

Mrs. Roosevelt Quits DAR for Barring Singer

First Lady Opposes Group Fostering Racial Injustice

New York, March 2—Daughters of the American Revolution, the organization which recently refused to allow Miss Marian Anderson, internationally famous contralto, the use of Constitution Hall in Washington, D. C., is itself smarting under the sting of embarrassment this week.

The situation arose Monday when Mrs. Franklin D. Roosevelt in her syndicated column, "My Day," revealed that she had resigned from an organization, which she failed to name, because the group had pursued a course of action of which she did not approve.

In well informed circles it is understood the group which lost this illustrious member from its fold was this same D. A. R.; and Mrs. Roosevelt's resignation is openly attributed to the organization's undemocratic action in barring Miss Anderson from their hall because of her racial identity.

Mrs. Roosevelt's explanation as made in her widely read column, is as follows:

I have been debating in my mind for some time, a question which I have had to debate with myself once or twice before in my life. Usually I have decided differently from the way in which I am deciding now. The question is, if you belong to an organization and disapprove of an action which is typical of a policy, should you resign or is it better to work for a changed point of view within the organization? In the past, when I was able to work actively in any organization to which I belonged, I have usually stayed in until I had at least made a fight and had been defeated.

Even then, I have, as a rule, accepted my defeat and decided I was wrong or, perhaps, a little too far ahead of the thinking of majority at that time. I have found the thing in which I was interested is done some years later. But, in this case, I belong to an organization in which I can do no active work. They have taken an action which has been widely talked of in the press. To remain as a member implies approval of that action, and therefore I am resigning.

Taking up the issue on side of the D. A. R., the Washington, D. C., board of education also raised the color-bar against Miss Anderson when the singer sought use of a white high school auditorium for her recital.

Weak explanations offered by the D. A. R. show clearly that they are embarrassed over their predicament.

Must Serve on Grand Juries Too

TEXAS COURT REVERSES DEATH SENTENCE WHEN NEGROES ARE EXCLUDED FROM JURY

Austin, Tex., Mar. 1 (ANP).—J. D. Hill, 17-year-old youth who was convicted of an attack upon a white woman here and sentenced to the electric chair, saw death postponed temporarily at least.

Justice W. Hawkins, who read the decision, pointed to the United States supreme court case which held that consistent failure to have Negroes on juries constituted a prima-facie evidence of denial of the equal protection which the constitution guarantees. It is said that Negroes have not served in Dallas county in which the case was originally heard for 30 years.

KILL BILL WHICH WOULD PERMIT OHIO CONGRESSMAN

Columbus, O., Mar. 1 (ANP).—The congressional redistricting bill which was introduced in the Ohio legislature two weeks ago by Represent-

MARIAN ANDERSON WILL SING IN THE "OPEN AIR" AS REBUKE TO D. A. R.

Plans Call for Artist to Give Free Concert in Park Opposite Hall From Which She Was Barred

New York, Feb. 28.—Marian Anderson, the internationally famous singer, who was barred by the Daughters of the American Revolution from using their tax-exempt Constitution Hall in Washington for a concert April 9, will sing in the nation's capital out in the open air, according to a statement made today by her manager, S. Hurok.

In a telephone conversation from his home at 91 Central Park West, Hurok told the National Association for the Advancement of Colored People that Miss Anderson will keep her April 9 engagement in Washington, when she will sing "out in the open air in the park immediately in front of Constitution Hall."

"Miss Anderson will sing for the people of Washington, and there will be no charge," he went on, "because the concert will be held out in the open. Our only stage decoration will be two American flags."

Protests against the action taken by the D. A. R. in barring the artist from their auditorium because of her race, and the subsequent banning of her by the District of Columbia school board from Central high school (white) has assumed national proportions. Famous artists, writers, liberal organizations, and persons prominent in the civic life of Washington have registered vigorous indignation in telegrams, letters and resolutions, which have been sent both to the D. A. R. and to the Washington board of education.

"Amos and Andy" Here Thursday

"Amos and Andy," musical extravaganza will be presented Thursday night, March 9, at 8:15, under the direction of Mrs. Alice McCraney. The plot of the show centers around the two famous comedians, Amos and Andy, played by James Rhodes and Colen Scales, respectively.

The show will be made up of scenes from different musical productions. Featured on the program will be a musical love scene from "Maytime" between Miss Roberta Maupin and Harry Treadwell of Iowa Falls; a ballet and novelty soft shoe tap by Miss Sylvia Ross; Ola McCraney in Snow White and the Seven Dwarfs; an old and modern version of the cakewalk; and a novelty tap number by the Crews Dance team.

The show is being sponsored by the East Des Moines Community Center. Assisting Mrs. McCraney is Lawrence Graves.

tative Chester K. Gillespie, colored Republican, was killed in committee Wednesday. The Federal Relations committee of the house, by a vote

Justice Department Asks For Data on Lynchings

Washington, March 1 (CNA).—The anti-lynch forces of the nation were encouraged this week by a request from the Department of Justice for data on the recent lynch attack on two Negro workers in Goldsboro, N. C. At the time indignation was expressed at what was considered a move by Senator W. Warren Barbour, New Jersey Republican, to split the united support behind the Wagner anti-lynching measure by introducing in Congress a rival bill that omits the punitive clauses of the Wagner bill.

NEGRO ON FEDERAL JURY PANEL IN TEXAS ARRESTED ON FIRST DAY

Dallas, Tex., Mar. 1 (ANP).—William Neal was sworn in as a member of the United States District Court jury panel here this week. Mr. Neal's appointment aroused interest because of the recent trouble here when Negroes were impaneled in a county court jury.

The second day he served, he was placed under arrest by local policemen on a charge of having knowledge of the theft of several pounds of sausage. Neal, who operates a cafe, said he knew nothing about the alleged theft; he said his cook did the buying of meats and he did not know where the meat in question was purchased.

GEORGIANS ASK FULL EDUCATIONAL BENEFITS UNDER GAINES RULING

Atlanta, Mar. 2 (ANP).—There should be no compromise with the supreme court decision in the Gaines case, and Negroes should receive full benefits under the ruling either through admission to the state university system or by having built for them a separate but equal educational system, Negro members of the special committee on education of the Georgia Interracial committee declared in a special meeting Tuesday.

Just what will be recommended by the committee will not be known until after a meeting on March 3.

PLAN BASKETBALL WORLD SERIES IN CHICAGO

Chicago, Mar. 2 (ANP).—The New York Renaissance and the Harlem Globe Trotters basketball teams have been invited to compete, along with several leading white professional teams, in a \$10,000 basketball world's series to be played here March 26, 27 and 28, it was announced last week by Harry Hannin and Harry Wilson, co-sponsors.

NATIONAL DEFENSE BILL IGNORES NEGROES

Washington, March 1 (ANP).—The Bill, carrying out the President's national defense program, passed the House last Wednesday by a vote in favor against discrimination by the War department.

350 NEGRO STRIKERS ASK LA GUARDIA TO MEDIATE

New York, Feb. 24.—Mediation of the seven-month-old furniture workers' strike at the Spring-Products Corporation's plant in Long Island City, Queens, was considered possible following a conference Thursday morning, February 23, between Nathan Frankel, Mayor LaGuardia's labor advisor, and a delegation representing the 350 Negro strikers and Harlem organizations supporting the strike. The company manufacturers springs for bedding.

All the strikers are members of Local 91, United Furniture Workers of America, C. I. O. They seek a closed shop agreement.

of ten to four, postponed action on it. The bill would have created another district in Cuyahoga county large enough to make possible the election of a congressman. The district would have been preponderantly Negro. The bill was opposed by the only other Negro representative in the legislature, Rev. David Turpeau of Cincinnati.

Joe Baker Wont Quit Rich Hub

Paris, France, March 2.—Josephine Baker denied this week that there had been any intention on her part to divorce her husband, the wealthy and popular Monsieur Lion. Miss Baker, when interviewed at her palatial home on the outskirts of Paris, gave proof of complete happiness by showing two pairs of socks she is knitting for her husband.

"I have no intention to quit my husband," declared Miss Baker. "On the

AUTO WORKERS' JOURNAL COMPARES JEWS AND NEGROES

Detroit, Mar. 2 (ANP).—In a recent issue of the United Automobile Worker, UAW official organ, a writer asks the question, "Will the Negro worker in America become the Jew in Germany?" Amplifying on his theme, the writer berates sections of the country where Negroes are not allowed to walk on the same side of the street with white people, touches on discrimination in eating places and public meetings, declares the Negro workers in America face many of the conditions recently imposed on the Jewish people of Germany by Hitler.

contrary I am perfectly happy with him and am enjoying his confidence and affection.



"Copper Colored" Review Makes Hit with Audience at the Jewish Center

"Copper Colored Review" proved to be a success with a audience that filled the Jewish Community Center to its capacity last Thursday night. Hot swing music, dances, jokes, swing and sentimental solos created an atmosphere of expectancy and anticipation which lasted throughout the program, the scene of which was laid in a famous night club.

Starting the show out right a large group from the east sang and swung "Stay On The Right Side Sister." Following this was a snappy solo number, "They Say," sung by Miss Odessa Greenfield. One of the unique features was the large number of small talented youngsters on the program. Outstanding among these were little Rowena Fields, who really did put over her song, "I Found My Yellow Basket," and Gloria Williams, who gave a song and dance act on "This Can't Be Love." A black-face comedian skit between Albert Adams and Harry Saunders was very well presented and kept the audience laughing. Two especially well worked out novelty routines were those given by Pat and Tony White, and another by Evelyn Carr, Dorothy Avant, Elsie Gravens, and Flora Mae Carter, much grace and rhythm plus lots of personality made these dancers popular with their audience.

In the line of singing Miss Ester Holt, veteran of last years review, literally stole the show singing in her sweet "bluesy" voice "My Reverie." The audience could not be quieted until she came back for an encore. Honors should also be given to Margaret Williams, "While A Cigarette Was Burning," Delores Brown, "Deep Purple," and Dorothy Bell, "It's My Turn Now." Outstanding among the male voices was Sammy McCann, well known vocalist around these parts, who "sent" the audience with "I Cried For You" and "I Have Eyes."

Thursday night was a night for jitter bugs. Quinman Caldwell and Clarice Stewart exhibited an eccentric jitter bug dance during the middle of the program and to give the show a real closing three couples "went to town," each trying to surpass the other in performing the antics of a jitter bug. These couples were Evelyn Carr and Bob White, Viola Barker and Eugene Frazier, and Dorothy Avant and Dan Matthews.

Adding much to the show and really one of the main attractions was the "HARLEM HOT SHOTS," which music kept the spectators patting their feet throughout the evening. Several numbers were given during the program, one of which featured the pianist, Rufus Webster. Professor Johnny Redd appeared as guest artist and played two popular selections.

Other participants on the program were as follows: Dorothy Clayborn, singing "I Wish You The Best of Everything," Hugh Simple, "Don't Let That Moon Get Away," Maxine Hammit, "What Do You Know About Love," The London Sisters, song and dance on "Jeepers Creepers," Swing chorus led by Dorothy Bell, "Heart and Soul," Girls trio, Dorothy Bell, Dorothy Clayborn, and Evelyn Carr,

Mrs. Strothers Indicted in University Student Killing

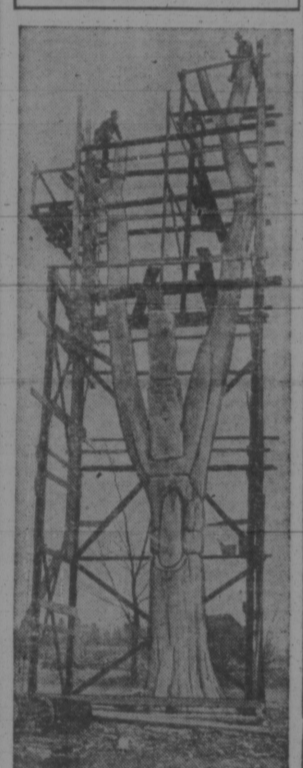
NEGRO DESIGNS AUTO STICKERS FOR STATE INSPECTION SERVICE

Philadelphia, Mar. 1 (ANP).—The automobile sticker placed on cars inspected and certified by the Pennsylvania State Revenue department was designed by a colored man; it was learned this week. Arthur Chapin, mechanics art graduate of Overbrook High school, class of 1934, created the design while an employee in the Harrisburg office of the Revenue department.

NAT TOWLES POPULAR WITH DANCE FANS

Over 400 enthusiastic dance fans swayed and rocked to the music of

TREE OF LIFE



NEW YORK—This is a picture of a 60-foot statue being carved from an elm tree at South Windsor, Conn., by Lawrence Tenney Stevens. It will symbolize a great ethereal spirit and, with two smaller companion pieces representing man and woman, will be placed in a plaza at the New York World's Fair 1939.

"Hold Tight," dances by Delores Barker and Margaret Jewett, the lambeth walk; Enis Doyle, tap; Wayne Platter, song and dance; and the Barber sisters, tap. The show closed with the entire cast singing "Franklin D. Roosevelt Jones."

The production of the show was under the direction of Herman Wadsworth and Eugene Frazier with Linden Robinson, Mrs. Gaynelle Gray, and Russell Crawford assisting.

Would Use Hitler Methods to Squelch Negro in S. C.

Charleston, S. C. Feb. 28.—The use of Hitler methods to "squelch" the Negro and put him "back in his place" was advocated here in a letter to the Charleston News and Courier. The letter was signed "Rustic," and began with the sentence:

The writer declares that South Carolina must be run by white men and suggests several methods of keeping Negroes from studying professional courses such as law. He

Champaign, Ill., March 2.—The special grand jury, impanelled to investigate vice conditions here, is reported to have voted a true bill against Mrs. Margaret Strothers, proprietor of Pullman hotel, indicting her for the slaying of William Spurrier, University of Illinois student. Whether she is charged with manslaughter or murder could not be learned, as the jury held its secret session and dismissed without making its findings known.

The jurors heard testimony of the five white students who were with Spurrier the night he was shot.

A strange angle to the case is that the Champaign police department has so far failed to arrest any of the students for disorderly conduct. According to the students' own statements they instituted a scene of rowdiness when they attempted to gain entrance to Mrs. Strothers' home, crashing the window with a bottle filled with beer. Mrs. Strothers acted in self-defense by firing through her window to chase them away, and in doing so she accidentally shot Spurrier.

Cripples Case

Why the police department has not haled them into court on a charge of disorderly conduct has not been explained. Some believe it is a loophole to let the five students escape a fine, and thereby place the entire blame on Mrs. Strothers. It is not known whether Mrs. Strothers' attorney, Ashton Campbell, has asked warrants for the students' arrest. Unless this is done, the burden of proof will rest with Mrs. Strothers in proving that she acted in self-defense.

Nat Towles and his fourteen southern gentlemen who played here Thursday night at the Billiken dance hall.

The La Vogette Club won first prize for the sale of the highest number of tickets, 73, and the Iwans Club placed second, selling 43. The prize was part payment of the rental of the hall for the club's next party.

Nat Towles proved to be so popular with the dance lovers at this recent number dance that he'll play a return engagement in March.

BUND AND D. A. R. ARE STABLE MATES, SAYS N. Y. COLUMNIST

New York, Feb. 28.—Commenting on the probable American Nazi attitude toward the D. A. R.'s banning Marian Anderson from Constitution Hall in Washington, D. C., Franklin P. Adams writes in the New York Post in his column; the Conning Tower, as follows:

"It must cheer the gentleman who convened at the Bundgarten (Madison Square Garden, where the Bund held a meeting, February 20) to know that the Daughters of the American Revolution have refused to let the superb singer, Marian Anderson, sing in Constitution Hall, Washington. But maybe the D. A. R. don't concede the existence of Lincoln, who wasn't even born till 1809."

says a Negro student ought to be admitted to the University of South Carolina and the men students there be allowed to "change his mind." He further suggests that if the legislature establishes a separate Negro law school it ought to cut the appropriation for the regular Negro college at Orangeburg \$25 for every dollar required for the law school. The other suggestion is that an oral examination be required for admission to the law school by a board of white men and he adds "no Negro could pass."

EDITORIALS

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Health Hints
(By Dr. C. R. Bradford)

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SHOULD WE PRESERVE DIFFERENCES?

Speaking before a mixed audience including Jews, Negroes and Caucasians at the Des Moines Interracial Communion services last month, Rabbi Monroe Levens urged that racial and religious groups preserve their differences and work out a program destined to make a peaceful America with these differences left in tact.

It was a challenge for coming generations to keep alive the achievements of their forefathers and not destroy nor abandon their ancient loyalties. But is it not this very thing—differences—which help keep alive racial and religious prejudices?

Agreeing that but one race and one religious group existed in America is it not true that the strife over these very questions would not exist?

Professor Reuter of the department of Socialism of Iowa University says that a large percentage of race prejudice is due to differences in physical features. And we don't dispute that! We go further and say that prejudice against a race is intensified because a race dislikes the way the race does things. And yet a race does things its way because it is the custom of its race.

Of course there is merit in Rabbi Levens theory; certainly for minority groups who insist that in spite of differences, there is no reason to penalize a man because of his race or religion. But living in a great conglomeration of races and religions as we do in America we are forced to conclude that these differences have been their handicaps.

The Bystander has criticized daily papers on many occasions when they have used designation of race to describe criminals, we ourselves have at times singled out the Negro unadvisedly excusing the practice on the theory that designating us in unjust references must be counteracted by over indulgence in race designation in fair and just references. Neither instance justifies over emphasis of differences.

We are inclined to believe we get much further by emphasizing the things upon which we agree rather than calling up the things upon which we disagree.

DEAN PICKENS ON THE FORUM

In keeping with its program during the past few years, Dean William Pickens of the NAACP will appear in Des Moines on the city wide forums March 6 to 11.

Mr. Pickens is a brilliant scholar and lecturer and has studied and traveled extensively abroad and in America.

The Bystander urges that the public give him good audiences. It is important that both races hear him for not only do the white people need to be set right

WHOOPIING COUGH

Whooping Cough is an acute infectious and contagious disease; it is characterized by a respiratory infection which terminates in the whoop. This disease is transmitted by direct contact, through infected articles or inhalation of droplets of sputum. The last is probably the most frequent. Although the disease is one of childhood no age is exempt, and on account of the violence of the coughing and the periods of temporary suffocation, it is a disease to be feared in infants and children.

The onset of whooping cough is gradual, usually ushered in by a mild cold with considerable cough. In addition, sneezing, running eyes, and voice changes may be present. The cough, however, is more distinctive, being short, dry and irritating. Treatment is not always satisfactory. Immunization of children has proved to be very successful and should be done when the child is about nine months old.

Reindeer Is Held Unique Among the Deer Family

The reindeer is unique among deer in that the female, like the male, carries antlers, although they are smaller. It also differs from most deer in having young without spots, writes Ernst Schwarz in Nature magazine. The reindeer is the only deer that has become attached to man and has been domesticated.

The range of the reindeer (the name being here used in its broadest sense) includes the Arctic portion of both the Old and the New Worlds. In America it is called the caribou. It is found in Scandinavia, Spitzbergen, northern Russia, Siberia, as well as in Alaska, most of Canada, Greenland and other Arctic islands. During the great ice age reindeer were forced much farther south. In France and Germany their meat provided a staple food for paleolithic man, and their antlers and bones the material for his tools and weapons. Some of the rock engravings left in the caves of western Europe by prehistoric man include beautiful representations of this animal.

Bird Sense

Many sportsmen and naturalists credit birds with reasoning power because they learn from experience. They point out that an experienced pheasant, for instance, is very difficult to flush. The bird learns that any noise coming toward him may be a signal of danger and instead of flushing, he will creep along the ground, or run, refusing, until forced, to rise into the air where he might become a target for a sportsman's gun or a bird of prey. . . . for this reason, spaniels are the best dogs for hunting pheasants. They will crowd the bird until it flushes. . . . instead of flushing him.

Why Prefer Particular Colors

Each of us has a preference for some particular color, but not all of us know why. A slight knowledge of the meaning of color will help us analyze our likes and dislikes. It is wise to consider the characteristic properties of individual colors before we proceed to change the color combinations in our homes. Red, for instance, symbolizes vitality, energy, power. It is highly stimulating. Blue signifies tranquility. Psychologically, its influence is quieting. Yellow symbolizes light, cheerfulness. Green soothes, yet exhilarates.

The Different Blood Types

There are four main blood groups. In classifying the types of blood two test serums are used. If the blood does not clot with either serum the blood is type I; if it clots with both it is type IV; if it clots with one but not with the other it is type II or type III, depending on which one is present when the clotting takes place. The various types of blood do not indicate anything about health. All are normal.

on the Negro problems but the Negro must be set right on his own problems.

Then too the success of one Negro speaker makes certain the inclusion of others in years to come. At least we can show the forum management by our presence that we approve their plans and program.

Secretary of Labor Perkins says that labor and farmers must pull together with industry to bring back prosperity. It would sound better to say agriculture, labor and industry must pull together. The former suggests a combination of farm and labor which keeps alive differences.

Demand for Meat as Old As Most Ancient People

In the story of food, meat is of prime importance. For thousands of years, men have eaten meat, bought meat, traded for meat, hunted for meat, and fought for meat.

The demand for meat is as old as the human race. Old China enjoyed roast pork and sausages before the dawn of the Christian era. In all countries, meat is a highly valued article of food.

We Americans are hearty meat eaters. It takes 142 pounds of meat each year, per person, to satisfy us. More than 47 per cent of this meat is pork and 48 per cent is beef and veal. Poultry and eggs, too, are produced on nearly 6,000,000 farms of this country, to the extent of billions of pounds, asserts an authority in the Wisconsin Agriculturalist.

In our plans for securing a supply of meat, we have come a long way from the time when the head of the house went out with club or spear to hunt the wild game. The gigantic job of supplying meat for our table is so carefully planned and these plans so completely and thoroughly carried through that we scarcely realize what a tremendous business it is.

During recent years, the census of manufacturers lists the meat packing industry as first or second in the United States in every report issued.

In all the ages, our savage forefathers, their more enlightened descendants, and our nearer pioneer grandfathers found no more important work than how to find food and how to carry it back to the home cave, or hut, or cabin. We either directly or indirectly, spend most of our time solving the same problem.

Hornbill, Odd Bird, Has Beak Heavier Than Body

Hornbills, birds of the Picarian order, range from about 11 inches in length to one which measures five feet from the tip of the beak to the end of the tail. When we look at one of the larger hornbills, observes a writer in London Tit-Bits magazine, we wonder how it manages to keep its balance with a beak that appears to be heavier than the body. Some species carry a crown or horn above the great beak, and this adds to the weight.

It is thought that the strange appearance of hornbills caused the ancient invaders of India to originate the myth of the phoenix. This tells us of a fabulous female bird that lived for five or six hundred years in the desert, then built for herself a funeral pyre of wood and aromatic gums, to which she set fire by the fanning of her wings, and so consumed herself; but from the ashes she sprang up again in youth and freshness to live a few more centuries.

The hornbills of Africa have a loud, weird cry which often frightens superstitious natives; it resembles the braying of an ass or the loud cries of a person in pain. This remarkable note not only keeps away native hunters, but also monkeys, wild cats, and other creatures that might prey upon them.

'Cat Out of the Bag'

Many of the phrases we use in popular speech are similar in meaning and in origin. For instance, "letting the cat out of the bag" and "buying a pig in a poke" both came from the same source, though they have different meanings, says Pearson's London Weekly. To let the cat out of the bag is to disclose or give away some secret; to buy a pig in a poke is to clinch a presumed bargain without taking the necessary steps to make sure that the transaction is all it is claimed to be. Long, long ago, unscrupulous persons would take a cat tied up in a bag (or poke) to market and there try to sell it, saying that the bag contained a pig. Wise purchasers, however, would take the precaution of looking inside to verify the fact, an act that often "let the cat out of the bag." Those not so wise—well, they "bought a pig in a poke."

Cutting Silhouettes Is Art Dating Back to 1709

The magic art of the silhouette is given us in the shades of men, women and children of the long ago. They form a shadowy procession entering for the quaint costumes and for the delicate appeal of the pictured profiles of the subjects.

The name given these shades, as they were first called, was taken from that of Etienne de Silhouette, 1709-1767, who lived in France and was one of the first to practice the art of shadow cutting. He was a French economist, relates Alice R. Rollins in the Los Angeles Times, whose ideas of economy did not appeal to the popular taste, and a paper picture did not accord with the spendthrift splendor of the French Court circle.

As a consequence, the poor, mean art, as it was then considered flourished but a short time. It was not until 1828, when another Frenchman, Edouard, introduced the name which is in general use for shadow pictures.

The fashion for paper portrait cutting in Europe became widespread as early as 1780. The color artists at Seyres and other porcelain factories were painting black silhouettes on cups, saucers and mugs. But it was in England that the art became supreme.

Freehand cutting had been done at an early period but it was not until August Edouard began his series of portraits that the art became famous.

After the onions have been cured

Grant of Patents Began With Greeks Years Ago

The grant of patents for inventions began long before the Christian era, Frank E. Barrows of New York says in a symposium of the American Chemical Society on American Patent Practice and Procedure.

"The earliest patent system of which we have authentic record was in the Greek province of Sybaris and related to inventions of new foods," it is pointed out. "Sybaris was destroyed in 510 B. C., and with it the record of its experience with a patent system, but the Greek historian Phylarchus, writing in the Third century B. C., tells us about the provisions of the system. It provided that any cook or caterer who invented an unusual and peculiar dish was entitled to a monopoly of this new invention for a period of one year.

"Only the inventor was entitled to the profit to be derived from its manufacture during this period, and the purpose was not only to protect and reward the inventor but to encourage others to labor at excelling in that field. Thus we have in the Sybaris patent law of 25 centuries ago the fundamentals of our modern patent systems.

"For practical purposes the earliest of our modern systems is that of Great Britain, established by the English Statute of Monopolies in 1623, more than three centuries ago. Our own patent system is next in point of time. It was established in 1790, shortly after the adoption of the Federal Constitution.

"Even before that time patents had been granted by some of the American colonies. The adoption of patent systems has spread and practically all nations have patent systems."

Strange Tropical Plant May Grow 60 Feet High

A strange tropical plant sometimes attaining tree size in Florida is the screw pine, which in its native Madagascar may reach 60 feet in height, writes Hugo H. Schroeder in Nature magazine. The base of the plant is held up on stilt-like aerial roots that grow in a cluster. The long sword-shaped leaves grow up to three feet in length; they are grouped in a spiral twist, quite different from the average leaf arrangement.

This plant, as well as other forms of the species, is extensively grown as a pot plant for home decoration, and conservatories, able to take care of good-sized plants under glass, show various species to good advantage. Some varieties have striped or variegated leaves, while others are unmarked.

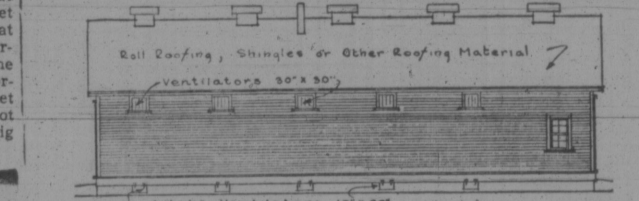
It is called screw pine because of two different characteristics: The spiral twist of the leaves is responsible for the first half of the name, while "pine" was adopted because of the resemblance of the fruit to a rounded pine cone. These fruits grow to a diameter of six inches or more.

In its native regions the plant is useful for various purposes. The fruits are eaten for food, the fiber of the roots and leaves is used for making hats, ropes, baskets, bags and matting, and paper is made from the leaves.

The Jefferson Bible

The Jefferson Bible is a compilation made by Thomas Jefferson of passages from the four gospels cut out and pasted in a book according to a scheme of his own. Jefferson began this work about the year

EXPERT TELLS HOW TO STORE ONIONS PROPERLY



Whether in June or January, the demand for onions knows no let-up. Many dishes, both humble and aristocratic, owe their tastefulness to this basic "favor" food.

The grower who would meet this year's round demand, however, harvests his onions only once a year and must somehow protect them successfully against changing temperatures if he is to get better prices when onions become less plentiful. Storage facilities become increasingly important as farmers recognize that it's good business to hold the finest stock for late winter deliveries.

Onions must be well ripened when stored. Plenty of ventilation, coupled with a temperature of from 80 to 90 degrees, should be maintained in the storage house during curing time. The onions should be stored in crates in such a manner as to permit the free circulation of air around them.

The necessary movement of outside air through an onion storage house requires properly spaced ventilators both at the floor and ceiling levels so that when the vent doors are open a current of air can continuously rise up and out.

Experts have a homely method of determining when onions are sufficiently cured in storage. At this stage, they say, onions will "rattle like blocks of wood" when poured from one crate to another.

After the onions have been cured

1804, write he was President. He bought two English Bibles and compiled a book of 46 pages, using all the words attributed to Jesus, as well as some other passages closely in accord with His words. About 1810 Jefferson completed the work by doing the same with Testaments in Greek, Latin and French, designating the complete work "The Life and Morals of Jesus of Nazareth." He used two maps in the volume, one of Palestine and another of the ancient world. The original book is in the National museum at Washington.

Boys Ride Tortoises

Turtle riding is one of the favorite games down at Nassau in the Bahamas. The native boys at Nassau love to play jockey to 700-pound sea turtles. Their method is to dive for a big salt water tortoise lying quietly on the bottom in the transparent water and grab the forward end of his shell just back of his neck. It's a dangerous way to mount the animal, because if he draws in his neck and elects to stay down, the rider's hands may be caught between the turtle's neck and his shell, and the rider has to stay down with him. However, the boys know just how to do it. The turtle comes to the surface, and the ride begins. The only trouble is that there isn't any way of guiding the steed; the boy has to go where his mount happens to feel like swimming.

Decorating the Spanish Home

Spanish architecture as used in America can usually be traced to the early Spanish mission. It came into use in the early part of the Eighteenth century in the states adjoining the Mexican border. An attractive color prescription for this type home: stucco painted a light tint of green; exterior woodwork, white; iron railings finished in red to blend with the Spanish tile color of the roof.

Cat's Whiskers Serve as Feelers; Perfect Organs

There is an old belief that a cat uses its whiskers to determine whether it can squeeze through a small hole or opening. According to this notion, the whiskers are exactly the same width as the animal's body and if they touch the sides of the hole the cat will not attempt to enter. Although not strictly true, there is a grain of truth in the belief, notes a writer in the Indianapolis News. The large facial hairs, known scientifically as "vibrissae," serve as feelers or organs of touch and contribute materially to the cat's ability to move about in the dark. These hairs themselves, of course, are not sensitive, but the nerve-endings, John Fiske, in "Through Nature to God," writes as follows of these remarkable tactile organs:

"The most perfect organs of touch are the vibrissae or whiskers of the cat, which act as long levers in communicating impulses to the nerve fibers that terminate in clusters about the dermal sacs in which they are inserted. These cat-whiskers are merely specialized forms of such hairs as those which cover the bodies of most mammals, and which remain upon the human skin imbedded in minute sacs."

Facial hairs of this type are particularly well developed, both in number and size, in those predatory species which hunt chiefly in jungles and other thick undergrowth. In the vegetable-eating bears the whiskers are few in number.

THE FUNERAL HOME BEAUTIFUL

L. Fowler & Son

FUNERAL DIRECTORS & EMBALMERS

LADY ATTENDANT

One of the Oldest and Best Equipped Funeral Homes in the Middle West EQUIPMENT MODERN AND OF THE LATEST DESIGN

Big enough to serve you, and not too big to know you. Prices consistent with care and ability.

Regardless of cost every care receives the same reverent, thoughtful service.

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JOHN M. ESTES

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The milk that assures a Healthy body

A trial is all we ask to be convinced

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Open Year Around

105 SECOND ST. 4-6039

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PIMPLES

Doctor's Amazing Successful Liquid Costs Only 35¢

If you're discouraged about unsightly pimples and blotches of external origin, here's the REAL help you should try! Powerfully working, antiseptic liquid Zemo quickly relieves itching, burning and soreness—its 18 different active ingredients start right in to help Nature promote FASTER healing. Even cases other products didn't help report wondrous prompt results. Scabious, itchy—leave Zemo on day and night all while it helps your skin. Only 35¢. Zemo never causes any redness. It's 35¢. Extra Strength. At all leading drug stores.

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We Make Your Old Suits New And Your New Suits Too.

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224 LOCUST STREET

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Office hours: 10-12; 1-5; 7:30-8:30

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With our latest improved ODOORLESS DRY CLEANING. This new process restores the original luster and finish to your garments. A trial will convince you.

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Launderers Dry Cleaners

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Diseases of Children

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Office Hours: 1 to 5 and 6 to 7
Thurs and Fri.: 3 to 5 and 6 to 7.
12th and Center Sts.
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The Price is Right -- So is the Food

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We have 4 Negroes employed daily

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ROOMS - APARTMENTS

Everything Modern and First-Class

1425 Center Street

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The Churches Extend You A Hearty Welcome

CHURCH OF GOD IN CHRIST

East 17th and University Avenue
Sunday school at 10:30 A. M. E. C. French, Supt. Noonday services at 12:30 P. M. Y. P. W. W. at 6:30 P. M. Lesse Ward, President. Evening services at 8:00 P. M. Weekly services: Tuesday night, general services at 8:00 P. M. Friday night, general services at 8:00.

Elder Eugene Robinson, Pastor.

BETH MOINES CHURCH WEST SIDE A.M.E. ZION CHURCH

1125 West Third St. S. S. INGRAM Pastor
Sunday school at 2 p. m.; Sunday worship 11 A. M. and 7:30 P. M.; Mid-week prayer service, Thursday, 7:30; worship 11 A. M. and 7:30 P. M.

CORINTHIAN BAPTIST CHURCH

Ninth and School Streets
Rev. G. W. Robinson, Pastor
Sunday school at 10 A. M., F. C. Goggins, Supt. Morning worship at 11 o'clock. Evening worship at 7:15 o'clock. B. Y. P. U. at 6:30 P. M. Prayer meeting, Wednesday at 8 P. M. Choir rehearsal, Friday at 8 P. M. Mission society meets every Friday afternoon at 2:00 P. M.

COLFAX IOWA

BETHEL BAPTIST CHURCH

Rev. Ed. Mason, Pastor
Morning Service at 11:00 A. M.
Sunday School at 9:45 A. M.
Mission Circle, Thursday Afternoon; Prayer Meeting, Wednesday night.

CHRIST'S SANCTIFIED HOLY CHURCH

Elder A. B. Brewer, Pastor
1521 E. University Ave.
Sunday morning prayer service, 8:00 A. M.; Sunday school, 12:30 P. M.; Preaching service, 8:00 P. M.; Y. P. B. L., 6:30 P. M.; Sunday evening, Preaching service, 8:00 P. M.; Tuesday evening, Bible study 8:00 o'clock; Friday night, preaching service, 8:00 o'clock. Everyone welcome.

UNITY STUDY CLASSES

1068 Twelfth Street
Sunday school at 12 to 1 P. M.
Sunday; Lessons in Truth, Thursday evening at 8 to 9 o'clock; Prayers and Health Service, every day except Saturday and Sunday, 12 P. M. to 1 P. M. "Our Daily Word," we take subscriptions. Private appointments. Mrs. Hazel Browne, leader, 1068 12th. All are welcome. Undenominational.

CHESTERFIELD SANCTIFIED CHURCH OF CHRIST

809 S. E. 27th Street Phone 6-6953
Pastor, M. J. Cranshaw
Order of Service
Sunday school at 9:45 a. m.; preaching service at 11:00 a. m.; Y. O. at 7:00 p. m. Subject, "New Training For Service," four year course.

MAPLE ST. BAPTIST CHURCH

Corner East 16th and Maple Streets
A. Ross Brent, Pastor
Order of Service: Morning service, 11 A. M.; Sunday School, 1 P. M.; B. Y. P. U., 6:30; Evening service, 8 P. M.; Prayer service, Wednesday, 7:30; Choir rehearsal, Friday, 8 P. M.

MT. HEBRON BAPTIST CHURCH

Rev. L. G. Garrett, Pastor
Order of Service: Sunday School, at 9:45 A. M.; Worship at 11:00 A. M.; B. Y. P. U. at 6 P. M.; Evening services at 8 P. M.; Prayer meeting, Wednesday at 8 P. M.

KYLES A. M. E. ZION CHURCH

709 S. E. Fifteenth Street
Phone 4-2715
Worship Services
Sunday school at 9:45 a. m. Preaching at 11:00 a. m. Evening service at 7:30 p. m. Choir rehearsal Tuesday and Wednesday nights. Class meeting Friday night.

BURNS M. E. CHURCH

811 Crocker Street
Rev. John C. Bain, Pastor
Order of service: Sunday school 9:45 A. M.; Morning service, 11 A. M.; Epworth League, 6:30 P. M.; Evening service, 8:00 P. M. Prayer and class meeting, Wednesday, 8:00 P. M. Choir rehearsal, Friday, 8 P. M. A cordial welcome awaits you at Burns.

BETHEL A. M. E. CHURCH

1530 E. University Avenue
Sunday School 9:30 A. M. Wm. Sauerwein, Supt. Morning worship, 10:45; Evening worship, 7:30 P. M. A. C. E. League, 6:30 P. M.; Epworth League, 6:30 P. M.; Prayer and class meeting, Wednesday, 8:00 P. M. Choir rehearsal, Friday, 8 P. M. A cordial welcome is extended to all.

UNION BAPTIST CHURCH

East Sixteenth and University Ave.
Rev. Jordan W. Tuttle, Pastor
Morning worship at 11:00. Sunday school at 9:30. B. Y. P. U. at 6:30 p. m. Evening worship at 7:45. Mid-week prayer service at 7:45. Choir rehearsal Friday evening at 8:00. Dr. L. R. Willis, director.

FIRST C. M. E. CHURCH

S. E. 28th and Murray
Sunday School 9:45 A. M.; Morning worship, 11 A. M.; Epworth League, 6:30 P. M.; Evening worship, 8:00 P. M.; Prayer meeting, Wednesday evening at 8:00 P. M.; Choir rehearsal, Friday at 8:00 P. M.

ST. PAUL A. M. E. CHURCH

12th and Crocker
Sunday school 9:30 A. M.; morning worship, 11:00 A. M.; Evening worship, 8:00 P. M.; A. C. E. League, 6:30 P. M.; Halie Oziel Johnson, president. Mrs. S. Joe Brown, superintendent of the church school, Midweek prayer service, Wednesday, 7:00 P. M. Choir rehearsal, Friday evening, 8:00 P. M.

SHILOH BAPTIST CHURCH

S. E. 14th and Scott Sts.
Rev. L. L. Evans, Pastor
506 Sheridan Ave. H. P. Ph. 4-3840
Order of services: Sunday school at 9:45 a. m. Morning service at 11:00 o'clock. Evening service at 8:00 o'clock. The public is cordially invited to attend these services.

CHURCH OF GOD

1151 West Third Street
ORDER OF SERVICES
Sabbath School (Saturday) 10:00 A. M.; Morning service, 11:30 A. M.; Evening service, one hour before sundown. Sunday evening service, 8:00 P. M.

ELDER W. O. DICKENS

CHURCH OF GOD AND SAINTS OF CHRIST

928 West 12th Street
ELDER J. C. FAIRFAX.
ORDER OF SERVICES
Sunday night at 7:30 P. M.; Wednesday night at 7:30 P. M.; Friday night at 7:30 P. M.; all day Sabbath, commonly called Saturday; all are welcome.

PHILADELPHIA SEVENTH DAY ADVENTIST CHURCH

1150 W. Thirteenth Street
R. T. Hudson, Pastor
Order of service:—Sabbath school, 9:30 a. m.; morning worship, 11:00 o'clock; Young People's Mission Volunteer society, 3:00 p. m. Sunday night, 7:30 o'clock, preaching; Wednesday night, 7:30 o'clock, prayer meeting. Bible Study League, eight singing chorus, 7:00-10:00 p. m.; nursing class, Tuesday p. m.; teachers' meeting, Friday, 8:00 p. m.

MAPLE STREET BAPTIST

The Rev. Counterclosed the Spiritual Crusade on Thursday evening, February 23rd. Great success was reported. Winning the royal titles were Mr. Harry Lewis, Royal King; Mrs. Fannie Cox, Royal Queen; Mrs. F. Bates, princess; and Fletcher Warwick, prince. Workers in the crusade were as follows; Mesdames Otto Mae Robinson, Celestiel Jones, Lucy Saunderson, Gertrude Brown, Maggie Lincoln; Misses Phyllis Noah, and Alma Baxter; Mr. William Freeman, Linden Robinson, George Wells, Frank Redrick, and Rev. Ross Brent.

MT. OLIVE BAPTIST CHURCH

S. E. Fourth Street at Allen
Rev. C. B. Wheeler, Pastor
Order of Service: Sunday School, at 9:45 A. M.; Morning Worship at 11:00 A. M.; B. Y. P. U. at 6 P. M.; Evening Worship at 8:00 P. M.; Prayer service Wednesday at 8:00 P. M.; Choir rehearsal Wednesday, 9 P. M.

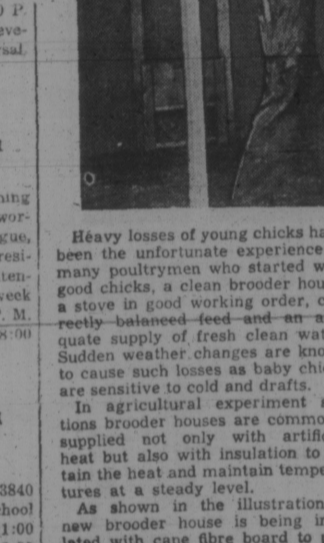
WEST DES MOINES, IOWA FREE SEVENTH-DAY ADVENTIST

1049 12th Street
Sabbath school, 9:30 A. M. Preaching 3rd Saturday, 3:00 P. M. Midweek service, Wednesday evening, 8:00 P. M.

CORINTHIAN CHURCH

A Loyalist soldier of the Spanish War will address the congregation Sunday night on his experiences in the war and conditions of Spanish people.
Rev. Robinson left the city for Nashville to attend the funeral of Rev. Dr. L. G. Jordan.

CHICK LOSSES LOWERED IN INSULATED HOUSES



Heavy losses of young chicks have been the unfortunate experience of many poultrymen who started with good chicks, a clean brooder house, a stove in good working order, correctly balanced feed and an adequate supply of fresh clean water. Sudden weather changes are known to cause such losses as baby chicks are sensitive to cold and drafts.

In agricultural experiment stations brooder houses are commonly supplied not only with artificial heat but also with insulation to retain the heat and maintain temperatures at a steady level.

As shown in the illustration, a new brooder house is being insulated with cane fibre board to protect young chicks. A sudden sharp fall in the outdoor temperature at night will not affect chicks in this house because the heat will not leak away as rapidly as it will in an un-insulated house. Fuel is conserved, thereby reducing the cost of brooding chicks in such an insulated house.

Brooder houses can be kept dry and free from drafts only by correct ventilation. Insulating a brooder house is a long step toward getting proper ventilation, which depends on even temperature and the elimination of drafts.

WHEN KIDNEY TROUBLE CAUSES YOU TO GET UP NIGHTS

When Bladder is Irritated When Passage is Difficult When Backache Results

Flush Poisonous Waste and Acid From Kidneys

GAIN IN HEALTH

If you aren't feeling just right—are nervous—have dizzy spells and occasional backache—study your kidneys and learn more about yourself.

Through the delicate filters of the kidneys, acid and poisonous waste are drawn from the blood and discharged from the body thru the bladder—sometimes these filters are less active than they should be because of excess poisonous waste and kidneys do not function properly—they need harmless stimulation.

One reliable medicine, highly efficient and inexpensive is GOLD MEDAL Haarem Oil Capsules. This grand medicine has been helping people for 50 years—to relieve their aches and pains by helping conditions caused or aggravated by excess uric acid or other circulating poisons such as is so often the case with sciatica, neuritis, neuralgia, lumbago and rheumatism.

So if you have such symptoms of kidney trouble as backache, nervousness, getting up two or three times during the night—scanty, burning or smarting passage—leg cramps—moist palms or puffy eyes get a 35 cent package of this grand and harmless diuretic at any modern drugstore—it starts the first day on its errand of helpfulness.

Don't be an EASY MARK and accept a substitute—Ask for Gold Medal Haarem Oil Capsules—right from Haarem in Holland, GET GOLD MEDAL—the original—the genuine. Look for the Gold Medal on the box—35 cents.

Azerbaijan Largely Moslem
Azerbaijan is a country, largely Moslem, consisting of most of the former Russian provinces of Baku and Yelisavetpol. It has neighbors which do not agree to its territorial claims, but its boundaries are the Caspian sea on the east; Daghestan, Northern Caucasia and Georgia on the north; Georgia and Armenia on the west and Persia on the south. The capital of Azerbaijan is Baku, a city of 452,000, the center of the great oil district of the Caucasus. In 1917 Azerbaijan united with Armenia, Georgia and Transcaucasia in a federal republic. Disagreements arose and the federation broke up, Azerbaijan declaring itself independent in 1918.

Meaning of Name Gratia

The name Gratia is a contraction of the Latin Gratiana, meaning "of exceeding grace." The Latin root of the word may mean not only "grace" but "divine favor," "esteem," "kindness" or "thankfulness." The Italian forms Graziosa, "gracious," and Graziella, "thankful," come from the same root, and Grazielle means "little graceful one." It will be observed that "grace" may have both a physical and spiritual interpretation. St. Gratia was an early virgin martyr.

Petroleum Industry Has Variety of Expressions

The petroleum industry has created a highly picturesque language of its own. Many of its terms and expressions are understandable only to those within the industry. Here is a short glossary, given by a writer in the Chicago Tribune, of some of the more common terms:
Location—Where a stake is driven marking a spot where a well is to be driven.

Gusher—An oil or gas well which blows off or gas into the air.

Wild cat—A location, drilling operation or well which is producing, located outside a well defined producing area.

Wild well—A gusher out of control.

Rotary—(a) General term for rotary tools and equipment—(b) type of drilling tool which bores into the earth in a manner similar to the way in which an auger bores into wood.

Pits and cellar—Excavation pits are used to hold water and drilling fluid; the cellar is the walled up space under the derrick where rotary connections are installed.

Tool pusher—One having charge of the contractor's field work.

Tour (pronounced tower)—The working period for oil field employees. Field men say "going on tour" for starting to work and "going off tour" for quitting.

Roughneck—A man who works on the derrick floor of a rotary rig; usually there are four of them, known as the firemen or potmen, derrickmen and two "floormen."

Roustabout—A lease worker or outside man on a rotary crew. The term is used loosely to mean a general handy man.

Cable tools (also called standard tools)—Drilling equipment which makes a hole by pounding in the same way that a hole is made when a stake is driven into the ground.

Quarterly meeting will be held at Burns this Sunday. The Rev. Tipton from Kansas City will be here the entire day. The Rev. H. C. Boyd will preach the afternoon service.

SERVICES AT CHURCH ST. SIMONS SUNDAY

The Rev. A. O. Birchough, priest-in-charge of St. Simons Church will conduct regular services Sunday at 11 o'clock which include the Holy Communion and sermon. Gamma Kappa Delta will be held at 6 o'clock.

White House

This year's congress was advertised as highly independent, probably ready to fight any proposal coming from the White House. But within three weeks after congress opened President Roosevelt had apparently introduced the bulk of his legislative program and could expect favorable action on most of it.

Defense. His \$552,000,000 emergency two-year program is moving slowly but certainly, aided by war clouds over Europe and Asia.

Social Security. Broad revisions and extensions will probably be approved, though congress may demand an accounting on the huge social security reserve fund.

Reorganization. Defeated last year by Republicans and insurgent Democrats, governmental reorganization is again being broached in the house by Missouri's Rep. John J. Cochran. Since this year's anti-administration bloc is bigger than 1938's, reorganization is probably doomed for failure.

Public Health. Already introduced is the national health program bill, to be paid for jointly by states and the U. S. First year's federal appropriation would be about \$50,000,000. Eventually the total annual cost to state and federal governments would be \$900,000,000. Aided by growing public health consciousness, the bill is expected to pass.

Railroads. The White House has introduced no bill, but has given its blessing to railroad relief measures introduced by California's Rep. Clarence Lea and Montana's Sen. Burton K. Wheeler. Since rail relief is an established need, not a political question, it is being justified on the bases of national defense, public safety and national economics.

Monetary Powers. The White House will probably be granted continuation of the treasury's currency stabilization fund, which reportedly netted a neat profit last year, and the presidential power to further devalue the dollar, which congress does not think has been abused. Only stumbling block is that stabilization fund operations have been secret, which congress does not like.

Communications. Not vital, but a White House fetish, is interest in the federal communications commission which President Roosevelt would like reorganized this session.

His like reorganized this session. His purposes: To improve FCC's legal framework and administrative machinery. If congress gets time, this will probably be approved.

Taxation. Legislation to permit reciprocal taxation of federal, state and municipal bonds and salaries, now exempt, is apt to be adopted in the face of strong state and municipal opposition to the bond exemption feature.

LABOR

Last year Homer Martin, president of C. I. O.'s United Automobile Workers of America, quarreled with his vice president, President John L. Lewis of C. I. O., stepped in, appointing Vice President Sidney Hillman and Phillip Murray as mediators. But 18 of U. A. W.'s 24 board members were anti-Martin men and early last month they voted to strip him of power. Reason: Mr. Martin had been consorting secretly with Harry Bennett, personnel director for the Ford Motor company, only non-U. A. W. auto manufacturer.

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The upshot has been C. I. O.'s refusal to recognize Mr. Martin as head of U. A. W., followed next day by Mr. Martin's resignation from C. I. O.'s executive board with

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Farmers First Meat Packers
The first meat packers in the United States were farmers, according to a correspondent in the Wisconsin Agriculturist. More than 300 years ago these farmer packers began to salt down pork, beef, venison and bear meat. It wasn't long before the New Englanders began to take a share of the English trade in meats with the West Indies. Later, thousands of meat animals were driven in on foot to Boston, New York, Baltimore and other sea port towns, from the outlying farms and from adjoining colonies or states.

Entering Strange Caves

None but the bravest people care to enter strange caves. They may get hopelessly lost, drop into a pit, slide over a dangerous precipice, or drown in a rushing, hidden river. Land caves usually open in limestone, a porous rock, whose water seeps into cracks, "caits" away part of the lime, and eventually carves out huge underground holes. Tiny raindrops made Kentucky's famed Mammoth cave this way. It sprawls 8,000 square miles under the earth's surface.

The Law of L.

The Law of Lek is a strange code that governs the blood feuds of mountaineers of Albania. Respecting it, says Collier's Weekly, one never shoots his enemy when the enemy has arranged for a period of peace so he can go to town, hold a party or gather his harvest. "Use feuds, therefore, may be termed on or off" at will so they will not interfere with one's business or pleasure.

MONETARY POWERS

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This year's congress was advertised as highly independent, probably ready to fight any proposal coming from the White House. But within three weeks after congress opened President Roosevelt had apparently introduced the bulk of his legislative program and could expect favorable action on most of it.

Meaning of Name Gratia

The name Gratia is a contraction of the Latin Gratiana, meaning "of exceeding grace." The Latin root of the word may mean not only "grace" but "divine favor," "esteem," "kindness" or "thankfulness." The Italian forms Graziosa, "gracious," and Graziella, "thankful," come from the same root, and Grazielle means "little graceful one." It will be observed that "grace" may have both a physical and spiritual interpretation. St. Gratia was an early virgin martyr.

Petroleum Industry Has Variety of Expressions

The petroleum industry has created a highly picturesque language of its own. Many of its terms and expressions are understandable only to those within the industry. Here is a short glossary, given by a writer in the Chicago Tribune, of some of the more common terms:
Location—Where a stake is driven marking a spot where a well is to be driven.

Gusher—An oil or gas well which blows off or gas into the air.

Wild cat—A location, drilling operation or well which is producing, located outside a well defined producing area.

Wild well—A gusher out of control.

Rotary—(a) General term for rotary tools and equipment—(b) type of drilling tool which bores into the earth in a manner similar to the way in which an auger bores into wood.

Pits and cellar—Excavation pits are used to hold water and drilling fluid; the cellar is the walled up space under the derrick where rotary connections are installed.

Tool pusher—One having charge of the contractor's field work.

Tour (pronounced tower)—The working period for oil field employees. Field men say "going on tour" for starting to work and "going off tour" for quitting.

Roughneck—A man who works on the derrick floor of a rotary rig; usually there are four of them, known as the firemen or potmen, derrickmen and two "floormen."

Roustabout—A lease worker or outside man on a rotary crew. The term is used loosely to mean a general handy man.

Cable tools (also called standard tools)—Drilling equipment which makes a hole by pounding in the same way that a hole is made when a stake is driven into the ground.

Quarterly meeting will be held at Burns this Sunday. The Rev. Tipton from Kansas City will be here the entire day. The Rev. H. C. Boyd will preach the afternoon service.

SERVICES AT CHURCH ST. SIMONS SUNDAY

The Rev. A. O. Birchough, priest-in-charge of St. Simons Church will conduct regular services Sunday at 11 o'clock which include the Holy Communion and sermon. Gamma Kappa Delta will be held at 6 o'clock.

LABOR

Last year Homer Martin, president of C. I. O.'s United Automobile Workers of America, quarreled with his vice president, President John L. Lewis of C. I. O., stepped in, appointing Vice President Sidney Hillman and Phillip Murray as mediators. But 18 of U. A. W.'s 24 board members were anti-Martin men and early last month they voted to strip him of power. Reason: Mr. Martin had been consorting secretly with Harry Bennett, personnel director for the Ford Motor company, only non-U. A. W. auto manufacturer.

C. I. O. chieftains thought Mr. Martin was playing for personal control over the huge Ford labor vote.

The upshot has been C. I. O.'s refusal to recognize Mr. Martin as head of U. A. W., followed next day by Mr. Martin's resignation from C. I. O.'s executive board with

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EDITORIALS

The Iowa Bystander

Health Hints

(By Dr. C. R. Bradford)

WHOOPING COUGH

Whooping Cough is an acute infectious and contagious disease; it is characterized by a respiratory infection which terminates in the whoop. This disease is transmitted by direct contact, through infected articles or inhalation of droplets of sputum. The last is probably the most frequent. Although the disease is one of childhood no age is exempt, and on account of the violence of the coughing and the periods of temporary suffocation, it is a disease to be feared in infants and children.

The onset of whooping cough is gradual, usually ushered in by a mild cold with considerable cough. In addition, sneezing, running eyes, and voice changes may be present. The cough, however, is more distinctive, being short, dry and irritating. Treatment is not always satisfactory. Immunization of children has proved to be very successful and should be done when the child is about nine months old.

Reindeer Is Held Unique Among the Deer Family

The reindeer is unique among deer in that the female, like the male, carries antlers, although they are smaller. It also differs from most deer in having young without spots, writes Ernst Schwarz in Nature magazine. The reindeer is the only deer that has become attached to man and has been domesticated.

The range of the reindeer (the name being here used in its broadest sense) includes the Arctic portions of both the Old and the New Worlds. In America it is called the caribou. It is found in Scandinavia, Spitzbergen, northern Russia, Siberia, as well as in Alaska, most of Canada, Greenland and other Arctic islands. During the great ice age reindeer were forced much farther south. In France and Germany their meat, provided a staple food for paleolithic man, and their antlers and bones the material for his tools and weapons. Some of the rock engravings left in the caves of western Europe by prehistoric man include beautiful representations of this animal.

Agreeing that but one race and one religious group existed in America is it not true that the strife over these very questions would not exist? Professor Reuter of the department of Socialism of Iowa University says that a large percentage of race prejudice is due to differences in physical features. And we don't dispute that! We go further and say, that prejudice against a race is intensified because a race dislikes the way the race does things. And yet a race does things its way because it is the custom of its race.

Of course there is merit in Rabbi Levens theory; certainly for minority groups who insist that in spite of differences, there is no reason to penalize a man because of his race or religion, but living in a great conglomeration of races and religions as we do in America we are forced to concede that these differences have been their handicaps. The Bystander has criticized daily papers on many occasions when they have used designation of race to describe criminals, we ourselves have at times singled out the Negro unduly excusing the practice on the theory that designating us in unjust references must be counteracted by over indulgence in race designation in fair and just references. Neither instance justifies over emphasis of differences.

We are inclined to believe we get much further by emphasizing the things upon which we agree rather than calling up the things upon which we disagree.

DEAN PICKENS ON THE FORUM

In keeping with its program during the past few years, Dean William Pickens of the NAACP will appear in Des Moines on the city wide forums March 6 to 11.

Mr. Pickens is a brilliant scholar and lecturer and has studied and traveled extensively abroad and in America.

The Bystander urges that the public give him good audiences. It is important that both races hear him for not only do the white people need to be set right

Demand for Meat as Old As Most Ancient People

In the story of food, meat is of prime importance. For thousands of years, men have eaten meat, bought meat, traded for meat, hunted for meat, and fought for meat. The demand for meat is as old as the human race. Old China enjoyed roast pork and sausages before the dawn of the Christian era. In all countries, meat is a highly valued article of food.

We Americans are hearty meat eaters. It takes 142 pounds of meat each year, per person, to satisfy us. More than 47 per cent of this meat is pork and 48 per cent is beef and veal. Poultry and eggs, too, are produced on nearly 6,000,000 farms of this country, to the extent of billions of pounds, asserts an authority in the Wisconsin Agriculturist. In our plans for securing a supply of meat, we have come a long way from the time when the head of the house went out with club or spear to hunt the wild game. The gigantic job of supplying meat for our table is so carefully planned and these plans so completely and thoroughly carried through that we scarcely realize what a tremendous business it is.

During recent years, the census of manufacturers lists the meat packing industry as first or second in the United States in every report issued.

In all the ages, our savage forefathers, their more enlightened descendants, and our nearer pioneer grandfathers found no more important work than how to find food and how to carry it back to the home cave, or hut, or cabin. We either directly or indirectly, spend most of our time solving the same problem.

Hornbill, Odd Bird, Has Beak Heavier Than Body

Hornbills, birds of the Picarian order, range from about 11 inches in length to one which measures five feet from the tip of the beak to the end of the tail. When we look at one of the larger hornbills, observes a writer in London Tit-Bits magazine, we wonder how it manages to keep its balance with a beak that appears to be heavier than the body. Some species carry a crown or horn above the great beak, and this adds to the weight.

It is thought that the strange appearance of hornbills caused the ancient invaders of India to originate the myth of the phoenix. This tells us of a fabulous female bird that lived for five or six hundred years in the desert, then built for herself a funeral pyre of wood and aromatic gums, to which she set fire by the fanning of her wings, and so consumed herself; but from the ashes she sprang up again in youth and freshness to live a few more centuries.

The hornbills of Africa have a loud, weird cry which often frightens superstitious natives; it resembles the braying of an ass or the loud cawing of a person in pain. This remarkable note not only keeps away native hunters, but also monkeys, wild cats, and other creatures that might prey upon them.

'Cat Out of the Bag' Many of the phrases we use in popular speech are similar in meaning and in origin. For instance, "letting the cat out of the bag," and "buying a pig in a poke," both came from the same source, though they have different meanings, says Pearson's London Weekly. To let the cat out of the bag is to disclose or give away some secret; to buy a pig in a poke is to clinch a presumed bargain without taking the necessary steps to make sure that the transaction is all it is claimed to be. Long, long ago, unscrupulous persons would take a cat tied up in a bag (or poke) to market and there try to sell it, saying that the bag contained a pig. Wise purchasers, however, would take the precaution of looking inside to verify the fact, an act that often "let the cat out of the bag." Those not so wise—well, they "bought a pig in a poke."

Why Prefer Particular Colors Each of us has a preference for some particular color, but not all of us know why. A slight knowledge of the meaning of color will help us analyze our likes and dislikes. It is wise to consider the characteristic properties of individual colors before we proceed to change the color combinations in our homes. Red, for instance, symbolizes vitality, energy, power. It is highly stimulating. Blue signifies tranquility. Psychologically, its influence is quieting. Yellow symbolizes light, cheerfulness. Green soothes, yet exhilarates.

The Different Blood Types There are four main blood groups. In classifying the types of blood two test serums are used. If the blood does not clot with either serum the blood is type I; if it clots with both it is type IV; if it clots with one but not with the other it is type II or type III, depending on which one is present when the clotting takes place. The various types of blood do not indicate anything about health. All are normal.

on the Negro problems but the Negro must be set right on his own problems. Then too the success of one Negro speaker makes certain the inclusion of others in years to come. At least we can show the forum management by our presence that we approve their plans and program.

Secretary of Labor Perkins says that labor and farmers must pull together with industry to bring back prosperity. It would sound better to say agriculture, labor and industry must pull together. The former suggests a combination of farm and labor which keeps alive differences.

Freehand cutting had been done at an early period but it was not until August, Edouart began his series of portraits that the art became famous.

Grant of Patents Began With Greeks Years Ago

The grant of patents for inventions began long before the Christian era, Frank E. Barrows of New York says in a symposium of the American Chemical Society on the American Patent Practice and Procedure. "The earliest patent system of which we have authentic record was in the Greek province of Sybaris and related to inventions of new foods," it is pointed out. "Sybaris was destroyed in 610 B. C., and with it the record of its experience with a patent system, but the Greek historian Phylarchus, writing in the Third century B. C., tells us about the provisions of the system. It provided that any cook or caterer who invented an unusual and peculiar dish was entitled to a monopoly of this new invention for a period of one year.

"Only the inventor was entitled to the profit to be derived from its manufacture during this period, and the purpose was not only to protect and reward the inventor but to encourage others to labor at excelling in that field. Thus we have in the Sybaris patent law of 25 centuries ago the fundamentals of our modern patent systems. "For practical purposes the earliest of our modern systems is that of Great Britain, established by the English Statute of Monopolies in 1623, more than three centuries ago. Our own patent system is next in point of time. It was established in 1790, shortly after the adoption of the Federal Constitution. "Even before that time patents had been granted by some of the American colonies. The adoption of patent systems has spread and practically all nations have patent systems."

Decorating the Spanish Home Spanish architecture as used in America can usually be traced to the early Spanish mission. It came into use in the early part of the Eighteenth century in the states adjoining the Mexican border. An attractive color prescription for this type home: stucco painted a light tint of green; exterior woodwork, white; iron railings finished in red to blend with the Spanish tile color of the roof.

Strange Tropical Plant May Grow 60 Feet High

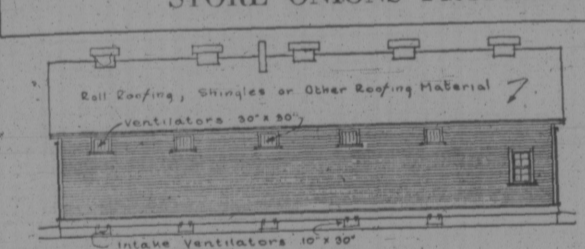
A strange tropical plant sometimes attaining tree size in Florida is the screw pine, which in its native Madagascar may reach 60 feet in height, writes Hugo H. Schroeder in Nature magazine. The base of the plant is held up on still-like aerial roots that grow in a cluster. The long sword-shaped leaves grow up to three feet in length; they are grouped in a spiral twist, quite different from the average leaf arrangement.

This plant, as well as other forms of the species, is extensively grown as a pot plant for home decoration, and conservatories, able to take care of good-sized plants under glass, show various species to good advantage. Some varieties have striped or variegated leaves, while others are unmarked. It is called screw pine because of two different characteristics: The spiral twist of the leaves is responsible for the first half of the name, while "pine" was adopted because of the resemblance of the fruit to a rounded pine cone. These fruits grow to a diameter of six inches or more.

In its native regions the plant is useful for various purposes. The fruits are eaten for food, the fiber of the roots and leaves is used for making hats, ropes, baskets, bags and matting, and paper is made from the leaves.

The Jefferson Bible The Jefferson Bible is a compilation made by Thomas Jefferson of passages from the four gospels cut out and pasted in a book according to a scheme of his own. Jefferson began this work about the year

EXPERT TELLS HOW TO STORE ONIONS PROPERLY



Whether in June or January, the demand for onions knows no let-up. Many dishes, both humble and aristocratic, owe their tastefulness to this basic "flavor" food. The grower who would meet this year's round demand, however, harvests his onions only once a year and must somehow protect them successfully against changing temperatures if he is to get better prices when onions become less plentiful. Storage facilities become increasingly important as farmers recognize that it's good business to hold the finest stock for late winter deliveries.

Onions must be well ripened when stored. Plenty of ventilation, coupled with a temperature of from 80 to 90 degrees, should be maintained in the storage house during curing time. The onions should be stored in crates in such a manner as to permit the free circulation of air around them.

The necessary movement of outside air through an onion storage house requires properly spaced ventilators both at the floor and ceiling levels so that when the vent doors are open a current of air can continuously rise up and out. Experts have a handy method of determining when onions are sufficiently ripe for storage. At this stage, they say, onions will "rattle like blocks of wood" when poured from one crate to another. After the onions have been cured

the temperature of the house should be reduced to about 36 to 40 degrees and held there. To be able to cure and then hold proper temperatures, an onion storage house should be constructed along lines suggested by the United States Department of Agriculture. Agricultural engineers state that in addition to adequate ventilation, insulation built into walls and ceiling is necessary to offset climatic temperature changes.

Boys Ride Tortoises Turtle riding is one of the favorite games down at Nassau in the Bahamas. The native boys at Nassau love to play jockey to 700-pound sea turtles. Their method is to dive for a big salt water tortoise lying quietly on the bottom in the transparent water and grab the forward end of its shell just back of his neck. It's a dangerous way to mount the animal, because if he draws in his neck and elects to stay down, the rider's hands may be caught between the turtle's neck and his shell, and the rider has to stay down with him. However, the boys know just how to do it. The turtle comes to the surface, and the ride begins. The only trouble is that there isn't any way of guiding this steed; the boy has to go where his mount happens to feel like swimming.

Cat's Whiskers Serve as Feelers; Perfect Organs There is an old belief that a cat uses its whiskers to determine whether it can squeeze through a small hole or opening. According to this notion, the whiskers are exactly the same width as the animal's body and if they touch the sides of the hole the cat will not attempt to enter. Although not strictly true, there is a grain of truth in the belief, notes a writer in the Indianapolis News. The large facial hairs, known scientifically as "vibrissae," serve as feelers or organs of touch and contribute materially to the cat's ability to move about in the dark. These hairs themselves, of course, are not sensitive, but the roots are provided with sensitive nerve-endings. John Fiske, in "Through Nature to God," writes as follows of these remarkable tactile organs: "The most perfect organs of touch are the vibrissae or whiskers of the cat, which act as long levers in communicating impulses to the nerve fibers that terminate in clusters about the dermal sacs in which they are inserted. These cat-whiskers are merely specialized forms of such hairs as those which cover the bodies of most mammals, and which remain upon the human skin imbedded in minute sacs."

Facial hairs of this type are particularly well developed, both in number and size, in those predatory species which hunt chiefly in jungles and other thick undergrowth. In the vegetable-eating bears the whiskers are few in number.

Insulating board is recommended as being the most practical and economical. However, one should take the precaution to select an insulation board that is weather-proof, moisture resistant and protected from attack by dry rot and termites. Experts estimate that for a stored crop of 1,500 bushels a house 16 by 36 feet in size will be needed. For a 10,000 bushel storage the house should be 32 by 72 feet.

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Elder Eugene Robinson, Pastor.

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WEST SIDE A. M. E. ZION CHURCH
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Rev. G. W. Robinson, Pastor
Sunday school at 10 A. M., F. C. Goggins, Supt. Morning worship at 11 o'clock. Evening worship at 7:45 o'clock. B. Y. P. U. at 6:30 P. M. Prayer meeting, Wednesday at 8 P. M. Choir rehearsal, Friday at 8 P. M. Mission society meets every Friday afternoon at 2:00 P. M.

COLFAX IOWA
BETHEL BAPTIST CHURCH
Rev. Ed. Mason, Pastor
Morning service at 11:00 A. M. Sunday School at 9:45 A. M. Mission Circle, Thursday Afternoon; Prayer Meeting, Wednesday night.

CHRIST'S SANCTIFIED HOLY CHURCH
Elder A. B. Brewer, Pastor
1521 E. University Ave.
Sunday morning prayer service, 8:00 A. M.; Sunday school, 12:30 P. M.; Preaching service, 8:00 P. M.; Y. P. B. L., 6:30 P. M.; Sunday evening, Preaching service, 8:00 P. M.; Tuesday evening, Bible study 8:00 o'clock; Friday night, preaching service, 8:00 o'clock. Everyone welcome.

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1068 Twelfth Street
Sunday school at 12 to 1 P. M. Sunday; Lessons in Truth, Thursday evening at 8 to 9 o'clock; Prosperity and Health Science, every day except Saturday and Sunday, 12 P. M. to 1 P. M. "Our Daily Word," we take subscriptions. Private appointments. Mrs. Hazel Browne, leader, 1068 12th. All are welcome. Undenominational.

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A. Ross Brent, Pastor
Order of service: Morning service, 11 A. M.; Sunday School, 1 P. M.; B. Y. P. U., 6:30; Evening service, 8 P. M.; Prayer service, Wednesday, 7:30; Choir rehearsal, Friday, 8 P. M.

MT. HEBRON BAPTIST CHURCH
Rev. L. G. Garrett, Pastor
Order of Service: Sunday School, at 9:45 A. M.; Worship at 11:00 A. M.; B. Y. P. U. at 6 P. M.; Evening services at 8 P. M.; Prayer meeting, Wednesday at 8 P. M.

KYLES A. M. E. ZION CHURCH
709 S. E. Fifteenth Street
Phone 4-2716
Worship Services
Sunday school at 9:45 a. m. Preaching at 11:00 a. m. Evening service at 7:30 p. m. Choir rehearsal Tuesday and Wednesday nights. Class meeting Friday night.

BURNS M. E. CHURCH
611 Crocker Street
Rev. John C. Bain, Pastor
Order of service: Sunday school 9:45 A. M.; Morning service, 11 A. M.; Epworth League, 6:30 P. M.; Evening service, 8:00 P. M. Prayer and class meeting, Wednesday, 8:00 P. M. Choir rehearsal, Friday, 8 P. M. A cordial welcome awaits you at Burns.

BETHEL A. M. E. CHURCH
1530 E. University Avenue
Sunday School 9:30 A. M. Wm. Sammel, Supt. Morning Worship, 10:45; Evening Worship, 7:30 P. M. A. C. E. League, 6:30 P. M., Mrs. Loidie Kant, President. Prayer meeting, Wednesday evening, 7:30; Choir rehearsal Thursday evening, 7:30. A cordial welcome is extended to all.

UNION BAPTIST CHURCH
East Sixteenth and University Ave.
Rev. Jordan W. Tutt, Pastor
Morning worship at 11:00. Sunday school at 9:30. B. Y. P. U. at 6:30 p. m. Evening worship at 7:45. Mid-week prayer service at 7:45. Choir rehearsal Friday evening at 8:00. Dr. L. R. Willis, director.

FIRST C. M. E. CHURCH
S. E. 28th and Murray
Sunday School 9:45 A. M.; Morning Worship, 11 A. M.; Epworth League, 6:30 P. M.; Evening Worship, 8:00 P. M.; Prayer meeting, Wednesday evening at 8:00 P. M.; Choir rehearsal, Friday at 8:00 P. M.

ST. PAUL A. M. E. CHURCH
12th and Crocker
Sunday school 9:30 A. M.; morning worship, 11:00 A. M.; Evening worship, 8:00 P. M.; A. C. E. League, 6:30 P. M., Halie Oziel Johnson, president. Mrs. S. Joe Brown, superintendent of the church school. Midweek prayer service, Wednesday, 7:30 P. M. Choir rehearsal, Friday evening, 8:00 P. M.

SHILOH BAPTIST CHURCH
S. E. 14th and Scott Sts.
Rev. J. L. Lucas, Pastor
506 Sheridan Ave. H. P. Ph. 4-3840
Order of services: Sunday school at 9:45 a. m. Morning service at 11:00 o'clock. Evening service at 8:00 o'clock. The public is cordially invited to attend these services.

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ORDER OF SERVICES
Sabbath School (Saturday) 10:00 A. M.; Morning service, 11:30 A. M.; Evening service, one hour before sundown. Sunday evening service, 8:00 P. M.
ELDER W. O. DICKENS

CHURCH OF GOD AND SAINTS OF CHRIST
928 West 12th Street
ELDER J. C. FAIRFAX
ORDER OF SERVICES
Sunday night at 7:30 P. M.; Wednesday night at 7:30 P. M.; Friday night at 7:30 P. M.; all day Sabbath, commonly called Saturday; all are welcome.

PHILADELPHIA SEVENTH DAY ADVENTIST CHURCH
1150 W. Thirteenth Street
R. T. Hudson, Pastor
Order of service:—Sabbath school, 9:30 a. m.; morning worship, 11:00 o'clock; Young People's Mission, Volunteer society, 3:00 p. m. Sunday night, 7:30 o'clock, preaching; Wednesday night, 7:30 o'clock, prayer meeting. Bible Study League, sight singing chorus, 7:00-10:00 p. m.; nursing class, Tuesday p. m.; teachers' meeting, Friday, 8:00 p. m.

MT. OLIVE BAPTIST CHURCH
S. E. Fourth Street at Allen
Rev. C. B. Wheeler, Pastor
Order of Service: Sunday School, at 9:45 A. M.; Morning Worship at 11:00 A. M.; B. Y. P. U. at 6 P. M.; Evening Worship at 8:00 P. M.; Prayer service Wednesday at 8:00 P. M.; Choir rehearsal Wednesday, 9 P. M.

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ing, 11:15 A. M.; Y. P. M. V., 1st and M. Bible class, Sunday evening, 8:00 P. M. Home Missionary, 2nd and 4th Saturday, 3 P. M.
Elder C. S. Robinson, pastor

MAPLE STREET BAPTIST
The Rev. Countee closed the Spiritual Crusade on Thursday evening, February 23rd. Great success was reported. Winning the royal titles were Mr. Harry Lewis, Royal King; Mrs. Fannie Cox, Royal Queen; Mrs. F. Bates, princess; and Fletcher Warwick, prince. Workers in the crusade were as follows; Mesdames Otto Mae Robinson, Celeste Jones, Lucy Saundeland, Gertrude Brown, Maggie Lincoln; Misses Phylis Noah, and Alma Baxter; Mr. William Freeman, Linden Robinson, George Wells, Frank Redrick, and Rev. Ross Brent.
The A. Ross Brent Club will meet at the home of Mrs. J. P. Jones, 1232 Dixon, on Monday, March 13th. Mrs. Jones is president.

CORINTHIAN CHURCH
A Loyalist soldier of the Spanish War will address the congregation Sunday night on his experiences in the war and conditions of Spanish people.
Rev. Robinson left the city for Nashville to attend the funeral of Rev. Dr. L. G. Jordan.

CHICK LOSSES LOWERED IN INSULATED HOUSES

Heavy losses of young chicks have been the unfortunate experience of many poultrymen who started with good chicks, a clean brooder house, a stove in good working order, correctly balanced feed and an adequate supply of fresh clean water. Sudden weather changes are known to cause such losses as baby chicks are sensitive to cold and drafts. In agricultural experiment stations brooder houses are commonly supplied not only with artificial heat but also with insulation to retain the heat and maintain temperatures at a steady level. As shown in the illustration, a new brooder house is being insulated with cane fibre board to protect young chicks. A sudden sharp fall in the outdoor temperature at night will not affect chicks in this house because the heat will not leak away as rapidly as it will in an un-insulated house. Fuel is conserved, thereby reducing the cost of brooding chicks in such an insulated house. Brooder houses can be kept dry and free from drafts only by correct ventilation. Insulating a brooder house is a long step toward getting proper ventilation, which depends on even temperature and the elimination of drafts.

WHEN KIDNLY TROUBLE CAUSES YOU TO GET UP NIGHTS

When Bladder is Irritated
When Passage is Difficult
When Backache Results

Flush Poisonous Waste and Acid From Kidneys
GAIN IN HEALTH

If you aren't feeling just right—are nervous—have dizzy spells and occasional backache—study your kidneys and learn more about yourself. Through the delicate filters of the kidneys, acid and poisonous waste are drawn from the blood and discharged from the body thru the bladder—sometimes these filters are less active than they should be because of excess poisonous waste and kidneys do not function properly—they need harmless stimulation. One reliable medicine, highly effi-

cient and inexpensive is GOLD MEDAL Haarlem Oil Capsules. This grand medicine has been helping people for 50 years—to relieve their aches and pains by helping conditions caused or aggravated by excess uric acid or other circulating poisons such as is so often the case with sciatica, neuritis, neuralgia, lumbago and rheumatism. So if you have such symptoms of kidney trouble as backache, nervousness, getting up two or three times during the night—scanty, burning or smarting passage—leg cramps—moist palms or puffy eyes—get a 25 cent package of this grand and harmless diuretic at any modern drugstore—it starts the first day on its errand of helpfulness. Don't be an EASY MARK and accept a substitute—Ask for Gold Medal Haarlem Oil Capsules—right from Haarlem in Holland. GET GOLD MEDAL—the original—the genuine. Look for the Gold Medal on the box 35 cents.

Azerbaijan Largely Moslem
Azerbaijan is a country, largely Moslem, consisting of most of the former Russian provinces of Baku and Yelisavetpol. It has neighbors which do not agree to its territorial claims, but its boundaries are the Caspian sea on the east, Daghestan, Northern Caucasus and Georgia on the north, Georgia and Armenia on the west and Persia on the south. The capital of Azerbaijan is Baku, a city of 452,000, the center of the great oil district of the Caucasus. In 1917 Azerbaijan united with Armenia, Georgia and Transcaucasia in a federal republic. Disagreements arose and the federation broke up, Azerbaijan declaring itself independent in 1918.

Meaning of Name Gratia
The name Gratia is a contraction of the Latin Gratiana, meaning "of exceeding grace." The Latin root of the word may mean not only "grace" but "divine favor," "esteem," "kindness" or "thankfulness." The Italian forms Graziosa, "gracious," and Graziella, "thankful," come from the same root, and Gracienne means "little graceful one." It will be observed that "grace" may have both a physical and spiritual interpretation. St. Gratia was an early virgin martyr.

Petroleum Industry Has Variety of Expressions
The petroleum industry has created a highly picturesque language of its own. Many of its terms and expressions are understandable only to those within the industry. Here is a short glossary, given by a writer in the Chicago Tribune, of some of the more common terms:
Location—Where a stake is driven marking a spot where a well is to be driven.
Gusher—An oil or gas well which blows off or gas into the air.
Wild cat—A location, drilling operation or well which is producing, located outside a well defined producing area.
Wild well—A gusher out of control.
Rotary—(a) General term for rotary tools and equipment—(b) type of drilling tool which bores into the earth in a manner similar to the way in which an auger bores into wood.
Pits and cellar—Excavation pits are used to hold water and drilling fluid; the cellar is the walled up space under the derrick where rotary connections are installed.
Tool pusher—One having charge of the contractor's field work.
Tour (pronounced tower)—The working period for oil field employees. Field men say "going on tour" for starting to work and "going off tour" for quitting.
Roughneck—A man who works on the derrick floor of a rotary rig; usually there are four of them, known as the firemen or potmen, derrickmen and two "loofmen."
Roustabout—A lease worker or outside man on a rotary crew. The term is used loosely to mean a general handy man.
Cable tools (also called standard tools)—Drilling equipment which makes a hole by pounding in the same way that a hole is made when a stake is driven into the ground.

Quarterly meeting will be held at Burns this Sunday. The Rev. Tipton from Kansas City will be here the entire day. The Rev. H. C. Boyd will preach the afternoon service.

SERVICES AT CHURCH
ST. SIMONS SUNDAY
The Rev. A. O. Birchough, priest-in-charge of St. Simons Church will conduct regular services Sunday at 11 o'clock which include the Holy Communion and sermon. Gamma Kappa Delta will be held at 6 o'clock.

White House
This year's congress was advertised as highly independent, probably ready to fight any proposal coming from the White House. But within three weeks after congress opened President Roosevelt had apparently introduced the bulk of his legislative program and could expect favorable action on most of it; Defense. His \$552,000,000 emergency two-year program is moving slowly but certainly, aided by war clouds over Europe and Asia.
Social Security. Broad revisions and extensions will probably be approved, though congress may demand an accounting on the huge social security reserve fund.
Reorganization. Defeated last year by Republicans and insurgent Democrats, governmental reorganization is again being broached in the house by Missouri's Rep. John J. Cochran. Since this year's anti-administration bloc is bigger than 1938's, reorganization is probably doomed for failure.
Public Health. Already introduced is the national health program bill, to be paid for jointly by states and the U. S. First year's federal appropriation would be about \$50,000,000. Eventually the total annual cost to state and federal governments would be \$900,000,000. Aided by growing public health consciousness, the bill is expected to pass.
Railroads. The White House has introduced no bill, but has given its blessing to railroad relief measures introduced by California's Rep. Clarence Lea and Montana's Sen. Burton K. Wheeler. Since rail relief is an established need, not a political question, it is being justified on the bases of national defense, public safety and national economics.
Monetary Powers. The White House will probably be granted continuation of the treasury's currency stabilization fund, which reportedly netted a neat profit last year, and the presidential power to further devalue the dollar, which congress does not think has been abused. Only stumbling block is that stabilization fund operations have been secret, which congress does not like.
Communications. Not vital, but a White House fetish, is interest in the federal communications commission which President Roosevelt would like reorganized this session. His purposes: To improve FCC's legal framework and administrative machinery. If congress gets time, this will probably be approved.
Taxation. Legislation to permit reciprocal taxation of federal, state and municipal bonds and salaries, now exempt, is apt to be adopted in the face of strong state and municipal opposition to the bond exemption feature.

Labor
Last year Homer Martin, president of C. I. O.'s United Automobile Workers of America, quarreled with his vice president. President John L. Lewis of C. I. O. stepped in, appointing Vice Presidents Sidney Hillman and Philip Murray as mediators. But 18 of U. A. W.'s 24 board members were anti-Martin men and early last month they voted to strip him of power. Reason: Mr. Martin had been consorting secretly with Harry Bennett, personnel director for the Ford Motor company, only non-U. A. W. auto manufacturer. C. I. O. chieftains thought Mr. Martin was playing for personal control over the huge Ford labor vote. The upshot has been C. I. O.'s refusal to recognize Mr. Martin as head of U. A. W., followed next day by Mr. Martin's resignation from C. I. O.'s executive board with

Farmers First Meat Packers
The first meat packers in the United States were farmers, according to a correspondent in the Wisconsin Agriculturalist. More than 300 years ago these farmer packers began to salt down pork, beef, venison and bear meat. It wasn't long before the New Englanders began to take a share of the English trade in meats with the West Indies. Later, thousands of meat animals were driven in on foot to Boston, New York, Baltimore and other sea-port towns from the outlying farms and from adjoining colonies or states.

Entering Strange Caves
None but the bravest people care to enter strange caves. They may get hopelessly lost, drop into a pit, slide over a dangerous precipice, or drown in a rushing, hidden river. Land caves usually occur in limestone, a porous rock, notes a writer in the Washington Post.—Rain trickles into cracks, "eats" away part of the lime, and eventually carves out huge underground holes. Tiny raindrops made Kentucky's famed Mammoth cave this way. It sprawls 8,000 square miles under the earth's surface.

The Law of Lek
The Law of Lek is a strange code that governs the blood feuds of the mountaineers of Albania. Respectively, Collier's Weekly, once shoots his enemy when the moon has arranged for a period of time he can go to town, hold party or gather his harvest. "Leads, therefore, may be turned off or on" at will so they do not interfere with one's business or pleasure.

SHE LOST 20 POUNDS OF FAT
Feel full of pep and possess the slender form you crave—you can't if you listen to gossipers. To take off excess fat go light on fatty meats, butter, cream and sugary sweets—eat more fruit and vegetables and take a half teaspoonful of Kruseven Salts in a glass of hot water every morning to eliminate excess waste. Mrs. Elma Venable of Havre de Grace, Md., writes: "I took off 20 lbs.—my clothes fit me fine now." No drastic dieting—no constipation—but blissful daily bowel action when you take your little daily dose of Kruseven.

EASY NOW TO CORRECT BAD BREATH
No need to offend others—Listerine, quick deodorant, sweetens breath

Now there is no excuse for offending others with halitosis (bad breath). The quick, easy treatment to counteract this condition is Listerine. Simply rinsing the mouth with it makes the breath cleaner, sweeter, more wholesome. Most cases of bad breath, says dental authority, are caused by fermentation of tiny food particles that tooth brush has failed to remove. When Listerine is used to rinse the mouth, it halts fermentation and overcomes the odors it causes. Smart men and women realize that it is easy to offend others and take the pleasant Listerine precaution against bad breath. Lambert Pharmaceutical Company, St. Louis, Mo.

ECONOMICAL EFFICIENT
Use only one level teaspoonful to a cup of sifted flour for most recipes.

KC BAKING POWDER
Same price today as 48 years ago
25 ounces for 25¢

Manufactured by baking powder specialists who make nothing but baking powder—under supervision of expert chemists of national reputation.

MILLIONS OF POUNDS HAVE BEEN USED BY OUR GOVERNMENT

Don't offend others
Check halitosis with LISTERINE

THE GEEVUM GIRLS

BUMPI! BANG!

GOOD HEAVENS! WHAT'S HAPPENED TO GRANDPA? HE MUST BE HAVING A DUCK FIT!

HURRY, SIS! HURRY!

OH DEAR! WHAT CAN THE MATTER BE?

WHY, GRANPA!—WHY DON'T YOU LIGHT THE GRATE IF YOU'RE SO COLD?

COLD?

SAY, I MAY BE OLD GALS, BUT I'VE GOT YOUNG IDEAS, B'HEK!

HOW TO SHIMMY

Tim Early

Buy handkerchiefs with what it saves

It isn't necessary to pay 50¢ or more to get quality dentifrice. Listerine Tooth Paste, made by the use of Listerine, comes to you in a large tube at 25¢. How it cleans, loosens and protects your teeth, how it saves you approximately \$1 a year over a 3¢ dentifrice. Buy things you need with that saving—handkerchiefs are merely a suggestion. Lambert Pharmaceutical Co.

LISTERINE TOOTH PASTE
25¢

SOCIAL - CLUBS - PERSONALS

Miss Clara Fant and Thomas Avant were host and hostess at a surprise birthday party honoring Mr. Guy Walker Smith on February 26, given at the home of Mr. Thomas Avant, 1021 11st Street. Guests present were Misses Ellen Strother, Annabelle Payne, Fred Morrow and Edward Eaves.

Mrs. William Bell, formerly Miss Edith "Pie" Doyle, gave birth to a nine pound baby boy, Tuesday, February 28, at Broadlawn General Hospital. Mother and son are reported to be doing nicely.

The H. Q. B. Club presented a book of photos and clippings of famous Negroes to the Community Center branch library for references. Members of the club collected and made this book in observance of Negro History Week.

March program activities of the O. W. K. Club of the west Community Center include a speaker on Flower Containers.

Bicycle contest, sponsored by the troop committee of Boy Scout Troop No. 59, is being held during the month of March. The person raising the largest amount over five dollars will be awarded a beautiful streamlined bicycle which is on display at the Mitchell building, 12th and Center streets. Proceeds from the contest will be used to promote and finance activities for the Scouts. The contest closes March 27.

Mr. Quentin Mease, executive secretary of the Y. M. C. A. left the city Saturday for a short visit in Chicago, Illinois. He is expected to return to the city the latter part of the week.

John S. Coleman, 1300 Harding Road, is confined to his home suffering from a broken arm which he received recently while in the employ of the railroad company.

Members of the Y-Star Club met at the Community on Tuesday evening, February 28. The next meeting of the club will be with Osborne Lewis, 1227 Laurel Street.

Mrs. Minnie Peak, 1137 14th Street spent several days in Chicago last week as the guest of her daughter, Miss Helen Schultz, a beauty student in the Poro College.

The Rev. G. W. Robinson of Corinthian Baptist Church left the city Thursday morning for Nashville, Tennessee where he will attend the funeral of the Rev. L. G. Jordan. He will return to Des Moines for the regular Sunday morning service.

The members of the "Copper Colored Review" will be entertained at a party held at the Billiken Ballroom Tuesday evening, March 7, from 8:00 to 1:00 a. m. Guests will be invited.

The Book Lovers' Club of the East Community City held its regular meeting Monday. Mrs. Gertrude North reviewed the book entitled "From Jehovah to Jazz" by Helen Kurzman.

Mr. and Mrs. L. M. Johnson, 1148 Enos Avenue, are the proud parents of a ten pound eleven ounce boy.

The adult sewing class, taught by Mrs. Goldie Fant, entertained at a Washington party Wednesday evening, at the east center.

The senior Girl Reserve Club had a close skating party at the Ford plant Saturday night from 7:00 to 10:00.

Members of the program committee of the Thoroughbred Club met Friday evening at the YWCA to plan the future activities of the club for the remainder of the program year. Suggestions were made for the type of skit of the Jabberwock. Miss Annabelle Payne is chairman of the committee.

Miss Rosetta Nolan, teacher in the school system of Kansas City, Missouri, was in the city over the week-end to attend a business meeting of the Alpha Kappa Sorority held for the purpose of making plans for the Midwestern Regional Conference which will meet here during the Easter holidays. Miss Nolan is the Midwestern Regional Director of the sorority and former basiss of the Kansas City, Mo. chapter. She returned to Kansas City Sunday night.

La Fleur De Les Club met with Mrs. Hazel Lewis as hostess. The evening was spent in playing hearts, prizes being won by Stella Greer, first, Vivian Henry, booby. The next meeting will be with Mrs. Ossie Miller.

Entrenous

Last Thursday night was quite a big night for all the fun lovers. A large crowd completely filled the Jewish Community Center to witness the Copper Colored Review and an equally as large crowd attended the Nat Towles dance at the Billiken Ballroom. If you weren't out last Thursday night, you just aren't in on "that time."

Orchids to Herman Wadsworth and his assistants for the fine production of "Copper Colored Review." It showed that much patience and energy had been spent in whipping together a group of amateurs into such a fine shape. Agin Herman—Our compliments . . . Looking around the audience during one of those sweet sentimental numbers all I could see was supported heads and dreamy countenances, speaking to Annabelle sitting next to me, I had to shake her several times before getting any response . . . Margaret Williams' version of "While A Cigarette Was Burning," proved her ability as a torch singer, and Sammy McCann's "I Cried For You" and "I Have Eyes" almost had me, the "non-torcher," "torching."

Leaving the review and going on to the dance as many of persons did, we find lots of news here . . . Alice Strothers and Betty Pickett who thought it would be quite a lark to give a couple of foreigners found it to be very boresome to have them on their hands all the evening . . . Delores Brown (Deep Purple) and Eugene Frazier (Jitterbug) had quite a spill on the dance floor—my my what could the matter be? . . . Dorothy Montgomery seems to have forgotten all about Chauncey; see Chauncey, you're not such a power after all . . . two young ladies who and I know didn't arrive home until 4:00 a. m. It must have been some dance.

I wonder why . . . Edith Ann Gray can be seen on 14th street every Sunday evening . . . Ava and Jack C. haven't had a "Sunday date" for over a month and a half . . . Maurice Evans seems to fall for basketball men . . . Fred Morrow and Margaret Williams decided to part . . . Kenny Hill and Clemantine Nickens don't mind the cold when taking one of their nightly strolls . . . what's about an old love that caused Winifred Brooks and Mose Floyd to go back together again . . . Annabelle's nat won't stay on.

Well, I find, my space limited, and my brain power also so I am forced to say—Oh, I almost forgot to make this inquiry—TO THE CRESCENT BEAUTY SCHOOL—Valmer Jordan wants to know if you give free haircuts also! So long, Sepia Tattler

Mrs. Helen Martin, 1305 Ascension Street, entertained Tuesday evening at a bridal shower for Mrs. Marvin Coole, formerly Miss Bessie Colbert. Games were played with the Misses Nadine Robinson and Lula Mae Turner winning the prizes. A lovely two course luncheon was served. Guests present were the Misses Flora Mae Carter, Annabelle Payne, Nadine Robinson, Lula Mae Turner, Viola Barker, Mr. and Mrs. David Colbert, and members of the bride's family.

The Community Council will meet Friday March 3 at the Community Center, 15th and Crocker Streets, E. N. Warren is president.

Busy Bee Sewing Club of the St. Paul A. M. E. church met at the home of Mrs. Sam Walker, 1064 14th St., Monday afternoon. Mrs. Walker is president.

CENTER TO SPONSOR CARNIVAL The Community Center, 15th and Crocker, will sponsor a carnival to be held Tuesday night March 14th. Chances are being sold on a beautiful quilt that will be raffled off.

SORORITY ANNOUNCES DATE OF JABBERWOCK The Delta Sigma Theta Sorority announces that the 5th annual Jabberwock will be held Thursday, April 13 at the Jewish Community Center. All clubs, organizations wishing to participate may get in touch with Miss Waurine Sprott, Blue Triangle Y. W. C. A. or call 4-0787.

The Jabberwock annual project is sponsored for the purpose of raising funds to present to some colored girl as a scholarship for furthering her education.

Watch the Bystander for further announcements.

Early Bridal Furniture Was Daintily Decorated

Many of the household furnishings of the early days of settlement of this country furnish a charming expression of the decorative art of craftsmen who were called upon to supply the needful household articles in a new land.

This is true of the folk art of the early settlers who played so prominent a part in the colonizing of Pennsylvania, relates Alice R. Rollins in the Los Angeles Times. Their bride-boxes, dowry chests, cupboards, tinware, pottery, fabrics, birth certificates, wagons, in fact, everything they made, furnish an expression of folk art in decorative painting—that is peculiarly their own. Most of this painting belongs to the Eighteenth century, although a piece may now and then be found belonging to the Seventeenth and again to the early part of the Nineteenth.

This art may be seen at its best in their bride-boxes, which were made to hold the linen and other small finery dear to the heart of the prospective bride, for her personal use. They were gifts of the bridegroom-to-be and were given at the time of the wedding or shortly before.

The boxes were either round or oval in shape and were made of thin pieces of white pine. They were left unpainted on the inside, though sometimes lined with decorated paper pasted over the entire surface. Outside they were generally covered with a solid ground color—red, yellow, blue, green, brown, straw color, according to the inclination of the painter. On this ground color the various decorative designs were painted in bright colors. As a rule the painting was crude and unconventional, but the general effect has a freshness and vigor that gives it a special charm.

Gossamer, Filmy Cobweb, Is Produced by Spiders

Gossamers are filmy cobwebs floating in the air or clinging to plants and other objects. Spiders eject them like other webs, in the form of viscid fluid. Sometimes several threads are produced simultaneously.

It is supposed that the gossamers are spun when the spider is on an elevated point and that some of the webs are wafted by the wind as they are ejected. Not infrequently the spider itself is carried away with a tangle of webs. Often the single strands of the web are so fine that they can not be seen readily except when the sun is shining on them.

"Gossamer" is supposed to be derived from "gos," goose, and "somer," summer. It is generally assumed, states a writer in the Indianapolis News, that "gossamer" in this connection refers to the "downy" appearance of the gossamer; but the theory has been advanced that the word may have alluded originally to the clear warm weather which frequently occurs in the fall when geese are supposed to be in season and to have been expanded to the chief characteristic of this period in some sections, namely, the appearance of these webs.

Far-fetched as the theory may seem, the fact that "summer-goose" is a localism in England for "gossamer" is pointed out in confirmation. Gossamers are in fact seen chiefly during warm weather in the fall, and this has led some naturalists to the conclusion that these cobwebs are produced only by young spiders. Chaucer refers to the gossamer as an unsolved riddle, and it was once widely believed that this phenomenon was somehow produced by dew.

Large Opal Mining Center That Kenya colony, in East Africa, was once a large opal mining center was disclosed by discoveries made

THE DOWN BEAT

ON THE DOWN BEAT CATS! Let's Swing—Let's Jam and Jive in Swingdom! Well kids, this is J. King the Shadow of the Down Beat bringing you the news, views and previews of the musical world. To start the ball rolling let's give a big hand to Mr. and Mrs. J. W. Mitchell and our very good friend T. L. "Speck" Howard for bringing such sensational bands to our city such as Nat Towles and his fourteen Southern gentlemen of Swing. Off goes my hat to Nat and his boys for they are a fine bunch of showmen. Opening the dance was Nat's theme song "It's A Juggin'" written by Stuff Smith which was

Read in the Bystander FIRST

IN THE SHADOW OF THE STARS

By Abbe' Wallace

YOUNGEST MENTALIST ON THE AMERICAN STAGE



NOTE:—Your question will be answered FREE in this column ONLY when a clipping of this column enclosed with Your Question, Your full Name, Birthdate, and Correct address. For Private Reply send twenty-five cents in coin or money order and a self-addressed envelope for My New Astrology Reading and receive by return mail My Free Advice on Three Questions. Do Not Send Stamps. Send all mail to Abbe' Wallace care of the Iowa Bystander, 302 Chemical Building, Des Moines, Iowa.

Mrs. L. S.—Will me and my husband go back together again? If so when?

Ans: Not soon, but eventually I believe. The children mean as much to him as they do to you and for their sake he will make up with you. At

in a cave near Nakuru. Excavations revealed that the cave was used by prehistoric man as a place of burial, the method being to dig a hole, place a body in it and then light a fire on top. Eventually, when the dead had to be buried, excavations were made through the charred remains of those interred years before. Among the objects found were beautifully carved opal, jade and rock crystal beads. The excavators believe that traders about 4000 B. C. went there from the Mediterranean to buy opals from East African mines.

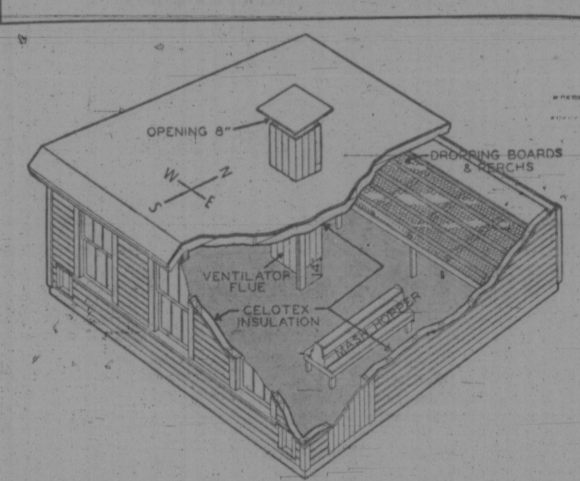
Jeweler's Rouge

Jeweler's rouge is a mineral substance. In its preparation crystals of sulphate of iron, commonly known as copperas, are heated in iron pots, by which the sulphuric acid is expelled and the oxide of iron remains. Those portions least calcined, when ground, are used for polishing gold and silver. These are of a bright crimson color. The darker and more calcined portions are known as crocus, and are used in polishing glass, metal or gems. Jeweler's rouge is a fine, gently calcined variety.

Wild Hare, Squirrel, Pests

In the Eighteenth century wild hare and squirrels were not highly regarded by sportsmen because they were so plentiful that they became pests, with bounties on their heads, says the American Wildlife Institute. In one year—1740—800 pounds were paid out for the heads of gray and black squirrels at three pence a head in Pennsylvania alone. This means that 600,000 were killed for the price on their heads.

POULTRY EXPERTS PRAISE INSULATED LAYING HOUSES



Having observed that egg production falls off during Fall and Winter months when prices are at their peak, many progressive poultry raisers are following the advice of state and county farm advisors and are insulating their laying houses against the cold.

Scientific research has shown that a flock of 125 four to five pound layers gives off in an hour only as much heat as would be obtained by burning about five ounces of coal. Unless insulation is provided, this amount of heat is insufficient to keep a laying house warm in freezing weather and frost will gather on walls and ceiling and the litter will become wet. Also, feed is wasted in the colder house because more feed is needed to keep the hens warm and less is available to make

eggs, leading poultrymen have found. According to the observations of R. E. Gray of Ohio State University, a well-insulated laying house will also increase egg production in summer months. He says in Everybody's Poultry Magazine that flocks remain indoors close to mash hoppers until late afternoon when an insulated laying house is provided. When the house is not insulated, the birds loaf during the heat of the day trying to keep cool, he reports.

Illustrated above is a simple method of insulating and ventilating a laying house according to the findings of poultry experts. It is adaptable to practically any house, old or new, and any farm carpenter who is handy with tools can do the work easily.

NOTICE OF SHERIFF'S SALE ON SPECIAL EXECUTION STATE OF IOWA, POLK COUNTY, 28 DISTRICT COURT OF POLK COUNTY IOWA. The State Bank, Fort Dodge, Iowa, Plaintiff vs. The Savings Bank of Des Moines, Iowa, and the United States of America, Defendants. Public Notice is hereby given that: By virtue of a special execution to me directed, issued by the Clerk of the District Court of Polk County, Iowa, in favor of the State Bank, Fort Dodge, Iowa, and against Lytle Husman and Allen Husman on a judgment rendered by said Court on the 21st day of February 1939, wherein it was ordered, adjudged and decreed that the following described property be sold to satisfy said judgment to-wit: Lot six (6), block thirteen (13), in Farwell Place, in the city of Des Moines, Polk County, Iowa.

Now, therefore, public notice is hereby given that unless the said defendants appear at my office in Des Moines, on or before the 7th day of April, 1939 A. D., at ten o'clock A. M. of said day, at which time said above described property is hereby advertised to be sold and pay off the amount of said judgment, with interest and costs, I will sell said property, or sufficient thereof to satisfy said judgment with interest and costs, at public outcry, to be held at the Court House in Des Moines, Iowa, for cash in hand to pay off said Execution.

VANE B. OVERTURFF, Sheriff of Polk County, Iowa. By H. F. Wood, Deputy, Sheriff's Office, Des Moines, Iowa. Published and printed by the Iowa Bystander, March 2nd and 9th 1939 at Des Moines, Polk County, Iowa. Published 4-10-39

Marie Downing BEAUTY AND ROMANCE

SPONSORED BY LARIEUSE BEAUTY FOUNDATION



The Larieuse Beauty Foundation was established by the Godefrey Manufacturing Company to study methods of preserving woman's natural beauty, and to make the results of this research available to the public.

With the worst part of the winter behind us, we are all thinking about spring clothes. But before we get around to the actual purchase of our spring wardrobe, it is well to take a good long look at ourselves in the mirror.

The chances are that during the winter we have let up on our regular exercises. The weather was not conducive to outdoor activity and most of us, I am afraid, have failed to keep up our daily dozen indoors. Then, too, we seem to have bigger appetites in winter, due to the cold weather, and we eat an abundance of heavy foods. Many of us added a good five pounds during the holidays from the rich holiday fare and have neglected to do anything about it. And now is the time that we must pay for our laziness and neglect. If we hope to wear our spring clothes with an air.

Improve Your Posture The feminine figure shows the first signs of neglect in one (or all) of three places: the hips, the abdomen and the waist. The day of the wasp-like waist is gone, but a slim, trim midriff is still in demand if you want to wear your clothes to advantage. And, of course, nothing detracts more from the line of a dress or suit than a bulging tummy. And this common feminine failing is more the result of poor posture and weak stomach muscles than of surplus poundage. Slumping actually adds several inches to the waist, hips and abdomen. Try holding yourself erect and notice the difference. Holding your stomach in strengthens the stomach muscles and, if you keep it up long enough, you will be rid of at least that particular defect.

Exercises Must Be Done Regularly The hips, however, are the biggest problem. Nothing will trim them down but regular exercise and diet. I suggest diet only if you are all around overweight and then it must be accompanied by exercise. But many of us have unnecessarily well-padded hips without being generally heavy. This condition is remedied about by a lazy life and is routine of exercise. I am going to give you a couple of simple exercises to reduce the hips—and, fortunately, these same exercises, if done regularly, will slim your waist too.

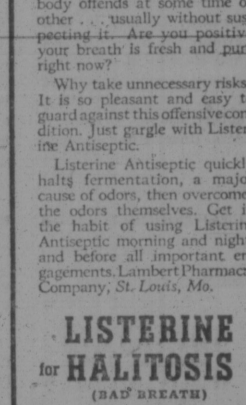
(1) Lie on back and roll hips from side to side, keeping the shoulders flat on the floor. Start with ten rolls a day and work gradually up to fifty.

(2) Standing erect, bend forward, trying to touch the toes. Then bend backward, then from side to side.

I have selected these two exercises because they are simple, and do the same work as the more complicated, and oftentimes confusing, ones. Nor will they leave you so worn out that you will neglect the proper care of your hair, your skin and your general good grooming. Remember that a few days, or even a few weeks of exercise is not enough. You must keep it up regularly over a period of time if you hope to slip into spring with a slim silhouette.

What are your beauty problems? Write Marie Downing, Larieuse Beauty Foundation, Room 521—319 North Fourth St., St. Louis, Mo., and she will be glad to answer them. Be sure to enclose a self-addressed stamped envelope.

Color Your Hair to a Beautiful Even Shade of Black, Brown or Blonde with Godefrey's Larieuse



Dull, faded, off-color hair—yes, it DOES spoil your appearance. And if neglected too long it may result in lost popularity, the loss of a sweetheart or a job. What a pity if this should happen. But why run the risk?

With a simple, easy application of Larieuse Hair Coloring you can bring out the sparkling lustre and alluring softness your hair now lacks. It won't rub off. It isn't sticky, smelly or greasy. It doesn't interfere with curling, marcel or permanent wave.

Try Larieuse today, see it bring your hair glorious new color, new life, new loveliness and many a complement.

LOOK for this RED BOX Ask for LARRY-USE

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If your dealer does not have it, send \$1.25 (no extra postage) direct to GODEFREY MANUFACTURING COMPANY • 3510 OLIVE ST. • ST. LOUIS, MO.

DON'T LET UGLY HAIR ROB YOU OF YOUR CHARM

Color Your Hair to a Beautiful Even Shade of Black, Brown or Blonde with Godefrey's Larieuse



Dull, faded, off-color hair—yes, it DOES spoil your appearance. And if neglected too long it may result in lost popularity, the loss of a sweetheart or a job. What a pity if this should happen. But why run the risk?

With a simple, easy application of Larieuse Hair Coloring you can bring out the sparkling lustre and alluring softness your hair now lacks. It won't rub off. It isn't sticky, smelly or greasy. It doesn't interfere with curling, marcel or permanent wave.


Try Larieuse today, see it bring your hair glorious new color, new life, new loveliness and many a complement.

LOOK for this RED BOX Ask for LARRY-USE

GODEFREY'S Larieuse HAIR COLORING

If your dealer does not have it, send \$1.25 (no extra postage) direct to GODEFREY MANUFACTURING COMPANY • 3510 OLIVE ST. • ST. LOUIS, MO.

EVEN YOUR BEST FRIEND WON'T TELL YOU



You yourself might easily have halitosis (bad breath) without ever suspecting it. And the subject is so delicate that even your best friend wouldn't tell you.

That's the insidious thing about halitosis. Nearly everybody offends at some time or other . . . usually without suspecting it. Are you positive your breath is fresh and pure right now?

Why take unnecessary risks? It is so pleasant and easy to guard against this offensive condition. Just gargle with Listerine Antiseptic.

Listerine Antiseptic quickly halts fermentation, a major cause of odors, then overcomes the odors themselves. Get in the habit of using Listerine Antiseptic morning and night, and before all important engagements. Lambert Pharmaceutical Company, St. Louis, Mo.

LISTERINE for HALITOSIS (BAD BREATH)