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VOLUME 59 NUMBER 29

DES MOINES, IOWA, THURSDAY, JANUARY 7, 1954

PRICE 10 CENTS

VITAL POLITICAL FACTOR:

Status of Civil Rights Reviewed

Iowans Enroute to Church Convention Could Get No Food Service in Keokuk

Though Atty. Gen. Leo A. Hoegh of Iowa told all Iowa Hotel, restaurant and motel operators three months ago that they must comply with the state's civil rights laws—"the purpose of which is to protect all people against the discrimination and humiliation on account of their race or color"—some Iowa eating places still are denying service to Negroes.

In Des Moines this week were three Mason Citizens who named two eating places in Keokuk which denied them service.

Enroute to Convention

A church group, composed of Rev. R. C. Cottman, Elder J. C. Thompson, Mrs. Mary Thompson, all of Mason City and Rev. Tony Garcia of Marshalltown reported that on Dec. 2, at 3:30 p.m. they stopped in Keokuk, enroute to Memphis, Tenn., where they were going to attend a national church convention.

The first stop the group made was at the Maid Rite restaurant on Main street, the Rev. Cottman said, where they were told that "the place didn't serve food—just drinks." The minister said he observed that the white patrons in the restaurant were eating food.

The group went to another eating place on Keokuk's Main street, which they said was "The Grill."

Sit Down In 'Grill'

The Negro Iowa citizens said they took off their wraps and sat down in "The Grill," when a waitress informed that they could not be served there—but could take the food out. The Rev. Mr. Cottman said the waitress was told that "The Grill" was violating Iowa's civil rights law.

Call Police

The party of church people, still trying to find a place to eat in Keokuk, telephoned the police station for some aid.

A police squad car came to their rescue, took them to the police captain on duty, who told them of a "place cross town where they could get service," the Rev. Cottman related.

A porter around the police station was called but he informed that the place had closed.

The Rev. Cottman said he asked the Keokuk police officer who was trying to aid them, if he did not know that it was a violation of Iowa's civil rights laws for eating places to refuse to serve Negroes.

The minister said he told the police officer of the recent civil rights case in Mason City, where suit was brought and judgment received by the person who had been denied service.

'Law Does Not Work Here'

The Rev. Mr. Cottman said the officer told the Negro citizens to "go back to Mason City to eat—that that might be the law of Mason City, but it does not work down here."

This Negro group of Iowa citizens who had traveled from Mason City—279 miles to Keokuk, could get no food before they left the state they call home.

Investigation is being made by the local NAACP and reports will be made to the Atty. Gen. Hoegh.

Services Friday For Boy, 6, Who Died After Tonsil Surgery

Services will be held Friday, 2 p.m., at Estes & Son Funeral home for 6-year-old Leonard Wade, Jr., son of Mr. and Mrs. Leonard Wade, 1036 Seventeenth street. Burial will be at Glendale cemetery.



LEONARD WADE, JR.

Leonard died Tuesday morning following a tonsillectomy Monday at Broadview General hospital. He had been ill only a day.

Leonard was a member of St. John Baptist church Sunday School choir. He was born in Des Moines and was a first grade student at Nash school.

Surviving with the parents are a sister, Billie Jean Wade, and a half-sister, Sharon Kay Wade.

Services For Mrs. Herman McQuarry

Services for Mrs. Herman McQuarry, 47, who died of cancer Jan. 4 at her home, 229 S. E. Twenty-eighth street, were held Wednesday afternoon at First CME church. Burial was in Glendale cemetery.

Mrs. McQuarry, a Des Moines resident 17 years, was a member of the CME church senior choir, the Willing Worker club and the missionary society.

Surviving are her husband; her mother, Mrs. Narcissa Cason, Forest Green; six daughters, Mrs. Margaret Woods, Mrs. Inez Morrow, Mrs. Virginia Taylor, Hazel and Marjorie McQuarry, all of Des Moines, and Mrs. Maxine Lintz, Ottumwa; three sons, Sidney, Eddie and Harold McQuarry, all of Des Moines, and eight grandchildren.

Rob Jukebox of Craftmen's Club

The Craftsmen's club, 750 Eleventh street, was robbed of between \$40 and \$50 in change sometime before 10 p.m. Monday, police were told Tuesday.

Detectives said the money was taken from a jukebox. They said the building showed no signs of having been forcibly entered.

Felix Williams' Case To Go Before Supreme Court

The case of Felix Williams, Des Moines father of eight children, who is serving life imprisonment at Iowa State penitentiary, is scheduled to be argued on Tuesday, Jan. 12, before the Iowa Supreme Court.

Atty. Henry T. McKnight, chief counsel for Williams, during the case in the lower court, will make the plea to the high court. He will be aided by attorneys from the Des Moines Branch of the NAACP, James B. Morris, Jr., and Archie M. Greenlee.

Williams was indicted by Polk County Grand Jury, Dec. 5, 1952, charged with burglary with aggravation, committed June 2, 1952. He was tried by a district court jury before Judge Russell Jordan and found guilty on Feb. 13, 1953. He was sentenced to life imprisonment at Fort Madison on Feb. 28.

The case is being appealed on constitutional and statutory grounds. Points to be emphasized in the argument before the supreme court will deal with: "physical mistreatment by officers, confession extorted by threats, physical abuse and promises; legal questions of identification, admission of certain evidence and severity of sentence," the attorneys revealed.



FELIX WILLIAMS

Garnett Cannon, One of 4 Deputies Fired by Reilly

One of the four deputies fired Monday by Sheriff Tom Reilly was

Garnett Cannon, 59, county jail turnkey. The three other deputies, all white, discharged were, Ed Grace, Loren Forbes, and Bert Long.

Reilly gave no reasons for firing the men except that "it is in the best interests of the office."

The sheriff said he has been considering the move "three or four months."

The sheriff's office recently was criticized by County Attorney Clyde E. Herring for alleged lax handling of county jail prisoners, and a grand jury investigation resulted. Reilly denied that this had any

thing to do with the firing of the deputies.

Cannon was one of the two deputies who at 2 a.m. on Dec. 27 tried to contact Ben Bumby, Drake University basketball player, at Bumby's rooming house.

Bumby had reported an attempt was made to bribe him to shave points in a basketball game. Police later filed charges against Floren DiPaglia, and the case now is before the grand jury.

Cannon said Reilly had complimented him and the other deputy, Don Newquist, the day after that incident, which had been criticized by city police.

Cannon and Grace are Democrats who were appointed by the late Sheriff Howard C. Reppert. They said they had supported Reilly, a Republican, since his appointment in August, 1951. Long and Forbes are Republicans.



CANNON.

Representatives of 21 Organizations Check Up On President's First Year

New York—The issue of civil rights is still a vital political factor, representatives of 21 national Negro church, civic, professional, fraternal and labor organizations warn in a statement made public Dec. 28 by Walter White, executive secretary of the National Association for the Advancement of Colored People.

The statement which reviews the status of civil rights during the first year of the Eisenhower administration was developed at a conference of Negro organizations called by the NAACP here on Dec. 4. Approval of the draft was later confirmed by the organizations.

Executive action taken by the administration in combating racial discrimination and segregation and participation of the Attorney General's office in legal action to curb restaurant discrimination in Washington and public school segregation are as steps taken to implement the Republican party campaign pledges.

Legislation Dormant

However, the statement points out, "on the legislative front, the picture has been one of unrelieved gloom. The filibuster remains intact following failure of an initial effort to revise Senate Rule 22. . . . In the House, the power of the Rules Committee to throttle legislation was retained. After a year of Republican rule, the civil rights legislative program remains completely dormant. No civil rights measures have yet

Bi-Partisan Action Sought

The Negro organizations ask both parties to support legislative, executive, judicial and educational measures to: 1. ban racial segregation in all public accommodations, transportation and publicly-supported institutions and facilities; 2. assure equality of job opportunity; 3. uphold the right to vote unrestricted

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Walter White's Sister Dies In Atlanta

New York—Walter White, executive secretary of the National Association for the Advancement of Colored People, was unable to attend the funeral of his sister, Mrs. Olive White Westmoreland, who died in Atlanta on Dec. 29 following a prolonged illness. Final rites for Mrs. Westmoreland, the widow of William C. Westmoreland, were scheduled for Saturday, January 2 in Atlanta, but were moved up to Dec. 31.

In addition to Mr. White, she is survived by two daughters, Mrs. Bowles Ford of Savannah and Mrs. John Hume of Tuskegee; a son, William G. Westmoreland, Jr., of Detroit; and two sisters, Mrs. Eugene Martin and Miss Madeline White of Atlanta. A son, Lieutenant Walter Drake Westmoreland, of the U. S. Air Force, was killed in action in World War II. Like other members of her family, Mrs. Westmoreland was a graduate of Atlanta University.

Ending of Public School System Would Lead to 'Educational Quackery'

New York.—Abolition of the public school system with state subsidies to individual students would lead to all sorts of "educational quackery and racketeering," Walter White, executive secretary of the National Association for the Advancement of Colored People, warned in a report prepared for delivery at the Association's 4th annual meeting here Jan. 4.

In South Carolina, Georgia and Mississippi, he pointed out, threats have been made to shut down the public schools and substitute personal subsidies if the Supreme Court rules that segregation in public education is unconstitutional as contended by the NAACP.

"Unconscionable quacks and racketeers would move in setting up their own debased standards," the NAACP executive said. The state would be helpless to regulate these private schools, or to establish any standards to protect the state's investment and the school children, because to do so would be to exert state action which would be subject to the jurisdiction of the federal courts.

Segregation Doomed

"If the governors and legislators of these states do not realize what they are proposing they will soon find out," Mr. White asserted. "They would do better to join those enlightened southerners who already realize that segregation as a way of life is doomed. Just as we have carried the fight against openly avowed segregation to the highest court in the land, so shall we fight any subtle forms of segregation or any attempts

to evade a possible decision of the court outlawing Jim Crow."

Reporting on the activities of the Association, Mr. White cited the legal attack upon segregation as the most important project of the Association during 1953. But legal action, he said, needs to be backed up by a "coordinated program of administrative, legislative, and educational activities at the grass roots level without court decrees may be ineffective."

Significant gains were made during the year, the NAACP spokesman asserted. Nevertheless, he added, "we must consider and chart our campaign against the evils of racial discrimination which yet remain." Among gains he cited were revival of the Government Contract Committee to assure job equality in federally financed work; the progressive

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Rev. L. A. Garrett Suffers Stroke; Ill at Mercy Hospital

The Rev. L. A. Garrett, veteran Baptist minister, and pastor of First Baptist church in West Des Moines, is critically ill at Mercy hospital. He suffered a stroke Dec. 29 while attending mission society meeting. He resides at 1432 Maryland avenue.

A. A. Alexander Checks Integration on Tour of Naval Bases in Hawaii

In Des Moines for the holidays, A. A. Alexander, nationally prominent contractor-engineer with offices here and in Washington, D. C., returned recently from an inspection tour of United States naval bases in Pearl Harbor and other parts of Hawaii.

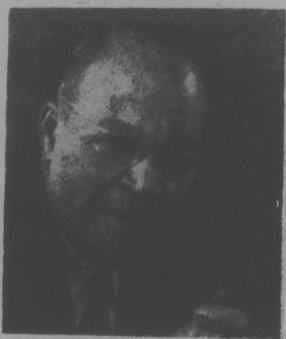
Mr. Alexander was one of a group of fifteen business men of the country who were invited by Secretary Robert B. Anderson of the U.S. Navy to tour the Hawaiian bases and inspect the installations in order to "see what is going on in the navy."

The only Negro member of the inspection group, Mr. Alexander kept a watchful eye on the navy's program of integration of Negro men in all phases of naval duties—on the bases in Hawaii and on the ships.

Report to Navy

Reports of his findings, will be given to Secretary Anderson, the Iowan said.

The naval inspection group left



A. A. ALEXANDER

San Diego on Dec. 1, aboard the U.S.S. Essex, CQA-9, with about 2,500 other passengers, for an eight-day voyage to Hawaii.

"During the voyage, something always was going on. We attended instruction sessions daily, getting briefed for our tour of the islands. Manoeuvres were being held regularly by the airships. Ship entertainment, tours of the ship and keeping our regular schedules for meals and dinner engagements, gave us little time for relaxation or becoming tired of the voyage," Mr. Alexander talked at his office here.

Pearl Harbor Day

"We were still on the waters when Pearl Harbor Day, Dec. 7, arrived but an impressive ceremony was held on the ship.

"We arrived in Hawaii the next day on the Island of Oahu, where we were quartered at the navy's BOQ-bachelor officers quarters.

"The next day we started on our tour of the islands, to observe the navy's program of economy at the bases, at the ordnance plant for the rehabilitation of ammunition, at the

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Action Asked in Slaying Of Witness in Alabama

Washington—The wanton slaying of Moses Jones in Grove Hill, La., by Clarke County Sheriff Jenkins A. Hill, against whom the dead man had testified in federal court, brought an immediate demand from the National Association for the Advancement of Colored People upon the U. S. Department of Justice for "prompt and vigorous prosecution to the limit of the law" against the sheriff.

Arrested by the sheriff on a charge of failing to pay a fine of \$150, Mr. Jones was shot to death in the county jail on Dec. 28. Although the slain man was handcuffed and unarmed and in the custody of the sheriff, the killer claimed self-defense. He is reported to have said that he shot the prisoner when the latter "jumped me and tried to take my gun away, so I shot him three times." There were no witnesses.

In Alabama, Mrs. Ruby Hurley, the Association's regional secretary located in Birmingham, urged United States Attorney Percy Fountain in Mobile to make an immediate and thorough investigation of the slaying.

Clarence Mitchell, director of the NAACP Washington bureau, called upon assistant Attorney General Warren Olney III to prosecute Sheriff Hill under the civil rights statute and other applicable laws.

Jones had testified in a federal

liquor case that the sheriff had beat him when he refused to pay "protection" money for the illegal manufacture of whiskey. The case ended in a mistrial for Hill.

The Bystander is Always Glad to Print Your News.

Composer Of 'St. Louis Blues' Weds



Yonkers, N. Y.—William C. Handy, 80, the composer who wrote the "St. Louis Blues," Jan. 1 wed his secretary of sixteen years, Mrs. Irma L. Logan, 51.

The ceremony was performed in

the chapel of Christ Lutheran Church by Rev. Richard Keonig, pastor.

Handy, a widower, is a great-grandfather. His home is in Yonkers. His bride is a divorcee and had been living in New York City.

Barbecue Star



Here's an idea for Beefsteak Kabobs that's bound to guarantee success for your barbecue—indoors or out in the open. Sprinkled liberally with Ac'cent (pure monosodium glutamate) to reinforce the flavors of the meat and vegetables, these taste-tantalizing Kabobs star on any menu.

BEEFSTEAK KABOBS

Beefsteak, cut 1 1/2 inches thick
Onion slices
Ac'cent
Bacon
Fresh mushroom caps

Allow 4 to 6 ounces of tender beefsteak per serving. Use 1 skewer per person. Slip a slice of onion on skewer; then a folded slice of bacon; next a meat cube. Follow the meat cube with an

other folded slice of bacon, and a mushroom cap. Repeat until skewer is full. Sprinkle liberally with Ac'cent. Brush with oil or drippings and broil over picnic fire or under broiler until done.

Favorite French Toast



French toast fried to a golden brown and served with sirup has become an American breakfast custom. As summertime accompaniment, garnish glazed pear halves with strawberries.

At an average cost of a penny a slice, bakers' enriched white bread is one of the best food buys. It combines low cost with high nutrition, since it is an excellent source of three essential B-vitamins needed for vitality and health, and food iron for blood-building.

Toast is a "must" on the breakfast menu, but it can be varied in countless ways. French toast is delicious and quick to prepare, and has the added advantage of making use of bread which has become a little dry. Dip slices in an egg-and-milk mixture, then fry to a golden brown on both sides. Some homemakers like to sprinkle it with powdered sugar and serve it with jelly. Others prefer a topping of sirup or honey. Either way, your family will like French toast. Sausage and bacon are excellent accompaniments, as are glazed pineapple, peaches, apricots and pears.

French toast may be served for luncheon or supper dish, too, especially in sandwich form. Use such fillings as peanut butter, jelly or cream cheese. Cut sandwiches in half, then dip in egg-milk mixture and fry slowly on both sides. Serve with tossed salad and coffee.

FRENCH TOAST

8 slices enriched bread
1/2 cup milk
Butter or margarine

Dip slices of bread in milk, egg and salt mixture. Fry on well greased griddle or in frying pan.

2 eggs, beaten
1/4 teaspoon salt
Serve hot with sirup.
Makes 4 servings.

NAACP Lauds Oak Ridge Move To End Jim Crow

Washington — Recent action by the Town Council of Oak Ridge, Tenn., approving the abolition of segregation in the local schools is "warmly supported" by the National Association for the Advancement of Colored People, Clarence Mitchell, director of the NAACP Washington bureau, has informed Lewis L. Strauss, chairman of the Atomic Energy Commission, which has jurisdiction over the town.

In a telegram to the Commission

NOTICE OF INCORPORATION OF SHIPCO, INC.

Notice is hereby given of the incorporation of the Shipco, Inc., with its principal place of business in the City of Des Moines, Iowa.

The general nature of the business of said concern shall be to manufacture, buy and sell at wholesale and retail or otherwise acquire or dispose of all manner of building maintenance supplies, equipment and furnishings, and to do all acts necessary or convenient to the transaction of such business, including the acquisition, ownership, leasing, purchasing, holding and disposing of real estate and personal property, and the borrowing of money and funds from banks or other institutions.

The corporation began its existence and was authorized to do business from the date of the Certificate of Incorporation issued by the Secretary of the State of Iowa on November 19, 1953, and which Certificate authorizes the transaction of business until November 19, 1973, unless sooner dissolved by a vote of three-fourths of the outstanding capital stock.

The affairs of the corporation shall be managed by a board of not less than two or more than seven directors, who may be elected by a vote of the stockholders at the annual meeting of the stockholders by majority vote of the outstanding stock.

The capital stock authorized is \$10,000.00 divided into 100 shares of the par value of \$100.00 per share. The stock shall be issued when and as determined by the board of directors, and shall be paid for in full in cash or property as required by law. Holders of capital stock shall be entitled to vote in any or all stockholders' meetings, and each share of stock shall be entitled to one vote, which may be exercised in person or by proxy.

The stock shall be non-assessable and the private property of the stockholders shall be exempt from corporate liability. The annual meeting of the stockholders shall be held in the office of the corporation in the City of Des Moines, Iowa, on the first Monday in November of each year, and special meetings of the stockholders may be called by the president, the board of directors, the holders of not less than one-tenth of all of the shares entitled to vote at the meeting, or by such other officers or persons as may be provided in the By-Laws, by giving not less than five or more than twenty days' written notice of such meeting to each stockholder either personally or by mailing, and if mailed the same to be addressed to the stockholder at his address as it appears on the stock transfer books of the corporation.

Until the first annual meeting of the stockholders, or until their successors are elected and qualified, Herman C. Behrendt of Des Moines, Iowa, Robert J. Macke of Carroll, Iowa, and H. M. Coggeshall of Des Moines, Iowa, shall be directors of the corporation, and the said Herman C. Behrendt of Des Moines, Iowa, shall be president, Robert J. Macke of Carroll, Iowa, shall be First Vice-President, Alice E. Macke of Carroll, Iowa, shall be Second Vice-President; Betty B. Behrendt of Des Moines, Iowa, shall be Treasurer and H. M. Coggeshall of Des Moines, Iowa, shall be Secretary thereof.

With the exception of Article XII the Articles of Incorporation may be amended by two-thirds vote of the outstanding capital stock at the annual meeting or at a special meeting called for that purpose.

SHIPCO, INC.

By Herman C. Behrendt, President

By H. M. Coggeshall, Secretary

Printed and published in the Iowa By-stander December 24, 31, 1953, January 7 and 14, 1954.

Fort Dodge, Iowa

BY C. L. HOUSE

Fort Dodge, Ia.—Coppin Chapel AME church, 151 Central Ave., Rev. LeRoy Patterson, pastor: Sunday School, 10:30 a.m. Mrs. Lillian Lewis, supt. Morning service at 11:30 a.m.

Second Baptist church, Rev. Wm. Scott, pastor: Sunday School at 10:30 a.m. Mrs. Irene Fox, Supt. Morning worship at 11:30 o'clock. Prayer services Wednesday at 8 p.m. and the Seeds of Kindness meets every Thursday at 8 p.m. Mrs. Annell Banks is president.

From St. Paul

Mrs. Leatie DeBerry of St. Paul, Minn., was the New Year's house guest of her cousin, Mrs. Lillian

Lewis. Valerie Hayslett has returned to her home in Omaha, Nebr., after spending a grand time here.

During the holidays, relatives visiting Mrs. Lewis were her son, Edward Lewis of Omaha; a daughter, Mrs. Hattie Martin of Cedar Rapids; and a sister, Mrs. Gladys Bishop of Omaha.

It Was Happy

According to the pastor, Rev. LeRoy Patterson of Coppin Chapel AME church it was a "real happy new year and a great spiritual awakening" at the watch meeting services held at the church on New Year's eve. Various ones gave vent to their feelings as the old year passed—and thanks and gladness in

their hearts to welcome 1954.

In Chicago

Mrs. Edna Arnett has returned home from the Windy City where she spent New Year's holiday with her niece, Rev. (Mrs.) Eleanor Welch. Mrs. Aneter Delatores will leave for Chicago Jan. 25 to visit Mrs. Welch.

"F.D.W."

And that means Fort Dodge Weather (F.D.W.). All you need do is to look out now and you know what the F.D.W. is doing today. As of Sunday, Jan. 3, 1954, it was still "jam up nice"—no trace of snow here, only a three-mile per hour wind—and you know what the weatherman said: "New Year's Day 1954 was an all-time record high here. Because of how it has been, F.D.W. is okay by yours truly."

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EVERY SUNDAY AT 5:30 P. M.

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best in recorded Western music,
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KWDM

DIAL NUMBER 1150

In Memoriam

In loving memory of my mother, Mrs. Mary Redd. Loving and kind in all her ways, Upright and just, to the end of her days; Sincere and true, in her heart and mind, Beautiful memories, she left behind. Mrs. Evelyn Bettis, daughter; Mr. Joe A. Redd, son.

Card of Thanks

I wish to thank all ministers, friends and relatives for their kind thoughts of me during my recent illness. I am convalescing at home. Mrs. Elizabeth Dysart, 1305 De Wolf street.

Card of Thanks

We wish to express our sincere thanks to the many friends for their kindness, courtesies, expressions of sympathy, donations of flowers and cars during the illness and at the death of Mrs. Anna Carter.

—Marie Banks and Lee Banks, grandchildren, and family.

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Free By '63 Goal of NAACP Youth Conference

New York—More than 500 young people are expected to attend an NAACP-sponsored National Youth Legislative Conference at Howard University, Washington, Jan. 28-31, Herbert L. Wright, youth secretary of the National Association for the Advancement of Colored People, announced this week.

The purposes of the conference, Mr. Wright said, as "to inform American youth and young adults of the many great social, economic and political problems confronting the country today and to encourage and help prepare young people to participate in the civic affairs of their respective communities."

In line with the NAACP program for achieving full emancipation by Jan. 1, 1963, the centennial of Lincoln's proclamation, the conference slogan will be "Free by '63" and emphasis will be placed on plans for attaining this goal.

Outstanding speakers and resource consultants from the NAACP, CIO, League of Women Voters and other national organizations as well as members of Congress will be on hand to aid discussion of the various issues the young people will study.

NOTICE OF DECLARATION OF FORFEITURE AND CANCELLATION OF CONTRACT

To LINCOLN A. SMITH and VIRGINIA SMITH, 4720 55th Street, Des Moines, Iowa.

You are hereby notified that you are delinquent in the performance of the terms and conditions of contract dated March 10, 1952 for sale by Hawkeye Company to Harry E. Mardis and Mary I. Mardis, which contract was assigned by Harry E. Mardis and Mary I. Mardis to Lincoln A. Smith and Virginia Smith on October 26, 1952, of the following described real estate situated in Polk County, State of Iowa, to-wit:

Lot Twenty-seven (27) and Twenty-eight (28) Plekenbrock, now in Webster Township.

In that you have failed to make the payments due under said contract, for the months of November and December, 1953, totaling \$40.00, also the taxes and special assessments due and payable in 1953 in the sum of \$35.14.

Said contract will stand forfeited and cancelled unless within thirty (30) days after the completion of service of this notice, you perform said terms and conditions of said contract now in default, and in addition, pay the reasonable costs of serving this notice, and you will be barred and forever estopped from having, asserting or claiming any right, title or interest in and said real estate.

Des Moines, Iowa, December 28, 1953.
HARRY E. MARDIS
Printed and published in the Iowa By-stander December 31, 1953.

ORIGINAL NOTICE

In The District Court of the State of Iowa In and For Polk County

CHARLES E. WATKINS, JR., Plaintiff,

vs.
JUANITA WATKINS, Defendant.

To: JUANITA WATKINS, Defendant: You are hereby notified that there is now on file in the office of the Clerk of the District Court in and for Polk County, Iowa the petition of the plaintiff claiming of you an absolute divorce on the ground of cruel and inhuman treatment such as to endanger her life and health.

For further particulars see petition now on file.

You are further notified that unless you appear in the District Court of Iowa in and for Polk County which is located at West 5th and Mulberry Street, Des Moines, Iowa on or before the 8th day of February, 1954 and defend, default will be entered against you and judgment and decree rendered thereon as prayed for in plaintiff's petition.

MORRIS & MORRIS
Attorneys for Plaintiff
221 1/2 Locust Street
Des Moines 9, Iowa
Printed and published in the Iowa By-stander December 30, 1953, January 7 and 14, 1954.

Help Fight TB



Buy Christmas Seals

B E R Y L E'S GROCERY
Fresh Meats
Vegetables — Beer
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1101 13th St. Phone 4-3848



Where to Attend Church in Des Moines

Corinthian Baptist Church
9th and School Streets
Rev. NORMAN R. OLPHIN, Minister
Sunday School: 9:45 A. M.
Morning Worship: 11:00 A. M.
B. T. U.: 6:00 P. M.
Evening Service: 7:30 P. M.
Prayer Service Wednesday: 8:00 P. M.

St. Paul A. M. E. Church
12th and Crocker Streets
Rev. JOHN E. HUNTER, Minister
Sunrise Prayer Service Sunday: 6:00 A. M.
Church School: Sunday 9:30 A. M.
Church Service: 11:00 A. M.
Evening Service: 7:30 P. M.
Prayer Service Wednesday: 7:30 P. M.
Youth Fellowship: 5:30 P. M.

Grace Healing Temple Church of God in Christ
9th and Railroad West Des Moines
ORDER OF SERVICE
Morning Worship combined: 11 A. M.
Evening Service: 8:00 P. M.
Thursday Night Service: 8 P. M.
You who are sick and are without cash fare to come to church, call 62-0627 and you will be picked up and carried to and from service.
ELDER A. C. CARROLL, Pastor

First Baptist Church
131 9th Street, West Des Moines, Iowa
Rev. L. G. GARRETT, Pastor
SERVICE
Sunday School: 9:45 A. M.
Morning Worship: 11:00 A. M.
B. T. U.: 6:30 P. M.
Prayer Service Wednesday: 7:30 P. M.

East University Church of God in Christ
ORDER OF SERVICES
E. 17th St. and University
OVERSEER LOUIS H. FORD, Pastor
Sunday School: 9:45 A. M.
Morning Worship: 11:00 A. M.
Evening Service: 8:00 P. M.
Wednesday Evening: 8:00 P. M.
Youth Service: 8:00 P. M.
Broadcast each Sunday
Evening KWDM: 10:00-10:30 P. M.

CORINTHIAN BAPTIST CHURCH NOTES

Sunday morning, Jan. 10, the Rev. N. R. Olphin will preach from the subject, "Joseph in Egypt." Installation of officers will follow the service.

Miss Lois Wilcott, president of the B.T.U., has urged all of the young people to attend Sunday's meeting at 6 p.m. for the planning of the year's program.

Sunday night, Miss Claudette Howard will be in charge of a youth night service.

The Missionary circle will meet Jan. 12, 8 p.m., at the church.

ST. PAUL A.M.E. CHURCH NOTES

The Lady Usher board met Monday evening with Mrs. Margaret Sorrell, 2830 Fourth street. The children's fellowship group will meet Saturday at 1 p.m. at the church. The Junior Hi Fellowship met Wednesday at the church.

The Missionary tea will be held Sunday afternoon at Willkie House. The Stewardess board enjoyed a Christmas party December 28 at the home of Mrs. Robert Tunley, 2808 Cleveland. Sixteen persons attended. Among the guests were Rev. and Mrs. John E. Hunter. Gifts were exchanged and a basket of canned goods was presented to the Rev. and Mrs. Hunter. Mrs. Lella Powell is president of the board.

The "Women at the Well" will be presented by the Interdenominational dramatic group Sunday, Jan. 17, 8 p.m., at St. Paul A.M.E. church in the main auditorium.

All club news may be telephoned to the publicity director every Monday from 10:30 a.m. to 11:30 a.m.—4-8523. Your church news or announcements may be announced each Sunday over KSO, "The Community Hour" program. Send notices in by Wednesday each week.

FIRST OME CHURCH NEWS

Rev. S. L. Rowsey preached last Sunday morning. He is the new minister, recently sent by Bishop J. A. Hamlett from Jackson-Memphis conference.

Friday night, Jan. 8, the church is sponsoring recreation for the young people.

Prayer meeting is held every Wednesday at 8 p.m.

Tuesday night, Jan. 12, at 8 o'clock a fellowship meeting will be held. Mrs. Jennie Moton is ill.

MAPLE STREET BAPTIST CHURCH

Sunday, Jan. 3, at the morning service, Rev. A. C. Crawford, was visiting minister. Six persons united with the church. At the evening service Baptizing was held. Rev. George Parish left Thursday for Wichita, Kas., where he will preach at the New Hope Baptist church. From there he will go to Hot Springs,

Bethel Senior Choir Has Holiday Party

The Bethel senior choir held its holiday party, Sunday, Jan. 3, at the home of Mr. and Mrs. Charles D. Smith, Sr.

Members and guests present were: Mr. and Mrs. Leonard Stovall, and David, Mrs. Catherine Smith and daughter, Mrs. Ruth White, Mrs. Ruth Doyle, Mrs. Mae Watkins, Mrs. Geraldine Jackson, Mrs. Alcen Duke, Misses Lela Belle White, Gloria Butler, Mr. Leroy Berry, Rev. C. E. Duke, Mr. Artie McNair, Bobby Stotall, Mr. William Wheels, Mr. Alfred Hayes, Mr. Harrison Manuel and Burton Matthews.

Women's Society of Christian Service To Meet Sunday

The Women's Society of Christian Service of Burns Methodist church, 811 Crocker street, will hold its monthly meeting Sunday, Jan. 10, 5 p.m. The public is invited. Rev. John E. Tunstall is pastor.

Stewardess Board Has Annual After-Christmas Dinner

The St. Paul A.M.E. Stewardess Board No. 1 held its annual after-Christmas dinner at the home of Mrs. Lena Tunley, 2808 Cleveland, Monday, Dec. 28th. Mrs. Lellah Powell prepared the dinner.

Those present were: Rev. and Mrs. John E. Hunter and family, Mrs. Mabel Newton, Mrs. Jesse Jones, Mrs. Anna Smith, Mrs. E. Armstrong, Mrs. Powell and Mr. and Mrs. Robert Tunley. Other guests were: Rev. E. E. Thompson, Carrollton, Mo.; Mrs. Ethelmae Price, Omaha, Neb.; Mrs. Mary Stanley and Mrs. Willa M. Parker and son.

After dinner a meeting was called to order by Mrs. Jesse Jones, secretary of Stewardess Board No. 1, at which time gifts were exchanged, and a basket of canned goods presented to the pastor and family by the group.

NEW JERUSALEM CHURCH OF GOD IN CHRIST

Elder A. Allen of Albany, New York, is conducting a revival. He preached at the morning and evening services Sunday. The Joy Singers are presenting a program Sunday at 3 p.m. The pastor Elder M. W. Goodman will be here Sunday.

KYLES A.M.E. ZION CHURCH NOTES

Mrs. Mabel Roman will be presented in a musical program Sunday, Jan. 10, 3 p.m. at Kyles A.M.E. Zion church. Rev. B. F. Blanks is pastor.

West Des Moines

Rev. L. G. Garrett is in the hospital with a paralytic stroke. At this writing he was not doing very well. Rev. James Harris filled in last Sunday morning. His subject was "Pay Day After Awhile." Rev. Frank Clark was a visitor at First Baptist church.

Mr. Raymond Chaney and Mr. Richard Townsend were united with the church last Sunday. Mr. Chaney lives in West Des Moines and Mr. Townsend recently moved here from Arkansas.

Social News

Mr. and Mrs. Charles Swink's home was the scene of a beautiful New Year's Eve dinner party given in honor of all the Sunday School officers and teachers at First Baptist. A buffet dinner was served at 8 p.m.

In attendance were: Mr. Deedie King, caterer; Mrs. R. King, treasurer; Mrs. Minnie Love, secretary; Mr. Andrew Seigh, adult Bible teacher, and Mrs. Seigh; Mrs. Zola Elliott, intermediate girls teacher; Mr. Sidney Warren, intermediate boys; Mrs. Geraldine Bey, Mrs. Dorothy Jernigan, Mrs. Minnie Potter, Mrs. Willie Taylor, and Misses Patricia Swink, and Sharon King, librarians; and, Pamela Swin, usher.

After the dinner most of the guests attended Watch Night services at First Baptist church.

Mrs. Nancy Warren and her three children, Yvonne, Varnell and George Edward, returned Saturday, Jan. 2, from a two weeks vacation in Holly Springs, Miss., where they visited their mother and grandmother, and sisters and aunts.

Harmonettes At St. Paul Sunday



The Harmonettes, a group of women singers, will appear in a concert of gospel music Sunday, Jan. 10, at 8 p.m. The program is being sponsored by the Monogram club of the church.

Elder Patterson At Bethel Sunday

Sunday, Jan. 1, 3:30 p.m., Elder Samuel Patterson of the East University Church of God in Christ will give a program at Bethel A.M.E. church. The public is invited.

Elder and Mrs. Jacobs Entertain

Elder and Mrs. J. Jacobs, 1407 McCormick entertained the following persons at a family dinner on

A CHEERFUL GIVER



Happy to have recovered from infantile paralysis, Marguerite Phillips of San Francisco, Calif., says the dimes in her pockets will be given to the March of Dimes. Six-year-old Marguerite knows that everyone is being asked to aid the March of Dimes, Jan. 2-31. Funds raised will enable the National Foundation for Infantile Paralysis to pay bills for patient care, research and polio prevention.

Dec. 27: Mesdames Elizabeth Taylor, Dorothy Manuel, Ethel Baxter, Mr. and Mrs. Harry Woods, Mr. and Mrs. M. Shelton, Mr. and Mrs. Ora Board.

Kyles Mission Society Host At Holiday Party

The Missionary society of Kyles A.M.E. Zion church was host to the members of the East Side Union Mission society at an annual Christmas party Dec. 17 in the dining room of the church. Games were played and gifts exchanged.

The president, Mrs. Beatrice Bailey, was presented with a purse from the local ministers and mission societies.

Invited guests were: Revs. C. A. Record, C. E. Duke and B. F. Blanks, Messrs. and Mesdames James Wilson, Leonard Stovall; Mesdames Minnie Maupin, Mary Franklin, Lena Moore, Leona Allen, Marzetta Burrell, Maxine Long, Pauline Warner of Sheffield, Iowa, Flossie Thomas and Mr. Travis Bailey.

James Henry Gets Sunday School Attendance Award

James Henry, the youngest son of the late Glenn Henry, Sr., of Oralabor and Mrs. Oradell Henry of Des Moines, received a reward of \$2.50 from the superintendent of the Mt. Zion Baptist Sunday School in Oralabor.

A reward of \$2.50 was offered by Mrs. Mary Vaughn, superintendent, to the pupil who was present 52 Sundays in 1953.

James was present for 43 Sundays. When the Henry family moved to Des Moines last fall, James became a member of the Corinthian Baptist Sunday school, and attended the remaining nine Sundays of the year at Corinthian.

Manly, Iowa

Manly, Ia.—The Ministers Wives Council met at the home of Mrs. A. M. Douglas last Friday. Mrs. Douglas was elected president of the council. Mr. and Mrs. John Page, Mr. and Mrs. Willis Haddix and daughter, Ruth, and Mrs. Page's granddaughter, Ruby, enjoyed Christmas in St. Paul with relatives.

Rev. and Mrs. A. M. Douglas and children were dinner guests at the

home of Rev. and Mrs. B. F. Parker on Christmas day.

Services were well attended all day at New Bethel Sunday. Pastor Parker spoke on the subject of "Our Report." Out-of-town guests were Mrs. Ruby Macer and sons, Allen and Sterling, of Mason City, Mrs. Nora Williams of St. Paul, Mrs. Leota Martin of Des Moines, Mr. Atanase Temeni of Des Moines and Miss Sybille McClain of Omaha.

Sunday afternoon the Builders club was in charge with a program. Visitors were Rev. and Mrs. O. E. Blanks, Mrs. E. S. Walls and daughters, Madlyn and Esther, Mr. and Mrs. Virgil Stephen and Mrs. Roy Bailey and daughter, Arzalia, all of Mason City. Mrs. Lola Rhem presided. Mrs. Henry Johnson and son, Eddie, spent Christmas in Kansas City, Mo., with relatives.

Mrs. Winona Allen To Be Honored At Tea Sunday, Jan. 10

Mrs. Winona Allen, conference branch president of the missionary society of the Northwestern Conference of the A.M.E. church, who attended the national conference of church women which met in Atlantic City, N. J., last fall, will give a report of the meeting Sunday, Jan. 10, 4 p.m., at a tea at Willkie House.

A brief musical program will precede the reports. The program is being sponsored by the William Sampson-Brooks Missionary society

of the St. Paul A.M.E. church. The public is invited to attend.

Council Of Church Women To Meet Jan. 11

The Des Moines Council of Church Women will meet on Monday, January 11, at 1:30 p.m. for program and business meeting, at the Grand View Lutheran Church, East 13th and Hull Ave. Chairman for the day is Mrs. N. W. McBeath.

Mrs. Ruben Spang will lead the devotions and Mr. Daniel Pearson will bring a vocal solo. Mrs. Don Cole, Mrs. Norman Olphin and Mrs. E. D. Dedrick will give a dramatic presentation entitled "Our Heritage from the Past."

Mrs. Edith Webber will review the book "Church Women in the Scheme of Things," written by Mrs. James D. Wyker, president of the national organization, United Council of Church Women.

A fellowship tea will follow the program served by the ladies of Grand View Church.

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700 Kappas, Hundreds of Friends at 43rd Annual Conclave in Chicago, Ill.

Chicago, Ill.—Some 700 Kappa men and hundreds of friends and relatives moved into Chicago last week for the 43rd annual Grand Conclave of Kappa Alpha Psi fraternity.

Various activities on the conclave program took the "Greeks" on a civic, business and social venture that took the brothers throughout the Windy City.

Tops in the public service phase of the meeting were a public session with Dr. Lawrence A. Kimpton, chancellor, University of Chicago, as guest speaker and the continuance of the fraternity's work with the American Council of Human Rights.



DR. HENRY W. GREENE

Dr. Greene Re-elected

Business sessions were highlighted by the reelection of Dr. W. Henry Greene of Washington, D. C. as grand polomarch and the resignation of J. Ernest Wilkins, Jr., as grand keeper of records and exchequer.

Socially, the brothers took over the city with a series of formal, dances and unofficial parties in the city's best hotels and ballrooms as well as some of Chicago's most beautiful private homes.

In an explosive address Dr. Kimpton declared his faith in the integration of races in city communities and declared that his university does not plan to move from its present location although the number of Negroes in nearby communities is increasing.

Dr. Kimpton told his audience how his university plans to maintain the high standards of the community. He declared:

"The university is dedicated to the creation and maintenance of such a community upon an unsegregated interracial basis. We view the policy of racial segregation as not only illogical but bankrupt and fruitless."

Approve Program

The Kappas approved the program of the ACHR and voted to contribute \$2,500 to its upkeep in conjunction with Delta Sigma Theta, Alpha Kappa Alpha, Zeta Phi Beta and Sigma Gamma Rho sororities and Alpha Phi Alpha fraternity. The ACHR, of which brother Elmer Henderson is executive secretary, has as its No. 1 aim in 1954 "preparation for integrated living."

This aim includes voting, social graces, responsibilities and being ready to integrate others into our groups.

Election was routine except for the dramatic refusal of Wilkins to run again for office, although numerous brothers pleaded with him to stick one more year. Wilkins tearfully told the delegates, "It is not fair to my family, my employer nor to myself to carry more responsibility than I can bear. I am regretfully sorry, but I am forced to decline."

Other officers besides Dr. Greene and Holloway are:

John W. Kellogg, Cleveland, re-elected senior grand vice polomarch; Wendell Campbell, Chicago, junior grand vice polomarch; Thomas Carter, West Virginia State college, Institute, W. Va., grand strategist; Otis Morris, Detroit, grand lieutenant strategist; Guy L. Grant, Indianapolis, Ind., grand historian; C. Rodger Wilson, Chicago, and J. J. Henderson, graduate members; D'Orsay Bryant, Washington, undergraduate member, and Ezra D. Alexander, non-voting member, grand board of directors.

This year marked the first time in 31 years a Wilkins was not elected grand keeper of records and exchequer. J. Ernest Wilkins, Sr., held the office 25 years before the younger Wilson took over six years ago.

To D. C. In '55

In other business the delegates voted to hold the 1954 conclave in Washington, D. C., and the 1955 meeting in Columbus, O.

The 43rd annual Grand Conclave Banquet was held at the swank grand ballroom of the Sheraton hotel with brother C. Rodger Wilson as the guest speaker. Citing the historic tradition of achievement of Kappa, Wilson inspired the brothers by saying:

"Let us resolve to make the badge of Kappa Alpha Psi a mark of distinction not in fancy but in fact, coveted by ambitious young men everywhere. Let it be emblematic of achievement, the purpose so nobly conceived by our founding fathers. Let it be indicative of membership in a progressive Kappa Alpha Psi vitalized by high ideals and successful living."

Other highlights of the banquet included selections by the Kappa Glee club, directed by the Rev. Hyman B. Mills of Chicago, and the singing of Kappa songs led by brother Percy Lee of Kansas City, Mo.

Two Memorials

Two memorials were contributed to the fraternity. The late brother Robert S. Abbott, founder of the Chicago Defender, was awarded a posthumous life membership through his two nephews, John Sengstacke and brother Fred Sengstacke. Former Grand Polemarch W. Ellis Stewart of Chicago presented the membership.

Mrs. Julius Avenodorph, widow of a Kappa, presented a lecture to memorialize her late son, Julius Avenodorph, Jr., a brother who passed while a student in college. The Rev. Richard C. Keller and Rev. Mills were in charge of the candlelight litany in memory of the faithful departed brother.

In a rollicking series of gay Yuletide socials, the Kappas ruled the Windy City on the fun-front during the "big deal" socially was the conclave.

Grand Conclave

Grand Conclave ball in the newly modernized Grand Ballroom of the Hotel Sherman downtown, the closed formal where brothers whirled their "Kappa Queens" around the floor, did the fantastic craze, the bunny hop, hopped to a bit of mambo and samba, and just danced a while.

Attracting the most attention at this affair was Wentz S. Perkins III, Detroit brother who wore an Oriental design Kappa jacket of crimson and cream (the frat's color) made in Egypt in 1943 while he was in the service. He was attending his 17th straight conclave, 10th straight with the Egyptian formal which included a fez on his head.

He said that the jacket and fez are the result of an unofficial Cairo, Egypt chapter he and other brothers formed during World War I. Accompanying him was Miss Marie E. Wilkerson of St. Louis wearing in Kappa tradition, a gown of crimson and cream. Several brothers, Perkins said, have asked him to form a group for an Egyptian order and allow them to become associate members.

Other Formals

Other formals included the open dance at the 178th Regiment Armory and a Greek letter frolic at the Parkway ballroom. Opening social festivities included a "cherchez la femme" session at the Kappa Kastle and a get acquainted dance at the Parkway. The latter was considered "fool's paradise" because of the presence of so many attractive ladies to comparatively few men.

All business meetings were held at the KAM Temple, beautiful Jewish synagogue. Brothers dined at the Kappa Kastle and socialized all over town in the homes and at public places, too.

A special program designed for visiting Kappa ladies included an ognog sip and a buffet supper at the Kappa house and tours and visits to various television studios.

Sorors of Sigma Gamma Rho sponsored a coffee canteen at the KAM Temple. Miss Nona Scales was chairman, and Clementine Clark, Helena Adkins, Irene Patterson, Cassandra Black, Cheribell Warfield and Dorothy Eldridge served as hostesses.

Iowa Hawks Card Party Jan. 15

The Iowa Hawks are having a card party at the Elks clubhouse Friday night, Jan. 15 (See advertisement in this issue). Bridge and whist will be played.

Robert Wood has been elected a new captain of this Elks unit. The election was held because of a vacancy made when Robert Calderon, ex-captain, was promoted to major on the Western staff. The next business meeting will be held at the Elks club Friday night, Jan. 29, 8 o'clock.

Princess O'Zell Chapter Installs New Officers

Princess O'Zell chapter No. 9 of the Order of Eastern Star of Des Moines met at the Masonic Hall, Dec. 29, with Mrs. Gladys Brown, worthy matron, presiding.

Committee reports for the year were made and officers were elected with the past grand worthy matron in charge.

Officers are: worthy matron, Alma Morris; worthy patron, Edward Mease; associate matron, Lessie Garrett; associate patron, Charles Holmes; conductress, Rose Johnson; associate conductress, Jessie Jones; secretary, Dorothy B. Bush; treasurer, Dorothy Garrett.

Appointed officers are: warder, Bessie Matthews; sentinel, Marcus McCraven; Start Points—Adah, Mary Ola Hunter; Ruth, Emma Mae Wilkerson; Esther, Lubertha Dixon; Martha, Grace Rhone; Electra, Frances Brewer; marshal, past grand patron, Rev. T. E. Lighon; chaplain, Ollie Holmes; lecturer, Mattie B. Scott; school of instruction, Gladys Brown, past worthy matron; chairman of trustees, Sarah Jett; publicity, Mary Parker.

Officers were installed by Grand Worthy Matron Dorothy B. Bush, assisted by acting marshal, past grand patron, Rev. Mr. Lighon.

Gifts were presented to Mrs. Gladys Brown, outgoing matron, and Mr. Mease, worthy patron, from the chapter by the incoming matron, Mrs. Morris.

The next meeting will be Thursday, Jan. 28.

Olive Branch Chapter Elects And Installs Officers

Olive Branch chapter No. 32 O.E.S. held annual election of officers on December 28. Mrs. Jacqueline D. Randall, worthy matron; Mr. W. C. Buice, worthy patron; Mrs. Felice Rhodes, associate matron; Mrs. Leola Hubbard, secretary; Mrs. Orea Buice, assistant secretary; Mrs. Victoria Hendricks, treasurer; Mrs. Delores Barrington, conductress; Mrs. Ellen Burrell, associate conductress.

The Worthy Matron-elect made the following appointments: Ada, Mrs. Mildred Tymony; Ruth, Mrs. Alice Smith; Esther, Mrs. Henrietta Coates; Martha, Mrs. Louise Gilbert; Electra, Mrs. Anna Brooks; Warder, Mrs. Geraldine Stephenson; Sentinel, Mrs. Leona Jordan; social chairman, Mrs. Albertha Grace; Lecturer, Mrs. Essie Davis.

Mrs. Essie Davis, past worthy matron, installed the officers. Mrs. Hiawatha Potter in behalf of the chapter, presented the outgoing worthy matron, Mrs. Leola Hubbard with a pair of Eastern Star earrings as a token of the chapter's appreciation for her loyalty, interest and devotion during her term as worthy matron.

St. Elmo Chapter Of Burlington, Ia. Installs Officers

Burlington, Ia.—Mrs. Velma Lewis has been installed as worthy matron of St. Elmo chapter No. 3, Order of the Eastern Star, for 1954.

Other officers are: Arletha Pleasant, associate matron; De Edwin White, worthy patron; Andrew Richards, treasurer; Margaret Kinnard, secretary; Elmyra Benhart, conductress; Sally Cheers, associate conductress; Mildred Nelson, Adah; Wealtha Bowles, Ruth; Rosa Clark, Esther; Gladys White, Martha; Charlotte Buckner, Electra; Betty Reading, warder and James Bowles, sentinel.

Science and Your Health

Medicine and Old Age



by Science Features

More people are reaching old age than ever before—some 14 million today as compared to three million in 1900. These elder citizens present new problems, economic, sociological and medical, many of which are interrelated.

Over-65s suffer the same ills as younger persons, but they are more susceptible to them. High blood pressure, diabetes, cancer, arthritis, heart diseases, hardening of the arteries, and even pneumonia, a disease that is on its way out in younger age groups, thanks to antibiotics, exact a heavy toll among our senior citizens.

Many of the new drugs have helped old and young alike. Anti-coagulants prevent the dangerous blood clots which so often appear in old age. Several new drugs have helped cut down high blood pressure, which hits more than 60% of our senior citizens. Much has been done to combat heart disease—the greatest killer—which strikes more frequently both in the winter of the year and in the winter of life.

Important as these advances are, at best they only cure—they do not prevent. The real challenge

to medicine is to build up the human machine that begins to wear down as old age advances. Vigor must be improved, tissues revitalized, outlook brightened and strength regained, lest vital organs fail in their functions.

Two types of agents—vitamins and hormones—offer the best chance of building up energy and resistance. Male and female hormones—androgens and estrogens—have been used with considerable success in brightening the outlook and increasing the vigor of old men and women. Often, they are used interchangeably to fight a specific malfunction or waning strength. They have even been combined into a single drug, as in the case of Combandrin, to revitalize tired tissue and improve general well-being of male and female alike.

Vitamins, too, are playing a more important role in old-age therapy. Tests on animals have shown that vitamin A increased life span 10%, and that B complex vitamins lengthened life 10-25%. If the outlook for over-65s looks better today than before it is due in large part to the gains made in hormone and vitamin therapy.

Burlington, Iowa

BY MRS. ED WILLIAMS

Burlington, Ia.—One of the highlights of the holiday season was the Christmas party given by St. Elmo chapter No. 3 of O.E.S. in the dining room of the Memorial auditorium. Several guests were present. Among them were: Mr. and Mrs. Ahmed Brown of Chicago. During the social hour they had an exchange of gifts.

Mr. and Mrs. Brown were visiting here mother, Mrs. Ida Baker and aunt, Miss Cora Brooks and relatives over the week end.

Mr. and Mrs. Elbert Clay on S. 16th street, also had a few guests for dinner. Mr. and Mrs. Robert Williams had holiday guests from Galesburg, Ill., and St. Louis, Mo.

The Sunday School of Union Baptist church had its Christmas exercises and gift exchange Dec. 20.

Mr. Arthur Brown of Chicago visited his sister and husband, Mr. and Mrs. Ross for the holidays. Mr. and Mrs. A. J. Thompson entertained a few friends at a cocktail party.

A children's party was held Dec. 28 at the A. J. Thompson home on North street.

Mr. and Mrs. Earl Thompson had Mrs. Mabel Hauf, and Mr. William Kinley, Miss Edna Mae Kinley of Shelbina, Mo., for the holidays.

Rev. and Mrs. Carl McKay entertained a few guests at their home New Year's Day. Gifts were exchanged. Mrs. Elsie Drew entertained her parents, Mr. and Mrs. Ed Williams at dinner at her home, 1720

UNANIMOUS OPINION



These Robinson boys of Decatur, Ill., indicate their agreement about GG shots. They were three of the hundreds of thousands who received gamma globulin shots in the 1953 GG mass inoculations. The National Foundation for Infantile Paralysis indicates great hope for the prevention of polio. Help bring the day of prevention nearer by joining the March of Dimes, Jan. 2-31.

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You've probably heard that remark dozens of times when you have been shopping for shoes. And it's repeated hundreds of times daily in the nation's shoe stores.

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SOCIETY



Sgt. R. L. Doyle Home From Germany to Spend Holidays

Master Sgt. Robert L. Doyle, who is stationed in Germany with the U. S. army, flew to Des Moines with his wife, who lives in Detroit, Mich., to visit with his mother, Mrs. Mary B. Doyle, 1607 Buchanan, and relatives, during the holidays. The couple left during the week end for Detroit. He will return to Germany on Jan. 15.

Family dinners were held at the home of Mrs. Doyle in his honor, on Christmas and New Year's Days.

Elisa Gavins New Year's Day Bride Of Douglas Johnson

Wedding vows were exchanged Friday, Jan. 1, at 2 p.m. by Miss Elisa Gavins and Mr. Douglas Johnson at 956 Eighteenth street, where the couple is now at home.

The New Year's Day ceremony was performed by Elder Eugene Robinson.

Guests attending were: Mrs. Vera Perchman, mother of the bridegroom; Mrs. Ruth Grady Jones, Miss Una Mae Perchman, Miss Edna Ruth Borrows, Mr. Larnell Borrows, Messrs. Euriel Reid, Raymond Moore, Robert Weston, Neal McKay, Harvey Johnson, Joe Elliott, Mr. and Mrs. Sherman Bailey, Mr. and Mrs. B. Surrall, Mrs. Bertha Tolson, Mrs. Erman Johnson, Mrs. Fannie Mae Williams, Mrs. Vivian Brent.

At the reception, Mr. Marvin Taylor was host. The tiered wedding cake was topped with a miniature bride and groom. Many gifts were received.

Mrs. Dorothy Johnson of Chicago, Ill., who has been the bride's house guest, attended the wedding.

MESDAMES THOMPSON AND DANORTH SPEND HOLIDAYS IN DETROIT

Mrs. R. B. Thompson and Mrs. John M. Danforth, Sr., spent the holidays visiting relatives and friends in Detroit, Mich. The Iowans were extended many social courtesies.

CHICAGOAN HERE FOR HOLIDAYS; VISITS

Dr. L. A. Whitfield of Chicago, Ill., spent the holidays here with his parents, Rev. and Mrs. J. Q. Evans, 1106 Seventeenth street.

During the Christmas week end, Mrs. Evans and Dr. Whitfield visited in Omaha, Neb., with their daughter and sister, Mrs. George Patterson and family.

OKLAHOMANS HOUSE GUESTS OF MISS HENRY

Mrs. Jennie McCarrell Jacobs and niece, Ruth Ann McCarrell, were house guests of Miss Betty McCarrell Henry, 1177 Thirteenth street, during the holiday week.

Mrs. Jacobs is a visiting nurse in Oklahoma City, Okla.

MR. CHARLES BARTLETT OF MOBERLY, MO., SPENDS HOLIDAY WITH CHILDREN

Mr. Charles Bartlett of Moberly, Mo., was a holiday guest of his sons-in-law and daughters, Mr. and Mrs. Clarence Adams, 1610 Walker, and Mr. and Mrs. Seymour Morison of 1722 Walker.

A family dinner was held at the home of Mr. and Mrs. Morison. Sharing the courtesy were the families of Mr. and Mrs. Russell Shepard, and Mr. and Mrs. Norman Blagburn.

THE JAMES LYONS FAMILY VISITS HERE

Mr. and Mrs. James Lyons, and daughter Norma, of Kansas City, Kansas, were holiday guests of Mr. and Mrs. Norman Blagburn, 1133 Tenth street. Mrs. Lyons is the former Maxine Blagburn of Des Moines.

THE L. MONTGOMERY GUESTS OF THE RITCHYS

Mr. and Mrs. Lewis Montgomery of Clarinda, Iowa, were holiday house guests of Dr. and Mrs. W. J. Ritchey, 1154 Fourteenth street.

MRS. DREW WILLIAMS BACK FROM CHICAGO

Mrs. Drew Williams, 1334 McCormick street, has returned home from Chicago after spending the holidays with her son-in-law and daughter, Mr. and Mrs. Fred Mitchell.

Chicagoans Guests At Arthur Turner Home

Mr. Robert Turner and two daughters of Chicago, Ill., were week end guests in the home of their parents and grandparents, Mr. and Mrs. Arthur Turner, 1424 E. Eighteenth street. They left for their home Sunday morning.

To Observe Fiftieth Wedding Anniversary of the M. E. Cassells

The children of Mr. and Mrs. Mark E. Cassell, 931 Twenty-third street, are holding an open house in celebration of the fiftieth anniversary of the marriage of their parents, Sunday-Jan. 10, at Willkie House, 900 Seventeenth street.

Mrs. Dolores Jones Back From Colorado; Enters Hospital



MRS. DOLORES JONES

Mrs. Dolores Jones, 3001 Amherst street, is ill at Mercy hospital where she underwent an emergency operation on December 30.

Mrs. Jones returned to the city two days prior from Denver, Colo., where she spent the holidays visiting her brother, Wm. Theodore Duncan, Jr., and his family.

She visited many places of interest, Civic Center, and the Fitzsimmons VA Hospital. Mrs. Jones is secretary to the chief of supply of the Veterans hospital in Des Moines.



★
Personal
Touch
By
MARIE
ROSS
★

Nearly every other person I have met this week has uttered a sigh of relief that the holidays are over—and once again, a return may be made to the daily grind or the "regular rut of life."

I know I have asked dozens of people whom I have met on the streets, at church, or talked with on the phone during the daily calls—and the unanimous response was—"the holidays wore me out."

It makes you wonder why everyone seems to be so glad that the holidays are over, why people are so tired that it will take until springtime to get rested.

Holiday—the book defines as a religious festival; a day of gaiety and joy in celebration of some event.

The Christmas holiday is a religious one, commemorating the birth of Christ; the New Year holiday is for the celebration of the birth of another year.

If the holidays, then are observed in keeping with their purposes—why, then do people get so tired so worn out, so beat—that they rush into the new year, as if they just narrowly escaped some approaching villain?

Well, while you figure out an answer, I'll catch up on some rest after a rushing holiday season.

As usual, I had planned to curtail some of my holiday rushing. This year I had sworn not to be bothered with putting on the usual holiday radio production of some script I had intended to enter into the annual press women's writing contest.

But as the month began to approach the half-way mark, the thoughts of writing a radio program script haunted me; but I knew I did not have time for getting a cast or holding rehearsals so I almost gave up the idea. Then a thought came.

I went to Mr. Leland Ahern, program director of the NAACP's radio broadcast which is heard every Sunday over Station KSO, and asked him if he would be interested in a script, written around the work of the NAACP. Immediately he said yes, when I was hoping, really, for a negative answer.

I promised him the script on Dec. 21, which meant that I would have to spend the week end of Dec. 18, writing a 20-minute script, when originally I had planned to write

Double Wedding Ceremonies Held for Miss Joan Miller and Sgt. Thomas L. Smith; and Miss Joan Wells and S Sgt. Ronald Miller

Double wedding ceremonies were performed Dec. 30, at 8 p.m., by the Rev. Luther H. Smith at the home of Mrs. Gladys May, 1194 Thirteenth street.

Miss Joan Miller, daughter of Mrs. May, became the bride of Sgt. Thomas L. Smith, son of Rev. and Mrs. Smith; and Miss Joan Wells, daughter of Mr. and Mrs. Clarence Fisher of Mt. Pleasant, Ia., was wedded to Staff Sgt. Ronald Miller, son of Mrs. May.

Mrs. Smith who wore an aqua colored dress with a corsage of pink and white carnations, was given in marriage by her brother Staff Sgt. George Miller, home on a furlough from Labrador. Best man to Sergeant Smith was Mr. French Miller, brother of the bride.

Mr. and Mrs. Smith are both natives of Des Moines. She is a graduate of North High school, and he, of Roosevelt High. She returned recently from Los Angeles, Cal., and he has been in the military services for two years, stationed until recently at Fort Bragg, N. C. On Jan. 14 he will leave for the Parks Air Base in Alaska.

The former Miss Wells, the bride of Mr. Miller, wore a grey and white faile dress for her wedding with a corsage of pink and white carnations. She was given in marriage by her

brother-in-law, Mr. Arthur Carter, Jr.

A native of Iowa City, she was reared in Mt. Pleasant, but finished her high school education in Des Moines at North High. She is a member of St. Paul AME church.

Mr. Miller, a native of Des Moines and a graduate of North High school, has been in the military services for six years. He returned recently from Okinawa where he was stationed for two years and will leave on Jan. 18 for Hamilton Air Force Base in California, where Mrs. Miller will join him.

The couples are at 1130 Fourteenth street.

The Rufus Parkers Hold Annual Party

Mr. and Mrs. Rufus Parker of 127 Ridge street had their annual Christmas dinner party Monday night, Dec. 28.

Sharing the courtesy were: Mr. and Mrs. Mack Carson, Mr. and Mrs. E. P. Jackson, Mr. and Mrs. Frank Hogan, Atty. and Mrs. W. Lawrence Oliver, Mr. and Mrs. Andrew Seigh, Mr. and Mrs. G. B. Tucker, Mr. and Mrs. Marshall Smith, Mr. and Mrs. Robert Dacus, Rev. and Mrs. Cecil Duke and sons, Jonathan and Benjamin, Mr. and Mrs. Leonard Stovall and son, David;

Also Mr. and Mrs. I. L. White and daughters, Lela Bell, Annette and Jill, Mrs. Florence Campbell, Mrs. Leo Jones, Mrs. Evelyn Washington, Mrs. Luberta Dixon, Rev. John Hunter, Mr. Asbury Vandever, Mr. Robert Stovall, Mrs. Albert Rhodes, Mr. Frances Brent and daughter, Brenda, Mrs. Lillian Moore and daughter, Alfreda, Mrs. Seymour Gaines, Mrs. Ruth Doyle.

The evening was spent playing games. Assisting the hostess was Mrs. Frances Brent and Mrs. I. L. White and daughters.

heard. Mr. Ahern commented that he didn't think it was possible for some members of the cast who had had no radio speaking or reading experience, to perform as well as they did. Well, all that is a good reason why some people were extra tired during the holidays.

After a short, but rushed week of getting out the pre-New Year's issue of the paper, I did manage to get down to Kansas for the rest of the holidays—but I was too tired to know when the new year arrived. My mother said our neighborhood was very noisy with plenty of shooting.

Back from the Golden Gate—City where she did some pre-holiday visiting is Mrs. A. A. Alexander who accompanied her engineer-contractor husband who was enroute to Hawaii on a naval inspection tour.

Mrs. Alexander, accompanied by Mrs. J. W. Crump of St. Paul, Minn.,

Iowa Misses Spend Week End in Omaha

Misses Eloise McElroy, Rosa Mae Peters, Quancidine Wheels spent the New Year's week end in Omaha, Neb., at the home of Mr. and Mrs. Willie Mills. The Iowans attended Sunday morning services at Pilgrim Baptist church.

Saturday Night Club Fetes 35 On New Year's Eve

The Saturday Night club entertained 35 guests at a New Year's Eve dinner and party held at the home of Mr. and Mrs. A. A. Alexander, 2200 Chautauqua Parkway.

Out-of-town guest was Mr. Harold Alexander of St. Louis, Mo., who was holiday guest of his brother and sister-in-law, the Alexanders.

MRS. ROSETTA MCCOY VISITS IN OMAHA

Mrs. Rosetta McCoy of 933 Tenth street returned recently from Omaha, where she visited a brother, and relatives during the holidays.

Mrs. Bailey Hostess At Dessert Luncheon

On Monday Mrs. Travis Bailey entertained the local presidents of the East Side Union Mission society at a dessert luncheon.

In attendance were Mesdames Mary King, Priscilla Brown, Ida Green, Jewell Robinson, Gertrude Murray, Effie Burrell, Mable Duke, Adah Duke, Willean Patrick, Rosie Powers, S. B. Boyers, Minnie Love, Effie Bogey, and Fannie Jones.

Guests invited for the evening were: Messrs. and Mesdames Harry Cullins, and Homer Moten; Mesdames Ethel Volmeier, Leah Jefferson and Mr. Elmer Barker. Games were the diversion of the evening.

MR. J. L. DAMERON VISITS IN CHICAGO

Mr. James L. Dameron, 1127 Eleventh street, spent the holidays in Chicago, Ill., the guest of his son-in-law and daughter, Mr. and Mrs. Joseph Wimberly.

CARVER REPUBLICAN CLUB DISCUSSES 1954 CANDIDATES

The Carver Republican club met Jan. 5 at the Crocker branch YMCA. Chester Jones, president, presided. Candidates of the 1954 elected were presented and discussed.

The next meeting will be Tuesday, Feb. 2.

spent 21 days in Los Angeles and San Francisco where they visited, went sight-seeing and met many friends.

In Los Angeles they were guests of Mr. and Mrs. Arthur Clay and family, former Iowans.

In San Francisco, they were entertained by Mrs. Crump's son-in-law and daughter, Mr. and Mrs. Cecil Pool.

Mrs. Alexander was "most impressed" with the beautiful homes in Los Angeles where lives the famous architect, Paul Williams, 1953 Spingarn Medal winner.

"We visited his dream home, in the exclusive Wellington Square district of west side Los Angeles; and the pleasure club he designed," the Iowan revealed.

She said she preferred the homes in Los Angeles to those in San Francisco—which were "all lovely—but on hills."

Asked if she would like to live in California—she remarked that "there is just something about Iowa that I like best."

Polio Club Of Willkie To Meet January 12

District No. 7, Polio club of Willkie House, will meet Tuesday, Jan. 12, at 8 p.m. Mrs. V. Hendrix is president. Mrs. L. Sharp is secretary.

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SKILLED HANDS



Treatment of polio requires highly trained professional personnel. Upon completion of their courses of study (left to right), Virgil E. Matthews, Chicago (chemistry); Miss Margaret Hargrove, Milwaukee, Wis. (medical social work) and Miss Mary L. McKinney, Cleveland, (physical therapy), will join the fight against polio. The training program is supported by the March of Dimes. Help Now! Jan. 2-31.

The Travis Baileys Fete Family, Friends At Holiday Dinners

Mr. and Mrs. Travis Bailey, 825 Tenth street, entertained members of their family and friends at a Christmas dinner.

Sharing the courtesy were: Rev. and Mrs. S. J. Jenkins, Messrs. and Mesdames—Floyd Bailey, Harry Cullins, John E. Bailey and nephew, Ronald Johnson, Burton Bailey and son, and Claude Davidson; Mesdames Mary Baker, Mary Franklin, Watsie Thompson, Anna Smith, Ruth Hamilton, Darthula Ghee and Katherine McFarland; Miss Lu Bailey and Messrs. S. T. Anderson and William Bailey.

During the dinner, the Baileys received a long distance telephone call from Minneapolis, Minn., where they talked with their son, Travis, Jr., and daughter, Mrs. James Johnson, Jr., also the Bailey's brother, Wilson Bailey.

After dinner, slides were shown from pictures taken by their son, Burton, while in Korea.

Saturday Dinner

The following guests were invited for dinner Saturday evening: Rev. and Mrs. C. A. Record, Rev. and Mrs. B. F. Blanks, and Mrs. H. R. Fields and Rev. S. L. Rowsey. Mesdames Mary King and Isabel Barker.

James R. Humphrey Ends Furlough Here

James R. Humphrey, private third class, son of Mr. and Mrs. William Humphrey, 1461 DeWolf street, left Jan. 3, after having spent 15 days here during the holidays.

He returned to Randolph Field Air Force Base, San Antonio, Texas, where he is a cook in the 25 Tenth Food Service Squadron.

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Renew your NAACP Membership

O.E.S. Instruction Meeting Jan. 14

The Order of Eastern Star will hold instruction Jan. 14, 8 p.m. All members, especially new elective officers, have been urged to attend.

Representing each chapter will be: Mrs. Sarah Jett, Princess O'Zell; Mrs. Mildred Graves, Princess Zorah; Mrs. Essie Davis, Olive Branch.

MRS. M. D. TRAMBLE VISITS IN OMAHA

Mrs. Mary D. Tramble, 1115 Seventh street, West Des Moines, spent the New Year's week end in Omaha, Neb., with her daughter, Mrs. Lena Mae Foye. While there the Iowan visited at Boystown.

MAGGI LU BAILEY IS PARTY HOSTESS

Miss Maggi Lu Bailey entertained a few friends at a holiday party last Thursday afternoon. In attendance were: Dolores Chaney, Sandra Bailey, Barbara Bright, Marvel Ashby, Bonnie Erania, Sandra and Sally Griffith and Carmen Gilmore.

Pfc. Ronald Anderson Back To Jacksonville

Private First Class Ronald E. Anderson of the Marine Air Technical 4—BYSTANDER 1-6-54

Training center, Jacksonville, Fla., left Jan. 1, after a 15-day visit here with his parents, Mr. and Mrs. Clifford Anderson, 801 S. E. Twenty-seventh street-court.

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Robert Silva, San Diego, Calif., Navy veteran, participated in the invasion of Okinawa and the liberation of the Philippines. He is the father of three children. In 1953 Mr. Silva came down with polio. Left with back and abdominal weakness, involvement in both legs and one arm completely paralyzed, he decided to discard wheel chair for auto-ette. After completion of insurance salesman's course he expects once again to become the full-time breadwinner for his wife and children. Help prevent polio. Join the March of Dimes, Jan. 2-31.

EDITORIALS

FEATURES

SPORTS

A GOOD CAUSE
CAN GET SUPPORT

When the NAACP began the long drawn out job of filing in lower courts and pursuing to the U. S. Supreme Court the now-famous school segregation cases little notice was attracted because few people realized just what was involved.

But as time went on the interest became greater but little was known to the average person of the terrific expense involved in the undertaking. Past experience had taught the NAACP that court and legal costs run into money, so they were not to be caught napping in the job of providing the legal staff with funds to do the job.

To that end appeals, led by Thurgood Marshall, special counsel, were made to various groups for funds to finance the job. And the response was magnificent. \$71,642.50 was raised while \$47,456.95 was spent leaving a balance in the legal and education fund of \$24,185.55.

This money came from all classes and races of people who responded because the cause is just knowing full well that it takes money to carry on a great fight such as was staged in these school cases.

Great issues such as were presented in these cases stir men to action. And results follow in proportion that they are informed as to just what the objective is. In other words, when the chips are down; when courage and action are needed, there are those who rise to the occasion and get the job done.

The NAACP is to be congratulated upon the successful financing of the great job it has undertaken. It shows what can be done by intelligent action.

DO WE MEASURE UP?

The year 1953 will be long remembered in the advancement of equality for all men. General improvement of better relations among all groups enabled those working to push that ideal closer to reality to get a lot done which almost surprised even the most ardent supporters.

But 1954 is no time to rest on the laurels won in 1953. It takes work to gain an objective; it takes work to maintain it.

The Negro has continued to make gains in education, politics, employment, civil rights. But with these gains go a responsibility to measure up to these gains.

These gains have come partly because of better employment which has encouraged and permitted more youngsters to further their courses in school. That education should teach not only the best method of doing a job but also other responsibilities which come about as a result of holding that job. And these questions are reminders of those responsibilities.

1. Do we get along with our fellow employees?
2. Do we come to work on time?
3. Do we maintain good conduct to, on and coming from the job?
4. Do we carry a chip on our shoulders?
5. Do we conform to reasonable rules of the company for which we work?
6. Are we loyal and honest to the company for which we work?
7. Do we seek advancement by performing well in the position we hold?
8. Do we join with other employees—unions for instance—to better the cause of the whole group with which we work?
9. Are we careful with our personal appearance?
10. Are we thoughtful of others and willing to help where and when needed?
11. Do we manage to have some of the money we earn?

If these questions cannot be answered in the affirmative, then the responsibility brought on by gains in these fields of endeavor are not being met.

And while these questions pertain to the employment angle in particular, they touch all others and point up what must be done to maintain and further gain in the job of living the life of a good citizen.

Next week a series of questions will be directed toward civil rights and politics.

TREAT THEM ALL ALIKE

It becomes important to mention their race when a Negro engineers a crime—to some news dispensers but it is not important to mention the race of those who pass out atomic secrets, engineer gambling, liquor and other vice crimes or rob banks, or steal a million from a truck, or kidnap and murder babies.

The Bystander has no brief for the Negro who commits a crime other than seeing that he gets a fair trial. But the broadcast of the race of those people who stole the money from the U. S. Treasury was a blow under the belt which some people

land in an effort to demonstrate excessive criminal activities among Negroes.

It was interesting too that Edward R. Murrow reported the incident without mentioning the defendants' race; Morgan Beatty mentioned their race, thus the difference in commentators.

Civil Rights

(SEE FRONT PAGE)

by local practices or the poll tax; 4. maintain freedom of residence; 5. afford protection against police brutality and mob violence; 6. uphold the merit system in appointments to public office; and 7. develop an aggressive program of democratic action to combat totalitarianism.

In addition to the NAACP, the statement was approved by the African Methodist Episcopal Zion Church, National Council of Negro Women, Alpha Phi Alpha Fraternity, United Transport Service Employees-CIO, Knights of St. Peter Claver, Omega Psi Phi Fraternity, Delta Sigma Theta Sorority, I.B.P.O. Elks, National Alliance of Postal Employees, Negro Labor Committee, Kappa Alpha Psi Fraternity, National Dental Association, Phi Beta Sigma Fraternity, National Bar Association, African Methodist Episcopal Church, Brotherhood of Sleeping Car Porters-AFL, American Council on Human Rights, Colored Methodist Episcopal Church, Prince Hall Masons, and National Medical Association.

Annual Meeting

(SEE FRONT PAGE)

elimination of segregation in all phases of the military establishment; the expanded Negro vote, particularly in the South; the development of a climate of opinion in the South more receptive to the passing of segregation; and the launching of the NAACP Fight for Freedom to achieve complete emancipation by January 1, 1963, the centennial of Lincoln's proclamation.

Housing Jim Crow Cited

Much remains to be done, Mr. White told the NAACP members. "Victory in the public school segregation cases, even if it be all that we desire, will have but limited value at the elementary and secondary school levels as long as residential segregation remain. In the field of housing we have made the least gains because our national government is using its funds, to which we also contribute, to expand and freeze segregation. One glaring example is Levittown in Bucks County, Pennsylvania, where the builder is using the resources of the FHA to build 20,000 homes, from which Negroes are barred, in the miracle of modern industrial development."

Mr. White warned of the impact on Negro workers of the predicted recession. "Thanks to the Negro's somewhat less precarious position in industry, they probably will not be fired first at quite as high a rate as would have happened 45, or even 5, years ago," he said. "Nevertheless, the percentage of unemployment in the event of a recession will in all probability be higher among Negro workers than among other groups of employees."

The NAACP secretary noted "with gratification that the board of education in Washington has dedicated a high school in honor of the late Joel E. Spingarn, donor of the Spingarn Medal and president of our organization from 1930 to 1939. Previously he had served the Association with distinction as treasurer and chairman of the board." Although the Spingarn school was opened for Negro students only, Mr. White expressed the "hope that before the end of 1954 this fine new school will serve the youth of all races in the Nation's capital. This is as Joel Spingarn would have had it—a democratic school in an integrated system of public education."

Financial Condition Improved

Roy Wilkins, NAACP administrator, reported that "the financial condition of the Association showed marked improvement over that of a year ago. Much of this was due to heightened interest in the NAACP because of the public school segregation cases, the launching of the Fight for Freedom, and intensified membership drives."

The legal program of the Association during the year was recounted by Thurgood Marshall, the organization's special counsel, who headed the battery of lawyers who argued the public school segregation cases before the Supreme Court, Dec. 7-9. Local units of the NAACP secured "more members than in any year since 1948," Gloster B. Current, director of branches reported. Memberships in the Association's 1300 branches amounted to 240,000 representing a 15 per cent increase over 1952, he said.

HEALTH FOR ALL

Whether it's a New Year's resolution, a birthday present to yourself, or just a precaution an annual physical check-up by your doctor is a good investment. And this year, why not take a look also at your attitude toward life.

Good mental health is not a closely defined state of being. It means that a person feels right about himself and others. It means he can accept responsibility. A mentally healthy person can take life's disappointments. In stride. He takes an interest in other people, and takes pleasure in personal relationships. He respects the many differences in people and does not push others around, or allow himself to be pushed around. He can become a part of a group. He can plan ahead for the future, and set realistic goals for himself. He welcomes new experiences and new ideas.

These are a few characteristics of mentally healthy people, yet it is surprising how many fail to measure

up to these. At least half of the physicians' patients have complaints caused by, or intimately related to, emotional disorders.

Disorders of mind and body can not be separated for there is an emotional component in all states of illness and health, says Miss Geraldine Busse, mental health nurse consultant of the Iowa State Department of Health. Symptoms of emotional disorders, such as excessive moodiness, irritability, inability to work effectively, demand attention.

One of the first steps in building mental health, says Miss Busse, is learning why symptoms of emotional disorders occur. Most people would see a doctor if they had mysterious pains in their back or arms, but how many seek help when their emotional problems become too big. Talking your problems over with the family physician or psychiatrist often helps find a solution.

A good resolution for the new year is to help bring mental health into the open, to learn what you can do to build mental health for yourself, your family, and your community. Good health, and a happier life, are within your reach.

Felicitates Haiti

New York—"Warmest congratulations to the Republic of Haiti on its 150 birthday," were extended today by the National Association for the Advancement of Colored People in a cablegram to President Paul Magloire. Haiti celebrates the sesquicentennial of its independence on January 1.

The NAACP message, signed by Dr. Channing H. Tobias, chairman of the board of directors, and Walter White, executive secretary, recalled Haiti's "gallant battle against odds which would have crushed a weaker people. Your fortitude," it continued, "is bearing fruit and the world is beginning to recognize the part Haiti has played in the struggle for freedom from economic and political tyranny."

"The United States especially is recognizing that its own prosperity and size are in part due to Haiti's successful fight for freedom since that victory forced Napoleon to sell the enormous Louisiana territory to the United States."

"We felicitate your great nation and people and pledge our continued help in your struggle to provide a more abundant life for Haiti's people and to strengthen democracy in the western hemisphere. We have asked Dr. Ralph J. Bunche, a member of our board of directors, to represent us at the sesquicentennial celebration."

together instead of with the team. In the case of Cain and Davis, it wouldn't be bad.

There was so much fuss about the attempt to bribe Bumby last month that we laid off until the thing died down. But, if we had a hat we would take it off to the guy for doing the right thing.

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HILLS TO CLIMB

There are many hills to climb—before our goal is reached . . . Many rugged walls to scale—some that must be breached . . . Sinful torrents to be crossed—flood-tides raging high . . . Combers crashing on the reefs, and wrath from out the sky . . .

Viscous depths of gilded lures to trap and hold us tight . . . Attacks to fend—as on we wend, through perils of the night . . . The hills we climb in victory—build our strength and will, to carry us—while we fight on; and all our dreams fulfill . . . There may be days so dreary—

and weeks without a dime, . . . months of illness—years of grief; or rougher hills to climb . . . Before we win our accolade and haven for our soul, . . . we glimpse the light that He hath made . . .

Glenn A. Gallagher

(First American Serial Rights Only)

Alexander On Tour

(SEE FRONT PAGE)

naval air station, where the aviators are retrained.

"We met the naval fleet commander, Rear Admiral R. E. Blick of the task force! Admiral Felix Shump, chief in command of the Pacific fleet."

"Everyone was very cooperative and cordial to us—and I made some very fine acquaintances on the tour," Mr. Alexander said.

The Iowa revealed that his most "uncomfortable moments" were while trying to sleep in a submarine—without windows or natural air; his most tiring moments were while climbing eight flights of stairs going to and from his ship bunk to the captain's quarters; or going to and from the briefing sessions to learn more about what to see in Hawaii.

In Honolulu, Mr. Alexander said he visited at the home of an old friend, Noll Smith.

"I was most impressed by the democracy practiced in Hawaii—where a majority of the people are of Japanese ancestry. It proves that people can live together in peace."

In Honolulu, members of the inspection tour entertained the officers of their ship, the Essex, at a party held at Royal Hawaiian hotel, Mr. Alexander revealed.

The group returned to the States on the Navy's flying ship, "Mars."

After spending the holidays here with his wife who accompanied him to California where she visited while awaiting his return from Hawaii, Mr.

Punishment May Not Stop Child's
Fighting; Check Methods Of Handling Him

Afton Smith, Assistant Professor State University of Iowa Child Welfare Research Station

We might suppose that punishment for fighting will stop the fighting of a small child. This usually is the parent's reason for applying the punishment.

The young child naturally grabs a handful of hair and holds on if he wants what the other child has. At first he knows no other way to meet the situation. And punishment does not teach him a better way.

In a group of preschool children studied by Dr. Vincent Nowlis the opposite effect was more often found. Those children who were punished for aggression at home continued to be the scrappy ones in the play group.

Unless a child is more timid than the average, he tends to treat others as he is treated. "Treat him rough" at home, he "treats others rough" at play.

Showing him how to take turns, for instance, will teach him a better way to get along. This requires patient explanation; not once but many times, for the little child forgets. Show him how to ask instead of grab for what he wants. Show him many times. Show him how to take the other child's hand and lead him in friendly fashion instead of drag-

Alexander has gone back to his work in Washington.

giving him by the hair. These ways of approaching others

UNDERSTANDING
IOWA CHILDREN

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seem so simple to us. They are not at all simple to the child who is a beginner in the ways of the world.

If a child is an extremely persistent fighter, we had better check on our methods of handling him. A specialist might help us to improve our methods.

But if we have punished and punished and the child still fights, we should be able to see that punishment is useless.

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