

IOWA STATE BYSTANDER.

XXI No. 40

DES MOINES, IOWA, FRIDAY, APRIL 9, 1915.

Price Five Cents

Sunday, April 11th, will be Mother's Day.

Dorothy Hughes has been sick with the measles, but is improving.

Mr. Price Alexander is quite ill at his home this week.

Mr. I. M. Jones, our popular restaurant man, is very sick this week and his friends are alarmed.

Mr. J. D. Moore will soon leave for a two month hunting trip with some parties up in Alaska, expecting to return some time in June.

Atty. Geo. H. Woodson of Buxton was an Easter Day worshiper at several of the Des Moines churches Sunday.

Master Teris Brown arrived in the city Saturday evening to resume his studies, after a week's vacation with his parents, Mr. and Mrs. Wm. Brown, of Buxton, Iowa.

Mr. Luther Abbey of Minneapolis, Minn., was an Easter visitor in our city, the guest of Dr. and Mrs. Dulan on East Walnut street.

Mrs. Emmet Mickle arrived in our city Friday evening to make her future home, as her husband has purchased property here.

Misses Edythe Jones and Vasilla Seers students in this city spent their Easter vacation at their parental homes in Buxton returning Sunday evening.

Mt. Moriah Tabernacle, No. 667, Daughters of Tabor, have announced an entertainment to be given Wednesday evening, April 28th, at Taororian hall, Eighth and Mulberry streets.

Mrs. Emily Rowland of Chillicothe, Mo., arrived in the city Monday evening to attend the bedside of her sick daughter, Mrs. Florence Taylor.

Mr. Jake Hickman who had his hip dislocated in the mine at Swanwood some weeks ago, is improving nicely, which is good news to his many friends.

Mr. and Mrs. E. B. Frazer of Galesburg, Ill., spent a few days in our city this week with Mr. B. J. Hack. They were en route to Hastings, Neb., where they have accepted a position as cook in a hotel.

Messrs. Jacob Wilson, father of Mrs. S. Joe Brown, and H. A. Armstrong, probably the largest property owner among the Negroes of Iowa, both of whom are residents at Buxton, were callers at the Governor's office Monday.

The Mary Church Terrell club will meet Monday evening with Miss Myrie Bell 1340 Jefferson avenue. The lesson will be the life of Wm Cullen Bryant, led by Mrs. Jessie Davis; Review of the Crisis by Miss Alice Houston.

There will be a Fish Fry and District School given by Charity lodge and Silver Leaf lodge, G. U. of O. F. and Beautiful Light and Rebecca H. H. of Ruth at Maple Street, Baptist Church Monday evening, April 20th.

W. W. club of Asbury church were entertained by Mrs. Otis Banks, 1092 13th street Monday evening. The usual business was transacted after which the evening was spent crocheting and embroidering. The club adjourned to meet with Miss Bernadine Lee, 939 12th street Monday evening, April 12th.

Dr. Edward W. Thompson of St. Joseph, who is a druggist there, spent Tuesday of last week in our city visiting his brother, John L. Thompson, returning Wednesday morning. Edward is a well known Des Moines man, as he having lived here several years ago. He is a graduate of Iowa State University. Mr. Thompson is the picture of health, he weighs about 205 avoirdupois. He said that Des Moines had indeed made a wonderful growth since he was here six years ago.

The Willing Workers' club of Lee A. M. E. church will meet at the home of Miss May Toliver, 736 1/2 East Locust street Thursday evening April 15th. The following persons contributed to "Buying Fund" of the Lee A. M. E. church: Lizzie Toliver \$2.00, George Davis \$5.00, Anna Patten \$1.75, Fannie Holt \$1.00, J. C. Williams \$1.00, Drucilla Williams \$1.00, Henrietta Hill \$7, Sallie Hodges \$1, A. N. Clapper \$1.00, D. S. Southoller \$5.00, friends \$5.25, H. A. Perry \$20.00. Total \$57.00.

King Solomon Commandery No. 6, Knights Templar, celebrated the resurrection of the Lord and Savior with appropriate services at the Corinthian Baptist church Sunday afternoon at 3 o'clock. The Commandery turned out in full uniform and marched from their asylum to the church which was well filled with relative and friends of members of the order, where after the regular ritualistic service of the order under the leadership of the Prelate, the invocation was pronounced by Rev. E. G. Jackson and the Easter Day ad-

dress consisting of the origin and history of order of Knights Templar was delivered by the pastor Rev. T. L. Griffith.

Mr. Fred Berry, who recently underwent an operation, has recovered sufficiently to return home. He is now well on the road to recovery.

The Altar Guild of the A. M. E. church met at the home of Mrs. McGuire, 11 0 Eleventh street. The next meeting will be held with Mrs. John Smith, Fourteenth Street Place, April 22nd.

On Sunday, April 11th, there will be a meeting of the Young Men's Sunday club. There will be a general discussion on the following topic: "Is the Business Man or the Public Responsible For Failure in Negro Enterprises."

The 20th Century H. O. A. Arts and Crafts club met at the residence of Mrs. G. Reeves, 3017 North Fifth street on April 7th. They adjourned to meet next Wednesday, April 14, with Wm. Aikens, 1108 West Second street.

The Callanan club met at the home of Mrs. Henry West. A very interesting lesson on the 12th chapter of Mark was held. The next meeting will be with Mrs. Pyree on Fourteenth street Place.

The Mother's Congress met at the home of Mrs. Campbell, Thirteenth and Center streets. A very interesting meeting was held. The next meeting will be with Mrs. E. T. Banks the second Sunday in May, at which time election of officers will take place.

The Triple "H" club met April 6th with Miss Daisy Jacobs, 1238 Twentieth street. Quotation, Art. The afternoon was spent in crocheting and tatting, instructed by Mrs. H. E. Jacobs. The club will meet April 13th with Mrs. J. H. McDowell, 909 West Eighth street.

Mrs. Anna Schoerft of Dayton, Ohio, is here visiting with her parents, Mr. and Mrs. W. Johnson, at 1200 Park street. Her husband accompanied her as far as Chicago, where he is looking up a position, as they are contemplating moving there.

The executive committee of the local Negro Business League met this week and outlined the work for the ensuing fiscal year. The keynote was, "Get together," with an effort to eclipse the record of the retiring administration. The first regular meeting will be held next Monday evening, April 12th, at Union Congregational church. Mr. Chas. Cousins will be the principal speaker, the man who purchased the Public Grocery store.

Mrs. Florence B. Taylor of 817 Maple street, who has been seriously ill for the past three weeks, is not much improved. She is a faithful member of Queen of South chapter, No. 18, O. E. S., of Chillicothe, Mo., her former home, also a faithful member and officer in Mt. Moriah Tabernacle, No. 667, Daughters of Tabor and Rebecca H. H. of R., No. 939.

Mr. J. G. Yancy, one of our well-do citizens and highly respected here, who has lived here for the past thirteen years, has opened up a business in Minneapolis, Minn., last month. He was here last week to close up his business matters preparatory to moving to the Twin Cities. He and his family left last Thursday. We are sorry to lose such a valuable citizen, yet our loss is Minneapolis' gain. We wish them success.

The Public Grocery store, owned by Messrs. D. Patterson and H. Wilson, which was closed a few weeks ago, has been sold at public sale and was bought by Mr. Chas. Cousins, one of our successful business men, and Mr. Cousins will open the store up again this week about Saturday, but will not have the formal opening until some time later. We wish for Mr. Cousins success in the mercantile field. There is indeed a great need of a grocery store owned and operated by our own race.

CORINTHIAN BAPTIST CHURCH.
Sunday, April 11th—
10:30 a. m.—Major Robt. R. Motor and a quartette from Hampton Institute. Va., will conduct this service. Sunday school follows this service.
6:30 p. m.—B. Y. P. U.
7:30 p. m.—Annual sermon to the order of Elks. A cordial invitation to all these services.
T. L. Griffith, Minister.

N. A. A. C. P.
At the monthly meeting of the executive committee of the Des Moines branch of the National Association for the Advancement of Colored People on Monday evening Mr. Edward Weeks was elected to membership and report was received from the grievance committee through Mrs. John L. Thompson, chairman, that said committee had conferred with Messrs. Elbert & Getchell, managers of the Berchel Princess, Empress and other theaters in the city, with a view of securing a change in

their policy of discrimination against Negroes, but said investigation not having resulted favorably, the matter was referred to the committee on legal redress, of which Atty. Casper Schenk is chairman, for such action as they might think proper. The executive committee decided upon two public meetings to be held within the next month, one under the auspices of the educational committee of which Dr. A. J. Booker is chairman, at Union Congregational church on Wednesday, April 14th, to be addressed by Hon. Chas. W. Hummel of the city civil service commission and the other a quarterly business session to be held Monday, May 3rd, at a place to be selected by the meetings committee. The general public is invited and all members especially urged to attend both these meetings.

OBITUARY.

Arthur Jones.
On last Wednesday morning about 2 o'clock Arthur Jones, a well known young man, died at his home, 937 Fourteenth Street Place. Tuberculosis and pneumonia was the cause of his death. He had been ill only twelve days. He was born in Macon county, Missouri, thirty-eight years ago, came to this city with his parents when he was 17 years old and entered the employment of Younker Bros., where he remained many years. Later he was employed by the Harris-Emery store and the past few years was employed in the U. S. postoffice. All of his immediate relatives are dead. He leaves a loving wife, Mrs. Mary Jones, and daughter, Alma. He was a member of North Star lodge, No. 3, K. of P., who had charge of the funeral, which was held from the A. M. E. church Friday, April 2, conducted by Rev. E. G. Jackson, assisted by Rev. W. W. Alexander. Arthur was a good boy, well liked by all who knew him. We extend our condolence.

GALESBURG, ILL.
Rev. S. L. Birt has just returned from Aurora, Ill., where he has been attending the district conference. The Phi Gamma Sorority club will give a concert at the A. M. E. church April 29th for the benefit of the trustees.

The fair given April 1st and 2nd at the A. M. E. church by the ladies of the Women's Mite Missionary proved to be quite a success. A neat sum of \$19.57 was realized. Mrs. Daisy Anderson has gone to Omaha, Neb., for a two months' visit.

Mr. Edward Barber has just returned from Aurora, Ill., after attending the district conference as delegate for Allen's Chapel.

Mrs. Jennie Perry spent Sunday in Peoria visiting her sister, Mrs. Dr. Askew.

Hands and Sore Nipples.
As a healing salve for burns, sores, sore nipples and chapped hands Chamberlain's Salve is most excellent. It allays the pain of a burn almost instantly, and unless the injury is very severe, heals the parts without leaving a scar. Price, 25 cents. For sale by all dealers.

SIoux CITY, IOWA.
Mrs. Ruth B. Bright, G. W. M. of Electa Grand Chapter, O. E. S. of Iowa, made her annual official visit to Naomii Chapter, No. 7. The grand worthy matron delivered a very interesting and instructive lecture, which was highly appreciated by all. At the close of the session a reception was held in honor of the grand matron and to all Masons and their families.

Mr. D. F. Whitaker representative for the Chicago Defender, is in the city in the interest of the paper. Mr. Whitaker is a wide-awake man, of whom the race should feel proud, being the only colored man in the U. S. running a news stand. He states that he has been very successful in this enterprise and the proposition has proved a profitable one.

Miss Mabel Morgan, a university student of Iowa City, spent the Easter vacation at her parental home.

A feature given by the ladies of

Mt. Zion Baptist church last Saturday afternoon was a "bake sale." The ladies had splendid success and netted a neat little sum.

The children of the Mt. Zion Baptist and A. M. E. Sunday schools rendered programs last Sunday at the morning and evening services. The little folks delighted their audiences and acquitted themselves with credit.

Rev. J. D. Herben has returned from Chicago, where he conducted a revival service.

Mrs. J. W. Hudson and little granddaughter have returned from Chicago.

Mr. A. R. Morgan spent Sunday with his family.

A concert will be rendered on the 7th and 9th. The affair is under the management of Messrs. J. H. Garrison and M. Askew.

Luphelia Hogg, the little granddaughter of Mrs. J. W. Hudson, is on the sick list. We wish for her a speedy recovery.

MT. PLEASANT NOTES.
Both churches held their Easter exercises Sunday. Both programs were good.
Last Sunday was quarterly meeting at the A. M. E. church. Presiding Elder S. B. Moore was with us all day and preached two soul-stirring sermons to a large audience. Quarterly conference was held Monday night. All the auxiliaries of the church read their reports and they were all good.

Mrs. Dora Campbell of Chicago and Mr. James McNeal and Mrs. Louise Bedford and nephew, Perry Waffele, Jr., of Peoria, Ill., were called here by the death of their father, Mr. Elias McNeal.

Mr. Bert Walker of Centerville spent Sunday here.

Mrs. Louise Nunnally and grandson, Leon, of Chicago, visited at the home of Mrs. McNeal a few days.

Mr. Moses Moseley of Chicago is visiting at the home of Miss Louise Mason.

Mrs. Harry Burnaugh and children left for Des Moines on Saturday morning to visit her husband, who is working at the capitol.

Mr. Joseph Fidler of Des Moines is in the city visiting his daughter, Ione, and sister, Mrs. R. Hackley.

Mrs. Edd Topps of Honewell, Mo., is visiting at the home of Mr. and Mrs. W. M. Keith.

Rev. Jackson went to New Boston to fill the pulpit Sunday.

Obituary.
Claranna Poston was born in Fairfax county, Va., January 24, 1819. When quite a young girl she was converted and joined the A. M. E. church of that locality and remained a devout Christian until her death, which occurred March 24, 1915, at the age of 96 years, 2 months. In 1845 she was united in marriage to Samuel Burnaugh of Fairfax county, Virginia. To this union were born four children, who with the father preceded her. She with her family came to Mt. Pleasant after living a short while in Calloway county, Mo., in 1865 and was one of the organizers of the St. John's A. M. E. church. Those that survive are two sons, Ira of this city and Samuel of St. Paul, seven grandchildren and six great grandchildren and other relatives and a host of friends. God calls our loved ones, but we lose not wholly, What He hath given; They live on earth in thought and deed.

As truly as in his heaven. The funeral was held Friday afternoon from the A. M. E. church. Rev. W. W. Williams preached the funeral, assisted by Presiding Elder S. B. Moore.

Splendid for Rheumatism.
"I think Chamberlain's Liniment is just splendid for rheumatism," writes Mrs. Dunburgh, Eldridge, N. Y. "It has been used by myself and other members of my family time and time again during the past six years and has always given the best of satisfaction." The quick relief from pain which Chamberlain's Liniment affords is alone worth many times the cost. Obtainable everywhere.

Read the Iowa State Bystander, the greatest and newest weekly in the west.

EARLY STRUGGLES OF J. S. WILLIAMS

Up From Barber Shop Porter to Wealth and Influence.

PAID FOR OWN EDUCATION.

Thrifty Shreveport Man Who Was Thrown Upon His Own Responsibility When a Mere Boy Worked Diligently in Many Fields, Set Standard High and Won Success.

Shreveport, La.—That merit, backed up by industry, honesty and thrift, will win a place for any American citizen is proved in the successful business career of James S. Williams of this city, who has worked from the lowest to the highest standing among the business men in this section.

Mr. Williams was born in Franklin, La., shortly after the emancipation of the slaves. While he was not born a slave, yet he was twelve years old before he knew that he was free. Just how he learned this is unknown, yet



JAMES S. WILLIAMS.

when he learned that he was free he had in his little heart a desire to know something, and he had decided in his own mind that he was going to learn if he had to spend all of his life working for the opportunity. His first step was not in a schoolroom, but in a workshop.

He went to New Orleans when a mere boy and secured a job in a barber shop as porter, determined to learn the barber trade so as to earn more money. He made up his mind to use this money in getting an education. It did not take him long to graduate as a full fledged barber, and when he had sufficient capital he invested it in brains in the New Orleans university. He was an apt student and learned rapidly, his main studies being business and book-keeping. He looked on the practical side of each study.

He did not graduate from any department of the university, but what he learned he learned it so well that he was prepared to apply it to his own advancement. He did not fail to take advantage of every opportunity. Each year he made progress. As a book-keeper he took the first place, and the same was true when he was a barber.

When he was always at the head of his class. He made up his mind to take first place in everything. Leaving New Orleans, he went to Rayville, La., and became head porter in a hotel. The hotel was destroyed by fire, and then he went into the barber business. He operated a shop and later bought a few horses, went into the livery business and also opened a store. Now he had a combination of livery and merchandising. This started him on his way to the success and prosperous business he now owns. He made some cash money in Rayville as his combination business and after five years of strict attention to his work closed up this business and came to this city about sixteen years ago and went into the undertaking business.

Step by step he has gone forward until today he is one of the leading men in his line in America. He has fifteen head of horses, carriages, bugies and automobiles. Everything that goes to make up a first class establishment he has on his premises.

Mr. Williams is the highest taxpayer of his race in this section of the country. He has won all of this through hard work, through push and pluck.

He is one of the leading spirits in the Negro Business league, being president of the State Business league and a life member of the National Negro Business league. What Mr. Williams has done others can do, but they must have what he is worked with in the start and what he is still using—industry, honesty and thrift.

African Chief Aids British Soldiers.
Miss Hump Nyaw, the paramount chief of the Kottum, who is a member of the Nonkova tribe, whose headquarters are at Kottum, in West Africa, has, with her subjects, presented the English government for the use of the soldiers now fighting against Germany, 100 bushels of clean stock and fourteen bullocks.

MONMOUTH, ILL.
Mr. Henry Moore of Canton, Mo., is visiting at the home of his sister, Mrs. Laura Maupin.

Mr. Bertram Searcy took dinner Easter with Mr. and Mrs. Hamilton Stocks.

Miss Lavada Taylor is visiting her parents at Canton, Mo.

Mr. and Mrs. Charlie Chambers are the happy parents of a baby girl, which was born at the local hospital.

Miss Hallie Dulin of Frankfort, Mo., spent Easter holidays with her sisters, Mrs. Myrtle South and Miss Nadine Dulin.

Mrs. Fannie Minson is visiting in Davenport, Iowa, with her daughter, Mrs. Bell Harris.

Sunday the children's Easter exercises at both churches were extra good and well attended.

Rev. P. H. Lewis is in Davenport this week taking treatments at the school of chiropractic.

Miss Viola Merrial is improving quite fast and will soon be able to be out again.

Mrs. Anna Knight on the sick list.

Mrs. Maria Stockes is out again. Miss Essie Niel left last Saturday for an extended visit in Chicago.

The Sewing Circle of the A. M. E. church met this week at the home of Mrs. Hettie Hubbard on South First street.

Mr. Clarence Catlin spent Easter Sunday in Burlington.

MASON CITY, IOWA.
Mrs. Jennie Watts Brown, the dramatic reader and character impersonator of Chicago, appeared in Mason City last Tuesday and Wednesday evenings in a recital at Union Memorial church. Her readings and impersonations were exceedingly good. A goodly number of both white and colored were present both evenings. Mrs. Bernice Eaton presided both evenings at the piano.

Mrs. Elizabeth Williams of East State street, who has been real sick ever since her return home from Omaha, is reported some better at this writing.

Mrs. Bettie Banning, who also has been on the sick list, is able to be up and out again.

Mrs. J. D. Reeler entertained the Home Missionary society last Friday afternoon. A goodly number of the members were present. The third chapter of the book, subject, "The Red Man," was given. After the lesson Mrs. Reeler gave a very interesting Bible lesson faith. A dainty lunch was served by the hostess.

The Foreign Missionary society met at the home of Mrs. J. H. Cabell on Monday afternoon. The study was continued of "The Child in the Midst," which was very interesting.

The Epworth League held a very interesting meeting Sunday evening. The topic was "The Promise of Immortality," which was well discussed.

The literary society held their election of officers for the next three months. A large bunch of the young people were present. Everybody is invited to attend every Friday evening.

Rev. F. D. Woodford preached his farewell sermon last Sunday evening to a large congregation. Rev. Woodford left Sunday evening on the midnight train for Louisiana, Mo., to attend conference. His wife will remain at home until his return. A sixteen dollar collection was raised.

Mrs. Watson Stratton spent a few days in St. Paul just before Easter on business. She reports a delightful time while in the city.

Miss Rose Gray of Zanesville, O., arrived in the city last Friday evening to see her sister, Mrs. George Carter, who is stopping at the home of Mrs. Brewster.

Miss Beatrice Palmer, who spent several days in Fort Dodge with her aunt, Mrs. Scott Davis, returned to Mason City today.

The Rose Bud club gave a very beautiful party last Tuesday evening at Woodman hall for the young people. All had a pleasant time.

An excellent recital occurred at the home of Mr. and Mrs. Bothic, 1776 Maple street by the pupils of Mrs. Fred Helton, 1636 Walker street.

PROGRAM
Irene Ewing, Tired of Play, by L. J. Quigley
Alma Bothic, Play Time March, by Edward Read.
La Vere Ewing, No. 2 Polka, by Webb.
Collene Johnson, My Prince, by L. A. Boguee.
Blanche Bothic, Star of Sea, by Amanda Kenedy.
Mrs. Lucie Smith, Rain of Pearls, by Frank Lyons.
Miss C. E. Hart, Scherzino, op 22 No. 3.
Mrs. Fred Helton, Marches Des Terrors, by Charles Godard.

Among the guest present were Mrs. Eugene Cutler of 29th and University, Mrs. Redmon Saylor, 1074 22nd street. Both of the above guests being instructors of music gave expressions of the good talent displayed by the pupils.

For Constipation.
Mr. L. H. Farnham, a prominent druggist of Spirit Lake, Iowa, says: "Chamberlain's Tablets are certainly the best thing on the market for constipation." Give these tablets a trial. You are certain to find them agreeable and pleasant in effect. Price, 25 cents. For sale by all dealers.
A Healing Salve for Burns, Chapped

MASONIC NOTES.
Chips From the Quarry.

On Monday evening of last week North Star and Doric lodges were visited in a joint meeting by the R. W. grand custodian, Alex Clark, of Oskaloosa. A very large crowd greeted the custodian. A splendid and inspiring meeting was held. The G. S. exemplified the third rant on a candidate. A nice lunch was served and all present enjoyed themselves immensely. From Rescue lodge Ye Grand Master continued on his journey to Decatur lodge, Sioux City, where we met all the members of this lodge in the city except one. We held a fine meeting and Bro. M. Askeew is making a good W. M. He is working hard to build up old Decatur and his efforts are being accomplished by having new members entering. We next wandered back home to North Star, No. 2, of Des Moines, and held a fine meeting, even though the G. M. was not at all well. This old pioneer lodge is growing. They now have more members than ever in its history of more than forty years. Bro. James Mitchell, W. M., is doing all in his power to have a success and peace and harmony prevail. A nice lunch was served. I have been informed that a new chapter of the O. E. S. will be organized in Waterloo, Iowa, April 21 by the worthy grand patron, John L. Brooks, and W. G. matron, Mrs. Ruth B. Bright. This will be the next evening after the organization of the new Masonic lodge to be set up there Tuesday, April 20th. My last official visit will be at Doric lodge, No. 30, Des Moines, Thursday evening, April 15th.

BURLINGTON, IOWA.
The Sunday school of the St. John's A. M. E. church rendered a very excellent program on Easter Sunday night to a large and appreciative audience. The ladies of the B. J. Progressive club assisted with the decorations, which were beautiful, and in keeping with the occasion. The Easter egg social given by the Ever Ready club on Friday night was a grand success.

Rev. S. B. Moore, presiding elder of the Des Moines district, was in our city Saturday, the guest of Rev. and Mrs. J. H. Bell.

Miss Lola Brooks of Gertrude street was taken to Mercy hospital on Tuesday evening.

On Monday afternoon the E. J. Progressive club was entertained by Mrs. Sallie Dixon. A short program was rendered and refreshments served. The club will meet with Mrs. B. Johnson on Monday, April 12th.

Mr. Albert H. Johnson, a young colored man of Lawrence, Kan., is a mail clerk on the C. & Q. and is in our city every other day.

The Willing Worker club was entertained by Mr. Scott White on Tuesday evening.

The Aro Industrial club was entertained by Miss Helen Mackey. After the regular routine of business the young hostess served a very dainty luncheon.

NOTICE!
Members of the Iowa-Nebraska Baptist Sunday School Convention, take notice:

In less than three months delegates from all parts of the state will have their faces turned toward Ottumwa, where the convention will hold its thirty-sixth annual session with the Second Baptist Sunday school Thursday before the third Lord's day in June.

We hope in this meeting to wake up latent forces, and infuse spiritual life in the constituency everywhere, to the extent that the great objects of the convention may not only be seen but carried to the desired end, namely, educational, home and foreign mission work. Our full duty done along this line means the extension of the kingdom of God for intellectual, physical, moral and spiritual uplift for the good of man, and for the glory of God.

Brethren, sisters, remember you are in the race for the state banner. Let us work, pray and give and make this the banner year of the convention. Yours for the cause, F. B. Woodard.

SCANDIA, IOWA.
Mt. Zion Baptist church, Easter Sunday:

10 a. m.—Sunday school, followed by Easter exercises.

11 a. m.—Covenant meeting, which seemed to fill all with inspiration.

8 p. m.—Our pastor, Rev. J. E. Roberts, talked from 1st Cor., 11th chapter, 23-34, Luke 22-7th to 22d inclusive, after which he administered the Lord's supper.

The church was presented with beautiful Easter greetings by Sister L. R. Roberts, wife of our pastor.

Mr. Chas. Logan was seriously injured in the mines by a fall of slate. Mrs. Laura Wilson of Des Moines is visiting her mother, who lives at this place.

Chamberlain's Cough Remedy.
From a small beginning the sale and use of this remedy has extended to all parts of the United States and to many foreign countries. When you have need of such a remedy give Chamberlain's Cough Remedy a trial and you will understand why it has become so popular for coughs, colds and croup. Obtainable everywhere.

Chase & West

Saturday Special

Regular \$5.50

Bed Springs

\$3.35

AFRO-AMERICAN CULLINGS

Improved housing conditions and increase in individually owned homes have decreased the death rate among Negroes in the United States 3.9 for each one thousand population, in the last census decade, according to a bulletin on Negro mortality soon to be issued from the bureau of the census at Washington.

In an area representing 19.7 per cent of the total Negro population of the United States, from which comparative figures were available, the department found that in 1910 the death rate among Negroes was 25.5 to each one thousand population, while in 1900 the rate was 29.4.

The decrease in death rate among the Negroes of the prescribed area was greater than the decrease in white deaths, although the death rate among Negroes is much lower than that of the whites, from 1900 to 1910.

The mortality rate for all races is greater in southern cities than in northern, the report shows, but every city in the South except Memphis and Key West showed a decrease in deaths in the last decade, owing to improved housing conditions.

It is discovered that the diseases which prove most fatal to Negroes over the country are malaria, all forms of tuberculosis, pneumonia and whooping cough. The other diseases and causes of death, including accident, homicide and suicide, are more evenly distributed among the whites.

One of the chief causes of the decreased death rate among the Negroes in the South is believed to be an increase of 31.4 per cent in home ownership. That increase, along with improved sanitary and housing conditions, is believed to have been in direct ratio with the abatement of dangerous epidemics.

The idea of having their own church, with their own pastor, with a Negro presiding elder and a Negro bishop, appealed to the Negroes many years ago, and everywhere there were free Negroes the church rapidly spread into New England, into Ohio, Illinois, Indiana, Missouri and the West.

A church was started in New Orleans in 1848. In fact, the church in that city was the first one started in the South. After the Civil war, however, this organization grew by leaps and bounds.

Soon it took not one bishop, or two, but six, then ten, then twelve and now fifteen to supervise the work. Churches were organized in every state in the Union and these at once became centers of great uplifting influence for the newly emancipated people. The preachers became the recognized leaders, so regarded by both races, and much of the progress of the Negro is due to their intelligent and unselfish aid.

But not only in America has the African Methodist Episcopal church been active, but in Africa, South America and the islands. As early as 1820 Daniel Coker, one of the members of the first meeting in 1816, went to Liberia, West Africa, and started a church. In 1824 a minister named John Gordon went to Jamaica, Cuba, British Guiana, South America, Sierra Leone and Gold Coast West Africa, Cape Colony and other parts of South Africa. So great was the foreign work grown that it is now looked after by resident bishops. Bishop J. Albert Johnson is resident bishop of South Africa, and has his headquarters at Capetown. Bishop William H. Heard, a native of Georgia, is bishop of West Africa, and has his headquarters at Monrovia.

Six hundred and ninety-nine names have been added to the roster of the colored Y. M. C. A. as the result of a six-day membership campaign which came to a close last night, says the Washington Star. The organization has set out to obtain 500 members in six days, and at an enthusiastic meeting last night received the reports of the various teams, which showed that this number had been exceeded by nearly two hundred. The total number of memberships provided for in reality will be in excess of seven hundred, as a number of Washington business men, headed by H. S. Omohundro, promised to contribute one membership for every ten over five hundred brought in by the campaign workers.

John R. Hawkins, general chairman of the campaign committee, presided over the closing exercises, which were held in the gymnasium of the colored Y. M. C. A., Twelfth and T streets northwest. The festivities opened with a banquet, after which the various membership teams made reports. Early reports indicated that the 500 membership goal would be reached.

The families most closely tied by relationship in St. Louis are those of the Heusers and the Johnsons. Harry Heuser, who is soon to be married to Bertha Johnson, will be the fourth Heuser brother to marry one of the Johnson family. In addition, Minnie Heuser, a sister of the four brothers, is married to John F. Johnson, a brother to the four Johnson girls.

The coal required for one journey between New York and Liverpool by a modern liner would fill 22 trains each made up of 30 ten-ton cars.

The stores of Paris that are still doing business, even the big department stores, are reported now to be closed for an hour at noon, because there are not enough clerks left for any to relieve another at lunch time.

Europe's war has caused trouble in the amount of cotton goods consumed. In some sections of Africa 50 per cent of the unbleached cotton trade is with the United States and only 10 per cent with England.

But many a vain woman has tried to get a husband.

Resenting the criticism against colored people made by Professor William Starr Myers of Princeton university, in a lecture at the Academy of Music on February 27, several leaders of that race met at Washington and formed a committee to conduct a campaign against defamers of their race there. The campaign will be carried on by ministers, lawyers, physicians and business men, as well as by all the associations of colored people in Brooklyn.

The statement which aroused the indignation of the colored people was that in which Professor Myers said: "A Young Men's Christian association leader of the South said he estimated that 98 per cent of Negro men in some localities of the South are immoral, and that the percentage of the immorality of the Negro women was as great." He is also reported to have said that "the ballot and whisky are the two great curses of the race. The Negro race is not merely an inferior race; it is a backward race. Even the educated Negro is nothing but a grown-up child."

As a consequence of this, the colored people are determined to disprove what Professor Myers said. The Citizens' club and the Carleton branch of the Y. M. C. A., as well as other organizations of colored people, will act together in this matter. The first move will be to hold a mass meeting at the Academy of Music, at which prominent colored people will speak. The people in charge will also try to obtain as speakers one or two white men of influence to uphold their side of the case.

The program committee in charge of the arrangements for the meeting is headed by Rev. Dr. A. P. Coles. R. M. Merony, superintendent of the Carleton branch, Y. M. C. A., is secretary. Before going actively into direct opposition to Professor Myers, Secretary Merony was instructed to write to Professor Myers and have him confirm the statements he made, as reported in the newspapers the day after he lectured. Among those who were present at the meeting were Rev. W. M. Moss, G. F. Miller, W. H. Jones, W. A. Lee and George E. Wibican, president of the Citizens' club.

Rev. Dr. S. Parkes Cadman of the Central Congregational church and Park Commissioner Raymond V. Ingersoll have already signified their intention to address the mass meeting for the colored people, if possible.

White men and colored men alike are being fed daily at the dinners which the Ebenezer Baptist church in Chicago, one of the largest churches with a congregation of colored people in the city, is providing for those who winter and war depression in business have thrown out of work. In fact, the whites outnumber the blacks by four to one at the hour of the free meal served five days a week by the women of the church, according to those in charge. The dinners, which are substantial and well cooked, cost the church about \$20 a day to feed about 350 men. This is a service which the church tries to give for one month out of every year, says the pastor, Rev. John F. Thomas. Last year 3,752 white men and 1,002 colored men, in all, were fed. One of the white churches of the city which carries on a similar work bars colored men from its charity; but Rev. Mr. Thomas' committee of women welcome anyone who is penniless and hungry, regardless of color, creed or race.

The erection of a monument to the memory of Lucius Harkum, colored, who for 52 years was a nurse at Freedmen's hospital, was proposed by Rev. Simon P. W. Drew at funeral services at the Cosmopolitan (colored) Baptist church, Washington. Interment was at Harmony cemetery.

In his sermon Doctor Drew said it was proposed to have a nation-wide campaign, and when funds have been obtained to erect a monument in front of the hospital. Tribute was paid to the nurse by Doctor Drew, who characterized him as one of the four great characters of the Civil war. Others who spoke were Dr. D. E. Wiseman, Dr. T. A. Johnson, Rev. P. Samuel, Rev. J. N. Beaman, Rev. Charles H. Parker, Rev. A. Barton and Rev. John Davis.

The custom has been started in some western cities of printing the maiden name of a woman after that of her husband in the directory.

A few are geniuses. Others inherit their bad manners and their disagreeable dispositions.

The Sarino (Ontario) Canadian says that "Thomas Collins of the first concession of Biddulph township, who is ninety-nine and one-half years old, has just commenced taking music lessons."

Much of the best wallpaper is made in part from leather waste.

A century ago only 300 species of orchids were known, and these very imperfectly. Now the latest authority gives the number of known species as 10,000.

Australia has been making steady increases in her purchases of goods from the United States in the five-year period following 1909. The total in 1912 was more than \$52,000,000.

Africa is in third place in the amount of cotton goods consumed. In some sections of Africa 50 per cent of the unbleached cotton trade is with the United States and only 10 per cent with England.

But many a vain woman has tried to get a husband.

TO PREPARE AND USE VEGETABLES

AGRICULTURAL DEPARTMENT EXPERTS GIVE RESULTS OF STUDY AND EXPERIMENT.

NUTRITIVE VALUE IN SEEDS

One of Most Important Food Groups Man Enjoys—Long Soaking of Beans and Peas Necessary—Food Value of Peanut.

(Prepared by the United States Department of Agriculture.)

Seeds constitute one of the most important food groups that man enjoys. Besides the cereal grains, there are such seeds as beans, peas and cowpeas, the oil-bearing peanut which is closely related to the bean, such oil-bearing seeds as the cottonseed, rapeseed and sesame.

All these seeds, however, are not always considered as vegetables, but the bean, lentil, and pea are so considered, and have been recognized in all lands as possible substitutes for both bread and meat. The principal objection to the more general use of these particular seed vegetables is that their flavor does not appeal to all. Therefore it is often wise to remove a portion of the taste, even if this means a loss of substance. By occasionally changing the water in which the beans are soaking or during the early stages of cooking, their natural flavor may be toned down. A more desirable flavor sometimes may be imparted in cooking by the use of mint, parsley, onion, tomato, peppers, bayleaf, nutmeg, or other herbs, and spices. The spices, however, must always be added sparingly.

The importance of long soaking for Beans and Peas. The long soaking of leguminous seeds is an important factor in their cookery. It took a long time for the seed to ripen and dry in the pod on the vine and it loses rather than gains water when kept in the store and water. Therefore it is understandable that considerable time will be required to fill again with water the cells of such a dense substance. Where there is no danger of fermentation or "souring," beans, etc., may be profitably soaked for even forty-eight hours. Pick over, wash well, add nearly one quart of water for one cupful of beans, and set in the refrigerator or other cold place. The water may be changed, if convenient, after 12 or 24 hours. This serves to remove any rank flavor. It is said that in eastern countries lentils are soaked a long time for this purpose.

After this complete filling of the tissues with water the time required for cooking will not be much longer than for shelled beans fresh from the garden. True, there has been some loss of substance, but a corresponding gain in palatability. Soft water is preferable to hard, both for soaking and cooking.

Such beans as the navy bean and lima bean contain relatively little fat. They do not grow rancid so easily as some grain products, but the older they are the harder it is to make them palatable and soft and the longer must be the processes of soaking and cooking.

Since the proper preparations of legumes is a long process, it is well to cook enough to serve in two or more fashions. Thus the baked beans often are reheated or served cold, and the remainder used in soup. So, too, the lima or red kidney or any variety may appear first as plain buttered beans, a further portion prepared at the same time, may be used for salad or croquettes, and the left-overs to be utilized as a soup. Left-over red kidney beans when cooked like a meat loaf with cheese, bread crumbs and such seasoning as is desired make a very palatable meat substitute. Cowpeas, a valuable legume better known in the southern than the northern states, may be cooked in the same ways as the navy bean.

Lentils are not as generally used in this country as they deserve to be. They may be found in the markets of foreign sections of large cities and in the larger groceries. Their price is about the same as that of dry beans and peas. They may be served like peas or with a seasoning of fried onions. They make a satisfactory soup or puree.

The use of fresh, young peas, beans and cowpeas is extensive, the seeds being sometimes served alone, and often in the case of beans and cowpeas with the succulent pod containing them. The pods of peas are ordinarily discarded, but sometimes they are cooked for a while, and then the water in which they were boiled is used for cooking the peas themselves. There are also edible podded beans.

"String" or "snap" beans, if young and tender, may be cooked quickly. If old and well grown they need long cooking. If overgrown they will be improved by parboiling for a few minutes in water to which soda has been added, about one-fourth level teaspoonful of soda for two quarts of water. They should then be drained and cooked in fresh water. To be at their best in flavor, as well as color, string beans should be cooked only long enough to make them tender. They are most delicate if cooked in salted water, drained. A combination of string and shell beans is a pleasing change from either alone. String beans, it has been claimed, are less likely to cause digestive disturbance if cooked uncovered.

The large green pods of the red or cranberry beans remain tender until the seeds are nearly full grown, making them, among the best types of string beans.

In the southern states cowpeas or field peas have been grown for many years as food for man and animals, and also to increase soil fertility. These have a distinctive, pleasant flavor, are used green and dry, and are cooked like other peas of beans. As stated above, the young pods are excellent as a vegetable.

Cereals do not possess very distinctive flavors, so it is a common practice when using them in this way, to season the dishes highly with cheese, with tomato, green pepper, onion, etc., or else to cook the dishes in ways which will give flavor, as, for instance, by browning in fat. Rice cooked with tomatoes, macaroni with cheese, and noodles seasoned with fried onions, are familiar examples of well-seasoned cereal dishes made tasty by the use of seasoning, while rice croquettes, mock oysters (made of oatmeal), fried mush, and farina fritters are examples of food made savory by browning in a pan in deep fat.

Corn serves in more forms as a vegetable food than perhaps any other grain. The Mexican uses the corn husk to wrap the combination of corn, meat, and seasoning known as tamales. Like cracked corn or hominy, the hulled corn or lye hominy is used not only as a breakfast cereal but also as a vegetable.

But the sweet or green corn is most used as a vegetable and is one of those most highly esteemed in America. The ears are roasted or boiled and served on the cobs; or the raw or boiled corn is cut from the cob and stewed or fried or may be cooked in many ways in combination with beans, tomatoes, potatoes, fritters, etc., or served in soups or salads in corn puddings or in many other ways. Corn cut from the cob is sometimes used in making pickles or relishes. The very young cobs are also pickled whole.

These Salt Mines Famous. Many in Galicia That Have Been Worked for as Long a Time as Seven Centuries. Many of the world's most famous salt mines are in operation in Galicia. Those at Wieliczka have been worked for nearly seven centuries, at one time being a principal source of revenue for the Polish kings. Railroads are not permitted to run near them lest their vibrations result in cave-ins.

Within these mines are a labyrinth of salt-hewn streets and alleys, lined with pillared churches, staircases, restaurants, shrines, and monuments. Nearly two thousand workmen are employed in the salt mines, working in eight-hour shifts. The damp, salty atmosphere seems to shorten their days; but even at that they do not appear unhappy, in spite of the small wage of twenty cents a day they are paid. There are little lakes in the mines, sometimes thirty feet deep, which are navigated by ferries. Many of the little ponds which draw the cars over the tiny salt railway have not seen the light of day for generations, and are born blind.

Lasting Window Polish. There is an art in washing windows, and if they are properly polished the operation need not be repeated for a long time. A really good polish will survive several rainstorms and will only require the dust to be removed occasionally with a dry cloth. The inside of the windows should be washed with tepid water, without soap or powder of any kind, rubbed dry with chambray and polished with cheese cloth. A solution for cleaning the outside should be made from one ounce of pulverized whiting, one ounce of grain alcohol, one ounce of liquid ammonia and a pint of water. Spray the window with clear water to remove surface dirt, and apply the solution with a soft cloth. Let this dry on. Afterward polish with cheese cloth or tissue paper. If the glass has been badly scratched, a filling may be applied. This consists of an ounce of white wax dissolved in turpentine. It should be applied before the polishing.

MAKES BEST IRONING BOARD

Housewife Tells How Useful Appliance for the Kitchen May Be Constructed.

The most rigid ironing board I ever used a carpenter made for me out of thoroughly seasoned oak, one and one-quarter inches thick, smooth and free from knots.

The length of the board was five feet; the width at widest point, 16 inches, which tapered to eight inches, then rounded off.

On the under side of the board were fastened two braces or cleats of wood, three-quarters of an inch in thickness and three inches in width.

One of the braces was made flush with the widest end of the board—the front brace, two feet three inches from the wide braces, supported the tongue that reached the back and rested on the floor against the base-board.

Fastened to the brace on the wide end of the ironing board were two sections of a pair of loose joint hinges, so fastened that they would fit into the remaining part of the hinge that had been previously made fast to the window sill.

This enabled me to couple my ironing board to the window sill. The tongue that supported the front of the ironing board was made fast to the ceiling by a strap hinge.

When not in use the board was easily removed, the tongue placed against the board, then placed behind a door or in a closet. When in use I simply had ironing board perfection, because the window flooded with light the work I was doing and the article being ironed seemed to be on a foundation as solid as the floor, while the construction of the device allowed one to iron any garment on it without musing.

Any ironing board can be fixed in the same way by adding a cleat and tongue.—Exchange.

HINTS OF PRACTICAL VALUE

Proper Ingredients for Crust of Pie—Easy Method of Opening? Glass Fruit Jars.

It will add the young housekeeper to know just what to use to make crust for one pie. Here is a reliable recipe:

Take one generous half-pint of pastry flour, one generous tablespoonful of shortening, half a teaspoonful of salt, half a teaspoonful of baking powder. Sift the dry ingredients, rub in the shortening, moisten with cold water only sufficiently to roll out; wet pie crust is never crisp; a quarter of a cupful of water should be ample. Roll thin.

Pie crust should be rolled in one direction—away from you. Do not put meat directly on the ice; it draws the flavor and spoils it. A cloth moistened with alcohol is effective in cleaning piano keys.

Place tiny cotton flannel disks or soft dollies between your decorated plates when not in use, as a protection. It is easy to open glass fruit jars without the aid of a knife if a hot stove plate is put on top and allowed to remain for three minutes; this will allow the lid to be easily unscrewed and not injure it.

Timely Tips. If you wish to make a rissole, first prepare the mince. Then heat it in a good, thick brown or white sauce, according to the color of the meat you use, and be very careful about the seasoning, which may consist of pepper, salt, celery salt, cayenne, parsley, finely grated lemon peel, mushroom catchup, and (if you are using chicken or game) a little ham or bacon.

Warm the well-flavored mince in well-flavored sauce, and see that the mixture is of the thickness of porridge. Then turn it on to a dish and let it become cold. When cold it will stiffen a little more, and with well-flavored hands you can form it into the shape you prefer. Have ready a beaten egg yolk, and brush over, and roll in fine crumbs. Then fry, drain, and serve very hot.

Pineapple Pancakes. Scald one pint of milk; when lukewarm, add one teaspoonful of salt and one-half cake of compressed yeast, dissolved in one-quarter cupful of lukewarm water. Sift in enough flour to make a thin batter and let rise over night. In the morning add one cupful of thick sour milk, one egg cupful of melted butter, two eggs beaten separately and one teaspoonful of soda sifted with one cupful of flour. Add enough more flour to make a smooth, thin batter, let stand one-half hour, then add one heaping tablespoonful of grated pineapple for each cupful of butter. Bake in a soapstone griddle and serve with sweetened pineapple juice.

Hot Lunch Rolls. One quart flour, one teaspoonful salt, one teaspoonful baking powder, one tablespoonful butter or lard, one pint milk. Sift together flour, salt and baking powder; rub in the shortening, add milk and mix to a smooth dough to be easily handled. Flour the board, turn out the dough, pat it out a little to give evenness. Roll out to about one-half inch thick. Cut into three-inch circles. Press pencil across center of each; rub edges with soft butter. Double each and lay one inch apart on flat greased pans. Brush with milk and bake in hot oven for 20 minutes.

Vanilla Snow Balls. Mix one tablespoonful of cornstarch with one cupful of sugar, then add two beaten eggs and two cupfuls of scalded cream; cook over hot water for one-half hour, stirring constantly; then allow to cool, add two tablespoonfuls of vanilla extract and one quart of whipped cream. Freeze and when very firm put into individual round molds and allow to ripen. Turn out on paper dollies and decorate.

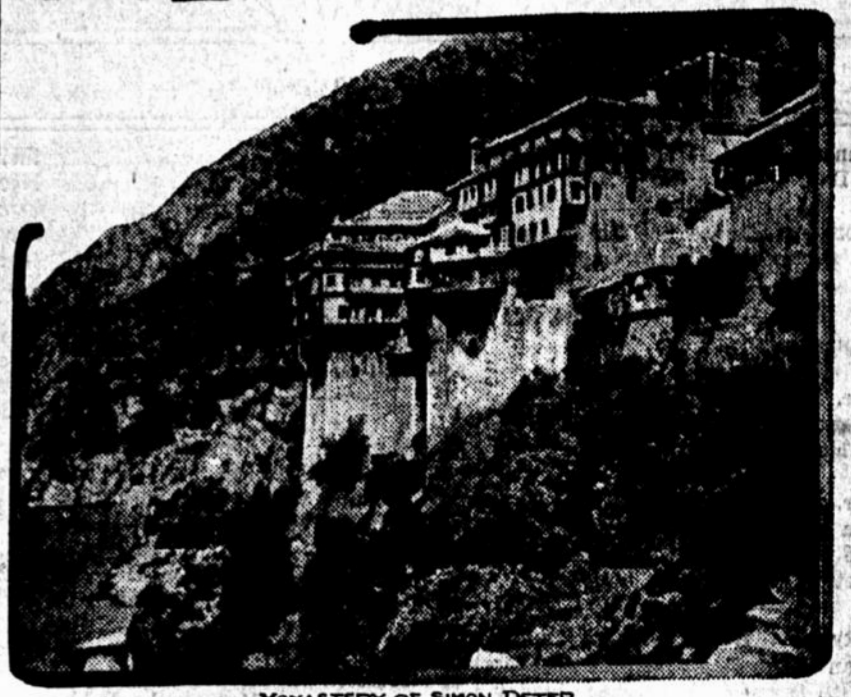
When Cooking Fresh Eggs. In cooking a perfectly fresh egg it should be allowed to boil at least half a minute longer than one which is several days old.

Dangerous Proficiency. "What is the matter with your last cook?" "She was too good." "Too good?" "Yes. During the month she was with us my wife gained twenty pounds." "Gracious! What did you do with her?" "No wife?" "No, the cook." "My wife very cordially recommended her to a very good cook."

Optimistic Thought. It dawns not the sooner for all one's early plans.

Yes, Why? Why is it that the last words of the great are so much wiser than any they uttered while in good health?—Exchange.

WHERE ADAM LIVES, but EVE is EXCLUDED



MONASTERY OF SIMON PETER

WHERE the white cowed peak of Mount Athos rises into the serene turquoise sky and looks down its slopes, solemnly verdured by dark forests and gardened by olive, myrtle and rose, is the most remarkable republic in all the world, into whose arcaid confines came again the call of war—the world's greatest of wars.

This dominion, at all times on a military footing to repel its one great, human enemy, has passed through many wars with pirate invaders, not to mention the invasion of curiosity of the Byzantine empress, who insisted upon visiting the place to the mortification and scandal of the good men—so there is small wonder that Father Bulatovitch, once a grim soldier, volunteered to go forth and fight for the czar.

Mount Athos is on the peninsula of Saloniki, which territory Greece wrested from the Turks in the last war, says the Louisville Courier-Journal. There are twenty monasteries in the republic, eleven villages and 250 hermitages. The population is composed of more than three thousand monks and as many lay brothers, who are classed as "wordlings." There is an army of fifty Albanian guards stationed at the capital, Karyas, to see that no woman enters. And so rigid is the bar against the weaker sex that not even the female of any animal may be admitted.

It is a Romantic Garden Spot. Think of this garden spot, where, despite the iron impress of celibacy, there are romance and poetry in the very air! There is mystery, too, for, looking from the sea, the cloak of the dense forest that lies over the titanic shoulders of the holy mount is full of blue and black shadow and silence; then, grimly medieval, clinging to the side of the elevation, even in the bright sunlight losing none of its impressive character, is the "mysterious monastery" of Simon Peter.

Mount Athos might have still drownded in the serenity of its recent dream picture days had not Father Bulatovitch, who at one time held a commission in the army of the great white czar, been stirred by the martial spirit and declared his willingness to go to war. He had been an officer of the guards and as abbot of a monastery brought something of the military discipline there.

He made it clear he did not intend giving up his religious orders, but, in imitation of the crusading monks at the time of the Tartar invasion in the thirteenth and fourteenth centuries, would head his troops with his uniform covered by his priestly vestments. He may be fighting now, or he may have been mustered in at last for the long twilight march.

But even the monks who have been trained in the paths of peace are not unfamiliar with war. They have it as an inspiring tradition, for all of these monasteries in the beginning were armed forts to repel the invasion of pirates. The Russian monastery, four hours by muleback from the capital, is the best example of this defensive style.

Mount Athos a Place of Thrills. "As you approach," tells a recent visitor, "you are impressed and bewildered by that strange fortress sanctuary, with its bristling array of bastions, towers, turrets, redans and parapets, all stained, riddled and crenellated by the action of time and tempest. As far as the eye can see there is no opening anywhere along the whole expanse of walls. Wooden galleries project beneath the roof, but they are of comparatively recent construction, having been added since the pirates ceased to harry the holy mountain. They are painted a defiant blood red. The whole mass of masonry

Even for those that are predestined to intellectual work manual training will be of immeasurable moral benefit. It satisfies the natural impulse, congenial or innate in man, to create and to do. Activity and creation evoke gratification and the consciousness of self-dependence. Creative processes illustrate inflexibly the law of righteousness. As the worker plans, so will be the outcome.—Exchange.

Best Hour for Reconciliation. A police justice in speaking before the Woman Taxpayers' league of Michigan said: "For some reason I find it easier to reconcile a man and his wife between the hours of eight and nine in the evening, rather than the same hours in the morning. Just why I do not know—perhaps there is a mellowing influence at that time—but it's a fact."

Why is it that the last words of the great are so much wiser than any they uttered while in good health?—Exchange.

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Laura Jean Libbey's Talks on Heart Topics

DO ALL WEDDED COUPLES QUARREL?

As through the land at eve we went And plucked the ripened ears...

It is often a trying situation to be the recipient of the confidence of one whom I have never met...

My best friend married a girl in whom he reposed the utmost confidence. Quite as soon as they returned from their two weeks' honeymoon...

My family physician, who was a bachelor like myself, braved fate and took unto himself a wife...

The young policeman who wedded recently has a hard time keeping out of jail, which place his bride declared she will land him the next time they engage in either fist or tongue battle...

All these examples make a timid, unmarried man quite fearful of the pitfalls in the path of matrimony...

I make haste to answer this query, assuring this bachelor that quarrels among married folk, by all that I can see or hear or can ever learn by tale or history...

Where a man or woman has entered into wedlock because the one or the other had wealth such couples vent their disappointment in upbraidings, sarcasms, unkind words or deeds...

The old uncle, who by frugality has laid by his fortune, is the first to realize the state of affairs. Good feeling can change when a man sees that others are counting the time until they can step into his shoes...

I do not believe (as far as I can discover) that there is a married couple who do not have differences of opinion on many subjects now and then...

The argument becomes a bitter fusillade of angry retorts, the wise husband or wife resorts to silence or leaves the room, quietly avoiding the quarrel...

When the matter is settled, the couple will be as devoted to each other as a blow directed at one heart cruelly wounds both. Where real affection between a married couple exists quarreling is unknown...

WHEN SWEETHEART SHOULD MAKE ALLOWANCE FOR HER SUITOR.

If I could have my dearest wish fulfilled And take my choice of all earth's treasures...

The young man whom a firm chooses to send out on the road as its traveling representative must needs have a pleasing personality, be agreeable, showing an interest in people he meets...

Those he meets today he forgets tomorrow. He's intent upon passing away the time pleasantly. His intentions go no further. This belief wrongs many an earnest young man who must answer the call of earning a livelihood...

Avoid Controversy. Controversy never convinced any man; men can be influenced by making them think for themselves...

Why are you for the allies? A friend asked a solemn-looking individual who looked as if there had been much suffering in his life...

"No." "Is it that you fear Germany's desire to expand, to absorb foreign lands? Is it that you dislike the German character?"

"Well, why are you for the allies?" "Because," said the other with a pensive air, "I once ate some sauer kraut."

Rich soil, moisture, warmth, and sunshine are the key notes to success with the calla. It can—yes—must be made to bloom in winter without much sunshine if the other essentials are supplied.

When you put a layer of manure well rotted, and finish with a rich compost. Water sparingly until growth commences, and then the water can hardly be supplied too freely.

Always use warm water. The roots will enjoy it quite hot, but this is death to the stem. Some place a ring of tin around the base of the stem, pressing it down an inch into the soil...

ately in love. His sorrow arises from the fact that he is not believed often when he is telling the truth that he loves her and her only.

For the first time in his life he envies the young men who have the great privilege of staying in one town, those who are on the ground to influence a girl by being brought in constant contact with her...

He knows the average girl could not understand his explanation that he has tossed and tumbled in a sleeping car all night, getting into a new town in the early dawn...

The day passes before he is aware He cannot afford to miss even one merchant. His evenings are taken up, if they are gracious enough to look at his samples...

He begins by calling her "Miss Jones," the girl he had to take to the theater; ends by naming her "Miss Smith," the name of a spinster to whom he has promised to take a message at his next stop...

WAITING FOR UNCLE'S WEALTH. But could youth last and love still breed, Had joys no date and age no need...

The young man who is brought up on the food of great expectations is living on a very unhealthy diet. He is born with a golden spoon dangling before his mouth...

The heir-to-be is petted and courted, made to believe that he is just a trifle better than other young fellows. He can choose his boon companions, those whom he will among the young men...

When a man or woman has entered into wedlock because the one or the other had wealth such couples vent their disappointment in upbraidings, sarcasms, unkind words or deeds...

KEEPING UP THE LAWN. Kill weeds on the lawn by either pulling or cutting the plant below the crown.

Don't mow the lawn too closely during the heated term; but do not allow weeds to go to seed.

Deep working, thorough pulverization, effective fertilization and a thorough raking and rolling down to a smooth level are all necessary to a smooth, level lawn.

Get your lawn seeds of a reliable seedsmen, and ask for the best and the freshest. Don't use old seed left over from last year, but insist on having it fresh, and of a good mixture.

The best time to seed a lawn is during the latter part of August or the early part of September. At that season, the heat is over and showers are almost sure to come, and the young grass will have several months of cool, moist weather in which to grow before winter.

THE PERENNIAL FLOWER BED. By JULIE ADAMS POWELL. Last month we talked about the hardy bulbs. This month we are going to make a flower border of perennial plants...

Suppose we have a border from twenty to forty feet in length and from six to fifteen feet in depth. Or to fit our "estates," our border can be made much larger or very much smaller.

ORNAMENTAL GRASSES. When planning flower beds and borders, do not overlook the claims to beauty of the ornamental grasses. They are easy to grow, beautiful and graceful during the summer...

Education that does not fit a man or woman for the practical work of life is worse than no education and a half-baked education is a curse.

Chocolate Fudge. One cupful brown sugar, one cupful white sugar, one-half cupful milk, two squares of chocolate, boil five minutes, not too hard, but keep boiling all over.

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The HOME BEAUTIFUL Flowers and Shrubbages Their Care and Cultivation



Asparagus Sprengeri is Easily Grown and Makes a Most Graceful Basket Plant for Veranda Decoration. Get the Hanging Baskets Ready.

THE CALLA AND ITS CULTURE

By BESSIE L. PUTNAM. Rich soil, moisture, warmth, and sunshine are the key notes to success with the calla. It can—yes—must be made to bloom in winter without much sunshine if the other essentials are supplied.

If wanted for winter blooming it is best to let it rest in summer, turning the pot on its side, in some out of the way corner. Replot in September, filling in a layer of charcoal for drainage and food.

Over this put a layer of manure well rotted, and finish with a rich compost. Water sparingly until growth commences, and then the water can hardly be supplied too freely.

Always use warm water. The roots will enjoy it quite hot, but this is death to the stem. Some place a ring of tin around the base of the stem, pressing it down an inch into the soil...

Bottom heat may also be supplied by placing the pot on a hot brick. By keeping a pair of bricks for this purpose and alternating every 12 hours the buds can be forced more freely.

Give liquid manure once or twice a week, gradually increasing the dose as the plant seems to thrive.

ROUT the red spider by spraying with cold water, and the scale with soap-suds.

When two leaves appear successively from the same stalk, watch for a bud next. Others will succeed it through the winter if the treatment outlined is adhered to.

KEEPING UP THE LAWN. Kill weeds on the lawn by either pulling or cutting the plant below the crown.

Don't mow the lawn too closely during the heated term; but do not allow weeds to go to seed.

Deep working, thorough pulverization, effective fertilization and a thorough raking and rolling down to a smooth level are all necessary to a smooth, level lawn.

Get your lawn seeds of a reliable seedsmen, and ask for the best and the freshest. Don't use old seed left over from last year, but insist on having it fresh, and of a good mixture.

The best time to seed a lawn is during the latter part of August or the early part of September. At that season, the heat is over and showers are almost sure to come, and the young grass will have several months of cool, moist weather in which to grow before winter.

THE PERENNIAL FLOWER BED. By JULIE ADAMS POWELL. Last month we talked about the hardy bulbs. This month we are going to make a flower border of perennial plants...

Suppose we have a border from twenty to forty feet in length and from six to fifteen feet in depth. Or to fit our "estates," our border can be made much larger or very much smaller.

ORNAMENTAL GRASSES. When planning flower beds and borders, do not overlook the claims to beauty of the ornamental grasses. They are easy to grow, beautiful and graceful during the summer...

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RELISHES FOR SPRING

TEMPERING MENU NEEDED AT THIS SEASON. Condiments Liked in the Winter Have Lost Their Savor and Others Must Be Provided to Take Their Places.

Springtime appetites should be as fresh and unspiced as is the spring itself. But too often the spring appetite is dulled and it is only by dint of constant care the housekeeper or cook is able to provide a tempting diet on the spring table.

Winter fare falls at this season. And the usual winter condiments and appetizers fall to work successfully. Mustard pickles, chowchow, cole slaw, olives—all have lost their winter trick of whetting the appetite.

Cucumbers are one reliable spring relish. There is, of course, much objection to cucumbers on the ground of indigestibility. They are usually indigestible—that nobody can deny.

Tomatoes, too, can be made to serve admirably the purpose of whetting the appetite. A very good appetizer with which to begin dinner is a round of firm tomato, half an inch thick, on which is placed pepper, celery or cucumber, mixed with mayonnaise dressing.

Radishes should always be served very cold. Clean them and chill them thoroughly in iced water and then cut in attractive shapes. Make roses, sometimes, by cutting back the red skin in points. Again, slash the radishes from the pointed end down three or four times. Slice radishes and serve with other vegetables on lettuce leaves for salad.

Sweet green peppers are as useful in warm weather as in cold. Chop them and mix with an equal amount of celery, chopped fine, and moisten with mayonnaise. Serve a spoonful on a lettuce leaf for salad, or serve a spoonful on a slice of thin, crisp toast in the form of a canapé for an appetizing beginning to dinner.

ASHES DISCOURAGE BUGS. Especially among asters I find great value in ashes, containing as they do phosphates which tend toward sweetening the soil. No parasite will contentedly find courage to live in or enter such an unpleasant soil home.

PHLOX FOR THE GREENHOUSE. Perennial phlox makes splendid pot plants for the greenhouse when treated after the manner of chrysanthemums. Make cuttings as soon as the shoots are about two inches long.

When planning flower beds and borders, do not overlook the claims to beauty of the ornamental grasses. They are easy to grow, beautiful and graceful during the summer, and they can be cut when in "bloom" for decorating the house in the winter time.

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The KITCHEN CABINET

There are great changes in the world, great changes, and we can't do better than prepare ourselves to be surprised at hardly anything.

A FEW COMMON DISHES. Put a tablespoonful of butter in a saucepan, add the same quantity flour, and when smooth add a half cupful of thin cream.

Cheese Potatoes.—Put into a buttered baking dish, alternate layers of cold, cooked potatoes and grated cheese, season well with salt and dashes of paprika and pour over a rich white sauce made of butter and flour, each two tablespoonfuls and a cup of thin cream.

Lemon Catches.—Mix a tablespoonful of grated horseradish with grated rind of four lemons, add three teaspoonfuls of salt, the juice of the lemons and two tablespoonfuls each of mustard and celery seed, four cloves and a dash of red pepper.

Prune Pudding.—Put two cupfuls of dry prunes in cold water to soak overnight. Mix with one-half cupful of chopped suet. Flavor with cinnamon, add salt. Whip two eggs and add a cupful of milk and a cupful of soaked bread crumbs, mix all together and bake in a slow oven.

Scrambled Eggs.—Scrambled eggs served with a half cupful of grated cheese which is just allowed to melt is a most appetizing supper or luncheon dish.

SOME GOOD THINGS TO EAT. For a salad on Sunday night try this. Cook salt herring in boiling water to cover, 15 minutes.

It is an old custom among some foreigners to eat herring the night before Thanksgiving or New Year's, or any holiday when a large feast is to be served, as they say it gets the system in tone to stand a heavy meal.

Cherry Gelatin.—Soak a tablespoonful of gelatin in three tablespoonfuls of cold water until softened. Add a fourth of a cupful of boiling water and as soon as the gelatin is dissolved add one and a half cupfuls of dark canned cherries and one-half cupful of the juice.

Pressed Beans and Sausage. Let one pint pea beans soak overnight, wash, drain and cook until very tender, but not broken, in boiling water. Put the beans in baking dish with sausage here and there, using about one-half pound sausage.

Orris Root for Laundering. When washing handkerchiefs, break up a quarter of an ounce of orris root and tie it in a piece of muslin, boiling it in with the handkerchiefs for a quarter of an hour.

When dry, iron them carefully, and they retain a delicate violet odor that is very refreshing.

Use about three pints of water for this quantity of orris root.

Chocolate Fudge. One cupful brown sugar, one cupful white sugar, one-half cupful milk, two squares of chocolate, boil five minutes, not too hard, but keep boiling all over.

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Don't grumble, don't bluster, don't dream, don't shrink. Don't think of your worries, but think of your work.

DAINTY TABLE TRIFLES. Crullers are great favorites of the older generation and when well made are most dainty cakes to serve with tea.

French Crullers.—Put a cupful of boiling water, two tablespoonfuls of sugar, a grating of orange rind and a fourth of a cupful of butter over the fire; when boiling sift in one cupful of pastry flour and stir and flour cooked together.

Onion Cookies.—Beat an egg until light, add a fourth of a cupful each of sugar, thin cream and milk; add a cupful of fine oatmeal which has been put through the meat grinder, two cupfuls of flour, two teaspoonfuls of baking powder, one teaspoonful of salt and a few chopped nuts and raisins. Cut in shapes and bake in a moderate oven.

Date and Apple Salad.—Pour boiling water over a pound of dates; separate the dates and place on a plate to dry. When cold, cut each in quarters, removing the stones. Pare and quarter apples, cut in match-like strips and squeeze over them a little lemon juice. Mix an equal amount of apple with the dates, sprinkle with salt, a dash of paprika and ginger. Serve with French dressing, using four tablespoonfuls of oil and one of vinegar. Serve on lettuce leaves.

Scalloped Cheese.—Cut six slices of bread into cubes after the slices are buttered. Cover the bottom of a buttered baking dish with the cubes, laid buttered side down. Sprinkle with cheese, using a fourth of a pound of cheese cut in bits. Cover with more bread, buttered side up. Mix salt, pepper, a half teaspoonful of mustard with two eggs beaten well and two cupfuls of milk. Pour this mixture over the bread and cheese and let the whole stand fifteen minutes. Bake in a moderate oven for fifteen minutes or until the crumbs are brown. The cheese will be tough and stringy if overcooked.

APPETIZING APPLE DISHES. The apple has figured in history and mythology as a fruit worthy of a high place and was one of the first fruits to be raised by the Romans.

Apple Salad.—There is no simple salad which is more generally liked than the Waldorf. Prepare by mixing two cupfuls of good flavored apples, finely cut, with a cupful of celery and a few nuts. This salad may be improved by adding a handful of raisins or a few dates fine cut. Serve with a well mixed French dressing, or a boiled dressing may be used if so desired.

Another combination of apple, green pepper, celery and dressing is a great favorite.

Benares Salad.—Apple is the foundation for this salad, adding a cupful of fresh grated cocoanut, a little chopped red pepper and a bit of green for color, a tablespoonful of onion juice and a pint of finely cut apple. Serve with French dressing.

Apple Cake.—When making coffee cake a most tasty German dish called Apfelkuchen is the following: Cut apples in eighths and arrange them in rows on the top of the cake, just before it goes into the oven.

Stuffed Apples.—Core a half dozen good flavored apples, peel and stuff the cavities with sugar, raisins, bits of butter and crumbs. Put into the oven, basting with sugar and water during the baking.

Apple Fritters.—Mix and sift one and a third cupfuls of pastry flour, two teaspoonfuls of baking powder and a fourth of a teaspoonful of salt. Add two-thirds of a cupful of milk and one egg, well-beaten. Wipe, pare and core in eighths two medium-sized apples. Stir apples into the batter and drop by spoonfuls in the hot fat.

Pennington avenue. Her jawbone was broken and two attempts to set the break failed. Then Dr. Harold L. Dolinger had an inspiration. Standing near Miss Tucker's bed, he told a funny story. Miss Tucker joined in the laughter and the broken bone snapped into place. It was made secure by bandages and Miss Tucker will be able to leave the hospital in a short time.

The doctor didn't repeat the story to reporters, but gave assurances that it was funny.

Leaves as Fertilizer. Thousands of bushels of first-class fertilizer are wasted every fall when the burning of the leaves begins. These same leaves spread over the gardens and spaded under in the spring would prove of great good, but the smoke given off in burning them produces nothing but choking coughs.

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Official paper of the M. W. U. Grand Lodge of Iowa, A. F. & A. M., and International Grand Congress of Herodians of Jericho of America, and Western Baptist Association. Entered at the postoffice as second class matter.

Advertising rates for display ads, 25 cents per inch, for each insertion. Three to six months' contract, 15 cents per inch. Local advertising, 10 cents per line for each insertion. For counting seven words to a line. For churches and secret societies, where admission is charged, one-half of the above-mentioned rates. For professional, legal and announcement cards, year contracts, etc., terms are given on application. All advertising is to be paid in advance.

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Six months75
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Send money by postoffice order, money order, express or draft, to the Iowa State Bystander Company. We are prepared to do first-class job work at reasonable prices. All of our work is guaranteed. Communications must be written on one side of the paper only and be of interest to the public. "Brevity is the soul of wit," remember. We will not return rejected manuscripts, unless accompanied by postage stamps.

NOTICE TO CORRESPONDENTS.
N. B.—Correspondents: Please mail your letters that contain news for publication not later than Wednesday to insure publication for the current week; and sign your name, not for publication, but that we may know who writes the news.

This notice applies to all writers, contributors, agents and correspondents. Sign all articles, write only upon one side of paper, write a plain hand and spell accurately. Do not send in names of persons at parties or receptions nor send in programs to be published before or after the event. Do not give an address, or write your personal comment upon the event. Simply tell the news or event in a brief, simple manner and let the readers of The Bystander comment.

Write the news of all classes, all societies, all religious denominations, irrespective of your personal whims or ideas.

The Iowa State Bystander is the oldest Afro-American journal published in Iowa. It was established in 1894, and is read by nearly all the colored people of Iowa. We have correspondents in the following towns:

- Albia.....Miss May Davis
- Okaloosa.....Lucile B. Franklin
- Washington.....N. L. Black
- Burlington.....Mrs. L. M. Ables
- Mt. Pleasant.....Mrs. M. Burnham
- Norwood.....George Norwood
- Colfax.....Miss Stella Pierson
- Minnesota.....Mrs. R. L. Buttner
- Cedar Rapids, Iowa.....Mrs. May D. Moline
- Moline, Ill.....Miss Mamie Ritchie
- Buxton.....Richard Stewart
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- Clinton.....A. A. Bush
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- Certerville.....Mrs. C. Reed
- Macon, Mo.....Lucy Harrison
- Mason City.....Mrs. Maud Brewster
- Quincy, Ill.....Mrs. Matthe Lillye
- Clarinda.....Mrs. J. R. Lane
- Keokuk.....Mrs. Jennie Freeman
- Ottumwa.....Mrs. H. Owens
- Galesburg, Ill.....Wayne Richardson
- St. Paul, Minn.....Mrs. Mattie Hicks

ORIGINAL NOTICE

In the district court of the state of Iowa, in and for Polk county, May term, A. D. 1915.

Ivy Wilder, plaintiff,
vs:
John G. Wilder, defendant.

To said defendant:
You are hereby notified that on or before the 25th day of March, A. D. 1915, the petition of the plaintiff in the above entitled cause will be filed in the office of the clerk of the district court of the state of Iowa, in and for Polk county, Iowa, claiming of you a divorce on the grounds of desertion. For particulars see petition now on file.

And unless you appear thereto and defend before noon of the second day of the next term, being the May term of said court, which will commence at Des Moines on the 3rd day of May, 1915, default will be entered against you and judgment and decree rendered thereon.

Dated this 25th day of March, 1915.
Sullivan & Sullivan,
Attorneys for Plaintiff.

Published in the Iowa State Bystander March 26, April 2, 9, and 16, 1915.

ORIGINAL NOTICE

In the district court of the state of Iowa, in and for Polk county, May term, A. D. 1915.

Charles A. Davis, defendant,
vs:
Lucy Davis, plaintiff.

To said defendant:
You are hereby notified that on or before the 25th day of March, A. D. 1915, the petition of the plaintiff in the above entitled cause will be filed in the office of the clerk of the district court of the state of Iowa, in and for Polk county, Iowa, claiming of you a divorce on the grounds of cruel and inhuman treatment. For particulars see petition now on file.

And unless you appear thereto and defend before noon of the second day of the next term, being the May term of said court, which will commence at Des Moines on the 3rd day of May, 1915, default will be entered against you and judgment and decree rendered thereon.

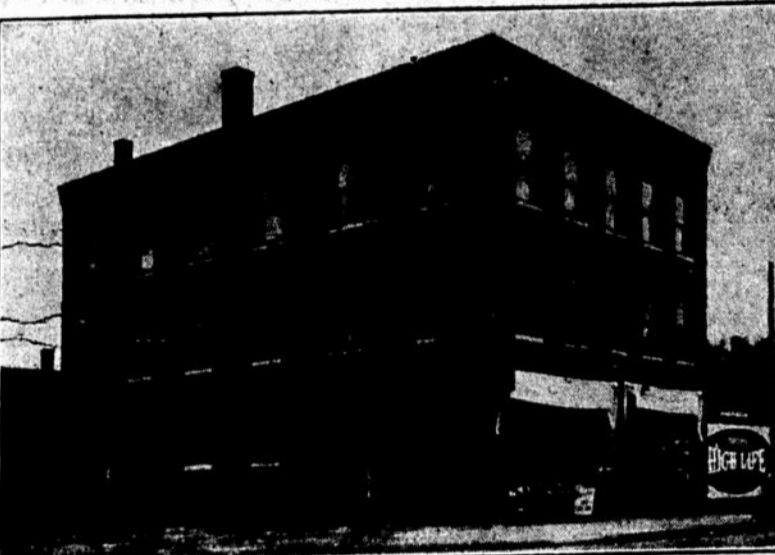
Dated this 25th day of March, 1915.
Sullivan & Sullivan,
Attorneys for Plaintiff.

Published in the Iowa State Bystander March 26, April 2, 9, and 16, 1915.

NOW! Have Your Home Wired for Electricity—On our Easy-to-Pay Plan—Terms as Low as \$2 Down and \$2 a Month for 5 Months

Old or new houses wired—it makes no difference. Under this very liberal plan, every home owner whose house is located on the lines of this company, should now provide for electricity in the home. Don't wait another day. Do it now! Go to the phone and call Walnut 5300—ask for the Commercial Department—or if a phone isn't handy, drop us a postal card and we will send a man to see you, and quote you the price for the complete job and terms of payment.

Des Moines Electric Co. 8th and Locust St



The New Thompson Hotel

A First-Class Modern Hotel European Plan
Rates Reasonable The Public is Invited.
10 Blocks from Union Depot
Corner of 9th and Park Sts.

HAVE YOU BEAUTIFUL HAIR?

WE are the only Importers and Manufacturers of Real Colored People's Hair. Also Wavy Hair.

We absolutely guarantee our hair to stand combing and washing and to retain its color and crimp.

Wigs, Plats, Braids, Transformations and Puffs in stock or to order, all shades, none too difficult.

• Straightening Combs and Toilet Articles.

Send two-cent Stamp for Price List. Mail Orders receive prompt attention.

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THE MOST WONDERFUL HAIR PREPARATION ON THE MARKET. When we say Magic we do not exaggerate, as you can see great results in the first few treatments. We guarantee Magic Hair Grower to stop the hair at once from falling out and breaking off; making harsh, stubborn hair soft and silky. Magic Hair Grower grows hair on bald places of the head. If you use these preparations once you will never be without them. Magic Hair Grower and Straightening Oil are manufactured by Messrs. Johnson and South. We also do scalp treating.

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All orders promptly filled; send 10c for postage. Money must accompany all orders.

Agents wanted—Write for particulars. We carry everything in the latest fashionable hair goods at the lowest prices. We make switches, puffs, transformations, curls, coronet braids, and combings made to order, matching all shades a specialty. Send samples of hair with all orders.

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full of life and action, filled with the fire of fine inspiration and followed by 250 short stories of adventure, will make

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Subscription received at this office.

ONION SETS

Are very inexpensive and by planting them you can have fresh onions ready for the table in a few weeks. They are the most valuable of all vegetables, as they help keep the system in good order and ward off disease. Almost everybody likes them, either cooked or in their natural state, and young onion sprouts fresh from the garden are decidedly appetizing. If you want large onions for winter use, sow our new crop, American grown onion seed. It is the best sold and you can raise ten bushels from an ounce of seed, costing only a few cents. Catalog free.

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EAST DES MOINES BRANCH, 416 East Locust Street

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Nothing is Better than Dr. Miles' Anti-Pain Pills They Give Relief Without Bad After-Effects.

"I can say that Dr. Miles' Remedies have been a godsend to me such terrible headaches I would almost be wild for days at a time. I began using Dr. Miles' Anti-Pain Pills and never have those headaches any more. I can speak highly of Dr. Miles' Nerve also for it cured one of my children of a terrible nervous disorder. I can always speak a good word for your Remedies and have recommended them to a good many of my friends who have been well pleased with them."

MRS. GEO. L. BRYAN, Janesville, Iowa.

For Sale by All Druggists.
25 Cents, 50 Cents, 1 Dollar.
MILES MEDICAL CO., Elkhart, Ind.

DAVENPORT NOTES.

The Easter exercises at the Third Baptist church were excellent. The church was beautifully decorated. The children held their exercises in the afternoon and the adults in the evening. The choir rendered some excellent numbers.

The Easter exercises at Bethel A. M. E. church were fine indeed. Rev. Sims preached an excellent sermon on the resurrection of Christ in the morning and in the evening the Sunday school rendered an excellent program. The church was beautifully decorated with palms and ferns and lilies.

Harriet Sill Roberts died April 1st and her funeral was held from St. Anthony's church Sunday afternoon at 2:30 o'clock. The pall bearers were her relatives. She was buried in St. Margaret's cemetery. She had made her home with her brother, Alec Roberts, of 920 Harrison street.

Mrs. Emma Shepard's daughter, Irene, who has been sick for three months, was taken to Mercy hospital Monday for treatment.

Alec Richardson of Christy street is seriously ill with Bright's disease and is no better at this writing.

Mrs. Emma Cain was thrown from the street car and seriously hurt. She resides at 617 Harrison street.

Rooming House at 3rd St.

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Green's Cafe

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PLEA FOR SELF-RELIANCE

Charles G. Dawes' Good Advice to Young Men in Business.

This is a hard world in business. It always has been and always will be. There are many good and generous men in it. There are many who will lend a helping hand to you in your adversity, but in the time of need you will not find them among the men who tried to get you to embark in speculation with your little surplus, and to sell you something which would help you to "easy money." Be self-reliant. Make your own investigation into investments. When you cannot put your money in a good savings bank. Distrust the financial demagogues as you distrust the political demagogue. Keep your hand on your pocketbook as you travel life—first, to give always in proportion as your means to those who are poorer; second, to hold from those who would take through force or fraud what you need for yourself and yours. You will then, writes Mr. Dawes in the Saturday Evening Post, have your hand where most of the other fellows have only their eyes. In this alone you will have the advantage of them.

Woman's Crowning Glory is Her Hair

Why not grow your hair by using MME. M. BEARD Hair Grower? It removes dandruff, stops itching of the scalp and makes it grow long, soft and beautiful. Price 50c a box. Send Stamp for pamphlet.

MME. M. BEARD
AGENTS WANTED
519 So. 16th St. St. Joseph, Mo.

after the usual business was transacted, light refreshments were served. Each left expressing the hostess a charming entertainer.

Owing to the fact that this being Health week to be lectured on in the churches throughout the district, the members and friends of the A. M. E. church listened to a fine lecture given by Dr. Birmingham. Subject, "How To Preserve Health," which was very interesting.

Mr. Reuben Holt is improving slowly.

The Autumn Leaf club will meet with Mrs. E. J. McGruder on North Clark street Thursday afternoon at the usual hour.

Mrs. Henry Wilder is improving at this writing.

Mrs. Alice Murphy of Monmouth is in the city visiting at the home of her son, Mr. Joseph Henderson.

Mrs. Edie Skinner is able to be on our streets, slowly recovering from a very severe case of blood poison.

Miss Illa Allen, Sunday school district superintendent over the Keokuk district, made her annual visit to Kewanee, Ill., Sunday, March 28.

Presiding Elder S. B. Moore is in the city for a few days with his family, after just finishing up the work of his second quarter over the Des Moines district.

Mrs. G. W. Kidd is confined to her bed at her home on East South street.

The A. M. E. Sunday school will render their Easter program Sunday evening at the church at 8 p. m.

Presiding Elder S. B. Moore expects to leave for Cedar Rapids, Iowa, Friday evening to hold his first quarterly meeting for the third quarter Sunday, April 4th.

Rev. S. L. Birt, pastor, and Mrs. Edd Barber, who was elected as delegate for Allen's Chapel, left March 30th en route for Aurora, Ill., to be present at the district conference.

Should Not Feel Discouraged.

So many people troubled with indigestion and constipation have been benefited by taking Chamberlain's Tablets that no one should feel discouraged who has not given them a trial. They contain no poison or other digestive ferments, but strengthen the stomach and enable it to perform its functions naturally. Obtainable everywhere.

ALBIA NEWS.

Mrs. Wm. Bennings and Bowman are still on sick list.

Mr. John Lewis was a Des Moines visitor over Sunday.

Mr. Rhodes of Buxton was visiting in Albia this week.

Mrs. Chas. Carthon of Hiteman was in Albia Wednesday and Sunday.

Mr. White and Miss Nettie Gaines of Buxton was in Albia Saturday.

The A. M. E. Sunday School held their Easter program at the A. M. E. church Sunday evening April 4th. The program rendered by the scholars of the combined towns of Albia and Hocking was of the best in music and singing. Mrs. Nellie Estes the superintendent of the school and her teachers and choir deserves much credit for their work.

Mrs. Nellie Estes returned home from a visit in Des Moines with her mother, Mrs. Jeffers on Saturday.

Mr. Johnson of Hiddle spent Sunday in Albia with his family.

CLARINDA, IOWA.

Mr. Fred Irving of Creston, Iowa, visited last friend over Sunday.

The Easter exercises were rendered excellent at the A. M. E. church Sabbath day. The church was visited by Rev. W. R. Morgan, formerly pastor. Rev. D. W. Brown is preparing to move and repair the church.

A surprise was given on Mr. and Mrs. Geo. Johnson last week. About twenty-eight of the people of the town went in and spent an enjoyable evening. Music was rendered by

Mr. Joel Ansell and Miss Estella Wright spent Sunday last in Moberly.

Little Clara Bell spent Sunday in Macon.

Revival meetings closed Friday night, at which Rev. A. V. Cooper of Centerville, Iowa, was conducting the services.

Rev. B. P. E. Gales preached an excellent sermon Sunday morning.

Sunday was a beautiful day and Easter was enjoyed by all. Many out of town guests were present. A program was rendered by the Sunday school.

The death of Mother Gooding occurred Monday evening at the home of her son, Monroe Gooding.

Mr. William Craig was the guest of Miss Carrie Pettis on Sunday.

Mrs. Sallie Well and niece, Miss Mabel Turner, of Higbee spent Easter in our city, the guests of Mrs. J. Jackson.

Miss Lucille Evans is on the sick list.

An excellent program was rendered Sunday by the students of Western college.

Miss Ida D. Garnett, the amiable daughter of Dr. J. H. Garnett, spent Easter vacation with her parents.

Miss Carrie Turpin spent Sunday in our city.

Lorine and Cassie Shannon spent Sunday in our city.

Several Macon knights attended the Easter ball in Moberly on Monday night.

Mrs. Ida L. Garnett spent a few days on business in Hannibal, Mo.

The death of Mrs. G. Rutherford occurred at her home Wednesday evening. Funeral services were conducted at the Vine and Broadway church by Rev. B. P. E. Gales.

Mrs. Corinne Rays remains very ill at this writing.

Mrs. Ida L. Garnett entertained the freshman class Friday evening. The young people enjoyed themselves exceedingly.

Rev. Am. L. Bird spent a few days out of the city on business.

Mrs. Rachel Kimbrough remains the same.

Miss Cleo Harris was the guest of Mrs. A. C. Crews on Sunday last.

Mrs. Essie Reynolds spent a few hours in our city on business.

We are glad to see Mrs. G. T. Crews out again, after a slight spell of sickness.

While visiting in our city see Mrs. Crews's rooming house.

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Ridgeway, Iowa 624
Geo. F. Jones
612 South Court Ave. 175 1/2 N. 1st St.

ST. PAUL BUDGETARIAN.

Sunday was observed at all churches with appropriate exercises and special music. At St. James A. M. E. church at the morning services the choir, under the direction of Mrs. Addie Minor, sang Hallelujah Chorus from the Messiah. In the evening they rendered cantata, entitled "Resurrection Day." At the Pilgrim Baptist church special music was rendered under the direction of Mrs. Hattie Hall. All the churches had large attendance all day.

The Knights Templar had their annual sermon delivered Sunday evening at St. James A. M. E. church, Rev. H. P. Jones officiating.

Meadames Birdie High and Mamie Crews are confined to their respective homes with severe cases of tonsillitis.

Mrs. Stephen Harris and daughter, Grace, are visiting the former's sister, Mrs. Mamie Burns, in Chicago.

The King's Daughters club was entertained Monday afternoon by Mrs. Bettie Jones, 483 Charles street.

Mrs. Mattie E. Hicks read a paper on "The Origin of the Negro," which was discussed by the members. After refreshments the hostess served dainty refreshments. The club adjourned to meet the first Monday in May.

The H. Y. W. K. club broke the record Tuesday evening when they served a turkey supper at the residence of Mrs. Katie Crawford. A large crowd was present and a neat meal was realized.

Mrs. B. Fields of Des Moines spent a few days last week as a guest of Mrs. S. Hatcher in the Union block.

The funeral of Miss M. Smith, who passed away Saturday, was held Monday afternoon from Memorial Baptist church.

Mrs. Nora Covington of Central avenue was hostess for the Self Culture club Wednesday afternoon.

Mrs. Mary Billups while running to catch a car last week fell and hurt herself to the extent that she was taken to the hospital and later removed to her home, where she is recovering.

There are about twenty-eight of our people confined in the city and county hospital, who would be very glad to have any and all of us to call and see them.

Mrs. Mary E. Brown is confined to her home with a severe case of lumbago.

St. James A. M. E. choir received and accepted an invitation to sing at the Plymouth Congregational church on the eve of the 15th inst., at which time they will celebrate their homecoming.

MACON, MO., NEWS.

Macon is enjoying beautiful weather nowadays.

Miss Blanch Brooks spent Easter with her parents.

Mr. Ray Davis of Shelbina was the guest of Miss Blanch Brook.

The students of Western college celebrated College day Thursday, March 5. An enjoyable time was spent during the day. Many orations were delivered during the day by the orators of the junior and senior classes. At night a reception was given in honor of the president, members of the faculty and students. The assembly room was beautifully decorated in variety of colors. The students departed at a very late hour, all enjoying themselves to the highest.

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