

Boost Pay
and read The
Bystander

THE BYSTANDER

The Best
advertising med-
ium to reach colored
people in the west

XXIV No. 1

DES MOINES, IOWA, FRIDAY, JUNE 22, 1917.

Price Five Cents



CAPTAIN JOSEPH PHILLIPS.

The above cut is a true likeness of Joseph Phillips, captain U. S. A., and one of the instructors in the Fort Des Moines training camp. He was born in Baldwin county, Georgia, in 1880 and is a nephew of Bishop Phillips of the C. M. E. church. He was a student for a while at Tuskegee institute, leaving the school for the colors during the war with Spain, entering the service at the young age of 17 years, joining the famous Ninth cavalry, where he has served eighteen years, of which four years was served in the Philippine islands and three years on the Mexican border, having been in several engagements. He is a fine specimen of manhood and is worthy of the honor he now has.

A SUCCESSFUL CONVENTION LARGELY ATTENDED.

The eleventh annual Sunday school convention and Normal Institute of the Des Moines district, which was held June 7th and 8th in Des Moines at the St. Paul's A. M. E. church, was the best convention in attendance and spiritually.

The convention opened with Presiding Elder J. H. Ferrabee in the chair, who then introduced the district superintendent, Mrs. Nellie Esters.

During the first session the district superintendent appointed her committees and called for the reports of the various schools and also of the three sub-district superintendents. Rev. Lee of Asbury M. E. church of Des Moines and Rev. W. H. Lowry, also of Des Moines, favored the convention with a few encouraging remarks.

In the afternoon the district superintendent delivered her annual address, which was splendid. Dr. H. E. Stewart, superintendent of the A. C. E. League, also gave an enthusiastic address. The meeting was then turned over to the president of the normal, Mr. Chester Fredericks. The professors of Sunday school pedagogy, Bible study and sacred history gave lectures on their respective subjects, which were then discussed by the members of the convention.

The evening session was a splendid program rendered by the local church and a reception to the delegates.

Friday morning and afternoon were devoted to the reading and discussion of the papers by the delegates. Every paper was interesting and if carried out would be for the making of better Sunday schools.

Friday afternoon a diversion in the program was created when Mr. and Mrs. S. Joe Brown so kindly chartered a special car, which took the entire convention out to Ft. Des Moines to visit the colored soldiers. They cordially welcomed the delegation and served light refreshments, which were indeed appreciated.

Friday evening the committees made their reports and the officers were elected for the ensuing year.

The result of the election was as follows: District superintendent, Mrs. J. L. Edwards, Des Moines; secretary, Miss Marie Whaley, Washington; assistant secretary, Miss Ida Davis, Ottumwa; treasurer, Miss Margaret Davis, Ottumwa; publisher, Rev. J. J. Evans, Buxton; president of normal, Mrs. J. L. Solo Billings, Buxton; first vice president, Rev. S. L. Birt, Des Moines; second vice president, Rev. J. P. Sims, Cedar Rapids; third vice president, Rev. E. R. Edwards, Sioux City; secretary of normal, Miss Emma Smith, Buxton.

Mrs. Stewart's
School of Beauty Culture

We Teach Hair-dressing
Manicuring and Chiropody

Diplomas Given

623 W. B. Way
COUNCIL BLUFFS, IOWA

Our Men in Aciton at Fort Des Moines Camp.



These pictures show a few of the 1,250 colored army training camp going through military exercises on their first day's training last Monday. This cut was loaned to us by the Register and Tribune.

Daily Program for Army Camp.

(Saturday afternoon and Sunday no official work.)
Reveille at 5:45 a. m.
Breakfast at 6 a. m.
Morning instruction from 7 to 12 a. m.
Dinner at 12:15 p. m.
Afternoon instruction from 1:30 to 4:30 p. m.
Sick call at 4:45 p. m.
Retreat at 5:50 p. m.
Supper at 6 p. m.
Study period at 7 p. m.
Call to quarters at 9:30 p. m.
Taps at 9:45 p. m.

FT. DES MOINES OFFICERS' CAMP NEWS.

Washington, D. C., according to the "Washington Eagle," claims to have the largest number of men in our training camp. Below we quote what they say.

Larger number of our sons accepted for training camp than from any city or state in the department of the east. Seventy-six trusty boys from D. C. to Fort Des Moines. Forty-two of this number were trained by Lt. Col. Arthur Brooks as cadets or guards.

We have pride in publishing the list of young men from our city who have been accepted by the war department and are now in the training camp at Fort Des Moines.

Levi Anderson, Thomas E. Anderson, Richard E. Banks, Wm. I. Barnes, Wm. Redding Bowie, William Bradley, Richard M. Brown, William H. Burrell, R. H. Carroll, John C. Carter, Arthur F. Chinn, J. William Clifford, Frank Coleman, Clarence E. Collins, Joseph Henry Cooper, Horace R. Crawford, Clarence B. Curley, C. S. Cuneey, Merrell Hargro Curtis, Thomas M. Dent, Ernest O. Dickerson, Henry E. Dunn, Ernest C. Frazier, Clayborne George, Nathan O. Goodloe, Jr., Thornton H. Gray, Charles Young Harris, Marion F. Harris, Merrian C. Hayson, Douglas John Henderson, Newport F. Henry, Jesse Solomon Heslip, George Crocker Holloman, William W. Holman, Charles S. Hough, Cecil A. How-

ard, George B. Hunt, John Russell Hunt, Thornton M. Hunt, Charles Houston, Thomas E. Jenkins, Robert Edmund Johnson, James W. Jones, Paul W. Jones, John W. Knox, Charles E. Lane, Jr., Madison D. Lawson, Wilfrid W. Lawson, Howard Hale Long, Louis Bruno Lucas, Joseph H. Martin, Dr. U. G. B. Martin, Louis R. Mehlinger, Charles E. Minkins, Jr., James Wm. Monroe, George H. Murray, John H. Myers, Bernard Paul Nelson, Humphrey C. Patton, Ernest M. Pollard, James C. Powell, Andrew J. Pride, Richard R. Queen, Harold L. Quivers, William H. Randall, Harry D. Richardson, Douglas C. Richardson, Peter Lee Robinson, Roscoe E. Roper, Walker Lewis Savoy, James A. Schofield, James E. Scott, Sherman R. Sewell, James H. Smith, John A. Taylor, Vincent B. Thomas, Richard C. Thompson, Clarence Wesley Toliver, Altonzo Ware, H. N. Jas. Waring, Jr., Arthur R. Williams, John C. Williams, Lawrence Wooden, Edward W. Young, Charles G. Young.

The following assignments of candidates for temporary duty of Company 6 will take effect at once: Captain, Joseph Phillips; first lieutenant, Thomas Johnson; second lieutenant, Daniel Smith; first sergeant, Charles Ecton; mess sergeant, Cuby Martin; supply sergeant, Leslie Thurman; sergeants, Rosen T. Brown, William Collier, Lloyd A. Stafford, Lewis W. Wallace, Sid Webster, Horace G. Wilder; corporals, Vanderbilt Brown, David K. Cherry, William R. Davis, Matthew L. Dawson, David J. Gilmer, William T. Grady, Linwood B. Koger, Oscar W. Thibodeaux, Bravfield W. Harris.

Sore Nipples.

Any mother who has had experience with this distressing ailment will be pleased to know that a cure may be effected by applying Chamberlain's Salve as soon as the child is done nursing. Wipe it off with a soft cloth before allowing the babe to nurse. Many trained nurses use this salve with best results. For sale by all dealers.

DIRECTOR OF Y. M. C. A.



Robert B. De Frantz.

The above cut is that of Robert B. De Frantz of Kansas City, Mo., who until recently has been secretary of the Kansas City Y. M. C. A. He has been selected to take charge of the Y. M. C. A. work at the officers' training camp at Fort Des Moines. Mr. De Frantz was born thirty-five years ago, being the fifth son of twelve children. By hard struggle and economy he finished the high school in Topeka, Kans., and was elected to teach in the same school. Later he began the study of medicine at Washburn college, but before finishing he entered the city employment. On account of his active Y. M. C. A. work at Topeka he was called to Kansas City, where he brought that struggling association up to its present high efficiency. Those assisting him here are Dr. Cabanis and Badgett of Washington, D. C. Mr. De Frantz is a good, hard working, honest endeavor. They have their tent pitched and are now holding regular Y. M. C. A. services each Sunday afternoon.

Says Big Eaters Get Kidney Trouble

Take a Glass of Cold Water and Kidneo to Flush Kidneys if Back Hurts. Omit All Meat From Diet if You Feel Rheumatic or Bladder Bothers.

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid, which the kidneys strive to filter out, they weaken from overwork, become sluggish, the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health. When your kidneys feel like lumps of lead, your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or have rheumatism when the weather is bad, get from your drugist about one dozen Kidneo tablets; take one with a glass of water before each meal for a few days and your kidneys will then act fine. This famous remedy is made from perfectly harmless ingredients and acts quickly and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders. Kidneo is inexpensive; cannot injure, make no mistake, insist on Kidneo, it belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.

GALESBURG, ILL.

Sunday, the 17th, was Galesburg day at St. James church, Monmouth, Ill. There were about seventy-five went, headed by Rev. J. H. Garrison and Rev. Scott. There was a splendid program. Monmouth turned out en masse to meet the delegation. The church was packed. They have a beautiful church not quite completed. Rev. Thompson, pastor.

Sunday, the 24th, will be the laying of the cornerstone at the Second Baptist church.

Ruby and Ruth Skinner accompanied their grandmother, Mrs. Roberts, of Minneapolis, home to spend the summer.

Vivian Green is spending a few days with her uncle and aunt, Mr. and Mrs. LeRoy Anderson, of Monmouth.

The M. D. class will give a minstrel show at Odd Fellows hall on Friday evening, June 22. Music will be furnished by the Imperial orchestra, under the direction of Miss I. Fletcher.

Mrs. F. Coleman was called to Paris, Mo., by the serious illness of her father-in-law.

The Garrison club bazaar, which is the 19th, 20th and 21st, is going on. We wish them a grand success. Beautiful programs will be furnished all three nights.

Fern and Raymond Jackson accompanied their cousin, Mrs. P. Harris, home to spend a month in iamyra, Mo.

Mrs. H. Jenkins spent Friday with her mother, Mrs. Jiegler, in Kewanee.

Mrs. E. Murphy and baby returned to their home in Monmouth on Sunday, after spending two weeks with

her parents, Mr. and Mrs. A. Hawkins. Miss H. Wilson left Saturday to spend the summer in Michillinda, Mich.

Mr. E. McGill, who has been on the sick list for about ten days, is reported much improved.

Mr. H. Wilder is much improved at this writing.

Mr. T. Patton is getting along nicely and will be removed home in two weeks.

MACON, MO. NEWS.

Quite a number of Maconites will motor to Moberly on Monday night.

Western college closed last week with a very successful school year for the beginning of next fall term. Several visitors were present. The exercises for the entire week were successful. President Page is doing excellent work for the college.

Mrs. Margaret Simmons of St. Louis is in the city, the guest of relatives. Mrs. Beatrice Saunders of Omaha, Neb., departed for her home, after a two weeks' visit with relatives.

We are glad to see Mrs. John Green able to be out, after a serious spell of illness.

Mrs. L. Henderson and daughter are in the city, the guests of Mrs. L. L. Henderson.

Mrs. Annie Durdon will depart for her home in Des Moines, Iowa, after a visit with relatives.

Mrs. M. E. Brookins will depart soon for Denver, Colo., where she will make her home with her daughter, Mrs. E. Carter. Mrs. Brookins for a number of years has served as the superintendent for the Vine Street and Broadway Sunday school. She will be greatly missed. The Sunday school presented Mrs. Brookins with a beautiful black purse enclosed with money. The Sunday school feels very dear to her and we wish her much success.

Miss Genevieve Adams of Milan, Mo., spent a few days in Macon, the guest of Miss Idella Johnson.

Harry Colby and Hobert Williams of Kirksville, Mo., spent Friday night in our city.

Misses Mildora Walker and Irene Prentice, who have been attending Western college, departed Friday for their home in Buxton, Iowa.

Subscribe for The Bystander.

Mr. William Tindle of Fayette, Mo., is in the city employed. His wife spent a few days of last week with her husband.

Miss Leonora Jackson of Dalton, Mo., formerly one of the efficient teachers of Western college, passed through Macon en route for her home in Dalton, Mo. Miss Jackson has been a delegate to the Mt. Zion convention. While she was in the city she was the guest of Mrs. Cora Harris and Mrs. Clifton McElroy.



Call the Number Yourself, Always

It is common courtesy and good business practice to call the telephone number yourself on a local call, always.

A business man answering his telephone doesn't like to be told by your clerk or private exchange operator to "wait a minute" until you are ready to talk.

If anybody is to be kept waiting it should be the person making the call.

However, if you insist on having your office girl get another person on the line for you, she should say, for example, to the person called: "Mr. John Smith wishes to speak to you; please hold the line?"

To be told "wait a minute," we have found, is irritating to most people.



THE BYSTANDER

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DES MOINES, IOWA

JOHN L. THOMPSON, EDITOR

FRIDAY, JUNE 22, 1917

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EDITORIALS

NEGRO TRAINING CAMP OPENED

On Monday morning the Fort Des Moines training camp for colored officers was formally opened, as last week was taken up in examinations, classifications, systematizing and organizing the different bodies of men into companies, and on last Sunday afternoon at 5 o'clock 817 men were sworn into the service of the United States, and from that time until Monday additional men were sworn in, which made about 1,250 now in training. This camp is unique and will be watched with interest from all parts of the world, as it is the first training camp established especially to train our young men to become commissioned officers in the regular U. S. army. The camp gives three months of rigorous work and is conducted by 250 of our non-commissioned colored officers from the regular army. Most of them coming from the Ninth and Tenth cavalry and Twenty-fourth and Twenty-fifth infantry. They are men especially fitted for giving instruction and no doubt will work our men into fine shape within the given time. Everything is moving along like clockwork and all the teachers and pupils are enthusiastic and eager to learn, thereby demonstrating to the world that the Negro is capable of not only learning, but executing the highest possible gifts of military science, if only an opportunity is given them as has been in this camp.

We believe that the establishment of this camp is a providential blessing for heretofore all of the military training schools have closed their doors on the Negro and we believe that every candidate who is fortunate enough to be accepted will use his endeavor and best department that will bespeak the highest ideals of the race that is now on trial before the civilized world.

BI-CENTENNIAL CELEBRATIONS.

Through an edict issued by the grand master of Masonic lodges of Iowa most of our Masonic lodges will on the 24th day of June, St. John the Baptist's birthday, commemorate the 200th anniversary of our mother lodge of England, from which we get our right as Masons of this country, which came through Prince Hall, whose cut appears elsewhere in this issue. There will be a program of eulogies on the life and character of the patron saint of Free Masonry, also the early history of Freemasonry from our mother lodge to the present time, and it will be well for any of the profanes to attend the various meetings wherever they may be held.

WASHINGTON, IOWA, NOTES.

Rev. Boyd, formerly pastor of the A. M. E. church here, visited friends here for a day on his return to his charge at Waterloo, after attending the district conference and Sunday school convention at Des Moines last week. His many friends were glad to see him.

Mrs. Cass Lambert of Rock Island visited at the H. Campbell home a few days last week on her way to Des Moines to visit at the Mrs. Mabel Fulton home.

Messrs. Aaron Howard, John Mondy and Thos. Lewis are again employed at the Rock Island coal chute, after a short vacation.

Cecile Ballew is now the night man at the Rock Island railway pumping station. Those who attended the convention and conference of the Keokuk district of the A. M. E. church last week were Rev. Morgan, Mrs. Emma Black and Miss Marie Whaley. They report that this was the best gathering of the kind that has been held in a long time. All are glad that such gatherings are on the increase and not the "dec."

Messrs. Samuel Hall, Jr., Walter Williams and N. L. Black journeyed over to Albia last Friday night to be present at the K. P. lodge meeting of the following evening, when Hall and Black were initiated into the mysteries of the order, and Williams only went along to add his mite in the trouble making. Albia sure has a live bunch in that lodge.

Paul Greenway and J. D. Taylor left the city recently and have been heard from at Beloit, Wisconsin, and are both busy with good jobs.

A. L. Hall has begun the erection of his modern home on his lot north of the one on which he now is living. The work is fast progressing. When com-

pleted they will have a two-story eight-room house.

Edward Gwinn is becoming quite proficient as an employe at the Rothschild ladies' ready-to-wear store, and he is well liked by employes and the public.

Children's Day was observed at the A. M. E. Sunday school last Sabbath, and a very interesting program was rendered. In the evening the pastor talked and the Rev. Greer gave a nice talk also.

Alden Blagburn of Des Moines is a new addition to the populace of Washington. At present he is being employed on a farm north of the city.

Mrs. Henry Green is visiting her daughter, Mrs. Frances Walker, on the East Side in Des Moines.

A Mr. Smith and Miss Rhodes of Buxton were over night visitors at the Henry Green home Monday night on their way home from the Baptist convention at Davenport.

Mrs. Coffield of Columbus, Ohio, was a guest of the Mr. Richardson home recently on her way to Kansas City to visit her mother.

The people of our grand old state should toast the advent of the twenty-fourth year of the birth of The Bystander. Long may it live.

Mr. Ollie Gentry was a Rock Island, Ill., visitor last week.

Rev. W. G. Thorne occupied the A. M. E. pulpit during the absence of Rev. Morgan at the church conference at Des Moines.

A soldier widow's pension has been granted to Mrs. Emma Black, widow of the late Geo. W. Black.

Mr. Fred Turner visited home from Oskaloosa recently. He has a bunch of horses in training at Oskaloosa.

OMAHA, NEB.

Memorial services were held at the Grove M. E. church Sunday in honor of their deceased members.

Mr. G. H. Brown has gone in the express and moving business for himself.

Mr. Joseph Mason died at his residence Saturday noon. Was buried Tuesday. He leaves to mourn his loss two sisters, a brother and a beloved wife, many cousins and friends.

Anyone wanting to see the agent come to 2724 Burdette, or call Web 2362.

Cats Susceptible to Plague.

An eminent scientist affirms that many cats are susceptible to plague and that they suffer from acute or chronic plague septicaemia. He is of the opinion that they infect themselves by eating infected mice.

CLYDE LEROY GLASS

Pianist of National Reputation will teach in Des Moines Season of 1917-1918.

Address 1517 Bluff Street

POEMS YOU OUGHT TO KNOW.

No matter what your occupation you ought to read and know some of the great poems of the world. They will add to your happiness and philosophy.

NURSE'S SONG.

William Blake.

When the voices of children are heard on the green,
And laughing is heard on the hill,
My heart is at rest within my breast,
And everything else is still.

"Then come home, my children, the sun is gone down,
And the dew of night arise;
Come, come, leave off play, and let us away
Till the morning appears in the skies."

"No, no, let us play, for it is yet day,
And we cannot go to sleep;
Besides, in the sky the little birds fly,
And the hills are all covered
with sheep."

"Well, well, go and play till the light fades away,
And then go home to bed."
The little ones leaped and shouted and laugh'd,
And all the hills echoed.

FREE--REAL HAND MADE HUMAN HAIR BOOK--HAIR FREE

EXTRA SPECIAL OFFER Electric Straightening COMB 20c.

together with Imported French Hair Net Free. Jewel Comb 50c with two Hair Nets Free. Today's order for 20c comb or 40c comb and get Hair Nets Free also BOOK fully illustrated showing latest styles in Hair Goods and Toilet articles. Remember, Hair Nets FREE with orders. 20c or 40c Comb, Illustrated Book FREE on request.

GEORGE F. BUNGAY 25 So. William St., New York

"Anaemia--Lack of Iron--Is Greatest Curse To Health and Beauty of American Women"

Says Dr. Ferdinand King, New York Physician and Medical Author

Any Woman Who Tires Easily, Is Nervous or Irritable, or Looks Pale, Haggard and Worn, Should Have Her Blood Examined for Iron Deficiency.

Administration of Nuxated Iron Will Increase the Strength and Endurance of Weak, Nervous, Careworn Women 100 Per Cent in Two Weeks' Time in Many Instances.

THE CHILD'S APPEAL



"Mother, why don't you take NUXATED IRON and be strong and well and have nice rosy cheeks, instead of being so nervous and irritable all the time and looking so haggard and old. The doctor gave some to Susie Smith's mother and she was worse off than you are, and now she looks just fine."

"There can be no healthy, beautiful, rosy-cheeked woman without iron," says Dr. Ferdinand King, a New York Physician and Medical Author. "In my recent talks to physicians on the grave and serious consequences of iron deficiency in the blood of American women, I have strongly emphasized the fact that doctors should prescribe more organic iron—nuxated iron—for their nervous, run-down, weak, haggard-looking women patients. Pallor means anaemia. The skin of an anemic woman is pale, the flesh flabby. The muscles lack tone, the brain fags and the memory fails, and often they become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women, the roses go from their cheeks."

"In the most common foods of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tapioca, sago, farina, disintegrated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods, and silly methods of home cooking, by throwing down the waste pipe, the waters in which our vegetables are cooked are responsible for another grave iron loss."

"Therefore, if you wish to preserve your youthful vim and vigor to a ripe old age, you must supply the iron deficiency in your food by using some form of organic iron, just as you would use salt when your food has not enough salt."

down, instead of dosing themselves with habit-forming drugs, stimulants and alcoholic beverages, I am convinced that in this way they could ward off disease, preventing it becoming organic in thousands of cases and thereby the lives of thousands might be saved who now die every year from pneumonia, grippe, kidney, liver, heart trouble and other dangerous maladies. The real and true cause which started their disease was nothing more nor less than a weakened condition brought on by a lack of iron in the blood.

On account of the peculiar nature of woman, and the great drain placed upon her system at certain periods, she requires iron much more than man to help make up for the loss.

Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak, pale and sickly looking, just like a plant trying to grow in a soil deficient in iron. If you are not strong or well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next, take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained. I have seen dozens of nervous run-down people who were ailing all the while double their strength and endurance and entirely rid themselves of all symptoms of dyspepsia, liver and other troubles, in from ten to fourteen days' time simply by taking iron in the proper form. And this, after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate, or tincture of iron, simply to save a few cents. The iron demanded by Mother Nature for the red coloring matter in the blood of her child is, alas! not that kind of iron.

You must take iron in a form that can be easily absorbed and assimilated to do you any good, otherwise it may prove worse than useless.

I have used Nuxated Iron widely in my own practice in most severe aggravated conditions with unflinching results. I have induced many other physicians to give it a trial, all of whom have given the most surprising reports in regard to its great power as a health and strength builder.

Many an athlete and prize fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray; while many another has gone down in inglorious defeat simply for the lack of iron.

Dr. Schuyler C. Jaques, Visiting Surgeon of St. Elizabeth's Hospital, New York City, said: "I have never before given out any medical information or advice for publication, as I ordinarily do not believe in it. But so many American women suffer from iron deficiency, with its attendant ill-physical weakness, nervous irritability, melancholy, indigestion, flabby, sagging muscles, etc., and in consequence of their weakened, run-down condition they are so liable to contract serious and all even fatal diseases, that I deem it my duty to advise all such to take Nuxated Iron. I have taken it myself and given it to my patients with most surprising and satisfactory results. And those who wish quickly to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."



You can tell the women with plenty of iron in their blood—beautiful healthy rosy cheeked women full of Life, Vim and Vitality

NOTE—Nuxated Iron, which is prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine or secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; so the contrary, it is a most potent remedy in the early, middle and advanced stages of iron deficiency. The manufacturers have such great confidence in nuxated iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron, and increase their strength 100 per cent or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your 50¢ if it does not at least double your strength and endurance in ten days' time. It is dispensed in the strength of all good druggists.

EDITOR'S OBSERVATIONS.

By John L. Thompson.

Council Bluffs is one of the oldest cities on the Missouri river and one of the largest in our state. It received its name from the high bluffs that the early geological formations left during the antiluvian period. We find here quite a number of colored people. Some are doing fairly well and a few are in business; yet the feeling is that more should enter into the active business life. Mrs. M. Stewart runs a hairdressing parlor on Main street and has a splendid trade. She has been in business for several years at 623 West Broadway. Chas. Burke, who formerly run a first class restaurant, has sold out and is now working for the railroad company. Mr. N. C. Lyons is still working at the hotel barber shop and doing nicely. W. H. Birdsong is still working for the same people and owns a nice home. Mrs. W. L. Cave has been quite sick. Mrs. J. F. Means is working at the Union Transfer depot. Mr. W. H. Herrington is still working at the same place. He owns a nice home at 2032 Eighth avenue. Mr. and Mrs. Stout are also doing well. Wm. Moore owns nice property and is doing well. Rev. E. A. Moore is also doing nicely. Mr. L. H. Harrison is working at the Union Pacific Transfer hotel. We have appointed Miss Agnes Fountain as our correspondent there and we will hear from Council Bluffs hereafter through her. Rev. M. Jackson has charge of the Baptist church and is doing nicely. Dr. F. J. Peterson is attending to the wants of the Methodist flock.

From Council Bluffs we crossed the river into Omaha. This is the metropolis of Nebraska, and here dwell about 8,000 colored people, many of them in business and succeeding nicely. Here we find doctors, lawyers, dentists, druggists, undertakers, merchants and also a colored fire department. Several men are working in the city, employed as clerks, and also the county offices, whose names we were unable to get. Mr. Allen Jones, formerly of Clarinda, Iowa, is located here in the undertaking business in partnership with Mr. Childs, and they are succeeding nicely, the leading undertakers in this town. Mr. D. G. Russell is one of the business men who owns a fine hotel, barber shop and pool room and has been in business about twelve years. His brother assists him. Mesdames South and Johnson are still running their hairdressing parlor and manufacturing hair oil, etc. They are pioneers in this town in this lucrative business. Geo. W. Woods, formerly of Des Moines, is still at the same place and is doing well. He owns a nice home. He wishes to be remembered to all of his old friends. Rev. W. F. Botts still has charge of the large Baptist church here and is making rapid progress in completing his new church. Dr. Botts is one of the ablest ministers in the northwest and is a cultured man. He is actively associated with secret societies and stands high. Dr. W. T. Osborne has charge of the large A. M. E. church and has served his fifth year. He says he is sorry, for according to the rules of his church he will have to pack his tent and seek another vineyard. Dr. Osborne has proven himself to be a power in the church work of this community. He and his able wife have devoted their lives to this work. Father Williams is one of the most scholarly divines in the U. S. and it is a pleasure to listen to his sermons. The Episcopal church is not so large in attendance, yet the services are orderly and systematically depicts the higher ideals of an educated minister. Father Williams is editor of the only weekly paper here, which is called the Monitor. Rev. Logan has charge of the M. E. church, a beautiful new church, and he is doing nicely. W. H. Jackson, formerly of Buxton, Iowa, who is on the fire department, is still at his post doing well. He owns one of the most beautiful and modern homes in Omaha, which was bought by the assistance of his economical wife. Mr. John James is still working in the

postoffice. He is formerly of Iowa from Buxton. His relatives live in Des Moines. J. G. Pegg, who was one of the leading politicians here and a city officer, died last winter. Mr. and Mrs. N. P. Patten are still running their hotel at 1014 South Eleventh street. They have the largest hotel of any colored people in town, as they have two. The one in which they live has fifty-seven rooms. They are very successful business people and have recently bought themselves a beautiful new auto. Mr. G. W. Levitt is still in the laundry and rooming business and doing nicely at 1323 Howard street. Mrs. Lillian Bailey, formerly of Ottumwa, is still here and has been sick this spring. L. H. S. Brown, formerly a business man of Des Moines, still lives here, although he is not at present in business, as he is employed at the railroad company. Mr. R. L. Woodard and Mrs. Jennie Brown are some of the new additions to the Bystander subscription family. They formerly lived in Iowa. Mrs. Harry B. Lewis, an Iowa girl, lives here. Her husband works on the fire department. A. L. Anderson of 4012 Parker street runs a truck garden and is doing well. Many of the colored people are doing a great deal for farming here.

In Yankton, S. D., we find the colored people few in number, yet those few receive high respect in this great northwest. Many of them are farmers and truck gardeners. Mr. A. Allen is one of the successful men here. W. F. Smith is doing well. Mr. and Mrs. Goodlow, 1112 Broadway, are living in town and farming in the country. Mr. Goodlow is a successful farmer. Mr. A. Hayes is a successful man. He is a plasterer. Isaac Blakey is a successful farmer doing nicely. L. A. Smith is also doing well. Mr. C. Bentley owns a nice home and works with the Burgi Lumber Co. Mrs. Ferguson is here, also Mrs. E. W. Stokes, and they own nice homes. Rev. Herriford, the Baptist minister, has bought a nice piece of property and is starting to build. Mr. Morgan, formerly of Sioux City, lives here and his son graduated from the Iowa State university this year. There are many others whose names we did not have time to get.

Whooping Cough.
In this disease it is important that the cough be kept loose and expectoration easy, which can be done by giving Chamberlain's Cough Remedy. Mrs. P. H. Martin, Peru, Ind., writes, "My two daughters had whooping cough. I gave them Chamberlain's Cough Remedy and it worked like a charm."

Toniline Is Beauty Aid, Announces Specialist

Mildred Louise Talk of Interest To Women.

As health is a first aid to beauty this story, told by Mildred Louise, beauty specialist, of Boston, Mass., is of unusual interest:

"I can recommend no better health giver than toniline," said Mildred Louise.

"I was for many months a victim of stomach trouble and nervousness. I had suffered terribly from pains that followed eating. Headaches also would add to my worries. Poor digestion finally brought on nervousness."

"Relief came, however, when I took the advice of several women, who said, 'Take toniline.'"

"Not long after I started the toniline treatment, my patrons began to remind me of the improvement in my condition. And because health is the quickest way to beauty, the improvement was particularly noticeable in my face."

"What toniline really did for me I cannot say. I am so grateful that I am very willing to recommend toniline publicly."

Toniline is a purely vegetable preparation which goes to the seat of common maladies—stomach and kidney trouble, catarrhal affections of the mucous membrane, liver ailments and impurities of the blood—and quickly restores proper action. Toniline is being explained daily to many people at our druggists'.

—50c BOX FREE—
FREE TONILINE COUPON
AMERICAN PROPRIETARY CO.,
Boston, Mass.

Send me by return mail a 50c box of your celebrated flesh builder. I enclose 10c to help pay postage and packing.

"Sudden pain from over-strain"

Every Housewife or Mother is ever under that Nervous Strain which so often results in Headaches, Dizzy Sensations, Faintness, Depression and other Nervous Disorders.

Dr. Miles' NERVINE
is Highly Recommended in Such Cases.

IF FIRST BOTTLE FAILS TO BENEFIT, YOUR MONEY WILL BE REFUNDED.

BADLY RUN DOWN.
"I had become greatly run down and my nerves were in terrible condition. I had frequent headaches and became very weak and was unable to do anything. I bought a bottle of Dr. Miles' Nervine. I soon began to feel better, my nerves were quieted. I recovered my strength, and have since recommended Dr. Miles' Nervine to many of my friends who have used it with satisfactory results."
MRS. FRANCES WHITLOCK,
179 Broadway, Schenectady, N. Y.

CITY LOCALS

Wanted—Good first class barber at
ce. L. J. Shelton, 509 Mulberry

Mrs. Birt is recovering from the
man measles.

Mr. L. H. S. Brown, formerly of this
y, but now of Omaha, passed
rough the city the first of the week.

Anita Patti Brown, leading singer
the race, will appear at St. Paul's
urch on July 16th.

The Mite Missionary society will
ve a porch party at the parsonage
Monday evening, June 25th.

St. John's day will be fittingly ob-
ved at St. Paul's church on Sunday
ernoon.

Mrs. Carrie Stone, who is ill at the
esbyterian hospital, is improving
ely.

Will sell my house and lot cheap for
h or will take one-third cash and
t in payments. S. A. Coover, 1433
emont street, city.

Mr. Geo. Shaw of Colfax, Iowa, was
the city Sunday visiting relatives,
o the training camp for colored of-
ers at Fort Des Moines.

Mr. Luther Bledsoe of Chicago was
the city a few days, called here by
illness of his mother, Mrs. E. L.
aw. She remains about the same.

Mr. E. Ashford of Council Bluffs, a
ng man in the high school, called
our office. He will spend the sum-
er here.

Mr. and Mrs. Harrison Stewart, who
ve been playing at the Empress
eater for the past few days, were
e guests of Miss Susie Lee.

The Busy Bee Sewing Circle met
t Friday with the president, Mrs. R.
Hyde. Meet this week with Mrs.
bbell on Ridge street.

Dr. Jefferson reports that Mr. and
rs. Laurence Law of 105 Holcomb
venue are the proud recipients of a
t and one-half pound baby girl.

The "Hikers" had early morning
eakfast Sunday at Union park. A
mber of non-commissioned officers
Fort Des Moines were their guests.

Rev. Birt has booked quite a number
entertainments for St. Paul's
urch during the month of July.
Work for the Rally!

The building rally for the new St.
ul's church will be launched this
onth. All loyal, progressive mem-
ers are asked to boost and work for
e new St. Paul's.

Just as we go to press we received
e sad news of the death of Mr. Joe
ate, well known in this city and Bux-
n. He died last night at the Presby-
rian hospital.

When you hear an Edison you hear
e original voice actually recreated,
o that by closing your eyes it is
sibly possible to imagine the singer
e in the room.

The Kloster Crochet club will meet
Wednesday p. m. at the residence of
rs. W. Hieronymus, 1332 School
reet, with Mrs. Nioma Saunders as
ostess.

Among those who left Wednesday
or Marshalltown to attend the wed-
ing of Miss Letta Carey to Dr. Bled-
oe were Miss Adah Hyde, who is the
ridesmaid; Mrs. G. G. Nichols and
rs. S. Joe Brown.

Mrs. M. J. Bradford, proprietress
of the Thompson hotel, was in Iowa
City last week visiting with her moth-
r. She returned by way of Cedar
Rapids. Her mother accompanied her
ere to spend the summer.

Among those who visited the By-
tander office during the week were
Messrs. Wm. Tribbett and Chas. Trib-
bett of New Haven, Conn., who are at
the officers' training camp at Ft. Des
Moines, also Mr. Myres.

When you hear a talking machine
reproduce voices you hear sounds that
resemble a "Punch and Judy" and
which no more sound like the original
singer than vinegar would taste like
oney.

The Home Makers League will meet
Tuesday afternoon, June 26th, with
Mrs. Adam Dixon on Twelfth and
Enos streets. All interested persons
are requested to be present. Full re-
ports will be made concerning the

Phones: } Walnut 11455058J
} Res. Drake

Dr. W. H. Lowry
DENTIST
Office 757 W. 9th. Des Moines
Thompson Hotel Iowa

work of the league. Mrs. J. L. Ed-
wards, president.

The rich man's toy and the poor
man's joy—the new Edison—brings
genuine entertainment and real music
into every home. Unlike the "talking
machine," you do not grow tired of it,
but each time you hear it a desire is
created to hear it again.

At 6 o'clock Sunday, during the
hour of the Young People's meeting of
St. Paul's A. M. E. church, Mrs. Hillis
and Mrs. J. H. Montgomery will
speak on the work of the Red Cross.
Everybody interested is urged to come
and all club ladies in particular are
asked to be present.

A three-course dinner was served
by Miss Charron Robinson on Mon-
day, June 18th, at the home of her
parents, Mr. and Mrs. Wm. Robinson,
in honor of Miss Alma Wilson, former-
ly of Des Moines, but whose future
home will be in Minneapolis. Miss
Wilson is a member of Roman Tents
No. 6 and was here attending the an-
nual sermon. Music was furnished by
the victrola and piano selections by
Miss Loraine Crawford.

Sergeant Pinkton of Ft. Des Moines
entertained at his company hall at the
fort Sunday at 6 o'clock dinner the
following: Mesdames Colleen Jones
and Stella Hyde, Misses Susie Lee,
Margaret Roberts, Adah and Gertrude
Hyde and Messrs. V. L. Jones, Jesse
Graves, Sergeants Thomas and Grin-
nell.

THOMPSON HOTEL GUESTS.
S. A. Douglass, Hartford, Conn.,
Geo. W. Cabaniss, Washington, D. C.,
Frank Francis, L. R. Mills, Helena,
Ark., Mr. and Mrs. Bush, Pennsyl-
vania, Thomas Fields, St. Paul, W. J.
Madison, Ames, Iowa, Archie O.
Starks, Bassell, Iowa, L. Haywood,
Boone, Iowa, C. R. Blake, New York
City, Mr. and Mrs. C. H. Keene, Iowa
City.

Mrs. John Miller of 1311 Buchanan
street entertained Tuesday evening,
June 12th, in honor of her son, Mr. B.
F. Tillery, one of Kansas City's Pull-
man porters, who had been running
to our city temporarily to visit his
mother, sisters and aunt. The even-
ing was spent in conversation and
music. A dainty lunch was served.
There were ten guests present. He
returned back to Kansas City to re-
sume his old run to Denver, Colo. He
likes Des Moines fine and enjoyed
himself immensely while here.

The Mary Church Terrell club met
Monday evening with Mrs. Emerald
Mash. After a business session the
lesson was ably conducted by Mrs. Col-
leen Jones. Current events were given
and a delicious luncheon served. Mrs.
Bradford was a visitor. Club will
meet next Monday with Mrs. J. H.
Perkins with the following program:
From line 298 to 483 of "The Last
Tournament." Leader, Mrs. Lulu Mc-
Cree. Outline, "Arts and Craft," Mrs.
Audra Alexander. Quotations,
"Maxims."

ANNOUNCEMENT.
The members of North Star and
Doric lodges, A. F. & A. M., assisted
by the ladies of Princess Oziel and
Princess Zorah chapters, O. E. S., will
celebrate St. John's day with an ap-
propriate program next Sunday at St.
Paul's A. M. E. church. There are
about 100 Master Masons, including
two past grand masters and one past
grand secretary and the worshipful
master of the military lodge of the
Tenth cavalry, out at the training
camp at Fort Des Moines and these,
together with all other Master Mas-
ons in good standing, are invited to
join the procession at North Star Ma-
sonic temple, West Eleventh and Cen-
ter streets, promptly at 2 p. m.

Some of the people at the camp that
have called on the editor or at the By-
tander office are: Major A. W. Ford
of Chicago, Sergeant Wallace of Chi-
cago, W. H. J. Beckett, physical di-
rector of Washington, D. C., also Dr.
Geo. W. Carbaniss, a physician of
twenty-five years' practice there. They
are out here to assist in the establish-
ing of the Y. M. C. A. Samuel A.
Duncan, publisher of the Pilot Ga-
zette, New York; Wm. H. Bryant, M.
D., and Dr. Thomas C. Tinsley, leading
physicians of Raleigh, N. C.; L. H.
Godman, attorney at law, Columbus,
Ohio; Homer G. Neely and McKinney
Williams of Palestine, Texas; Capt.
Joseph Phillips of New York, W. N.
Johnson, attorney, of Omaha, Neb.;
Wm. A. Tibbett, New Haven, Conn.;
Geo. C. Sherwood and Rev. N. H. Mor-
rell of St. Paul, Minn.

Miss Marie I. Bell entertained
Thursday evening at her home on Jef-
ferson avenue in honor of Miss Beu-
lah Allen, whose marriage to J. Al-
fred Williamson of this city will take
place June 27th. A mock wedding
was the feature of the evening. Those
taking part were Nellie Johnson, Adah
Hyde, Tabitha Mash, Mamie Miles
and Johnnie Shaw. The ribbon girls
were Hazel Patten and Ruth Davis;
ring bearer, Helen Davis. Miss
Leatha Johnson played the wedding
march. Miss Helen Roy sang a group
of songs and a miscellaneous shower
was presented to the bride to be by
Mrs. Iona Coleman. The parlor host-
esses were Miss Blanche Allen and
Miss Margaret Latton. Miss Margaret
Emanuel presided at the punch bowl.
Miss Meredith Hubbard received the
guests at the door.

Rev. S. L. Birt is attending the
fifty-fourth annual commencement and
trustee board session of Wilberforce
university, Ohio, at which time Mrs.
Birt's niece, Miss Vera Jane Ross
Thomas, will graduate. He will at-
tend the Ross family reunion given in
honor of Miss Thomas' graduation, at
which Bishop I. N. Ross, the oldest liv-
ing member of the family, will pre-
side. Miss Thomas will return with
Rev. Birt to Des Moines to spend the
summer. Rev. Birt will arrive home
Saturday, June 23d.

NEW CHURCH FOR DES MOINES.
Mr. G. W. Montague and G. W.
White of Scandia, Iowa, returned this
week from Kansas City, Mo., where
they had attended the annual confer-
ence of the A. M. E. Zion church,
which was held at St. James church.
Rev. White was returned to the
charge at Scandia and C. W. Mon-
tague was made Sunday school dis-
trict superintendent of the Iowa con-
ference, which was just organized. The
presiding bishop is L. W. Kyles. They
are going to build a \$20,000 new
church in West Des Moines this year
and their next annual conference will
be held here. Mr. Montague is chair-
man of the building committee.

Negroes Wanted in Army Aviation.
Negroes are to be used in the army
aviation by the war department. This
fact was made known here in a tele-
gram sent by the war department to
President W. S. Scarborough of Wil-
berforce university, which read:
"Minimum age limit for candidates
for army aviation has been reduced to
19 years. Your assistance in getting
this information into the hands of
your best military students will be
greatly appreciated. The air service
needs athletes who are quick-witted,
punctual and reliable. Intelligent
men, accustomed to making quick de-
cisions, are desirable. Men who ride
well and can sail motorboat or handle
a motorcycle usually make good air
pilots."

**COLORED CADETS ARE SWORN
IN.**
By Atty. S. Joe Brown.

The twelve hundred and fifty Negro
students attending the colored officers'
training camp at Ft. Des Moines were
lined up in regimental formation in
front of the regimental headquarters
promptly at 5 o'clock last Sunday
afternoon, uncovered their heads,
raised their right hands and took the
oath, which was administered by Col.
Chas. C. Ballou, the commanding of-
ficer of the camp, in a voice that was
clear and so powerful that it was dis-
tinctly heard by every man in the reg-
iment, by the taking of which oath
the men became soldiers in the United
States army, subject to all the regula-
tions and penalties prescribed in the
articles of war for the period of three
months, at the expiration of which
mission as first lieutenant, second lieut-
enant, captain or major in the reserve
corps, but should no commission be
tendered then they are released from
obligation at the end of the three
months' instruction and training.
Many of the men from other cities and
states, as well as those who reside in
Des Moines, had their wives or sweet-
hearts and some of their children in
the vast throng that was assembled on
the parade grounds to witness this
most impressive ceremony, which, as
was emphasized by the commanding
officer in the few brief but pointed re-
marks which he made after adminis-
tering the oath, marks an important
epoch in the history of the race.

Having thus been mustered into the
national army, the men were at once
placed under regular army discipline,
arising every morning at the sound of
the cannon at 5:30 and keeping up a
continuous round of instruction and
drills, including practice marches and
rifle practice, as well as sitting up and
foot exercises, until 9:45 p. m., when
taps are sounded and all lights extin-
guished and perfect quiet maintained
until the sound of reveille the follow-
ing morning. The men are being well
fed and well housed and are especially
pleased with the corps of officers in
charge of the camp, who from the
commanding colonel down to each
company commander, who is either a
major, captain or lieutenant in the
regular army, are outspoken in their
praise of both the character and the
conduct of the men.

**CLOSING OUT MY
HAIR BUSINESS**
Finest Line of Colored Peoples Hair

25c Bangs at 15 or 2 for 25
75 cent Switches at 50 cents
85 cent Switches at 55 cents
\$1.00 Switches at 75 cents
\$1.50 Switches at \$1.00
\$2.50 Switches at \$1.25
\$3.00 Switches at \$1.50
\$2.00 Transformations \$1.25
\$2.50 Traniformations \$1.50
\$4.00 Half Wigs at \$1.50
\$10.00 Full Wigs at \$6.00
\$18.00 Full Wigs at \$10.00
All Toilet goods at 20 per cent dis.
F. W. Franz
705 Locust St.
2nd door W of Chamberlain Hotel
Mail orders prompt attention

MARSHALLTOWN, IOWA.
Special to the Bystander.
Mrs. Mary Cheshire, Mrs. Floseja
Williams and daughter, Yvonna, of
Ottumwa, are the guests of Rev. and
Mrs. Abner of 603 E. Boone street.
The Taborian annual sermon was
preached at the Second Baptist church
Sunday at 3:30 p. m. by Dr. B. F. Ab-
ner. Sir Edward Roberson, grand
chief menter of the jurisdiction, was
present and delivered an address on
the history of the institution.
Rev. Dr. Abner has just returned
from the Sunday school convention,
which held its annual session in the
city of Davenport. He reports a suc-
cessful meeting.

Sour Stomach.
This is a mild form of indigestion.
It is usually brought on by eating too
rapidly or too much, or of food not
suited to your digestive organs. If
you will eat slowly, masticate your
food thoroughly, eat but little meat
and none at all for supper, you will
more than likely avoid the sour stom-
ach without taking any medicine what-
ever. When you have sour stomach
take one of Chamberlain's Tablets to
aid digestion.

**NOTICE OF EXPIRATION OF
RIGHT OF REDEMPTION.**
To Lyman James:
You are hereby notified that on the
2nd day of December, 1912, the follow-
ing described real estate, situated in
Polk county, Iowa, to-wit:
East part of the south half of lot
seventeen (17) in block seventy-nine
(79), town of De Moines, being in and
a part of the city of Des Moines, Iowa,
was sold for the then delinquent and
unpaid tax for the year 1911 to H. J.
Susong; that the undersigned is now
the owner and holder of the certificate
of purchase issued in pursuance of the
above mentioned sale, and that the
right of redemption will expire and a
deed for said real estate will be made
unless redemption from said sale is
made within ninety days from the
completed service hereof.
Dated this 12th day of April, 1917.
J. D. Wallingford.

REMEMBER
Lud Strothers' Cafe
417 W. Third Street
Meals and Short Orders at
all hours. Quick Service.
We serve on the
European style.
L. G. Strothers,
Proprietor Des Moines

FOR SALE
On Easy Payments
Several good lots in Lake Park
and Highland Park.
Also have some good
houses for sale.
Call The BYSTANDER Office
Phone Walnut 899

FREE **STYLE BOOK**
--- **HAIR** ---
To Colored Women
We are the largest
manufacturers of
Colored Women's
Hair. Our latest
book showing new
styles in hair
dressing sent free.
Every colored wo-
man should have
one. We will then
send our hair and
toilet articles. No
infection guaranteed
or money back.
We make the best
gold-brass STRAIGHT
FINING combs, with extra heavy back, fully
guaranteed. With each comb we give lamp cap
FREE. Send money order or stamps. MONEY
BACK IF NOT SATISFACTORY. See postpaid.

POSTPAID 89c
Hair nets, brushes, combs and toilet articles
manufacturers' prices. Send two-cent stamp.
Agents Wanted. Address as follows:
HUMANIA HAIR COMPANY
181-187 Park Row, New York City.

KINKY
HAIR
Becomes Straight, Soft,
Glossy, Long by Using
HEROLIN
HAIR DRESSING. NEW DISCOVERY—
NOT STICKY OR GUMMY
You see the kinks in your hair disappear.
All your naps, curls, snobs, kinky hair
made straight, smooth, silky, glossy. Herolin
Hair Dressing makes hair grow fast, long and
beautiful, stopping dandruff and itching of the
scalp and falling hair at once. Stop using hot
irons. Apply Herolin instead.
Send 25c (stamps or coin) for a big can of
Herolin. Money back if Herolin doesn't satisfy
you.
HEROLIN MEDICINE CO., Atlanta, Ga.
AGENTS WANTED WRITE FOR
TERMS

Bradford's Barber Shop
224 W. 3rd Street
FIRST CLASS WORK
BATHS
Bradford's Pool Hall
M. J. BRADFORD, Prop.
A LINE OF TOBACCO, CIGARS & SOFT DRINKS
Phone Wal 1916 757 W 9th St.
DES MOINES, IOWA.

1012 Center Street Phone Red 1367
New Monarch Cafe
Mrs. M. J. Bradford, Prop.
SODA FOUNTAIN GOODS
CIGARS and TOBACCO
DES MOINES, IOWA.

**ARMY Y. M. C. A. DEDICATORY PRO-
GRAM.**
Invocation Rev. G. W. Robinson
Music—Led by W. H. J. Beckett, physi-
cal director army Y. M. C. A., Ft.
Des Moines.
Scripture Lesson
Dr. G. W. Cabaniss, Washington, D. C.
Short Talks—
"The Opportunity," R. B. De Frantz, execu-
tive secretary army Y. M. C. A., Ft. Des
Moines.
"The Association and the Army," W. W.
Gethmann, district secretary army Y. M. C. A.
Chicago, Wm. Parsons, state secretary
Y. M. C. A. of Iowa.
"The Function of This Camp," Col. C. C.
Ballou, commanding officer.
Dedicatory prayer..... Rev. W. L. Lee
Music—"My Country 'Tis of Thee."
You are cordially invited to attend the
dedicatory exercises of the army Y. M. C. A.
headquarters, Ft. Des Moines, Iowa, Satur-
day, June 23, at 7:30 p. m.

Coming Events Cast Their Shadows for 1917
The M. W. U. G. L. of A. F. & A. M. of Iowa, July 10, to 12,
at Davenport, Iowa.
The Knights of Pythias, July 26th, at Albia.
The Court of Calanthe, July 26th, at Albia.
The Knights of Tabor, August 7th, Des Moines.
The Daughters of Tabernacle, August 7th, Des Moines.
National Business Men's League, August
International Conference of Grand Masters, Grand Secretaries
and P. G. M. s. August at Louisville, Ky.
The G. U. O. of O. F., August 28th at Des Moines.
The Household of Ruth, August 28th, at Des Moines.
Iowa-Nebraska State Baptist Association, August 28, Oskaloosa.

YOUR FRIENDS ARE PROUD OF YOU
The cause you serve and the
uniform you wear.
They want your Photograph.
DO IT TO DAY
COURTRIGHT STUDIO INC.
Phone Red 5242 615 Walnut Street.

As Age Advances the Liver Requires
occasional slight stimulation. **CARTER'S LITTLE**
LIVER PILLS correct CONSTIPATION.
Genuine
Bears
signature
Colorless or Pale Faces usually indicate the absence of iron in the blood,
a condition which will be greatly helped by **Carter's Iron Pills**

Whatever you do, don't get BALD!
Prevent dandruff and falling hair by using the great French preparation
ED. PINAUD'S HAIR TONIC
This original Eau de Quinine is the one effective tonic for itching scalp,
sick hair and dandruff. Used by men and women of refinement the
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As it Grows Older
It Grows Better
PORO
A Hair Grower that won for itself over
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For details write "PORO" COLLEGE COMPANY,
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HEALTH HINTS.

A. J. Booker, M. D.
The great military camp is started officially and the men are down to work in dead earnest. One of the most momentous epochs in the history of the Negro race was enacted when twelve hundred and fifty men took the oath of allegiance Sunday. It was more than men declaring that they were willing to fight and die to preserve intact the glory and honor of the United States—any citizen of this country who would not take such an oath ought with the greatest speed take a train or boat to the country he is willing to die for—it meant that the cream of the Negro race was selected and stood there with one purpose. It was worth the longest journey to see over a thousand Negro men of training and culture assembled, to say nothing of the unity of purpose.



The men themselves ought to feel proud to be participants in such a momentous affair. Every man who held up his hand was making history. Surely every man's "heart with rapture thrills" when he thinks of his part, both now and the future possibilities.

A great new trial has come to us. Those who pray ought to send up a silent prayer twice or three times a day for those men at Fort Des Moines. All our hope is in their success. All our danger is in their failure. This thing has not happened in the history of our people before. It is wonderful, it is grand, it is trying, because it is a nerve racking procedure for the men who have been selected. They need our encouragement, our moral support and the blood of a race is on the hands of any person who puts temptation in the way of a weak man.

As a concertative estimate, it must cost more than a million and a half dollars to establish and maintain this camp. There are men there who are giving up fine opportunities to take this work. In turn they will be better able to serve their country and race when the camp is over. They will have a sense of dignity and of time and of discipline; they will be better

prepared to organize and direct their friends and brothers at home when they return. As is always the case, not all of the men will be physically able to attend the physical ordeal. This brings us up to the favorite expression of ours that the race must be physically strong if we are to deal with the more and more complex problems of civilization. We must be healthy; we must be temperate; we must conserve energy.

All honor to the men of the country who have a vision beyond color problems, who can see beyond the annoyances and injustices of today, to the great world wide duties and obligations. Of all peoples who fight for democracy we ought to be the most willing. Liberty is not a gift; it is the result of labor; it is a reward for sacrifice.

Every man, woman and child who can spend railroad fare ought to visit this camp. It will be an inspiration for children, a restoration of faith to men, a tonic for the patient faithful Negro woman, who is the greatest creature who treads American soil.

There is not a man, with whom I have talked, but feels the solemnity of the occasion. The light comes into their eyes as they talk and seem to look down the corridors of time, seeing the avenues open for bigger things. No race of people can measure up to the standard of world values unless there has been hearty participation with every one in everything for development. We can never be the followers of a Napoleon unless we bear arms and develop military ideas through generations; we will never develop a Gladstone or a Beaconsfield until we can lift our voices in matters of state. Consequently the entire race must be behind this history making crowd. We are under everlasting obligations to the men who made this movement possible. We see history makers in our midst. For no matter how the proposition turns out, the history of the country will make a record of the camp.

It is a most fortunate thing that the camp came to a midwestern town, for there is nothing so provincial as a town in the middle west, and nothing more unfortunate can befall a Negro than to be "the biggest man" in a small community, unless he has a broad spirit and teaches people that

he is one of a very large number of men scattered through the country. The people of the other race are doing a vast amount of good by seeing that the men whom they have touted as "exceptional Negroes" are only small potatoes and that the race has thousands of men who not only have had opportunities, but are filled with the proper spirit.

Come to Des Moines and see the men; get a new breath of vision, carry back home inspiration to live up to your full measure of citizenship. Have the satisfaction of having seen a thousand and a half of men who are grand, but only reflect the other thousands back home, the possibility of being one of whom will help your boy or your girl to work hard and raise the local standard. Honor the men, pray for them, come to see them and behave yourself about them and remember that there is a difference between officers of the army and citizens. These men are training to represent the government. They must learn a little different method of dealing with people; they may still be democratic, but must never be common.

Has a Good Opinion of Chamberlain's Tablets.

"Chamberlain's Tablets are a wonder. I never sold anything that beat them," writes F. B. Tressey, Richmond, Ky. When troubled with indigestion or constipation give them a trial.

ALBIA, IOWA.

Mr. Black and two other men from Washington, Iowa, joined the K. P. in Albia this week.

Mr. and Mrs. Will Gordon are rejoicing over the arrival of a baby boy at their home.

Thursday afternoon missionary meeting at the A. M. E. church and Sunday evening missionary sermon at the church.

Miss Margaret Estes of Des Moines is visiting at the home of Mrs. Hattie Bennings for a time indefinite.

Mrs. Joe Robinson was in Albia on business this week.

James E. Anderson, the 16 months' old son of Mr. and Mrs. James T. Anderson of Buffalo, New York, and grandson of Mr. and Mrs. B. T. Lewis of Albia, was one of the prize babies in the Better Baby Contest held in Buffalo, New York, of which there

were 2,400 contestants.

DAVENPORT, IOWA.

Mr. J. R. Roberts of Des Moines, Iowa, was the guest of his daughter in Davenport, Iowa, Mrs. Roy Price. He spent a lovely visit for a week.

Our most D. M. T. noble governor of Iowa was on her tour through Iowa and was in our city a couple of days visiting the Household of Ruth. She spent one evening with Mrs. Cunningham and a day and evening at Mrs. Rebecca Rakes Corbin's. Also Mrs. Roy Price entertained her and Mrs. Rebecca Corbin at her home, 321 West Tenth street, at 6 o'clock dinner. She returned to Des Moines Wednesday morning. She spent an enjoyable time.

KEOKUK, IOWA.

(Special to Bystander.) Miss Edna McGruder entertained at her home Tuesday evening, June 12th, twenty-five of her friends at a farewell party in honor of Mr. Roger Burton, who is leaving soon for his future home in Topeka, Kansas. The home was decorated with roses and peonies. The evening was very pleasantly spent in music and games. Delicious refreshments were served.

Mr. C. G. Brown of Moline, Ill., visited here a few days last week at the home of Mr. and Mrs. J. C. Mathews. Mr. Brown is a nephew of Mr. Mathews.

The Ladies' Sewing Circle of the First African Baptist church was entertained at the home of the president, Mrs. Harriet Dade. A short program was rendered, after which a delicious two-course luncheon was served. All reported a delightful time.

Mrs. Geo. W. Law, grand most noble governess of the Household of Ruth, was in the city on her annual visit a few days last week. While here she was the guest of Mrs. Fred Holmes.

Mrs. W. A. Frye entertained at dinner Sunday Mrs. Geo. W. Law of Des Moines, Iowa.

Mrs. Law reported being delightfully entertained while in our city.

Mr. George Hinch, one of the deacons of the First African Baptist church, met with a serious accident on last Friday afternoon, when he was struck by the arm of a Cameron and Joyce steam shovel. His left hip was broken at the junction of the long

bone with the socket. He was taken to St. Joseph's hospital and is in a serious condition.

Mrs. Mary Garland of Chicago is in the city visiting relatives and friends. Rev. M. J. Burton of Topeka, Kansas, preached Sunday morning and evening at the First African Baptist church, owing to the absence of the pastor, Rev. F. C. Bolling, who is attending the Sunday school convention in Davenport, Iowa.

Subscribe for The Bystander.

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318 West Third Street
Ira Jones' Old Location

A Good Restaurant and Rooming House

H. D. WILLIAMS, Proprietor.
(Known as Hustler William.)

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Also has a Confectionary and Barber Shop at Carney.

When in Davenport
Stop At
Mr. & Mrs. Ensy Green
110-114 East 5th Street
First Class Restaurant
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Davenport, Iowa

Relieves CATARRH of the BLADDER and all Discharges in 24 HOURS
SANTAL MIDY
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ARE YOU SATISFIED WITH YOUR COMPLEXION?

Take care of your complexion—and your complexion will take care of you.

CHOOSE PURE AIDS. CHOOSE CREME ELCAVA THE PURE, DAINTY, TOILET CREAM THAT HAS STOOD THE TEST FOR YEARS.

"Makes the skin like velvet"

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Beautiful Bust and Shoulders
are possible if you will wear a scientifically constructed Bien Jolie Brassiere.
The dragging weight of an unconfined bust so stretches the supporting muscles that the contour of the figure is spoiled.
put the bust back where it belongs, prevent the full bust from having the appearance of fatness, eliminate the danger of dragging muscles and confine the flesh of the shoulder giving a graceful line to the entire upper body.
They are the daintiest and most serviceable garments imaginable—come in all materials and styles: Cross Back, Hook Front, Surplice, Bandeau, etc. Bone with "Walton", the rustless boning—permitting washing without removal.
Have your dealer show you Bien Jolie Brassieres, if not stocked, we will gladly send him, prepaid, samples to show you.
BENJAMIN & JONES, 51 Warren Street, Newark, N. J.

Magic Hair Grower and Straightening Oil



MME. JOHNSON AND SOUTH

The most wonderful hair preparation on the market. When we say Magic we do not exaggerate, as you can see great results in the first few treatments. We guarantee Magic Hair Grower to stop the hair at once from falling out and breaking off; making harsh, stubborn hair soft and silky. Magic Hair Grower grows hair on bald places of the head. If you use these preparations once you will never be without them. Magic Hair Grower and Straightening Oil are manufactured by Messrs. South and Johnson. We also do scalp treating.

• Magic Hair Grower, 50c. Straightening Oil, 35c.

All orders promptly filled; send 10c for postage. Money must accompany all orders.

Agents wanted—Write for particulars. We carry everything in the latest fashionable hair goods at the lowest prices. We make switches, puffs, transformations curls, coronet braids, and combings made to order, matching all shades specially. Send samples of hair with all orders.

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DR. FRED PALMER'S SKIN WHITENER

Whitens dark or brown skin. Bleaches and clears sallow complexions, removes all blemishes and causes the skin to grow whiter. See that you get the genuine.

Augusta, Ga., Jan. 6, 1917.
Jacobs Pharmacy Co.,
Atlanta, Ga.

Gentlemen: I have used the Dr. Fred Palmer's Hair Dresser. I only used one box and it made my hair grow 9 inches. I am writing to you to know if I can get more from you. Write at once and let me know the prices and I will send for some of it at once.
Yours truly,
NELLIE BELL PARKS,

DO NOT ACCEPT IMITATIONS Sold by druggists or sent direct for 25c. postpaid. Write JACOBS' PHARMACY, Atlanta, Ga.

NOTICE OF SHERIFF'S SALE ON SPECIAL EXECUTION.

State of Iowa, Polk county, ss. District court of Polk county, Iowa. C. H. Murrow vs.

J. E. Hallquist, Iowa Loan & Trust Company, and Charles W. Roggs Company.

To Above Named Defendants:

You are hereby notified that by virtue of a special execution to me directed, issued by the clerk of the district court of Polk county, Iowa, in favor of C. H. Murrow, and against J. E. Hallquist et al, on a judgment rendered by said court on the 28th day of May, A. D. 1917, wherein it was ordered, adjudged and decreed that to satisfy said judgment the following described property be sold, to-wit: Lot sixteen (16) in block thirty (30) in the plat of Prospect Park, now included in and forming a part of the city of Des Moines, Polk county, Iowa.

Now, therefore, public notice is hereby given that unless the said defendants appear at my office in Des Moines, Iowa, on or before the 27th day of July, A. D. 1917, at ten o'clock a. m. of said day, at which time said above described property is hereby advertised to be sold, and pay off the amount of said execution, with interest and costs, I will sell said property, or sufficient thereof to satisfy said execution, with interest and costs, at public outcry, to the highest bidder, at the east front door of the court house, in Des Moines, Iowa, for cash in hand to pay off said execution.

J. F. Griffin, Sheriff of Polk County, Iowa. By J. H. Kelley, Deputy. Published and printed by The Bystander.

Date of publication, June 22, 1917.

SHE HAD THE COURAGE OF HER CONVICTIONS

HAVE YOU THE SAME?

Miss Ann Glenn McAndrew, a sister of Mr. J. P. McAndrew of the McAndrew Printing Co., 613 Grand avenue, Des Moines, was employed about three years ago by a merchant in Colorado Springs by the name of Robbins, as a bookkeeper.

One day a stock salesman called on Mr. Robbins and tried to induce him to buy \$10,000.00 worth of United Verde Extension Mining Stock. He very courteously refused the man and, laughingly, said he would take a little flyer, and bought \$150.00 worth.

Miss McAndrew heard the salesman tell of the wonderful possibilities of the Copper Mining industry, and became very much interested in his account of fortunes made and being made in mining; and said she "had \$250.00 lying in the bank and she believed she would invest it in the mining stock," which she did. Her modest little \$250.00 mining stock investment has since made her about \$20,000.00. The same amount in a savings bank at 4 per cent would have earned her only \$30.00, and loaned out at 8 per cent only \$60.00. Does mining investments pay?

The above statement can be verified by writing to the Exchange National Bank of Colorado Springs, Colo.

People who have the courage of their convictions and the patience to await developments are the ones who usually make the GREAT fortunes of the world.

WHITE-VICTOR COPPER
is in the Heart of one of the Greatest Producing
Copper Mining Sections in Arizona

Three years ago, United Verde Extension Copper Mine was a prospect, seeking capital to develop its vast resources and sold at 50 cents a share. Today, White Victor Copper Mine is in the same condition, seeking capital to develop its natural copper resources, and selling at 50c a share. Today, United Verde Extension is selling at \$39.00 a share.

Moral: Buy White Victor Copper stock today. Send for particulars to

John H. McMurray & Co.

Room 12 Kirkwood Hotel Bldg.,

Des Moines, - Iowa.