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Thursday, January 3, 1974

No. 30

Sounds Of Africa/ Magnified In Iowa

by Habiba

Gary Gray is one of a very small number of persons in the United States who can claim to be an expert craftsman of African musical instruments. Gary specializes; he handcrafts one particular instrument. It's called the Mbira, and the story behind its fascination for Gary is as interesting as it is important.

A few years ago, while Gary was attending the University of Iowa at Iowa City, he received a package from his brother Seymour. The package contained a number of gifts, mostly musical and all from Ghana where Seymour was teaching school. One item in the package became Gary's favorite. It was the Mbira, and he quickly learned to play it.

After he had mastered the Mbira, Gary joined with two friends and Fajilawa was

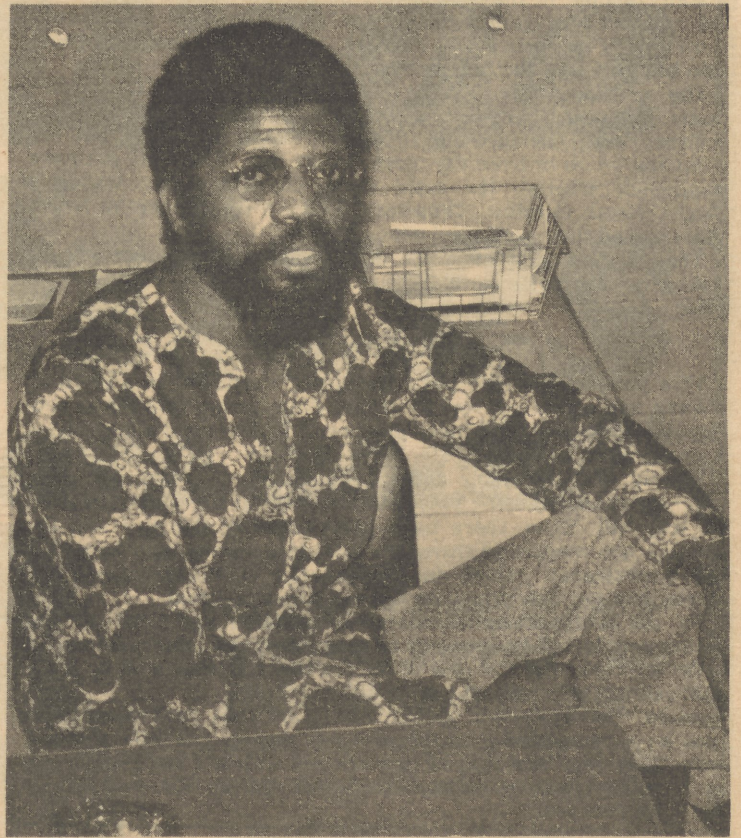
organized. A trio, Fajilawa adopted as its purpose the entertainment and education of audiences in the Iowa City area. It hoped to introduce people to African music, and teach appreciation of a musical style totally ignored in American schools of music.

Gary and Fajilawa succeeded beyond all but their wildest imaginings. The Iowa Arts Council heard of them, and they were given a grant by the Council. Now in their second year of funding by the Arts Council, Fajilawa commands a good-sized sum for their performances. Some people would stop after having reached so successful a point, but Gary has bigger plans for the group. He hopes to expand into a multi-media organization that would include poetry, dance and art as well as music. He's in the process of gathering people interested in involving

themselves in an untraditional kind of art entertainment form. Once organized, plans include a tour of universities and art museums with the same purpose as stated previously exposing audiences to African art and music forms.

Because many groups who would like to sponsor a performance by Fajilawa couldn't afford the fee, there are plans brewing to produce a film of the group in action. For a very small rental fee, almost anyone who had the desire could rent a film of Fajilawa, thus enjoying the beauty of the music without a financial strain.

For people with a keen interest in African instruments, Gary's handcrafted Mbiras are available at two Des Moines stores. The Music Factory and Des Moines Music both offer Mbiras for sale. They are reasonably priced, and carry the distinction of being authentic



Gary Gray

African instruments, produced by a man, not a machine. Professional musicians who require superior instruments may also purchase one of Gary's Mbiras. The professional instrument however, is quite expensive. It takes approximately 8 months to make and is priced accordingly.

Though this may be the first exposure you've had to Gary and his craft, others are anxious to own one of the Mbiras they have heard so much about. An international instrument company became interested in Gary's work and they now include his Mbira in their line of items. It is no small accomplishment to be noted for work so well done that your craft is represented in an international line.

Despite the commercial aspects of Gary's success, his attitude towards his work has not changed since he made the first Mbira as a gift for a close friend. He believes that anything associated with Africa should be as fine as is humanly possible. Whether it be an Mbira or the beautiful sound it can make, it should be as perfect as it can be; anything having to do with Africa must be represented in

this manner. The word is respect-respect for self and respect for that which you recognize and acknowledge as an integral part of your past, present and future.

There's an opportunity fast approaching for those who would like to hear Fajilawa. On Jan. 22nd, Fajilawa will be presented in concert by the University of Iowa's Black Student Association. The performance will be free of charge and open to the public. It will be held at McBride Auditorium on the University campus, (8-P.M.).

It's a rare opportunity to appreciate music that is the origin of music today, and speak with Gary if you're interested in what he's doing. If you can't make the concert, but would like to contact Fajilawa, here's an address - Gary Gray, 110 1/2 1st Avenue, Coralville, Iowa 52240.

The Bystander hopes to present another article dealing with Gary and the Mbira. It will emphasize the instrument itself, as well as the innovations Gary has added to expand its tone and range.

A native of Des Moines, Gary is a perfect example of what "Black is beautiful" is all about.

First Black Owned TV Station

NASHVILLE, Tenn., — Hudson Broadcasting, Inc., has filed an application with the Federal Communications Commission to put the first black-owned and operated television station in the nation on the air.

The application asks the FCC to transfer the broadcast license from WMCV-Television of Nashville to Hudson Broadcasting, Inc.

Earlier this year, the recently formed Nashville broadcasting company acquired the assets of WMCV-Television, Channel 17 here, a UHF station that has been off the air for several years.

"While there are now several black-owned stations in various stages of planning, we fully expect Channel 17 to be the first on the air," said Robert D. Hudson, Jr., President of the firm. "We are ready to have Channel 17 on the air within 90 days or less after the FCC authorization."

Hudson and James E. Lawson of Nashville, Executive Vice President and Manager of WMCV-TV, are now in the process of deciding on equipment additions and staffing in preparation to go on the air.

A Nashville native, Hudson launched his broadcasting career while still in high school at WSOK in Nashville. He joined Rounsaville Radio, Inc., in 1956

and soon assumed production and announcer duties at WOBS in Jacksonville, Fla.

He advanced at Rounsaville, accepting management responsibilities at WYLD in New Orleans, WCIN in Cincinnati and WBJW in Orlando, Fla., before being named Vice President and General Manager of WVOL in 1972, the former WSOK, the station where he started his career 16 years before.

Upon accepting his resignation to launch the first black TV station in the nation, R.B. Johnson, President of Rounsaville said of Hudson, "I have witnessed his growth with our company from the position of staff announcer to corporate vice president. He has a working knowledge of every facet of broadcasting."

Lawson, a graduate of Fisk University, is a former director of the Progress Association for Economic Development in Nashville, an agency affiliated with the Office of Minority Business Enterprise.

In addition, he has owned a business consulting firm, specializing in finance.

"Under Jim Lawson's direction, Channel 17 will be ready to go on the air at the earliest date authorized by the FCC," Hudson said, "and we will serve the total community, but in a unique way we will present black programming and

culture as only black people can do, for the entire community to share and appreciate."

The general offices, studios and transmitter of the TV facility are located at 410 38th Avenue, North in Nashville.

Engineering test locations

Test sites for the national engineering aptitude search in Iowa have been announced by Marvin Gould, State coordinator of the Junior Engineering Technical Society, (JETS), which sponsors the tests.

The tests are to help students determine their aptitudes and qualifications for studying college-level engineering and are intended to show a student's probable future in engineering studies.

Gould, an associate professor at Iowa State University, said that nearly all the test sites could still accommodate a few additional students who have not already applied for the tests. Students should contact local test center directors.

Appointed By Governor Ray



Cora Douglass

Governor Robert Ray has appointed Miss Cora Douglass, 25, as an administrative assistant in the Governor's Office.

Miss Douglass, who will join Ray's executive staff January 7, is presently an equal opportunity employment officer for the Iowa Department of Social Services.

Her experience in government administration also includes service as a vocational counselor for the Missouri State Employment Security Office.

Miss Douglass will succeed William L. Smith who was recently named deputy commissioner for the Social Services Department.

She is a graduate of Illinois College of Jacksonville, Ill., with a sociology degree and has done

graduate work at the University of Missouri, Kansas City.

Miss Douglass currently is vice chairman of the Polk County Women's Political Caucus. She is a member of the American Society of Public Administrators. She is a registered Republican.

She is the second woman on the six-member Ray staff at the executive level. The other is Mrs. Janet Van Note, who is also an administrative assistant.

Salary for Miss Douglass will be \$11,364, Ray's office said.

Quote Of The Week

"Black is beautiful - (on some people.)"

Anonymous

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VIEWS and REVIEWS

by James B. Morris

Many people in the stands and before the television watched the college bowl games during the holiday season. The stands were full of students, their families, well wishers and just those who like to follow football games.

The enthusiasm was great, generated partly by the bands, floats, and other non-player activities.

Every team included Negro players on their rosters whether from the south or from the north. Years ago, this could not have happened. Whether the team came from Georgia, Alabama, Texas, North Carolina, Tennessee, I saw a compliment of Negro players and they were good ones.

This is further proof of the improvement of opportunities for youngsters to participate in good things which colleges have to offer.

The New Year

This issue of the New Iowa Bystander starts out in a spirit of growth and service. It had its dreary days during 1973 but as new management took over there has been improvement which bodes a good year in 1974.

During 1973 the whole country was taken by one crash after another which led some people to believe that the country was on its way out. True, there have been crisis in the past and the country has weathered them. We will do so again and I hope that the experiences gained in the process of the recovery will strengthen our determination to keep America great.

As the world becomes more complicated and sophisticated young people will be required to seek more and better training in order to cope with the new problems that arise as well as those that remain to be solved.

As for the Bystander specifically, I am fully convinced those who have supported it in the past will renew it in 1974 and that with their help and that of new friends which, I am sure it will gain as time goes on, we expect a better year in 1974. And this we hope for everyone.

Welfare Reform-- Cure For The Broken Home

NMS. — Rep. Martha W. Griffiths (D-Mich) has charged that broken homes and more illegitimate children are the result of high welfare payments. Her position comes from part of a study just released by the Subcommittee on Fiscal Policy of the Joint Economic Committee, which she chairs.

High welfare payments independently and directly lead to single-parent families," she claimed. "There is now evidence that welfare does help break up families."

The study shows that under the present system, a two-parent family, where the father has a full time job, cannot receive federal welfare cash. Even if that family is classed "poor."

"The subcommittee has illustrated the desertion incentives with actual cases in which husband-wife families received far less government help than a mother-headed family of the same size and with the same earnings," the Congresswoman declared.

Because better health care has been provided by welfare, the number of illegitimate children has risen also — 30 to 35 percent among the poor in recent years. Improved health

care and better diets afforded by welfare tend to increase fertility and decrease the chance of miscarriage, according to the study.

To offset the trend, Griffiths feels that abortion provides the best answer since it seems that birth control doesn't work because most of the children are firsts for the mother, who is generally young and sexually inexperienced.

"Providing abortion services will cause a much greater reduction in illegitimacy than will encouraging the use of contraceptives," Griffiths believes.

But a cure for the broken homes far elude the Congresswoman from Michigan. She believes that reforms are needed. "We need to reform in the welfare system so that families do not have to break up in order to receive income supplements. Family disruption is too high a price to pay, she said.

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Appointed to Dept. of Defense



James B. Cowan

The White House announced on December 14, 1973, President Nixon's intention to nominate Dr. James R. Cowan, of Maplewood, New Jersey, to be Assistant Secretary of Defense for Health and Environment. He will succeed Dr. Richard S. Wilbur, who resigned effective September 1, 1973, and will be the first Black to be appointed to a position of this importance in the Department of Defense.

Dr. Cowan has served since 1970 as Commissioner of the New Jersey State Department of Health. From 1953 to 1970 he was in the private practice of medicine and surgery in East Orange, New Jersey. From 1950 to 1953 he was a battle surgeon then chief of surgery while serving in the U.S. Army.

He was born on October 21, 1916, in Washington, D.C. Dr. Cowan received his B.S. from Howard University in 1937, his

M.A. from Fisk University in 1940, and his M.D. from Meharry Medical College in 1944. He interned at Harlem Hospital during 1944-45, was a resident in surgery at Freedmen's Hospital in Washington, D.C., from 1945 to 1948 and was a fellow in surgery at Howard University from 1948 to 1950.

Dr. Cowan has served as a member of the Cost of Living Council's Committee on the Health Services Industry, and the National Health Resources Advisory Committee, and as Chairman of the Social Security Administration's Health Insurance Benefits Advisory Council. He has been a Trustee of the New Jersey College of Medicine and Dentistry and Chairman of the New Jersey Interdepartmental Committee on Narcotic and Drug Abuse Control.

Black United Methodists Meet

Atlanta, Ga. (UMC) — More than 400 black United Methodists met here December 10-13 at what resembled a family reunion and mapped out goals and objectives for attacking the decline of black membership and the drop in recruitment of black pastors in the denomination.

Called together by three United Methodist program boards, the Commission on Religion and Race, Gammon Theological Seminary, and Black Methodists for Church Renewal, the National Convocation on the Black Church was planned, in the words of Board of Discipleship General Secretary Dr. Melvin G. Talbert, to "assess our situation and circumstance and harness our resources for facing the future."

While many issues were outlined in addresses and discussed in workshop sessions, two major concerns — membership decline and ministerial recruitment — received primary attention. Some church leaders believe that black membership has dropped at a rapidly increasing rate following the elimination of black conferences during the 1960's but Dr. Grant S. Shockley, professor of Christian Education at Candler School of Theology in Atlanta said he is not sure.

Speaking specifically to the issue of membership and recruitment, he said that because of inadequate statistical

reporting he was not ready at this time to conclude that black membership has declined at any quicker rate than before the elimination of the Central Jurisdiction.

The last year when complete statistics were available for the all-black Jurisdiction was in 1964. Since that time racial identifications have not been included in statistical reports.

Overcrowding And Crime

A decade ago, reports Don McEvoy in *The Hot Line*, Dr. John Calhoun, on the basis of experiments with rats, "proved" that overcrowding leads to anti-social and violent behavior. He placed a large colony of rats in a confined space and allowed them to multiply. Soon dominant males established harems and staked out controlled territories. Others became recluses and kept totally to themselves. There was violence and murder. The rats began to exhibit all the behavioral symptoms of insanity. The offsprings were

abnormal and infant mortality neared the 100 per cent mark.

Following these experiments, almost everybody "knows" that high population density in cities produces high crime rates and other pathologies. Government experts argued that the only real cure to the basic ills of the cities was to lower the density.

But now along comes Dr. Jonathan Freedman of Columbia University and suggests that it simply is not true. The weakness in the research, says Freedman, is that rats are not people. His own research with people in crowded rooms is that high density is an "amplifier" of human behavior. If what people are doing is pleasurable, the sense of pleasure is intensified in a crowded situation. But if the activity is unpleasant, that too is magnified.

Holland, notes Dr. Freedman, has the densest population in the world, but has very low crime rates and a low incidence of mental illness. And while rates of crime and mental illness in Manhattan — which has the densest population in America — have tripled in recent decades, the population density is actually considerably less than it was in 1900.

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Black Press of America

Credo of the Black Press

The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every man regardless of race, color or creed, his human and legal rights.

Hating no man, fearing no man, the Black Press strives to help every man in the firm belief that all are hurt as long as anyone is held back.

OBITUARIES

MRS. BLOSSOM DELORES PERRY

Services for Mrs. Blossom Delores Perry, 41, of 1613 Buchanan St., who died Sunday at Mercy Hospital of a heart ailment, will be at 1:30 p.m. Friday at the Maple Street Baptist Church, with burial at Laurel Hill.

A wake will be held at 7 p.m. Thursday at Estes and Son Funeral Home.

Mrs. Perry was a lifetime resident of Des Moines.

Survivors, all from Des Moines, include her husband William; two daughters, Sheryle Lynn and Yana Jo; a son, Daryl S.; her mother, Ora S. Taylor; three sisters, Mrs. Geraldine M. Butts, Mrs. Trella E. Perry and Dorothy M. Murray; a brother, Robert H. Jackson and three grandchildren.

THEODORE ELLIOTT

Services for Theodore Elliott, 88, of 1513 Washington Ave., who died Monday at Iowa Methodist Hospital of uremia, will be at 1 p.m. Thursday at the Estes and Son Funeral Home with burial at Glendale Cemetery.



THEODORE ELLIOTT

Mr. Elliott, a retired coal miner, lived in Lexington, Mo., 64 years before moving to Des Moines three years ago.

He was a deacon in the Jacobs Temple Church of God in Christ.

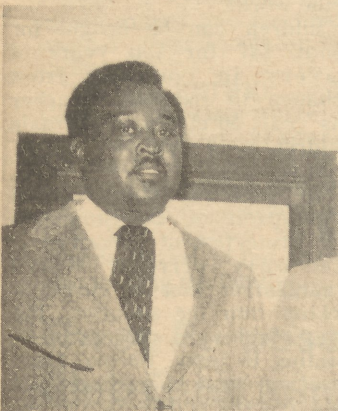
Survivors include a daughter, Mrs. Hazel M. Lewis, of Des Moines, two grandchildren and two great-grandchildren.

ANTOINE DIONNE WEBB-BEY

Services for Antoine Dionne Webb-Bey, infant son of Mr. and Mrs. Harry Webb-Bey, 1308 Eighteenth St., who died shortly after birth Sunday at Des Moines General Hospital, were at 10 a.m. Wednesday at Estes and Son Funeral Home with burial at Glendale Cemetery.

In addition to his parents, the child is survived by the maternal grandparents, Mr. and Mrs. Erthol Duncan of Des Moines; the paternal grandmother, Mrs. Eneurma Webb-Bey of Des Moines, and the maternal great-grandfather, Anson Robinson of Fulton, Mo.

The Man Who Dug Again



Isaac Jones, of Orlabor, Iowa

By Rev. Henry Simmons
The following article was written by Rev. Henry Simmons, pastor of Mt. Zion Baptist Church in Orlabor, Iowa. Orlabor, if you recall, is that small Black community scheduled to have their first water and sewage system installed this spring. Rev.

Simmons' article was written in tribute to Isaac Jones, Jr., the Orlabor Trustee who is responsible for the coming water and sewage system having withstood all the forces that opposed it. Isaac Jones, Jr. is a hero, a good old fashioned fantastic hero who deserves all the tributes he receives. The article by Rev. Simmons is his way of expressing his gratitude.

When you suffer
insult or injury,
remember

THE MAN WHO DUG AGAIN

By Rev. Henry Simmons

No doubt you have heard the story of the man who dug again. The man's name was Isaac, and the story is found in the twenty-sixth chapter of Genesis. It is an old story but it has a challenging lesson for every member of God's remnant church.

Abraham had died. A famine forced Isaac to seek food for his family and pasture for his flocks in the land of the Philistines.

But trouble was brewing just over the horizon; the Philistines envied him.

Water is as important today as it was in Isaac's time.

How did Isaac, a man of God, meet this situation?

He could easily have justified such punitive measures on the basis of what they had done to him.

He might easily have resorted to violence and force. The Philistines themselves admitted that he was mightier than they (Gen. 26:16).

Isaac's Peace-producing Reaction

But what did Isaac do? The inspired story says simply that he "departed God's Word records that he dug new wells (verse 21). Digging wells in that desert was no easy job. It would have made most men fight—especially if they were as sure of victory as Isaac was. But Isaac was a man with a kingly spirit. He did not lose his temper, fly into tantrums, or reply in kind. He was a man of patience and kindness. He was a man who under the stress of accusation and rebuff could "dig again" rather than resort to retaliation. Isaac left behind him peace instead of trouble, friends instead of enemies.

The Isaac way of "digging again" or "turning the other cheek" is also the Jesus way. Of the Saviour it is said, "He shall not strive" (Matt. 12:19).

"He will not wrangle." Jesus was a man of peace. Jesus was too big a man to let little men lure Him into fits of impatience, petty wrangling, or flights of contention.

His connection with His Father led Him into an experience that was above mean bickering and bitter retaliation. The Jesus road is a higher, holier way—it leads above the miasma of recrimination and personal strife.

It is not an easy thing to do, but it is the Christlike thing to do: "Whosoever shall smite thee on thy right cheek, turn to him the other also" (Matt. 5:39). Jesus said that when men accuse, annoy, ridicule, condemn us we should "pray for them" (verse 44).

Retaliation, or...?

Into the experience of every Christian worker and member there come frequent times of exasperation and stress, when he must decide whether he is going to have the human satisfaction of retaliation or whether a higher, nobler recompense will be his—whether he will "dig again." Occasions arise when, humanly speaking, we may use our prestige or our authority to put people in their place, reply in kind, mete out well-deserved

rebukes in sharp, stinging words that will hurt—as we intend them to hurt.

The messenger of the Lord: "Far better would it be for us to suffer under false accusation.

MEDICAID PROGRAM \$600 MILLION IN THE HOLE

(C), NMS.)—Because states have refused to react as Congress expected them, the medicaid program is \$600 million in the hole.



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 Evening Worship 7:00 P.M.
 Prayer Service Wednesday 7:30 P.M.

PHILADELPHIA SEVENTH DAY ADVENTIST
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GABE H. TAYLOR JR. Pastor
 Sabbath School 9:30 A.M.
 Morning Service 11:00 A.M.
 Missionary Volunteer 30 P.M.
 Prayer Meeting Wed. 8:00 P.M.
 Dorc is Society 1st Sunday 1:00 P.M.

JACOB TEMPLE CHURCH OF GOD IN CHRIST
 1104 9th St.
Elder A. C. Carroll, Pastor
 Sunday School 9:30 A.M.
 Sunday Worship 11:30 A.M. and 8:00 P.M.
 Evening Services Tuesday and Friday at 8:00 P.M.

NO. 2 COMMUNITY CHURCH OF GOD IN CHRIST
 (Formerly Lewis Temple)
SUPERINTENDENT: West Brook Pastor
 He will be preaching the 2nd and 4th Sunday each month
 Sunday School 10:00 A.M.
 Morning Worship 11:30 A.M.
 Evening Worship 7:30 P.M.

SHILOH BAPTIST CHURCH
 1213 Scott Street BL 5-6333
REV. WILLIAM HEATH, Pastor
ORDER OF SERVICES
 Sunday School 9:45 A.M.
 Morning Service 11 A.M.
 B.T.U. 5:00 P.M.
 Evening Services 7:30 P.M.
 Wednesday Night Prayer Service 7:00 P.M.

Pilgrim Missionary Baptist Church
 1732 Walker Street
REV. WAYLAND HEATH, Pastor
 Sunday School 9:45 A.M.
 Morning Service 11:00 A.M.
 Youth Meetings Weekly 7:30 P.M.
 Prayer Meeting Wednesday 7:30 P.M.

FIRST CALVARY APOSTOLIC CHURCH OF GOD
 2561 Onawa
 Sunday School 10:30 a.m.
 Morning Worship 12:00 a.m.
 Sunday Evening Worship 7:30 p.m.
 Tuesday Bible Study 7:30 p.m.
 Thursday Worship 7:30 p.m.
Minister G. Reid

Evangelistic Missionary Church
 1340 E 18th Street
ELDER EURICA FOUNTAIN, Pastor
 Sunday School 10 A.M.
 Sun Worship 11:30 A.M. and 8 P.M.
 Y.P.W.W. 7 P.M.
 Sunday Evening Worship 8 P.M.
 Tuesday Prayer and Bible Study 8 P.M.
 Thursday Consecration and Healing 8 P.M.

Corinthian Baptist Church
 9th and School Streets
Rev. F.W. Strickland
 Sunday School 9:45 A.M.
 Morning Worship 11:00 A.M.
 B.T.U. 6:00 P.M.
 Evening Service 7:00 P.M.
 Prayer Service Wednesday 8:00 P.M.

TRUE BIBLE BAPTIST CHURCH
 1440 DeWolf Street (266-8212)
Rev. Ezeli Wiggins, Pastor
 Sunday School 9:45 A.M.
 Morning Worship 11:00 A.M.
 Bible Class 6:00 P.M.
 Evening Worship 7:00 P.M.
 Prayer Meeting, Wed. 7:00 P.M.

St. Paul A.M.E. Church
 1201 Day St.
Rev. Robert Clay
 Church School 9:50 A.M.
 Church Service 10:45 A.M.
 Vespers Service 6:50 P.M. to 7:50 P.M.
 Prayer Service Wed. 7:50 P.M.
 Youth Fellowships 5:50 P.M.

Mt. Olive Baptist Church
 S.E. 4th and Scott Streets
REV. H. R. FIELDS, Pastor
 Sunday School 9:45 A.M.
 Morning Service 11:00 A.M.
 Evening Service 7:45 P.M.
 Wednesday Prayer Service 7:30 P.M.
 Choir Rehearsal Fridays 7:30 P.M.

BURNS UNITED METHODIST CHURCH
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Rev. R. C. Pfaltzgraff
 Rev. Henry Bevel
 Sunday School 9:30 A.M.
 Morning Worship 11:00 A.M.

BETHEL A.M.E. CHURCH NEWS

The Service for the installation of officers will be held on Sunday, January 6th 1974. The Reverend Robert G. Clay, pastor of St. Paul African Methodist Episcopal Church, will be the guest speaker. The St. Paul Senior Choir and the New Life Ensemble chorus will furnish the music. Services will begin at 3:30 p.m. It is requested that all officers of every organization in Bethel be present to receive their certificates and take their vows of consecration.

The Reverend C. Clifton Sanford, Presiding Elder of the Des Moines, Quincy District of the Illinois Annual Conference, will hold Bethel's second Quarterly Conference this week end, with the business session being held on Saturday night at 7:30 and Divine worship on Sunday at the regular 11:00 hour.

Sunday services include, Sunday School at 9:30 a.m., divine worship service at 11:00 a.m. with the Presiding Elder C. Clifton Sanford bringing the message. Holy Communion with Elder Sanford, pastor and associate Celebrants.

KYLES A.M.E. ZION CHURCH NEWS

Rev. Samuel Wade will deliver the 11:00 am sermon Sunday morning. The Children's Choir will sing. Holy Communion will be served on the 3rd Sunday of this month.

SHILOH BAPTIST CHURCH NEWS

Rev. Wm. S. Heath will deliver the message and serve communion at the Morning Worship. The music will be furnished by the Senior Choir. Pianist, Mrs. Alice Boyd. Visitors Sunday were Mrs.

MT. ZION BAPTIST CHURCH
 Orlabor, Iowa
Rev. H. J. Simmons, Jr. Pastor
 Sunday School 9:45 am
 Morning Worship 11:00 am
 Prayer Service 7:30 pm
 Evening Service 7:30 pm

Maple Street Baptist Church
 E. 16th and Maple Street
REV. GEO. PARISH,
 Minister 266-8910
 Sunday School 9:45 A.M.
 Sunday morning worship 11:00 A.M.
 Morning Worship 11:00 A.M.
 Bible Class 6:30 A.M.
 Evening Service 7:30 P.M.
 Prayer Service Wed. 8:00 P.M.

MISSION TEMPLE C.O.G.I.C.
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Elder James McNear, Pastor
 Assistant Pastor Minister E. Bell
 Sunday School 9:30 a.m.
 Sunday Morning Service 11:00 a.m.
 Y.P.W.W. 6:30 a.m.
 Evening Services 8:00 p.m.
 Tuesday and Thursday nights 7:30 p.m.

MACEDONIA MISSIONARY BAPTIST CHURCH
 930 31st St.
REV. AVANCE HARDEN
 Home 277-5445
 Church 255-4286
 Sunday School 9:30 A.M.
 Morning Worship 10:45 A.M.
 B.T.U. 6:00 P.M.
Elsie Chancellor, Director
 Evening Worship 7:00 P.M.
 Prayer Serves Wed. 7:00 P.M.

Bethel A.M.E. Church
 1528 East University Ave
REV. IVAN JOHNSON
 Pastor
 Sunday School 9:30 A.M.
 Morning Worship 11:00 A.M.
 Evening Worship 7:30 P.M.
 Wed. Mid-Week Service 7:30 P.M.

MT. HEBRON BAPTIST CHURCH
 131 - 9th St.
 West Des Moines, Iowa
REV. JAMES HARRIS, Pastor
 Sunday School 9:00 A.M.
 Morning Service 11:00 A.M.
 Prayer Meeting Wed. 7:30 P.M.

Georgeann Johnson and family from Detroit, Michigan and Rev. and Mrs. Ben Jamison of Columbia, South Carolina.

ST. PAUL A.M.E. CHURCH NEWS

On Communion Sunday, Jan. 6th, Rev. Robert G. Clay's sermon topic will be "Valleys". An installation service, conducted by Rev. Clay will be held at Bethel A.M.E. Church this Sunday at 3:30 pm. St. Paul "Usherettes" will serve as hostesses. The St. Paul Choir and New Life Ensemble will sing.

There will be a Planning session at the church on Saturday, Jan. 12th at noon, to work out details for an all church Seminar, to familiarize ourselves even more with the workings of the Church from the Connectional level to the local level.

Bible Class and Prayer meetings begin this Wednesday and every Wednesday at 6:30 pm. Come and be spiritually uplifted. On Jan. 13th at 9:15 am the St. Paul Sunday School will present Mr. Everett May's in a program on "Black Pride". This program is sponsored in secondary schools by the Bell Telephone Co. The company feels that by reaching these students with positive racial programs, it will manifest racial harmony in their adult lives.

The Presidents Council meets with Miss Alberta Bates, 1321 Ascension, at 4:00 pm on Saturday, Jan. 5th. Mrs. Geraldine Ayers is president.

Great things are happening soon with the laymen!

MESSIAH TEMPLE CHURCH NEWS

This Sunday's speaker was the Rev. Brenda Campbell. Her message was about Christians being in the wrong places.

On Dec. 31st we had Watch night to pray the old year out and the new year in. Sunday School is at 10:30 am with services starting at 11:30 am. Prayer meeting is on Wed. at 7:30 pm. Rev. Jacob Reed, pastor.

UNION BAPTIST CHURCH NEWS

Union Baptist Church - Rev. H. I. Thomas - Pastor - Clara Wade - Reporter. Sunday 6th. at 3:30 p.m. the senior choir will observe their anniversary. Deloris Clayvon is president. Evelyn Thomas is chairman.

Department of Justice

The Department of Justice filed a decree today requiring the Chicago Fire Department to hire more black and Spanish-surnamed persons as firemen.

Assistant Attorney General J. Stanley Pottinger, head of the Civil Rights Division, said the decree was entered in U.S. District Court in Chicago, Illinois.

The decree partially resolves an employment discrimination suit filed by the Justice Department on March 15, 1973, which charged that the fire department used discriminatory hiring and promotion tests that excluded members of the minority groups.

The decree allows the fire department to hire some 170 whites and 10 blacks remaining on its 1968 eligible list, but requires that an additional 160 black and Spanish-surnamed persons be hired as firemen by next June 30.

The decree further requires the fire department to adopt a goal of hiring half of its firemen from among the two minority groups for each of the next five years.

Under the decree, the fire department agreed to discontinue use of the alleged discriminatory tests and to



No Soul Food Here

She was just as attractive as the picture on the jacket of her "Edna Lewis Cookbook" (The Bobbs-Merrill Company, Inc. \$8.50). I held up the book to capture her attention — a flash of recognition, a faint gesture of embarrassment and then a broad smile to welcome me.

It was an African-Culture Exhibit at the Museum of National History in New York and Edna Lewis was drawing a crowd at her African food booth. In spite of the crowd, we had a chance to talk. Mrs. Lewis' interest in food was heightened while she was chef for Cafe Nicholson, a tiny exclusive restaurant in New York City, and later when she owned her own restaurant. Her cookbook, written in collaboration with Evageline Peterson, is not a collection of African or soul food recipes but rather a personal log of some of the great dishes of the world, including two or three from Virginia where Mrs. Lewis was born. The recipe for Caramel Almond Cookies makes a crisp lacy cookie. Although Mrs. Lewis called for butter, I have used margarine. The recipe also works with chopped pecans in place of the almonds.

CARAMEL ALMOND COOKIES

$\frac{3}{4}$ cup firmly packed brown sugar
 3 tablespoons dark Karo syrup
 3 tablespoons margarine
 $\frac{1}{2}$ teaspoon cinnamon
 $\frac{1}{2}$ cup flour
 $\frac{2}{3}$ cup coarsely chopped blanched almonds

Preheat oven to 400°F. Place all ingredients in a bowl and mix by hand until the mixture is pasty enough to hold together. Pinch off enough dough to form small balls a size that would fit into a $\frac{1}{4}$ teaspoon measure. Place them at least 3 inches apart on cookie sheets that have been generously rubbed with margarine. Bake 5 to 7 minutes until the center appears like the edge; that is, the entire surface is bubbly. Remove from oven and slam the cookie sheet onto a table or counter top smartly with a firm bang. This is necessary to stop the bubbling. Let the cookies harden a minute or two, and then remove them quickly with a thin spatula and place on a wire rack. If some of the cookies stick to the sheet and cannot be removed return the cookie sheet to the oven for a minute or two. Makes 6 dozen.

Muriel Jansen is a home economist with Best Foods, a Division of CPC International Inc.

Slavery Still Exists

Washington, D.C. (C) NMS. 1973) — Congressman Robert L. F. Sikes (D-Fla.) has asked his colleagues in the House to insist that the United Nations designate a full-time advisor of "world stature" to investigate the defacto slavery in certain parts of the world.

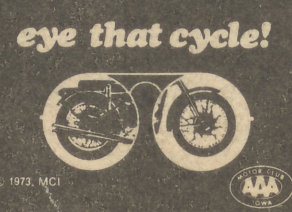
Noting that slavery is outlawed in every nation and that the UN is "on record" against it, he cited several instances.

"Slavery is an ugly memory of a period of many years ago when human beings were chattels to be bought and sold and whose lives were subject to the will of their owners," Sikes said. "Tens of millions of people are held in some form of servitude in at least 40 countries of the world."

Children can be bought for about \$37 for ten years of slavery in countries from Lebanon to Indonesia. Earlier this year, 50 of Ghana's female children were sold to a buyer from Lebanon.

The UN Subcommittee on Prevention of Discrimination and Protection of Minorities is the only official world organization that is currently looking into the situation. But Sikes doubts its effectiveness, pointing to India, Burma, Latin America, West Africa, Southeast Asia and the Middle East as the major offenders.

He is also doubtful that the UN will take his suggestion about hiring someone to deal with the custom.



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LINE S

by
marri
johnson



MARRI JOHNSON IS NOW HANDLING ALL SOCIAL NEWS FOR THE CITY OF DES MOINES. Call her at 262-4695 on Monday and Tuesday mornings, or send your news to her at 2407 Garfield, 50317 by Tuesday. She will be the social news correspondent for the New Iowa Bystander and will be glad to have your news.

CHIEF WARRANT OFFICER and Mrs. George LeBlanc have been reassigned to Hawaii and will be leaving the City shortly. The couple and their lovely daughters, Wana 18 and Daniela 8 will be missed as they have been charming additions to this community. Mr. LeBlanc will be replaced by Lieut. (j.g.) Wendell Hisle.

CWO LeBlanc in farewell said he had met a lot of nice people here and felt Des Moines to be a nice place to live, but since he is going to Hawaii the weather will be a lot nicer. He said his family is very happy to be moving to Hawaii though they have been doing quite a lot of traveling. He said that he will be assigned aboard one of the Navy's fleet tugs as the Chief Engineer. He feels that he has been able to help a lot of kids from Des Moines to make it in the Navy.

CWO LeBlanc corrected an erroneous impression I had of the Navy. I had been informed that the Navy had discontinued its department of Human Relations. This is untrue. It is that the Department of Human Relations for Civilian Employees in a given City had been discontinued.

Mr. LeBlanc stated that since he has 18 years in the Navy, he intended to do at least two and possibly more years in the Navy. The reason he would go over 20 years is because retirement is based on 50% of base pay at 20 years, plus another 2½% per year over 20 years.

It is certainly happy New Year's good news that the A.A. Alexander home has been purchased by Judge and Mrs. Luther T. Glanton, a great estate moves into the hands of another great couple or family rather.

CAROL BETHEL, now of Omaha, Nebraska, where she is teaching 2nd graders in Saratoga Elementary School, visited her parents and family here. She is the daughter of Mr. and Mrs. James N. Bethel. Brenda Bethel, of Los Angeles is also visiting the family.

Three Purpose Club Entertains

On Dec. 18th, in the very Christmas atmosphere in the beautiful home of Mrs. Vera Morrow, the Three Purpose Club entertained themselves with a Christmas party. All members enjoyed themselves playing cards and exchanging gifts. Delicious refreshments were served. The next club meeting will be at the home of Mrs. Edith Webb.

Holiday Gatherings

The T.L. Howards Have Guests
Mr. and Mrs. T.L. Howard were visited over the holidays by their son and daughter-in-law, Mr. and Mrs. Jack Howard, of Minneapolis, Minn.

Mr. and Mrs. John W.R. Webb Entertain Houseguests
Mr. and Mrs. John W.R. Webb entertained Mr. and Mrs. Paul (P.J.) McCamahan, of Wentzville, Missouri, and their brother, Elbert Webb, of New York City, over the holidays.

Mr. and Mrs. Monroe Johnson Entertain
Mr. and Mrs. Monroe Johnson entertained their son and daughter-in-law Mr. and Mrs. Ralston E. Patten, of Washington, D.C. and their brother, Hobert T. Mitchell, of Minneapolis, Minn. on Christmas at their home in Waterloo and on New Years Day at their home in Des Moines, Iowa.

Mr. and Mrs. Emery Wade Have New Year's Party
Mr. and Mrs. Emery Wade celebrated New Year's with a large party at their home. Among the guests were Mr. and Mrs. Stanley Proctor, Atty. and Mrs. Henry McKnight, Mr. and Mrs. Wm. Wells, Mr. and Mrs. Eddie Rhone, Mr. and Mrs. Speck Redd, Mr. and Mrs. Charles Holmes, Mr. and Mrs. Lucien Bailey, Mr. and Mrs. Monte Thomas, Mr. and Mrs. Carroll Jackson, Mrs. Aurelia Rhodes, Mr. Baker Dixon, Mrs. Musette Perkins, Mrs. Bessie Campbell, Mrs. Thelma Wallace, Mr. Leroy McKee, Mrs. Lula Harris, Mrs. Clara Johnson, Mrs. Irene Miles, Mr. and Mrs. Turner Bell and Mr. and Mrs. Robert Parkey.

Mrs. Minnie McGuire Visited by Sister
Mrs. Minnie McGuire was visited by her sister, Mrs. Harriet White, of Chicago, Illinois, over Christmas and New Year's.

Mr. and Mrs. J. W. Morrow Hold New Years Party
Mr. and Mrs. J. W. Morrow held an SKD New Year's Party. The upstairs of their home was the scene of a Gay Paree affair and the basement recreation area was "Soul Village" where soul food was served.

At about 11:30 a floor show was held. Featured was Mone Parker, an 11 year old drummer. They next featured "Miss Soul of 1974" a 12 year old dancer, whose act was followed by an exotic dance by her mother.

The hostess, wearing a beautiful African caftan and white turban and exotic jewelry appeared as Madam MacKemba of Kenya, a fortune teller. She gave individual readings to the guests. Harry Flipping was master of ceremonies.

Among the guests were Mr. and Mrs. Lawrence Oliver, Mr. and Mrs. Brad Morris, Mr. and Mrs. Bonnie Herndon, Mr. and Mrs. John Spencer, Mr. and Mrs. James N. Bethel, Mr. and Mrs. Theodore Martin, Mr. and Mrs. Fred McCracken, Mr. and Mrs. Harry Flipping, Mr. and Mrs. Virgil Winters, Mr. and Mrs. Harry Johnson, Mr. and Mrs. Eric Parker, Mr. and Mrs. Fant, Mr. and Mrs. James Morrow, Jr., Mr. and Mrs. Shay, Mr. and Mrs. Carroll Jackson, Mr. and Mrs. L.T. Watson, Mrs. Orville Grant, Mrs. Alyce May, Miss Barbara Ann Black, Mrs. Laura Williams, and Mrs. Harbon Merritt.

social

Cub Christmas Party

Thursday, Dec. 20th was an afternoon of celebration for the Cub Scouts of Pack 297 in Des Moines. A party was held at the home of Mrs. Judy Miller, one of the Pack's two Den leaders. The fun began at 3:30 pm and ended with a tired but happy group at 5:30 pm, after Santa (John Karl) appeared with the inevitable question, "What do you want for Christmas?", and distributed a toy to each of the boys. The toys were donated by Sears and Robuck, through the efforts of Brother William Hill, Assistant Manager of the Toy department.

Refreshments were served in keeping with the holiday season. Tootsie Rolls, candy canes, Christmas cookies, potato chips and punch filled the Cubs up. They exchanged gifts among themselves with each Cub giving a gift to fellow Cub whose name he had drawn.

Mrs. Sharon Tate is Pack 297's other Den leader.



ATTENDED JOLLY 16 HOLIDAY PARTY

Left to right: Celia Frith, Genovia Hughes, Cheryl Wells, Wilhelmina Watson, Barbara Long, Jenice Page, Shirley Page, Eliz Perkins, Iris Herndon. Men - John Long and Russell Elliot.

Jolly 16 Holiday Party

The Jolly 16 Club of West Des Moines held their annual New Year's Eve Ball at the Holiday Inn North. This was their 10th anniversary as a club. During the intermission, the history of the club was read by Barbara Robinson. John Long and Russell Elliot escorted the ladies as they were presented.

celebration, January 1-4, include photographic exhibits, radio TV tributes, and participation by Pittsburgh and diocese school children.

Hints for HOMEMAKERS

Tested Tips To Help You

Don't throw away wearable old clothes just because they're dull, drab and no longer fresh looking. Freshen up the colors or give an entirely new look to old clothes by dyeing them in your washing machine. Tightly wind rubber bands randomly around some of the items before dyeing for a unique tie-dye patterned look.



Dorothy I. Height

Miss Dorothy I. Height, President of the National Council of Negro Women, Inc., an organization with an outreach to four million women, will be the main speaker at the annual George Washington Carver Awards Luncheon to be held on Friday, January 4, 1974, at Hotel Webster Hall at 12:00 Noon.

In her capacity as President of the NCNW, Miss Height has led the way in combating chronic malnutrition, bad housing, inferior education and other problems of poor people. Under her leadership, NCNW has initiated self-help food production programs, established daycare centers in both rural and urban communities, and assisted in providing 40,000 units of housing that are home ownership for low income families, known as Turn Key III.

Miss Height was born in Richmond, Virginia and received her master's degree from New York University, followed by advanced study there and at the New York School of Social Work. She holds a degree of Honorary Doctor of Humane Letters from Tuskegee Institute of Alabama and from Coppin State College of Baltimore, Maryland; and Harvard University awarded her the Honorary Doctorate of Laws.

Miss Height is director of the Center for Racial Justice of the Young Women's Christian

Association of the U.S.A. where she has been active in developing leadership training and interracial education programs since 1944.

From 1937 to the present time, Miss Height has served both the government and the black community in many areas including social services, religious and educational. She has traveled widely in Europe, Asia, Africa and Latin America to fulfill these capacities.

The 30th Annual George Washington Carver Awards Luncheon on January 4th is held for the benefit of Camp Achievement, near Connellsville, Pa., this year also celebrating its "30 Years of Service With Youth". Receiving the National George Washington Carver Award will be Willie Stargell. A tribute to the late Dr. Alma Illery of Pittsburgh, whose tireless efforts made it possible to bring his honor nationally to the famed Negro scientist, will also be included in the Luncheon program. Activities during the Carver Week

If You Submit News To The Bystander.

All news submitted to the Bystander related to churches, clubs, gatherings, etc., must be submitted according to the following rules:

1. News **MUST** be typed or printed on a standard 8½ by 11 inch sheet of paper. Only one page of news will be accepted. All news must be double spaced.
2. News must reach the Bystander office no later than Wednesday mornings at 10:00 am. Anything received later will not be accepted for publication.
3. Your name and address must accompany the news. Should we need to contact you for clarification, your phone number should also be included.
4. If you submit news on a regular basis, contact this office for a package of correspondence sheets and addressed envelopes.

Failure to meet these requirements will result in the rejection of your news. The proper method will guarantee the publication of your news.

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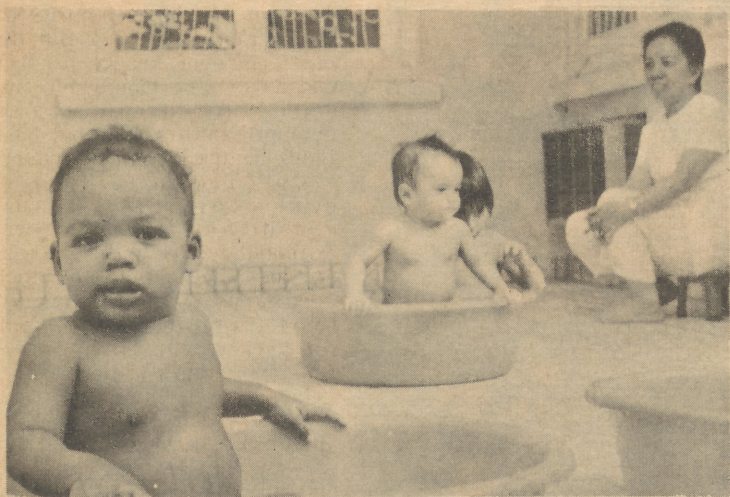


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CLEANERS

What Has Happened To: The Forgotten Children Of Vietnam?



Abandoned children brought into Holt Children's Services, Saigon, South Vietnam, are given medical service and care.

By Dr. J. Harry Haines

A news story published some months ago reported that there were 200,000 children of mixed blood left behind in Vietnam by American G.I.'s. The report was totally erroneous. From an actual head count in every orphanage in South Vietnam, there are probably between eight to eleven hundred such children. The United Methodist Committee on Relief (UMCOR) is cooperating in a program to help place these children either in the United States or Europe or Canada, and is open to inquiries on adoption procedures from interested persons. We have entered into a close working relationship with Holt Agency and International Social Service, which is giving as its number one priority the adoption abroad of these mixed-blood children, who are totally unacceptable to the Vietnamese and therefore have no future.

Granting the agency \$7,500 to enable it to set up an adoption office, UMCOR is also currently searching for two short-term volunteers — a pediatrician and a nurse to help staff the agency's Health Services Department.

Many of these children are brought into the Holt Reception Center in desperate condition and must be cared for — built up to full physical strength before they can be put up for adoption.

Overseas adoption is only one way UMCOR, working through Vietnam Christian Service and the Holt Agency is helping the nearly 200,000 abandoned children in South Vietnam.

Some of these children are war orphans — some amputees, some maimed and disfigured — but many are not. A vast number have been injured in home accidents: a kerosene



Children of mixed blood waiting for adoption at Holt Children's Services in Saigon, South Vietnam.

lamp overturns, a makeshift shelter collapses. And many children are victims of diseases which may or may not be related to war: polio, tuberculosis of the bone, mental retardation.

Holt Children's Services is presently studying and evaluating the most effective way to help the mentally and physically handicapped. We welcome their expertise. We have worked with Holt before — in Korea.

A private, non-profit, non-political organization, founded in the aftermath of the Korean War in 1956, the agency is dedicated and committed to meeting the needs of abandoned children. Indeed, it goes behind the problem with a counseling service to reach unwed mothers before they abandon their children, urging them to consider alternate solutions, or preparing a mother to relinquish

her child for adoption into a new home.

The ideal solution for Vietnamese children is to keep them in Vietnam and to place them with local families. The economic turmoil in the country makes this difficult — though not impossible.

Domestic adoptions are first on the list, with temporary foster homes an alternative along with "Group Homes" in which children from 3 to 9 years of age are placed in a family related group setting, where they also get schooling before they are put up for permanent adoption; intercountry adoption is another answer; orphans are the last and least desirable answer.

Our experience in Korea has taught us that institutionalizing from birth to age 16 is a mixed experience, even though there have been some amazing success stories. I recall one

baby picked up under a bridge in Seoul, Korea, who was brought to Angel Haven in Seoul, and that child last year received his PhD from Stanford University in California and has now returned to work for the Korean Government.

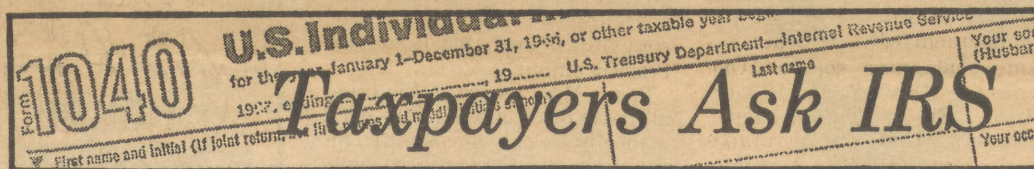
But the situation in Vietnam is more complex than we found in Korea. The war has never really ended, so there continue to be more casualties, more children abandoned, more economic turmoil which makes it less possible for the Vietnamese to care for their orphans.

Our concern is that ways be found to help process the lost children and relocate them in Vietnamese homes wherever possible, or to find homes abroad for children of mixed blood who face extreme prejudice and discrimination.

A further grant will be made to the Holt agency in 1974, and UMCOR will support a similar program early in the new year in Laos.

How Long is "Forever"

Ten years ago, Governor George Wallace blocked the door at the University of Alabama in Tuscaloosa to turn back two Black students trying to enter. "Segregation today, segregation tomorrow, segregation forever" was his vow. Today more than five per cent of the University's student body is Black, and the university relies on Black players to help achieve sports glory. A final touch — Governor Wallace last month congratulated Ms. Terry Points, the first Black woman to be elected Homecoming Queen of the university.



This column of questions and answers on federal tax matters is provided by the local office of the U.S. Internal Revenue Service and is published as a public service to taxpayers. The column answers questions most frequently asked by taxpayers.

Q. I had an auto accident, but I don't want to report it to my insurance company because my policy might be cancelled. Can I deduct the damage to my car as a casualty loss?

A. No. Although a portion of your unreimbursed damage from an auto accident is generally deductible as a casualty loss, a deduction will be denied to the extent that you fail to claim available reimbursement.

Q. I read that taxes "checked off" on last year's tax return to particular political parties

will be transferred to a general fund to be divided among all parties. Is this true?

A. Yes. Recent legislation approved by Congress transfers taxes designated to particular parties on 1972 returns to a general Presidential Election Campaign Fund. The new legislation also provides that on 1973 returns taxpayers will have the option of designating tax only to a general fund which subsequently will be divided among all parties.

Q. Isn't there some sort of tax

credit for which retirees may qualify?

A. Yes. A retiree may qualify for the retirement income credit if he is a U.S. citizen or resident, had \$600 of earned income in each of any 10 calendar years before the current year, and had retirement income during the tax year. For more details, see IRS Publication 524, "Retirement Income Credit." You can get a copy free by contacting your nearest Internal Revenue office.

Q. I paid an employment agency \$300 to find a job for me. Can I deduct this fee?

A. Yes. Employment agency fees paid for securing employment are deductible. However, the IRS regards fees paid for seeking rather than securing employment as not deductible.

HEW News

Financial penalties set by the Congress for States that fail to provide child health screening services under Medicaid would be implemented by regulations proposed today by James S. Dwight, Jr., Administrator of HEW's Social and Rehabilitation Service.

Published in the Federal Register, the proposals would carry out provisions of Public Law 92-603 — Social Security Amendments of 1972 — which require States to:

—Inform all families in the State receiving Aid to Families with Dependent Children (AFDC) of the availability of child health screening services under the State's Medicaid plan.

—Provide or arrange for the provision of screening services

in all cases where they are requested.

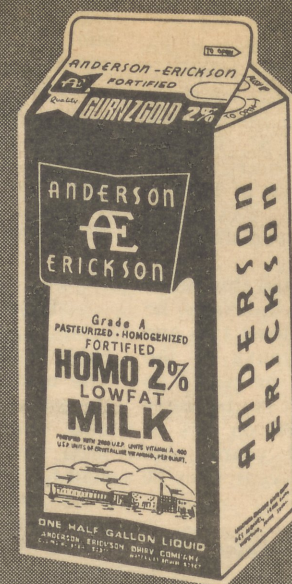
—Arrange for (directly or through referral to appropriate agencies, organizations, or individuals) correction treatment found to be needed and required by regulation.

Under the law, a State's non-compliance with the requirements would result in its AFDC funds being cut one percent. Penalties would be imposed beginning July 1, 1974.

Comments on the proposed regulations may be submitted within 30 days to the Administrator, Social and Rehabilitation Service, 330 C St., S.W., Washington, D.C. 20201.

They may be examined at the address in Room 5224 from 8:30 to 5:00 p.m. Monday through Friday.

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The eight-hour loaf

Attitudes & Services-- Your Entertainment Dollar

by Habiba

WHAT'S TO BE IN 1974 IF DREAMS WERE REALITIES.

Wouldn't you like to see the Black community of Des Moines make 1974 a year of self-determination, especially in the area of entertainment where the money seems to be regardless of this crisis or that foreboding forecast? Wouldn't you like to see: A fine, reasonably priced Black restaurant where you could dine on seafood as well as ribs, T-bones as well as chicken? A place where families and even business people could eat amidst good service and other Black people? Wouldn't you also like to see/hear a Black radio station? A station that offers something for everybody from Sly to gospel to Herbie Hancock? And wouldn't you like it to be an AM station, supported by the community so that it wouldn't go the way of KYNA?

Did you know that dreams serve no purpose unless they become realities? And did you know that the money, expertise and desire is present among Black folks in Des Moines? All we need is a collective effort, just a short step beyond bar stool conversation and liquid lamentations. How do you feel? How long until we begin to care for ourselves and leave something for our children besides life insurance policies negated by mortgages and loving memories negated by life virtually unchanged?

Check Out Your Mind

by HABIBA

THE BLACK WORLD FOUNDATION

Founded in 1969, the **Black World Foundation (BWF)** is a non-profit educational organization, dedicated to the perpetuation of Black humanism. The BWF offers people of all ages an independent opportunity to learn and to grow in a positive direction using that which is the essence of life - the mind.

The Black Speakers Bureau is a part of BWF. Colleges and institutions may sponsor speaking engagements with members of the Bureau. Ruby Dee, Don L. Lee, Sonia Sanchez and Nathan Hare are among the speakers and consultants available.

The Black Scholar Book Club is an excellent example of the business that BWF is about. The book club offers over 250 titles covering all areas of Black life and culture including art, folk

tales and children's books. The club offers goodsized discounts to people who purchase from them, and with the club, there's no problem getting a book you especially want. You don't pay a membership fee and you don't have to buy a predetermined number of books. But buy one-chances are you'll want to read a particular book, and the Black Scholar Book Club is infinitely more deserving of your money than the local paperback farm.

In mentioning the BWF, it's important that you know of their Black Scholar Prisoners' Fund. Through this fund, books and periodicals are available to Black prisoners throughout the U.S.

Write to the **Black World Foundation** and at least subscribe to their magazine, *The Black Scholar*. There's a great deal that you can do for yourself and your people by using the services offered by BWF. Write, read and share what you've learned.

The Black World Foundation
2658 Bridgeway
Sausalito, California 94964

Homemaker Tips

By Donna Rusk
Model Cities Home Economist

Even homemakers who don't drink coffee are expected to be able to brew a good cup of the stuff. For drinkers and non-drinkers alike, here are some hints for making a pot of coffee that's worth drinking to the last cup:

- * Always use a clean coffee maker, freshly drawn cold water, and fresh coffee.
- * Rinse the basket with cold water before adding coffee. This

will keep the fine grounds from falling into the brew.

- * Place a finger over the pump stem while filling the basket, to avoid clogging. Be sure stem is set securely in well.
- * Never fill container over maximum cup level.
- * Begin with a cold pot.
- * Always disconnect coffee maker after last cup is poured.
- * Remove basket of grounds immediately after coffee has brewed to prevent bitter oil from dripping down into coffee.
- * Use a narrow brush or pipe cleaner to clean spout, stem, coffee level gauge.



An Experts View On Basic Black Beauty

An age-old concern of women throughout the world has been that of the development and enhancement of their beauty — inside, but more so, out. One expert, New York Beauty Editor, Susan Taylor, feels, however, that "a woman's development of inner awareness and a positive feeling of self" is the basic foundation of any beauty regimen, especially that of the Black woman. "You can't look good on the outside if you don't feel good about yourself inside," she states emphatically!

As Beauty Editor of *Essence*, a magazine devoted solely to the Black woman, Ms. Taylor is playing an important role in the creation of "beautiful" Black women through image and word, and exhibits the culmination of these efforts in her *Essence* Beauty Annual (January '74) — responding to thousands of requests from

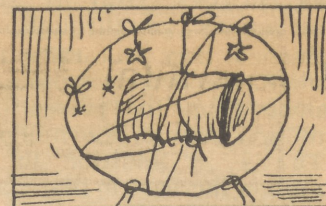
readers and the public-at-large for in-depth coverage by a national publication on the specific beauty needs of the Black woman.

Says Ms. Taylor, "No other magazine is equipped to deal with this area of concern; for not only is *Essence* the only publication 'for' Black women, we are also the only one 'by' Black women, and as such are looked to and regarded as the experts in this area." She continues, "You would never see more than a few pages, at most,

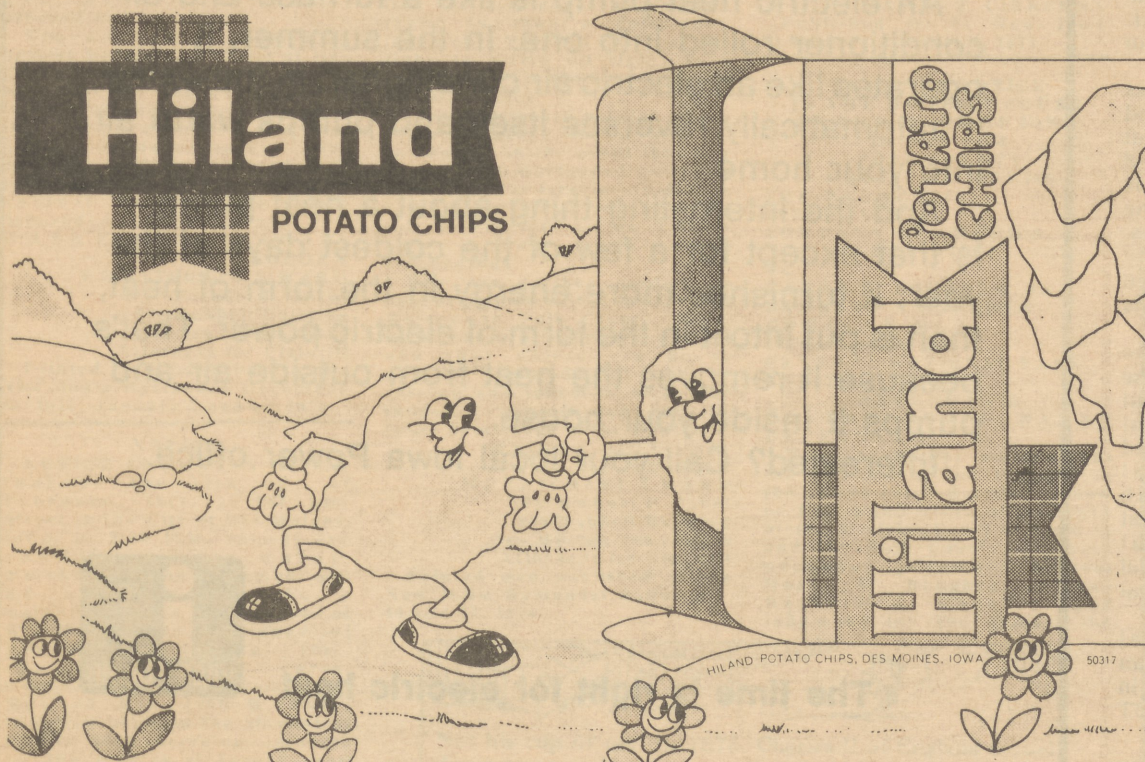
in other women's magazines dealing with a Black woman's beauty needs. We felt we owed it to our 1,350,000 readers, a vast segment of whom comprise the most affluent, discriminating purchasers of beauty products and aids, to develop a reference on beauty disciplines and general information on basic Black beauty from head to toe."

Ms. Taylor, a licensed cosmetologist, beauty consultant lecturer and ex-model, called upon a wealth of experience in the beauty field and spent many exhaustive hours testing the products and routines recommended in the *Beauty Annual*, and relates, "Ours is the first and only comprehensive beauty guide encompassing skin and hair care, makeup application, diet and nutrition ... the 'all-around beauty basics' for the Black woman. And, it is a must for every Black woman in America to be referred to and used for months and years to come."

Ms. Taylor concludes, "Black women and other women have many of the same beauty problems as is evidenced in our use of many of the same cosmetic and treatment lines. However, there are certain areas in which Black women require special attention. This is what we have done in our January *Beauty Annual* — dealt with our differences and recommended ways by which we may enhance our natural God-given qualities. It is our feeling that since Black women are obviously physically different (facial structure, skin tones, body build, hair texture, etc.) from other women, we should encourage them to celebrate these differences through the proper usage of cosmetics and beauty aids rather than try to emulate the larger population."



Anaximander, an early Greek, believed that the earth was a stubby cylinder suspended in a hollow sphere containing the fixed stars!



...the chippiest chips around! A small price to pay for the best.



THE VALUE PAK

Less than 4¢ per 5 oz. serving

At your favorite grocery store

Postal increase financial threat to magazines

New York, Dec. 17 — The Reader's Digest, in a rare "message from the editors," warns this week that "a large number of magazines" will be forced to stop publishing if projected increases in second-class postal rates are allowed to take effect as presently scheduled. In the lead article in its January issue, the Digest characterizes the increases as "the most serious financial threat in the magazine industry's history."

The rates, which apply also to newspapers, are already 50 percent higher than they were three years ago. Yet last September 25, the U.S. Postal Service announced its intention to more than double second-class rates over the next three years. Moreover, some observers of postal affairs think the rates may actually triple.

Individually these increases may seem relatively small, amounting to just a few cents per copy. But cumulatively they mean many millions of dollars of added expense, which newspapers and magazines simply cannot absorb. The Digest, for example, estimates that if the increases go through as planned they will raise its bill for second-class postage alone from the present \$7 million year to \$16 million! That's in addition to \$4 million increase in first-class postage.

Passing along these postal increases, along with increases for paper and other factors, could raise the price of a subscription from the present \$4.97 a year to \$6.97 by 1976. If other publications are forced to increase their prices in similar fashion, the result could be to create a magazine industry for the affluent only, the article says. "In other words, lower-income Americans, the very people who perhaps most need an inexpensive means of continuing education, are the main losers."

The article declares that magazines and newspapers are "captive customers" of the U.S. Postal Service which is a legal monopoly. Even so, much of the work of sorting, bagging and shipping magazines is done by private truckers, rather than the Postal Service, but there's a catch: "At the end of each truck's journey, it must back up to a post-office ramp, where the bags (are) handed over to the Postal Service for the age-old give-it-to-the-mailman system of delivery."

For two centuries, it has been U.S. postal policy not to take unfair advantage of this monopoly. Following a policy first established by Benjamin Franklin, Congress has since 1782 granted rates which allowed magazines and newspapers

to be mailed at less than cost, because these periodicals were considered an educational service to the nation.

In 1973, for all periodicals, this support amounted to \$190 million. "Few public policies have been more successful - or a better bargain," the article declares. For an annual charge of about a dollar per capita, the Post Office helps to maintain the health of newspapers and magazines, which together constitute our most powerful medium for the continuing education of citizens.

But under terms of the Postal Reorganization Act of 1970, the Postal Service is required by law to establish rates that by 1976 will make almost every class of mail

pay its own way. Many who voted for the Act did so on the assumption that modern business techniques would help the Postal Service reduce costs and improve service, and that rates would not skyrocket. In the words of Rep. Olin Teague of Texas, "The assumption proved wrong." Instead, service remains substantially the same, costs are rising, and the Postal Service is demanding second-class rate increases that could soar 200 to 300 percent!

How can disaster be averted? The Digest recommends two steps: one immediate, the other long-range. First, it urges that Congress act favorably on a bill sponsored by Sen.

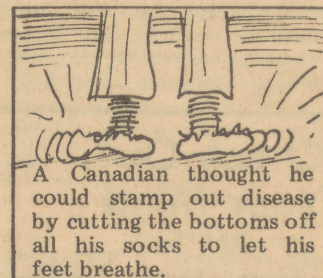
Gale McGee (D., Wyo.), that would phase in the payment by magazines of their full postal costs over the next eight years instead of the next three. Rep. James Hanley (D., N.Y.), supports similar legislation.

For the longer range, the article declares: "Congress should take a hard look at its basic decision to make periodicals pay their full costs. For we don't see how anyone can logically defend a decision that is almost certain to kill off a large segment of one of this country's most fundamentally important institutions."

The article urges readers to write their Congressmen - and additionally Sen. McGee and Rep. Hanley.

Arab Oil And Black Africa

While the Arabs are trying to use their oil to blackmail Western nations into changing their foreign policies, civil rights leader Bayard Rustin points out that their hiking their oil prices may be much more significant than the boycott. Claims Rustin: "The nations that will suffer most are the underdeveloped emerging nations, and Africa in particular. Blacks who mistakenly hail Arab rulers as 'brothers' should realize that the increased cost of oil may well reduce many African nations to once again using dung and wood as a means of fuel, thus shattering their economies."



MDTA Grads Have Jobs Immediately After Training

A survey of graduates from Iowa's 1972 Manpower Development and Training Act (MDTA) programs reveals that 964 or 52.6% had jobs immediately following graduation, according to a recent report published by the Iowa Employment Security Commission.

The publication, "New Skills for Progress - 1972," reports on Iowa's MDTA activities up to graduation. Follow-up surveys on the employment status of all graduates are made 30 days, 3 months and 6 months after completing training. Results of these surveys are not included in this report. According to previous follow-up surveys, most of the remaining 47.4% of the 1972 graduates were expected to have found jobs within 6 months.

A total of 2,625 Iowans were enrolled in MDTA programs during the year, including 903 who were receiving training before January 1 and continued their enrollment into 1972. Of the total enrollees, 1,833 graduated, 388 terminated before completing training and 404 were continuing training at the close of the year.

Among the 964 MDTA graduates who were workmen after training, 846 were employed in work related to the instruction they had received. Only 118 had jobs not related to their training.

The MDTA training programs provide basic education and vocational training for men and women unable to secure and hold jobs. Special emphasis is placed on the training of the disadvantaged, senior workers, youth, members of minority groups, high school dropouts and the handicapped. Preference is given to ex-GIs.

The IESC report details two MDTA programs active in the state: MDTA institutional training provided at technical and vocational schools and colleges and national MDTA-OJT (on-the-job training), involving federal contracts with national organizations, trade unions and trade associations within local businesses.

The MDTA institutional training program had an enrollment of 2,350 trainees in 1972 while national MDTA-OJT trained 264.

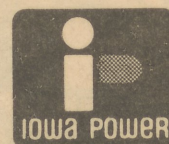
eye that cycle

How much heat can a heat pump ...pump?

An electric heat pump is like a furnace and air conditioner rolled into one. In the summer, it operates like an electric air conditioner. In the winter, it automatically reverses itself and pumps warm air into your home.

And the interesting thing about a heat pump is that except for a few of the coldest days of the year, it furnishes more energy in the form of heat, than is put into it in the form of electric power. That's because it removes the heat from outside air and pumps it inside your house.

Interested? Call your local Iowa Power office.



The time is right for electric heat

PUBLIC NOTICES

The legal notices which appear on this page are published under state laws which require that all taxpayers be kept informed as to what becomes of their tax dollars. Secrecy in government is never in the public interest.

ORIGINAL NOTICE
In the District Court
of the State of Iowa
in and for
Polk County
Equity No. CE 1-492
NORTHLAND MORTGAGE
COMPANY
Plaintiff,
vs.
MICHAEL ROY BALES,
CONNIE JEAN BALES,
Defendants.

TO THE ABOVE NAMED DEFENDANTS:

You are hereby notified that the Petition of the Plaintiff in the above-entitled action is now on file in the Office of the Clerk of the District Court of Iowa in and for Polk County, claiming personal judgment against Michael Roy Bales and Connie Jean Bales, and judgment in rem against the property hereinafter described in the sum of \$13,199.52, with interest at the rate of 7% per annum, from and after June 1, 1973, on the promissory note of Michael Roy Bales and Connie Jean Bales, executed and delivered to the Plaintiff, who is the absolute owner thereof, and said note and mortgage given to secure said note are due and payable by reason of the failure of the Defendants to pay the installments of principal and interest when due. The Petition further asks for foreclosure of said mortgage of even date and the note of August 28, 1972 on the following described real estate, to-wit:

Lot 44 in Homestead Manor, an Official Plat, now included in and forming a part of the City of Des Moines, Iowa;

And also asking that said mortgage be declared a prior and paramount lien to that of each and all Defendants and further praying for the appointment of a receiver, and for the amount paid by the Plaintiff for legal attorney fees, abstract expenses and all accruing costs of action and for such other relief, as may be just and equitable in the premises.

You are further notified that the mortgage herein provides that in the event of foreclosure and sale of the property by Sheriff's sale, the time of one year redemption shall be reduced to six months provided that the mortgagee waives any right to take a deficiency judgment. Plaintiff reserves the right to waive all rights to a deficiency judgment prior to Sheriff's sale.

You are further notified that mortgage herein provides that in the event the Court finds in the Decree that the titleholders who are personally liable on the mortgage have abandoned the premises and the mortgagee has waived any right to a deficiency judgment, the redemption period shall be reduced from one year to sixty (60) days.

The foreclosure petition of the Plaintiff prays for a writ of possession in the event that any part of the mortgaged premises be sold under foreclosure decree and not redeemed from Sheriff's sale as provided by law without any other additional proceedings.

You are further notified to appear before said Court at Des Moines, in Polk County, Iowa, on or before the expiration of twenty (20) days after service of this Notice upon you and that unless you do so appear, your default will be entered and judgment or decree rendered against you for the relief demanded in the Petition.

WASKER, SULLIVAN, GOLDEN
WHEATCRAFT & WARD
By: Michael P. Joynt
600 Hubbell Building
Des Moines, Iowa 50309
Attorneys for Plaintiff

Printed and published in the New Iowa Bystander December 27, 1973, January 3 and 10, 1974.

NOTICE

NOTICE IS HEREBY GIVEN that on the 11th day of February, 1974, at 702 Elm Street in the City of Des Moines, Iowa, at 2:30 P.M. various and sundry goods, wares, merchandise and equipment will be sold to satisfy a warehouseman's lien in favor of W. M. Harter, assignee of Rocket Transfer Co., Inc., against the goods, wares, merchandise and equipment of Mr. and Mrs. John W. Pope, said lien being in the amount of \$7,185 plus accruing amounts for the months of January and February at \$59.50 per month, for a total lien of \$850.85; said goods, wares, merchandise and equipment having been stored at

the instance and request of said named Mr. and Mrs. John W. Pope by Rocket Transfer Co., Inc. as agent for Global Van Lines, Inc., the same being designated as Carrier's Reference No. G-548546.

TO ALL OF WHICH YOU WILL TAKE DUE NOTICE AND GOVERN YOURSELVES ACCORDINGLY.

W. M. HARTER
Assignee of
Rocket Transfer Co., Inc.
William M. Carron, Attorney
719 Empire Building
Des Moines, Iowa 50309
Phone 288 0251

Printed and published in The New Iowa Bystander December 27, 1973, January 3, 1974, and January 10, 1974.

ORIGINAL NOTICE
IN THE DISTRICT COURT
OF THE STATE OF IOWA
IN AND FOR
POLK COUNTY
EQUITY NO. CE1-507
THE PRUDENTIAL
INSURANCE
COMPANY OF AMERICA,
Plaintiff,
vs.
KENNETH BLIETZ,
OLIVE RAEDEANE BLIETZ,
CHARLES J. CARDAMON,
Defendants.

TO THE ABOVE NAMED DEFENDANTS:

You are hereby notified that the Petition of the Plaintiff in the above-entitled action is now on file in the Office of the Clerk of the District Court of Iowa in and for Polk County, claiming personal judgment against Kenneth Blietz and Olive Raedeane Blietz, and judgment in rem against the property hereinafter described in the sum of \$12,338.82, with interest at the rate of 5 1/4% per annum, from and after July 1, 1973, on the promissory note of Kenneth Blietz and Olive Raedeane Blietz, executed and delivered to the Plaintiff, who is the absolute owner thereof, and said note and mortgage given to secure said note are due and payable by reason of the failure of the Defendants to pay the installments of principal and interest when due. The Petition further asks for foreclosure of said mortgage of even date and the note of August 22, 1963, on the following described real estate, to-wit:

Lot 8 in Sheridan Plaza, an Official Plat, now included in and forming a part of the City of Des Moines, Iowa;

and also asking that said mortgage be declared a prior and paramount lien to that of each and all Defendants and further praying for the appointment of a receiver, and for the amount paid by the Plaintiff for legal attorney fees, abstract expenses and all accruing costs of action and for such other relief, as may be just and equitable in the premises.

You are further notified that the mortgage herein provides that in the event of foreclosure and sale of the property by Sheriff's sale, the time of one year redemption shall be reduced to six months provided that the mortgagee waives any right to take a deficiency judgment. Plaintiff reserves the right to waive all rights to a deficiency judgment prior to Sheriff's sale.

The foreclosure petition of the Plaintiff prays for a writ of possession in the event that any part of the mortgaged premises be sold under foreclosure decree and not redeemed from Sheriff's sale as provided by law without any other additional proceedings.

You are further notified to appear before said Court at Des Moines, in Polk County, Iowa, on or before February 8, 1974 and that unless you do so appear, your default will be entered and judgment or decree rendered against you for the relief demanded in the Petition.

WASKER, SULLIVAN, GOLDEN
WHEATCRAFT & WARD
By: Michael P. Joynt
600 Hubbell Building
Des Moines, Iowa 50309
Attorneys for Plaintiff

Printed and published in the New Iowa Bystander January 3, 10 and 17, 1974.

ARTICLES OF
INCORPORATION
OF
JIM'S AUTO REPAIR,
INCORPORATED
The undersigned, James F. Cirksema, acting as sole incorporator of a corporation under the Iowa Business Corporation Act, Chapter 496A of the 1971 Code of Iowa, hereby adopts the following Articles of Incorporation for such corporation.

ARTICLE I.
NAME
The name of the corporation is: "JIM'S AUTO REPAIR, INCORPORATED".

ARTICLE II.
CORPORATE EXISTENCE
The corporate existence of this corporation shall begin on the date of filing of these Articles and the period of its duration is perpetual.

ARTICLE III.
PURPOSES
The corporation shall have unlimited power to engage in and to do any lawful act concerning any and all lawful business for which corporation may be organized under said Iowa Business Corporation Act.

ARTICLE IV.
STOCK
The aggregate number of shares which the corporation is authorized to issue is 100,000 shares of common stock without par value.

ARTICLE V.
REGISTERED OFFICE AND AGENT
The address of the initial office of the corporation is 1151 15th Street, Des Moines, Iowa, 50314, and the name of its initial registered agent at such address is James F. Cirksema.

ARTICLE VI.
CONDITIONS OF STOCK TRANSFER BY LAWS
The By-Laws may contain provisions restricting the transfer of stock of the corporation. No shareholder shall sell, assign, transfer, dispose of or encumber any shares of stock in violation of any condition stated in the By-Laws.

ARTICLE VII.
BOARD OF DIRECTORS
The number of directors shall consist of not less than one nor more than five persons. The original director's name shall be: James F. Cirksema, 1151 15th Street, Des Moines, Iowa, 50314, who shall serve until the first annual meeting of shareholders or until successors are elected and shall qualify.
The term of a director of this corporation may be terminated and a successor elected at any special meeting of stockholders called for that purpose.

ARTICLE VIII.
INCORPORATORS
The names and addresses of the incorporators are:
James F. Cirksema, 1151 15th Street, Des Moines, Iowa 50314.

ARTICLE IX.
DEEDS AND MORTGAGES
Deeds and mortgages shall be executed by the President and shall be countersigned or attested to by both a Vice President and Secretary. Mortgage releases may be executed by the President and attested to by the Vice President and Secretary.

ARTICLE X.
LIABILITY OF STOCKHOLDERS
The stockholders and their private property shall be exempt from any and all liability of corporate debts, obligations and undertakings.
DATED at Des Moines, Iowa, this 28th day of Feb., 1972.

JAMES F. CIRKSEMA
Published in the New Iowa Bystander January 3, 1974.

ORIGINAL NOTICE
IN THE DISTRICT COURT
OF THE STATE OF IOWA
IN AND FOR
POLK COUNTY
EQUITY NO. CE1-508
THE PRUDENTIAL
INSURANCE
COMPANY OF AMERICA,
Plaintiff,
vs.
HARRY K. BOUGHER, JR.,
BARBARA J. BOUGHER,
EDWARD P. MAY,
DEBORAH A. MAY,
CENTRAL NATIONAL BANK
AND TRUST CO.,
Defendants.

TO THE ABOVE NAMED DEFENDANTS:

You are hereby notified that the Petition of the Plaintiff in the above-entitled action is now on file in the Office of the Clerk of the District Court of Iowa in and for Polk County, claiming personal judgment against Harry K. Bougher, Jr. and Barbara J. Bougher, and judgment in rem against the

property hereinafter described in the sum of \$14,887.52, with interest at the rate of 5 1/4% per annum, from and after July 1, 1973, on the promissory note of Harry K. Bougher, Jr. and Barbara J. Bougher, executed and delivered to the Plaintiff, who is the absolute owner thereof, and said note and mortgage given to secure said note are due and payable by reason of the failure of the Defendants to pay the installments of principal and interest when due. The Petition further asks for foreclosure of said mortgage of even date and the note of September 21, 1961, on the following described real estate, to-wit:

Lot Sixteen (16), FAIRMEADOWS, Plat No. 11, an Official Plat, now included in and forming a part of the City of West Des Moines, Iowa; and also asking that said mortgage be declared a prior and paramount lien to that of each and all Defendants and further praying for the appointment of a receiver, and for the amount paid by the Plaintiff for legal attorney fees, abstract expenses and all accruing costs of action and for such other relief, as may be just and equitable in the premises.

You are further notified that the mortgage herein provides that in the event of foreclosure and sale of the property by Sheriff's sale, the time of one year redemption shall be reduced to six months provided that the mortgagee waives any right to take a deficiency judgment. Plaintiff reserves the right to waive all rights to a deficiency judgment prior to Sheriff's sale.

The foreclosure petition of the Plaintiff prays for a writ of possession in the event that any part of the mortgaged premises be sold under foreclosure decree and not redeemed from Sheriff's sale as provided by law without any other additional proceedings.

You are further notified to appear before said Court at Des Moines, in Polk County, Iowa, on or before February 8, 1974 and that unless you do so appear, your default will be entered and judgment or decree rendered against you for the relief demanded in the Petition.

WASKER, SULLIVAN, GOLDEN
WHEATCRAFT & WARD
By: Michael P. Joynt
600 Hubbell Building
Des Moines, Iowa 50309
Attorneys for Plaintiff
Printed and published in the New Iowa Bystander January 3, 10, and 17, 1974.

Slavery And Inflation

Inflation has affected even the infamous slave markets of the world, reports the Anti-Slavery Society in London. Able-bodied male work slaves in the Middle East cost about \$125 each five years ago; today they fetch ten times that amount. A pale complexioned and attractive girl who sold for \$1,700 in 1968 commands a price of \$12,000 to \$15,000 now.

The Society charges that the Middle East sheikdoms are still the most flagrant violators of the 1956 United Nations Convention on the Abolition of Slavery. In Saudi Arabia, it estimated that there are still some 500,000 slaves, a large number of them Black. Said one report: "Even ordinary families buy slaves simply to keep up with the neighbors, and rich fathers buy one for a son much as a Western father would buy a bicycle for his child."

"What's Happened To The Cracker Barrel?"

Imagine yourself in a general store, 75 years ago, buying everything from open containers, with the soot of the pot belly stove, the hair of the storekeeper's cat and fingerprints of your neighbors all mixed in with the food.

That's exactly what Professor Leonard Lincoln Barol of the Academy of Food Marketing, and J.J. Wuerthner, Jr., of the Paperboard Packaging Council suggested to participants at the Annual Newspaper Food Editors' Conference in Chicago.

After painting a picture of the not-so-good "good old days" they used film and color slides to trace the history of modern packaging.

The most important milestones occurred at the turn of the century. The Federal Pure Food and Drug Act went into effect in 1907, setting standards of consumer food protection.

And-did you know that the first patented folding carton was used for soda crackers-the Unedda biscuits formerly sold in the open barrels? That patent in 1899 marked the end of the Cracker Barrel Era and the start of modern paperboard food containers.

The speakers explained that the first things to be packaged were staples and led to the development of mixes for quickly-prepared family meals.

Frozen foods were another breakthrough. One day in the winter of 1912 Clarence Birdseye was ice fishing in Labrador and took home a solidly-frozen fish.

"When he put it in a pail of water," said Professor Barol, "he found to his amazement that the fish started swimming. He then realized that the flash freeze could be used to preserve food and went on to build his own machine to do the job of quick freezing."

After surveying the packaging world of the present, Mr. Wuerthner peeked into the future and showed editors special packaging for micro-wave ovens, pop-up cut-outs on children's dinner packages and paperboard cartons - complete with straws-for soft drinks.

The American homemaker has come a long way from the days when bread was sold unwrapped and most food was in open boxes and bins.

Flattery

Amused by a long glowing introduction when he was to make a speech, columnist Heywood Broun responded: "Now I know how the pancake felt after the syrup had been poured."



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East Side Fish Market, Inc.

WHOLESALE - RETAIL

FINE AGED & IMPORTED CHEESE - SCANDINAVIAN SPECIALTIES

FRESH FISH - SEAFOODS - SMOKED FISH

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604 EAST GRAND
DES MOINES, IOWA 50309

STORE HOURS

9-6

MONDAY THRU THURSDAY & SATURDAY

9-8 FRIDAYS



Not his cup of tea: In 1675, Charles II of England closed down many coffeehouses as "seminaries of sedition" but public opinion was so strong and so bitter, he was obliged to open them again.

CLASSIFIED

rentals

APTS. FOR RENT

1 bedroom furnished apts. Utilities paid. Call 244-7723 or 255-9254. Ask for William Jones.

TF

FURNISHED APTS.

Utilities paid. One three-room apt., private entrance. Two big efficiency apts. One three in one apt. Call 243-5501.

2t

APT. FOR RENT

2 rm apt. Single person or couple. Call 244-6021.

1t

1x1

HOUSE FOR RENT

House at 1325 Harrison. 2 bdrm., gas heat. \$110.00 per month. Call 274-1208.

tf

FURNISHED APTS.

1-2 bdrm apt., first floor 1-2 bdrm apt., second floor. Bar & Breakfast nook in each apt. Private entrance & private baths.

243-5501.

1t

FURNISHED ULTRA-MODERN APTS. UTILITIES PAID

Pvt. entrances and Pvt. baths
Ph. 243-5501
4 and 5 rooms-2 bedroom apts.
3 rooms-1-bedroom apts.
3 in one efficiency apts.
2 room kitchenettes
1 room kitchenettes
Sleeping rooms available.
Call 243-5501

APT. FOR RENT

2 room apt with bath, on bus line. Utilities paid. \$95.00 per month. Call 265-0890 after 3 pm.

2t

APT. FOR RENT

Unfurnished 1 bdrm. 1st floor. Adults. Call 255-2995. \$90.00.

2t

miscellaneous for sale

MOVING SALE

Furniture & household items. 1627 Jefferson, Des Moines. Jan. 10th, 11th & 12th - Thurs., Fri. & Sat. 9:00 am to 6:00 pm.

2t

NeedMoney
\$50 to \$3,000
Budget Finance
COMPANY
NEW LOCATION
1300 Grand Avenue,
Call 288-0287

card of thanks

CARD OF THANKS

The family of Ruth Forrester would like to thank Rev. & Mrs. Parrish, the ministers and congregations of Maple Street Baptist Church, Corinthian Baptist Church and Union Baptist Church, the faculty of Tech High School, The Mother & Deaconess Board of Maple Street Baptist Church, Maxine McNair, Adela Chisenberry, the numerous choirs and all the people who sent cards, flowers, donations, condolences, cars, food and resolutions during the time of our great loss. We cannot begin to repay everyone for their kindnesses and blessings sent to us in our time of sorrow.

Sylvester Forrester, husband
John Forrester, son
Sy Forrester, son
Bonnie Mitchell of
Los Angeles,
California, daughter.

HELP WANTED

Small company cafeteria, located on south side of town, needs permanent short shift worker to help cook. Duties include small food preparation, serving, cash register, dishwashing and cleaning. Must be able to fill in on full-time basis during vacations, and etc. Hours either 7 am to 1 pm or 8:30 am to 2:30 pm - (flexible). Hourly rate with excellent fringe benefit program. For additional information call 288-7011, or apply 9 am to 3 pm at: DeLuxe, 2700 Bell Ave. Des Moines, Ia. An Equal Opportunity Employer.

1t

BIRTHDAY GREETING

Happy Birthday to Mrs. Ray's middle-size son!???

Birthday greeting rates:
\$1.00 for 6 lines or 30 words.
25c each additional line.
pictures \$2.00.

"Seeing" By Laser

Spectacles fitted with lasers now enable the blind to "see" obstacles ahead. When pulses of light from their lasers are reflected from a building, truck or curbstone, the time between transmission is measured to indicate the distance. One lens is aimed downward to catch irregularities in the pavement and another pointed higher to "see" objects at head level. Different warnings to indicate the angle are given by vibration against the back of the ear or by the sound of a buzzer. The inventor, J. Malvern Benjamin, Jr., president of Bionic Industries, Inc., also is co-inventor of a laser cane. Patents on both are owned by the Veterans Administration.

help wanted

HELP WANTED

Immediate need for temporary clerks. Openings available 7:00 a.m. to 3:45 p.m. Excellent working conditions and free parking. Contact Employee Relations Department, Customer Service Center, Meredith Corporation, 501 Employers Mutual Bldg., 717 Mulberry. 284-9643, An Equal Opportunity Employer.

CLERICAL OPPORTUNITIES

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For excellent opportunities in the clerical field, stop in or call our personnel department.



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TF

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CARPET

2 Average Rooms Plus Hall
30 yards

\$149.00

(Including pad and
Installation)

NO PYMTS. FOR 2 MONTHS

FREE ESTIMATES

OLSON
CARPET

244-6221

Lead Poisoning Program

Washington, D.C., December 19, 1973 — Each year, thousands of children are potential lead poisoning victims and could suffer permanent mental retardation, brain damage, blindness, or even death.

To educate the public on this serious problem, the National Paint and Coatings Association (NPCA) has begun a "community awareness" program designed to alert the public to the causes of lead poisoning and methods for its prevention and treatment. According to NPCA, one of the causes of lead poisoning is the ingestion of old, pre-World War 11 leaded paints, containing up to 50% white lead. These paints can still be found on the walls of old buildings, especially in inner-city areas.

If this old paint begins to peel, the Association warns, it can be eaten by children and cause lead poisoning. For this reason, NPCA urges parents to take the following steps:

1. Sweep any peeling paint off walls, woodwork and ceiling with a stiff brush or broom. Then, be sure to throw all loose pieces away.

2. Keep looking for new paint chips and peeling paint. Sweep them away before children can get them. Keeping the lower parts of walls free of peeling paint is most important. This is where children can reach it most easily.

3. Don't let children chew on woodwork, stair railings or other places which have been painted — even if the paint isn't flaking.

4. Give children safe things to chew on — crusts of bread, toys made for chewing.

5. Tell big sisters, big brothers and baby sitters not to let children eat paint chips or chew on woodwork, stair railings or other painted surfaces.

The Association also urges parents to be aware of lead poisoning symptoms. These are: stomachaches; irritability or easy tiring; and frequent vomiting. If a child has any of these symptoms, NPCA suggests immediate medical care.

If a child lives in an older house or building and has been seen eating paint chips or plaster, the Association urges immediate medical treatment, even if no lead poisoning symptoms have appeared.

Dr. Lewis A. James

DENTIST

HOURS BY APPOINTMENT

Daily from 3 P.M. Saturday: 9 to 1
1118 University. 243-5720

WILSON'S UPHOLSTERY

1446 Harding Road 243-9469

SPECIALIZING IN

Fine Furniture Upholstery

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Around the State

OTTUMWA

Mrs. Mack Baugh
Reporter



Mrs. Baugh

Mrs. Mack Baugh, your Bystander reporter, wants to take this opportunity to wish everyone a Happy and most prosperous New Year. Let us take time this year in 1974 to show our love to our families. The secret of a happy home is that the members of our families learn to give and receive love, let us take time to express our love a thousand ways. May God bless each one and keep you safely in his care.

The Second Baptist Church of Ottumwa - Morning Worship service, Sunday, Dec. 30th found Rev. Daniels bringing the message. His subject was "Safe Behind the Scarlet Thread". Prayer Service every Wed. night at 7:30.

The Sick - Mr. John Harvey, Ottumwa Hosp.

Guests for the holidays were Marlan Johnson, here visiting his foster parents, Mr. and Mrs. Roy Winston, John Lewis was here to visit his foster parents, also Mr. & Mrs. Winston Mrs. Mack Baugh's daughter Naomi and family were here visiting. Family includes husband Kenneth and daughter of 1 year, Angela. They spent Christmas with her mother and family.

THEY CHOSE LIFE

Did almost all European Jews go unresisting to their deaths during the Nazi Holocaust? That's the popular, but inaccurate view. Now, a new booklet, **They Chose Life**, chronicles the actions of the many Jewish men, women, and children who, despite overwhelming odds, attempted to strike back at their oppressors.

Although the Warsaw ghetto uprising in April and May 1943 was the most widely known example of Jewish resistance, there were many other, less publicized, occasions when Jews in considerable numbers turned against their oppressors.

There were armed underground units in "at least 40-odd ghettos in Eastern Europe," and "Jewish partisans in Europe as a whole numbered in the tens of thousands."

In addition, the only five uprisings in the 12-year history of Nazi concentration camps and death camps - in Sobibor, Treblinka, Auschwitz, Kruszyzna and Krynchów - were all organized by Jews.

They Chose Life, written by Yehuda Bauer, a native of Czechoslovakia who now heads the Department of Holocaust Studies of the Institute of Contemporary Jewry at Hebrew University, Jerusalem, is available, at \$1.25 a copy, from the American Jewish Committee, 165 East 56th Street, New York, New York 10022.

FT. MADISON

Mrs. Dessie Burt
3029 Avenue P
Phone 372-4711

Second Baptist Church had their regular Sunday morning services with the pastor, Rev. W.J. Laster in charge, on Dec. 30th.

Harold Herbert Randall, 1853 Railroad Ave, Evanston, Illinois and formerly of Ft. Madison, died Monday evening, Dec. 24th in the Three Oaks Nursing Home in Evanston. He had been in failing health since April. The body was returned to Ft. Madison for burial on Sat. Dec. 29th.

Mr. & Mrs. Tom Marsh were hosts at a dinner and gift exchange on Christmas Day. Tables were decorated in a holiday motif, a standing rib roast was served. Those present included Mr. & Mrs. Charles Washington, Mr. & Mrs. Ferrell Turner, Mr. & Mrs. Morris Brown, Mr. & Mrs. Arthur Woods, Mr. & Mrs. Orville Woods, Mr. & Mrs. John Valentine, Mr. & Mrs. Ira Wyatt, Mrs. Molly Rudd - unable to attend were Mr. & Mrs. Kahask Stewart.

Mrs. Greg Carter and her husband visited her parents, Mr. & Mrs. H.C. Douglas in Glidden, Iowa for Christmas. Mr. & Mrs. Leonard Carter hosted a Christmas dinner. Guests were, Mrs. Ina Bates, Miss Louise Bates, Mrs. Hattie Carter, Mrs. Beatrice Bratton and Mrs. Ernest Burt.

Mrs. Annie Tolliver, Mr. & Mrs. James Mallory and Major Bates spent Christmas in Keokuk with Mr. & Mrs. Ora Bates. Mrs. Bratton and Ray Carter spent Christmas week with Mrs. Hattie Carter. Miss Nancy Windsor was treated to dinner by Mrs. Mallory when she was here visiting her parents, Mr. & Mrs. W.V. Windsor.

Navy Race Relations Seminars

The Navy's Bureau of Personnel, in Washington, D.C., reports all Navy men and women, will have participated in race relations education seminars by next July.

More than half of all Navy personnel have already taken part in the Navy's programs. Ninety nine percent of all Navy admirals have taken part in a flag-level seminar and other personnel participated in similar training sessions.

The completion of the seminars throughout the Navy will conclude phase one of the Navy's race relations education efforts. Phase two will concentrate on institutional and personal affirmative action for equal opportunity.

During the week of December 10-14 equal opportunity personnel and race relations education specialists representing major fleet, shore and Washington area commands met in Washington to plan the future of the Navy's continuing race relations education program for its uniformed personnel. Conference proposals will form the basis of the next phase of Navy race relations education for military personnel. The resulting program will be field tested and implemented by mid-1974.

The Navy's Office of Civilian Manpower Management and the Naval Material Command are concurrently developing a human awareness program for civilian managers and supervisors.

White House Corruption And Black Capitalism

The disclosure of widespread corruption within the Nixon Administration's black capitalism program may ultimately occupy but a brief footnote in the history of the Watergate scandals. And yet I believe that the now-acknowledged failure of this program will teach us an important lesson about the strategies for achieving racial progress.

The minority business program was once the cornerstone of Nixon's civil rights policy. In his 1968 presidential campaign, Nixon assured us that encouraging minority entrepreneurs - through federal loans and grants - would be much more effective than the job training and anti-poverty efforts inaugurated by President Johnson. In the ensuing years Nixon regularly increased federal spending for

black capitalism ventures while cutting away at the expenditures for housing, manpower, and other social programs.

By 1972, however, the Office of Minority Business Enterprise had become, like so many other government agencies, little more than a fund-raising arm of the Committee to Re-elect the President. Black and Spanish-speaking businessmen were informed that federal assistance would be dependent on their donation to the President's campaign effort. The Administration applied the same principle to the struggling Harlem businessman as it did to American Airlines and other industrial giants. There were also instances of minority business funds being granted to firms under white control and of Civil Service officials who were administering the program being required to engage in political work in outright violation of federal law.

The extent of scandal is appalling; it represents further testimony to the total moral bankruptcy of this Administration. But it is essential for black people to understand that minority capitalism did not fail simply because it was transformed into a political instrument. The revelations of corruption dramatize its shortcomings, but the roots of its failure are buried much deeper.

Black capitalism is, after all, a profoundly limited program. Under ideal economic circumstances it could benefit a narrow segment of the black community consisting primarily of businessmen who were neither jobless nor impoverished. Under less than perfect conditions, such as we have experienced in recent years, the results would be disastrous. At a time when 70 per cent of white-owned businesses are failing during their first three years, minority-operated ventures can hardly be expected to show

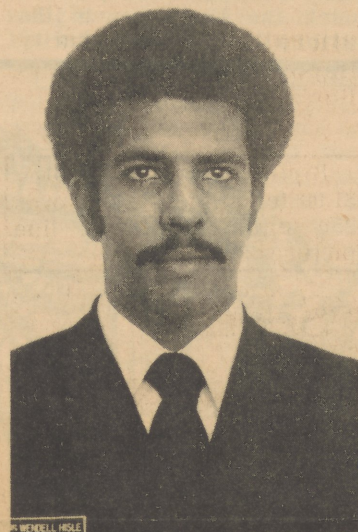
significant success.

Its advocates on unusual coalition of black nationalists and white conservatives - often spoke of minority capitalism as a revolutionary alternative to traditional and, it was implied, unsuccessful liberal programs. What they were proposing, however, was in fact counter-revolutionary; unintentionally so, in the case of blacks, but certainly with a good deal of foreknowledge on the part of Richard Nixon.

Conservatives acted on two premises. On a pragmatic level they applauded anything that would divert attention and resources from broader social programs. They also saw black capitalism as compatible with the concepts of self-reliance and free enterprise: Negroes, they believed, should pull themselves up from poverty as had other ethnic groups before them. Nationalists, on the other hand, were influenced by the quirks of their ideology and an unrealistic and overly-romantic view of the ghetto.

We have had ample time to recognize that the conservative analysis was the more perceptive. Although their comparison of blacks, confronted by centuries of repression, with Irish, Jewish and Italian immigrants is absurd on its face, their efforts to impede a major social transformation has been temporarily successful.

I do not know what will happen to the black capitalism program. One hopes that the current revelations will be sufficient to reform the program so that it functions in a non-partisan and equitable manner. But the larger question is not whether one narrow effort can be salvaged, but whether we are going to have real social justice. We are only deceiving ourselves if we persist in the belief that "gilding the ghetto" through programs like black capitalism can bring about a true measure of justice.



Lt. Junior Grade Wendell E. HISLE, of Cincinnati, Ohio will be relieving Chief Warrant Officer George E. LeBLANC as Minority Recruiting Officer, Navy Recruiting District, Des Moines, Iowa, where he will serve as Advisor to Commanding Officer concerning the recruiting of minority racial/ethnic group personnel and coordinate the minority enlisted and officer recruiting effort. Lt. HISLE previously served aboard the destroyer USS VESOLE, (DD-878), homeported in Charleston, South Carolina.

CWO Le BLANC will be transferred to the Auxiliary Fleet Tug, USS QUAPAW, (ATF-110), homeported in Pearl Harbor, Hawaii. His duties there will consist of Chief Engineer in charge of operations and maintenance of the ships engineering plant.

CWO Le BLANC was born in Okmulgee, Oklahoma, he is married to the former Miss Geraldine Delores EVERETT, of Miami, Florida. They have two daughters, Wanda Levette, 18, and Daniela Marie, 8.

Enlist for your hometown.

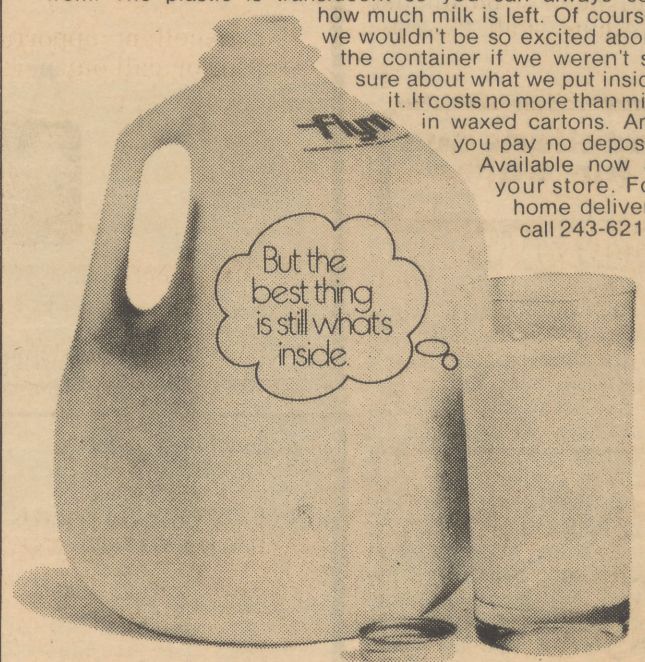
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sports



by Allen Ashby

This is the week in which people who write columns are supposed to make predictions about what will happen in the coming year. I just lost my crystal ball, and so I can't do much predicting, and I have a notorious record for being wrong anyhow. I don't even know what might happen around here, let alone on the national scene. So I watched Bowl football games over the week end and came up with a few observations. The Alabama-Notre Dame game, in case you didn't know it, was closer than ninety nine is to a hundred. There was a time when the Alabama coach, or so we thought, had only to exhort his guys not to let those black people beat them, but there were brethren on both sides, so that took away one piece of locker room oratory. But the team from the deep south did have a couple of firsts that I had to notice. They had the first black center I have seen on a major team since Dayton Perry played for Iowa back in the fifties. Then at one time they came up with three black line backers, and that had to be a first for major teams. Do you know of this anywhere else? Then I saw a pair of fine black quarterbacks over the week end in the persons of Holloway of Tennessee and D.C. Noble of Huston. I already knew about Holloway, but this Noble guy was a surprise to at least me. Oh I had read something about him, but you tend to discount that stuff as publicity stunts. But in this case it was true. The guy wound up and tossed the ball from here to yonder, and demonstrated that he can throw just about any kind of pass. The only thing that might keep him out of the pro ranks is his size. But he seems tough and resilient, and may be a better prospect than most of us think, although he probably won't go very high in the draft.

They did away with the vacation high school sports programs here because of the energy crisis, so they will have to play a more compact schedule to make up for it. As I write this, it looks as if Hoover and Lincoln are the cage teams to beat for city honors, with East probably coming in third. Do you suppose there will be a petition to get them out of the Metro conference? Tech will have to go on with the rebuilding process, and hope they can get some players to go with it.

While I can't predict, I can certainly wonder what will happen to tennis meets around the state if this thing gets as bad as they are predicting. If we can get tennis balls, we could maybe have enough local entries and from around a fifty mile radius to put our Hilltop meet on. The Hawkeye depends, so I think, on attracting some name players and they might run into some difficulties, but they can maybe get going too. But with the setup as it is now, it will be worth watching to see what develops. For traveling to football games and such, one could take a bus and make it just about as cheaply as he could with a car, except that he wouldn't be able to go just where he wanted to

without walking or paying some cab fare or maybe a car pool might be the answer. We shall see.

Now what do you think of the chances of our three big schools in their conference cage races? I would guess they have good chances to finish well up in each of them, but I would be surprised if either of them won a title. Maybe they would be too. They all have fast improving clubs, and will likely stage some upsets as the season goes along.

Black Basketball

There wasn't too much activity around the country except for some tournaments. In what folks around Chicago like to call thereally big black meet, Eastern Shore of Maryland won the title by beating LeMoyne 98 to 76. Xavier of New Orleans beat Southern for third place 87 to 83, and Morgan State dusted Stillman 78 to 48 for consolation honors. Then there were others, Alcorn beat Hanover 98 to 95 in the Quincy Holiday semifinals, and met Georgetown in the finals. What happened? They ain't told me yet. In the McDonalds Christmas meet,

Fisk took top honors, beating George Williams 79 to 65. And Tennessee State dropped a game and likely won't be second in the small college ratings, but Alcorn and Grambling are still in the top twenty.

Tri-Hard Bowling

	games	series
Barbara Robinson	202	541
Lavenia Henderson	201-200	570
Charolette Bueford	201	505
Gretchen Jaco		537
Helen White		526
Mary Caldwell		515

Pizza Hut Basketball Classic

WICHITA, Kan. — Eight standout seniors with Iowa flavoring may add spice to the menu of the third annual Pizza Hut Basketball Classic to be played April 1, 1974 at the Las Vegas Convention Center. Notre Dame's Digger Phelps will coach the East stars in the nationally-televised charity

contest against the West of Arizona State's Ned Wulk.

Listed on the West ballot for the NCAA and NAIA-sanctioned event are Al Eberhard, Candy LaPrince, Neil Fegebank, Wes Harris, Robert Wilson, Ron Kennedy, Bobby Florence and Bernard Hardin. The nation's top 128 seniors are listed on the ballot which is available at 1,350 Pizza Huts and participating universities. Players in the game are selected by popular vote during the balloting period of Jan. 2 through March 2.

Fegebank and LaPrince are the heart of the Iowa hopes while Harris and newcomer Wilson are keys in the Iowa State plans. Going out of state to pursue their collegiate heroics were Missouri's Eberhard (Springville High School), Nevada Las Vegas' Florence (Des Moines North), New Mexico's Hardin (Ellsworth Juco) and Arizona State's Kennedy (Storm Lake). Florence has received West Coast acclaim for his spectacular scoring as he averaged 22 and 24 points a game his first two seasons. The 6-foot-4 guard is off to a roaring start this campaign, carrying a 25 points per contest average after the Rebels' first five games. Hardin and Kennedy and

pre-season All-Western Athletic Conference choices. Eberhard hustled his 6-foot-5 frame for 17 points a game last season overall and was third in Big 8 scoring at 19.3 a game.

Charitable recipients designated for proceeds of the 1974 Classic include Multiple Sclerosis and Sickle Cell Anemia.

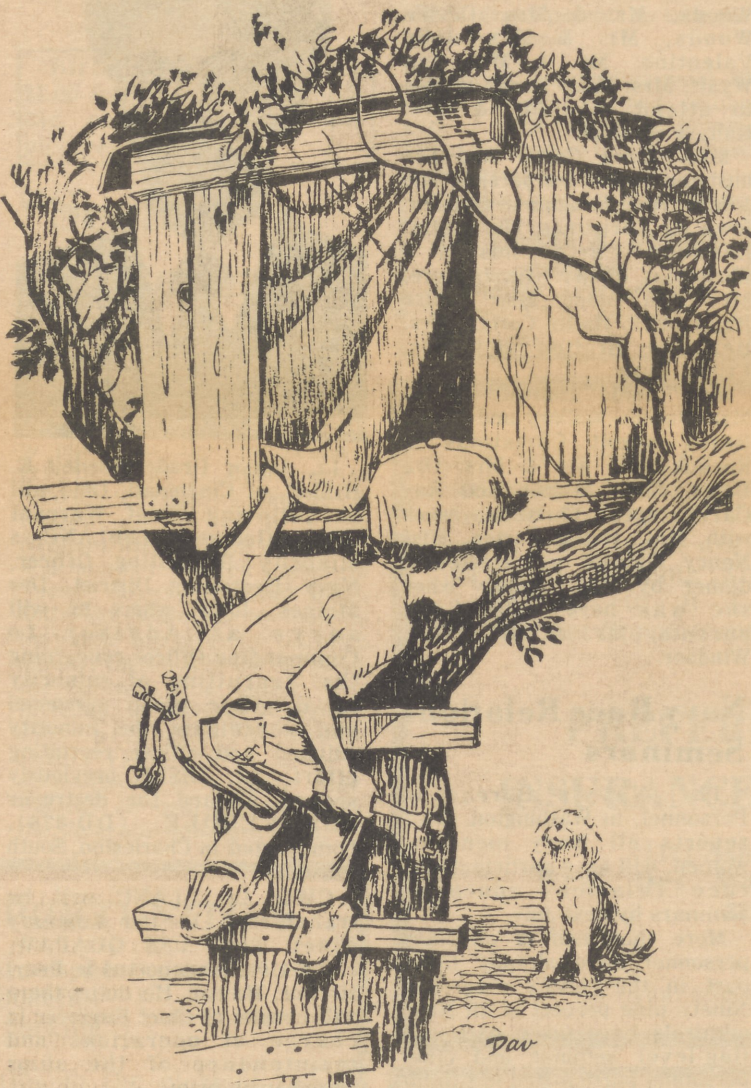
VET'S QUESTIONS AND ANSWERS

Q—I lost my National Service Life Insurance policy which I have continued in force since World War II. Will the Veterans Administration provide a copy?

A—Yes. Request a copy from the Veterans Administration Insurance Center where you pay your premiums.

Q—My father was killed in service during the Vietnam Conflict which makes me eligible for War Orphans Educational Assistance from the Veterans Administration. However, I have joined the Army and would like to take advantage of the program while in service. Is this possible?

A—No. A person eligible under the War Orphans Educational Assistance program may not utilize its benefits while in service.



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