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Iowans

Iowa Bystander

The Black Voice of Iowa

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Thursday, February 13, 1975

No. 36

National News Briefs

CHICAGO— Charges of election irregularities, misuse of funds, and mass firing of union stewards by the Chicago local of the American Postal Workers Union are under investigation by the national APWU office. Also at issue are the donation of approximately \$200,000 to Operation PUSH from union dues and a claim that the present administration never gave an accounting of funds to the general membership.

ATLANTA, Ga.— The Metro Atlanta Chapter office of the Southern Christian Leadership Conference (SCLC) has reopened with new furnishings and a nearly balanced bank account after being closed for three months.

NEW YORK— Five cities, Buffalo, Utica, Newburgh, Lackawanna and Mt. Vernon, have been ordered by Ewald B. Nyquist, state education commissioner, to implement integration orders based on reassignment of pupils.

MIAMI— Attorneys for some 500 Haitian refugees successfully abated an attempt by the Miami Immigration Service to deport their clients by winning a stay of deportation order through the U.S. Court of Appeals in New Orleans.

JACKSON, Miss.— The first national elections that black people have ever held will occur on September 13 and 14 of this year when blacks will be asked to take five minutes in their churches, clubs, centers, and at voting tables set up outside supermarkets to vote on three issues.

WASHINGTON, D.C.— A federal court in Mississippi has announced that the Starkville and Columbus school districts must pay \$106,000 to attorneys who handled successful cases alleging racial discrimination in the employment and firing of educators during desegregation, the National Education Association (NEA) has announced.

Black officials and census

WASHINGTON, D.C.— Now that the electorate in America has sorted out a multitude of issues and chosen its leaders at the state, local and national levels, the Joint Center for Political Studies urgently appeals to black elected officials everywhere to respond promptly to its requests for accurate data concerning the elective offices held by blacks in the nation.

Positive responses to the Joint Center's requests for information will guarantee a close-to-perfect 1975 edition of the Joint Center's National Roster of Black Elected Officials, the most comprehensive annual census of

Black officials
continued on page 10

Children need models more than they need critics.



Brotherhood begins here...

Do all the good you can

In all the ways you can

At all the times you can

To all the people you can

By all the means you can

As long as ever you can

VIEWS and REVIEWS

by James B. Morris

The Wrong Budget Approach

Secretary of the Treasury Simon is a wealthy man and I certainly do not oppose his recommendations because of that fact. On the other hand, he does not seem to understand why the poor and elderly population, must be dealt with on a different plain than he has lived. It is for this reason he feels that the poor people should bear a larger part of the reducing benefits what are being purposed in President Ford's budget.

It is cruel to ask poor people to bear more of the cost of government when they have no money in the first place. (Which does not mean that benefits from the government should be wasted or spent foolishly). So apparently he has sold President Ford on his views.

I have always felt that every person should pay some tax based on his earnings and the extent of his obligations. On the other hand, recipients of Social Security, Medicare and other benefits have been made available because there are those who refuse to save for old age or have been so hedged in poor employment that little was available for this purpose. The fact remains that these people are in their present status, it is a fact and not as they would like to have it.

It is obvious that Congress is not going to listen to Mr. Ford or Mr. Simon when these programs are up for consideration

Iowa Civil Rights Commission Budget

The Iowa Civil Rights Commission has asked for a substantial increase in its budget for the next fiscal year. The director has asked for \$404,123, an increase of \$212,000 over the present fiscal year. While Governor Ray has recommended a substantial increase in the budget, it falls short of what the commission had requested. This is not unusual, of course, as few departments ever get all they ask for.

Unfortunately, processing Civil Rights cases is cumbersome requiring a lot of motions that take up a lot of time. In the meantime, cases get old, witnesses disappear and are not available and often the situation is cured while the paperwork is in progress.

I understand that the director has made certain recommendations to the legislature concerning changes which he hopes will speed up and make the operation more efficient. However it was reported on the WHO Black News Review that some members do not agree with the proposals which the director has recommended.

If this is true, it is understandable that confusion exists among members of the commission. It is not unusual for members of a board to disagree among themselves in their sessions but once a program is adopted the whole commission should come forward in unison. Certainly to let the legislators know this adds fuel to some who oppose the work of the commission.

No one should be appointed to the commission who disagrees with its objectives. I am afraid there is too much of this on the Civil Rights Commission today.

Students Can Help Solve School Problems

While the bussing trouble was at its height in Boston last year, one of the white female students speaking to a reporter which was carried on WHO TV report said that if the older people would leave the problem to youngsters they could settle the matter peacefully among themselves.

I find this true in some instances. Students in several Des Moines schools have carried on Negro History programs. As one teacher said, "it makes things easier when students do these things".

The founder of Negro History Week was a longtime student of Negro History. But he knew that not only should it be compiled but also placed in the hands of people where they can read and study it.

The Negro news media has printed Negro History since the time of their first publication even before the turn of the century. By reading the Negro Press and numerous articles appearing in other media, including daily newspapers and magazines, and viewing and hearing television and radio anyone can learn what contribution the Negro has made which is not being specifically stated in the school history books.

I find that some history teachers in our schools are not taking a serious view of Negro History Week even though they are teaching Negro students in their classes and also some white students who are broad enough to seek knowledge about what the races have accomplished. And it is not fair to expect one or two white students in the Negro history program when it is a subject all students of history should know about. It is for this reason I have always insisted that Negro History should be a part of the history curriculum and any teacher who has not followed this course is not prepared to teach a history class in an integrated school.

**Subscribe
Today**

"Robert Johnson Freed": SCLC's amnesty program

Atlanta, Georgia — On April 4, 1967, in Riverside Church in New York City, Dr. Martin Luther King, Jr. publicly denounced the policy of this Nation for its illegal and immoral role in the Viet-Nam conflict. One year later he was shot down by America's Violence in Memphis, Tennessee.

When Dr. King said this Nation was engaged in an illegal, unjust and immoral war in Southeast Asia many people in this Nation criticized him for doing so. Not only did he urge this Government to end its occupation of the Vietnamese land, but he urged young men who were faced with the possibility of being drafted to fight in this war not to submit themselves to be taken off 10,000 miles into the jungles of Southeast Asia but to register as Conscientious Objectors and refuse to fight in this ungodly war, and to submit themselves to another more moral and just war here in the United States, the war against Racism, Militarism and Economic Exploitation. These three evils were worth dying for and he urged the Nation to fight until the war against these three evils

was won.

One young man who was touched by the message from Dr. King was Robert Johnson, a very committed and dedicated Freedom Fighter and a long time staff member of S.C.L.C. Robert had just turned the age of 18 and had to register with his local draft board. Refusing to take part in the Viet Nam conflict, young Johnson decided that it was against his conscience and registered as a Conscientious Objector C.O. Classification.

In spite of his registering as a Conscientious Objector, he was still drafted, arrested and forced to work at hard labor like a common criminal.

This young man was worked at hard labor as if he had committed a felonious crime for a total of 19 months without ever receiving a presentence hearing or without ever getting credit for the time he served.

We in the Southern Christian Leadership Conference took the position that Robert Johnson had served his time and served it well. We, therefore, urged the courts to drop the five (5) year

noose that it had hung around the neck of Robert for six (6) long years. Today ladies and gentlemen, that "noose" has been released from Robert's neck. That "noose" was released because of SCLC's constant and consistent campaign for Amnesty. When Robert was released a few months ago we stated that he would not apply for President Ford's so called Amnesty Program because it did not go far enough in dealing with this problem. We said at that time that we would continue to campaign for full and complete unconditional Amnesty.

Today our campaign has forced Pres. Ford and the Racist Military War Machine to release Robert Johnson outright. He is now a free man. This is a profound victory for SCLC. But the victory will not be complete until all of the young men of similar fate are freed also. We demand that these men be released and given their freedom now.

We want to express our thanks and appreciation to the Congressional Black Caucus and all of our friends and supporters including Congressman Andrew Young of the 5th District, for the support that you have given us during this very tough campaign.

Black Woman Indicted

Georgia State Senator Julian Bond has taken up the fight of a 20-year-old Black woman now facing murder charges after the death of a jail guard who was found in her jail cell naked from the waist down.

The killing occurred last August while Ms. Joanne Little awaited the outcome of an appeal of her conviction on a charge of breaking and entering and burglary.

Ms. Little and her attorneys have charged that the guard, Clarence Alligood, 62, entered her cell armed with an icepick to rape her. The young woman protected herself the best she could and in the tussle that ensued, she repeatedly stabbed Alligood with the ice pick.

She then ran out of the cell and escaped from the jail. However, when she found out that Alligood had died, she surrendered to authorities and pleaded self-defense.

Disclosures in the medical examiner's report and the fact that Ms. Little gave herself up, has raised serious allegations about victimization of prisoners in smalltown jails.

Demands from local citizens and from concerned Black people from across the country is mounting; demands for justice for Ms. Little and a federal inquiry into inmate brutality are very few which still enforce capital punishment.

The trial has been delayed indefinitely pending on higher court action on an appeal of the judge's ruling denying Ms. Little a change of venue (location) outside Beaufort County.

Advertising Doesn't Cost
It Pays.



HEAT LEAKERS COST YOU MONEY

If you can feel drafts around a window or door on a cold winter day, chances are that 15 to 30% of your family's heating bill is being caused by warm air leakage or cold air infiltration.

Here are some money saving tips that will save you money on both your heating in the winter, and cooling in the summer.

- Install weather stripping at all movable joints around windows and doors.
- Caulk the frames of windows and door. A small crack is a big heat waster.
- Install storm windows or insulated glass to cut down the amount of heat lost through the glass areas in your home.



The new Iowa Bystander

"America's most original black weekly"

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Barbara Epps Managing Editor
J. B. Morris Publisher Emeritus
Publishing address 221 Locust Des Moines

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Credo of the Black Press

The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every man regardless of race, color or creed, his human and legal rights.

Hating no man, fearing no man, the Black Press strives to help every man in the firm belief that all are hurt as long as anyone is held back.

church

Keeping The FAITH

MT. ZION BAPTIST CHURCH

Orlboro, Iowa

Rev. H. J. Simmons, Jr. Pastor

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Prayer Service 7:30 p.m.
Evening Service 7:30 p.m.

PHILADELPHIA SEVENTH DAY ADVENTIST

1150 13th St.

GABE H. TAYLOR JR. Pastor

Sabbath School 9:30 A.M.
Morning Service 11:00 A.M.
Missionary Volunteer 30 P.M.
Prayer Meeting Wed 8:00 P.M.
Dore Society 1st Sunday 1:00 P.M.

KYLES TEMPLE A.M.E. ZION CHURCH

Rev. J. H. Jones, Pastor

907 15th Street

Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Worship 7:00 P.M.
Prayer Service Wednesday 7:30 P.M.

SHILOH BAPTIST CHURCH

1213 Scott Street BL 5-6333

REV. WILLIAM HEATH, Pastor

ORDER OF SERVICES

Sunday School 9:45 A.M.
Morning Service 11 A.M.
B.T.U. 6:00 P.M.
Evening Services 7:30 P.M.
Wednesday Night Prayer Service 7:00 P.M.

Bethel A.M.E. Church

1528 East University Ave

REV. IVAN JOHNSON

Pastor

Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Worship 7:30 P.M.
Wed. Mid-Week Service 7:30 P.M.

Corinthian Baptist Church

9th and School Streets

Rev. F. W. Strickland

Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
B.T.U. 6:00 P.M.
Evening Service 7:00 P.M.
Prayer Service Wednesday 8:00 P.M.

Evangelistic Missionary Church

1340 E. 18th Street

ELDER EURICA FOUNTAIN, Pastor

Sunday School 10 A.M.
Sun Worship 11:30 A.M. and 8 P.M.
Y.P.W.W. 7 P.M.
Sunday Evening Worship 8 P.M.
Tuesday Prayer and Bible Study 8 P.M.
Thursday Consecration and Healing 8 P.M.

St. Paul A.M.E. Church

1201 Day St.

Rev. Robert Clay

Church School 9:45 A.M.
Church Service 10:45 A.M.
Vespers Service 6:45 P.M. to 7:30 P.M.
Prayer Service Wed 7:30 P.M.
Youth Fellowships 5:45 P.M.

TRUE BIBLE BAPTIST CHURCH

1440 DeWolf Street (266-8212)

Rev. Ezra Wiggins, Pastor

Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:00 P.M.
Evening Worship 7:00 P.M.
Prayer Meeting Wed 7:00 P.M.

Mt. Olive Baptist Church

S.E. 4th and Scott Streets

REV. H. R. FIELDS, Pastor

Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Service 7:45 P.M.
Wednesday Prayer Service 7:30 P.M.
Choir Rehearsal Fridays 7:30 P.M.

BURNS UNITED METHODIST CHURCH

811 Crocker Street

Rev. R. C. Pfaltzgraff

Rev. Henry Bevel

Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.

MISSION TEMPLE

C.O.G.I.C.

1161 Enos

Elder James McNear, Pastor
Assistant Pastor Minister E. Bell
Sunday School 9:30 a.m.
Sunday Morning Service 11:00 a.m.
Y.P.W.W. 6:30 a.m.
Evening Services 8:00 p.m.
Tuesday and Thursday nights 7:30 p.m.

FIRST CALVARY APOSTOLIC CHURCH OF GOD

2561 Onawa

Sunday School 10:30 a.m.
Morning Worship 12:00 a.m.
Sunday Evening Worship 7:30 p.m.
Tuesday Bible Study 7:30 p.m.
Thursday Worship 7:30 p.m.
Minister G. Reid

COMMUNITY BAPTIST CHURCH NEWS

Rev. Guy Sanders, pastor, 7th and Forest. There will be gospel singing Sunday, Feb. 16, at 5:00 p.m. The program is sponsored by Eli Jones of the Spiritual Keys. The Spiritual clouds of Joy of Omaha, Neb., M.C. Singers of Omaha, Neb., Soul Savers of Omaha, Neb., Spiritual Keys of Des Moines and the True Light Singers of Des Moines will be on the program.

Everyone is welcome.

MAPLE STREET BAPTIST CHURCH NEWS

Reverend Parrish's sermon title for Sunday, Feb. 16, will be "Despair; by Life's Wayside". The Young Adult Choir will render the music.

The Annual Choir Day scheduled for Sunday, Feb. 16, has been cancelled until April 6, 1975.

The Combined Choirs have been asked to accompany Rev. Parrish on the night of Feb. 17, at 7:30 P.M., to the Macedonia Bapt. Church, where we will take part in the "Anniversary Services" for Reverend Advance Harden, Pastor of the Macedonia Bapt. Church.

The "Holy Terrors" Maple Street Girls Basketball Team will play the First Baptist Church Team on Monday, Feb. 17, at 6:30 P.M. at the First Christian Church, located at 25th & UNIVERSITY.

BETHEL A.M.E. CHURCH NEWS

Bethel will fellowship with the East - 17th Street Church of God in Christ on Sunday February 16, 1975 at 4:00 p.m. Bethel's pastor will be the guest speaker and the Choir from the same Church will furnish the music. We are looking for a great time in the Lord. The Reverend Richard Daye is the host pastor. Sunday services include, Sunday School at 9:30 a.m. and Divine worship at 11:00 a.m. Pastor's sermon subject will be, "The Other Side Of Gossip".

PILGRIM MISSIONARY BAPTIST CHURCH

1732 Walker Street

REV. WAYLAND HEATH, Pastor

Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Youth Meetings Weekly 7:30 P.M.
Prayer Meeting Wednesday 7:30 P.M.

JACOB TEMPLE CHURCH OF GOD IN CHRIST

1501 Fourth St.

Elder A. C. Carroll, Pastor

Sunday School 9:30 A.M.
Sunday Worship 11:00 A.M. and 8:00 P.M.
Evening Services Tuesday and Friday at 8:00 P.M.

MORNINGSTAR BAPTIST CHURCH

1150 W. 13th

REV. ALEX CRAWFORD, Pastor

Sunday School 9:45
Morning Worship 11:00
Sunday Broadcast 9:30 A.M. to 10:00 A.M.

MT. HEBRON BAPTIST CHURCH

131 - 9th St.

West Des Moines, Iowa

REV. JAMES HARRIS, Pastor

Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Prayer Meeting Wed 7:30 P.M.

Maple Street Baptist Church

E. 16th and Maple Street

REV. GEO. PARISH

Minister 266-8910

Sunday School 9:45 A.M.
Sunday morning worship 11:00 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:30 A.M.
Evening Service 7:30 P.M.
Prayer Service Wed. 8:00 P.M.

MESSIAH TEMPLE CHURCH NEWS

Messiah Temple enjoyed having the Reverend George Turner give us the lesson last Sunday. Among the many things he touched on, he brought out the fact that God would separate His followers from the wicked.

We had a test during the Life of Christ class last Sunday evening. After the test, each person had an individual message given them. The Lord blesses each of us daily with encouragement, reproof, and chastisement when we are willing to let Him have His way.

Our prayer meetings are growing more spiritual all the time. A lesson is brought by one of the congregation at each meeting. It is truly beautiful to see the growth in the Lord.

Sunday school is at 10:30 with services at 11:30. The Life of Christ is taught every Sunday evening at 7:00. Prayer meeting is every Friday at 7:30 p.m. Worship with us soon.

New Church Announcement

The Rev. A. E. Johnson of Des Moines, Ia. has opened the New Bethany Church of God in Christ at 800 Des Moines St., Des Moines, Iowa.

With a background of religious living from childhood up, and with parents of whom were very blessed of the Lord in this field, he has a mind and soul intentions to be a blessing to Des Moines, mainly the youth.

He's an anointed preacher of God and a great counselor of youth. He endeavors to make alive his dream to win many souls to Christ black and white alike.

The New Bethany dedication will be Feb. 16, 1975, at 4:00 p.m. The Rev. Bishop Hurley Bassett of Iowa COGIC will dedicate the church. Expecting guest from throughout the city and state.

All are welcome.

MESSIAH TEMPLE

2603 Center

Elder Jacob J. Reed Pastor

Order of Services

Sunday School 10:30 a.m.
Morning Worship 11:30 a.m.
The Life of Christ 7 p.m.
Prayer Service Friday 7:30 p.m.
Choir Rehearsal Sat 2 p.m.

Union Baptist Church

"The Friendly Church"

E. UNIVERSITY AT McCORMICK

REV. HENRY THOMAS

1340 McCormick

Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 7:45 P.M.
Prayer Service Wednesday All Day

EAST UNIVERSITY CHURCH OF GOD IN CHRIST

East 17th & University

Pastor Richard L. Daye

266-7039

Sunday School 9:45 am
Reg. Services 11:30 am
Tues. Services 7:00 pm
Fri. Family Nite 7:00 pm

ST. JOHN CATHOLIC CHURCH

Harding & University

Father Jim Kiernan

Father Gene Cunningham

Eucharistic Celebration
Sat 5:30 pm
Sun 8:00 am
10:00 am
11:30 am
Weekdays 6:30 pm
8:00 pm
Confession, Sat & after 5:30 Eucharist 3:5 pm

ST. JOHN BAPTIST CHURCH

2548 S.E. Maury

Rev. Phil Tindrell

Church School 10:00 am
Morning Worship 11:00 am
Youth Fellowship 6:30 pm
Evening Worship 7:00 pm
Wednesday Prayer Service 7:00 pm
Pastor phone 266-5755

ST. PAUL A.M.E. CHURCH NEWS

The Layman's Founders Day Banquet will be Friday, February 14th, at 6:30 p.m. at the church. Our speaker will be the celebrated Mr. Churchel Swann, of Plainfield, Indiana. He is President of the 4th Episcopal District Laymen Organization.

Sunday, February 16th, is Second Mile Sunday with all Missionaries in the Illinois Conference. We are asking for your help at the 10:45 morning service. Mrs. Wilberforce Minter is Des Moines Area Chairman.

MT. HEBRON BAPTIST CHURCH NEWS

On next Sunday, the 16th at 2:30 p.m. the Mothers, Stewards and Deacons Council will have their regular monthly meeting at Mt. Hebron. Rev. H. I. Thomas, pastor of Union Baptist Church, choir and congregation will be our guest. Rev. Thomas will bring the message. At 7:00 p.m., on the 16th, the Senior choir will be presenting an hour of "Inspiration and Beauty" the inside of Christian life.



Rev. Andrew E. Johnson

SHILOH BAPTIST CHURCH NEWS

Rev. Wm. S. Heath will preach at the Sunday morning worship.

The Gospel Choir will present a musical program at 4:00 p.m. The Morning Star Baptist choir will be the guest.

KYLES A.M.E. ZION CHURCH NEWS

Saturday, Feb. 15, There will be a Check up meeting held at St. John A.M.E. Zion Church, East St. Louis, Ill.

Sunday morning services, Feb. 16, will begin with Choir Devotions by the Pre-Teen Choir. Pastor, Rev. Joseph H. Jones, Sr. will deliver the message.

The Training session will resume Sunday evening beginning at 5:00 P.M.

DATES TO REMEMBER. Baby Contest...March 9. Prayer Breakfast...March 23. Banquet...April 19.

Iowa Lions Sight Foundation

The Iowa Lions Sight Conservation Foundation today announced a concentrated effort by the over 15,500 Lions of Iowa to collect used glasses for those who need them. Lions International, the worlds largest service club, has over 350 clubs in Iowa. The Lions will have collection points throughout the state in the cities represented by the clubs to make it easier for the public to participate in the drive. Any glasses or lenses can be used. Simply leave them at an announced collection point, or turn them over to any Lions Club member in your city.

The collected glasses will be forwarded to the National Federation of the Blind. They will be sorted, checked, and prepared for shipment to all parts of the world; wherever they are needed.

The I.L.S.C.F. contributes to the largest library for the blind in the world, which is in Des Moines; supports the Leader Dog Program; and helps with the education of blind children, including providing each blind Iowa high school graduate with a typewriter.

A new program, with the help of the Commission for the Blind, will provide a Bible for any blind Iowan who needs one; and the great work of the Iowa Society for the Prevention of Blindness in the field of sight conservation is aided by the Iowa Lions Sight Conservation Foundation. This past year alone, through its Amblyopia (Lazy Eye) testing program, the Society was responsible for the testing of over 25,000 Iowa pre-school children with over 700 found to be in need of help.

There are thousands of unused glasses in our Iowa homes. They can be of use to someone somewhere. Turn those you have accumulated over to your local Lions Club and let them help someone who needs them to see.

Post Office Bids

The General Services Administration announces the availability of bidding documents for the sale of the former Post Office property located at 124 Walnut Street, Des Moines, Iowa.

H.D. Harvell, Acting Regional Administrator for the General Services Administration, said the property consists of approximately 3 acres (122,000 sq. ft.) of land improved with a two-story building containing a total of approximately 158,000 sq. ft. of floor space. The property is included in the National Register of Historic Places. Bids will be opened in the Kansas City, Missouri, Regional Office, Business Service Center, on March 6, 1975 at 2 p.m. local time.

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NEW BETHANY CHURCH OF GOD IN CHRIST
800 Des Moines St.
Pastor Andrew E. Johnson
Sunday School 10:00 a.m.
Morning Worship 11:30 a.m.
Sunday Youth Service 6:45 p.m.
Sunday Evening Service 8:00 p.m.
Mid week service Wed & Fri 7:30 p.m.
Everyone Welcome

Dignitaries attend rites for pres. of St. Louis Argus



Mrs. Nannie Mitchell

ST LOUIS — Many dignitaries, including the mayor and governor, attended the funeral services Thursday for Mrs. Nannie Mitchell, longtime president and treasurer of the St. Louis Argus.

The 88-year-old journalist, whose column appeared in the St. Louis Post-Dispatch, as well as the Argus, died on Jan. 25 after a long illness. Funeral services were held at Berea Presbyterian Church with Rev. Warner Sanford, Jr., officiating.

Mrs. Mitchell was for many years treasurer of the National Newspaper Publishers Association which named her "First Lady of the Black Press."

The veteran journalist was born in Alexander City, just outside Birmingham in 1887, and

received her education at Tuskegee Institute where she met her husband, William Mitchell. They were married in 1904.

Soon the young couple was en route to St. Louis at the invitation of her husband's brother, J. E., who had been drawn to the gateway city by the World's Fair here, marking the centennial of the Louisiana Purchase.

Here, they helped J. E. expand an insurance newsletter into the St. Louis Argus in 1911. Within two weeks, the paper will celebrate its 64th birthday as the oldest black newspaper in Missouri, and one of the largest in the U. S.

Her husband William died in the 1940's and her brother-in-law, J. E., in 1952. After that, her son Frank served as publisher of the paper until his death a few years ago. Now her grandson, Dr. Eugene Mitchell, medical director of Homer G. Phillips Hospital, is publisher of the Argus.

Mrs. Mitchell is survived by 5 grandchildren; Dr. Mitchell, Frank Mitchell, Jr., Kenneth Mitchell, Ms. Soroya Mitchell, and Cheryl Nan Mitchell; a sister-in-law, Mrs. Edwina Wright Mitchell of Philadelphia; and two daughters-in-law, Mrs. Zelma Mitchell Harris, editor of the Argus; and Mrs. Betty Mitchell Wilson.

Burial was in the family plot of Washington cemetery here.

Journeyman Bricklayer



Lavone Burk

Lavone Burk of 1169 Tenth Street is a journeyman bricklayer for Arthur H. Neumann and Brothers, Incorporated. The picture above was taken on the 36 story Ruan Center in downtown Des Moines where he is now working.

He completed his four year apprenticeship in March, 1974. In addition to his on the job training he was required to

participate in related classroom training which insured that he would become competent at his chosen trade.

Lavone graduated from North High School in 1969. He is married to Carlotta Burk and they have one child.

He said, "after undergoing eight weeks training at Area XI he began his on the job training, the work is hard but it paid off

for him both financially and because it has given him a feeling of achievement." He also said, "I had no problems as an apprentice. Everybody helped me when I needed help." The bricklayer superintendent, Dale Anderson, said "Lavone is a good bricklayer."

Anyone who is interested in becoming a construction craftsman and is willing to work for it like Lavone Burk can contact the Des Moines Area Apprenticeship Outreach Program, 1223 Sixth Avenue, Des Moines Iowa.

Snapping door knobs?

Are the door knobs and light switches in your home snapping at you this winter?

If they are, the chances are that the humidifier in your heating system is not adding enough moisture to the heated air it delivers for your comfort.

"Those static electricity sparks you get from metal objects in the home during the heating season aren't harmful in themselves—although they are unquestionably annoying—but they should serve as a warning of too-low humidity, which can be harmful to your family's comfort and well-being and damaging to your household goods," says Walter R. Stiles, Vice-President and General Manager of Skuttle Manufacturing Company, producer of all types of home humidifiers.

Heating winter air sharply reduces its relative humidity level. For example, when outdoor air at 15 degrees above zero, with a relative humidity of 75 per cent, is heated to 70 degrees indoors, its relative humidity drops to about 8 per cent, which is considerably below that of the atmosphere in the Sahara Desert or Death Valley.

"Relative humidity", which is always stated as a percentage, is a measure of the amount of moisture vapor actually suspended in the air at the time of measurement, as compared with the amount of vapor the air, at the same temperature, could hold without reaching the saturation point. Warm air is capable of holding more water vapor; thus, when cold outdoor air is heated, the "relative" humidity drops sharply unless humidification is added.)

The usual seasonal discomforts, such as smarting and buring in the throat, begin to make their appearance with the beginning of the heating

AAA Protests Registration Increases

The AAA Motor Club of Iowa has officially taken action to protest the State of Iowa's current practice of increasing passenger car registration fees on those cars that have previously been registered at a lower, established fee. According to John R. Bireline, the Club's Director of Public Relations and Safety, "The Club

has serious doubts as to the legality of this practice. We have consulted with our corporate counsel and we now base our doubts on both statutory and constitutional questions."

The spokesman said that the Motor Club of Iowa has begun registering its company owned passenger cars by issuing payments 'under protest'. Bireline also said that the Club is suggesting this method of 'payment under protest' to all Iowa passenger car owners who have received an increase in registration on the same car, as compared to the 1974 fee. In addition, he noted that it should be understood that the Motor Club of Iowa is by no means advocating that citizens should not pay their registration fees. The Club does suggest, however, the 'payment under protest' method so that citizens may qualify for any rebates, should the current increases be deemed illegal. Any passenger car owner can register his protest by clearly writing the words 'payment under protest' on his check when paying the 1975 registration fee.

The Motor Club of Iowa believes there are serious questions concerning the interpretation of the statutes relating to motor vehicle registration within the state. The Club feels that the Department of Public Safety, which currently constitutes the motor vehicle department in Iowa, may very well be acting beyond its authority by increasing the value portion of registration fees on many late model cars. According to Bireline, "It is by means of this policy that many owners of 1973 and 1974 passenger cars are experiencing increases in their registration fees." He also reported that the AAA Club is pressing for legislation that would remove the value portion of registration fees currently assessed to passenger cars. He added that the Club favors a method based either on a flat fee or on weight only.

In order to reach a logical and proper course of action, the Motor Club of Iowa is in the process of assessing the situation with its corporate counsel.

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Black History: lost, stolen or strayed

"A gospel songfeast"

Bethel African Methodist Episcopal Church, 1528 - East University, will be the site of a song feast, Sunday February 23, 1975. Featuring The Choir from the East 17th Street Church Of God In Christ and their pastor, the Reverend Richard Daye. Along with this wonderful choir and Rev. Daye, there will be special numbers rendered by Mrs. Alberta Hunber and Mrs. Leola Manson. "Want a seat on this gospel train?" Just be on time and we'll have a seat reserved just for you. Rev. Ivan J. Johnson, pastor.

Heavenly Meditators

The Heavenly Meditators of God's Army of Youth will be having their 6th Anniversary on February 16, 1975, 3:30 p.m. at Union Baptist Church located at East University and McCormick. There will be choirs from different churches. Refreshments will be served afterwards. All are welcome.

"Wings of Grace"

The Wings of Grace gospel singers will be having a memorial service Sunday, Feb. 16, 1975, at the Mt. Olive Bapt. Church at 6:00 p.m.

Sis. Rose Edmonds will be making a presentation to the church in commemoration of our beloved Sis. in-Christ who is now taking her eternal rest. Special tapes will also be used at the service along with the dedication of our new singing attire.

Everyone is invited to come and share in this memorial service. We know God will bless all of you.

Breast cancer program

Breast Cancer Program will be presented at Corinthian Baptist Church, on Tuesday, February 18th at 7:30 p.m. This program is being presented by the General Missionary Society of the church.

Hogan's host Meredith

Mr. and Mrs. Frank W. Hogan Sr. hosted James Meredith at their home during his stay in Des Moines this week. Meredith was the main speaker at Drake during Black History Week. Meredith and the Hogan's son Frank, are close friends.

AKA's hold Founder's Day

The chapters of Iota Zeta Omega, Eta Tau of Des Moines, and Epsilon Theta of Iowa City, celebrated the 67th anniversary of Alpha Kappa Alpha Sorority, February 1, at Drake University's Olmsted Center.

The sorors and guests enjoyed a delicious meal, while being entertained by the Ivy Pledge Club of Eta Tau. After the meal, Soror Gwendolyn Fowler, charter member of Beta

Gamma, (now: Iota Zeta Omega) spoke on the "Role of Alpha Kappa Alpha women in the community". Following the tradition "Redication" ceremony, sorors and guests were the entertained in the lovely home of Soror Mary Chapman.

Special guests attending, were Soror Wilda Hester, Soror Azalia Mitchell, charter members of Beta Gamma.

NAACP to meet

The Des Moines Branch NAACP met Thursday, February 6th at Willkie House. Rev. Ivan Johnson, the president, presided and announced plans for the observance of Brotherhood Week and of Negro History Week. In the future the Des Moines Branch will meet on the first Thursday of the month at 7:30 at Willkie House. A special meeting of the board and executive board will meet Thursday February 20 at Willkie House 7:30 to make specific plans for the membership campaign and Fighting Fund for Freedom Ball.

The Nebraska-Iowa States NAACP will meet at the YMCA Saturday the 15th at 11 o'clock. The president, Attorney Robert A. Wright announced that progress of desegregation in Nebraska and Iowa will be discussed by leaders in the process.

An evening with the Voices of Soul

The Voices of Soul, a choral ensemble of more than 50 Black students from The University of Iowa, accomplished a first in the record books of the University.

On Saturday evening, February 1, The Voices of Soul became the first black company of non-professionals to perform in the University's renowned Hancher Auditorium.

Soulful sounds, beautiful poetry, and expressive dance were presented to the audience by the choir, poets, dancers and musicians. The professional-like program opened with the spiritual "Swing Down Chariot", progressed to "Main Line" and ended with the contemporary "Runnin' From the Devil."

The result - a moving, soulful cultural experience, for all in attendance.

Adult Photography class

The Black Theology Center is holding adult photography classes on Monday and Wednesday evenings from 7 till 10 p.m. The class is offered to Jr. high and high school students from 7-9 p.m. on Tuesdays and Thursdays. There is also a class for 4th, 5th and 6th graders. The classes are free of charge. For further information contact Zack Hamlett at the Black Theology Center.

"Citizen's guide to voting"

The "Citizen's guide to voting" and directory of public officials, distributed by the Metro Des Moines League of Women Voters, is not available.

The guide includes when, where and who of voting registration, information about absentee ballots and election day.

It also lists members of the Des Moines, Johnston, Urbandale, and West Des Moines school boards and those who represent Iowa in Congress and Polk County in the legislature.

The day, time and location of governmental meetings plus the names of public officials for Polk County, the cities of Clive, Des Moines, Johnston, Pleasant Hill, Urbandale, West Des Moines and Windsor Heights, are provided.

Copies of the Citizen's Guide may be obtained by sending a business-size self-addressed stamped envelope to:

Metro-Des Moines League of Women Voters
402 Securities Building
Des Moines, Ia. 50309



L. T. Club

The first meeting of the New Year, was at the home of Mrs. Maggie Johnson, Jan. 15th. The new elected officers are: Joann Jackson, president; Bonnie Crumb, vice-president; Martha Parkey, secretary; Barbara Palmer, secretary; Mildred Bayles, treasurer; Harriett L. Scales, reporter.

Jan. 26, the club entertained their husbands and friends at Charles Showplace to see the Moon is Blue. Next meeting, Feb. 19, at the home of Mrs. Barbara Palmer, 1238 McCormick.

Olive Branch Ch. No. 32 O.E.S.

Olive Branch No. 32 will have an evening of fun on Sat. Feb. 15, at North Star Lodge Hall at 12th and Clark. There will be entertainment and refreshments. The time is 3 p.m. until.

Free income tax service

The Business Aid Society of Polk County is establishing four centers to provide free income tax services to the indigent in Des Moines' inner city, according to Mark Boxer, a senior in Drake University's College of Business Administration from Milwaukee and student chairman of the society.

Each center will be open from 7 to 9 p.m. one night a week through April 15, the federal

documentation on black history, having been shown on C.B.S. The film is narrated by Bill Cosby. A discussion will follow. The public is invited.

income tax deadline. The four centers and the days they will be open are:

--Model City's Library and Information Center, 920 Washington Avenue, Mondays, beginning February 10;

--Willkie House, Inc., 900 17th Street, Tuesdays, beginning February 18;

--Edmunds School, 1601 Crocker Street, Tuesdays, beginning February 11, and

--Irving Junior High School, 16th Street and Forest Avenue, Thursdays, beginning February 13.

The Business Aid Society is composed of professional businessmen and students majoring in business and economics at Drake. Boxer said the society provides a number of services, including budgeting, bookkeeping, credit, and tax advice. For more information, telephone the society at 271-2973.

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=Who's Who= in Des Moines



Muriel Boggs
Personnel Assistant

Muriel Boggs, personnel assistant, for Iowa Power and Light has been with the company for 12 years. She has worked in many capacities for the company and has done extremely well.

Muriel is a native of Des Moines and graduated from East High School. She attended Grand View College for a short time also, and was a student at Betty Bond's School of Modeling and Charm. She was once elected "Model of the Month" and has modeled in several shows.

In working for Iowa Power her present duties are interviewing applicants for employment in various work areas, college recruiting and other employee relations activities. "I've really enjoyed working for the company and I've gotten spoiled here because I know everyone and everyone knows me," says Muriel.

Member of CC

"I've been a member of the Chamber of Commerce since 1965. Presently, I am a board member of the Women's Division of the Des Moines Chamber of Commerce and this is actually the first time that I

have had a real active role in the Chamber," says Muriel. Her term is for three years, which is going to end this year. She serves as Vice Chairwoman of the evening meeting of the committee. Part of her duties entail organizing the evening meetings for the year, making arrangements for speakers, entertainment, planning menus and scheduling places for the meetings, since there are no regular meeting facilities.

"I've enjoyed being a member of the Chamber, and I've met a lot of nice people and done lots of things that I wouldn't have done ordinarily," says Muriel.

Community Playhouse

Muriel's hobbies are limited to two things. She loves to sew for herself and her family. Most of the things she wears and her daughter Kristin are made from her little homemaker hands.

She has been quite active with the Des Moines Community Playhouse, with her major performance being "Raisin in the Sun" where she portrayed Ruth. She also played the part of a nun in the play "Cyrano de Bergerac" and played a French nurse in "Sunrise at Campobello". She has had a

number of bit parts in other plays and has worked backstage in makeup, props and wardrobe.

Family Life

Muriel's husband, Orbie, is employed at Northwestern Bell Telephone and they have two children. The oldest is Orbie III, who is 11 years old and Kristin Michele who is 3 years old.

ISU Army Commission

Army commissions are available in the United States Army through almost 300 universities in the country. These commissions are offered to college men and women, and give them an opportunity to be commissioned as second lieutenants after only two years of on-campus ROTC instruction. The pay begins at approximately \$900 per month and includes free medical and dental care plus PX and commissary privileges.

In addition to being graduates of a junior college, or a student in a four-year college who have completed all requirements through the sophomore year the following prerequisites must be met:

- 1) Be physically and mentally qualified
- 2) Be of good moral character
- 3) Be at least 17 years of age. You must not be more than 28 years old when commissioned.

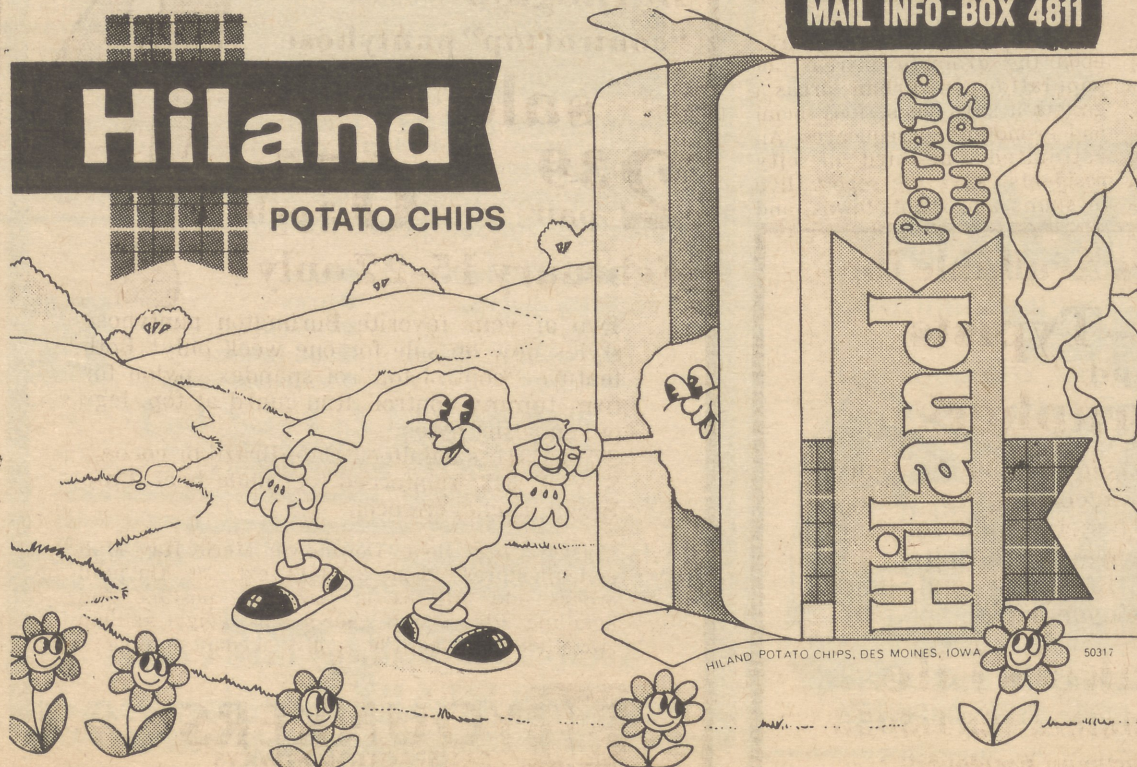
The two-year program is designed specifically to fill the needs of junior college graduates and students of four-year colleges who have not taken Army ROTC during their first two years. A short training period during the summer substitutes for the first two years of the four-year program. Travel expenses are paid for the two-year basic camp as well as approximately \$500 for the period. As advanced course students, applicants will receive \$100 per month during their junior and senior year of college. Successful candidates will be appointed by the President of the United States as commissioned officers in the United States Army. They will have achieved the enviable combination of a college degree in an academic field and a leadership position in the service of the country.

For additional information write or call collect 515-294-1852, Professor of Military Science, Iowa State University, Ames, Iowa.

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Phil Jones U of I asst. vice-pres.

IOWA CITY, Iowa — Phillip E. Jones has been named assistant vice president for administrative services at The University of Iowa. The appointment is effective immediately.

Jones will continue as director of the University's Special Support Services (SSS) until a successor is selected for that position.

In his new post as assistant vice president, Jones will serve with William M. Shanhouse, vice president for administrative services, whose responsibilities include personnel services, facilities planning and utilization, architectural services and residence halls.

Jones earned an M.A. degree from the U of I in 1967 and currently is completing a Ph.D. degree in the field of student personnel administration in the U of I College of Education. A native of Chicago, he received a B.A. degree from the University of Illinois.

In 1968 Jones was appointed coordinator of Educational Opportunity Programs at Iowa and two years later was named director of SSS, which provides assistance with the special needs of disadvantaged students.

Jones currently is a member of the U.S. Office of Education's National Task Force for the Disadvantaged. He recently completed a three-year term on the Iowa City Human Relations Commission, including one year as chairman, and also has served on the Board of Directors of the U of I Credit Union.

His other professional affiliations include the American Association for Higher Education, the National Coordinating Council for Education Opportunity, Inc. and the National Association for Financial Aid Administrators.

Jones is married to the former Jo Lavera Kennedy and has two children, Phyllis Lavera, seven, and Joel Erskine, five.

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Barbara Epps	Managing editor



Comedian and social activist Dick Gregory will be Tony Brown's co-host for a special discussion of the CIA and its alleged domestic spying. Nationally-syndicated columnist Jack Anderson will also be on hand for this informative segment of **BLACK JOURNAL...THIS EVENING**, Friday, Feb. 21, at 9:00 p.m. on Channel 11 on PBS.

Understanding Life Ins.

by Quincy L. Southers

As was stated in the article last week, many of the terms and words of an insurance policy are required by law to protect the policy holder. I contend that if you take a few minutes to read your policy many of the terms and words will be explained and you will have a general knowledge of what your benefits and protection are.

To help you further understand the insurance contract, I will continue with the easy definition to some of the terms or phrases that you will come across.

1) Waiver of premium: (Is known as the disability clause): A provision that waives the payment of premium while the insured is totally disabled. Most companies require you to be disabled for a period of six months before the benefit goes into effect. Generally most companies after the six months wait, pay you back the money that you have paid during the beginning of the disability.

2) Lapsed policy: the termination of a policy due to the nonpayment of the premium.

3) Grace Period: The period after non-payment of the premium where the policy holder generally has 31 days to pay the premium that is due or the policy will go to a state of lapse.

4) Reinstatement: The term that means to put a lapsed policy back into force. This will be to the original condition before the lapse. Generally three criteria must be met before reinstatement can be accomplished. First the policy holder must prove his insurability (or that he is in good health). Second all the back premium must be paid current. Third, A interest payment must be paid on the premium that is due.

5) Suicide clause: This clause states that if a person purchases insurance and commits suicide within the first two years of the policy, the company will pay the beneficiary the premium which was paid before the suicide and no death benefit. If the suicide happens after the two year period the company must pay the death benefit.

6) Incontestable clause: Basically states that the policy can not be contested after a two year period for any reason which includes not giving correct answers on the application (misrepresentation of fact). If the company finds out during this two year period

that the application was obtained by misrepresentation of the facts and a death has occurred the company is only responsible for the return of premium that has been paid. It is generally to your advantage to tell the agent all the facts when applying for insurance, to make sure that your family will get the full death benefit in the event of your death instead of a few dollars for the return of premium.

7) Non-Forefeiture values: States that if you have cash values and dividends in a policy and your policy is in a state of lapse. The money that you have accumulated is yours and must be returned to you in the form of cash, paid-up insurance (paid-up whole life insurance that you never have to pay a cent on and it still draws interest). Extended term insurance (Term insurance that is at the face amount of your policy for a certain amount of years and days according to the amount of cash values and dividends you have accumulated. You should always request one of the options if your policy is going to be or is in a state of lapse. If you don't ask the company generally always picks the extended term insurance for you. Always ask your agent or insurance company to see if you have any values in all lapsed policies.

8) Face Amount (face values) The amount or value that is on the face of the policy to be paid to the beneficiaries at the death of the insured. The face amount doesn't include dividends or cash values.

To save yourself much grief in the future I would like to ask everyone to take out the policies that they have and check all the

terms that I have explained these last two articles. A few minutes time now could save you thousands of dollars in the future.

As always if you have any questions concerning life insurance or any related matter, feel free to give me a call or drop me a line at

Quincy L. Southers
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Remember that the right life insurance agent is your assurance of sound planning.

African People Young And Poor

Nearly 45 per cent of Africa's population is under 15 years of age. This is the conclusion of the United Nations Commission for social development, which has just published the results of a recent study. The commission report also shows that only three per cent of Africa's people are 65 years of age or under.

The Commission report attributes the age imbalance in African populations to two factors—a high birthrate, and a relatively short life expectancy. Africa's birthrate of forty-seven per every thousand people annually is the highest of any region in the developing world. Life expectancy, on the other hand, ranges from thirty-five years in bagon to just over 60 in mauritius.

The U.N. report also remarks upon the dramatic increase of population in urban areas—a growth it says has serious social and economic consequences. An estimated one-third of city residents, says the report, live in slums and shanty-towns, and

Missour Prisoner Dies Of Unknown Causes

Jesse Lang, a 31-year-old Black inmate at Missouri State Penitentiary, Jefferson City, died recently of unknown causes following an extended period of documented harassment and persecution by prison officials. It has been speculated that the prison administrators may have been responsible for his death. An autopsy is being performed.

The young inmate was first brought to national attention last September when the Institute of the Black World (IBW) published an essay by Lang on the realities of prison at the Missouri institution. Entitled "Inside Missouri State Penitentiary: Observations of Number 14922," the article was an unrelenting and penetrating account of living conditions there. It has been suggested that Lang's death may have been related to the publication of the essay.

Lang, who had been incarcerated since 1968, was first labelled a "trouble-maker" and a "communist" about three years ago when he became interested in political writings and requested that his family send him such material. From that point on, he was constantly intimidated by the administration.

According to Lang's account, 1972 and '73 were very brutal years, particularly for him and other Black inmates who were

in many cases the number may approach two-thirds.

This population pressure in urban areas results in a low level of social services, and in unhealthy conditions. With more than half its people under 15, provision of social services and job opportunities for the future is a troublesome problem—particularly for that half of the African continent with a gross national product of less than 200 per capita.

In a further sobering observation, the commission reported that the infant mortality rate for Africa is still the highest in the world. In one region of White-Rules South Africa, the report says, one-half of the African children die before the age of five.

engaged in political education projects. Many prisoners were beaten and threatened. As a protest against these injustices they called a work strike in January 1973. The strikers, who had also drawn up a list of demands calling for reform within the prison, were beaten and later placed in Maximum Security.

Lang spent much of the last two years of his life being shuttled between the prison hospital and the Maximum Security wing of the prison. In Maximum Security, he continued to come under frequent attack, was placed in solitary confinement and denied all privileges. When these pressures brought on a nervous breakdown, he was transferred to the prison hospital. There, he is said to have been drugged repeatedly with the drug depressant, prolixin, which caused him to "act strange". Upon release from the hospital he would be immediately sent back to the "hole" where he would have another breakdown. The process would start all over again.

According to Lang's mother, he was shackled and under the influence of some kind of medication when last seen alive. The autopsy report should reveal whether or not his death was related to this treatment.

State Representative Fred Williams (St. Louis, District 78) has been actively involved in trying to change conditions inside the prison for the last two years. He is currently heading up an effort to initiate an investigation into the causes of Jesse's death. Persons interested in additional information or supporting his efforts should write to him at 6621 Chamberlain, St. Louis, Missouri 63112.



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History Of The Brotherhood Program In Des Moines

The late George Webber, who was secretary of the Des Moines YMCA when it was located at 4th and Keo Way, in cooperation with a number of church and other organization leaders conducted a religious life emphasis week in the early 1930's.

Each year interesting speakers were brought in to conduct the services, among whom was Dr. George E. Haynes, Secretary of the Race Relations Department of the National Council of Churches. The programs were highly successful and drew large crowds particularly at the University Church of Christ and Plymouth Congregational Church.

At a meeting held at Plymouth Church, Mr. Webber made a daring plea to the businessmen of the community challenging them to put religious practices in the business they operated including the hiring of people on the basis of ability and not on the basis of race or religion.

Moving further in the direction of what he had talked about at Plymouth Church, Webber headed a group of business and religious leaders who spent a week at the Y Camp near Boone discussing these problems. As far as I can remember the following were participants: Charles Cownie, Harvey Ingham, Will Tone, S. Joe Brown, Rabbi Manheim, A.P. Trotter, James B. Morris and Rev. G.W. Robinson and other I don't recall.

Out of the discussions of this group grew the Des Moines Interracial Commission whose program was "peaceful penetration different from the NAACP which is a militant organization. In cooperation with the NAACP and other interested groups they led the push for more equitable treatment of minorities in Des Moines including hiring and their inclusion in movements that were helpful to the Des Moines Community.

H.T. Steeper, principal of North High School, was its first president. Meetings were held there for several years. Several teachers and the superintendent of schools were members which helped to provide interracial programs in the schools. Brotherhood Week speakers appeared at many of the junior and senior high schools where all the students heard about Negro history and brotherhood.

This group tied in with the forces who were interested in forming the National Conference of Christians and Jews which spearheaded the employment of Negro teachers in Des Moines and the formation of the Des Moines Commission on Human Rights. JBM

An American Institution

In 1934, some 300 communities in the United States shook off the doldrums of the then current depression long enough to observe something called Brotherhood Day. The observance caused only a ripple of response in the participating communities and it received virtually no national recognition. But to a group of men and women banded together in a relatively new organization known as the National Conference of Christians and Jews, that day in April, 1934 was exciting and inspirational.

And in Denver, Colorado, a Catholic priest, Monsignor Hugh McMenamin, was seeing the fulfillment of an idea he had almost causally proposed to the National Conference two years previously. The suggestion grew out of this situation: Monsignor McMenamin was sitting in his study one July day, looking at his calendar with July 4 standing out in red with the wording "Independence Day." The priest thought, "Wouldn't it be fine if for just one day we celebrated our inter-dependence?"

Those who worked to promote that first Brotherhood Day saw it become a full week's observance in 1940, and four years later, more than 2,000 communities, among which, for the first time every state was included, celebrated Brotherhood Week. Since 1940, the Brotherhood Week dates have always been the full week that includes Washington's Birthday. Today, countless people and communities of the nation observe the event in some manner. It is truly an American institution.

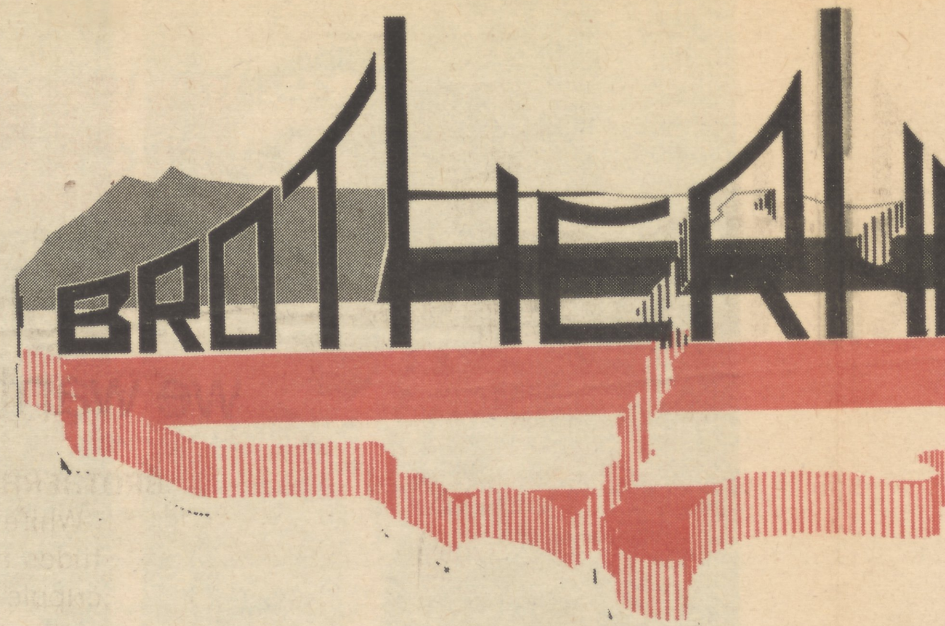
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BROTHERHOOD WEEK

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PLAN EXCITING AND INSPIRING BROTHERHOOD PROGRAMS

- Rededication to the basic ideals of respect for individuals and peoples.
- Practical steps which people can take to promote an understanding and realization of these ideals.
- In 1971, Brotherhood Week was used to launch a year-long special emphasis program focused on the Black minority in America. In 1972, the focus was on Spanish-speaking Americans. In 1973, the Brotherhood focus for the year was a special effort to identify and work with American Indians. Last year the Brotherhood focus, beginning in the traditional Brotherhood Week in February, concentrated on developing mutual respect among individuals. The 1974 National Co-Chairmen for Brotherhood, Walt Frazier and Bill Bradley of the New York Knickerbockers, epitomized the mutual respect and human concern to which the NCCJ is committed.

Here Are Some Suggestions:

Assembly programs

Invite guest speakers representing religion, labor, management and the professions to discuss democracy's need for better intergroup relations.

Plan choral programs of music and folk songs or religious, racial and nationality groups.

Present pageants and dramatic readings of episodes in our history when religious freedom and political liberty were established as principles of the American Way.

Plan folk dance programs for physical education classes and for assembly.

Show films and hold forums on the themes of Brotherhood and group relations.

Classroom activities

Organize a unit of work in intergroup relations in social studies or literature classes and plan an assembly program as the culminating activity of the unit.

Encourage students to write essays, verse, skits and plays on the Brotherhood theme. Provide outlets for these efforts in class programs, the school paper, on radio and TV and for assemblies.

Listen to records of great artists of various backgrounds who have contributed to American culture. Enrich with discussion.

Provide opportunities to learn about peoples comprising the nation and the problems they encounter in adjusting to American life.

Arrange a display of posters, pamphlets and books on intergroup relations for library, homeroom or auditorium. Exhibit arts and crafts of many people.

Clergy frequently preach sermons on a Brotherhood theme. Ask them to report these to the local press to reach the larger community.

Use church and synagogue bulletins and periodicals for a simple message affirming the principle of Brotherhood.

Set up a study to discuss the moral and spiritual foundations of our nation in which all religious groups contribute.

Make full use of all clergy resources in your community so that the united voice of religion may be heard on community problems and the moral resources of the community mobilized.

Plan for adult education through church and synagogue clubs. Arrange for forums, films and speakers to teach the meaning of good neighborliness.

Provide resources for radio and television through speakers and discussants who will analyze the problems of prejudice and suggest the resources of religion.

Church and synagogue youth can stage a Brotherhood play. Scripts available from NCCJ at nominal cost.

Announce Brotherhood Week in club, agency and organizational publications including endorsements from leaders or an editorial on Brotherhood.

Devote one or more meetings to the subject of Brotherhood. Arrange for a speaker, a panel, a forum discussion or perhaps a leader's conference or institute on the theme *Rearing Children of Good Will* or some other salient theme.

Use films and other audio-visual aids around which rewarding programs can be developed.

Consult with other organizations about the possibility of planning joint programs and projects to build greater understanding in the community.

Arrange neighborhood friendship parties or teas in the homes of members of your group, inviting parents, particularly newcomers in the neighborhood.

Purpose of Brotherhood Week

In Your School



In Your Church Or Synagogue



In Your Community

Through civic-social organizations, employee and employer groups.



Material for this ad furnished through courtesy of National Conference of Christians and Jews

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Black officials continued from page 1

black political participation published in the nation.

The Roster is used by such governmental agencies as the U.S. Bureau of Census and the U.S. Department of Labor as the official source of information concerning the number, location and positions held by black elected officials in the United States. Eddie N. Williams, president of the Joint Center, observes: "Your city's eligibility for certain federal and other assistance programs turns to some extent upon your visibility as elected officials of local government. A number of programs are designed especially to aid official of disadvantaged cities and towns, which, translated, means local jurisdictions with populations that are heavily black and/or poor."

Williams also notes that even private, national resource organizations which aim to encourage political participation at all levels are aided considerably in their planning and programming efforts when they can turn to a single source of information to identify black officeholders.

Beginning last fall, the Joint Center mailed out to more than 3,000 known black elected officials a questionnaire seeking to verify their identities and the offices they hold, and to solicit from them the names of other black officeholders not previously recorded. Officials of the Joint Center urge a 100 percent return of questionnaires.

Assuming that cooperation with the current census is total, or anywhere near the 100 percent mark, Joint Center President Eddie N. Williams forecasts a 1975 National Roster of Black Elected Officials that will be indispensable to government agencies, foundation executives, business and industry leaders and a number of private and public organizations.

A completely accurate publication, predicts Williams, will also allow black elected officials to weigh their strengths and to assess intelligently their relative bargaining positions when they enter into the "free-floating" coalitions that are producing results for black electorates all over America.

The Joint Center for Political Studies, sponsored by Howard University and the Metropolitan Applied Research Center, is a private, non-profit, non-partisan organization which provides research, education, technical assistance and information programs for the nation's black and other minority elected officials.

HUD budget

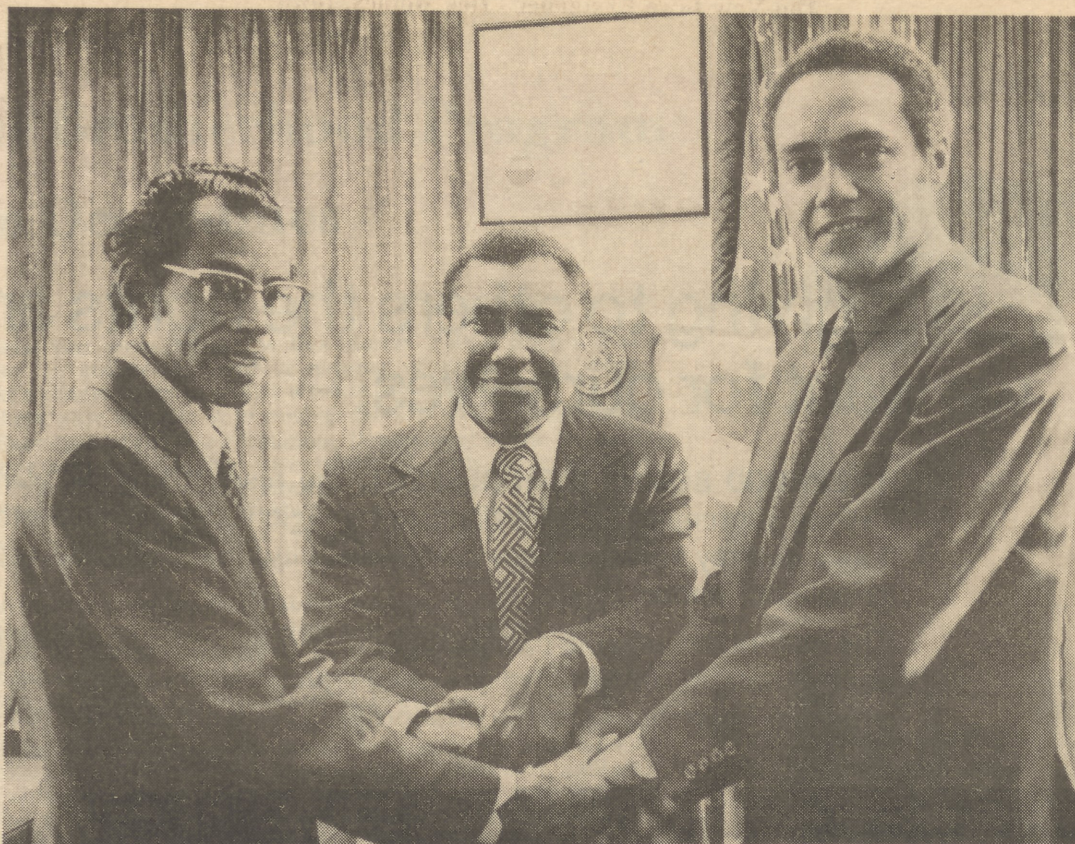
The U.S. Department of Housing and Urban Development today released its proposed budget for Fiscal Year 1976, which begins July 1, 1975.

The budget includes proposed authority for the following major actions:

--An additional \$6 billion in Government National Mortgage Association (GNMA) purchase authorities in 1975 bringing the total authority to make commitments in support of the mortgage market during the period of credit stringency to \$16 billion for 500,000 units.

--\$2.55 billion in FY 1976 for local community development under the Community Development grant program, authorized by Title I of the Housing and Community Development Act of 1974. These funds will enable local public officials to plan and carry out community development projects based on local priorities.

--Commitments in FY 1976 to subsidize the rental of an estimated 400,000 newly-constructed and existing units for lower income families



WASHINGTON, D.C. —John H. Powell, Jr., (center) present chairman of the U.S. Equal Employment Opportunity Commission (EEOC), welcomes two former chairmen —William H. Brown, III (left) and Clifford L. Alexander (right) to EEOC headquarters. Powell was appointed chairman in January 1974. Brown served as chairman from May 1969 to December 1971. and Alexander from August 1967 to May 1969.

under the Section 8 Lower come Housing Assistance program. This new program should increase flexibility in financing, expand the role of private owners to operate units, and afford tenants the opportunity to select the housing in which they will live.

--Direct loan authorization of \$215 million a year to support housing for the elderly under the revised Section 202 Housing for the Elderly or Handicapped Program.

--For the first time, a direct appropriation of \$525 million for public housing operating subsidies, a substantial increase over previous years. FY 1976 will be the first full year under the "Performance Funding System" method of making funds available to local public housing authorities, which includes incentives for improved local management.

--Capital improvements for public housing of \$215 million in FY 1976 under the Modernization Program.

--Total requested appropriations of \$5.9 billion for FY 1976, as compared to \$5.2 billion for FY 1975.

In briefing on the budget, HUD Secretary James T. Lynn said that over \$5 billion of Community Development funds would be available under the budget to States and localities during FY 1975 and 1976. These funds will be distributed primarily through formula grants, which recognize population and housing needs of communities, as well as the relative extent of poverty.

Psychiatrist Says "Talk Out Bad Moods"

From time to time everyone feels blue, but this and other "down" moods do not come out of the blue — they have a source. Finding the reason for an unpleasant feeling and expressing it can help you control bad moods before they control you, says psychiatrist David Viscott.

Writing in the February issue of the Reader's Digest, Dr. Viscott describes some of the most common causes of bad feelings and suggests ways to identify and deal with them properly.

Hurt, anger, anxiety and guilt are often the underlying factors of depression, lassitude, crankiness and dissatisfaction.

NCCJ President Says That Human Rights Are More Important Than Property Rights

NEW YORK—The President of the National Conference of Christians and Jews has reminded the United States that "our greatest natural resource is our people," and urged the nation to "remember that human rights are more important than property rights and people more important than things."

Dr. David Hyatt, president of the nationwide human relations organization, made the remarks in a statement on Brotherhood Week (Feb. 16-23). The NCCJ originated Brotherhood Week in 1934 and since, it has been an annual national observance sponsored by the Conference.

The NCCJ President warned that the people of this nation and its leaders "cannot afford to indulge in the vicious cynicism that grips so many among our society, otherwise we will be resigned to the inequities and the injustices of a society where weapons of destruction have had a greater priority than human development."

"Brotherhood—the respect for

the dignity and worth of another human being— must become a part of our conscious activities, not just philosophical rhetoric or after thought," Dr. Hyatt declared.

He pointed out that the Holocaust serves as "a tragic reminder" of what can happen when there is apathy and complacency about human rights and the plight of one's fellow human being.

"The great tenets of equality and justice as found in our Declaration of Independence and Constitution, are a magnificent platform for human rights which we absolutely must forge into democratic action in our daily lives," Dr. Hyatt urged.

"Unless we implement the planks of this platform those tenets simply become hollow clichés which we profess to live by but merely give lip service to," he continued.

"Brotherhood is democracy at work. It is giving to others the rights and respect we want for ourselves. It can be that simple

and that profound," he concluded.

"Brotherhood—the respect for the dignity and worth of another human being—must become a part of our conscious activities, not just philosophical rhetoric or afterthought. The Holocaust is a tragic reminder of what can happen when there is no regard for human rights.

"The great tenets of equality and justice so eloquently proclaimed by our Founding Fathers in the Declaration of Independence, the Bill of Rights and the Constitutional amendments that follow, are a magnificent platform for human rights which we must now forge into democratic action in our daily lives. Unless we implement the planks of this platform, they simply become hollow clichés which we profess to live by but simply give lip service to. WE MUST DO MUCH MORE THAN THAT!

Brotherhood is democracy at work! It is giving to others the rights and respect we want for ourselves. It can be that simple and that profound!"

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For Black Students:

Valentines Day Definded

Valentine's Day is celebrated on February 14, as a festival of romance and affection. People send greeting cards called valentines to their sweethearts, their friends, and members of their families. Verses on many valentines contain tender thoughts. Other valentines may include humorous pictures and sayings. But also will be included the phrase, "Be My Valentine".

As a child, I wasn't completely sure what Valentine's Day stood for. I just looked at it, as a day for exchanging pretty valentines with my classmates. I also remember homeroom mothers, and all the candy and cookies at our party.

Now that I am in high school, I'm not exactly sure what the day means to me. There will be a few students exchanging valentines, but they are usually childlike ones.

Valentine's Day could be party time for those high school students who can persuade



By Pamela Spencer

teachers to permit one.

During the weeks before the festival, merchants sell valentines and decorations for Valentine's Day parties and dances. School children decorate their classrooms.

On Valentine's Day, women and girls receive gifts candy, or flowers from their favorite "valentine".

the university see itself as a microcosmic community with all of the problems; the aches and pains of political strife and ideological confrontation; and the struggles and aspirations of its various citizens, whether student, faculty member or administrator.

Public Library

"Raisin in the Sun", a full-length feature film starring Sidney Poitier, Claudia McNeil and Ruby Dee, will be shown free of charge at the West Side Branch Library, 5000 Franklin, on Friday, February 21st at 7:00 p.m.

Drake Jazz Spectacular

Jazz trumpeters Dizzy Gillespie and Clark Terry, the Drake University Jazz Lab Band, and 45 high school jazz bands from Iowa and Illinois will participate in Drake's 1975 Jazz Spectacular, a two-day marathon of performance and competition, Friday and Saturday, February 21 and 22.

Gillespie and Terry, regarded as two of the finest exponents of jazz trumpet in history, will each present two concerts with their ensembles. Terry on February 21 at 7:30 p.m. and 9:30 p.m. and Gillespie on February 22 at 7:30 and 9:30 p.m.

The Drake Jazz Lab Band and four outstanding high school soloists will also appear on the Friday night concerts. Proceeds from the festival are for a scholarship fund enabling excellent high school bandmen to attend Drake University for their collegiate education. The festival is made possible by the Douglas Webb Riddle Foundation.

Festival events begin at noon on Friday, February 21, as the 45 high school bands begin an elimination competition in three classifications in the Hall of the Performing Arts and in Monroe Recital Hall of the Harmon Fine Arts Center and in the Old Main Auditorium.

At 7:30 and 9:30 p.m. Clark Terry and his jazz ensemble and the Drake Jazz Lab Band will appear in concert in the Hall of the Performing Arts. A native of St. Louis, Clark (Numbles) Terry has played in the Charlie Barnet, Count Basie, and Duke Ellington bands. During the "Tonight" show's tenure in New York City, he was first trumpet. His performances in that

Simpson honors Black History Week

INDIANOLA, IA. — A number of special films and discussions have been scheduled at Simpson College in recognition of National Negro History Week, Feb. 9 through 15.

The events, which are being sponsored by the Office of Minority Affairs at Simpson, will take place in the Afro-American Cultural Center at Simpson, 607 North C St. Open free to the public, the activities include:

Monday, Feb. 10 — A film, "From Montgomery to Memphis," and discussion at 8:30 p.m. The film deals with Dr. Martin Luther King, jr., and his leadership in the battle against segregation in the South.

Tuesday, Feb. 11 — A film, "The Matter With Me," and discussion at 8:30 p.m. This film

uses unique camera techniques to depict the movement of a 12-year-old black boy through a black and white world and points out the contrasts without narration.

Thursday, Feb. 12 — Fred Burrell of Des Moines will talk about his life and work at 8:30 p.m. A self-styled black historian, Burrell has made it his concern to keep scrapbooks of news clippings about black people and events since 1935.

Friday, Feb. 14 — The film, "Frederick Douglas," and discussion will be at 8:30 p.m. Douglas was a runaway slave who educated himself, publicly announced that he was a fugitive slave and denounced his abolitionist keepers for their support of secession of the slave states.

renowned band his numerous recordings, and frequent appearances as soloist and clinician in jazz ensembles, universities, and high schools, have resulted in his consistently high rankings in all jazz polls.

As a composer, band leader, and trumpeter, Gillespie has influenced American music for more than 30 years. He was instrumental in the transition from swing to progressive jazz and pioneered the introduction of African, Cuban, and Oriental music into the mainstream of contemporary popular music. He has received State Department tour subsidies, honorary degrees, symphony appearance invitations, and inclusion in the Jazz Hall of Fame.

Bilingual Education

SACRAMENTO — The Council for Basic Education reports that many children have come to public schools in California and the nation, without a knowledge of English. The response of the schools was to give instruction in English and only in English.

The main reason was the belief that learning English was an indispensable part of becoming Americanized. There were, and still are, "Americanization" classes for adults that consist, for the most part, of learning American English. But perhaps another reason for this is more

practical; usually the children come to school from many language backgrounds, and instruction in native languages would be complicated and costly.

Today, this situation is changing. In some areas the non-English speaking children are almost of one language group. For example, the Spanish in Los Angeles and the Indian languages in the Southwest. In the last decade, some schools have instituted programs of regular school instruction in non-English languages. Bilingual education is becoming a reality.

It got a big boost from a federal law, the Bilingual Education Act of 1968. Today, nearly 100,000 children are involved in programs under this law. Nine-tenths of the children are being instructed in Spanish, although there are programs in 20 other languages.

A landmark decision by the U.S. Supreme Court in Lau vs. Nichols, handed down in January of 1974, said that the San Francisco public schools were failing to meet the requirements of the 1964 Civil Rights Act because they made no special effort to teach English to 1,800 Chinese speaking children.

Perhaps bilingual education will help bring a shortening of the gap that separates so many school children from their fellow students who were born in the same country.

Black students face problem on white campus

ANN ARBOR, Mich. — Many black students in good academic standing still drop out of predominantly white colleges and universities because of endemic problems they face on campuses, a University of Michigan official reported.

Declared Henry Johnson, vice president for student services:

"A good many black students leave because they enter college minus the skills they needed in order to make the grade academically. At Michigan as elsewhere, many black students in good academic standing also drop out.

"When we ask them why, the students frequently mention, among other things, uncertainty about the relevance of their courses to careers, feelings of social alienation and alienation from faculty.

"Although counseling is available to these students, many do not take advantage of it."

Students who can best cope with the problems and conflicts of the new academic surroundings are those able to demonstrate cooperative behavior, Johnson explains.

Withdrawal from conflict situations at the white institution is a poor means of coping, but still common, Johnson admits.

"The black student may choose to move away from the painful stimulus in the mistaken hope that by so doing the pain will go away. Or he or she may become highly individualistic in behavior and manifest a passive-aggressive posture toward everyone on campus."

Black studies departments and black culture centers may allow black students to say symbolically to the white establishment, "I don't need you. This is where I will gain whatever skills I need to function and survive in the black community," Johnson notes.

"This, however, presupposes that individual students are going back to the black community upon leaving the institution," he notes.

"By restricting himself almost entirely to social and intellectual contacts with other blacks (the

student) does not gain the social and academic skills that allow him to address himself to the kinds of problems that the black community faces...Students don't acquire the pragmatic survival skills that usually result from wide involvement and in traditional academic and extra-curricular endeavors."

Other forms of avoidance, Johnson continues, include transferring to another school, dropping out and resorting to self-destructive behavior ranging from use of drugs and suicide attempts to giving up through demoralization and defeat.

He offers suggestions for resolving such problems:

"White institutions should encourage black students to think through and establish priorities."

"Colleges and universities should redouble their efforts in the areas of recruitment and financial assistance."

"Some kind of in-service training may be needed for faculty members to help familiarize them with the needs, aspirations and abilities of the black students they teach..."

"Finally, it is essential that

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Around the State

Keokuk News

MRS. KENNETH R. DOUGLAS, REPORTER

The usual services at Pilgrim Rest Baptist Church on last Sunday. Rev. J.H. Mims, pastor.

Rev. D.E. Johnson filled his pulpit at Bethel A.M.E. church the past Sunday.

Rev. and Mrs. Fred Starling of Burlington, Iowa attended services at Pilgrim Rest on Sunday.

Miss Catherine Wells, of Davenport, Iowa was a guest of Mr. and Mrs. Joseph Scott the past weekend.

The Hi-Notes Social Club will meet with Mrs. Mary Majors on Friday evening, February 14th.

Miss Sandra Bradley, of Rock Island, Ill., and Miss Kathy Bradley of Davenport, Iowa spent several days last week visiting relatives and friends.

Dr. William H. Harper, Jr., Dies

Dr. William H. Harper, Jr., a native Keokukian, died February 5th in Veterans Hospital in Iowa City. He had undergone surgery recently. Dr. Harper was born here in Keokuk, Aug. 19, 1924, the son of Dr. and Mrs. William H. Harper Sr. He attended both the public and parochial schools here in Keokuk. He received his undergraduate degree from the University of Iowa. He was graduated from Howard University in Washington, D.C. in 1948.

He interned at Homer G. Phillips Hospital in St. Louis, Mo. He joined his father in the private practice of medicine in Keokuk in 1948.

He was married to Phyllis M. Freeman July 30, 1949 in Staten Island, New York.

Dr. Harper was a member of St. Mary's Catholic Church, The American Academy of Family Practice, the American Medical Association and the N.A.A.C.P.

He practiced at both St. Joseph and Graham Hospitals here in Keokuk and was on the staff of Graham at the time of his death.

He was a veteran of the Korean War.

Surviving with his wife are two sons, L.T. William H. Harper 3rd, Loring Air Force Base, Maine and Freeman J. Harper, a student at Gallaudet College in Washington, D. C. one daughter, Phyllis M. Harper a student at Wellesley College in Mass., his mother, two sisters, Mrs. Beatrice McField and Mrs. Ida Mae Miller all of St. Louis and the Dr. Harry D. Harper family of Ft. Madison, Iowa and several nieces and nephews.

Funeral services were held from St. Mary's Catholic Church on Saturday morning at 11 A.M. with the Rev. A. H. Kempker and the Rev. Eugene Smith officiating at the Mass. Interment was in the Keokuk Catholic Cemetery.

Davenport

by Cecile Cooper

CIC ELECTS PRES.

Father John S. Smith of Davenport has been elected president of the Davenport Catholic Interracial Council to succeed Andrew Edelen who has served in this capacity for the past year. It was announced today by the CIC board of directors.

In an election that was highlighted by a renewed concern of the CIC leadership for a genuinely integrated community in Davenport, the board expressed its gratitude to

Edelen for his "generous service," and commissioned Father Smith to work with all segments of the Davenport population in implementing existing legislation and guides, especially in the matter of school de-segregation.

Other officers elected were Simon Roberts, first vice president, Andrew Edelen, second vice president, and Frank Rhomberg, secretary, treasurer.

Father Smith, who is director of the Quad-City Center for the Study of Peace and Non-Violence and a faculty member of St. Ambrose college, has been a member of the CIC board of directors since 1961.

A native of the Quad-Cities, Father Smith in 1974 was recipient of a special merit award conferred by the CIC on the occasion of its annual Pacem in Terris awards banquet. Former U.S. Senator, Harold Hughes received the Pacem in Terris award.

50th Wedding Anniv.

Mr. & Mrs. Booker Cribbs of 511 11th Street, Davenport, Iowa will be honored at a reception on Feb. 22, 1975 in celebration of their 50th wedding anniversary.

Friends and relatives may call from 5 to 8 P.M. at Quality Inn, 605 Main street, Davenport, Iowa.

They are the parents of William Cribbs, Washington, D.C. Governor Cribbs, Oak Park, Michigan, Thelma Scott, Davenport, Geraldine Scott, Davenport. Their 22 grandchildren and 19 great grandchildren.

OTTUMWA

Mrs. Mack Baugh Reporter

Second Baptist Church at 138 N. Green St. in Ottumwa, Ia., welcomes you to worship with them. The church meeting is 7:30 p.m., Wednesday night.

Fort Madison

Mrs. Dessie Burt, Reporter

Second Baptist Church has their regular Sunday morning services with the pastor, Rev. W.J. Laster in charge. In the evening Rev. McCampbell, of Burlington, delivered the message.

Mr. Ira Lee Wyatt, 71, 718 Seventh St., died Tuesday afternoon, Feb. 4. Mr. Wyatt was stricken at his home and pronounced dead on arrival at Sacred Heart Hospital. He had been in failing health for several months. Mr. Wyatt was born July 26, 1903, at Oklahoma City, Okla. He had been a Fort Madison resident for two years, coming from Des Moines where he lived for 28 years. He was a retired waiter at the Des Moines Club. He was of the Methodist faith, and a member of Doric Masonic Lodge No. 30, Imperial Council Zied No. 90 and William Frank Powell Consistory No. 46, all of Des Moines. On Jan. 1948, in Ft. Madison he married Helen Sansberry who survives. Final rites were at the Barr Memorial Chapel Friday. The Rev. H.L. Turner, officiated, burial was in Oakland Cemetery. Out of town visitors were Mr. & Mrs. John Holland from Lincoln Neb., Mr. Albert Brewer Sr., St. Paul Minn., Mrs. Frances Morrow and Mr. and Mrs. Albert Brewer, Jr. and their daughter

Debbie, of Des Moines.

Mrs. George Harper Sr. and her two sons, George Jr. of Quincy, Ill., and Robert, of Burlington, attended the funeral of Dr. William Harper, Jr. in Keokuk, Saturday.

Miss Nancy Windsor, is home from Los Angeles, Calif., visiting her parents on vacation, for two weeks.

Internal Revenue Service

Des Moines, Iowa— Iowa taxpayers completing their federal income tax returns should make certain their return is being mailed in the envelope provided by the Internal

Revenue Service and addressed to the Kansas City Service Center.

J.T. Rideoutte, District Director for IRS in Iowa, explained today that some federal returns are being mailed to the Iowa State Department of Revenue in Des Moines. This delays the processing of the federal return and as a result, the refund you may anxiously be awaiting, will be considerably delayed.

If you do not find a pre-addressed envelope in your tax packet, you should mail your income tax return to the Kansas City Service Center, 2306 E. Bannister Road, Kansas City, Missouri 64170.

Help your HEART FUND.
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WANT ADS GET RESULTS

a short story about beards and bumps

How To Help Eliminate and Prevent Razor Bumps

Men shave in different ways because they have different beards and different types of hair:



A. STRAIGHT HAIR
Grows from follicles that are straight all along their length.

B. WAVY HAIR
Grows from follicles that are curved a little.

C. CURLY HAIR
Grows from sharply curved follicles. It often coils before it comes through the skin.

Straight hair, wavy and curly hair can be shaved with a blade or electric razor. Shaving very curly hair (common among Black men) may require another way to avoid "razor bumps".

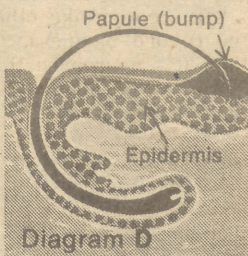


Diagram "D" shows what can happen when hair is very curly. This hair comes through the skin's surface and then curls back until the tip re-enters the skin, forming an "ingrown hair." A razor isn't always the best way to shave such hair. The hair can curl so close that the razor misses it. Those whiskers it does remove are cut at a sharp angle, making it easy for the hairs to re-enter the skin after a couple days' growth. The result is the same — either way.

WHAT'S THE ANSWER? For over 70 years Black Americans have been using Magic Shaving Powder (depilatory) instead of a razor. It actually "dissolves" hair rather than cutting it. It doesn't leave sharp tips on the hair it removes. And when used properly it gets them all. So it helps eliminate and prevent razor bumps.

No matter what formula you choose they are all fine products — the world's leaders. Blue Label (Regular Strength for the average beard), Red Label (Extra Strength for tough beards), Gold Magic — with a pleasant fragrance... or Magic Cream Shave — Ready-to-use formula that requires no mixing. And for after shave comfort, use Magic After Shave Skin Conditioner. It's especially formulated for depilatory users. Won't sting or burn!



For the complete story about beards and bumps, send stamped, self-addressed envelope for free illustrated booklet.

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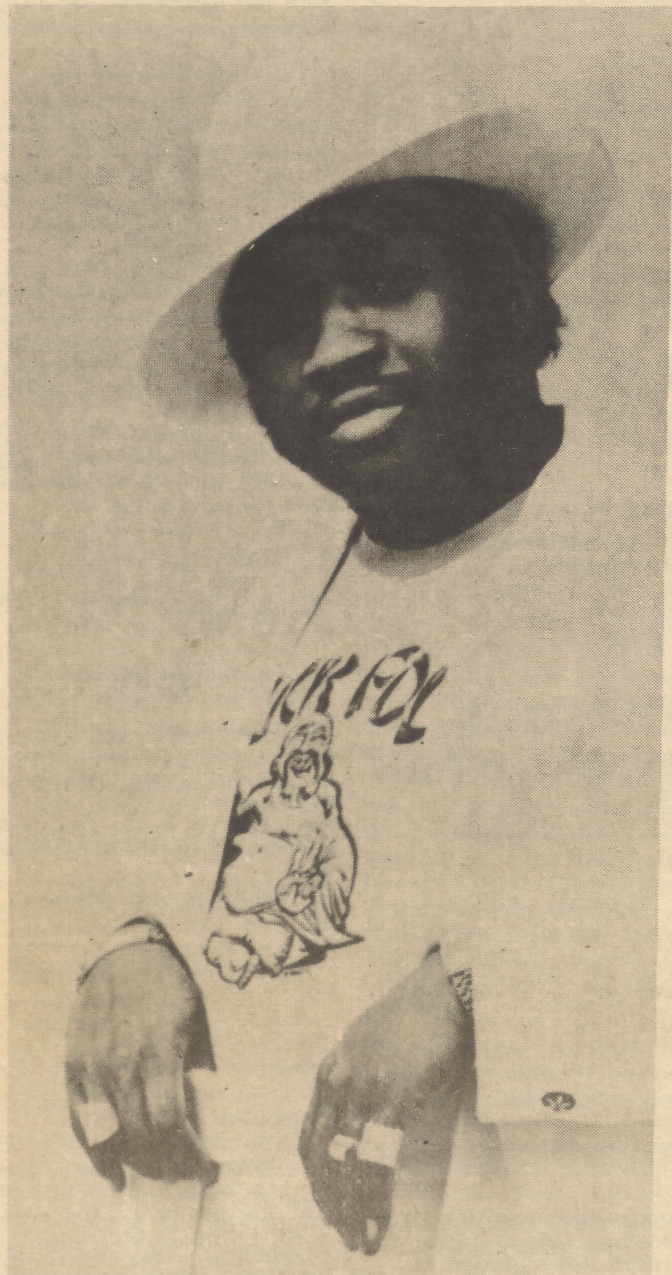
The New Iowa Bystander - Des Moines, Iowa



WORLD

Iowa Depart.
of Social Service

Faced with the looming spectre of the largest federal budget deficit since World War II, the administration seems to have decided that — among other things — the poor simply are not doing enough for the economic well-being of our country. To correct for this seeming lack of cooperation on the part of the poor, the administration has made a series of proposals which would make inflation fighters of every last mother's son and daughter of them. In fact, if all the proposals are finally implemented, the poor would become the front-line inflation fighters. Consider. On one hand, the administration has proposed tax rebates of up to \$1,000 for citizens who are in the more affluent circles of our society so they can spend more money. They're the recession fighters.



Swamp Dogg Have you heard this story?

Island Records has released recording artist Swamp Dogg's debut LP for the label entitled

"Have You Heard This Story?"

As Swamp Dogg himself comments, "I designed this

album for you to enjoy — I did my best work to date — I wrote my tail off for you — I sang my tail off for you. Now, if this is still not enough for you, read the life of Norma Jean because you're not ready for me."

Look for cuts entitled "The Mind Does The Dancing While The Body Pulls The Strings," "I Wanna Lifetime of Loving You," "Did I Come Back Too Soon or Stay Away Too Long," and "When He Was No One" to excel.

Gene Page Loved By All

Diana Ross, Freda Payne, Stevie Wonder and the Mama & The Papas are all in love with the same guy, musically speaking, and his name is Gene Page.

Why Gene Page? Because he's one of the most creative and original arranger-composers in the music business today and his efforts have produced a countless number of No. 1 record hits. It's no wonder that today his own, "Hot City" album on Atlantic records is the culmination of a dream.

"If I can make others hot in the record business, said Page, then it's no reason that I can't enjoy some of that fame for myself."

"Music to me is like the air I breathe and the food I eat. It's all I've ever known and when I know that people enjoy it, then I feel I have fulfilled my mission on earth," he added.

Starting his musical education at the age of five, when his father bought him a piano to study classical music, Page studied at Brooklyn Conservatory and City College in his hometown, Los Angeles. His early efforts came to the attention of more experienced arrangers who took him under their wing.

Few top singers exist today who haven't had some of their

material arranged by him. Even the hottest male singer in the

business today, Barry White, enjoys that distinction.

And to return the favor White is listed on Page's "Hot City" LP as being the producer of the nine highly entertaining and listenable instrumental tunes. Five of the songs were written by Page himself, with White being the composer of the remainder.



JANE WYATT, March of Dimes trustee, visits the intensive care nursery at Martin Luther King Jr. General Hospital, in Los Angeles, where Dr. Ezra C. Davidson Jr., chairman of obstetrics and gynecology, explains the modern techniques which provide life-saving treatment for critically ill infants. The nursery is staffed by specially trained personnel.

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PUBLIC NOTICES

YOUR RIGHT TO KNOW and be informed of the functions of your government are embodied in public notices. In that self-government charges all citizen to to be informed, we urge every citizen to read and study these notices. We strongly advise those citizens seeking further information to exercise their right to access to public records and public meetings.

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

In the District Court of the State of Iowa in and for Polk County Probate No. P-10-2792

IN THE MATTER OF THE ESTATE OF Winifred H. Hamilton Deceased

TO ALL PERSONS INTERESTED IN THE ESTATE OF Winifred H. Hamilton Deceased:

You are hereby notified that on the 23 day of January, 1975, the last will and testament of Winifred H. Hamilton deceased bearing date of the 27th day of July, 1950, was admitted to probate in the above named court and that Alberta Leithead was appointed executor of said estate.

Notice is further given that any action to set aside said will must be brought in the district court of said county within one year from the date of the second publication of this notice, or thereafter be forever barred.

Notice is further given that all persons indebted to said estate are requested to make immediate payment to the undersigned, and creditors having claims against said estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed within six months from the second publication of this notice (unless otherwise allowed or paid) such claim shall thereafter be forever barred.

Dated this 23 day of January, 1975

Alberta Leithead,
Executor of said Estate
c/o Robert G. Riley
404 Equitable Bldg.
Des Moines, Iowa 50309

DUNCAN, JONES, RILEY & FINLEY
Attorneys for said Executor
404 Equitable Bldg.
Des Moines, Iowa 50309

Printed and published in the New Iowa Bystander February 6, 1975. Date of second publication February 13, 1975.

Social Security Admin.

The IOWA BYSTANDER has made arrangements with the Des Moines office of the Social Security Administration to answer questions for our readers about social security and Medicare. Send your question to Social Security Representative, Room 293 Federal Building, 210 Walnut Street, Des Moines, Iowa 50309. QUESTION: I have just applied for a social security number. The social security representative asked me to furnish my birth certificate. Why is this needed?

ANSWER: The social security administration now requires proof of identification for anyone age 18 and over, or for any foreign born person who is obtaining a social security number for the first time.

QUESTION: Last year I did not file an annual report of my earnings with the Social Security Administration and I had to pay a penalty for late filing. When is the annual report of my 1974 earnings due?

ANSWER: If you drew any social security checks in 1974 and also had earned income of over \$2400, you must file an annual report with the Social Security Administration before April 15, 1975. It is your responsibility to contact the Social Security Administration and file this report even if you

SHERIFF'S SALE

No. CL 7-3611

Docket No.

State of Iowa, Polk County, ss Iowa Power and Light Co.

VS Ronald Rook, Gladys Rook and Robert Rook

Defendant

NOTICE IS HEREBY GIVEN, That by virtue of a General execution, to me directed by the Clerk of the District Court of Polk County, Iowa, against the goods, chattels, lands, tenements, etc., of Ronald Rook, Gladys Rook and Robert Rook defendants in favor of Iowa Power and Light Co. Plaintiff, I have levied on and will offer at public sale, to the highest and best bidder, for cash, at the east front door of the Court House, 5th and Mulberry in the city of Des Moines, Polk County, Iowa, on the 21st day of March 1975, between the hours of 9 o'clock A.M. and 4 o'clock P.M., on said day, all of the right, title and interest of said defendants in and to the following described property, situated in Polk County, Iowa, to-wit:

(1) Lot 10, Block 6, Brewer & Company's addition to Grant Park, an official plat now included in and forming a part of the City of Des Moines;

(2) Lot 58, Rutherford Heights, an Official Plat now included in and forming a part of the City of Des Moines, Iowa;

(3) Lot 23, Block 8, North East Highland Park, an Official Plat now included in and forming a part of the City of Des Moines, Iowa;

(4) West 105.5 feet of the South 164 feet of Lot 59, Bobby's Place, an Official Plat now included in and forming a part of the City of Des Moines, Iowa

Sale to commence at the hour of 10 o'clock, A.M. of said day. Witness my hand, this 4th day of February 1975.

Dick J. Clemens
Sheriff of Polk County, Iowa
By Nadine Hall
Deputy

Published and printed by the New Iowa Bystander at Des Moines, Polk County, Iowa, on February 13 & 20, 1975

do not receive a reporting form in the mail.

QUESTION: My great-aunt is 72, and the only income she has is a small social security check. Would she be eligible for monthly supplemental security income payments?

ANSWER: The supplemental security income program makes monthly payments to people with little or no income and limited resources who are 65 or over or blind or disabled — so your great-aunt may be eligible. She can get information about applying for supplemental security income by calling or writing any social security office.

QUESTION: I received a mail-order catalog that advertises plastic Medicare cards for sale. Could I use a plastic card instead of the Medicare card I got from social security?

ANSWER: Plastic or metal cards sold by some manufacturers are no substitute for your official Medicare card. The Medicare card that was mailed to you by the Social Security Administration is the card you should show when you get health care services covered by Medicare.

QUESTION: I was disabled 3 months ago and applied for social security payments but I still haven't received a check. When will my payments start?

ANSWER: Under the social security law, there is a 5 month waiting period for disability benefits. If you are eligible for payments, your checks will start with the sixth full month of your disability.

Senate Report

The Senate voted 49-0 to repeal the Iowa Fair Trade law. This had allowed manufacturers to dictate prices on their products if retailers so agreed. Often retailers had to do so in order to sell a particular product. This prevented sales competition for that particular product. Repeal of this law should help reduce prices a little on these items. At least we will no longer have legally sanctioned restraint of trade.

Another bill passed 45-4 to change the licensing on goose neck "fifth-wheel" trailers. These are used primarily in agriculture to haul grain at harvest and had been licensed as semi-trailers. This resulted in fees of around \$400 apiece. The change will provide a license fee of \$90. Ordinary farm wagons are not taxed at all.

I continued my efforts to upgrade the process by which the Senate handles the confirmation of the governor's appointments. This has been very shoddy in the past. It has been handled on a primarily social friendly basis. I was successful in amending the Senate rules to provide that formal hearings may be held on these appointments. Further, the senator representing the appointee cannot chair the committee. We all have a vested interest in getting our share of appointees from our district. In the past it was the norm to appoint that senator as chairman of the committee. Pursuant to these rules, we held our first hearing on the appointment of Gerald Bair as director of the Department of Revenue. This very important appointment should be carefully scrutinized.

If you have a particular board or commission you would like to serve on, let me know, and I will communicate your interest to the governor.

Senator Earl M. Willits

SCHOOL LUNCH MENU!!

WEST DES MOINES SCHOOL MENU

February 17-21, 1975

MONDAY

Beef Cubes in Gravy
Mashed Potatoes
Cornbread
Sliced Peaches
Cooky

TUESDAY

Hot Ham Sandwich
Carrot & Cabbage Slaw
Pumpkin Pie
Milk

WEDNESDAY

Meat Balls in Sauce
Twotone Beans
Schoolmade Roll
Fruit
Milk

THURSDAY

Pigs in a Blanket
Whipped Potatoes
Mixed Fruit
Cooky
Milk

FRIDAY

Fish Square
AuGratin Potatoes
Cinnamon Roll
Fruited Gelatin
Milk

DES MOINES PUBLIC SCHOOLS MENU

February 17-21, 1975

TUESDAY

Hot Dog in Buttered Bun
Oven Baked Beans
Finger Foods OR
Carrot and Lettuce Salad
Wacky Cake
Milk

WEDNESDAY

Meat Mounds OR
Salisbury Steak with Gravy
Whipped Potatoes
Tossed Salad with French Dressing
Frosted School Baked Roll

Chocolate Milk

THURSDAY

Turkey in Gravy
Mashed Potatoes
Freckle Faced Roll and Butter
Banana-Orange Fruit Cup
Milk

FRIDAY

Orange Juice
Fishwich with Tartar Sauce
Buttered Mixed Vegetables
Creamy Pudding
Milk

URBANDALE COMMUNITY SCHOOLS MENU

February 17-21, 1975

MONDAY

Chicken Fried Steak
Buttered Mashed Potatoes
Peanut Butter Sand.
Fruit Cocktail
Milk

TUESDAY

Beefburger on Bun
Cabbage Salad
Buttered Green Beans
Applesauce Cake
Milk

WEDNESDAY

Macaroni & Cheese
Buttered Green Beans
½ Slice Meat
Bread & Butter Sand.
Peaches
Milk

THURSDAY

Chili & Crackers
Finger Foods
Cinnamon Rolls
Applesauce
Milk

FRIDAY

Baked Tuna & Noodles
Buttered Spinach
Bread & Butter Sand.
Orange Juice
Pear Halves
Milk

Veterans tax returns

Here are tips from the Veterans Administration on federal income taxes for veterans filing returns.

In general, officials noted, veterans' benefits are exempt from federal income tax, and need not be reported as income.

This income tax exemption applies to dividends and proceeds from government life insurance policies, but federal estate tax does apply to insurance proceeds. Also, interest earned on government life insurance dividends left on deposit or credit with VA is considered income and must be reported on federal income tax returns, it was explained.

Among major tax-exempt veterans benefits are compensation, pension, GI Bill and other educational assistance, including subsistence payments to vocational rehabilitation trainees.

Also exempt are grants to service-disabled veterans eligible for specially-adapted homes and cars, and clothing allowances for veterans whose prosthetic devices tend to wear

out or tear their clothing, VA officials advised.

V.A Ques. & Ans.

Q—Will my wife's income help me qualify for a GI home loan from the Veterans Administration? I was honorably discharged from military service.

A—Yes, since July 1973 the VA has been giving full recognition to income of both veteran and spouse in helping to determine ability to repay GI loans.

Q—I have had trouble lately with a stomach condition developed during military service. Since I have been out of service three years, I wonder if I can still apply for disability compensation from the Veterans Administration?

A—Yes. There is no deadline for veterans to file claims for service-connected disabilities.

Q—Will the Veterans Administration pay transportation costs to the place of burial for a veteran who died of a non-service-connected disability while in a private hospital?

A—VA is authorized to pay transportation costs to a burial site only when a veteran dies while being treated in a VA hospital, or while being treated at the agency's expense.

Heart TV auction

An exciting list of some 40 items valued at over \$12,000 will be offered on the **HEART TV AUCTION** — KCCI-TV, Sunday, February 23, beginning at 2:30 and ending at 4:00 P.M. The Auction, now in its sixth year, is again being sponsored by KCCI-TV and the Polk County Heart Association.

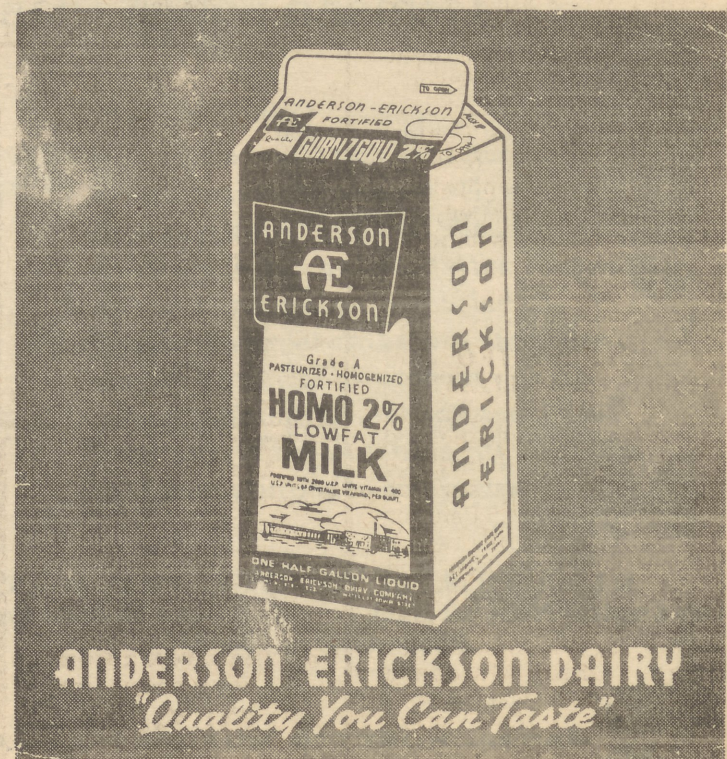
Some of the items to be sold to the highest bidder include: a compact automobile; a Kimball Player Piano; a color TV; a jukebox; a Bolex Super 8mm Camera; and many, many more interesting items.

Mary Brubaker, KCCI-TV, will serve as auctioneer during the Auction. Many volunteers will be working the bidding board during the program.

Members of the Polk County Heart Association Board of Directors will serve as telephone operators and verify bids made to the studios.

William Corbin of Des Moines, is Chairman of the TV Auction this year.

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1300 E. 16th St., call 265-2479.

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Ames Sr. High School-Ames, Iowa. Starting July 1, 1975, salary range & \$17,000-\$20,000. Consideration given applicants without regard to race, age, color, religion or sex. Contact Dir. of Personnel, Ames Comm. Schools, 120 So. Kellogg, Ames, Iowa for application. Credentials, application and resume must be submitted by March 10, 1975.

1t

HELP WANTED
SERVICE FACILITATOR

Person with B.A./B.S. in human service field needed to help in new child guidance preventive and service outreach program. Paid or volunteer experience working with children and families and training in counselling desirable. Contact Richard Bowen, Des Moines Child Guidance Center, 1206 Pleasant Street, Des Moines, Iowa 50309. Telephone 515-244-2267.

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HELP WANTED
MEDICAL SECRETARY

Fast accurate typist with dictaphone experience and knowledge of insurance billing. Call College of Osteopathic Medicine and Surgery, 274-4861 Ext. 113

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SECRETARY

Experienced for our legal department shorthand required. Give us a call at 288-9512. General Growth Companies, Personnel, Dept. B3, 1055 6th Ave., Des Moines, Ia. 50306. An Equal Opportunity Employer.

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HELP WANTED
EARLY CHILDHOOD
SPECIALIST

Person with training in growth and development of young children needed for new child guidance preventive and service outreach program. Knowledge of parent/child relationships essential. Must hold degree in child development, education, nursing, or related field. Contact Ann-Marie Baughman, Des Moines Child Guidance Center, 1206 Pleasant Street, Des Moines, Iowa 50309. Telephone 515-244-2267.

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miscellaneous

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SALE

"A 1970 Honda motorcycle, a 1972 Honda motorcycle, a 1968 Honda motorcycle, a 1973 Honda motorcycle and a 1971 Honda motorcycle all held for various accounts will be sold by public auction at 9:30 a.m., February 28, 1975 at Mathews Motors, Inc., 4280 N.E. 14th Street, Des Moines, Iowa 50313."

2T

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card of
thanks

CARD OF THANKS

The family of Lena M. Thomas wishes to thank Elder Jeremiah Reed, Elder Clay Boomer, Elder Frank Dean, other ministers, pallbearers & honorary pallbearers, ladies who helped at home, Estes & Son, telegrams, condolences, resolutions, sympathy cards, floral pieces, cars, food, gifts, donations, all other expressions and services rendered our family during our dear loss. God Bless you all.

Mrs. Lucille & family
Mrs. Ella J. Dixon & family
Mrs. Kathryn Norfleet & family
Mrs. Joan Edwards & family
Mrs. Margaret L. Williams & family
Mrs. Gladys M. Jones & family
Ronald R. Thomas & family

1t

CARD OF THANKS

The family of Mrs. Marcille Norfleet wishes to thank Rev. Joseph Jones, Rev. Ivan Johnson, Rev. George Parrish, Rev. H.I. Thomas, other ministers, pallbearers and honorary pallbearers, ladies who helped at home, ladies who served dinner at church, Estes & Son, telegrams, condolences, resolutions, sympathy cards, floral pieces, cars, food, gifts, donations, all other expressions and services rendered our family during our dear loss. God bless you all.

Mrs. Damon Griffin
Bertha M. Griffin
Freddie Haynes, Jr.
Silvia Maria Griffin

1t

CARD OF THANKS

The family of Stephen J. Williams wishes to thank Rev. George Parrish, Rev. F.W. Strickland, Rev. H.R. Fields, Rev. H.I. Thomas, Rev. Henry Simmons, other ministers, pallbearers & honorary pallbearers, Josephine Weston, Wesley Tindrell, ladies who helped at home, Estes & Son, telegrams, condolences, resolutions, sympathy cards, floral pieces, cars, food, gifts, donations, all other expressions and services rendered our family during our dear loss. God bless you all.

Mr. & Mrs. Michael Williams
Mr. & Mrs. Logan Willis
Dean Williams
Lucy Williams

1t

CARD OF THANKS

The family of Henry J. Boyd wishes to thank Rev. H.I. Thomas, Rev. A.C. Crawford, Rev. Albert Fox, Rev. James Harris, other ministers, pallbearers, & honorary pallbearers, ladies who served dinner at Union Baptist Church & helped at home, Estes & Son, telegrams, condolences, resolutions, sympathy cards, floral pieces, cars, food, gifts, donations, all other expressions and services rendered our family during our dear loss. God bless you all.

Mrs. Ethel Boyd

1t

CARD OF THANKS

We wish to express our thanks and appreciation to all our many friends, relatives and associates for cards, memorials, food and flowers. Also for the kindness and sympathy in our bereavement, for the beautiful funeral service rendered, we thank Rev. Ivan Johnson. Also thanks to the pallbearers and the personnel at L. Fowler and Son.

The family of
Alfred O. Roper

1T

Dr. Lewis A. James

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Memoriams

MEMORIAM

In memory of our beloved sister and Auntie, Martha (Onetha) McGuire. She passed from life on February 11, 1974, at the age of 68 years. Though she has gone from our presence, she yet remains deeply indelared in our hearts. Though we no longer walk through life together, we look to the day when we once again shall meet at the Pearly Gates and everyday will be howdy and never good-by.

Anna Wilham
and family

1tp

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Salary Open. Polk County, Iowa (population appx. 300,000 including Iowa's capital city). Under policy direction of the County Board of Supervisors. Responsible for the coordination, supervision, and analysis of County Board's administrative activities. Coordinates with administrative organization and operation of offices of other county elected officials.

Any combination of education and experience equivalent to possession of a Master's Degree in Public Administration and at least one year of responsible administrative experience.

Send resume to: Supervisor Tom Whitney, Polk County Court House, Des Moines, Iowa 50309. An Equal Opportunity Employer.

2t

sports



By Allen Ashby

It seems as if the three major schools in our state just can't get off on a winning streak. Iowa State drops a game to Nebraska that they figured to have a chance at, and Iowa is having problems that they didn't know people had. I came up with a theory that the Hawks weren't taking good shots, but last week their coach says they did take good shots, but the ball just wouldn't go down. It seems like the ball always falls for the good shooters, but when a club is losing, the thing will roll around on the hoop, or even go down inside the basket and come back out. Maybe they are gonna fall for Iowa, and somebody will be in for trouble. Of course they guys are playing without at least a couple of fellows who had figured strongly in the coach's plans, and this has to make a big difference. Drake comes up with an exciting ball game even when they lose, and they are due to upset someone before the season is over. If they have beaten Louisville they will have to be counted in the Valley race.

No matter what the polls say, I will have to be convinced that Indiana is the best ball club in the nation. I know they are number one, and are marching through the Big Ten like Sherman marched through Gorgis, but I don't think the Big Ten is a tough league this year. True, they did in Notre Dame at South Bend, and that takes some doing, but the Irish have improved a lot since then. Now, that I have got that off my chest, those fellows just might go on and win the NCAA meet to make me wrong. Oh, well, I have been wrong before.

And in the small college polls, Jackson State tops the list but I bet there isn't any club with a clear cut edge over the rest of them. There are other clubs in the top ten, Southern and a couple of others who have beaten each other. Wonder how Jackson will make out in the national meet. And I can't help but wonder how tough some of those black schools would be if things hadn't opened up down South for blacks. Can you imagine a team with David Thompson, John Lucas, and the big man from Tennessee, not to mention people from Kentucky, North Carolina and Alabama on the same ball club? They wouldn't lose too many games, and when they did, it would be news.

I talked to a fellow who said he was familiar with the situation at Michigan State, and he came up with the usual bit as to the cause of the recent flareup there. As he tells it, it seems that the best five starters the Spartans have are black, and the coach, for some reason, wanted to insert a white player, the fellows rebelled. They argued that if the fellow were good enough, nobody would kick, but he wasn't really that good, so the fuss. Both sides said there was nothing racial in their stand, but just a difference of opinion as to who should start. This is the story. Take it or leave it.

High Schools

While Lincoln rolls along, Hoover continues to pull out the

close ones. This week end it was Dowling who nearly upset the apple cart, but the Huskies came through again in another squeaker. This should make them tough for the Railsplitters in their next game because they know they can pull out the close ones. North, Dowling and East are having a merry scuffle for the rest of the places, and maybe the Maroons will edge out the rest of them. Roosevelt and Tech can look for next year when they will be lot tougher than they are now. Will Lincoln win the state? I would say yes if they drop a game before going into the thing. If they take an unbeaten mark into the meet, the pressure will likely get to them, and somebody will upset them.

And do you know, we are still looking for those bowling scores. Maybe next week, huh?

Where the action was

Alcorn 99, Texas Southern 95(OT). Birmingham Southern 107; Millsaps 74. Delaware State 2, Morgan 0 (forfeit, because of the difficulty at State when the entire team quit). Howard 107, MD. East Shore 84. Morris Brown 93, Albant St. 83. Prairie View 116, Grambling 111. Shorter 86, N. Georgia 71. St. Augustine 75, Hampton 70. Tougaloo 102, Philander Smith 78. Texas College 108, Wiley 97. Virginia State 96, J.C. Smith 95 (OT). Virginia Union 65, Livingston 63. Albany St. 115, Savannah St. 100. Bethune Cookman 91, Florida A&M 88. Bishop 121, Austin Col. 65. Jackson State 112, Prairie View 97. New Orleans 96, Dillard 85. St. Augustine 83, Virginia Union 75, Morris Harvey 70.

Local youth aid at Mich. State

EAST LANSING, Mich. — Bruce Hamlett, 21, of Des Moines is one of 36 black minority aides on the Michigan State University campus who assist fellow students with a wide range of problems during the adjustment to college life.

Hamlett, the son of Zack Hamlett of 1816 Allison in Des Moines, and Marilyn Hamlett of University City, Mo., is an MSU junior majoring in psychology and a 1972 graduate of Des Moines East High School.

"It's the aide's job to plan various social and cultural activities for the black students," explains Mrs. Terry White, assistant director of the black minority aide program at MSU. "Most activities for black students are held on campus and the aides assigned to various residence halls get together to coordinate events."

The ability to communicate with others is a primary requirement for black aides and the selection process to fill positions each fall involves a personal interview. Aides are given free room and board for their work but no salary. Each aide is assigned to a residence hall and offers help to about 50 fellow black students.

"They do a lot of ice breaking in the fall and help students get acquainted," says Mrs. White. "Some black students have never attended classes with white students before and aides assist in this adjustment to a different environment. Much of their work is on a personal basis with individual students who need advice on social, academic and financial problems. Aides direct them to services available in these areas or solve the problem by simply talking to a student."

Mrs. White points out the program operates under the basic concept that the aides act

The New Iowa Bystander - Des Moines, Iowa

as "big brothers and sisters" to younger black students.

"Aides do many different things and it's really up to them how involved they become in helping other students," she concludes.

Swim Meet

The Metropolitan Conference swimming meet is scheduled for the North high school pool Saturday, February 15 with meet records possible in several events.

Roosevelt sophomore Dave Everett has bettered the Metro records in the 200-yard freestyle, 200-yard individual medley and the 500-yard freestyle. In addition, the Roosevelt freestyle relay team has surpassed the conference meet record time.

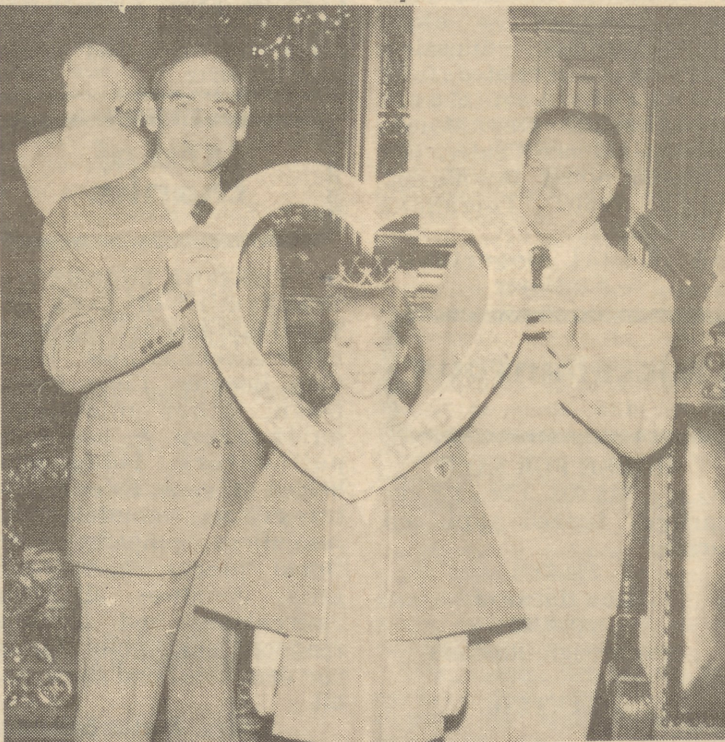
The Roughriders are favored to capture the team title, but strong showings are expected by Valley and Hoover.

Several other conference schools have potential individual winners, including John Bray of East in diving, Steve Meyers of Tech in the 50-yard freestyle, Critchett Edwards of Lincoln in the breaststroke and Brock Inman of North and Charles Kouri of Dowling in the butterfly.

The diving preliminaries are scheduled at 9 a.m. Saturday. Finals in diving and swimming events will start at 1 p.m. There is no charge for preliminaries. Admission charges are \$2 for adults, \$1 for students without activity tickets and 50 cents for students with activity tickets.

Orval Knee, North athletic director, will serve as meet director.

Gov. meets Heart princess



Left to Right: Governor Ray, Theresa Douglas, Iowa Heart Princess, and E. Wayne Cooley, State Heart Fund Chairman, as they combined to proclaim February as HEART MONTH.

Des Moines — Pretty 10-year-old Theresa Douglas of Des Moines, 1975 Iowa Heart Fund Princess, was the guest recently of Governor Robert Ray in his Executive Offices. The purpose of the visit was to officially proclaim February as HEART MONTH in the Hawkeye State.

Theresa was first discovered to have a heart murmur when she was just three days old. As a result of this finding, she was admitted to University Hospitals in Iowa City, where a cardiac catheterization was performed on July 22, 1968 to determine the extent of her heart problem. This procedure revealed, a Ventricular Septal Defect (hole in muscular wall that divides the left and right heart chambers).

In addition, this test also revealed Aortic Regurgitation (backward flow of blood through defective valve in the aorta). Cardiac catheterization was again performed in Iowa City in April of 1972. This further test showed the same problems, except that the aortic

Harris doesn't worry about "Joe"

Joe Namath becomes a free agent May 1 but James Harris, the resident quarterback of the Los Angeles Rams, refuses to get himself in a dither about it.

Although Rams' owner Carroll Rosenbloom has denied that he'll seek Namath's services, Harris isn't so sure.

"I've been around long enough to realize that any organization—and that includes the Rams—is going to do the best thing to improve their club," said the 1975 Pro Bowl MVP.

"If that means bringing in players like Namath, they're certainly going to do so. So I don't worry about it. I'm just going to wait and see what's going to happen because they're the ones who are going to make those decisions."

The New York Jet's quarterback—bad knees and all—has played out his option and the rumors have flown fast and furious about his future.

"At this point, a lot of people say a lot of things," said Harris.

The 28-year-old former Grambling star knows all about the insecurity of the National Football League.

Five games into the 1974 NFL season, the Rams dumped 13-year pro John Hadl, the 1973 NFC player of the year, and gave Harris the starting quarterback's job.

This was the same Harris who was an Eighth Round draft choice of the Buffalo Bills in 1969 and who was put on waivers four years later. The Rams found him working for the U.S. Department of Commerce finding jobs for minority students in Washington, D.C., and added him as their taxi squad quarterback in 1972.

With Harris at the helm, the Rams won their second straight NFC West title and made it to the Conference finals where they lost to Minnesota.

"It's just a matter of being in the right place at the right time and making good on an opportunity when you get it," he said. "It was just a matter of me getting more confidence each game that I played. I had been sitting around and not playing."

"I'll feel a lot more confident next season because of the games I played. I'll have a better feeling for what's happening than I have in the past. In the past, I've usually gone into situations where the game was out of hand."

Harris expressed "surprise" when Hadl was dealt to the Green Packers for five draft choices.

"I wasn't expecting it," he said. Thereafter, he made sure he didn't read any newspaper stories about the Rams.

skating, swimming and crafts. As Iowa Heart Fund Princess, Theresa is the inspirational leader of some 40,000 Heart Fund Volunteers who will be helping this February to continue the important work of the Iowa Heart Association.

1974 firearm accidents

DES MOINES — During 1974 85 Iowans were involved in firearm accidents resulting in 12 fatalities. A breakdown of the statistics is as follows:

56 accidents occurred while hunting.

13 accidents occurred while target shooting.

8 accidents occurred in the home.

6 accidents were unknown as to what the individual was doing.

"When handling firearms, you must use good judgment and common sense," reminds Charles Olofson, Hunter Safety Officer for the ICC. According to Olofson the best "safety" is for gun handlers to be safety conscious and use common sense at all times.

The Iowa Conservation Commission administers a (voluntary) Hunter Safety Education Program. It is open to everyone (male or female) 10 years of age and older.

For more information on hunter safety training contact the State Conservation Commission, 300 4th Street, Des Moines, Iowa, or your local conservation officer.

Reached a point where a career decision must be made? Before you make that decision consider

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