

EDITOR'S OBSERVATIONS.

By John L. Thompson.

Clarinda is one of the beautiful towns in the southwestern part of Iowa. Less than ten years ago there was not a single paved street in the city. Now there are many miles of beautiful asphalt paved streets. One of Iowa's plenary institutions, namely the insane asylum, is located just one mile north of here. It is one of the finest institutions of its kind in the state. The colored people are doing nicely. There are many colored farmers in the county, all of whom are quite successful. Among those who are leaders are Mr. Montgomery, who owns a valuable farm southeast of here, also Mr. Stewart and Mr. Cason. Dr. Gibson lives in town and has a veterinary stable. He is one of the old settlers here. He owns about 200 acres of land, which he has rented out. He also owns some valuable city property. Mr. H. H. Cook, who has been running a confectionery store and was burned out last year, has rebuilt a larger and more beautiful cement block building and is serving his many customers there. Wm. Heady is still driving the ice wagon, although he contemplates moving to Cedar Rapids. His wife is a fine cateress. It was here that we spent our night in their cozy home on Logan street. Mr. Joe Jones is still living at the same place. Mrs. G. Jones is still living on the edge of the city and owns her farm. Rev. D. W. Brown is still looking after the spiritual necessity of the people, especially his Methodist flock. Rev. Brown tells me he is the oldest minister in the Illinois conference in point of service, having been an active minister since 1868. He and his wife entertained Ye Editor at 6 o'clock dinner. They are very pleasant people to meet and his charge is doing nicely. He also has the Bedford church. Rev. W. A. Mitchell is pastor of the Baptist church here. He recently came there from Missouri and is also doing nicely. Mr. K. D. Black is one of the influential and substantial young men of this city. He is very active in church and society work. Mr. and Mrs. Ed. Pemberton own a nice home and their garden is indeed the best I have seen this year.

When I was there about the first of June they had onions planted this year that were gone to sets, potatoes in bloom and chickens almost big enough to fry. They keep their place in a systematic manner and it is a pleasure to see the place. R. T. Lane, who runs the Busy Bee restaurant, and who had the misfortune to be burned out last winter, has rebuilt a two-story commodious building. He runs his restaurant and ice cream parlor on the first floor and has rooms to rent on the second. He has just about completed his building and when finished it will be a credit to southwestern Iowa. G. N. Nowling is also another successful business man who has recently built a modern home and traded it for the Allen Jones place. His wife is our agent. L. M. Montgomery is doing nicely. Mr. Wm. Moss and Lewis Arnet are two more of our successful young men who own nice homes.

We next stopped at Red Oak, where we found the colored people about the same as last year. Mr. Connor is still running his barber shop. Mr. P. S. Everheart, who has been in the piano business for the past quarter of a century, has built up a large trade and is regarded as having the largest piano store in southwestern Iowa. He has been batching to these many years, until last year he decided to take unto himself a wife in the person of Miss Goodloe, a young girl of this county, and we wish for him all the success that accompanies married life. Mr. Everheart is a very successful business man. C. W. Chapell is working at the hotel again. Mr. David Gaines, who is in the milk and dairy business, has increased his business until now he runs two wagons and is producing the best milk in this section of the state. His wife very ably assists him. W. A. Baker, A. W. Jones and Emanuel Keen are still living here. We next stopped at Council Bluffs, Iowa.

FORT DODGE, IOWA.

(Special to Bystander.)

Mrs. J. J. Neely entertained the Mothers' club Thursday of last week, June the 7th, at the residence of Mr. G. W. Walden, 700 1/2 C avenue. There were eighteen mothers present. After their regular routine of work was finished Mrs. Guyer, the vice president of the Mothers' club, spoke on patriotism. She urged them to do everything they could to help out in the crisis which was threatening America daily. She said while we were having some disadvantages, yet we should do our bit. After which a dainty luncheon was served. Visitors, Mrs. Allie Buckner, Mrs. Coleman, Mrs. Perkins and Miss Minnie Carson of Meridian, Miss.

Life's Sunshine.

If I can put one touch of rosy sunshine into the life of any man or woman I shall feel I have worked with *Life's Sunshine*.



MAJOR ALBERT W. FORD.

The above cut is that of Maj. Albert W. Ford, who is one of the distinguished colored officers who has charge of the training camp at Fort Des Moines. Maj. Ford is from Chicago, formerly of the Eighth Illinois National Guards. He enlisted March 21, 1910, and was elected second lieutenant of Company E on December 14, 1910. Was elected first lieutenant July 1, 1913. Was in command of the machine gun company in the border service last year, but resigned from this January 22, 1917, and was raised to his present position. Major Ford was educated in the high schools of Kokomo, Ind., also the state normal at Terre Haute. He also attended the Chicago law school and taught school several years in Indianapolis. He is a fine specimen of manhood and represents a highest position of military standing.

OFFICIAL NOTES OF THE COLORED OFFICERS.

Training Camp Opens.

By Atty. S. Joe Brown.

The first and only military training school for the preparation of colored men for commissioned officers in the United States army was formally opened at Ft. Des Moines this morning, under the direction of Col. Chas. C. Ballou (white), assisted by Major Albert W. Ford and Captains Jos. Phillips (colored).

Among students are one battalion of non-commissioned officers from each of the four colored regiments, viz., the 24th and 25th infantry and the 9th and 10th cavalry. The remaining students of the camp comprise a thousand of the best prepared Negro college and professional men from practically every college and university in the country and representing every profession, including doctors, lawyers, teachers, college professors, civil engineers and even ministers of the gospel and undertakers. Prominent among the Iowa men at the camps are Atty. S. Joe Brown and J. B. Morris, M. A. Richmond, Undertaker V. L. Jones, Chas. Howard, Jesse A. Graves and McKinley Brooks of Des Moines, Hal Short, Harry Short, Everett Colbert, Lafayette Campbell and E. J. Cobb of the State university and J. C. Tymon of the State University at Iowa City and J. Owen Redmon of Colfax.

The school will last but three months, and during that time these men will be expected to master the essential portions of the course heretofore given at West Point and distributed through a term of four years; hence it can be understood why none have been accepted except college bred men, and since those who pass satisfactory examinations will receive commissions and be sent out to teach and lead the sixty-five thousand Negro conscripts now being raised by the selective draft, each comes with at least three letters of recommendation from prominent citizens in the communities from which they live, certifying to their general moral character and their ability to command the respect of officers as well as enlisted men in the U. S. army.

Sore Nipples.

Any mother who has had experience with this distressing ailment will be pleased to know that a cure may be effected by applying Chamberlain's Salve as soon as the child is done nursing. Wipe it off with a soft cloth before allowing the babe to nurse. Many trained nurses use this salve with best results. For sale by all dealers.

FORM REGIMENTS AT FT. DES MOINES.

Twelve Hundred Men Have Been Accepted For Training in Negroes' Camp.

Temporary organization for the officers' training camp at Fort Des Moines for colored troops has been established by Col. C. C. Ballou, who will be in charge. More than 1,200 applicants have been chosen for three months' training, all of the men being Negroes. The camp will open June 18. Colonel Ballou was a classmate of Gen. J. J. Pershing. Both men graduated from West Point with the class of 1886.

The First infantry, Iowa national guard, has been distributed to several temporary camps, and but one battalion and the band remain at the fort. The militiamen have pitched tents east of the barracks.

Assigned to Quarters.

One hundred and forty-nine of the 250 non-commissioned officers, all colored, who will be in charge of the civilian troops, have arrived at Fort Des Moines. They are being assigned to their quarters and the companies they will train as soon as they report to headquarters.

Few of the main body of Negro candidates for officers' positions have arrived. All are due the 18th.

It is estimated by the officers that from 75 to 80 per cent of these men are college students, and the remaining have either had experience in military or business training.

Four regular army regiments are made up of Negro soldiers, and twenty-five more are provided for by the conscription law. The new regiments will be officered by the men trained at the Des Moines camp. Fourteen companies of the kind known to army men as "skeleton" have been organized at the fort, and are being filled as rapidly as the men arrive.

Nine Officers To Aid.

Nine regular army officers and a number of senior non-commissioned men have been assigned by the war department to conduct the local camp. A shortage of officers in the army made the use of the best trained non-commissioned officers necessary.

The Negro non-commissioned officers now at the fort will begin training at once, and start work as commanders of the training men when the camp opens.

Colonel Ballou will remain in charge of the camp, and will be assisted by two colored officers of the regular army, Maj. A. W. Ford and Capt. Joseph Phillips, Sergt. Maj. Eugene Frierson, aiding in the work of administration, was recently a member of the famous Tenth infantry, colored, and fought in the Carlisle engagement last summer in northern Mexico. In eleven months he will have completed thirty years of service.

All the barracks and quarters at the fort are being made ready for the men. The parade ground is being cleared for the drill work, which will commence promptly the morning of the 18th.

MONMOUTH, ILL.

Mrs. Dayse Lash has returned home, after a week's visit with her parents at Fairbairn, Ill.

Miss Florence Brown, who has been teaching near Waco, Texas, arrived here Friday, having been called home by the serious illness of her mother, Mrs. G. T. Brown.

Mrs. Everett Murphy and little daughter visited relatives in Galesburg for a few days.

Rev. William Caleb, Indian evangelist, talked to the members of the St. James A. M. E. church Sabbath morning. After the sermon Rev. Frank Osborne preached the morning sermon.

Mrs. Roy Doolin returned to Monmouth, after spending a few days at her home in Frankfort, Mo.

Mr. Jerry Wallace arrived here Saturday from San Diego, Cal., having been called here by the death of his father, Mr. Charles Wallace.

Rev. W. H. Brezie of Springfield, Ill., conducted services at the St. James A. M. E. church from Tuesday to Friday evenings this week.

Mrs. Jennie Smith of Des Moines, Iowa, visited here for a few days with her brother, Mr. Jim Johnson. She left the last of the week for Davenport, Iowa.

Mrs. Hattie Pruitt of Galesburg was here Wednesday and Sabbath evening on account of the illness of her sister-in-law, Mrs. G. F. Brown.

Harold Pruitt of Knoxville was here for a short while Wednesday evening.

The members of the G. T. club entertained with a farewell party at the home of B. W. Newsome in honor of M. J. Weathers, who soon leaves for Des Moines, Iowa. The evening was spent in a social way with music and cards. Light refreshments were served.

Mr. Charles Wallace, civil war veteran, passed away last Monday evening at his home in this city. Mr. Wallace has been ill for several months and owing to his advanced age his death was not unexpected. Funeral services were held Sabbath afternoon at the Calvary Baptist church, in charge of Rev. G. C. Mason of Alton, Ill.

Several young ladies finished the grammar school this week and will be ready to enter the high school next year. Those who finished are Misses Georgia Davis, eBatrice McWilliams, Nellie Barnum and Viola Diggs.

YANKTON, S. D.

(Special to Bystander.)
Mrs. Priscilla Mack of Sioux City, Iowa, and daughter, little Miss Lorena, are visiting their mother and grand-

mother, Mrs. Stokes, for a couple of weeks.

Mrs. Minnie Stansberry, who recently went to Chicago to bury her husband, Rev. S. W. Stansberry, is back in the city again, finishing out the year's work of the missionary department.

The A. M. E. church rendered a very beautiful Children's Day program on Sunday, entitled "At the Ladder of Life." Mrs. Mack presided at the organ, assisted by Mr. Milo Newsom of McComb, Ill., Miss Julia Smith, Mrs. Lenora Smith and Mrs. Stansberry.

Mrs. Harvey gave a dinner for Mrs. Mack of Sioux City, Iowa.

The Baptist church had a grand rally all day Sunday, which was a decided success.

The Missionary society gave an entertainment June 8th at Mrs. H. W. Robinson's. Miss Mildred Morgan and Mrs. Mack were the pianists for the evening. Refreshments were served, making it a very enjoyable evening.

Mr. and Mrs. Johnson of Hutchinson, Kansas, entertained Mrs. Mack on Saturday evening at the Portland hotel.

Rev. A. S. Lewis, who has been very sick for the past two weeks, is some better at this writing.

Mrs. Frote gave an informal reception for Mrs. Mack of Sioux City, Iowa, Saturday evening.

Mrs. Goodlow entertained Mrs. Mack, little Lorena and Mrs. Stokes on Thursday evening.

The young people of Yankton have organized a literary society.

GREATEST CIRCUS IS COMING SOON

Barnum and Bailey Show Will Positively Exhibit in This Vicinity.

There is to be a real circus day this year—a Barnum & Bailey circus day. Advance guards of the greatest show on earth announce that this season's route carries it close enough to be visited by everybody in this vicinity. Thirty acres of tents will be set, and the big show will be exhibited in Des Moines on June 29th. A wonderful new program is promised, and it is claimed that this season the monster entertainment has more and better things to show than ever before. Starting with a magnificent pageant, entitled "Aladdin and His Wonderful Lamp," the circus will occupy three hours or more with events in air, on platform and rings, and in the huge hippodrome surrounding. Not one moment will be lost in all of the spaces of the vast enclosure.

The opening feature is the first attempt at Chinese pageantry in the history of American circuses, and it has been described as the most gorgeous presentation ever attempted. The story of the genie slave of the magic lamp is too well known to need description here. However, it may be well to call attention to the possibilities for display in coloring and magnificent settings in the Chinese locale, and to the fact that Barnum & Bailey have spent \$1,000,000 to reproduce all of its glorious possibilities.

The circus program, which follows the pageant, is made up almost entirely of names and acts new to the American public, the cream of all continental circuses having rushed to the big show's European agents for booking on account of the closing of most of the big foreign circuses. There is a complete Chinese circus, replete with thrilling aerial and acrobatic feats; the famous Hanneford family, champion riders of Europe, will display their wonderful skill. Signor Bagonghi, the dwarf bareback rider, described as the equestrian comic of the century, will thrill and convulse with laughter; Pallenberg's wonderful bears will ride on high bicycles, skate and perform on the trapeze; there will be more clowns than ever before, and in the menagerie will be seen many new specimens of wild and untamed animals. There are a dozen of new baby animals in the great zoo.

There will be more than one hundred acts, and to name and describe them would occupy too much space.

The parade, which is entirely new, will start from the show grounds as nearly 10 o'clock in the morning as possible. It will be three miles in length and there will be six bands, three calliopes and a steam piano to create music for the marching throng.

ALBIA NEWS.

Three of Albia's people were in a joint birthday party on Monday evening at the home of Mrs. Chas. Washington, namely Mrs. H. Jones, Mr. Pearl Thomas and Mrs. Chas. Washington. The Albia band furnished music and a number from Hocking were present.

Rev. J. W. Dowden attended the A. M. E. church conference in Des Moines this week, also Misses Jewett and Miss Sadie Lewis and Miss Alberta Robinson as delegates to the A. M. E.

Sunday school convention.

Mr. Chas. Washington and Mr. Ed. Butler made a trip to Des Moines this week in the interest of the K. of P. lodge. Both are officers of the lodge in Albia.

Mrs. Hattie Bennings and daughter, Lucille, were in Des Moines this week.

Mr. and Mrs. Will Gordon are re-joining over a baby boy in their home the past week.

Mr. Hill and son, Vernon, of Buxton were in Albia on business Tuesday of this week.

Miss Putney of Hocking was in Albia this week.

Sunday was Children's Day and the A. M. E. Sunday school children held their services in the evening, also the Christian Endeavor.

Mr. and Mrs. Roy Grayson and children of Hocking No. 3 attended Children's Day services in Albia. Bennie and LeRoy Grayson took part in the Children's Day exercises.

Miss Finks of Hiteman was in Albia on Monday evening at the Washington party.

Mrs. Chas. Washington entertained Rev. and Mrs. J. W. Dowden at dinner on Sunday.

Fat Folks May Now Become Slim Quickly

Be Moderate in Your Diet. Breathe Deeply, and Take Tasso.

Fat persons, particularly those from 10 to 30 pounds above normal weight, will be interested to learn that they may easily reduce their weight without starvation diet or tiresome exercise.

This can best be done by being moderate in your diet, so that you will not over-tax your assimilative organs, by getting plenty of fresh air, by breathing deeply and by taking Tasso four times a day.

Tasso may be obtained from any good druggist in 5-grain tablets; take one after each meal and one before retiring at night. They cost little, are absolutely harmless, are pleasant to take and are designed to reduce fatty accumulations in the system wherever located.

A few days' treatment should show a noticeable reduction in weight, the flesh should become firm, the skin smooth and the general health improved, in fact your footsteps should even become lighter, your work seem easier and a lighter and more buoyant feeling take possession of your whole being.

Every person who is 10 to 20 pounds over normal weight should surely give this treatment a trial. You will probably find that it is just what you need.

It is Much Easier to Use the Telephone the Proper Way

There is a right and a wrong way to use a telephone.

The Right Method:

1. The person calling removes the telephone receiver.
2. Operator says, "Number, please?"
3. Person calling gives the number slowly, as "Four, eight, nine," for 489, with a slight pause between each figure.
4. Operator repeats, "Four, eight, nine."
5. The person calling says, "Right."
6. Someone answers, "Smith and Company."
7. Person calling says, "May I speak to Mr. Brown, please?"
8. Person answering, "He's here; I'll call him."
9. Mr. Brown answers, "Mr. Brown."
10. Person calling, "This is Mr. Jones," and the conversation proceeds without useless delay.

Follow this method and you will be surprised how it will save your time and give a "business tone" to your establishment.



Yunker Brothers

In The Economy Basement

Yunker's for Men's

"Lesser Priced" Furnishings

This "Lesser Priced" Haberdashery Section is brim full of splendid merchandise at prices within the reach of all.

Men's Athletic Union Suits at 59c

—shown in large or small checked nainsook. They are shown with elastic shoulders, back and crotch, and are to be had in all sizes.

Men's Ribbed Union Suits at 59c

—in white or ecru. They may be had in either long or short sleeves.

Mens Union Suits at 50c

—of open mesh; in sizes 34 to 46. These are splendid values.

Mens Nightshirts at 59c

—of good quality muslin in the slip-over or button styles.

Men's Shirts at \$1.00

—with soft or laundered cuffs and a good assortment of neat patterns.

Boys' Wash Pants at 59c to \$1.00

—shown in a large assortment of pretty stripes and plain patterns.

Boys' Waists and Sports Shirts at 59c

—in plain colors and neat shirting patterns.

Boys' Night Shirts at 29c and 55c

—made of good quality muslin and balbriggan.

—In the Basement



THE BYSTANDER

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JOHN L. THOMPSON, EDITOR
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EDITORIALS

OUR ANNIVERSARY.

Last week completed twenty-four years of the Bystander's existence, having issued its first copy on June 10, 1894. We congratulate ourselves upon being able to live to such an age, with the paper representing the colored people in the middle and north-west and as thinly settled as we are here, yet the Bystander is the oldest colored journal west of the Mississippi river that has never missed an issue, and we have grown steadily until now we are read in thirty-six states of the United States and two foreign countries, eighty counties in Iowa and is read by more than 6,000 people. We thank our many subscribers who have been constantly supporting this paper for many years and who are willing to support us longer, as we are endeavoring to give them the news regarding the progress of our holding up the high ideals that we have attained. Thanking them for past favors and wishing for your continued support and assistance, we expect great things in the future.

COLORED OFFICERS' MILITARY CAMP.

We are pleased to announce that the first officers' military training camp for colored men has been established at Des Moines, Iowa, and will open its doors for instruction Monday. More than 2,000 men have applied, of which only 1,200 will be trained now within the next three months. All week each incoming train has brought teachers and students from different parts of the United States, who are entering the camp.

To the Negro race this camp means a marvelous development and advancement and a challenge to our educated Negroes to become officered in military tactics. We are glad to say that far more than is necessary have applied, but we understand that there will be another course opened as soon as these have finished; that is, if the war continues, as it will take more than 1,200 commissioned officers to serve the proposed colored regiments that are soon to be raised.

We feel that no better location could have been selected in the United States than Fort Des Moines. While there are a few symptoms of race prejudice, yet we are so free from it that we seldom notice it and it will give our race a fair opportunity for development in all lines of their work. The colored citizens of Des Moines, along with the white citizens, welcome them to our city and there is a movement on foot by the editor and a few friends to give a public reception to demonstrate our feelings as to their presence in the city.

The proper arrangements have been made with authorities to run what will be known as "Officers' Training Camp Notes," which will be furnished by our worthy citizen, Atty. S. Joe Brown, who is one of the students in the camp; so from time to time we expect to run cuts and notes that would be to the interest of the public.

IOWA STATE UNIVERSITY GRADUATES.

This week the University of Iowa has issued diplomas to twelve of the Negro race, the largest class of our race that has ever graduated from an Iowa university. We are proud that they all have made a fine record and will no doubt enter into the great avenues of active life among the races of men. We hope they will make a good showing for the university and also for the race which they represent. Several of them have entered the law and others have entered the ministry. The list with their degrees is as follows: M. F. Fields, A. B.; G. D. Strawn, pharmacy; B. L. Duhe, M. D.; Alphonso A. Keene, A. B.; Wm. H. Beshears, dentistry; E. J. Cobb, dentistry; Valetta London, A. B.; Iva J. McClain, A. B.; Mabel Morgan, A. B.; Ruth Southall, A. B.; Minerva Graves, A. B.

MINING CO. Elsewhere is published an advertisement giving in detail a part of the history of the White Victor Copper Mining Co., managed by John H. McMurray & Co., who is temporarily located at the Kirkwood hotel, Des Moines, Iowa. The Victor Copper Mine is claimed to be one of the largest copper mines of Arizona and is reported to be producing good ore, and many of our Des Moines people who know about it have expressed their judgment that it will become a paying

Nuxated Iron to Make New Age of Beautiful Women and Vigorous Iron Men

Say Physicians—Quickly Puts Roses Into the Cheeks of Women and Most Astonishing Youthful Vitality Into the Veins of Men—It Often Increases the Strength and Endurance of Delicate, Nervous, "Run-Down" Folks 100 Per Cent. in Two Weeks' Time.

Opinions of Dr. Schuyler C. Jaques, Visiting Surgeon of St. Elizabeth's Hospital, New York City; Dr. Howard James, Late of the Manhattan State Hospital of New York, and formerly Assistant Physician Brooklyn State Hospital, and Wm. R. Kerr, Former Health Commissioner, City of Chicago.

NEW YORK, N. Y.—Since the remarkable discovery of organic iron, Nuxated Iron or "Fer Nuxate" as the French call it, has taken the country by storm. It is conservatively estimated that over three million people annually are taking it in this country alone. Most astonishing results are reported from its use by both physicians and laymen. So much so that doctors predict that we shall soon have a new age of far more beautiful, rosy-cheeked women and vigorous iron men.

Dr. Ferdinand King, a New York Physician and Medical Author, when interviewed on this subject, said: "There can be no vigorous iron men without iron. Pale means anaemia. Anaemia means iron deficiency. The skin of anemic men and women is pale; the flesh flabby. The muscles lack tone; the brain fags and the memory fails and often they become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women the roses go from their cheeks."

"In the most common foods of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tartaric, sago, farina, designated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods, and silly methods of home cooking, by throwing down the waste pipe the water in which our vegetables are cooked, are responsible for another grave iron loss."

"Therefore, if you wish to preserve your youthful vim and vigor to a ripe old age, you must supply the iron deficiency in your food by using some form of organic iron. Just as you would use salt when your food has not enough salt."

"Former Health Commissioner, Wm. R. Kerr, of the City of Chicago, says: 'I have taken Nuxated Iron myself and experienced its health-giving, strength-building effect, and in the interest of public welfare, I feel it my duty to make known the results of its use. I am well past three score years and want to say that I believe my own great physical activity is largely due today to my personal use of Nuxated Iron. From my own experience with Nuxated Iron, I feel it such a valuable remedy that it ought to be used in every hospital and prescribed by every physician in this country.'

Dr. E. Sauer, a Boston physician who has studied both in this country and in great European medical institutions, said: "As I have said a hundred times over, organic iron is the greatest of all strength builders."

"Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with the blood pressure of a boy of twenty and as full of vigor, vim and vitality as a young man; in fact, a young man he really was, notwithstanding his age. The secret, he said, was taking iron—Nuxated Iron had filled him with renewed life. At 30 he was in bad health; at 40 he was careworn and nearly all in. Now at 50 after taking Nuxated Iron, a miracle of vitality and his face beaming with the buoyancy of youth. Iron is absolutely necessary to enable your blood to change food into living tissue. Without



it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it and, as a consequence, you become weak, pale and sickly looking, just like a plant trying to grow in a soil deficient in iron. If you are not strong or well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next, take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while double their strength and endurance and entirely rid themselves of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this, after they had in some cases been doctoring for months without obtaining any benefit."

Dr. Schuyler C. Jaques, Visiting Surgeon of St. Elizabeth's Hospital New York City, said: "I have never before given out any medical information or advice for publication, as I ordinarily do not believe in it. But in the case of Nuxated Iron I feel I would be remiss in my duty not to mention it. I have taken it myself and given it to my patients with most surprising and satisfactory results. And those who wish to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."

Dr. Howard James, late of the Manhattan State Hospital of New York, and formerly Assistant Physician, Brooklyn State Hos-

pital, said: "Nuxated Iron is a most surprising remedy. A patient of mine remarked to me after having been on a six weeks' course of it: 'SAY, DOCTOR, THAT TIBBE STUFF IS LIKE MAGIC.' Previous to using Nuxated Iron I had been prescribing the various mineral salts of iron for years, only to meet complaints of discolored teeth, disturbed digestion, tied-up, hardened secretions, etc., when I came across Nuxated Iron, an elegant ingenious preparation containing organic iron, which has no destructive action on the teeth—no corrosive effect on the stomach, and which is readily assimilated into the blood and quickly makes its presence felt in increased vigor, snap and staying power. It enriches the blood, brings roses to the cheeks of women and is an un-failing source of renewed vitality, endurance and power to men who burn up too rapidly their nervous energy in the strenuous strain of the great business competition of the day."

NOTE: Nuxated Iron, which is prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America. Unlike the older inorganic iron products, it is easily assimilated, does not irritate the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion, as well as for nervous, run-down conditions. The manufacturers have such great confidence in nuxated iron, that they offer to forfeit \$100.00 to any chemist or analyst if they cannot take any man or woman under 60 who lacks iron, and increase their strength 100 per cent or over in four weeks, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by all good druggists.

mine. Mr. McMurray is located here selling stock shares and it would be a worthy enterprise if any people who expect to buy stock to call upon Mr. McMurray and make a thorough investigation. See their ad. elsewhere.

Insurance Department of Iowa, Des Moines. Annual Certificate For Publication of the GERMAN AMERICAN INSURANCE COMPANY, Located at New York, in the state of New York.

Whereas, the above named company has filed in the insurance department of Iowa a sworn statement showing its condition on the thirty-first day of December, 1916, in accordance with the provisions of chapter 4, title 9, of the code of Iowa, relating to insurance companies; and whereas said statement shows that said insurance company has complied with the laws of this state relating to insurance,

Therefore, in pursuance of law, I Emory H. English, commissioner of insurance, do hereby certify that said insurance company is authorized to transact the business of fire insurance in the state of Iowa, by agents properly appointed and duly licensed, as required by law, until the first day of March, 1918.

I further certify that the statement shows—
1st—The actual amount of paid-up capital of said company, December 31, 1916, to be \$ 2,000,000.00
2d—The aggregate income of said company for the year 1916, to be 11,919,585.45
3d—The aggregate expenditures of said company for the year 1916, to be 10,536,004.39
4th—The aggregate amt. of the assets of said company, December 31, 1916, to be 23,713,477.96
5th—The aggregate amt. of liabilities of said company, including the amount required to safely reinsure all outstanding risks, December 31, 1916, to be 10,954,055.67
In testimony whereof, I have hereunto set my hand and affixed my seal of office at Des Moines this 1st day of March, 1917.
(Seal) Emory H. English, Commissioner of Insurance.

SPECIAL FROM CLARINDA, IOWA Sister Campbell was born in the year of our Lord, 1855, in Tennessee and came to Missouri some time before the civil war. She departed this life May 6th. She was united with the

Baptist church in 1867. After she came to Iowa and found no Baptist church she united with the Methodist, where she was a member until her death. She lived a good Christian life and was a loving mother. A historical fact about her life was that she was a slave. Many friends mourn her death, but we feel her loss to us is heaven's gain.

Clyde Leroy Glass Pianist of National Reputation will teach in Des Moines Season of 1917-1918. Address 1517 Bluff Street

POEMS YOU OUGHT TO KNOW.

No matter what your occupation you ought to read and know some of the great poems of the world. They will add to your happiness and philosophy.

HOW SLEEP THE BRAVE.

William Collins.

How sleep the brave, who sink to rest By all their country's wishes blest! When spring, with dewy fingers cold, Returns to deck their hallow'd mould, She there shall dress a sweeter soul Than fancy's feet have ever trod.

By fairy hands their knell is rung, By forms unseen their dirge is sung; There honour comes, a pilgrim gray, To bless the turf that wraps their clay; And freedom shall awhile repair To dwell a weeping hermit there!

Fill the Pupils' Stomachs. The hungry child is never a good pupil. Brains will not work until the stomach's needs are satisfied. Stupidity quite as often comes from under-nourishment as from lack of brains.—New York Evening Mail.

Has a Good Opinion of Chamberlain's Tablets. "Chamberlain's Tablets are a wonder. I never sold anything that beat them," writes F. B. Tressey, Richmond, Ky. When troubled with indigestion or constipation give them a trial.

AGENTS WANTED \$18 to \$45. per week made selling PROF. KELLY MILLER'S NEW PROGRESS OF COLORED PEOPLE. Teachers, students, male or female, ministers, widows, married women, anyone with spare time can make \$1. per hour. Everybody buys, it's easy to sell. Write for terms and outfit at once, act today. Austin Jenkins, Co., F. St. Washington, D. C.

HAPPENINGS TWENTY YEARS AGO

(As Chronicled by The Bystander, June 11, 1897.)

Mrs. Julia Taylor left Tuesday evening for Chicago, where she will spend two weeks visiting friends. Mr. Oscar Crockett and her sister, Miss Tinsell, will leave this week to visit parents and old home in Kansas.

Mr. E. T. Banks' and B. J. Holmes' pictures, as members of the Bystander company, could not appear this week, but will next.

Mr. J. H. Poindexter has been sick the past week. Last Saturday he was unable to work in his shop.

J. R. Weeks has opened a barber shop out on the Chautauqua grounds during the camp meetings. Will also be there during the assembly next month.

Harry W. Hughes has accepted a position with W. L. White shoe store. Harry is quite well known and will appreciate the calls of his friends.

Miss Georgie Taylor had intended to leave for Minneapolis, Minn., last Thursday night, but did not succeed. She will leave soon for that place.

The newly elected officers of the Bystander Publishing company: President, Wm. Coalson; vice president, J. E. Todd; treasurer, B. J. Holmes; secretary, J. L. Thompson; manager, J. H. Shepard; board of directors, E. T. Banks, Jefferson Logan and B. J. Holmes.

Mr. Robt. Jones and Wm. Tomlin have entered into partnership to conduct a feed and horse training stable at the Colchester place. They break colts and train horses to the city noise. These gentlemen are progressive young men and merit your patronage. Mr. Jones is quite an experienced horseman and will conduct the business.

John H. Thompson left last week for eastern cities to spend the summer.

Silas Palmer left last Monday for Kansas City, where he has secured a position.

W. C. Henry left Wednesday for Marshalltown to attend the G. A. R. encampment.

Mrs. P. Porter of Greenfield, Iowa, and her daughter, Mrs. B. B. Smith, of Kansas City are visiting at the home

of Mr. and Mrs. Warrick on Woodland the graduanot of Miss Sarah Porter. The East Side Baptist church will run an excursion to St. Joseph, Mo., avenue. They will remain until after June 24th; only \$2.00 for the round trip. Train leaves here at 7:30 a. m., and leaves St. Joe at 11 p. m. Rev. Stewart expects a large crowd.

Rev. W. M. Wood of Muchaknock, Iowa, arrived in our city Tuesday to reside with his son, James Hand, and family of 709 S. E. Sixth, where he will be pleased to see his friends. Father Wood is quite old and a good Christian, and we welcome him with us.

Mrs. Wm. Kenny of South East Seventh street entertained Wednesday evening a few friends at tea. Miss Jeannette Wood received the guests in a pleasant manner.

Miss Mabel McBeath is expected in the city soon, to be the guest of Mrs. Nettie Davis, 1017 B street.

Ed. Thompson will leave Saturday for Chicago to work with a company of fifteen Drake university students as canvassers for views. Mr. O. Hamilton, formerly of Decatur county, has charge of the company. Mr. Frank Chastain and several of the Decatur county boys are in the company.

Mrs. Amanda Smith, the colored evangelist, who has been assisting the Holiness camp meeting at the Chautauqua grounds this week, will preach at the Burn's M. E. church, East Side, next Monday evening. After preaching, a reception will be given her. Everybody invited.

Colored Graduates. For the first time in ten or twelve years the West Side High school graduates colored students. There were three, Misses Zelma Stanton, Sarah Porter and Harry W. Hughes. They are all too well known in our city for us to give each one's history. For four long years they have studied hard to achieve the first round of the ladder of fame. We earnestly hope that each will continue on up the ladder until they have made a name for themselves and history for our race.

Subscribe for The Bystander.

"Sudden pain from over-strain" Every Housewife or Mother is ever under that Nervous Strain which so often results in Headaches, Dizzy Sensations, Faintness, Depression and other Nervous Disorders. Dr. Miles' NERVINE is Highly Recommended in Such Cases. IF FIRST BOTTLE FAILS TO BENEFIT, YOUR MONEY WILL BE REFUNDED. BADLY RUN DOWN. "I had become greatly run down and my nerves were in terrible condition. I had frequent headaches and became very weak and was unable to do anything. I bought a bottle of Dr. Miles' Nervine. I soon began to feel better, my nerves were quieted. I recovered my strength, and have since recommended Dr. Miles' Nervine to many of my friends who have used it with satisfactory results." MRS. FRANCES WHITLOCK, 179 Broadway, Schenectady, N. Y.

No Combination of Reading Like It and All For \$2.10 The Youth's Companion 52 Issues of THE YOUTH'S COMPANION The Best Two for all the Family for only \$2.12 and 12 Issues of McCall's Magazine 12 Issues and a Dress Pattern The Fashion AUTHORITY followed by millions of American women. You will get the 12 monthly issues of McCall's, making not merely a "department" but a fashion magazine every month of the year. 64 Issues and 15c. McCall Dress Pattern for \$2.10 Send \$2.10 (Express or P. O. Money Order) to the publishers of the paper in which this Offer appears and get THE YOUTH'S COMPANION for 52 weeks, and the 1917 Home Calendar. (This Offer is to run until Youth's Companion subscribers only.) McCall's Magazine every month, for one year; also choice of any 15-cent McCall Dress Pattern FREE for 2 cents extra to cover mailing. THE YOUTH'S COMPANION, St. Paul St., BOSTON, MASSACHUSETTS

Job Printing at The Bystander

CITY LOCALS

Mrs. J. Beasley of Colfax was an ar Sunday visitor in our city.

Mrs. E. L. Shaw, who has been so seriously ill, is reported some better.

Dr. J. W. Norris of Sioux City attended the A. M. E. Sunday school convention last week one day.

Miss Aurora Brooks entertained Mr. Henry Brooks and sister at a 6 o'clock dinner Monday evening.

Mrs. W. W. Jones of St. Paul is sitting at the home of Mr. and Mrs. C. Burrell.

The Mary B. Talbert club will meet Tuesday, June 19th, with Mrs. Mattie Cook.

The St. Mary's Christian society, No. 1, will have a called meeting Wednesday night, June 20th, at the home of Mrs. Jim Roberts, 505 Park street.

The New Edison is not a "Talking Machine," and it is the only instrument that is positively not a "Talking Machine."

At the regular meeting of North Masonic lodge of Masons the following officers were elected: W. M., J. Walker; S. W., F. H. Graham; Treasurer, Gus Watkins; secretary, H. Jacobs.

If you will tell me why some instruments attract you and why others do not, I will tell you why the Edison Diamond Disc Phonograph attracts people who were never attracted by other records. Write for catalogue to Harger & Blish, 811 Walnut street, Des Moines, Iowa.

On account of the war the Shriners will not make their annual trip this year, on which A. C. Fisher accompanies them. However, he will leave Friday with a party of Shriners to Minnesota and the Emerald Isle for thirty-five days, fishing and hunting.

BOUDOIR GIRL APPOINTED BY SCHOOL BOARD.

Miss Adah Hyde, a graduate of the State University of Iowa, who taught several years in the high schools Madison, Ind., has been appointed Mr. Thornburg, superintendent of public schools of Des Moines, as director of the children's playground at Ninth and Park streets.

The Kloster Crochet and Embroidery club met with the president, Mrs. Shackelford, Wednesday afternoon. The afternoon spent in crocheting, after which the hostess served a dainty luncheon at the Model Drug Store.

Dr. and Mrs. Jefferson entertained Mrs. S. L. Birt, Mrs. H. B. Wilson of Denver, Colo., and Dr. and Mrs. W. H. Lowry at a 3:30 o'clock dinner on Sunday.

The Misses Margaret and Ida Davis Ottumwa, Iowa, returned to their home last Monday, after spending several days in the city attending the Des Moines district Sunday school convention, which was held at the St. Paul A. M. E. church. While here they stopped with Dr. and Mrs. J. A. Jefferson, 1322 Day street.

Dr. Jefferson reports the birth of a seven and one-half pound boy, born to Mr. and Mrs. J. A. Robinson, 903 10th street, June 13th.

Mrs. H. B. Wilson of Denver, Colo., left Tuesday for Dayton, Ohio, after spending several days with her sister, Mrs. S. L. Birt. While in the state of Ohio, Mrs. Wilson will attend the commencement exercises at Wilberforce college.

Miss L. Brown entertained a number of her friends last Saturday evening at the residence of Mrs. G. Shackelford. Evening spent in social converse and music furnished by Mr. Clyde Glass, a student of a musical conservatory of Boston, and Mr. Hutchison of Tulsa, Oklahoma. Refreshments served by hostess.

NOTICE.

All members and friends that desire to take part in the Virginia association picnic will meet with Mr. Spencer Carey, 2715 Oxford avenue, Sunday afternoon at 3 o'clock. By order of the president.

Mr. Spencer Carey, President. Mrs. J. R. Drew, Secretary.

Rev. H. A. Perry of Bethel A. M. E. church, East Des Moines, was called home to attend the funeral of his mother, Mrs. E. F. Perry, who died May 25th. Rev. Perry spent a few days with his brothers and also visited at Tuskegee Institute, his alma mater. He will return in time to hold his regular services at Bethel A. M. E. church Sunday, June 17th.

The following is a part of the program which will be rendered Children's Day, Sunday, June 17th, at Union Congregational church: Part 2—Mr. Shelton's class—Piano solo, Enola Thompson; reading, Gladys Mitchell; piano solo, Dorothy Hughes; duet, Nattie Franklin and Enola Thompson; solo, Margery Williams; piano solo, Mrs. Ada Jones; instrumental trio, Lou Shelton, violin; Mr. Mease, violin; Mrs. Ada Jones, piano.

The Mary Church Terrill club was entertained Monday evening by Miss Tabitha Mash. Mrs. Johnnie Shaw acting as president in the absence of the president. After the lesson refreshments were served and the club adjourned to meet with Mrs. Emerald Mash on Monday evening, at which time the study of "The Last Tournament" will be continued.

The following will be attendants to Miss Letta Carey at her wedding to Dr. Bledsoe of Marshall, Texas, which takes place at Oskaloosa, Iowa, on Wednesday, June 20th: Bridesmaid, Miss Ada Hyde; matron of honor, Mrs. Bernice Richmond; best man, Mr. Clyde Glass, and ring bearer, the little brother of the bride. A large number of friends from Des Moines will attend the wedding.

The annual meeting of the Wilson lodge, U. B. F., was held Tuesday. The following officers were elected: Worthy master, Chas. Wilson, re-elected; the secretary, Mr. Franklin, succeeds R. L. Patten; Mr. Patten was elected assistant secretary; for treasurer, P. H. Goggins was re-elected. Delegates to the general convention to be held in Lexington, Mo., in August: Chas. Wilson, John L. Thompson and Dr. J. A. Jefferson.

THOMPSON HOTEL GUESTS. W. Watkins, Hyperion club; John Doe, Fort Des Moines; Mr. and Mrs. Smith, Ft. Worth, Texas; Arthur Mills, Marshalltown; Prof. and Mrs. J. W. Durrant, Minneapolis; Ed Davis, S. A. Douglass, Hartford, Conn.

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EARLY MORNING BREAKFAST. Mr. Harrison Gould and Miss Tabitha Mash presided over an early morning company at Union park on Sunday out of compliment to Miss Letta Carey. The hosts cooked the breakfast in the cabin at the park and it was served "piping hot" at 7:30. Mr. Jesse Graves acted as toastmaster and the guests toasted much happiness to the future bride, who in turn responded. Kodak pictures were taken of the party. Out of town guests were Mrs. Ralph Burnaugh of Mt. Pleasant, Miss Broils of Rush university, Clyde Glass and Sergeants Clayton, Green, Wheeler, Pinkton, Horne, Holland and Winston of Ft. Des Moines.

Miss Gertrude Hyde and others received an invitation to the wedding of Miss Hazel Crouch of Wichita, Kans., to Mr. Alonzo Allen of St. Joseph, Mo., June 20th. Miss Crouch is a very charming and accomplished girl, who has often visited in our city, the guest of her sister, Mrs. Virgil Williams, and her Des Moines friends are much interested in her approaching nuptials.

Whooping Cough. In this disease it is important that the cough be kept loose and expectoration easy, which can be done by giving Chamberlain's Cough Remedy. Mrs. P. H. Martin, Peru, Ind., writes, "My two daughters had whooping cough. I gave them Chamberlain's Cough Remedy and it worked like a charm."

Mr. Al. Smith, one of our veteran tonorial artists, who has been in the barber business in our city for the past twenty-five years and has been on Grand avenue, has moved his shop to 314 West Grand avenue in a new building and opened a complete new shop with two bath rooms, all modern. The finest colored shop owned by colored people in this city.

of the evening. Out of town guests in the persons of Sergeants Horne and Winston of Fort Des Moines were present.

Wanted—Good first class barber at once. L. J. Shelton, 509 Mulberry street.

Mr. L. J. Shelton and his two barbers, A. C. Boldridge and W. H. Morris, have purchased liberty loan bonds.

The Kloster Crochet club gave a farewell reception Sunday afternoon at the residence of Mrs. W. Hieronymus, 1332 School street, in honor of Miss L. Brown, who is leaving soon for Gary, Indiana. The house was decorated in the club colors, pink and white. A musical program was rendered, after which a two-course luncheon was served.

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Finest Line of Colored Peoples Hair

25c Bangs at 15 or 2 for 25
75 cent Switches at 50 cents
85 cent Switches at 55 cents
\$1.00 Switches at 75 cents
\$1.50 Switches at \$1.00
\$2.50 Switches at \$1.25
\$3.00 Switches at \$1.50
\$2.00 Transformations \$1.25
\$2.50 Transformations \$1.50
\$4.00 Half Wigs at \$1.50
\$10.00 Full Wigs at \$6.00
\$18.00 Full Wigs at \$10.00
All Toilet goods at 20 per cent dis.

F. W. Franz
705 Locust St.

2nd door W of Chamberlain Hotel
Mail orders prompt attention

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\$4.00 Half Wigs at \$1.50
\$10.00 Full Wigs at \$6.00
\$18.00 Full Wigs at \$10.00
All Toilet goods at 20 per cent dis.

F. W. Franz
705 Locust St.

2nd door W of Chamberlain Hotel
Mail orders prompt attention

NOTICE OF EXPIRATION OF RIGHT OF REDEMPTION. To Lyman James: You are hereby notified that on the 2nd day of December, 1912, the following described real estate, situated in Polk county, Iowa, to-wit: East part of the south half of lot seventeen (17) in block seventy-nine (79), town of De Moine, being in and a part of the city of Des Moines, Iowa, was sold for the then delinquent and unpaid tax for the year 1911 to H. J. Susong; that the undersigned is now the owner and holder of the certificate of purchase issued in pursuance of the above mentioned sale, and that the right of redemption will expire and a deed for said real estate will be made unless redemption from said sale is made within ninety days from the date of this notice. Dated this 12th day of April, 1912. J. D. Wallingford.

REMEMBER
Lud Strothers' Cafe
417 W. Third Street
Meals and Short Orders at all hours. Quick Service.
We serve on the European style.
L. G. Strothers, Proprietor
Des Moines

FOR SALE
On Easy Payments
Several good lots in Lake Park and Highland Park.
Also have some good houses for sale.
Call The BYSTANDER Office
Phone Walnut 899

SCOTT'S SKIN WHITENER CREAM AND SCOTT'S SKIN WHITENER SOAP
BEFORE AFTER
PRICE 25¢ EACH
CLEARS THE COMPLEXION AND KEEPS IT FREE FROM PIMPLES BLEACHES DARK SKINS.
JAMES S. ROBINSON, MEMPHIS, TENN.

FREE HAIR BOOK To Colored Women
We are the largest manufacturers of Colored Women's Hair. Our latest book showing new styles in hair dressing sent free. Every colored woman should have one. We sell through our hair and toilet articles, but satisfaction guaranteed or money back.
We make the best Solid Braids—STRAIGHT!
LINING combs, with extra heavy back, fully guaranteed. With each comb we give lamp cap FREE. Send money order or stamps. MONEY BACK IF NOT SATISFACTORY. 50c. postpaid.
POSTPAID 89c
Hair nets, brushes, combs and toilet articles manufacturers' prices. Send two-cent stamp.
Agents Wanted. Address as follows:
NUMANIA HAIR COMPANY, 181-187 Park Row, New York City.

KINKY HAIR
Becomes Straight, Soft, Glossy, Long by Using **HEROLIN**
HAIR DRESSING. NEW DISCOVERY—NOT STICKY OR GUMMY
You see the kinks in your hair disappear. All your sappy, coarse, stubborn kinky hair made straight, smooth, silky, glossy. Herolin Hair Dressing makes hair grow fast, long and beautiful, stopping dandruff and itching of the scalp and falling hair at once. Stop using hot irons. Apply Herolin instead.
Send 25c (stamps or coin) for a big can of Herolin. Money back if Herolin doesn't satisfy.
705 HEROLIN MEDICINE CO., Atlanta, Ga.
AGENTS WANTED WRITE FOR TERMS

Coming Events Cast Their Shadows for 1917
A. M. E. Sunday School, Allen Endeavor and the Mite Missionary Society of the A. M. E. church of Iowa will hold annual session June 4th to 8th at Des Moines.
Iowa-Nebraska State Sunday School Association, June 17th at Davenport, Iowa.
The M. W. U. G. L. of A. F. & A. M. of Iowa, July 10, to 12, at Davenport, Iowa.
The Knights of Pythias, July 26th, at Albia.
The Court of Calanthe, July 26th, at Albia.
The Knights of Tabor, August 7th, Des Moines.
The Daughters of Tabernacle, August 7th, Des Moines.
National Business Men's League, August
International Conference of Grand Masters, Grand Secretaries and P. G. M. S., August at Louisville, Ky.
The G. U. O. of O. F., August 28th at Des Moines.
The Household of Ruth, August 28th, at Des Moines.
Iowa-Nebraska State Baptist Association, August 28, Oskaloosa.

As Age Advances the Liver Requires occasional slight stimulation. **CARTER'S LITTLE LIVER PILLS** correct CONSTIPATION.
Genuine bears signature *Wm. Carter*
Colorless or Pale Faces usually indicate the absence of iron in the blood. A condition which will be greatly helped by **Carter's Iron Pills**

Whatever you do, don't get BALD!
Prevent dandruff and falling hair by using the great French preparation **ED. PINAUD'S HAIR TONIC**
This original Eau de Quinine is the one effective tonic for itching scalp, sick hair and dandruff. Used by men and women of refinement the world over for 100 years. Don't risk the use of unknown or inferior tonics. ED. PINAUD'S is pure, delightfully perfumed and the one for you. Ask your druggist. Send 10c. to our American Offices for a testing bottle.
Parfumerie ED. PINAUD, Dept. M ED. PINAUD BLDG., New York

For the price of an ordinary "Stogey" per Day
You can be sure of an income during accident or sickness, disability. Why take the chance of a long drawn out disability. It is hard enough to get along in these days of increasing prices when you are perfectly well. How would it be with you if sick or injured and no pay check coming Saturday—Think it over.
Fill out the coupon and mail today.
BANKERS ACCIDENT INSURANCE CO
DES MOINES, IOWA.
Bankers Accident Company, Des Moines, Iowa.—Without obligation on my part send particulars of your plans to
Name..... Address.....
Age..... Occupation..... Amount of salary to be covered.....

As it Grows Older It Grows Better
THE PORO
A Hair Grower that won for itself over 4,000 New Patrons last year.
For details write "PORO" COLLEGE COMPANY, 3100 Pine Street, Dept. Q., St. Louis, Mo.

THE NEW THOMPSON HOTEL
A First-Class Modern Hotel European Plan
Rates Reasonable
10 Blocks from Union Depot The Public
Corner of 9th and Park Sts. Invited

Phones: } Walnut 1145
 } Res. Drake 5058J
Dr. W. H. Lowry
DENTIST
Office 757 W. 9th. Des Moines
Thompson Hotel Iowa

HEALTH HINTS.

A. J. Booker, M. D.

The boys are here, a manly set of men, dignified, striking in appearance, sprightly of step, steady of gaze and serious in demeanor. Your boys and mine. There is not a person who has seen the detachments of regulars but whose heart burned with pride, whose nerves tingled with admiration. It is a great object lesson for us. These regulars are men who have made history. They have represented you and me on both sides of the world; we should honor them; we should think of the things we have said in praise or damnation of them.



There are men all over the country, perhaps some in your town who are trying to hold up your and my side in the bigger things of life; we must go easy in our denunciations, we should be gentle in our praise, but never stint our appreciation. It is no easy task to be forging ahead in fields which are not popular and every worthy man does better when he feels that the "folks back home" approve of him.

The army is a wonderful institution. We of the Negro race owe much to the army. We owe a great deal to the men who are now in service; we owe everything to the ghostly army which hovers about the country now and calls to us to preserve liberty and widen the sphere of democracy. Aside from the sentiment of patriotism there is a vast good to be derived from the training which the army life gives. A good soldier is a good citizen plus a patriotic spirit.

Men do not join armies and go to war for the purpose of dying; they go to get experience and excitement in order that they may have memories and tell the story of their exploits to their children, who will listen with dilated eyes and hope that they will be large enough to do the self-same things. Every soldier is a potential hero; some of the boys we see on the street will come back with medals for distinguished service. They will have a broader idea of life and duty than it is possible for the ordinary man to

home. We ought all to be sorry to see the great cataclysm which calls for the youth of any land to be killed; but we ought not to have any false sympathy for soldiers. The hazards of a soldier's life are offset by the great principles which prompts men to enter such service. The underlying principles of animal life have not materially changed in thousands of years and the reason we, as a country, are engaged in this war is to teach all nations that might must not rule and that while base tendencies remain the same the advance station of civilization says that the strong shall not oppress the weak.

Some men have entered the war with the melodramatic attitude and accept the fact that they will place self-made halos about their brows would not go. One man's life is not worth more than another's in the struggle for great principles; the lawyer, the doctor, the minister, the college man and the man of the street are the same atoms in the universe. If anything, the private is the man to put on the pedestal. It is to the man in the ranks that our honor and praise should go. The private is the man who does most of the work; he is the man who does the hard work; he is the man who follows orders; he is the man who is oftenest killed and wounded—he is the hero and is soon forgotten because the other fellows can talk loudest and set forth his claims most effectually. The man who is not willing to go to war as a private ought not to be allowed to go as an officer. There is many a coward who thinks that stripes offer more security and privilege or they would not have the nerve to put them on. Brave officers make brave men and in the army the men soon get the measure of their superiors.

The wives of the privates and their families love them quite as much as do the wives and families of the officers and one is not to be preferred to another in passing around the palms. Soldiers do not fear nor talk of death; usually the men who talk most of dying are the men who are praying that there will be plenty of trees and rocks if there is any shooting around their parts.

Let us show the men who represent us that we deeply appreciate what they are trying to do for us. They are

trying to make history; they are trying to break down old barriers of prejudice and tradition. Any man can do his work in a more whole-hearted manner if he knows that his friends put faith in him and expect him to make good. Lend every encouragement to men enlisted and morally strengthen all the men who are subject to call. Have them feel that it is an honor, a privilege, a debt of gratitude they owe the past and an obligation they lay at the door of the future; that they have done their share to make democracy safe for all people and they naturally expect their share. God is not dead and the destiny of nations has proven the fact that whatever is not honorable among men is not honorable between nations and races.

SIoux CITY, IOWA.

Mr. John L. Thompson, past grand master for the M. W. United Grand Lodge of A. F. & A. M. for the state of Iowa and jurisdiction, addressed the members of Harmony chapter, No. 22, O. E. S., on Tuesday evening, June 5th.

Rev. E. R. Edwards and Rev. Dr. Norris have returned from Des Moines, where they attended the district A. M. E. conference.

Miss Leona Gross, daughter of Mr. and Mrs. Chas. Gross, graduated from the Cathedral high school last week. Mrs. Alfred Morgan of Yankton was a business visitor in the city last week.

Children's Day was observed at Malone A. M. E. church Sunday, June 10. Mrs. Carrie Roberts has returned from a visit in Clarinda and Des Moines.

Miss Vesta Walker and Miss Beulah Wilkinson will depart Wednesday, June 13th, for a visit in Kansas City. The installation held by Decatur lodge, No. 14, A. F. and A. M., Monday evening, June 11th, was largely attended. Past Master M. Askew installed the officers. Refreshments were served.

Mr. John H. Shores departed Tuesday, June 12th, for parts of Nebraska on business.

The members of Decatur lodge, No. 14, A. F. and A. M., presented Mr. M. Askew, past W. M., with a past master's jewel in recognition of his active services as W. M. for the past three years.

OMAHA, NEB.

Through the efforts of Mr. J. C. Belcher the G. U. O. O. F. will be entertained in our city August 7, 8, 9 and 10 by the Omaha lodges, No. 22 and 26, sister lodges, Nos. 67 and 74, and Daughters of Ruth.

Mr. J. C. Belcher will represent Omaha lodge, No. 22-26 as their delegate this year.

Miss Leona McCoy, daughter of Mrs. Hannot McCoy, was quietly married at her home, 1618 North Twenty-first street, Thursday evening to Mr. Raymond Horn. The happy couple will leave in a few days for Minneapolis, where they will make their home.

James Purvine and Miss Anna Johnston were married Tuesday night at St. John's parsonage by the Rev. W. T. Osborne.

Mrs. W. B. Smith left Wednesday night for Detroit, Mich. She is employed in the home of Henry Ford.

Mrs. va Turner entertained at a three-course dinner Sunday in honor of Mr. and Mrs. Julius Miller, who left this week to make their home in Phoenix, Arizona.

Mrs. William Lawson and Mrs. George Blair were the hostesses at a "stork party" in honor of Mrs. Richard Jones. She received many beautiful and useful gifts.

An Easy Way To Reduce Flesh

Drink Hot Water and Take Tasso.

Haven't you often wished for a medicine to reduce your flesh? Something that does not require dieting or calisthenics? Well, just here you have it in 6-grain Tasso tablets, which you may secure at any good druggist. They are pleasant to take, perfectly harmless and cause no restrictions of habit or eating, and reduce the flesh, little by little, until you are down to the number of pounds you wish to weigh. Too much flesh is undesirable as most quite stout people will readily admit, and it detracts from one's good appearance; makes one clumsy and short of breath.

There isn't any reason why anyone should be too stout, when there's this much-tried, perfectly satisfactory remedy at any good druggist's. Tasso tablets (don't forget the name) are recommended by physicians and are guaranteed to be perfectly harmless. Refuse substitutes; if you cannot come to our store, we will mail Tasso to you.

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Send me by return mail a 50c box of your wonderful obesity treatment. I enclose 10c in silver or stamps to help pay postage and packing.

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Read my answer and advice on the Divorce-Proof Marriage Question. Let me tell you who to marry to live successful and happy. Send your full name, birthdate and 25 cents. The D. P. M. System, 15 E. Woodbridge st. Detroit, Mich. Please mention The Bystander

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A Good Restaurant and Rooming House

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Relieves CATARRH of the BLADDER and all Discharges in 24 HOURS
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ARE YOU SATISFIED WITH YOUR COMPLEXION?

Take care of your complexion—and your complexion will take care of you.

CHOOSE PURE AIDS. CHOOSE CREME ELGAYA THE PURE, DAUNTY, TOILET CREAM THAT HAS STOOD THE TEST FOR YEARS.

"Makes the skin like velvet"

SEND 10c FOR LARGE SAMPLE
JAMES C. CRANE, 104 FULTON STREET, NEW YORK

Beautiful Bust and Shoulders are possible if you wear a scientifically constructed Bien Jolie Brassiere.

The dragging weight of an unconfined bust so stretches the supporting muscles that the contour of the figure is spoiled. put the bust back where it belongs, prevent the full bust from having the appearance of a business, eliminate the danger of dragging muscles and confine the flesh of the shoulder giving a graceful line to the entire upper body.

They are the daintiest and most serviceable garments imaginable—come in all materials and styles: Cross Back, Hook Front, Surplice, Bandeau, etc. Bonded with "Washin," the rustless bonding—permitting washing without removal.

Have your dealer show you Bien Jolie Brassieres, if not stocked, we will gladly send him, prepaid, samples to show you.

BENJAMIN & JOHNES, 51 Warren Street, Newark, N. J.

Magic Hair Grower and Straightening Oil



MME. JOHNSON AND SOUTH

The most wonderful hair preparation on the market. When we say Magic we do not exaggerate, as you can see great results in the first few treatments. We guarantee Magic Hair Grower to stop the hair at once from falling out and breaking off, making harsh, stubborn hair soft and silky. Magic Hair Grower grows hair on bald places of the head. If you use these preparations once you will never be without them. Magic Hair Grower and Straightening Oil are manufactured by Mesdames South and Johnson. We also do scalp treating.

• Magic Hair Grower, 50c. Straightening Oil, 35c.

All orders promptly filled; send 10c for postage. Money must accompany all orders.

Agents wanted—Write for particulars.

We carry everything in the latest fashionable hair goods at the lowest prices.

We make switches, puffs, transformation curls, coronet braids, and combs made to order, matching all shades a specialty. Send samples of hair with all orders.

2416 Blondo St., Omaha, Neb.
Phone, Webster 880

WHITE VICTOR COPPER

is in the Heart of one of the Greatest Producing Copper Mining Sections in Arizona

This is the harvest time for the mines. Never before in the history of mining has so much money been made by Arizona mines as has been made in the last two years. The tremendous demand for copper as a result of the war is responsible for renewed activity in many properties long lying dormant. The increased profits have turned the eyes of investors to mines long abandoned. Some of these were reported as having been worked out, others were never put on a paying basis for lack of money to properly exploit their resources, and still others were not worked owing to the low cost of copper a few years ago.

Today all of this has changed. Old mines and abandoned properties have been worked and a surprising store of wealth has been taken from them. There are literally hundreds of instances of discovery of wealth in Arizona, many of them in the immediate neighborhood of the White Victor group.

Take the Copper Glimpse Mine. Two years ago the property was unknown. Today it is producing for its owners from \$40,000 to \$50,000 a month net, above all expenses.

Another property which was looked upon as practically worthless until a few months ago was the Senator

Morgan Mine. This, like the one mentioned above, is a part of the Twin Buttes property. The Guggenheims, to whom it was bonded, are now shipping several carloads a week of high grade copper ore from the mine and it has become a big earner for its owners.

We mention these mines because, for one thing, they are only a short distance south of the White Victor Mines and for another they are on the same line reef with identical geological formation.

This same condition obtains in the mines directly north of the White-Victor group. Take for example:

The old Phil Schaff property which is now known as the Vulcan Mine. This mine had just the same paying possibilities a few years ago that it shows today in its large shipments of splendid grade copper and silver ore, yet for years it was practically abandoned so far as mining was concerned.

Another big producer, the Mineral Hill Mine, was supposed to have been exhausted years ago and yet has recently come into the field as a big earner.

The mineral is in this formation as miners are just beginning to find out in some instances and it only needed serious working effort to develop it.

A Deluge of Dividends

THE STUPENDOUS EARNINGS OF SOME OF ARIZONA FAMOUS MINES

Some idea of the immense amount of money made and paid in dividends from Arizona mines may be gained from the following, a brief summary of the total dividends paid by biggest mines:

| | | | | | |
|-----------------------|--------------|-------------------------------|----------------|----------------------------|-----------------|
| Standard Copper | \$ 69,500.00 | Shattuck Copper | \$2,271,000.00 | Superior & Pittsburg | \$ 8,578,810.00 |
| Crown King | 242,760.00 | Ray Consolidated Copper | 2,719,430.00 | Arizona Copper | 18,105,587.00 |
| Imperial Copper | 300,000.00 | Miami Copper | 3,718,874.00 | Calumet & Arizona | 21,141,689.00 |
| Shannon Copper | 750,000.00 | Old Dominion Copper | 5,353,713.00 | United Verde | 33,372,000.00 |

BUY WHITE-VICTOR COPPER MINING STOCK

TODAY. Only 50 cents a Share.

For further particulars about White-Victor Copper Mine, call on or address

John H. McMurray & Co.

Room 12 Kirkwood Hotel Bldg.,

Dos Moines, - Iowa.

DO YOU BELIEVE IN SIGNS?
REMEMBER THIS ONE

PALMER'S "SKIN-SUCCESS" OINTMENT

when looking for the ORIGINAL Skin Ointment and Complexion Brightener. In successful use over eighty years. Many millions of boxes sold all over the country to satisfied users. **BEWARE** of all substitutes. Substitutes may be harmful; even dangerous. Insist upon getting what you want - the old, reliable "SKIN-SUCCESS" Ointment and Soap.

MADE ONLY BY

The Morgan Drug Co

1512 Atlantic Ave.,

Brooklyn, N. Y.

Write for a sample of Palmer's "Hair-Success" Dressing, the best hair pomade on the market.

THANKS.

Des Moines, Iowa, June 11, 1917.

Whereas Rev. T. J. Carr, the state missionary, the pastor, officers and members of the Maple Street Baptist church, the pastor, choir and members of the Corinthian Baptist church, other friends and sympathizers have so loyally responded to our call for their presence and support in this, our dedicatory service and rally,

Be it resolved that the pastor, Rev. Jas. Eaves, officers and members of the Union Baptist church extend our heartfelt thanks to all, praying God's choice blessings upon them.

Total money received in the three

services, \$93.10, and pledges of about \$30. Respectfully,

Rev. Jas. Eaves, Pastor.
Mrs. Hannah Brent, Clerk.

Nothing New Under Sun.

The strings of blue beads that the modern girl dons to ward off bronchitis are merely new versions of the strings of blue beads worn in Egypt 1600 years before Christ to keep diseases of the chest at bay, says a writer in the Philadelphia North American. The tiny sealed bottle of mercury which she carried to ward off rheumatism had its prototype in bottles of a strange elixir used in India 29 centuries and more ago.