

CROCKER ST. BRANCH ATHLETIC CARNIVAL AT CENTRAL Y MONDAY EVENING

Happenings and the People
By: D. L. H. W.

USE YOUR CHAMBER OF COMMERCE DIRECTORY

This writer would like to know if the local citizenry use their City Directory, published annually by the Des Moines Negro Chamber of Commerce? If not, you should! The Chamber will soon publish its 1940-41 Directory for Des Moines. This book serves as a medium for the Negro business, professional, social, civic, fraternal and religious groups, and as a direct link between the above groups and the consuming body. Its purpose is to induce Negroes to think more about supporting Negro business concerns, whether local or national, to keep on file accurate records of business of Negroes. But, to keep this Directory filled with interesting and worthwhile information, the CHAMBER MUST have CO-OPERATION.

Housewives require the use of a Directory daily. Other groups require the same service, we urge you to use your Directory DAILY. If you don't have one by your telephone ask a member of the Chamber for one today!

Life Insurance

Life insurance is a complicated financial business. In one form or another it has played a very important part in the progress of the race.

That a baby race, without training and experience, with the varied American fields of business before it, should have chosen to enter in such a large way into this particular line is remarkable; in a sense queer and, to some, not easily understandable. Seventy-five years ago, even among American white people, the business of life insurance was in its infancy.

Long before the Civil War, there were what might be termed Church Relief Societies in many places in the North. With a few exceptions these insurance units were well conducted both before large measure performed the functions for which they were organized began to spring up; and within a dozen years they were overshadowing the Relief Societies.

Then for fifty years—1870 to 1920—outside of the fields of religion and education, Negroes devoted their major organizational energies to fraternal orders and their connected insurance benefit departments. It was in this period that tremendous financial racial blunders were made, many millions of dollars collected and dissipated, and widespread confidence in race leaders destroyed. But these fraternities neither lived nor died in vain. The operation of their insurance departments created the desire for insurance among Negroes. It caused them to realize the value of it.

Their failures pointed out to Negro leaders the defects in the methods and systems of procedure. From this background several Negro life insurance companies were organized, and with a quarter of a century of successful operation to their credits, they are now established economic institutions of the race.

In 1920 the total assets of Negro life insurance companies amounted to \$4,208,415. In 1937 they amounted to \$20,092,955. The capital stock of these companies in 1924 was \$763,986. In 1937 it was \$1,477,394. Insurance in force in 1920 was \$86,039,151. In 1937 it was \$340,816,707. These companies have paid more than fifty-six million dollars in death and disability benefits to Negro beneficiaries. To serve the millions of Negro policyholders in these companies, at the end of 1937 it was requiring 9346 persons and their annual compensation amounted to \$4,808,803.

But figures mean nothing unless they convey the story of service which they represent. The sum of "fifty-six million dollars in death and disability benefits" is dead language to those in whose imagination it fails to paint the pictures of the sick rooms cheered, the doctors and medicine provided, the perplexing economic problems solved, the bereavements appeased by decent burials furnished, the debts paid, mortgages lifted and young minds educated by it. The thoughts of these figures are but fleeting chaff on the dry winds of apathy unless they cause the imagination to portray the yawning void that without these assembled funds would have stretched itself across the path of progress like a dismal abyss of despair.

THE IOWA BYSTANDER

Features — National News — Leader in Advertising — Circulation — Local News — Clean and Progressive
HELP US TO MAKE IOWA'S OLDEST WEEKLY THE MIDDLEWEST'S BEST

VOL. XLVI—NO. 40

DES MOINES, IOWA, THURSDAY, MARCH 28, 1940

HOME EDITION

PATRONIZE OUR ADVERTISERS

PRICE 5 CENTS

Anti-Lynching Bill to Senate Calendar

Champion Little Rens To Appear In 'Y' Carnival Feature



Top row, left to right—Melvin Madison, forward; Charles Johnson, forward; Chauncey Bailey, forward; Art Edmunds, center. Front row, Jimmy Bowman, guard; Guy Jackson, forward; Bob White, guard; Kenny Burris, guard; Harold Miller, center.

Teams Will Compete in Final Meet

A galaxy of outstanding teams and individual performers have been lined up for appearance in the thirtieth annual Crocker 'Y' Athletic Carnival to be staged in the Central Y. M. C. A. gymnasium Monday evening, April 1st. The event is sponsored by the physical and basketball committees of the 'Y' and concludes the fall and winter physical program at which time the title-winning teams and star participants are placed on exhibition and given deserved recognition.

Held for the first time last year in the downtown 'Y' gym with the largest crowd on record in attendance, the Carnival is being repeated in the same location at the request of many cage fans who recall the successful 1939 affair. For the first time it will be possible to make a fair comparison of the relative strength and abilities of athletic teams of the Crocker 'Y' and Central Y. M. C. A. as six teams representing the two Associations will be matched in three of the contests on the evening program.

HEADLINERS

Headlining the entertainment's bill of fare Monday night will be the basketball game between the N. C. C. Little Rens, Crocker 'Y' senior league champions, and the Apex tournament titleholders of the Central Y. M. C. A. The Little Rens have compiled one of the most enviable records this season in the history of local Negro basketball. Scoring ten consecutive triumphs in walking off with the senior loop pennant, the Little Rens boast a season's record of 28 victories against a lone defeat all registered against some of the strongest squads in the city and central Iowa. Their opponents for the feature attraction will be determined Friday night in the finals of the Apex tournament now in progress at the Central Y. M. C. A. The champions of the various city leagues operated by the Central 'Y' engage in the Apex tournament at the end of each season to decide the city league championship. Thus, in effect, the city championship will be at stake as the titleholders of the two Y. M. C. A.'s square off Monday night.

(Continued on Page 4)

Next Step to Get Measure Before Body on Its Merits

Washington, D. C.—The controversial anti-lynching bill was approved Monday the 26th by a 10 to 3 vote of the senate judiciary committee.

This action sent the controversial legislation to the senate floor. Southern senators have given notice they are ready to talk the measure

to death as they did when it came up there previously.

The bill already has passed the house. It provides fines and imprisonment for state officers who permit a lynching, and subjects state subdivisions to civil liability to victims' relatives.

In Plea for Hospital Bill

LEADERS TELL HOSPITAL NEEDS OF NEGRO TO SENATE COMMITTEE

Washington, March 25 (By A. E. White for ANP)—If Negroes are to gain any consideration in the execution of the newly proposed George Wagner bill, known as the National Health bill, they will owe it to the most careful, scientific and logical presentations of just about as fine a group as has ever appeared before any senate committee conducting hearings.

Included in the group were Dr. Carl Roberts of Chicago of the National Medical association; Dr. E. R. Carney of Detroit, president of the National Hospital association; Dr. Paul V. Cornely of the Howard University Medical school; Dr. Dorothy Boulding Ferebee of the same institution and Charles S. Houston, lawyer for the N.A.A.C.P.

Negroes Need Bill Most

Dr. Morris Fishbein, erudite and militant leader of the American Medical association, told the committee that if the truth were really known, the group which stood more greatly in need of hospitalization and assistance in the United States was the Negro group—a minority of 13,000,000 people.

That Dr. Fishbein should make this utterance was an indication of the cessation of long hostilities which had smoldered between the American Medical association and the National Medical association.

Dr. Roberts' testimony on the stand Tuesday indicated the support of the NMA for the bill, provided that Negroes were given consideration "conforming with the practices and customs of localities." He cited

New Deal Is Lauded by Mitchell

Washington, March 25 (ANP)—Declaring himself unreservedly in favor of a third term for President Roosevelt, Congressman Arthur W. Mitchell of Illinois in an address before the house Monday recited a resume of the accomplishments of the New Deal as far as Negroes are concerned and challenged any other party to show that it had done as much.

Going down the line, Mr. Mitchell enumerated the seven alphabetical agencies which had contributed to the Negroes welfare and "saved them not only from starving, but kept them living." They were in order, the WPA, PWA, CCC, FCA, FSA, NYA, and the USHA.

Families Benefited

Stating that some 500,000 Negro families, representing 14 per cent of the total on the WPA payrolls, had been benefitted from the acts of this organization, Congressman Mitchell further lauded the New Deal and cited figures from other departments to prove his contentions.

the history of the NMA and went into the problems of Negro doctors, who when taking patients to the majority of hospitals had to leave their patients at the door.

Among the telling points made by Dr. Roberts were those showing that in the entire United States there are available for the entire Negro population of the country only 7,000 beds, which means one bed to every 2,000 people compared with a total of 1,161,380 for the remainder of the population.

FIGHTS ODD INTERPRETATION OF CIVIL RIGHTS LAW

New York, March 25 (ANP)—Conrad Lynn, acting as his own attorney, this week filed an appeal against the decision of Judge Marks in the Manhattan Municipal court that restaurant owners need not serve Negroes in a "mixed party".

Last November four friends, two white and two colored, went into the Marianna restaurant on West 113th street. The proprietor refused to serve them. In court he testified that he would have served the two Negroes if they had sat apart by themselves, but not while they sat at the same table with their white friends. Judge Marks ruled that this was not a violation of the state civil rights law, which is designed to protect Negroes from discrimination.

Howard Files Appeal to High Court

Attorney Charles P. Howard, whose license to practice law was suspended for a period to one year after a hearing in the Polk County district court, has served notice of an appeal of his case to the state supreme court. Later a story of execution of the judgment was granted which will permit him to practice until the high court decides the case undoubtedly will be during the May term.

Broadcast Over KSO Sunday, 2:30 P. M.

Des Moines Talk To Be Broadcast Over NBC

Washington, D. C.—The National Health Week Committee is pleased to announce that Mr. Daniel L. H. West, Circulation Manager of the IOWA BYSTANDER, Des Moines, Iowa will speak over KSO Des Moines Station, Sunday, March 31, at 2:30 P. M. This will be the only broadcast from the Midwest having an outlet over the NBC basic Blue and Mutual Networks.

The subject of this broadcast will be "COOPERATIVE ENDEAVOR FOR THE ATTAINMENT OF COMMUNITY". All of this leads up to this: That here in Des Moines, Negroes should think more seriously of taking our insurance with Negroes. Fortunately you have a Negro agent who can give you insurance to suit your individual needs. We hope that you will see the necessity of investing with Negro Insurance Companies, especially when we know to well of the flagrant abuses practiced by many of the large white companies toward Negro policy holders. This writer looks forward to the day when Mr. James your local Negro agent will handle all types of Negro owned insurance.

Youngsters Forum Topic

Mrs. Helen D. Beshears, Polk County probation officer and John Lewis, Adult Education instructor and youth counselor were leaders of the panel discussion of the Youth Forum held at the Branch on Thursday, March 24.

Boy and Girl relationship was a topic of vital interest to the thirty-five boys and girls in attendance at the Forum. The opening statement of both speakers was that, "much discussion has been devoted to the morals and attitudes of the Youth of today. Their actions have been discussed and quipped in many places." The speakers emphasized that the discussion of sex with all its implications should be encouraged in every home between parent and children.

Youth Has Not Changed

In his discussion Mr. Lewis stressed the fact that the youth of today is no different than those of any other generation.

Mrs. Beshears Gives Reason "The difficulty," stated Mrs. Beshears, "comes in the fact that the young people were not given the proper tools of supervision and information by parents at home to enable them to know what to do with the freedom of this generation."

Youth Needs More Guidance

Both speakers emphasized that children particularly adolescence should be guided in their trend of thought and proper information given

HEALTH. The Des Moines talk will also be one of a series to open the activities of NATIONAL NEGRO HEALTH WEEK, March 31 to April 7.

Special Broadcast A special Radio Broadcast will be from Washington, D. C., by Assistant Surgeon General C. V. Akin, Division of Sanitary Reports on STATION WRC. of the Red Network of the National Broadcasting Company, Saturday, April 6, 1940, 2:00 to 2:30 p. m. Music and pertinent announcements will complete this half-hour on the air.

HOWARD SPONSORS TWO BOOKS

Washington, March 26 (ANP)—Fresh off the presses, two interesting volumes sponsored by the graduate school of Howard university have been made available to the public, and should, according to business men and students of racial affairs, be in the hands of every young Negro interested in progress.

One, "The Collapse of the National Benefit Insurance Company, a Study in High Finance Among Negroes" by James B. Mitchell, M. A., tells a story which has been bandied back and forth in newspapers for eight or nine years.

The second "A Comparative Study of Religious Cult Behavior Among Negroes with Special Reference to Emotional Group Conditioning Factors" is as interesting as a visit to the several religious cults it discusses. Written by Raymond Julius Jones, M. A., it is revealing and comprehensive and should be widely read.

Copies are available at the university in the division of social sciences. them, which otherwise would be picked up in wrong places and in the wrong manner. Emphasis was put on the fact that boy and girl relationship and adolescence should be carried out in plural numbers and not limit their friendships to the choice of one boy

(Continued on Page 4)

John S. Coleman Retires as Railway Post Clerk After 33 Years' Service

One of the middlewest's oldest Railway Mail Clerks in point of service is John S. Coleman, who after thirty three and one half years of continuous service retired recently.

Mr. Coleman, a native of Kansas City, Missouri, began his service when Negroes were not looked upon with favor in this branch of the service. In his early years, Mr. Coleman says, "Negroes had a pretty tough go of it, but as more began to break into the service the whites came to the point that Negroes were no different from other employees. Now they are glad to be of assistance to Negro clerks at anytime."

Mr. Coleman thinks that for the young Negro, who must work for a salary, the Railway Mail Service offers him the best opportunity. Asked upon what he based his contention, he replied, "In the railway mail service, an employee is entitled to an annual vacation with pay, he receives accumulated sick leave and to insure against old age three and one-half percent of salary is set aside for a pension which becomes payable after 30 years of service, or when the employee has reached the age of sixty."

His most colorful experience was

on Washington's birthday, February 22, 1913, when he emerged from a train wreck unhurt.

Since his retirement he plans to do some writing, catch up on his reading and practice his music which he says he has neglected in recent years. He lives with his family at 1200 Harding Road, Des Moines.

Any young man interested in this type of government service, should contact Mr. Coleman at his home, as he has expressed a willingness to assist them in preparing for this type of service.

Where to Attend Church in Des Moines

CHURCH OF GOD
1151 West Third Street
ORDER OF SERVICES
Sabbath School (Saturday) 10:00 A. M.; Morning service, 11:30 A. M.; Evening service, one hour before sundown. Sunday evening service, 8:00 P. M.
Elder W. O. Dickens

SHILOH BAPTIST CHURCH
S. E. 13th and Scott Sts.
Rev. J. L. Lucas, Pastor
596 Sheridan Ave. H. P. Ph. 4-3540
Order of services: Sunday school at 9:45 a. m. Morning service at 11:00 o'clock. Evening service at 8:00 o'clock. The public is cordially invited to attend these services.

MAPLE ST. BAPTIST CHURCH
Corner East 16th and Maple Streets
A. Ross Brent, Pastor
Order of service: Morning service, 11 A. M.; Sunday School, 1 P. M.; B. Y. P. U., 6:30; Evening service, 8 P. M.; Prayer service, Wednesday, 7:30; Choir rehearsal, Friday, 8 P. M.

ST. PAUL A. M. E. CHURCH
Rev. H. C. Boyd, Pastor
12th and Crocker
Sunday school 9:30 A. M., morning worship, 10:45 A. M.; Evening worship, 7:45 P. M.; A. C. E. League, 6:30 P. M.; Lucy Davis, president. Mrs. S. Joe Brown, superintendent of the church school. Official Board Monday evening, 7:30 P. M. Midweek prayer service, Wednesday, 7:30 P. M. Choir rehearsal, Friday evening, 8:00 P. M.

CLEVELAND AVENUE CHURCH OF GOD IN CHRIST
1704 Cleveland Ave.
Elder S. Jackson, Pastor
The order of services at the church: Sunday School 9 a. m. with Eric Fountain as superintendent. Sunday morning services at 11 o'clock. Y. P. U. at 6:30 p. m. with Vera Perchman, leader. Sunday night services at 8:00 p. m. Tuesday night Bible Band from 7:30 to 8:30. Weekly services Tuesday and Friday nights, 8 p. m.

CLEVELAND AVENUE CHURCH ADDS DINING ROOM
The Cleveland Avenue Church of God in Christ is adding a new dining room to the building which Elder Jackson announces will be completed shortly.

MASS MEETING AT UNION
The Union Baptist church is holding a B. Y. P. U. mass meeting at the church Monday, April 1 at 7:30. There will be a pep meeting and musical selections, with the principal speaker Miss Willa Mae Horton, president of the State Baptist convention. There will be a supper from 5:30 to 7:00. Tickets may be secured through the different churches Sunday.

REV. OGLETON TO HOLD QUARTERLY CONFERENCE
Rev. W. H. Ogleton, presiding elder of the Des Moines district, Northwestern A. M. E. conference, will preside over the quarterly meeting Sunday April 7 and the quarterly conference Monday April 8 of St. Paul church.

SANTA FE CHARGED WITH DISCRIMINATION
Oklahoma City, March 25 (ANP)—Negro women riding the Santa Fe streamliner between Kansas City and Oklahoma City must share washroom facilities with both colored and white men in Oklahoma despite state laws requiring separate, though equal accommodations for both races, according to a communication and the Interstate Commerce commission, received last week by William Pickens who reported the situation to them, is for the present not going to do anything about it.
Complaint dismissed. The case report of Congressman Arthur W. Mitchell,

CHURCH OF GOD AND SAINTS OF CHRIST
928 West 12th Street
Evangelist E. Williams
ORDER OF SERVICES
Sunday night at 7:30 P. M.; Wednesday night at 7:30 P. M.; Friday night at 7:30 P. M.; all day Sabbath, commonly called Saturday; all are welcome.

BURNS M. E. CHURCH
311 Crocker Street
Rev. John C. Bain, Pastor
Order of service: Sunday school 9:45 A. M.; Morning service, 11 A. M.; Epworth League, 6:30 P. M.; Evening service, 8:00 P. M.; Prayer and class meeting, Wednesday, 8:00 P. M. Choir rehearsal, Friday, 8 P. M. A cordial welcome awaits you at Burns.

ST. SIMON EPISCOPAL CHURCH
1227 School
Father A. O. Birchenough in charge of services on the first and third Sundays. Services at 10:45 a. m. Church school 9:45 every Sunday morning.

CHRIST'S SANCTIFIED HOLY CHURCH
1521 E. University avenue, Phone 6-3383
Elder A. B. Brewer, pastor. Order of service: Sunday school 12:30 p. m., Sunday worship 2:30 p. m., Y. P. U. at 6:30 p. m., Sunday night 8:00 p. m., Tuesday Prayer service and Bible Study 8 p. m., Friday Worship 8 p. m.

UNION BAPTIST CHURCH
East Sixteenth and University Ave.
Rev. Jordan W. Tate, Pastor
Morning worship at 11:00, Sunday school at 9:30. B. Y. P. U. at 6:30 p. m. Evening worship at 7:45. Mid-week prayer service at 7:45. Choir rehearsal Friday evening at 8:00. Dr. L. R. Willis, director.

and Richard E. Westbrooks, prominent Chicago attorney, against the Chicago, Rock Island, and Pacific Railway company was among those cited.
The commission reply emphasized the fact that cases charging discrimination usually were disposed of without a formal hearing. Formal complaints they suggested, enclosing reports of several as proof, usually met similar fates—"evidence insufficient,"

SENATOR NORRIS AND NATION MAGAZINE PRAISE SUPREME COURT DECISION
New York—Senator George Norris, famed Nebraska liberal, and the Nation magazine have both lauded the recent supreme court decision handed down February 12, and written by Justice Hugo L. Black, of Alabama, in which the supreme court of Florida was denied the right to affirm the execution of four Negro youths whose conviction of murdering a white man had been upheld on the basis of confessions obtained by a week of torture.
Paul Perkins Winner Of Billiken Bank Nite
Bank Nite Proves To Be Popular Feature
Paul Perkins, was the winner of the \$20.00 Wednesday night at the Billiken nite club.
Mr. Perkins was in the audience to claim his winnings, as one of the requirements are that the winner must claim his money within three minutes, or one half will be added to the next week.
"Bank Nite is proving itself to be a popular feature each Wednesday night at the Billiken," says William "Bill" German, popular young manager.

NEW BOSTON FISH MARKET
If it swims we have it. All seasonal varieties. We specialize in fancy
—CORP & BUFFALO
220 Locust Ph. 4-4491

FOWL THEFT A FOUL HIT
No crime, Only 'Tampering' to Negro
Questioned on Record
Kansas City, Mo., March 25—Police took Jasper P. Bradley, a Negro, to jail because they thought he had too many skeleton keys and screw drivers in his pockets.
In the line-up today Bradley denied he had ever been convicted of a crime.
"Didn't you serve a prison term in Oklahoma for theft of chickens?" asked Inspector Harry Reid.
"Oh, that," Bradley replied. "That wasn't for no crime. It was for tampering with domestic fowls."

MORAN NEWS
(By Mrs. Ernest Devan)
St. John Baptist church, Rev. J. H. Ross, pastor. Services Easter were well attended through the day. The Rev. F. Clark of Des Moines preached at St. John Sunday at 11 a. m. at which time an age rally was terminated. Envelopes turned in contained \$19.53. An Easter program was conducted at 4 p. m. by Mrs. Walter Moore in the presence of an appreciative audience. Rev. Sister Schooler of Des Moines was in our midst Sunday while visiting in the David Maupin home, her cousins. Mrs. Blanche Sheeley of Des Moines, daughter of Rev. and Mrs. J. H. Ross, was also a visitor at church. Mr. and Mrs. Adolph Dudley, grandson and daughter of Rev. and Mrs. Ross spent Easter Sunday in Des Moines.

BOILED OIL SALAD DRESSING
(Mrs. A. P. Trotter)
Combine 1/2 cup flour, 1/2 cup sugar, 1 tsp. salt with 1 pt. hot water, 1/2 cup vinegar. Cook over fire until thick. Add to 5 egg yolks, 1 tsp. mustard, 1 pt. oil. Beat vigorously until mixture combines.

GLACE MERINGUE
2 egg whites
2 tsp. baking powder
1 cup sugar
1 tsp. vanilla
Beat eggs stiff and dry, gradually add 2/3 of the sugar. Sift rest of sugar with baking powder and add gradually. Flavor. Drop from spoon

THANKS FOR YOUR SUPPORT HAROLD K. HOLDEN
Commissioner of Safety

THANKS FOR YOUR SUPPORT T. HARRY VICKER
Commissioner of Finance

THANK YOU For Your Vote of Confidence ARTHUR DANIELS
Commissioner of Parks

on the unglazed paper. Bake in slow oven. Makes six.
—Mrs. Lillian Scales.

FIVE-EFF SPONGE CAKE
1 cup sifted pastry flour
1/4 tsp. salt
1 tbs. lemon juice
5 egg yolks, beaten thick and lemon-colored
5 egg whites, beaten stiff with wire whisk
Method: Combine as for sponge cakes, sift flour before measuring, add salt. Extract the orange or lemon juice after grating the rind. Combine rind and sugar. Beat egg yolks until thick and lemon-colored. There is a decided change in color as you beat the yolks. Add lemon or orange juice. Beat egg whites stiff, but not dry. Fold the sugar slowly and carefully into them. Then fold in the egg yolks and last of all the flour and salt. Do not stir or beat sponge cakes. Bake these cakes an hour in slow oven, if baked in large tube or deep cake pan. It takes 30 minutes for it to fully rise, 15 minutes more to brown all over and the last 15 minutes to finish baking. Bake in an ungreased tube pan, slow 325F oven, one hour. Remove from oven, invert pan over cake rack an hour until cold, then remove cake.

TIME TABLE FOR BAKING CAKES
Angel Cakes
Begin with—slow oven 275F—30 min.
Then increase to—moderate oven

WHISTLING IN THE DARK

THANKS FOR YOUR SUPPORT JUDGE DON ALLEN

THANK YOU MY FRIENDS WALTER R. PRIEBE
CLERK OF MUNICIPAL COURT

THANKS FOR YOUR Loyal Support In My Behalf B. (HARRY) WRIGHT
BAILIFF

GLAZES FOR BAKED HAM
1.—1 cup gingerale plus 1/2 cup brown sugar plus 1 teaspoon mustard.
2.—1 cup crushed pineapple plus 1/2 cup brown sugar plus drippings.
3.—1 cup brown sugar plus 2 tablespoons flour.
4.—2 cups apple sauce plus 1 cup brown sugar plus 1/2 teaspoon ground cloves.
These coatings or juices, added to the ham about 45 minutes before it has finished baking, after most of the skin has been removed, help to vary its flavor.

Butter Cakes
Cup Cakes—moderate oven 375F—20 min.
(Chocolate)—moderate oven 350F 20-25 min.
Deep layers 8x8x2 inch.—moderate oven 350F—45-50 min.
(Chocolate)—moderate oven 325F—1 hour.
Layers—moderate oven 375F—20-25 min.
(Chocolate)—moderate oven 350F—25-30 min.
Loaf Cakes—moderate oven 350F—45 min or more
Pound Cakes—slow oven 300F—40 min. or more

Sponge Cakes
Plain Sponge Cakes (large pan)—slow oven 300F—1 hr.
Hot water Sponge Cake (large pan)—moderate oven 350F—35 min.
In 8x8x2 inch pan—moderate oven 350F—25 min.
In loaf pans 12x8x3—moderate oven 350F—30 min.
Layers—moderate oven 325F—15-20 min.
Drops—moderate oven 375F—12 min.
Sunshine Cake—slow oven 300F—30 min.
then—moderate oven 325F 35 min.

MISCELLANEOUS RECIPES SELECTED BY HOUSEWIVES BAKED ALASKA
(Mrs. Korinne Jackson)
Vanilla ice cream
Sponge cake
4 egg whites
4 tbs. powder sugar
Fill a round mold with vanilla ice cream. Pack and freeze hard. At serving time beat white of eggs until light. Add powdered sugar and whip until light and dry. Turn the ice cream onto a sheet of sponge cake. Place on a board and cover it thoroughly with meringue. Dust well with powdered sugar and set the whole in a hot oven 400F or 450F for a moment to brown. Place on a serving platter and serve at once. (Serves 16).

CLASSIFIED AD
Position Wanted—Young girl would like office work or typing, or something in the music line. Write Leona Crayton, Washington, Ia.

SPICED CUP CAKES
1/2 cup butter
1 1/2 cups light brown sugar
2 eggs
2 cups sifted cake flour
3 tsp. baking powder
1/2 tsp. salt
1/4 tsp. nutmeg
1/4 tsp. cinnamon
1/2 cup milk
1 cup dates
Method: cream butter and sugar together thoroughly. Beat eggs, then add to mixture. Sift flour once before measuring, then sift again with all dry ingredients.
Add alternately with milk, beating thoroughly. Flour dates slightly add to mixture. Pour into greased cup cake tins and bake scant 1/2 hour in moderate oven.

TRANSPARENT FRENCH DRESSING
(Mrs. A. P. Trotter)
1 cup sugar
1 tbs. salt
1 round tsp. mustard
1 large grated onion
1 cup Wesson oil
Celery seed
1/2 vinegar cup
Mix sugar, salt, mustard in the grated onion to a thick paste. Add olive oil very slowly to begin with until the dressing is very thick. Add over 1 cup of oil before adding any vinegar, then add vinegar and oil little at a time, and beat well with wooden spoon.

DATE PUDDING
(1) Into beaten yolks of six eggs stir two cups of granulated sugar.
(2) Mix heaping teaspoon baking powder into nine tablespoons fine cracker crumbs.
(3) Stir (2) into (1)
(4) Into (3) stir one cut English walnuts and one cup dates. Fold in (4) beaten whites of six eggs. Bake one hour in modern oven. Serve with whipped cream.

WHITE SAUSE
(thin)
2 tbs. butter
1 tbs. flour
1/4 tsp. salt
1/4 tsp. pepper
1/2 cup milk
1/2 cup water
(medium)
2 tbs. butter
2 tbs. flour
1/4 tsp. salt
1/4 tsp. pepper
1/2 cup milk
1/2 cup water
(thick)
3 tbs. butter
3 tbs. flour
1/4 tsp. salt
1/4 tsp. pepper
1/2 cup milk
1/2 cup water
Melt butter in double boiler. Add flour and seasonings. Blend thoroughly. Add gradually milk and water, stirring constantly until mixture thickens. Cover and cook 10 minutes longer in double boiler, stirring occasionally. Makes one cup.

PLANTATION PORK CHOPS
Six pounds loin of pork slit open between each chop to the bone but not through. Insert a thick slice of raw apple in each slit. Roast in hot oven 450F 25 minutes. Reduce heat to 320F; baste with pineapple juice or cider and cook until done—not too brown. Remove apple. Pack slits with mashed sweet potatoes seasoned to taste. Return to oven and brown. Serve with green beans. Make gravy in usual manner.

Patronize Our Advertisers

GOODRICH SILVERTOWN STORES
USED TIRES
Many Like New

6.25x15—\$1.75	32x6 Truck—\$7.50
5.50x17—\$2.90	0x5 Truck—\$5.00
6.50x16—\$3.60	6.00x16—\$3.50

Come In—We Have It
8TH & GRAND PH. 3-3109

Judge Cooter
THANKS FRIEND

She's pretty as a picture, but

No one can tolerate halitosis (bad breath). It can ruin almost any girl's popularity . . . her closest friendships.
Food fermentation in the mouth is said by some authorities to be a major cause of halitosis. And the insidious thing about this offensive condition is that anyone may have it and never realize it. Friends know, of course, . . . only too well. But, unfortunately, it is such a delicate subject they won't tell.
So don't gamble with your social opportunities and your happiness by taking unnecessary chances. It is so simple to take precautions by gargling with pleasant-tasting Listerine Antiseptic—mouth fermentation is quickly checked and its odors are overcome.
Get the Listerine Antiseptic habit. Use it . . . morning and night, and before all important engagements. Lambert Pharmaceutical Company, St. Louis, Missouri.

LISTERINE for HALITOSIS
(BAD BREATH)

Flush Kidneys of Poisons and Stop Getting up Nights

Live a Healthier, Happier, Longer Life

Thousands of men and women wonder why backache bothers them—why they have to visit the bath-room often at night—why flow is scanty and sometimes smart and burns.
Any one of these symptoms may mean that your kidneys and bladder need attention—now before these minor symptoms may develop into serious trouble.
To flush out excess waste poisons and acid from kidneys, soothe your irritated bladder and put more healthy activity into them, get a 25-cent package of GOLD MEDAL Haarleem Capsules and take as directed.
This harmless, tried and true medicine gives results—you should feel better in a few days, as this effective diuretic and kidney stimulant drives excess uric acid from the body which is often the aggravation of joint agony, sciatica and neuritis.
Don't be an EASY MARK and accept a poor substitute—Ask for Gold Medal Haarleem Oil Capsules—right from Haarleem in Holland. GET GOLD MEDAL—the original—the genuine. Look for the Gold Medal on the box—25 cents.

LUSTER-FOAM GIVES TEETH THE MOST MARVELOUS LUSTER AND SPARKLE.

Reaches decay-ridden "Blind Spots" that ordinary pastes, powders . . . even water . . . may not enter

It's here! The most delightfully different tooth paste you ever heard of. When saliva and tooth touch the NEW formula Luster-Tooth Paste, supercharged with Luster-Foam detergent, it instantly springs into an amazing "bubble bath" that makes your mouth tingle with life. So fine it surges into and cleans danger spots that ordinary dentifrices may never even have reached. Cleans and polishes areas where some experts say up to 95% of decay starts.

Get the big 25¢ tube, or better still, the sophisticated 4oz. Tube containing more than 1/4 pound of tooth paste. At any drug counter. Lambert Pharmaceutical Co., St. Louis, Mo.

THE NEW FORMULA LISTERINE TOOTH PASTE
Supercharged with Luster-foam

Millions prefer this "flavor that is different"

It's a skillful cross between mayonnaise and old-fashioned boiled dressing—with a special piquancy all its own! Miracle Whip is totally different from all other dressings—smoother, fluffier, more delicious. Try Miracle Whip—soon!

MIRACLE WHIP CONTAINS MORE FAR MORE—OF THE COSTLY INGREDIENTS!

DINNER AT EIGHT

SOCIETY



BETTY MCCREE TO WED SOON

Boston, Mass., March 27.—Mr. and Mrs. Wade Hampton McCree, 26 Wabon street, have announced the engagement of their daughter, Elizabeth Ann, to Dr. William Beard Price of Capahosic, Va. The marriage will take place in the late summer or fall.

Miss McCree has just returned from a trip around the world, having studied for a semester at Tagore's university in India under a Juliette Derriotte Fellowship. She is a senior at Fisk university and a member of the Delta Sigma Theta sorority.

Dr. Price is a graduate of Howard university and Meharry Medical college, and is now serving an internship at Lincoln hospital, Durham, N. C. He is a member of the Alpha Phi Alpha fraternity.

Miss McCree is a native of Des Moines, she spoke here at the Young People's meeting in Plymouth Congregational Church under the joint sponsorship of the Mary Church Terrell and Roosevelt Club, Inc., January 28. Her father, Mr. McCree, was a former druggist of this city, but is now a narcotic inspector.

While in the city Miss McCree was the house guest of Mr. and Mrs. J. W. Mitchell, 1121 11th street.

MODERNISTIC CLUB

A program dedicated to the celebration of Negro National Health Week will be given at the Blue Triangle Y. W. C. A. Tuesday April 2 at 8 p. m. This program is sponsored by the Modernistic club co-operating with the Ladies Auxiliary of the State Medical Association and will be devoted to emphasis on community health problems.

Miss Hershey Speaker

Miss Adah Hershey, director of the Public Health Nurses Association will be the main speaker. Music will be furnished by the Y. W. C. A. chorus.

Drawing

The friendship quilt for which chances were sold will be given away immediately after the program. The proceeds derived from the sale of names and chances will go toward the project of home for predelinquent girls—an effort to which this club has dedicated all its activities for the past year and a half.

RECOVERING

James B. Harvey, 708 Center street, who underwent an operation at Broadlawn hospital last week is recovering at his home.

OUT OF TOWN GUEST

Messrs. W. H. Walder of Minneapolis and Prince Walker of Chicago were guests in the home of Mr. and Mrs. John R. Drew last week being called here by the death of a brother, Robert Walker of Osceola, Iowa.

EASTER GUESTS

Mr. and Mrs. M. F. Laurie of Ames were Easter guests of the John R. Drews.

MARSHALLTOWN VISITORS AT ROOSEVELT PARTY

Mr. and Mrs. C. T. Brown, 518 Boone street of Marshalltown were in attendance Tuesday evening at the Roosevelt party.

CLUB MEETS

The Mothers club of East Des Moines Center met Tuesday, March 19, with Lotti Ross as hostess. Bingo was played and prizes won by Reba Green and Martha Wheels. The next meeting will be at the home of Francis Bonwell.

LA FLEUR DE LES

The La Fleur De Les club met March 23 at the home of Margaret Thomas. Plans were completed for the dance to be given at Sampson's Chicken Shack, Pekeno was the diversion of the evening. Prizes were won by Gladys Brown and Dearomour Terrill. The next hostess will be Dorothy Morris, 1251 Sampson street. The honored guests at a party were the Misses Elizabeth, Mary and Iona Drew and Charlotte Nelson of Burlington, Iowa. They were the week end guests of Betty Pickett, Alice Strawthers and Anna Bell.

A. G. PAYTON'S BROTHER DIES

A. C. Payton, 1163 Enos, received word of the death of his brother, G. G. Payton of Los Angeles, Calif., last Thursday March 21.

IOWA STATE COED VACATIONS

Eleanor Powell, student at Iowa State College spent her spring vaca-

tion with her parents Mr. and Mrs. Clyde Morris, 1046 17th street. Miss Powell had as her guests Easter Sunday, G. W. Carpenter of Philadelphia and Leonard Proctor of Detroit, Michigan, both young men are students at Iowa State College at Ames.

TESTIMONIAL DINNER TO JUSTICE MYLES A. PAIGE

Brooklyn, N. Y., March 25 (ANP)—New York's formidable array of Negro judges will attend a testimonial dinner given in the honor of Justice Myles A. Paige at the Carlton av. Y. M. C. A. in Brooklyn, March 30 by the Women's Service League of Brooklyn.

Among the N. Y. judges scheduled to attend are Jane Bolla, Charles E. Toney and James S. Watson. Judge Armond Scott of Washington, D. C. will act as master of ceremonies. A musical program has been arranged.

RETURN FROM NASHVILLE

Mrs. James B. Morris and son, James B. Morris, Jr. and Mrs. J. A. Jefferson, returned Wednesday from Fisk University, Nashville, Tenn., where they went to bring Jean Morris home because of illness.

DINNER GUEST

Mr. W. Mahogany and daughter, Olivia were dinner guests Easter Sunday of Mr. and Mrs. Ralph Jones 947 16th street.

HOSTESS

Mrs. Ralph Jones was hostess to the L. T. club Wednesday evening, March 20 at her home 947 16th street.

ST. PAUL SEWING CIRCLE

The Busy Bee Sewing Circle of St. Paul A. M. E. church is sponsoring a quilt contest the contestants are the following young matrons, Mrs. Thelma Reeves, Mrs. Pauline Lewis and Mrs. Helen Martin. Mrs. Stella Hyde chairman of the committees and Mrs. Lellah Walker president.

The Crewse Kids and their sons and daughters of rhythm were a big success with a capacity crowd and a hot band and show last week. The main highlights were the choruses, the opening with Evelyn Carr singing St. Louis Blues, the one with lovely gowns and parasols, and the one with Sylvester Cunningham singing, The Easter Parade. It was beautiful to watch little Miss Doyle, dainty and sweet, with cute tap dance, Evelyn Carr and Kenny Graves, in their jitterbug number; Wayne Platter and his rendition of Shine and Mama, that Moon's Here Again; Marvin's Crewse and his novelty tap; the wedding scene with the chorus, the bride and groom, the preacher and the jilted man were priceless also the skit with Clarice Stewart was very good. Nessie, the pianist, with the Shades of Brown, hot-band, sang Roses of Picardy, were something to write home about. Blanche Manuel also sang Lillie's in the Rain. The band played music also and almost had them in the aisles. Several others on the program were very good also. The Three Crewse Kids furnished the show with tap routines looking quite swanky in their costumes. All in all it was really a good show, something quite different from the usual show.

Wayne Platter, Tap Dancer at the ORPHEUM THEATER

Wayne Platter, from the A. B. C. Theatrical agency, a group from WHO and Dutch Schmidt agency, presented a variety show at the orpheum theater, Friday March 22. This show was for the A. Q. B. It is the second time Wayne has appeared at the Orpheum for the A. I. B.

EASTER GUEST

Mrs. Idella Walder and daughter, Grace, of St. Joseph, Mo., were the Easter guests of Rev. and Mrs. J. Q. Evans, 1106 17th street.

ENTERTAINS

Mrs. A. J. Easters entertained the Mary Church Terrell Club, Monday night March 25.

HOSTESS

Mrs. Lillian Edmunds was hostess to the Bridge club Friday March 22.

Mr. and Mrs. Walter Bennings entertained the Fortnightly Club Saturday, March 23.

NEGRO COMMUNITY CENTER

On Thursday, April 4, the National Negro Health Week will be celebrated at the Negro Community Center. Mr. Myrtle Meyer Eldred is to be the

guest speaker. The Parent Education group will be in charge of the program.

TO MEET FRIDAY

The Community Garden club will meet Friday, April 5. All persons interested in flowers and gardens are invited to attend.

TO HAVE BREAKFAST

Group number two of the Boy Scout troop committee 59 will have a breakfast at the Center, Sunday April 7.

CAMP FIRE GIRLS

The Giraffe Camp Fire group under the direction of Mrs. Ada Johnson will take part in the council fire, Saturday night March 29 at West High School. The Blue Bird group will also take part.

FUNERAL RITES FOR RUFAS SYKES

Rufus Sykes, 73, 1153 3rd street, died at Broadlawn General Hospital after a short illness. He had been a Des Moines resident four years, and worked at the Shuler coal company at Wauke, Iowa. Those surviving are his wife, Mrs. Jenny Sykes, and son. Funeral services were held Monday, March 25 at the Estes Funeral home. Burial was in Laurel Hill cemetery. Elder Dixon officiated.

THANK YOU

We wish to express our sincere appreciation to our many friends and neighbors for the kindness shown during the illness and at the time of the death of my husband, Rufus Sykes. We are especially grateful for the beautiful floral offerings, donation of cars, the solo rendered by Australia Grace, the Local Union No. 2485, U. M. W. of A. who turned out, Elder Dixon for his inspiring remarks and the Estes Funeral home for their efficient service. Mrs. Jenny Sykes, wife.

Y. W. C. A. NEWS OF THE WEEK

Thoroughbred Meet

The Thoroughbred club met on Wednesday at the Branch. The Misses Evelyn Chapman and Louise Bruce will be the principal characters in the club skit to be presented in the Delta Sigma Theta Sorority Jabberwock.

Book Lovers' Observe Easter

One of the interesting features of the Book Lovers' Club meeting was the Easter observance program. Mrs. J. G. Browne read the Easter story from St. Luke, Mrs. Korinne Jackson sang while Mrs. E. T. Scales read the Litany.

Mrs. Alfred Moore of Manley, Iowa and Mrs. Alpha Dixon of Des Moines were guests of the club. Mrs. Jackson reviewed "Strange Gods" by Constance Dodge.

LINCOLN POST NEWS

Celebrates 21st Birthday

The Post celebrated the 21st birthday of the American Legion this month. Our guest speaker was comrade John S. Coleman, Commander of the local Spanish War Veterans. He spoke on the activities of our race and our handicaps, and what we have to do to overcome them. Come again comrades!

To Organize Scout News

We hope in the very near future to have a fine Scout Troop, made up of boys from the southeast side, at the Roadside Settlement house. Now is your chance boys. Get signed up.

Service Officer Elmore is able to make the rounds of the hospital again, and reports that our boys are getting along nicely.

Commander DeSleet has been under the weather, but is coming along fine. Veterans do not give up. Our membership is climbing slow but sure, which shows that the boys like the cottage on the hill. —Comrade LeRoy P. Bird

LINCOLN UNIT MEET

The Lincoln Unit 126 met Tuesday March 19 at the Legion Hall to celebrate its 21st anniversary. The guest speaker for the evening was Lloyd McGuire who spoke on Public Safety. An initiation service followed at which time Mesdames Joie Gippson, Mary Green-Venecal Cropp, Olivia Hayes and Stella Kisson were initiated. A large birthday cake was presented to the commander Morris DeSleet, honoring birthday by the community service chairman for unit Georgia Jordan. Ice cream and cake was served.

Cooking School Recipes

When to Add Salt in Cooking

Ever so many persons at present never add any salt while cooking anything. Ever so many, more say that not to add salt is a fad, and while we try to strike a happy medium in our answer we are sure we shall please either party. Our private and personal opinion is that all vegetables are improved by the addition of salt in boiling or steaming. We think that the addition of salt to any form of meat while cooking will tend to draw out the juices, and since food chemists tell us that the red meats already contain common salt they do not need this in addition. A knowledgeable friend tells us that salt should not be added to an omelet while cooking, since it toughens it. Add only just before it is taken from the fire, and then a mere thread of vinegar should be run at one side of the pan and allowed to run around the edge. This, our friend says, makes an omelet famous for its tenderness.

IMITATION ICE CREAM

Boil one-fourth a cup of rice in a pint of milk in the upperpart of a double boiler for two minutes, stirring constantly. Add one-fourth a teaspoon of salt, and transfer to lower part of double boiler, filled with boiling water. Cover, and let cook for from two to three hours, or until rice is soft and pulpy. Remove from fire, add one tablespoon full of granulated gelatine that has been hydrated in one-fourth cup of water. Stir until gelatine is dissolved. Add 1 cup of sugar, and a teaspoonful of almond or other flavoring, and cool. Whip a cup of heavy cream until stiff, and beat this into the rice mixture. Place in refrigerator for several hours or overnight. Serve with any suitable sauce, chocolate, butter-scotch, or one of fruit syrup. An excellent mock ice cream for an emergency.

WHAT'S NEW ABOUT LEMMON CHIFFON?

The dash of orange flavor, the peaked top of whipped cream, and the coral crumb pie shell.

Trevoil Salad

In each pair of romaine leaves, arranged in trefoil pattern, place a pear half. Put a spoonful of cream cheese in center and pear hollows. Garnish with mint jelly. Serve with mayonnaise.

Tapioca Pudding

(Serves 5)

A GENTLEMAN'S WISH

One gentleman—and it was not Confucius either—replied when his favorite recipe was requested: "me favorite recipe is faith and patience with me wife until she learn how to cook."

WILD RICE

1 cup wild rice, 2 tbs. salt, 4 cups boiling water (or scalded milk)

THANKS FRIENDS

JOHN W. BUDD Department of Streets and Public Improvements

IN THE SHADOW OF THE STARS

By Abbe Wallace

NOTE.—Your question will be answered FREE in this column ONLY when a clipping of this column enclosed with Your Question, Your Name, Birthdate, and Correct address. For Private Reply send twenty-five cents in coin or money order and a self-addressed envelope for my New Astrology Reading and receive by return mail my Free Advice on Three Questions. Do Not Send Stamps. Send all mail to Abbe Wallace care of the Iowa Bystander, 302 Chemical Building, Des Moines, Iowa.

B. L. H.—There is a friend of mine in Detroit that wants me to come up there. She says she will help me to get a job, I lived there once but didn't like it and I don't like where I live now, so tell me what I must do?

Ans: This friend of yours isn't altogether well... the condition seems to be mental. He hasn't been fixed or tricked... he just isn't well. This party should get medical attention right away.

Ans: A change to Detroit will help you. You will have to get some money ahead, as you have your mother to take also and to keep up, but once you are in that city, it won't be so hard to make a contact. The reason you didn't like it before, was the fact that you were unhappily married.

M. J.—I am writing you these few words to come out in the paper. Tell me if T. C. is fixed or not and what is wrong with him?

J. H.—We have a teacher in our community and I want to know what's wrong with him? Is he all there?

Ans: Yes, he intelligent and bright... but his main weakness is that he wants everything that happens to GO HIS WAY and wants to be the center of attraction. Co-operate the very best that you can for he is a smart man, although he does take bows his own self for his work. He's sincere in wanting to im-

For some foolish reason, too many of us associate beauty and romance with youth. It is true, of course, that the girl in her teens and early twenties has the advantage of a fresh complexion, lissam figure and glowing vitality but there is no reason why the woman of thirty, forty or even fifty should sit back and let the younger girl take all the laurels. The older woman has the advantage of experience and, if she is willing to devote a little time and trouble to her appearance, she can out-distance her younger, less sophisticated competitors. She has poise that will make the younger girl seem awkward by comparison and an ability to meet and deal with people which gives her a running start from the first "how-do-you-do."

So even though you are not as young as you'd like to be, there's no reason to feel that you are out of the race. Here are a few hints which will make you look younger, feel gayer and probably carry off the prize the younger girls covet.

Keep Supple

First of all, you must give added care to your figure. After thirty a woman's figure has a tendency to thicken, especially around the waist. But a series of setting-up exercises, rigidly adhered to, should take care of that problem in short order. Remember that your posture, too, is important in giving you a youthful appearance. Hold your shoulders back and your head up if you would avoid the dowager hump. And pull in your tummy—don't rely entirely on your girdle to do this chore for you. And try to take at least a half-hour's walk in the fresh air every day to tone up your muscles and put a glint in your eye. Watch your diet, too. Concentrate on simple, easily-digested food, plenty of fresh fruits and vegetables, and

very small portions of sweets and starches.

Soft Make-Up Most Flattering

Your make-up is of utmost importance if you are to run competition with youth. Soft shades that harmonize with your skin tone are more flattering than the harder, brighter effects. Choose shades with a little warmth and be sure that your rouge and lipstick are carefully blended. The younger girl can get away with a more "slap-stick" appearance than the mature woman.

Older skin, too, has a tendency to dryness which in turn encourages wrinkles. The wise woman will make it a practice to cleanse her face at least once a day with cream and to apply a rich night cream before retiring.

And if your hair is streaked and graying or has lost some of its youthful sheen, remember that it can be tinted to its rich natural feeling color by the application of official modern preparations. Gray hair is a giveaway. Gleaming, satiny hair is an accepted symbol of youth. Don't overlook that important feature.

As I said in an earlier column, this is leap year. Don't let the year's handicap you. Follow these simple suggestions: get in there and pitch and you'll carry off the honors because you are old enough and clever enough to know what it's all about.

What are your beauty problems? Write Marie Downing, L'arieuse Beauty Foundation, Room 521—319 North Fourth St., St. Louis, Mo., and she will be glad to answer them. Be sure to enclose a self-addressed stamped envelope.

GODFREY'S L'ARIEUSE is easy to use, easy to apply (just follow directions in package). Choice of 18 colors. Permits waving and use of hot irons. Get including jet-black, black or brown. L'arieuse today—look lovely tonight!

GUARANTEED to satisfy, or your dealer will promptly refund your money. If your dealer doesn't have L'arieuse, send \$1.25 (two postage) direct to GODFREY MFG. CO., 3510 OLIVE ST., ST. LOUIS, MO.

GODFREY'S L'arieuse HAIR Coloring

EDITORIALS FEATURES SPORTS

THIS NEWSPAPER, IOWA'S OLDEST NEGRO WEEKLY IS AN INSTITUTION DEVELOPED FOR AND BY THE PEOPLE OF IOWA AND THE MIDDLEWEST TO PRESENT THE NEWS OF THE DAY, FOSTER BETTER RACE RELATIONS, LEAD PUBLIC OPINION AND TO CONTEND FOR THE CONSTITUTIONAL RIGHTS OF ALL THE PEOPLE AT ALL TIMES.

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NATIONAL NEGRO HEALTH WEEK

Recognizing the high death rate among Negroes and that the ravage of disease was cutting away their economic progress, many years ago the late Brookner T. Washington conceived the idea of sponsoring a Negro health program. In it he was successful in securing the cooperation of many agencies interested in Negro health. Today as an outgrowth of his efforts, National Negro Health week is being observed March 31 to April 7.

The fact that a definite period is set aside to center on Negro health is of great importance. It is of added importance that such agencies as the U. S. Public Health Service, National Medical Association, state and local Tuberculosis groups, Metropolitan Life Insurance Co., National Negro Insurance Association and others are cooperating, in fact everybody interested in raising the whole standard of public health in America ought to be interested.

And the encouraging feature is that the death rate among Negroes has decreased very materially; better sanitation, better health centers, better homes and public places have been built, more knowledge of how to prevent and treat disease has been gained. And while all the credit is not due this movement, it has taken the lead in getting much of this done.

During the coming week, many meetings will be held throughout the country in observance of Negro health week. They should be well attended for this is one of the jobs we face which never ends.

SENATOR NORRIS PRAISES DECISION

Commenting on the two recent decisions of the U. S. Supreme Court in which trials of Negro defendants in lower courts had been reversed because their constitutional rights had not been safeguarded, Senator Norris of Nebraska praised them pointing out that they were the great victories for all the people rather than that of the Negro alone.

The Bystander is pleased that Senator Norris takes this view for although he has not been particularly outspoken in behalf of the Negro, things he has fought for have helped to raise the general level of all the working classes in America. Unfortunately too many people look upon matters of this character as beneficial to Negroes only—the same view is held about anti-lynching legislation in congress. And of course that view has always encouraged opposition by

erners. As a matter of fact a white man is almost as subject to be strung up by the neck as a Negro; he is subject to be clubbed by policemen seeking confessions in order to solve so-called crimes. So it is just as important to one group that constitutional rights of citizens be respected as another.

And after all the friendship of the party who takes that broad view is more sound than those who support the cause of the Negro on the basis of sympathy.

BOOKS

GRAPES OF WRATH. Although this picture does not deal with problems of our group as such, it is hard to believe that anyone could fail to see the striking similarity between the plight of the "Okie" and that of thousands of Negroes, who face just such conditions as those exposed in this story.

California's commissioner of housing and immigration says that it is a true picture of conditions at the time the story was written. Most of us were taught to scorn and despise the strata of society represented in this picture. To us they were dirty poor white trash beneath our notice.

At the same time the so-called poor white trash had the illusion that their white skin was positive proof of their superiority to anybody whose skin was not white.

But it seems that light has broken over both groups. They realize that millions on both sides have common problems which they must work out together by co-operation. They are beginning to realize that neither can rise much higher than the other. The superiority notion must be tossed out the window. Here may be one severe test of American democracy.

No one can say just how much Grapes of Wrath has done to help the sharecropper, the underprivileged. Pictures come and pictures go—good ones. But Grapes of Wrath is different. It grips you. It shakes you. It haunts you.

—Louise Glass

FASHIONETTE

(By Hazel L. Griggs for the Associated Negro Press)

Accessories in Easter egg, colors were the gayest notes of the Easter parade. Chill winds in many localities kept some fashionists from wearing new coats and suits, but bright, gleaming accessories were seen in almost every instance. Pink, blue, yellow, green and lovely shades in gloves, bags, and bonnets, might have been taken from any of the beautiful dyes used for Bunny Rabbit's eggs. And beautiful they were as accents to dark coats and fur chubbies.

The day was perfect in my vicinity for fur chubbies, and many were seen in the parade topping two-piece suits and swing-skirted dresses. Silver fox, red fox and dyed white fox seemed to be favorite furs with silver fox having a slight edge over the others. Saw one pretty deb about town resplendent in a silver fox chubby holding it close against the wind as she was leaving church. Red fox combined with green accessories in one instance to make quite a splash in the parade.

A dashing outfit worn by another of this year's debutantes was a black and white shepherd checked taffeta jacket dress. With its crisp taffeta skirt and smart belted jacket of the new longer style, it was topped by a jaunty sailor of the dress material. Accessories of life red added to the verve and vivacity of the ensemble.

Another attractive outfit was the gray coat with stunning yellow-lined revers worn by a popular matron. A natural-colored straw sailor, graced by a pert nosegay of field flowers, yellow gloves, brown bag and shoes completed the costume. And yellow in all its sunshiny hue seemed to be quite an accessory color favorite in the parade.

Little suits, which promise to be very popular far into the warm weather period, were much in evidence worn beneath coats of fur jackets. In black combined with white or colors, they looked very trim and smart. Styles are nice in these suits—sleeves are topped by long fitted jackets usually buttoned up the front. Fro-frous of crisp white showing at the neck lend an old-fashion-

Health Hints

By Dr. C. R. Bradford

RING WORMS

This is a disease of the skin, hair, and nails caused by a parasite. In children ring worm is chiefly seen in the scalp. There are three general varieties of ring worms. The disorder is highly infectious and if one child of a family gets it, usually several or all of them are effected.

One type begins as one or more patches in which the hairs appear to be nibbed off close to the scalp. These patches enlarge and fuse sometimes involving almost the entire scalp. Many of the hair stumps have a whitish sheath about them, and the patch in general has the appearance of having been strewn with ashes, this grayish appearance being due to a fine scaling in the area. Permanent baldness does not result from this type of ring worm.

The next variety is moist, though most commonly seen in children, sometimes occurs in adults; this variety is usually contracted by playing with animals that are infected with the germ, most commonly dogs and cats. This type of ring worm is not so infectious as the type previously described but the infected child should not be allowed to attend school until he is pronounced non-infectious by a physician. This type appears as swellings varying in size from that of a hazel nut to that of a hen's egg. The swellings are somewhat tender the hair in the areas are usually broken off at various lengths. From around the root of the hairs a colorless syrupy fluid passes. Scarring with baldness usually results from this type of ring worm.

The third type of ring worm of the scalp occurs as black dots the size of a pin head or smaller scattered over the scalp, it causes very little loss of hair and irritation, this type is of human origin.

Treatment of these varieties is effective in about 50 per cent of the cases by the use of ointments. X-ray treatment is beneficial in most cases but should not be resorted to until other measures have failed and then only by one skilled in the procedure of X-ray treatments.

ed touch so smart this year.

White proved to be a hat favorite as predicted last week, with white flower turbans, white pique sailors and white panamas coming in for their share of the Easter spotlight. Flemish sailors, with their wide brims flaunting upward off-the-face were perfect setting for youthful faces. A white panama, navy grosgrain trimmed, set off to beautiful advantage a navy coat, princess style, buttoned up the front with a touch of white pique at the neck. Plaids made a Scotch picture of a certain afternoon party here Easter coats and frocks held full sway, and most attractive, they were. Phid-trimmed dresses came in for much favorable comment on all sides.

SOCIAL HYGIENE BULLETIN

RETRACTS SLUR ON RACE

New York, March 27—Complete retraction of a supposedly scientific article written by Dr. Emily D. Barringer, slandering the Negro race, which appeared in the January issue of the Social Hygiene Bulletin, a publication published and distributed by the New York Tuberculosis and Health Association, was announced today by the N. A. A. C. P. The retraction which is carried on the front page of the February number of the bulletin expresses the regret of the New York Tuberculosis and Health Association, the Social Hygiene Committee, and the editor of the publication for having allowed the article to appear.

Is Your Subscription Paid Up?

FATHER OF K. P. RHINELANDER DIES

Long Beach, N. Y., March 25 (ANP)—Commodore Philip Rhineland, father of Leonard Kip Rhineland, whose marriage to Alice Jones Rhineland, colored, created a sensation 15 years ago died last week at Long Beach hospital here after an operation.

Commodore Rhineland, 80, the patriarch of one of New York's oldest families, was one of 13 Rhinelanders listed in the social register. Since Kip's death in 1926, he had lived here in his sumptuous beach home. The defendant in a \$500,000 alienation of affections suit brought by Alice at the time Kip sought an annulment of his marriage to her, the elder Rhineland settled the case in court, but refused to recognize his son's wife.

Mrs. Helen D. Beshears and Mr. John Lewis on Forum Panel

(Continued from Page 1) or girl, for constant companionship. Single Friendships Dangerous To Adolescent

"This not only creates and encourages a dangerous situation," stated Mrs. Beshears "but also limits the boy or girl in numbers of friendships which would enable to have a richer and fuller life. The dangers inevitable because of promiscuity in their relationships with boys are usually loss of social approbation, development of mental conflict, possibility of general infections and all the other dangers which come as a result of thoughtlessness and defiance toward social and moral codes for the boys respect for womanhood and the development of a keener understanding of girls in their relationship to boys."

Responsibility Rests With Parents

The types of relationship which boys and girls enjoy is the responsibility of the parents, was the conclusion of the speakers in their discussion. Presiding over the meeting was Charles P. Howard Jr. Young Howard proved a capable chairman of the panel discussion which later was followed by group discussion.

Diamonds in India

Diamonds originally came from India. For centuries that country remained the sole source of Europe's supply. Diamonds were discovered in Brazil in 1730, and in South Africa in 1867. South Africa produces 90 per cent of the world's output.

HORNER ASKS OTHER GOVERNORS, MAYORS TO NAME COMMISSIONS FOR AMERICAN NEGRO EXPOSITION

Springfield, Ill., March 26—Governors of all other states in the nation and mayors of all large cities are being asked to name some one person or appoint a commission to cooperate with the coming American Negro Exposition in Chicago from July 4 through September 2, in a personal letter sent each governor and mayor Tuesday by Governor Henry Horner of Illinois, chairman of the state commission sponsoring the coming Negro World's fair.

ATHLETIC CARNIVAL CARDED MONDAY AT CENTRAL Y. M. C. A.

(Continued from page 1) H. I. B.'s Compete

Conceding nothing to the feature game in brilliant play will be the tilt between the H. I. B. Club and the city Class A champions, who were crowned on Wednesday of the current week at the Central building. The H. I. B.'s recently won the intermediate championship for the second straight year without a defeat and number among its players some of the city's star high school court performers. For fast passing, clever floorwork and accurate shooting, this game will hold its own with the feature attraction.

The state volleyball titlists and runnersup for the middlewest championship in the tourney held at Minneapolis recently will be seen in action when the Central 'Y' varsity team meets a picked Crocker 'Y' aggregation.

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BY ALLEN ASHBY

Remember Johnny Whitters who fought out of here last spring? Well he is to be the next step in the campaign to build up Lee Savold for a shot at Joe Louis. Whitters is a smooth working boy who worked so easily that it looked at times as if he was not trying.

He used to more than hold his own with Savold in their workouts. Johnny never took here because he was always played down, and given a spot behind Savold. Now he is matched to fight Lee in St. Louis. The build-

Ballminton

Another fast growing sport, that has proven highly interested to spectators as well as participants, will be viewed on the bill when several of the champion badminton players of the city and state will clash in exhibition matches. Badminton resembles tennis in that it is played on a court and with rackets, but a shuttlecock is used instead of a ball as in the former game. The unpredictable gyrations of the shuttlecock in mid-air adds to the speed and thrills of the game.

To Present Awards

Sharing a very important spot on the evening's schedule will be the presentation of awards to the winning teams in the four leagues. The large senior league trophy and gold basketballs will be awarded to the N. C. C. Little Renns for capturing the title in that division, while gold basketballs and medals will also be received by the H. I. B. Club, Tigers and Blue Devils, champions of the intermediate, western and eastern junior leagues, respectively.

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up is so obvious, it smells. There was a long piece in the daily paper about Johnny popping off on Lee. So Savold asks for the match to teach his former sparmate a thing of two. Whitters said he could lick Lee so they just fight. There can be but one result, check later and see how wrong we are.

Whitters will be bopped out in short order, and those of us who saw those hard training bouts before Savold fought Buddy Baer will marvel at the great improvement in Pinkie George's meal ticket.

Hawkeyes, Little Renns in Meet

The Hawkeyes who pulled up second in the intermediate section of the Y league are entered in the city class A intermediate tournament last year, they won the class B title so they move up a notch. These youngsters have a great little team and forecast competitive spirit we have seen in a long time. The H. I. B. club composed of four North High boys had their hands full every time they met the East side boys, superior size and individual ability brought the H. I. B. boys home in front of the hard playing Hawkeyes, none of who have seen varsity high school competition. They won their first game 45 to 21 and will have played the final championship tilt by the time this comes out.

The Little Renns finally dropped a game in the Central States tournament at the Jewish Community Center. They dropped their first round game they say, in order to get into class B which is composed of first

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round losers. Then Monday they dropped their opening class B game to a collection of Drake boys 32 to 29 and that sent them out of the meet.

Since this is our last fling at basketball, the boys brought up the subject of an all time all star team, who has been the leading star in all the years of the Y league? Your writer has seen all the players from 1926 to the present year and next week we shall attempt to pick the all time star cage squad which in our judgment could whip the socks off any other collection past or present that any one else can name, so say your writer.

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