

IOWA STATE BYSTANDER.

XXI No. 37

DES MOINES, IOWA, FRIDAY, MARCH 19, 1915.

Price Five Cents

Mr. Nelson Watkins who has been so very sick is a little better at this writing.

Mr. Bell of Mason City was an over Sunday guest at the Carr home, 1329 School street.

Mrs. M. A. Gatewood, the mother of Mrs. C. S. Stewart is very sick at the home of her daughter.

Mrs. Sallie Blackburn of South Des Moines, who has been sick for the past three weeks, is able to be out again.

Sure Catch—Best gopher trap on the map. One dollar gets trap by parcel post. Scott & Scott, box B Deatur, Ia

The Corinthian Altar Guild will meet with Mrs. Bryant Carr, 1329 School street. All members are asked to be present.

Mrs. J. D. Moore left last Sunday for Indianapolis, Ind., to take up a course in hair dressing under the famous Madame Walker school.

The Triple H club met Tuesday afternoon at the home of Mrs. Anderson White, who gave a demonstration in dressmaking. The club will meet next week with Mrs. Wilson, 901 16th St.

Mrs. Mary Church-Terrell who will lecture here March 31st, is without doubt the finest and most eloquent lady lecturer upon the American platform, ripe with experience, a scholar of high rank. This will be the first opportunity that our Des Moines people will have to hear her and every one should avail themselves of this opportunity.

The Callanan club and Allen Aid society met in joint session at the home Mrs. Henry Taylor. A very interesting meeting was held. Lesson was the 10th chapter of St. Mark. Visitors at the club were Mrs. J. B. Rush and J. P. Hamilton. Will meet with Mrs. J. D. Redmon of 14th street; lesson will be the 11th chapter of St. Mark.

THOMPSON HOTEL GUESTS
Miss Bettie Wright, Omaha, Neb., Messrs. J. Wright, H. Williams, A. C. Smith and J. C. Fraser of Kansas City, Mo. and Mr. Hpolito Ramry of Ames, Iowa.

The W. W. club of Asbury M. E. church met last week with Mrs. Sophia Hill at the residence of Mrs. Joe Murry 1156 1st street, Tuesday evening at 8 o'clock. Next Monday evening was set apart for a reception to be given by the club members in honor of Mrs. Anna Cannon, one of our most faithful members who will leave the city soon. After all business was transacted a delectable lunch was served by the hostess. The club adjourned to meet at Mrs. Fred Berry, 918 12th street, Monday March 22.

Scandia Iowa, March 15.—Rev. J. E. Roberts of 2710 Sixth avenue, preached at Mt. Zion Baptist church at Scandia Sunday March 14th, and was extended a permanent call for pastor of the church. The church was recently organized by Rev. Burton, State Missionary of Iowa and Nebraska.

A delightful affair of Sunday afternoon was the informal reception given by the Y. W. club at the home of the Misses McDowell on Eighth street. The main object of the reception was to give the young men an opportunity to meet at the afternoon meeting. The guests were invited in to the library, where the following program was given: Lesson, Book of Ruth, by Miss B. McDowell; reading, Miss Mary Jane Reeves; original poem, Marguerite Roberts, and brief addresses were given by the guests.

Mrs. Eliza Peterson of Texarkana, Texas, national field worker of the Woman's Christian Temperance Union, delivered three impressive lectures upon the subject of intemperance in this city this week, as follows. Wednesday evening at Union Congregational church, Thursday afternoon at the home of Atty. S. Joe Brown, where she was entertained while in the city, and on Thursday evening at the Corinthian Baptist church.

ANNOUNCEMENT.
There will be a special convocation of King Solomon commandery, No. 6, at the North Star Masonic temple on Wednesday evening, March 27th, for work in the Red Cross degree. All knights in good standing are invited to attend. By order of
S. Joe Brown,
Eminent Commander.

O. E. S. PAST OFFICERS.
At the second meeting of the past matrons and past patrons of the Order of the Eastern Star of this city, held at the residence of Past Grand Master E. T. Banks on Monday evening a permanent organization was perfected, to be known as Deborah Administrative Council, Order of the Eastern Star. Fourteen of the present and past matrons and patrons of the order signed as charter members and elected the following officers for the ensuing year:

President, Mrs. Sue M. Brown; vice president, Mrs. C. A. Cleggett; secretary, Mrs. Maud O. Thompson; assistant secretary, Mrs. Mary Reynolds; treasurer, Mrs. Alice Banks; counselor, Atty. S. Joe Brown; vice counselor, Editor John L. Thompson; executive committee, Mesdames Jessy E. McClain, Edith Essex and Mattie Woods. At the conclusion of the business session Mrs. Sue M. Brown, grand lecturer of Iowa, delivered an interesting and instructive lecture upon the oesoteric work of the order.

THE COLORED WOMAN'S MAGAZINE.

A Household Journal—It Should Be in Every Home.

Every colored woman should subscribe for the Colored Woman's Magazine. It affords an opportunity for our women to present their thoughts in writing; no family should be without it. Our women deserve the support and encouragement of every thinking colored family. We desire to see this magazine sold by our boys the same as The Saturday Evening Post is sold by white boys—thereby giving employment to hundreds of our boys. We also desire to see our girls and women active in the work. Subscribe, \$1.00 per year, 50 cents six months, or 10 cents single copy. Address Colored Woman's Magazine, Box 249, Topeka, Kans. Agents wanted everywhere. Write for particulars.

The National Watchman.

I. S. F. OF C. W. C. TO MEET.
The Second district of the I. S. F. of Colored Women's Clubs will hold its regular board meeting at the home of Mrs. E. I. Carter, 15 East Second street, Buxton, Iowa, March 27, at 1:30 p. m. There will be a good program rendered, after which refreshments will be served, the proceeds of which will be for the benefit of the sinking fund. All club members urged to be present.
Belle Watkins, Chairman.
Addie Clark, Assistant.

CITY CONVENTION.

Delegates from the Negro Lyceum, Intellectual Improvement club, Cosmopolitan Literary, Mary Church Terrell club, Young Women's club, Richard Allen Aid society, High School Girls club and Dramatic Art club met on last Tuesday evening and perfected the organization of the City Literary Convention for 1915 by electing the following officers: Mrs. S. Joe Brown, president; Prof. W. H. Warricks, vice president; Mrs. Lillian Neal, secretary; Miss Margaret Roberts, assistant secretary; Dr. J. A. Jefferson, treasurer. The regular monthly meetings hereafter will be held on the first Friday of each month.

OTTUMWA, IOWA.

The presiding elder, S. B. Moore, held his third quarterly meeting Sunday, March 15. Good meetings all day and well attended.

Mr. E. Butler and family were Sunday visitors, the guests of Mr. and Mrs. H. Owens.

Mr. J. Lewis, Mr. Smith and Mr. Thomas of Albia were visitors Monday and attended the debate at the A. M. E. church given by the W. C. L. young men.

Mrs. M. Jamison of Albia was a Sunday visitor.

The young men of the W. C. L. gave an informal reception in honor of our presiding elder, S. B. Moore, on Monday evening at the Mt. Zion A. M. E. church. The boys gave a very interesting debate.

Mrs. Mary Taylor entertained at dinner Monday evening in honor of Rev. S. B. Moore.

Mrs. J. Cheshire was agreeably surprised by many of her friends on her birthday, March 6th. She received a number of useful presents.

The Sewing Circle of the Second Baptist church meet with Mrs. A. Foster this week.

The trustees and deacons of the Second Baptist church gave an entertainment Monday evening. All report a good time.

The Benevolent club meet with Mrs. J. Cheshire this week.

GALESBURG, ILL.

Mrs. Louisa Washington, a pioneer citizen of Galesburg, passed away on Sunday, March 14, at 5:20 a. m. at the ripe old age of 88 years at the home of her daughter, Mrs. Mary Baker, on Mulberry street. Mrs. Washington had been a patient sufferer, having been an invalid for seven years. Funeral services will be held at the A. M. E. church Wednesday afternoon at 2:30.

The Autumn Leaf club will hold their annual fair March 17, 18 and 19 at the A. M. E. church. There will be a program rendered each night.

The S. M. T. lodge held its regular monthly meeting Tuesday evening, March 16, at the Odd Fellows' hall.

The entertainment given by the ladies of the G. A. R. at the hall March 10th proved to be quite a success.

Mr. Barney King of Chicago has arrived in our city to make his future home.

Rev. S. L. Birt talked on his trip to the southern states on Sunday evening, March 16 at the A. M. E. church. It was enjoyed by a large audience.

Look for the collector. Don't dodge him.

KEOKUK, IOWA.

Mr. Horace Craig will leave Saturday for Ottumwa to spend a few days.

Mr. Geo. Mott is ill at her home, 320 N. Fifteenth street.

Mrs. Jessie gave a Lenten tea on Thursday, March 18.

The mothers' meeting was held at the People's Institute Thursday, March 18.

On April 14 and 15 the comedy, "The Spoiled Darling," will be given at the People's Institute, under the auspices of the vestry of St. Mary the Virgin.

Miss Irene Bryant is very ill at her home, 1320 Morgan street.

A surprise party was given in honor of Mr. Wm. Coleman on Monday evening, March 15th, being his 63rd birthday. Mr. George, one of the guests present, also celebrated his birthday on March 15th.

Mrs. Ruth Bright is visiting at the home of Mrs. F. D. Bland.

Mrs. Ruth Bright, grand matron of the Order of Eastern Star, visited Alpha and Epsilon chapters Tuesday and Wednesday of this week.

Miss Madah Lewis entertained at the home of Mr. and Mrs. Chas. Teabeau in honor of Mr. Leroy Grossman of Chicago. Cards and dancing were the amusements of the evening.

Mr. Leroy Grossman left Saturday for Chicago, after spending two weeks with his uncle, Mr. Webb.

The First African Baptist church is prospering under the charge of Rev. P. Thomas. Rev. Thomas has been in charge five months and fifteen new members have been added. Sunday, March 14, was Rally Day and \$89.90 was raised.

For two nights of fun and laughter attend the "Spoiled Darling" on April 14th and 15th. Admission 25 cents.

Vivian Maxine Johnson, who has been seriously ill, is improving.

IOWA CITY, IOWA.

Sunday was the Missionary Ladies' Day. The church was crowded to its capacity. Mrs. Dabon of the M. E. church gave a history of the missionary work with the Indians and there were two numbers by the M. E. chorus. But the extemporaneous talk by Mr. Lowry, comparing "What the Negro has done for himself" and "What the Indian has done for himself," was to the point. Mrs. Nora Reesby was elected delegate to the Sunday school convention in June at Waterloo. Her subject was "Our Unique Way of Conducting Sunday School."

The G. S. U. I. will meet at the home of Miss London Friday night. Mr. Keene has word that his sister is not expected to live and will go to her Thursday.

Quarterly exams is the program at the university this week.

Christian Endeavor was led by Mrs. Reesby Sunday. Subject, "The Trust Verses of the Bible."

MARSHALLTOWN ITEMS.

Mrs. Ruth Bright, grand matron of Davenport, Iowa, was in the city last Tuesday on her annual visit to Excelsior chapter, No. 12. The chapter after session served in her honor a two-course banquet. The table was beautifully decorated with carnations and ferns and covers were laid for twenty-five. While here Mrs. Bright was the guest of Mr. and Mrs. I. L. Brown. She was entertained by Mr. Al Walker and sister.

Mrs. S. W. Greene and Miss Lulu Greene of Toledo, Iowa, spent the week-end with Mrs. Greene's sister, Mrs. I. L. Brown.

Miss Mabel Spotts of Kansas City arrived in the city to remain indefinitely. Miss Spotts is a sister of Mr. Orville Spotts of this city.

Mrs. Grant Jackson, who has been ill quite a while, is able to be out again.

Mrs. Grace Humphrey is planning to give a "Little Tom Thumb Wedding" soon for the benefit of both churches. Watch for the date and be sure and attend.

An informal dance will be given at Cummings hall on March 18 by Messrs. I. L. Brown, H. L. Wolfer and L. S. Suter.

Mr. and Mrs. Tom Lowry have moved into their new home on North Twelfth avenue.

Mrs. Robinson of Des Moines was in the city over Sunday. While here she was the guest of her son, Mr. Herman Stone.

The Baptist church is carrying on a week of prayer, which will be followed by revival meetings.

Mrs. Bertha Angle of Des Moines, Iowa, was in the city last week, the guest of her mother, Mrs. Mary Roman.

MONMOUTH, ILL.

Mr. Joe Groff of Edmondson, Canada, was called here by the serious illness of his sister, Mrs. Florence Barnum.

About twenty young people enjoyed the nineteenth birthday party

of Miss Alberta Merrill at the G. A. R. hall Tuesday evening. Miss Merrill received many nice and useful presents. Misses Bessie Goodloe and Viola Merriell acted as hostesses.

Miss Illa Allen of Galesburg, district Sabbath school superintendent of Keokuk district, will be in Monmouth on March 21st and address the school at St. James church. Everyone is invited to come and hear her.

Mr. Will Wallace took suddenly ill Monday morning and is in a serious condition. His sisters, Mrs. Anna Brown, and Miss Olive Hale of Springfield, Mrs. Bessie Peterson of Aurora and Mrs. Ella Williams of Cairo are all here on account of his illness.

The spelling bee at the A. M. E. church was well attended and enjoyed. Miss Hattie Collins received the prize for spelling the longest and Beauford Maupin received the one for being first to miss.

Mr. Robert Catlin spent Sunday in Galesburg.

The waffle supper given by the ladies of the Calvary Baptist church was well attended and a neat sum realized.

Sunday, March 21st, will be stewardess Sunday and all are invited to attend. The ladies will have a program in place of a sermon.

The Ladies' Sewing Circle will meet this week at the home of Mrs. Etta Simms on South Third street.

Mr. John May of Chicago is home visiting his family.

Miss Loraine Nelson of Galesburg attended the party given in honor of Miss Alberta Merriell.

OMAHA, NEB.

Obituary—Mrs. Elliott Dead.
Mrs. Matilda Elliott, a resident of Omaha for a number of years, died at the home of her daughter, Mrs. W. Denton, February 5, 1915, at the age of 82. Born in West Tennessee on September, 1832. She has lived in Iowa until the last twenty years. She was married to Jason Elliott in Tennessee in 1862, to whom eleven children were born. He died in November, 1911. She left two sons and a daughter, Mrs. W. Denton of Omaha, Mr. Tom Elliott of St. Paul, Mr. H. T. Elliott of Ottumwa, Iowa, and seven grand children and one great grandchild. In the early morning when the summons came would "that the world could have heard her faint forth praises in her last dying breath."

Her funeral was conducted by Rev. W. T. Osborne at St. John's A. M. E. church, of which she was a member. There was a large crowd present. The deceased had a host of friends among the older people. The flowers were beautiful. Remembered by the Nebraska, No. 42, O. E. S., and Tabernacle and K. of P. She was laid to rest in Forest Lawn cemetery.

CLINTON, IOWA.
Sunday, March 21st, will be quarterly meeting, the second for this conference year.

Mrs. S. V. Emerson attended the funeral of Mr. Henry McGaw in Davenport.

Mrs. Minnie Meadows and Mr. Chas. Anthony were in Chicago last week, called there on account of the serious illness of Mr. J. H. Luckey.

Rev. G. W. Slater returned home the past week, after several weeks' absence in the interest of the socialists, lecturing.

Mr. M. O. Culbertson and A. A. Bush were in Davenport in attendance at the funeral of Mr. Henry McGaw, who passed away a few days ago.

Mr. G. W. Luckey was in Chicago the past week, called there on account of the death of his brother, J. H. Luckey.

The many friends of Mr. J. H. Luckey were sorry to hear of his death, which took place last week in Chicago, after an illness of two weeks' duration. His remains were brought to Clinton on Sunday night. His funeral took place Monday at 2 p. m. from Bethel A. M. E. church, Rev. G. W. Slater officiating. Interment was made in Springdale cemetery. The pall bearers were Chas. Thompson, Holland Williams, A. Weatherall, F. P. Aikens, M. O. Culbertson and Wesley Porter.

John H. Luckey was born in Atlanta, Ga., June 26, 1867. In 1886 he came to Clinton, where he became identified socially and otherwise. Later he removed to Chicago, where he resided until his death on Thursday, March 11, 1915. He was a member of the Masonic fraternity, being identified with all its branches. He leaves to mourn his loss one sister, Mrs. Minnie Meadows of this city, two brothers, G. W., of this city, W. L. of Chicago, other relatives and friends.

Mr. W. A. Richardson is reported ill at his home on First avenue.

Mr. W. L. Luckey returned this week to his home in Chicago. His wife will remain for a few days to visit.

Miss Murda Beason returned home last week from a several weeks' visit in Waterloo.

GALESBURG, ILL.

Rev. L. H. Owens of Fort Madison, Iowa, is in our city visiting at the home of his uncle, Mr. Edward Bar-

ber, on East South street.

The A. M. E. church held its annual election of officers and teachers Friday evening, March 5. The following were elected: Mr. G. W. Kidd, superintendent; Mrs. Ada Freeze, assistant superintendent; Margaret Allen, secretary; Juanita Richardson, assistant secretary; Caroline Wells, treasurer; Raymond Moore, librarian; Arthur Dandridge, assistant librarian; Larada Berry, organist; Beatrice Anderson, assistant organist.

The Universal club will give their annual Easter ball Monday evening, April 5th, in entrail hall.

Born, to Mr. and Mrs. James Brown of West Tompkins street, Sunday morning, March 7th, a daughter.

The Allens Guard will meet at the home of Mrs. Hattie Anglen on N. Broad street Friday afternoon, March 12th, at the usual hour.

Mr. and Mrs. Elmer Donaldson of W. Knox street are the proud parents of a baby girl, born March 7th.

Born, at St. Mary's hospital, March 7th, to Mr. and Mrs. W. H. Perkins, a daughter.

The Junior Mite Missionary society held its regular monthly meeting on Sunday evening at the A. M. E. church.

The Autumn Leaf club will meet at the home of Miss Caroline Wells on S. West street Friday afternoon at the usual hour.

The Leisure Hour club of the Second Baptist church will meet at the home of Mrs. Bernice Allcorn on Holten street Thursday afternoon at the usual hour.

DAVENPORT NOTES.

(Last Week.)
Mr. and Mrs. Eugene Allen are in receipt of a message from Mr. Clyde C. Glass, the talented pianist, who appeared in Davenport last summer. Mr. Glass is now attending the Conservatory of Music at Boston, Mass., and writes he enjoys the work immensely.

The P. E. committee of Bethel A. M. E. church gave a very successful entertainment last Wednesday, clearing a very neat sum of money. Presiding Elder Daniels was present.

The T. L. O. club were delightfully entertained last Wednesday at the home of Mrs. Lucile Bynum. An interesting program was rendered by the members. Mrs. J. P. Sims, Miss Ada Sims, Mrs. Enzer Green, Mrs. Willa Basey and Mrs. Archy Perkins were guests of the club.

Father Henry McGaw, who departed this life Thursday a. m., was buried from Bethel A. M. E. church, Sunday at 2 o'clock. The Odd Fellows lodge and Household of Ruth had charge of the services. Rev. J. P. Sims preached the funeral sermon, assisted by Rev. Nicholson.

The Elite club of Rock Island put on a very unique program at the Third Baptist church last Tuesday evening, under the auspices of the Church Aid.

Mrs. Alice Thompson, Mrs. Townley and Mrs. Tomlin of Muscatine attended Father McGaw's funeral Sunday.

Mr. M. O. Culbertson, Mr. A. Bush and Mrs. Sarah Emerson were in attendance from Clinton.

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We want your support as a subscriber to The Bystander.

COUNCIL BLUFFS, IOWA.

The work of the A. M. E. church is progressing, new members are being taken in and its spiritual bearing is on the upward trend.

March 10th Professor Chas. Stewart, a member of the Associated Press reporters, will lecture in the church under the auspices of the choir. Proceeds to apply on piano.

The young people of the church and their friends will give an entertainment for the trustees. Date to be given later.

Rev. Manley was an Omaha visitor this week and spent a social hour at the St. John's A. M. E. parsonage with Rev. W. T. Osborne, the thunderbolt of the west.

Mrs. Martha Herndon is able to be out again.

Mrs. Ferdona Greene, who has been ill for some time, is able to be up and around, but not out yet.

Grandma Davis is very ill at this writing at her home on Eighth avenue and Twenty-first street.

Mr. and Mrs. C. F. Davis are the proud parents of a seven-pound girl. Mother and child are doing nicely.

Mrs. Calloway of Denver, Colo., is visiting her daughter, Mrs. Flora Walker, on Eighth avenue.

Miss Erna Blackburn is sick in the Mercy hospital.

Mr. Frank McRaven, who went to Tucson, Arizona, for his health some time ago, died March 4th in that city and was buried March 7th. He leaves to mourn his loss a wife, two sons and one daughter.

HEALTH HINTS.

A. J. Booker, M. D.

We have mild winters and cool summers; there are years when there is an abundance of fruit, and others when the trees do not bear; we have wet seasons and dry ones; we have periods of great prosperity and financial depressions;

as a matter of fact one may expect changes in all nature and conditions; but there are two things which never change, they are constant as the North star, as certain as the sunrise, they may go under different names and change expressions, but they are persistent—the knockers and the grumblers.

Some people would have you believe that they are superior to all the conditions you bear so patiently; they are scions of a mighty family, their aspirations were never below the outer gates of glory, they had servants and money, in Podunk; they have been everywhere, and in fact life is a burden to them in this neck of the woods. They are usually fluent liars aside from being of very poor stock. You may take money from a man, you may reduce his station in life, you may heap indignities upon him, you may thwart his efforts, but here is one thing that will shine like the diamond; it will illumine the countenance, it will command even the respect of cruel brute force and cruelty; that is breeding. No superior man makes his position reflect his superiority; the superior man is most tolerant, because he knows that everyone, like himself, is doing the best he can. He knows that in the long run he will come into his own. Nor genius, nor worth, nor superiority, nor power can be kept down. It is the undeserving, the unworthy, the undesirable who wish to force the issue and grumble because some imaginary worth is withheld. They fear the element of time, they are impatient lest their true value be found out and the opportunity be lost forever. So they grumble, so they complain, so they feign hurt when they really are unfit for the honor of shouldering arms, much less the glory of the scars of conflict. True worth and fitness will await the hour of discovery; it is patient, for patience and the ability to forbear are the earmarks of superiority.

A knocker is the most pitiable and helpless creature alive. He is indeed in a most deplorable mental and financial condition. The poor devils can't help it. Nature was unkind to them when they came forth, and as a rule life has been no less relenting. Usually some great sorrow is back of the whining voice and the caustic tongue. Being unable to do anything else they snarl and bite everything and everybody that seems at more peace than they. They complain of the race; they vilify the individual; they despise themselves and do not believe in God. Anything that is to them is wrong, what is not should be what they have not seen is impossible, and what they did not think of is unbearable. As a rule they, too, are not to be with too much credence; for they are lax with truth and will praise or blame with no other object than to hear themselves vituperate a worthy object or condition to see if you will be fool enough to take up a worthless one. The whole tendency and aim is that of a destructionist, never a constructionist; and to cast gloom.

Both these types are deserving of pity and must be tolerated; the grim humor of the situation is the seriousness with which they take themselves.

DAVENPORT NOTES.

Mrs. Peterson of Texas, one of the grand officers of the national temperance movement among our people, lectured afternoon and evening at the Third Baptist church Friday. She was connected with the work of the late Amanda Smith. Mrs. Peterson left for Buxton, Iowa, Saturday p. m.

A number of friends called at the parsonage Tuesday evening and surprised Rev. Sims, the occasion being his birthday. A good time was enjoyed every minute of the evening, and after partaking of dainty refreshments they departed wishing their host many more happy years. Rev. Sims received many tokens in remembrance of the day.

Sunday was quarterly meeting at Bethel A. M. E. church. Rev. Sam Walkup preached a very fine sermon in the afternoon and Elder Daniels preached another fine sermon in the evening.

Mr. and Mrs. W. S. Brooks entertained Mr. and Mrs. Frank Brown and daughter, Mr. and Mrs. Strathers of Rock Island, Mrs. Cecil Carter and Mrs. D. S. Johnson at dinner Sunday evening.

Mrs. Emma Cain entertained Mesdames Williams, Allen, Davis, Snow, Bush and Oliver at luncheon last Thursday.

Mrs. Willa Busey has been confined to her home under the care of Dr. Toyler for the past few days.

Mrs. Henry Proctor is confined to her home owing to illness.

Mr. Alec Richardson is still quite ill at the home of his mother.

Mrs. C. P. Jones was called to Buxton, Iowa, last Thursday by the death of his sister, Mrs. Lucy Ewing.

For the Stomach and Liver.

AFRO-AMERICAN CULLINGS

If permanent results are to be secured, the Negro who actually cultivates the land must be reached and trained into growing a good producing crop. How can this be done? My answer would be, by putting a Negro farm demonstration agent into every county of the South where there is any considerable number of Negro farmers. This Negro demonstration agent should be a man of good common sense. He should be a man who knows the characteristics of the colored people, who knows how to reach them in and through their societies, their churches and their various organizations of one kind and another. He should be a man required to travel from one farm to another throughout the country training the Negro farmer how to produce a food crop. Wherever these demonstration agents have already been at work in the South they have done work which has been most helpful and commendable.

If this important work is to be done, no time should be lost in selecting these demonstration agents. The cost should not be large. Either through county appropriations or from some part of the state funds appropriated for agricultural purposes, a portion of the money for the salary perhaps could be provided. Appropriations are also being made by the United States government to encourage and promote various kinds of agricultural work. Some part of this money, I feel sure, might be secured from the Smith-Lever fund, or from the United States demonstration fund administered through Dr. Bradford Knapp. While I am not in position to suggest just where the money may be secured, I think if an earnest effort is made some portion of it can be secured from some of the funds or agencies here mentioned—Booker T. Washington.

To rationalize education throughout the nation has been and is the purpose of those making for the nation's progress. As the great majority of men are engaged today in constructive work—that industrial, technical, commercial and institutions of training for that are growing in number everywhere the note of progress is decided. The rationalization of the educational system for the Negro should find cooperative action now among intelligent people of both races.

Just as the Boston School of Technology initiated in this country the practical form of education for which the nation's inventive and constructive forces made demand; just as the tidal wave bringing industrial training to the South came to save a social inertia, as well as one educational, Hampton Institute, Virginia, has come as the prophet of that spirit of educational light which the Negro race may look to as their star of hope and guide to progress.

Hampton institute trains men and women to lead the men and women of their race in avenues of usefulness. It inculcates the building up of the racial standards which home the basic principles, and the watchword of the school I would define as racial responsibility—the responsibility not only of individual development, but of the race's development.

Ammonia bombs are being used in some of the national forests in America to extinguish forest fires, especially in connection with brush fires, where the fire fighters cannot get near enough to the burning area to beat out the flames.

Too many men are expecting to catch a ride on the road to success.—Albany Journal.

In commemoration of the memory of Frederick A. Douglass and John M. Langston, a large number of Negro residents of Washington attended the meeting of the Bethel Literary and Historical association of Metropolitan A. M. E. church.

The eulogy of both of these former representatives of the colored race was given by J. C. Napier of Nashville, Tenn., son-in-law of the latter, and an address dealing with the achievements and character of both was given by John C. Danoy, former recorder of deeds. Mrs. Lettie Langston Napier also talked of her father's life.

Others who spoke were Rev. C. H. Stephens, L. C. Gregory, F. D. Lee, James H. Marshall and Messrs. Smith and Maxfield. Frank Williams recited an original poem entitled "Fifty Years of Freedom." Music was furnished by the E. Asalia Hackley chorus, James A. Wright, director, and Mrs. Martha Ligons, accompanist.

"Seems to me," remarked the Man on the Car, "there are times when we ought to stop praying for more blessings and ask for an extra consignment of gratitude."—Toledo Blade.

Consul Felix S. S. Johnson of Kingston, Canada, writes that as a result of suggestions contained in a report on American wall papers in Canada new trade openings have been made. The consul reports that an American manufacturer who sent a salesman to the province is meeting with marked success.

British Columbians are making gas from coal mine refuse.

Ohio's minimum legal salary for school teachers is \$40 a month.

Soapstone production in the United States (26,562 tons in 1913), exceeds that of all other countries combined. In the rough, as quarried, soapstone is worth \$2 a ton; as sawn into slabs its value exceeds \$15 a ton, and when manufactured into laundry tubs its value is about \$30 a ton. Virginia furnishes about 95 per cent of the supply.

Currency and copper "cash" were reduced in value as compared with the silver dollar in the large part of Central China during the last year.

ECONOMY IN BOILED BEEF

Many and Variable Ways by Which the Meat May Be Used to the Best Advantage.

Since soup bones now cost twenty cents where they used to cost five cents, it is more economical of time and fuel to buy a good boiling piece of beef than the shank. Of the several cuts that nearest the shank—namely, the heel of the round—is a good one to get. Every scrap of the meat is usable either when "hot" or when warmed up in sauces, a nice curry sauce perhaps, or one made by cooking a number of vegetables in the same stock. The stock or bouillon is not only used for soup but for vegetable dishes nowadays; even bouillon potatoes are popular—that is, potatoes boiled in bouillon.

Buy two pounds and a half of the heel of the round of beef. This will make three quarts of medium strong soup stock or bouillon. The cooked meat itself is what the French call "bouilli." The brisket is a favorite piece for this boiling with them. Wash the meat quickly, and if it is to be sliced when cold tie it up compactly. Cover with the amount of cold water necessary. Three quarts may be used for a medium stock, but three pints will make a very strong stock for gravies. Bring slowly to a boil and add enough salt to bring the scum to the surface quickly. For three quarts of liquid an even tablespoonful of salt will not be too much. This may be simmered over the simmering burner, or heat one stone of a fireless cooker to the point where the already boiling meat will continue to boil when set on it; put in a cooker, set covered vessel containing the meat on it, and leave on for five or six hours.

SERVE APPLES IN THIS WAY

What Is Known as Fire Balls May Be New to Some of the Younger Housewives.

Select bright red apples, cut off the tops and with a penknife remove the seeds, leaving only sufficient wall to hold apple in shape. Make a filling of the following:

To six apples allow about twelve tablespoonfuls of very dry cooked rice, six tablespoonfuls cracker crumbs, six tablespoonfuls chopped apples, six tablespoonfuls sugar, six tablespoonfuls seeded raisins, six tablespoonfuls chopped almonds.

Whip one egg thoroughly, place in a cup and fill the cup with milk; stir well and place in a double boiler, adding one-half teaspoonful butter, grated rind and juice of one-half lemon and a dash of nutmeg. Cook until it thickens, cool, then mix it into the filling, being careful not to get it too soft. Mold lightly with the fingers and fill the apples, sprinkle with sugar, add a cupful of water and bake in a moderate oven. Serve with whipped cream or custard sauce.—Exchange.

Metropolis Pudding.

One pint of milk, two tablespoonfuls of flour, three eggs, one and a half ounces of butter, the grated rind of a lemon, finger biscuits, preserve. Butter a pie dish, put in a layer of sponge biscuits, then a layer of preserve, then another layer of biscuits; mix the flour and butter to a paste, add the milk boiling, and the lemon rind, stir over the fire for ten minutes, then add the beaten yolks of the eggs, beat well, pour into the dish and bake 45 minutes, then pile the white of eggs, beaten to a strong froth, on top, sift sugar over, and return to the oven till of a golden color.

Jelly Whip.

Dissolve one package of gelatin in a cupful of cold water. Add to that two cupfuls of sugar and one quart of boiling water. Divide the mixture into three parts, in one of which place marshmallows and white grapes. In the second one put pineapple and oranges and in the third nuts. Fill individual glasses with different mixtures and serve them with whipped cream. Decorate with preserved cherries, candied orange peel and nuts.

Ironing Hint.

When it is necessary to iron a rough-dry garment at once, try this method. Damp it, roll tight, wrap in a cloth and then in paper and put it into the oven while the irons are heating. Evaporation will cause it to be thoroughly dampened in a very few minutes; but care must be taken that the oven is not hot enough to scorch the things.

Potatoes a la Golden Rod.

Peel three or four boiled potatoes and cut them in fine cubes. Take four hard boiled eggs and separate yolks from the white. Chop the white and force the yolks through a strainer. Add chopped white of eggs and potato cubes to one and a half cupfuls of white sauce and turn into a hot serving dish. Sprinkle with yolks and garnish with parsley.

Celery au Gratin.

Peel and cut up, place in boiling salted water for five minutes (this is termed blanching), drain and then put in a stewpan with salt, pepper and peppercorns. Just cover with stock or water and simmer until tender. Place in a fireproof dish, and with the water in which the celery was cooked make a white sauce. Pour this over and brown in the oven.

Fish Chowder.

Fish chowder can be made from two cupfuls of halibut (left-over fish), one quart of milk, two tablespoonfuls butter, pinch of salt and pepper. Let come to a boil, slice in three cold boiled potatoes and one chopped onion. Cook five minutes. Makes a delicious soup.

Lemon Hard Sauce.

Cream two tablespoonfuls of butter until soft, add one tablespoonful of lemon juice and a little nutmeg, then beat in enough sifted confectioner's sugar to make a light, fluffy mass. Let it harden a little before serving.

TO PREPARE AND USE VEGETABLES

AGRICULTURAL DEPARTMENT EXPERTS GIVE RESULTS OF STUDY AND EXPERIMENT.

COOKING GREENS AND ONIONS

Particularly in the Spring Should Greens Be an Important Part of the Diet—Some Ways of Serving Onions.

(Prepared by the United States Department of Agriculture.) Notwithstanding the low fuel value of the leaves and stalks of plants that are commonly served under the name "greens" the thrifty housewife recognizes the necessity of supplying her family with this type of food. Particularly in the early spring will she supply her family bountifully with them, as they are very welcome after the winter diet of canned goods, dried vegetables and root vegetables stored in the cellar. A double purpose may be accomplished in the country home by the use of wild greens, namely, freeing the ground from weeds and providing food. The common dandelion may be used in this way.

The dandelion is cut close to the ground before the flower bud has expanded. When it is desired to root the plant from a lawn, the entire root must be dug up. If simply the top is cut off, the dandelion grows again and in a larger head. The slightly bitter flavor of the leaves is not disagreeable. The roots furnish a bitter extract often used medicinally, particularly in the domestic medicine of early times. When cultivated, the dandelion is milder and more tender, and may be used as salad, as may the very young wild plants.

Asparagus is a long-lived, easily cultivated delicacy, and it is strange that any farm should lack it. Many an asparagus bed does good service to the second and third generation of owners. It can be cooked in many ways. As is the case with most green vegetables its delicate flavor is spoiled by overcooking. It should be cooked only long enough to make it tender.

Spinach is a favorite form of greens and is seen in city markets most of the year. It can be grown easily in any garden. A French proverb calls it the "broom of the stomach," and it appears to be richer in iron than most common foods. The tenderest leaves may be served raw as a salad.

Lettuce makes an excellent "green" for cooking, although American housewives seldom realize this. In Europe the tougher or outer leaves of the lettuce are used in particular in this way. Care should be taken to see that such lettuce is not overcooked.

Rhubarb is another plant in which the leafstalks are the useful portion, though it may from its use be classed as a fruit rather than as a vegetable. The various acids and other flavors it contains are acceptable in the early spring when it is at its best. Later in the season, when the stalks are tough and fibrous, the juice may be extracted for jelly making. Because it contains some oxalic acid the use of rhubarb is frequently forbidden to persons of gouty tendencies, or with certain other diseases.

The Useful Onion Tribe.

Onions owe their flavor to a volatile, oil-like compound containing sulphur. They are very succulent, but nevertheless supply some nutritive material. Many varieties are grown by American farmers and gardeners, and the crop is a very important one. The tiny pearl and button onions are convenient for salads or pickles or for the hint of flavor wanted where a large onion would be far too much. The white-skinned Egyptian onions are usually a satisfactory variety. There are many onions in the market which are strong in flavor and tough, and justify the prejudice which the indiscriminating have against all onions. In general, the greenish yellow and red types of onions, owing to their texture and flavor, are less satisfactory for cooking as a vegetable than those of lighter hue.

Onion tops, like the stalks of wild leeks and chives, can also be used for flavoring, especially the sprouts that start when the bulbs have been kept in a warm room.

Preparation of Onions.

To prepare onions, peel under water so that the volatile bodies which affect the eyes may remain in the water and be kept from scattering. Where the onions are especially strong or liable to prove indigestible to anyone, they may be put, after peeling, into boiling water, to each quart of which one-fourth teaspoonful of bicarbonate of soda has been added. After letting them stand in this water half an hour, drain and boil in plenty of salted water from one half to two hours, according to the nature of the variety in hand, changing the water if desirable.

Often it is wise to take off one or two of the coarser layers next the outside skin and reserve them for flavoring soups, while a part of the tender succulent center may be reserved for a salad. In cutting up an onion for seasoning hold it with a fork so that the onion odor will not get on the hands.

Methods of Cooking.

The water in which onions are boiled will contain much flavor, and some of it may be reserved to flavor soups, while a part of the tender succulent center may be reserved for a salad. In cutting up an onion for seasoning hold it with a fork so that the onion odor will not get on the hands.

Export dealers figure that 60,000 American horses have been exported to Europe and about ten thousand more, since the war began. Orders are being filled and other orders going begging which demand about sixty thousand more. Greece has recently come into the market with France, England and Italy bidding for American horses, and if Germany, Austria and Turkey had a free path of the sea the demand from that source would also be enormous.

Reparation.

Hospital Nurse.—This bed you're in was endowed by Mr. Scads, the great philanthropist.

Patient.—Why, it was his auto that banged me up this way.—Judge.

but do not let them become too brown. Use to garnish meats or add to soups, or combine with potatoes, stewed beans, or other vegetables.

Stuffed Onions. Parboil large onions, remove centers without breaking outer layers, and stuff with seasoned crumbs of meat, and bake until tender.

Onion Custard. Cook onions until tender; drain thoroughly; pour over them a custard mixture made of one egg, one-half cupful milk, salt and pepper to taste, for each half pint of onions. Bake gently and serve as a vegetable. In southern Europe this dish is popular cooked in a crust, like small custard pies.

Onion Souffle. Chop cooked onion fine or rub through a coarse strainer; combine with equal quantity soft bread crumbs or half as many dry ones; season with butter, salt, and pepper. For each half pint, beat in one egg yolk and fold in one stiffly beaten white. Put in small dishes or in onion cases and bake gently until firm.

POTTERY WORK IS A PUZZLE

Immense Bowls Made by Indians of the Amazon Valley Cannot Be Duplicated.

An expert has declared there is no kiln or oven in this country, probably none in the world, large enough to bake the largest of the big pots discovered in the Amazon valley, samples of which are now on exhibition at the Museum of the University of Pennsylvania. The clay used also has aroused much curiosity. When a piece of the edge was clipped from one of the big bowls the material was shown to be a black, flinty substance. Undoubtedly it is clay, but of a kind never seen before by archeologists. Potters are astonished at its remarkable strength. The large bowls are less than half an inch thick, while some of the smaller ones, a foot or fourteen inches high, are as thin as a sheet of newspaper. An idea of their strength may be gained from the knowledge that they were transported about ten thousand miles before reaching the museum, and only a few of them were broken, though all were packed under difficulties in villages that knew nothing of packing breakables.

The Indians who made these wonderful pots are as mysterious as their work. Doctor Farrabee wrote that they were absolutely devoid of any traditions, and had no idea of where they came from. It is known, however, that they cannot have been in Peru more than about five hundred years. The larger bowls give out a metallic sound when rapped. One not seeing the substance would say at first they were made of painted copper. Each of the two big pots would hold four or five tons.

Schools for All Tastes.

The folk schools of Finland are particularly fine, with their cooking departments, gymnasiums, manual training and needlework. Every school has excellent bathing facilities, and the poorest children are fed at the schools. There are little zoological museums in most of the schools. There are so many varieties of schools, besides the folk schools, elementary and higher; there are lyceums, schools of forestry, of agriculture and of navigation, schools for training teachers, commercial schools, technical, music and art schools, etc., says the Christian Herald. There are three little garden schools in Finland, where boys as well as girls are taught cooking. "They must learn to cook what they grow," said one of the teachers. The dairy schools are particularly interesting, dairying comes second among the industries of Finland. The pupil must have worked for one year at a butter factory before he or she will be admitted to the school.

Customs of the Bedouins.

Such pride has the Bedouin in his weapon that even in his leisure hours he sits fully armed, examining and cleaning each piece in turn, making himself accustomed to carrying their weight.

From the time that he is eighteen years of age until he dies of old age he is more or less looking out for new wives.

By law Mohammedans are never allowed to have more than four at the same time, but they easily evade this regulation by divorcing one, which means sending her back to her parents.

War Telephone.

Unlike Germany, France does not believe in strewing the ground in the rear of her armies with a mass of telegraph and cable lines, but prefers to organize a few essential main lines of communication, and trusts to automobiles, wireless and other means for the interchange of comparatively unimportant messages.

The German army, on the other hand, is obsessed by a "wire" mania, and every little detachment must have a telephone connecting it with every other detachment, force, column, or staff officer within the country.

Horses and Mules in Demand. Export dealers figure that 60,000 American horses have been exported to Europe and about ten thousand more, since the war began. Orders are being filled and other orders going begging which demand about sixty thousand more. Greece has recently come into the market with France, England and Italy bidding for American horses, and if Germany, Austria and Turkey had a free path of the sea the demand from that source would also be enormous.

Reparation.

Hospital Nurse.—This bed you're in was endowed by Mr. Scads, the great philanthropist.

Fundamental Principles of Health

By ALBERT S. GRAY, M. D.

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CAUSES OF INTESTINAL TROUBLE

An intimate knowledge of the manner in which profound changes in the mechanism of the gastro-intestinal tract may easily come about at a very early age is of the greatest importance to every person desirous of enjoying his offspring with the fundamentals of a happy and successful life. To all such persons an amount of study equivalent at least to that required of the average individual in order to attain the knowledge and technique necessary to fit him to operate a sewing machine or an automobile intelligently, and without risk of ruining the machine because of lack of that required knowledge, is most earnestly recommended.

It is argued by many that such knowledge is not necessary because natural instincts are alleged to be a sufficient guide. But this is not true, for humanity's environment has changed more during the last 50 years than during the previous 299,950 years of its probable minimum existence, and "instincts" do not count—we have not sufficient time to develop "instincts" required by existing conditions, and must, therefore, try to use reason instead.

Particular attention is called to the large intestine comprising the cecum, the colon, the sigmoid flexure and the rectum. The cecum is the blind pouch or sac in which the large intestine begins and into which the ileum, or small intestine, opens from one side. The vermiform (wormlike) appendix is attached to the cecum, and this is the little body which makes us so much trouble under the name of appendicitis. The cecum constitutes a sort of cesspool or catch basin low down in the right abdominal cavity, and from it, running up the right side, rises the ascending colon. Turning at a right angle, the ascending colon becomes the transverse colon, extending straight across the upper abdominal cavity to the left side, where it again turns and becomes the descending colon, following down the left side to the left lower abdominal cavity, where it once more turns, forming a loop known as the sigmoid flexure, which joins the rectum.

Every human animal still comes into the world a quadruped, a four-footed animal, and a struggle extending over fourteen to twenty months is required of every individual before the physical development required for the general mechanical mastery of gravitation and the idea are attained whereby we are able to assume the vertical and walk in the upright position. But it is a grave error to assume that the attainment of the ability to overcome gravity ends the struggle, because it does not. Gravity is man's implacable enemy; it is persistently in operation tending to drag him down.

With this idea firmly fixed in mind investigation makes it very clear that there are at least six points in the large intestine alone where the ordinary mechanical laws may easily produce serious physical changes whenever there is the least tendency toward enervation. The first point is in the cecum, which may relax and sag under gravitational pull in any weakened physical state. The second is at the point where the ascending colon turns and becomes the transverse colon. Functional obstruction similar to that resulting from a sharp bend in a water hose is not uncommon at this point. Sagging of the transverse colon in the middle, forming a festoon, a deep curve instead of a straight line across the abdomen, constitutes the third point. The downward turn of the transverse colon into the descending colon constitutes the fourth point, which obviously must be more likely to kink the greater the degree of sag in the transverse colon. The fifth and sixth points are in the turns of the sigmoid flexure, between the descending colon and the rectum.

Under the conditions of modern industrialism the trunk of the body is maintained in the erect position, either standing or sitting, practically from the time we rise in the morning until we go to bed at night, and all the time the trunk is erect gravity is at work pulling the intestinal organs down and out of position. This tendency to drop or sag must very obviously be exaggerated by any condition of weakness, and therefore, because any food supply not of maternal origin is universally recognized as being deficient in nutritive qualities and a general source of ill health, it is reasonable to assume that all infants so fed will be peculiarly liable to intestinal stasis, or constipation.

LIVE DEER FOR BREAKFAST

Animal Crashes Through Dining Room Window and Lands on Table—Given Freedom.

Mr. and Mrs. Edgar M. Lefferts of West Pawling had just quit the breakfast table when they heard a crashing of glass in the dining room. As they rushed to the door they saw, with their forefeet on the dining room table, a buck deer.

A lace curtain hung like a veil from the intruder's antlers, which had broken off at the tips when they smashed the windows and struck the woodwork. The animal was pawing broken dishes and a tablecloth, which was rapidly becoming a sort of red and white polka dot.

"Shall I get a gun and shoot it?" suggested Lefferts.

"No. Some dogs must have chased the poor deer in. See how pleading those big eyes are." "He'd make nice venison steak."

And the startled forest creature, with the lace drapery still floating from his antlers, leaped out of the front door and disappeared in the direction of Pawling mountain.—New York Press.

Parents should be very alert and watchful for the earliest symptoms of delayed functioning of the gastro-intestinal tract to give it immediate and rational treatment.

PREVENTION.

It is easy to live in good health, and to be happy if one gets the right start, because it then becomes simply a matter of continuing a fixed habit, which is the very easiest thing one can do; for we consist essentially of an organism built up around a group of fixed habits, all our fundamental vital functions being fixed habits. But if you fail to secure the right start, never having experienced it, you find the pursuit of health, like the pursuit of happiness, a vague, strenuous and exceedingly unsatisfactory occupation, because you do not always know when you have either. The desired goal ever appears to be something just a few paces ahead and seems always to dissolve and vanish like the will-o'-the-wisp just as we would grasp it.

It is perfectly obvious that any material change for the worse in one's average state of health implies the necessity for a change of one's habits. But so completely are we subject to natural laws that the first time any new point of view is affirmed there inevitably must be opposition to it. It is the normal inertia of the mind which opposes such resistance just as all matter in nature is opposed to every change in the direction of its forces. But, notwithstanding the psychological phenomena which influence us all, the forces of fact are superior to every inertia and sooner or later must conquer. But always the pressure of material facts is required to drive us forward to change and improvement. No real advance can be made, except such as may be related to some tangible and material evidence whereby it is removed from the domain of opinion into that of fact, changed from subjective into objective. To array facts, then, in their most comprehensive form is without doubt the most direct road to the attainment of good health.

We know that from the instant of impregnation to complete development the human organism responds to definite rhythmic group-impulses, each of which has its specific reason and results both physical and chemical. It should not be deemed at all strange, then, that certain types should evidence definite tendencies all through life.

Measurements of a human infant will show that the essential stature—that is, the length of the trunk and head compared with the total length from the heels to the top of the head—exceeds the length of the legs, and the human infant is essentially a feeding animal. The first year tends to a maximum development of the digestive organs with a corresponding increase in body bulk and fat, but where the subsequent development is normal maturity finds that a balance has been taken place between these two sections, and they have become relatively equal. However, where this condition of balanced development is not found to exist we find an individual that either is robust or one that has been arrested in morphological development and retains the type and all the tendencies of a younger age, with all its penalties, a condition which makes it essential that these unfortunate individuals, to maintain a relative healthy state of body, are compelled to submit themselves to a severe hygienic regime throughout their entire lives. Unfortunately, our knowledge is not of a character that such steps are generally perceived to be necessary, and the inevitable end is not recognized until it has become a fact. These are the victims of gout, "chronic rheumatism," hemorrhoids and chronic liver, stomach and bronchial difficulties. All the vast array of difficulties falling under the head of lithemia, an excess of uric acid in the system, and supposed to be due to defective elimination, are without doubt to be attributed rather to an excessive formation of these elements in the system because of a constitutional slowing down if the metabolic reactions from defective construction in the beginning, grossly aggravated by an imperfect and improperly balanced diet thereafter, rather than the result of something "caught."

The early recognition of these tendencies is the certain prevention of the development of a vast number of distressing conditions later in life and a strong argument for a sane regime in handling those already suffering from the natural results of a prior condition. This would appear to be the reasonable explanation of the numberless bitter disappointments that have followed every alleged cure for these conditions since the very dawn of history, and a strong reason why an earnest effort should be made for a solution of the problem along the lines suggested by the work of our many brilliant scientists.

And the startled forest creature, with the lace drapery still floating from his antlers, leaped out of the front door and disappeared in the direction of Pawling mountain.—New York Press.

Why Women Are Vindictive. All history shows that when women are engrossed with public contests and ambitions they become vindictive and implacable. It was the women in the amphitheater that raised the hand for the death of the gladiator. It was a woman that pressed the reluctant Charles to the massacre of St. Bartholomew. It was women who fanned the houses of suspects and slew their inmates during the commune. It was Empress Eugenie who called the terrible war of 1870 "my war."—The Republic.

Society's Viewpoint. Reggy Van Velvet—Isn't this war distressing? Mrs. Wappper—Oh, I don't know. The European season was about over anyway.—Puck.

Laura Jean Libbey's Talks on Heart Topics

Copyright, 1914, by the McClure Newspaper Syndicate. MEN WHO EXPECT TOO MUCH FROM MATRIMONY.

A lamp alight, a rose bloom, and you make home for me where'er God puts us two.

The girl who weds a very young man has the matrimonial reins in her own hand usually. The youthful husband knows little or nothing of housekeeping.

lect a wife, his wits have become sharpened. He has visited at so many homes of his married chums, hearing their praises or complaints regarding home life, that he cannot help having formed his own line of thought.

He expects his wife, no matter how tired she may be from encounters with the maid, to be just as sweet and agreeable to him when he comes home as in their courting days.

Immediately there is war in camp. She reminds him that one was a straw hat for summer, ironically remarking that she had to have warmer headgear in winter.

UNREASONABLE EXPECTATIONS. A hundred thousand oaths your fears Perhaps would not remove: And if I seized a thousand years 'T would no deeper love.

Men tell of the qualities they expect to find in the girl they want for a sweetheart and whom they intend to wed. She must be fairly good-looking.

They expect her to be perfection in the art of home making, and when she marries she will be pleased to cut loose from all of her relatives.

The average woman would very soon tell him that his wishes were unreasonable and that he would have a hard time finding such a sweetheart as he was looking for.

belong on this mundane sphere. Certainly she is no mate for mortal man, with all his faults, follies, absurd notions and unreasonable expectations.

DOWNHEARTED LOVERS. Oh the years we waste, and the tears we waste, And the work of our heart and hand, Belong to the woman who did not know And did not understand.

There are men who have a world of confidence in themselves; there are others who are always fearful lest they make mistakes before the woman they care for.

A girl may tell a diffident lover these stories and see the alarm spring at once into his eyes. The thoughts of losing her fill him with fear.

He does not believe he can hold a woman's love for long. In company of young men and women he is at his worst.

Every human being has some good qualities to offset his backwardness. Women are drawn toward men, attracted by their magnetic personality.

What more manly tribute could anyone pay than this? They are true as steel to sweetheart or wife. They are not flirting with other girls or trying to arouse the demon of jealousy in the lover that beats for them alone.

It is a misfortune to give way to the blues. The man who shakes off downheartedness, and smiles, even by superhuman effort, in the face of discouragement is sure to win out in the long run.

Unquestioning Obedience. Much trouble as well as much amusement was caused during the early stages of the canal work by the inability of the Jamaican negroes to take any except a strictly literal view of orders.

A Bit Twisted. Paddy one day became the proud father of twins. The christening ceremony and many arrangements were made and money arrangements were made.

Have a Purpose in Life. Find your purpose and cling your life to it; and the loftier your purpose is, the more sure you will be to make the world richer with every enrichment of yourself.

OF VEAL AND CHICKEN

ONE OF THE BEST OF ALL THE ACCEPTED SALADS.

Whether Made of Leftovers or the Fresh Material, There Are Certain Rules Which the Housewife Must Observe.

Unless the salad is to be made of leftovers, the chicken should be especially boiled, carefully seasoned while cooking and allowed to cool in the water in which it is cooked.

In boiling a chicken for salad, put into a kettle of boiling water, add a chopped onion, a couple of sticks of celery or a half teaspoonful of celery salt.

Now let the chicken cool in the water in which it was cooked. It is well to cook both chicken and veal the day before the salad is to be used.

Sella Siberica is very satisfactory, it being one of the first bright-blue flowers to greet us, for it comes in crocus time. Then there is the Sella Campanulata, or Spanish bluebell.

Rice Croquettes. Cook one-half cup of rice with one-half cup of boiling water in double boiler until water has been taken up into the rice.

Peas and Celery. Cook two cupfuls of raw celery cut in dice in enough boiling water to cover till tender. Drain off the liquid and measure out one cupful, thicken with two tablespoonfuls of flour rubbed smooth with one of butter.

Bubble Pudding. Put one pint of milk on to heat in a double boiler. Dissolve two tablespoonfuls of cornstarch in two of cold milk and stir it into milk.

Caramelized Apples. Pare, core and cut large apples crosswise in one-third inch slices; cut each slice in half.

Squash Muffins. Four tablespoonfuls sifted squash, one cupful sugar, two tablespoonfuls melted butter, two cupfuls sweet milk, three three-quarter cupfuls pastry flour, sifted with six tablespoonfuls cream of tartar and one and one-half teaspoonfuls of soda.

The HOME BEAUTIFUL Flowers and Shrubbery Their Care and Cultivation



In an old-fashioned Flower Garden Among Sweet-Smelling Plants.

SOME SATISFACTORY BULBS

By JULIE ADAMS POWELL. In planting a perennial flower garden one must spare a corner, or strip of ground, for the hardy bulbs which come up from year to year with very little care.

While Roman hyacinths are catalogued as not hardy, I have them here in my garden in southern Connecticut, and their sweet, graceful blossoms greet me in May time.

My crocuses are planted in the lawn and are done blooming before the mowing machine is run over that part of the grass.



Children Working in a School Garden in the Bronx.

The utilizing of vacant property to extend nature study facilities for the school children is becoming more of a fact every day.

The elementary classes in the public schools of New York are allowed 90 minutes a week, divided into two periods of 45 minutes each, for nature study.

THE KITCHEN PORCH. The nicest porch is enclosed with wire screen, thus shutting out flies and mosquitoes.

PLANTS OF MAILING SIZE. Many fine varieties of fruit, as well as shrubbery, are to be had very cheaply by ordering mailing-size plants from a reliable firm or nurseryman.

SOME SUMMER FLOWERS. A bed of nasturtiums will supply blossoms until frost comes.

KEEPING UP THE LAWN. Kill weeds on the lawn by either pulling or cutting off the plant below the crown.

seedman, and ask for the best and freshest. Don't use old seed left over from last year, but insist on having it fresh.

The KITCHEN CABINET

Man kind are always happier for having been happy; so that if you make them happy now, you make them happy twenty years hence by the memory of it.—Sidney Smith.

WAYS WITH MEAT.

Wipe six tenderloin filets, two inches thick, and brown on each side quickly in a hot frying pan with butter.

Hamburg Steak on Casserole.—Prepare and season the steak with a dash of cloves and onion juice, with salt and pepper.

Steak With Clams or Oysters.—Broil a sirloin for five minutes, searing well on both sides, remove to a platter, butter well and cover with clams from which the tough muscle has been removed.

Hollandaise sauce is another; to prepare, wash a half cupful of butter, and divide it into thirds.

It matters little where I was born, Whether my parents were rich or poor; Whether they shrunk from the cold world's scorn Or lived in pride of wealth secure.

EASY DESSERTS. When a heavy dinner has been provided, a simple, easily digested dessert should follow.

Paradise Pudding.—To a pint of lemon jelly, add a half cupful of blanched and shredded almonds, a dozen marshmallows cut in quarters, a dozen candied cherries, cut in bits, put into a mold and stand until firm.

Banana Cream.—Rub five large bananas smooth with five tablespoonfuls of sugar, then add a cupful of cream beaten stiff.

Orange Bavarian Cream.—Prepare a pint of orange jelly and when it begins to harden fold in a pint of whipped cream which has been sweetened with a half cupful of sugar.

Two Methods. "I buy my wife everything she wants. How about you?" "I keep mine wanting a few things, just to be sure that her interest in me is maintained."—Kansas City Journal.

Imaginary Ills. Sorrow itself is not so hard to bear as the thought of sorrow coming. Airy ghosts that work no harm do terrify us more than men in steel with bloody purposes.—Aldrich.

His Gully Secret. After all, human nature is the same—even in Germany. It seems that a certain landwehrman had received his hundredth pair of warm woollen stockings knit by fair hands.

At one time watches were called Nuroberg eggs, because they were oval in shape and made in that town.

The KITCHEN CABINET

Man kind are always happier for having been happy; so that if you make them happy now, you make them happy twenty years hence by the memory of it.—Sidney Smith.

WAYS WITH MEAT.

Wipe six tenderloin filets, two inches thick, and brown on each side quickly in a hot frying pan with butter.

Hamburg Steak on Casserole.—Prepare and season the steak with a dash of cloves and onion juice, with salt and pepper.

Steak With Clams or Oysters.—Broil a sirloin for five minutes, searing well on both sides, remove to a platter, butter well and cover with clams from which the tough muscle has been removed.

Hollandaise sauce is another; to prepare, wash a half cupful of butter, and divide it into thirds.

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Passed Along. "You must have liked the servant to whom you gave the letter of recommendation she showed Mrs. Binx," said one woman.

Had No Chance. "Honesty pays in the long run," counseled the visitor. "Perhaps you're right," admitted the man in the stripes "but a cop got me before I'd gone 100 yards."—Baltimore American.

MASON CITY, IOWA.

The "Noble Outcast" play that was produced last Thursday evening at Woodman hall was played to a packed house.

Mrs. E. Williams and daughter, Miss Artavia, arrived home Saturday from Omaha, where Mrs. Williams was called on account of the death of her mother, who was buried Tuesday.

Mr. and Mrs. Dave Howard have returned to Mason City from Greene, Iowa, where Mr. Howard has been cooking at the hotel. They expect to go to housekeeping as soon as they find a house suitable.

Miss Lane Carter, who has been sick in bed for several days, is able to be up and out again.

Little Orville Lewis is reported on the sick list this week.

The Epworth League program was a very interesting one Sunday evening. Mr. Paul Scott had charge of the program. A temperance lesson, and in connection with the lesson a special program was rendered in memory of Amanda Smith, the great temperance worker, who recently departed this life. A large congregation was present.

Mrs. L. Banning entertained the Willing Workers club last Thursday afternoon. On account of the bad weather there wasn't many out.

Miss Ethel Caldwell is in the city visiting a few days with her mother. She expects to return to Buxton the last of the week.

Mrs. Marie Allen spent Sunday in Fort Dodge.

Mr. A. O. Coffin, the advance agent of the Blind Boone Concert Co. of Kansas City, Mo., spent Sunday in Mason City.

A fair sized crowd attended the literary society last Friday evening. Some very interesting debates are being discussed. You are welcome.

The officers and teachers of the Sunday school held a very interesting meeting Tuesday afternoon.

Mrs. M. Brewton entertained Mr. A. O. Coffin and Miss Artavia Williams on Monday evening for supper. The evening was spent in music.

Mrs. Bernice Eaton was called out of the city Monday for an indefinite time.

Best Treatment For Constipation. "My daughter used Chamberlain's Tablets for constipation with good results and I can recommend them highly," writes Paul B. Babbin, Fushly, La. For sale by all dealers.

CLARINDA, IOWA.

The Baptist church gave an entertainment Saturday night at the Masonic hall.

Miss Mabel Johnson of Gravity, Iowa, is spending a few days visiting friends.

Rev. D. W. Brown preached two able sermons Sunday. He will pastor in Bedford the following Sunday.

Miss Susie Lee of Des Moines is visiting her mother for a few days.

Mrs. F. Looney's children have the measles.

Rev. Wm. Mitchell preached two fine sermons Sunday and were well appreciated by the audience.

Mr. E. Brooke has returned to our city, after an eight months' travel with Richard and Pringles. He reports a fine time and much improved in health.

Mrs. E. Wilkerson visited friends in Council Bluffs and Shenandoah.

Mr. George Able made a short visit in Maryville, Mo., Saturday and Sunday.

Mr. Clyde Finley went to Maryville, where he is chef at one of the leading hotels.

The Missionary society was entertained at the home of Miss Tillie Lee.

The Ladies' Federal club met at the home of Mrs. Wm. Headley's last week and this week at Mrs. Laura Jones'.

A very pleasant surprise was given on Miss Lida Montgomery and Mrs. Arnett at the home of Mrs. J. Arnett. It was indeed a grand surprise and an enjoyable time also.

Mrs. Ella Cockrin and father, Mr. A. J. Baker, came down from Omaha.

Guard Your Children Against Bowel Trouble

Many children at an early age become constipated, and frequently serious consequences result. Not being able to realize his own condition, a child's bowels should be constantly watched, and a gentle laxative given when necessary.

Dr. Miles' Laxative Tablets are especially well adapted to women and children. The Sisters of Christian Charity, 531 Charles St., Luzerne, Pa., who attend many cases of sickness say of them:

"Some time ago we began using Dr. Miles' Laxative Tablets and find that we like them very much. Their action is excellent and we are grateful for having been made acquainted with them. We have had good results in every case and the Sisters are very much pleased."

The form and flavor of any medicine is very important, no matter who is to take it. The taste and appearance are especially important when children are concerned. All parents know how hard it is to give the average child "medicine," even though the taste is partially disguised.

In using Dr. Miles' Laxative Tablets, however, this difficulty is overcome. The shape of the tablets, their appearance and candy-like taste at once appeal to any child, with the result that they are taken without objection.

The rich chocolate flavor and absence of other taste, make Dr. Miles' Laxative Tablets the ideal remedy for children.

If the first box fails to benefit, the price is returned. Ask your druggist. A box of 25 doses costs only 25 cents. Never sold in bulk.

GREAT PROGRESS IN CALIFORNIA

Plenty of Business in the Little Town of Watts.

CHANGE FOR YOUNG PEOPLE

Thrifty Community Near Los Angeles Largely Inhabited by Southern Folk Makes Remarkable Showing Along Many Lines of Industry—Many Own Their Own Homes.

Los Angeles.—The town of Watts, in the vicinity of Los Angeles, has an energetic, industrious colored population numbering something like 600. The majority of these people came from the south, purchasing their homes by degrees after having secured employment in Los Angeles. Their preference for a suburban home with its possibility of truck farming, poultry and cattle raising was the underlying motive for their choice of Watts as a place of residence.

There are also joiners, carpenters, brickmasons, furniture dealers, grocery dealers and one real estate agent. The latter, R. C. Patton, is said to be doing a thriving business, having offices in Watts, Los Angeles and in Chicago. There is also a foundry owned by John Davis, who molds hinges for bungalow doors. Mr. Davis is also an inventor, having recently got out a patent on plumbing rings.

The largest colored dealer in new and secondhand furniture, James Seals, is found on Main street, opposite the city hall. Mr. Seals came to California about ten years ago with little or no capital. His energy and persistence are shown in the fact that he now owns the building in which his store is located and has increased his stock from a few hundred dollars to several thousand dollars and built up his business to such an extent that hired assistance is needed.

The local banks are also patronized by the colored people of Watts, most of whom own their own homes, and a few have valuable holdings in Los Angeles in localities where real estate is rapidly growing in value. These people support two churches and are erecting a third, which promises to do credit to their prosperous appearance.

The Watts Independent league is composed of thirty-five colored men, who organized for the purpose of looking after the municipal, political and social interests of their neighbors. These men, all of whom are property owners, contribute largely to local charities, giving to both individuals and institutions.

The colored youth of Watts are found in the Compton high school, where they remain for the most part until they have completed the required course of study.

Likewise, the people of Boyle Heights are worthy of consideration. Boyle Heights, a part of Los Angeles, was laid out by George Hansen almost a century after the founding of the city of Los Angeles by the Spaniards. It was named after an Irishman, Andrew Boyle, who owned a great portion of that locality, which he planted to grapes, building up in time a successful wine business. Twenty years after the formation of Boyle Heights the colored people began to take up residence there, very few at first, gradually increasing as time passed until the northeast section was almost wholly inhabited by them, as it is at present.

Many took advantage on their arrival of the low cost of land and purchased much valuable property, as, for instance, Moses Stapler, one of the oldest settlers, who twenty-three years ago bought considerable property on Bay street, which he sold recently to great advantage. He also bought the city block extending from Savannah to Evergreen street, which he still owns. The houses on this land bring him in a comfortable revenue.

J. W. Coleman, another colored resident of Boyle Heights, also has secured much property, the total valuation of which is estimated at \$20,000. This property consists of five houses on New Jersey street, one house on Michigan avenue and a sixteen room flat in process of construction on Savannah street. Clarence B. Coleman, the son of J. W. Coleman, has an auto and wagon delivery business known as the Boyle Heights express, established in 1899, which makes a specialty of moving, packing, shipping and storing. A three ton auto truck is owned and operated by young Coleman.

Other colored residents of Boyle Heights are engaged as follows: One postal clerk in the Southern Pacific railroad for the past eight years, six janitors in the hall of records, one restaurant keeper, one confectioner, one cigarmaker, three policemen, two expressmen, one plumber, one woman notary public and public stenographer, two rubbish contractors, two painters, four carpenters and three brickmasons, one of whom, W. H. Pringle, was foreman on the brick work of the new federal building. A goodly number of the colored residents of Boyle Heights not only own their own homes, but are the owners as well of other property, several owning grocery stores.

Protective Device. When a telephone line is electrically changed the telephone acts as a condenser. The winding serves as one plate of the condenser, the frame of the receiver as the dielectric and the person who is holding the receiver to his ear as the other plate of the condenser. In order to prevent the condenser from discharging through the person, a German physicist...

Woman's Crowning Glory is Her Hair. Why not grow your hair by using MME. M. BEARD Hair Grower. It removes dandruff, stops itching of the scalp and makes it grow long, soft and beautiful. Price 50c a box. Send stamp for pamphlet.

MME. M. BEARD AGENTS WANTED 519 So 16th St. St. Joseph, Mo.

FT. MADISON NOTES.

Mr. Harvey Dandridge of Kansas City, Mo. stopped over in our city last Sunday enroute to New Boston to visit with his father, Mr. Toney Dandridge. While in the city he was the guest of Mrs. Geo. Harper.

Mr. Henry Tolliver of La Harpe, Ill., was a Ft. Madison visitor one day last week.

Mrs. Eliza Jackson who has been very ill is somewhat improved at this writing.

Rev. J. W. Bowles pastor of the Second Baptist church, has accepted a call in Waterloo. Rev. Bowles and family expect to leave shortly for that place.

Members and friends of the Second church gave a banquet at the parsonage Thursday evening in honor of their returning minister and wife, Rev. and Mrs. J. W. Bowles.

Friends will no doubt will be glad to know that Mr. William Harper who is a student at Howard University Medical College, in a recent examination stood highest in a class of 108. Mr. Harper is the son of Mr. and Mrs. Geo. Harper of this city.

Rev. L. H. Owens-pastor of the A. M. E. church was in Galesburg last Sunday.

We are glad to see Mrs D. Isom out again.

Mr. Arthur Ware of Omaha, Neb. was visiting at the home of Mr. and Mrs. Geo. Harper last Sunday.

Mr. Cora Payton has returned from Minneapolis, Minn., where she has been visiting her son.

Rev. M. Payton filled the pulpit at the A. M. E. church last Sunday during the absence of the pastor, Rev. L. H. Owens.

Mrs. Curtis Herndon made a flying trip to Keokuk Saturday night.

Mr. E. Prentice who has been in Burlington for sometime is home again.

For Diseases of the Skin. Nearly all diseases of the skin such as eczema, tetter, salt rheum and barbers' itch, are characterized by an intense itching and smarting, which often makes life a burden and disturbs sleep and rest. Quick relief may be had by applying Chamberlain's Salve. It allays the itching and smarting almost instantly. Many cases have been cured by its use. For sale by all dealers.

ALBIA NEWS.

Mrs Sarah Beasley visited in Buxton this week.

The Missionary business meeting was held at the home of Mrs. Wm. Benning on Thursday. The Presiding Elder, S. B. Moore was a visitor. The Society took up Esther for study after general view of Moses. The hostess served light refreshments after the meeting.

The family of Mr. Anderson who has resided in Albion this winter moved to Des Moines the past week.

Mr. and Mrs. E. F. Butler and son Lawrence Butler were Ottumwa visitors over Sunday and attended quarterly services.

Mrs. Joe Jamerson went to Ottumwa to visit Sunday and attend quarterly meeting.

Mrs. Nellie Estes entertained at her home on Wednesday evening in honor of Misses Lillian and Vivian Anderson the Sunday School class of twenty in a novel party of wearing and naming something to note a city. Lunch was served by the hostess and the merry crowd of young people enjoyed themselves.

Sunday evening was Missionary day at the A. M. E. church. The society had a musical program with Mrs. Mary Harris as chairman. Mrs. Bowman was detained at home on account of sickness.

Misses Ila Lewis and Mildred are on the sick list.

Mr. H. Bowman died Saturday evening at 8:20 o'clock.

Mr. and Mrs. Andrew Smith entertained at a birthday party at their home on Saturday evening in honor of Teddy Gravely, her 13 year old son, a company of boys and girls of Master Teddy's age. All wish Mrs. Smith to remember them again.

Recommends Chamberlain Cough Remedy.

"I take pleasure in recommending Chamberlain's Cough Remedy to my customers because I have confidence in it. I find that they are pleased with it and call for it when again in need of such a medicine," writes J. W. Sexson, Montevallo, Mo. For sale by all dealers.



Woman's Crowning Glory is Her Hair. Why not grow your hair by using MME. M. BEARD Hair Grower. It removes dandruff, stops itching of the scalp and makes it grow long, soft and beautiful. Price 50c a box. Send stamp for pamphlet.

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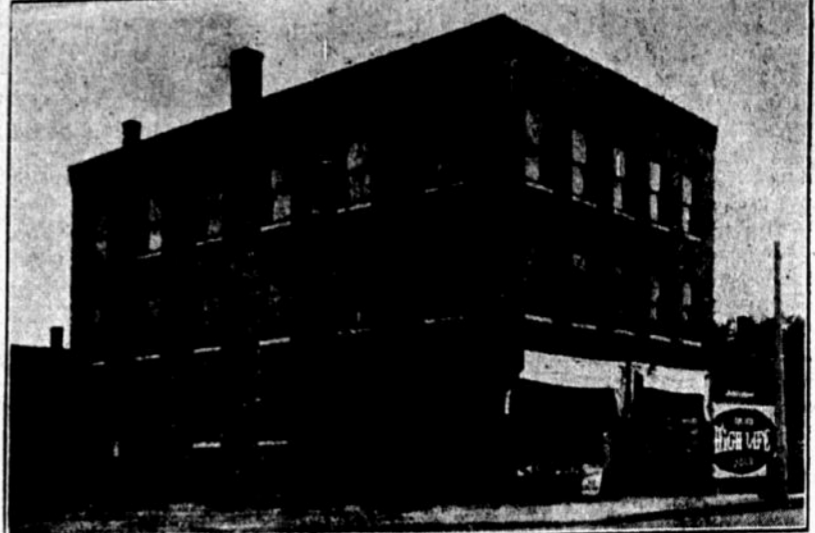
VIVIAN L. JONES Funeral Director. The very best service guaranteed. Prices the lowest. Calls answered promptly day or night. No extra charges for distance. Reverse all phone charges. PHONE: 2548. Office: 519 East Court Ave. Des Moines.

FREE COLORED PEOPLES HAIR. We are the largest importers and manufacturers of colored peoples hair and the most reliable firm in this line. We make wigs, switches, braids, transformations and all styles of hair that can comb and wash the same as your own. We also sell straightening combs, hair nets and cut hair by the pound. We guarantee all goods, and if not satisfied money will be refunded. Our prices are lower than those quoted elsewhere. Send 2c stamp for illustrated book. Humania Hair Company, Dept 61, 28 Duane St., New York.

Green's Cafe. The Old and Reliable Place to get good meals or lunches. Ice Cream and Cigars. 114 E. 5th Street. Phone 4908-y. E. Green, Prop. Davenport Ia.

L. E. Hanger NEW Elite Restaurant. New Reliable Place to Eat. Meals 15c and up. Lunches or Short Orders Served. 304 W. Grand Ave. Des Moines Iowa.

Jones Cafe. The Old Reliable Place to get your meals. PHONE RED 318 W. 3rd St 3027. Rooming House at 3rd St. 216-218.



The New Thompson Hotel. A First-Class Modern Hotel. European Plan. Rates Reasonable. The Public is Invited. Corner of 9th and Park Sts.

Mammoth Stork. The adjunct, or marabout, a tall bird of India, of the stork species, will swallow a hare or a cat whole. It stands five feet high, and the expanse of wings is nearly 15 feet. Better Kept in a Box. Wife—You know, John, you need to like my little displays of temper. Hubby—Yes, love, but it's been on exhibition so long now I think it's lost its temper. —Boston Transcript.

HAVE YOU BEAUTIFUL HAIR? WE are the only Importers and Manufacturers of Real Colored Peoples Hair. Also Wavy Hair. We absolutely guarantee our hair to stand combing and washing and to retain its color and crispness. Wigs, Plats, Braids, Transformations and Puffs in stock or to order; all shades, none too difficult. Straightening Combs and Toilet Articles. Send two-cent stamp for Price List. Mail Orders receive prompt attention. The Old Reliable Mme. Baum's Hair Emporium. 486 8th Avenue. 11-16-23. Between 34th and 35th Sts. NEW YORK CITY.

Magic Hair Grower and Straightening Oil. The most wonderful hair preparation on the market. When we say Magic we do not exaggerate, as you can see great results in the first few treatments. We guarantee Magic Hair Grower to stop the hair at once from falling out and breaking off; making harsh, stubborn hair soft and silky. Magic Hair Grower grows hair on bald places of the head. If you use these preparations once you will never be without them. Magic Hair Grower and Straightening Oil are manufactured by Meadames South and Johnson. We also do scalp treating. Magic Hair Grower, 50c. Straightening Oil, 35c. All orders promptly filled; send 10c for postage. Money must accompany all orders. Agents wanted—Write for particulars. We carry everything in the latest fashionable hair goods at the lowest prices. We make switches, puffs, transformations, curls, coronet braids, and combings made to order, matching all shades a specialty. Send samples of hair with all orders. 2416 Blondo St., Omaha, Neb. Phone, Webster 880.



The Public—the Jury in Our Case. You—the people—are the jury—also the court of last appeal. This is your country and its big industries are yours to encourage or to destroy, as you see fit. We want the public to have correct information about our business, because, as a public service corporation, we are amenable to the people's will. Misunderstandings with the people makes trouble for us, and trouble is expensive, both to the public and to ourselves. We feel that proper publicity—frank and honest statements about our business—will inspire confidence in our methods, justify our policies and cause the public to appreciate our problems. We want the public to consider that our methods and our policies are their business. We feel that it is a duty we owe the public to keep them informed about our affairs. Then we are willing to rest our case with them. When the people know the facts we feel sure they can be depended on to render a just decision and to treat us fairly. "We Advertise So That the People May Know." IOWA TELEPHONE COMPANY

FRIDAY, MARCH 12, 1915.

Official paper of the M. W. U. Grand Lodge of Iowa, A. F. & A. M., and International Grand Congress of Jericho of America and Western Baptist Association entered at the postoffice as second class matter.

Advertising rates: For display ads 25 cents per inch, for each insertion, in excess of six months contract, 15 cents per inch. Local advertising 10 cents per line for each insertion counting seven words to a line. For churches and secret societies where admission is charged, one-half of the above-mentioned rates. For professional, legal and announcements, yearly contracts, etc., terms given on application. All advertising to be paid in advance.

TERMS OF SUBSCRIPTION. One year \$1.50. Three months .75. All subscriptions payable in advance. We are prepared to do first-class job work at reasonable prices. All of our work is guaranteed. Communication must be written on one side of the paper only and be of interest to the public. Brevity is the soul of wit, remember. We will not return rejected manuscript, unless accompanied by postage stamps. NOTICE TO CORRESPONDENTS. N. B.—Correspondents: Please mail your letters that contain news for publication not later than Wednesday to insure publication for the current week; and sign your name, not for publication, but that we may know who writes the news. This notice applies to all writers, contributors, agents and correspondents. Sign all articles, write only upon one side of paper, write a plain hand and spell accurately. Do not send in names of persons at parties or receptions nor send in programs to be published before or after the event. Do not give an eulogy or write your personal comment upon the event. Simply tell the news or event in a brief, simple manner and let the readers of The Bystander comment. Write the news of all classes, all societies, all religious denominations, irrespective of your personal whims or ideas.

The Iowa State Bystander is the oldest Afro-American Journal published in Iowa. It was established in 1894, and is read by nearly all the colored people of Iowa. We have correspondents in the following towns:

- Albia.....Miss May Davis
Oskaloosa.....Luella B. Franklin
Washington.....N. L. Black
Burlington.....Mrs. L. M. Abel
Mt. Pleasant.....Mrs. M. Burnaugh
Monmouth, Ill.....Georgia Norwood
Colfax.....Miss Stella Pierson
Minneapolis.....Mrs. R. L. Buttner
Cedar Rapids, Iowa.....Mrs. May Terry
Moline, Ill.....Miss Mamie Ritchie
Buxton.....Richard Stewart
Sioux City.....Miss Goldie Hackley
Clinton.....A. A. Bush
Council Bluffs.....Miss Minnie Cave
Centerville.....Mrs. C. Reed
Macon, Mo.....Lucy Harris
Mason City.....Mrs. Maud Brewton
Quincy, Ill.....Mrs. Mattie Lilly
Clarinda.....Mrs. J. R. Lane
Keokuk.....Mrs. Jennie Freeman
Ottumwa.....Mrs. H. Owens
Galesburg, Ill.....Mayme Richardson
St. Paul, Minn.....Mrs. Mattie Hicks

NOTICE TO REDEEM FROM TAX SALE.

To G. H. Cheek, the person in whose name the real estate described below is taxed:

You are hereby notified that at a regular tax sale held in and for Polk county, Iowa, on December 6, A. D. 1910, the following described real estate, to-wit: Lot fourteen (14), in block sixteen (16), Brown's official plat of the northeast one-fourth of section 36, township 79, range 24, was sold to Des Moines Trust Co. for the payment of the taxes for the year 1909, thereon, and a certificate of purchase was duly issued to him by the treasurer of said Polk county, Iowa, therefor, which certificate is now lawfully held and owned by W. H. Meredith.

That the time for redemption from said sale will expire and a deed for said lot will be issued to him by the treasurer of said Polk county, Iowa, unless redemption from said sale be made within ninety days from the completed service of this notice. Dated this 24th day of February, 1915.

W. H. Meredith. By J. C. Meredith, His Agent.

NOTICE OF APPLICATION FOR TAX DEED.

To Frank Wilfin and F. O. Evans: Fou, and each of you, are hereby notified that on the 6th day of December, A. D. 1910, the following real estate situated in Polk county, Iowa, to-wit: Lot eighteen (18), block six (6), plat one (1), Auburn Heights, an addition now included in and forming a part of the city of Des Moines, Iowa, was sold by the treasurer of said county for the taxes then due, delinquent and unpaid thereon for the year A. D. 1909 to W. L. Bugh, and that certificates of sale were duly issued by said treasurer to said purchaser, pursuant to said sale; that said certificates of sale are now owned by the undersigned, that the right of redemption from said sale will expire and a tax deed be made by said treasurer to Samuel Gordon for said real estate, pursuant to said sale, unless redemption is made within ninety (90) days from the completed service of this notice.

Samuel Gordon, Owner of Certificate of Purchase.

NATIONAL PRESS