is what I wired McGraw in reply to a telegram asking if my decision to quit was final."

Shaffer has been playing in practice games at the Stanford university with Los Angeles alumni of the university. He will return to Los Angeles to engage in business.

Recruit Jayete of the Cubs will enter Purdue university this fall. He is only eighteen years of age and is way too young for major league baseball.

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SPORTING WORLD

Jay Gould American amateur court tennis champion, won the open championship of the world at Philadelphia, by defeating George F. Covey of England, the professional title holder, seven sets to one.

Wisconsin university has won 38 out of the last 39 basketball games it has played in three years.

Gene Delmont, a Memphis featherweight and a long shot in the betting, gained an eight-round decision over Cal Delaney of Cleveland at Memphis.

Battling Nelson is holding fast to the property he owns in Hegewisch. He recently turned down an offer of \$23,000 for two corner lots.

Charley Hittie, the Albany middleweight, has retired from the roped arena and is now the trainer of the Cleveland baseball team.

Frank Getton's announcement that he may return to the ring again started a dozen steamship agents hustling to sell return trip tickets.

Johnny Kilbane has been to Youngstown, where Bonessetter Reese repaired two displaced bones in his hands.

Anthony F. Wilding will visit the United States this year as a member of the Australian team in quest of the Davis international cup.

Stanislav Zbysko defeated Marvin Plestina of Chicago in a wrestling match in two straight falls of 10:10 and 15:00 at Lexington, Ky.

The German Society of Automobile Manufacturers has announced its plans for an international exposition in Berlin in 1914.

HAD A MUTUAL FEAR

Bright and Gladstone Each Suspected Other's Sanity.

Seemingly Impossible for Either to Understand What Else Could Have Caused the Break in Their Long Friendship.

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CUPID AIDED BY ART

The galleries of the Academy of Fine Arts were quiet and, save for an occasional tourist or student, entirely empty.

It was during the Civil war that Lindsay first made acquaintance with the army, with which he was to be associated for the rest of his life.

A year ago Lindsay made his first appearance as an actor. In the role of himself, playing the part of a messenger to the commanding officer of the army...

When the office of adjutant general of the army lost its directing influence, and the office of chief of staff was created...

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Japan has so much mountain land that only about one-sixth of the total land area is cultivated.

One and one-half million workers are employed in the textile industry in Italy.

Frederick returned from college clad in all the gayest raiment of college clothes.

"In which study," asked the old gentleman, "did you make the best showing?"

"Well, now, suppose I was to say there's ten cows lyn' down in the meadow over there, an' wan of 'em is standin' up, that 'ud be a bull!"

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MASON CITY, IOWA.

On the evening of April 3rd the audience at the Union Memorial church of our city heard a most interesting, instructive and inspiring lecture, "The Black Girl's Burden" by Mrs. J. B. Rusk of Des Moines, who was the guest of the Ladies Aid Society on April 3rd and 4th. Her sincere, forceful words met a responsive chord in every heart. She not only put forth clearly the wrongs which have been heaped upon the black girl because of the results of slavery, for instance, lax home training, immoral conditions, prejudice in the industrial world and others; but with telling force, she told how we, as a race, are responsible for some of our troubles and how we may overcome them.

The vocal solo by Mrs. Virgil Warren and the instrumental solo by Miss Arvea Williams were enjoyed by all. The evening ended pleasantly with a sociable time down stairs where delicious refreshments were served by the Ladies' Aid Society.

Mr. Paul Scott of 3rd avenue entertained charmingly at a three course breakfast Saturday morning, April 4th in honor of Mrs. J. B. Rusk of Des Moines.

On Saturday afternoon of April 4th at four o'clock, Mrs. J. B. Rusk of Des Moines was the guest of the Hesperon club of our city of which club Miss Arvea Williams is president. It is composed of young women and their purpose is to become a Y. W. C. A.

Miss Nora Williams rendered a delightful instrumental solo, and there were earnest expressions from the members of the club and others, after which light refreshments were served, Miss Ruby Williams presiding at the punch bowl.

Mr. Horace Spencer and Mr. John Taylor, both of Washington, Ia. arrived in the city Sunday to join Mr. Harvey Spencer as partners this season in doing cement work.

Mrs. Bernice Eaton still remains on the sick list.

Mrs. Pearl Davis was reported on the sick list Sunday.

Mrs. Henry Cabbell is still on the sick list. Mrs. Emma Wright and daughter left Saturday evening for Sioux City. Mr. Wright accompanied them as far as Waterloo.

Mrs. Orpheus Cabbell has been real sick this past week, but is much better now. They are located at 121 West Bradley street.

HEALTH HINTS.

A. J. Booker, M. D.

Spring is here, officially, although the weather lags a little in the rear. The unfortunate part of the most beautiful season of the year is the fact that some unfounded traditions stick with some people, who imagine that they must take a tonic. There is as much reason for the spring tonic as there is for making a wish to the new moon; if anything the wish to the moon is more sensible, because it does no harm. There are men who think more of a dollar than they do their souls or the hereafter; and will actually prey upon people and make them believe that they need medicine when they don't. The laity place a great deal of confidence in men who are supposed to be trained (I use the word trained and supposed advisedly); so when one in his own mind has the sanction of the law behind him and abuses the confidence by exploiting the people he is a double demon.

After the crisp winds of winter have ceased to make the blood flow fast and there is less need to step briskly there is a natural relaxation which gives way to a feeling which is as well described by the term spring fever as any other term; but so far as needing a tonic is concerned, one is a great deal better off without anything, for it is time to relax, it is time that the system, as we call it, get ready for the coming heat of summer, when every heart beat so that the heat will be dissipated. That is what sunstroke is, an accumulation of the body to throw off the accumulated heat. In the dry southwest where the temperature goes up to 100 in the shade no one is sun struck, because the dryness of the atmosphere absorbs the perspiration, so as Mr. Dooley says, "It is not the heat that makes you suffer; it is the humidity."

If a person is sick, they need to see a physician; if he goes to a good man he will get some advice and medicine if he needs it. A man ought to take as little medicine as possible; we should try to keep well; we should think healthy thoughts and take plenty of rest. We are as much animal as dogs, horses, chickens or any other animal. People do not give their pets spring tonics. The same nature that cares for the other animals will care for you and adjust you to the various seasonal changes if you listen. If you are ill you need attention, let it be spring, summer, autumn or winter, but be too intelligent to let the druggist or some unscrupulous stuff you with a lot of spring tonic. I have been reading medical books for sixteen years and have not found one yet with anything about the old spring tonic. It is a joke and the man that sells it to you goes back of the counter and laughs. Spring is the most glorious time of the year. Do not spoil it by letting some one stuff a lot of unnecessary medicine down your neck. The man that does it is either a fool or a grafter and you do not want to do business with either one.

ALBIA NEWS.

Mr. Sim Jeffers returned home in Des Moines after a few weeks visit to Albia with her children, Madam Estes, Bennings, and Mr. Roy Grayson. Rev. C. B. Manly was in Hiteman visiting this week.

Mr. Dick Robinson of Ottumwa was in town Sunday. The presents for birthday gifts received by Mrs. Wilburn Hawkins and Miss Ada Davis were from the Sewing Circle club instead of the Hand in Hand.

Mr. Wm. Gordon of busy has moved his family to Albia from that place.

At the home of B. T. Lewis, Mrs. Lewis, Miss Mildred and Jewett Lewis have been quite sick for the past week. Mrs. Lewis is better.

Mrs. James Janieron has been very sick this week.

Mrs. Bessie Grayson and children, Bennis and Le Roy spent Sunday in Albia from Hocking.

Mrs. Burns of Hocking was in town Wednesday.

Mr. Lewis Edmonds was in town this week.

We are having plenty of spring chilly rain in this locality.

Stomach Trouble Cured.

Mrs. H. G. Cleveland, Arnold, Pa., writes, "For some time I suffered from stomach trouble. I would have sour stomach and feel bloated after eating. Nothing benefited me until I got Chamberlain's Tablets. After taking two bottles of them I was cured." For sale by all dealers.

MACON NEWS.

April showers bring May flowers. Macon is having plenty of rain. Rev. B. P. E. Gales preached an excellent sermon Sunday night.

Last Sunday was covenant meeting at the Vine and Broadway church. A glorious meeting was enjoyed by all.

Mrs. J. H. Garnett spent a few days in Quincy, Ill., the guest of her daughter.

Miss Edith Harris remains somewhat better at this writing. Once more the death angel has visited our city and took from our midst Mrs. Arthur Williams on Monday, April 6th. Funeral was held Wednesday evening at the V. and B. church. She leaves to mourn her death a devoted daughter and husband and a host of other relatives and friends.

The Daughters of Herring and Jericho turn held their annual sermon Sunday at the A. M. E. church. An excellent sermon was delivered by Rev. G. W. Cross.

The mocked faculty which was rendered by the senior class of Western college was quite a success and enjoyed by all present.

Mrs. Clarence Tyding passed through Macon en route to her home in Des Moines, Iowa.

Messrs. Frank Brooks, Will Hayes and Cal Lee of Brookfield spent Sunday in Macon.

Dr. J. H. Garnett was called to Quincy to make an address on local option.

Mrs. Will Johns and niece, Miss Marie Harris, spent Sunday in Macon.

Mr. Tom Howard, the restaurant proprietor, is in Shellville on business.

Miss Maggie Young is in Kirksville on business.

Several Macon Knights are anticipating on spending Easter out of town.

Several Clarence Knights spent Saturday night in Macon.

Mr. Richard Webster made a hying trip to Macon.

BUXTON REVIEW.

Mr. Edward Butler of Albia was in our city Sunday visiting.

Atty. James A. Spears was out of town one day this week.

Miss Panay Lobbins is on the sick list this week.

Miss Letitia Lobbins of Buxton is married to Mr. Daniel Paris of Chicago. We hope them much joy and happiness.

There are a large number of small-pox cases in our city. We hope the people of Buxton will see to it that they will be very cautious and not spread the germ. The doctors are very busy vaccinating. Everybody must be vaccinated by April 10th. If not, they will be prohibited from all public places.

Dr. E. A. Carter has been appointed on the board of health.

Hermoine Court, No. 256, extends to Rebekah and Beautiful Lights Courts their sincere thanks and hearty appreciation in assisting with the burial of their deceased sister, Mrs. Nettie Allen. Mrs. R. H. Stewart, W. C.; Miss Lizzie Price, R. of D. Card of Thanks.—We wish to express our appreciation for the kind assistance rendered by our neighbors and friends in the time of our recent bereavement.—Mrs. Jennie Matthews and Children, No. 1 East Third street.

Resolutions of Condolence. Whereas it has pleased our Almighty God, the Supreme Ruler of the universe, who in His abundant providence comprehends the destroying of all men, to call from our midst Mrs. Nettie Allen, a dutiful sister and friend, whose life was such as to demand the highest respect and admiration of those with whom she has been associated, especially the members of Hermoine Court, No. 256.

And whereas the said Nettie Allen at the time of her demise was a member in good standing of Hermoine Court, No. 256, and whereas we, be mourn her untimely death, and the great loss to her relatives, friends and associates and lodge, but our loss is heaven's eternal gain. For the Lord giveth and the Lord taketh. Blessed be the name of the Lord, for we must bow in humble submission to the will of our heavenly Father, who in His own time doeth all things well. And whereas in the midst of our sorrow through the calling from labor toward our good co-worker and sister, we can only say in the words of old, Rest on, Sister Allen, rest on. Therefore be it resolved that

we, the members of Hermoine Court, No. 256, share the bereavement of this, our dear sister, with her relatives and friends and extend to them our heartfelt sympathy in this their sad hour of sorrow and distress.

Be it further resolved that these resolutions be spread upon our record and a copy of the same be sent the bereaved family of the deceased sister, and a copy be sent to the Iowa State Bystander for publication.

Myrtle Stewart, W. C. Lizzie Price, R. of D. For Constipation. Mr. L. H. Farsham, a prominent druggist of Spirit Lake, Iowa, says: "Chamberlain's Tablets are certainly the best thing on the market for constipation." Give these tablets a trial. You are certain to find them agreeable and pleasant in effect. Price, 25 cents. For sale by all dealers.

CEDAR RAPIDS ITEMS (Last Week's Items.) Mr. Albert Greene of Toledo, Iowa, visiting relatives last week.

Mr. Charles Perkins of Chicago at two days last week visiting his mother.

Mrs. Louise Perkins entertained iday evening at 6 o'clock dinner in honor of Mr. Charlie Perkins of Chicago.

Mrs. Milligan entertained Friday noon in honor of her brother of Chicago.

Woman's Crowning Glory is Her Hair. Why not grow your hair by using MME. M. BEARD Hair Grower. It removes dandruff, stops itching of the scalp and makes it grow long soft beautiful. Price 50c a box. Send stamp for pamphlet.

Mme. M. Beard AGENTS WANTED 519 So. 16th St. St. Joseph, Mo.

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REAL COLORED PEOPLE'S HAIR WE are the largest importer and manufacturer in this line. Plaits, Wigs, Pomps Puffs, Braids and Transformations in stock or to order. All our goods guaranteed to stand combing and washing and to hold the color and crimp. All shades matched, none too difficult. Mixed gray our specialty.

Send 2c for catalogue. Straightening combs and toilet articles our specialty. The Only and Old Reliable.

Mme. BAUM'S HAIR EMPORIUM 486 8th Avenue New York City

Mail Orders Promptly Attended To

MME. BAUM'S Well-Known Toilet Preparations

These Toilet Preparations are guaranteed to be pure and free from all injurious ingredients and guarantee under the Pure Food and Drug Law. Serial No. 44425

Mme. Baum's Hair Success for straightening hair, will stop dandruff and improve growth of hair. 25c, 50c, 75c and \$1.00 per jar.

Mme. Baum's Wonder Hair Tonic will put new hair on those bald temples. 50c, 75c and \$1.00 per bottle.

Mme. Baum's Face Bleach and Skin Whitener, liquid or cream. 50c, 75c, \$1.00 per bottle or jar.

Mme. Baum's Dandruff Remover, 35c per box.

Mme. Baum's Cold Cream for cleansing the skin. 50c per jar.

Mme. Baum's Skin Food for nourishing the skin. 50c per jar.

Mme. Baum's Beautifiers and Ideal Hair Dressings will render the hair soft and glossy; will make the hair look lively.

Mme. Baum's Dandruff Remover will absolutely remove dandruff and make the hair grow.

Price per bottle, 50c. Mme. Baum's French Vegetable Tonic, an absolute hair grower. Per bottle 50c. Mme. Baum's Shampoo, splendid wash for scalp and skin, 50 cents.

Lamp Bracket, will set over lamp chimney or gas jet, for heating comb or iron. Price 50c.

Mme. Baum's Straightening Combs will remove the most stubborn hair straight. Price \$2, \$1.50, \$1, 85c, 60c, 45c, 35c.

Mme. Baum's Vectors Comb, 50c and 75c.

Perfection tongs, \$1.00 and \$1.50; an ideal straightener.

Mme. Baum's Electric Straightening Comb 25c.

Mme. Baum's Magic Comb, 69 cents.

Heating Stoves for heating straightening combs 50c, 60c, 75c, \$1.00 \$1.50.

Mme. Baum's pinching irons or pullers, 50c, 75c and \$1.00.

Parcel Post Stamps only accepted as payment of postage.

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Low State Bystander. FRIDAY, APRIL 10, 1914.

Those on the sick list are Mesdames Hicks, Gresham and Lavel and Mr. and Mrs. Fields' youngest child.

Mr. Fred Gresham received the sad news of the death of his brother. His friends wish to extend their sympathy to him.

The recital at the Baptist church last week was simply fine and a neat sum was realized.

(This Week's Items.) Mr. Luther Stepp left Monday morning for his home in Fayette, Iowa.

Mr. Stepp has been attending business college here and we hope he may return in the fall to complete his course.

March 21st there will be a lecture at the Baptist church.

The Baptist choir is about the best that can be had.

Mrs. Ross and Miss Bismark Carter are on the sick list.

A number of Cedar Rapids young people expect to attend the ball at Marshalltown the 2nd.

Mr. Carl Martin is suffering with rheumatism.

Mrs. Coleman expects to leave some time this week for Minneapolis to make it her future home.

Mrs. Bell Christian entertained the Dramatic club last week.

Mr. Richard Hicks, one of Cedar Rapids' highly respected citizens, died at his home last Sunday evening.

QUINCY ITEMS. Blind Boone was, as usual, greeted by a large audience at Eighth and Elm Street Baptist church on last Friday evening.

The program rendered was enjoyed.

Mr. Chas. Johnson is not much improved at this writing.

Mesdames F. E. Cook, Sarah Douglass and Sarah Steward are on the sick list.

The wedding of Mr. David Hammonds and Miss Etta Douglass was solemnized in Palmyra, Mo., on last Monday a.m.

Congratulations. The wedding of Mr. Edward Johnson and Mrs. Rose Rose occurred on Thursday evening, April 2nd, at the home of the bride, Rev. T. Price officiating.

Mr. and Mrs. Johnson are housekeeping on Cherry street in the cozy furnished home previously prepared by the groom.

Mrs. Mary Mitchell was severely burned Thursday morning when she attempted to open the door of the heating stove.

In some way her apron caught fire and before she could get it off the flame spread quickly to other parts of her clothing.

She was painfully burned about the head and face and body. Dr. J. G. Bullett was called and rendered what aid he could in relieving the pain. She is resting easy at this writing.

Mrs. Malinda Lee of Kirkwood, Mo., was called to the city in response to a message telling her of the accident of her sister Mrs. Mary Mitchell.

OTTUMWA, IOWA. The Faithful Few were entertained at Mrs. E. Horn's on Center avenue. They had a good attendance.

The hostess served a two-course lunch, assisted by Mrs. W. Horn and Mrs. G. King. The society adjourned to meet with Mrs. W. Fowler, entertained by Miss Bertha Harris.

Mrs. G. Strothers has moved to the South Side on Ward street.

Mr. L. Williams bought a nice piece of property on West McKannick, consisting of a nice five-room cottage and a very large lot.

Sunday was Stewardess day at the A. M. E. church. Large crowds attended both services. In the evening the young folks rendered a sacred concert.

The Benevolent club gave a concert and springtime supper at the Second Baptist church Monday evening. It was a decided success financially and the rendition of the program was excellent.

The choir of the A. M. E. church are making arrangements to build a choir loft.

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Go To The Original \$15 Tailors —the only store in town where you can get Real \$25 Suits Made to Order \$15 The old reliable "British" Woolen Mills. Our imitations will do their best to confuse you. To protect yourself, remember this name and address. British WOOLEN CO 506 LOCUST ST. Crocker Building



Wish to the new moon; if anything the wish to the moon is more sensible, because it does no harm. There are men who think more of a dollar than they do their souls or the hereafter; and will actually prey upon people and make them believe that they need medicine when they don't.

After the crisp winds of winter have ceased to make the blood flow fast and there is less need to step briskly there is a natural relaxation which gives way to a feeling which is as well described by the term spring fever as any other term; but so far as needing a tonic is concerned, one is a great deal better off without anything, for it is time to relax, it is time that the system, as we call it, get ready for the coming heat of summer, when every heart beat so that the heat will be dissipated.

Several Clarence Knights spent Saturday night in Macon.

Mr. Richard Webster made a hying trip to Macon.

Mr. Dick Robinson of Ottumwa was in town Sunday.

The presents for birthday gifts received by Mrs. Wilburn Hawkins and Miss Ada Davis were from the Sewing Circle club instead of the Hand in Hand.

Mr. Wm. Gordon of busy has moved his family to Albia from that place.



1914 Catalogue COLORED PEOPLES HAIR WE are the largest importers and manufacturers of colored peoples hair and the most reliable firm in this line.

We make wigs, switches, braids, transformations and all styles of hair that can comb and wash the same as your own. We also sell straightening combs, hair nets and cut hair by the pound.

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Do Not Blame the Operator Sometimes in the Telephone Central Office several calls come in to one operator's position at practically the same time, and when such a congestion occurs you may feel that "Central" is slow in answering. If you will hold a watch on the operator for a dozen calls, you will find that on the average she answers very quickly. Delays Occur Anywhere Sometimes you may have to wait for "Central," just as you might be delayed in depositing money at a bank, or be slow in getting a pound of tea at a grocery store, but the operator usually answers very quickly and handles calls with wonderful accuracy. The Smiling Voice Is the Winning Way. IOWA TELEPHONE COMPANY

Dr. Miles' Anti-Pain Pills will help you, as they have helped others. Good for all kinds of pain. Used to relieve Neuralgia, Headache, Nervousness, Rheumatism, Sciatica, Kidney Pains, Lumbago, Locomotor Ataxia, Backache, Stomachache, Car sickness, Irritability and for pain in any part of the body. "I have used Dr. Miles' Anti-Pain Pills when troubled with headache, and find that one pill infallibly effects relief in a very short time. I am considerably affected with neuralgia in the head at times, and find the Anti-Pain Pills of much benefit. The Dr. Miles' Remedies are beyond comparison and I recommend them to all my friends." GEORGE COLGATE, 219 Oakland St., San Antonio, Tex. At all drug stores. 25 doses 25c. MILES MEDICAL CO., Elkhart, Ind.