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Iowa Bystander

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Iowans

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Thursday, July 17, 1975

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Tried To Improve Racial Relations

Julian Bond Dissolves Candidacy

Atlanta, Ga.—State Senator Julian Bond has announced he would not be a candidate for President in 1976.

"It's simply a matter of not having the money," Bond said. "In spite of the hundreds of people who have written expressing their support and those who worked long, hard hours trying to build a base of financial support, we just couldn't raise enough cash," Bond said.

"Unfortunately," he added, "none of the remaining candidates seems likely to promote the radical political and economic changes so badly needed to insure redistribution of wealth in America and common control of our resources and our future."

News Briefs

WASHINGTON, D.C.—The Iowa Delegation in the U.S. House has been judged the third most favorable to tax reform by Taxation with Representation, a public interest taxpayers lobby. On a scale of zero to 100, the Iowan averaged 74. The scale was based on an analysis of seven 1975 votes in the House.

ACCRA, Ghana—After two years of economic boom from export earnings, the people of the sunny West African nation of Ghana once again are having to tighten their belts.

The spartan life has returned as Ghana is squeezed in an economic nutcracker of tumbling prices for cocoa, from which chocolate is made, and a reduced demand for timber, its two main exports.

WASHINGTON—The Department of Justice has charged that black U.S. Marshals are still being discriminated against by their superiors in Washington and other jurisdictions—in violation of a two-year-old order.

CHICAGO—Whites may soon be allowed membership in the black Muslims—a religious group with assets of at least \$46 million, according to officials.

The major policy shift was publicized at a recent rally marked by the first official appearance of Wallace D. Muhammad, new spiritual leader, who broke the secrecy of almost half a century in reporting the financial status of the sect.

Institute Receives Grant To Produce Film Of All-Black Folk Drama

BLOOMINGTON, Ind.—Indiana University's Afro-American Arts Institute has received a grant from the National Endowment for the Arts to produce a film version of an all-Black religious folk drama, "In the Rapture."

The filming, scheduled to take place in October at Bloomington's Second Baptist Church, will be done under the direction of Dr. William Wiggins, I.U. associate professor of Afro-American studies.

The film and an accompanying book will be the result of Wiggins' research into the several forms of folk dramatic expression performed by Afro-Americans. "In the Rapture" is typical of Black religious folk drama as it depends upon creative improvisation, music, and songs from the Black church, and the lesson of a Christian life.

Conceived through a "dream" by Mrs. William Hatcher of Indianapolis, this drama has been performed regularly for more than eight years to capacity crowds throughout Indiana and neighboring states. In part, its continued appeal stems from the ability of the drama to "move" an audience

to the emotional heights so characteristic of the Afro-American folk religious experience.

The cast of more than 50 members is composed of representatives from the Northside New Era Baptist Church, Church of the Living God NO. 18, and Operation Breadbasket, all of Indianapolis.

Topical as well as traditional, "In the Rapture" addresses itself to the decay of moral and social values attendant upon the "fast life" of Urban America. The message of this inspiring drama, though religious in nature, calls for a soul-searching re-evaluation of directions and goals that cross denominational, political and class boundaries.

The National Endowment grant for the project totals



LAURENCE JONES

Laurence Jones, Piney Woods Founder Dies

Jackson, Mississippi Dr. Laurence C. Jones, age 92, founder of Piney Woods School near Jackson, Mississippi died at the hospital in Jackson last Sunday.

Born in Missouri, Dr. Jones came to Marshalltown, Iowa at an early age where he completed his high school education and later graduated from the University of Iowa.

GOES SOUTH

Following his graduation, Dr. Jones went to Mississippi where he found the need of helping to educate young blacks and decided to cast his lot among them. The school was organized along elementary and industrial lines as few of his students had any previous training. As improvements were made, items for construction, agriculture and home life constituted his early additions.

IOWA SUPPORT

Piney Woods was largely supported by Iowans who saw that he was doing a good job and were willing to contribute heavily from the time the school began. Many of his contributors were among well-known families in Des Moines who felt that he was doing a good job of improving relations between whites and blacks in Mississippi.

Dr. Jones traveled throughout Iowa, often with a group of singers from his school, and did much to improve the lot of the school.

He appeared several years ago on the "This is your Life" television show. His message was so interesting that they announced to every listener to send the school one dollar. The school received more than one million dollars from this show which a bank in Jackson helped to receive and count.

He received several honorary degrees in recognition of his valuable institution which he built to help those who needed it most.

Dr. Jones' wife Grace died in 1920. His survivors include two sons, a daughter and several grandchildren.

Needs 500 Volunteers

Volunteers—about 500—are needed for the Gateway Opportunity Center's "Tag Day," according to the Center's director, Zack Williams.

SOCIAL NEWS WANTED

Do you know of any forthcoming weddings? What about wedding announcements, anniversary celebrations, births and pictures. If so, why not let others know of these social items by submitting the news to the New Iowa Bystander Society section.

All material must be typed or legibly written. Pictures can be returned just by picking them up at the Bystander office. There is no charge for the use of pictures.



Sen. Lloyd Bentsen (D-Tex.) candidate for President met recently with leading members of the black community who represented him at the NAACP 66th Annual Convention in Washington, D.C. The representatives were (left to right) Johnathan L. Eugene president of the Texas Club of Washington, D.C.; Mrs. More D.

Tolbert, vice chairman of the NAACP Church Affairs Committee and board member of the Washington, D.C. Chapter of the NAACP; and Hugo Ward, administrative assistant to the president of the Washington, D.C. Chapter of the NAACP. Eugene, Mrs. Tolbert and Ward distributed information about Sen. Bentsen and his presidential campaign to the NAACP delegates.

VIEWS and REVIEWS

by James B. Morris

We Still Need The NAACP

The NAACP completed its 66th annual meeting in Washington D. C. last week. Many members who, over the years, have been the backbone of the organization were not present as they passed away since the last convention. However, there seems an air of willingness on the part of delegates, both young and old, to sense the need for the association to take a new thrust and do many of the things that have made it great. This is a far cry from the attitude which prevailed during the 1960's.

The association slipped during the period of disturbances of the 1960's which accounts for the lack of membership among the people who grew up during that period and have taken their places in the world.

There are those who say that the NAACP has worked itself out of a job. (The Ku Klux Klan is still alive.) Generally they are the people who are holding jobs made possible by the NAACP and give little attention to the fellow who has not arrived. They are the people who feel that they have made their way and are satisfied to relax and enjoy it.

Too many people do not realize that there are still problems to be met and some intelligent leadership is required in order to solve them.

For instance, there are numerous youngsters who have received apprenticeship training in the skilled trades but, somehow, few are seen on the jobs serving as journeymen. While some unions have moved toward the acceptance of minorities in their ranks, for some time, there are others that make it almost impossible to get in.

The NAACP has been instrumental in the passage of equal opportunity laws but many, in some states, find it difficult to get by the red tape and the desire of many officials to keep them from enjoying the things which they are entitled to.

True, the membership has fallen materially in recent years but with the boost engendered at the recent convention I look for a substantial gain in helping solve the problems that remain — which naturally will be a force increasing the membership.

Eliminating Fundamentals

When the drafters of the U. S. Constitution attempted to eliminate the restrictions of the old world which they came to this country to enjoy, one of those was the separation of church and state.

The U. S. Supreme Court has continued to place strict instruction on that provision and thus religion has been barred from the public schools.

While religion might not have helped all of our ills, making it unavailable to young people in the early stages of their lives — many of them have absolutely none — has been one of the causes of the lack of proper conduct among them, today.

Many youngsters never have a chance at home. They never hear from the teacher that it is wrong to steal, to lie, to mistreat their neighbor, to fail to be present when required, and to abuse the property of other people.

On the other hand the church is not interesting to them because it does not fit into the conduct that they carry on.

So as we contact many youngsters on the street or even in the schools they conduct themselves not as the golden rule teaches but as the life of the toughy you see on the television or read about in the news media.

Consequently law enforcement and prison officers are at wits end to know what to do as a constant flow of large numbers of young people find themselves involved in crime and also behind bars.

Unfortunately, as these youngsters arrive at the age of twelve years and above, they are set in their ways and carry the lack of respect for the law into their daily lives. The conduct of these youngsters pose not only a problem of what to do with them in prison or what can be done to prepare them to return to normal life. In other words, often we have thrown religion out of the schools but invited crime which follows the youngster when he leaves.

We Educate; They Leave

Iowa officials are advertising, "Iowa is a good place to grow up." I have long felt that this sentence should have included, "and a good place to live." This is emphasized by a recent census report which shows people between the ages of 20 and 29 are the ones who have left the state. Many of these people receive their education in Iowa and go to other places to work.

A shocking case is the example of the Latvian family about whom an article was published in the Des Moines Tribune recently. They came to this country as refugees. Three of their children completed their education in medicine but all have left the state to work. While it is charitable to bring these strangers into our state, they and their offsprings should be willing to remain where their training was provided by the taxpayers.

Some states require its medical students to remain in the state for a period of several years after their graduation. I am not opposed to free location of anyone. On the other hand, I believe that the recipients owe some obligation to the hand that fed them as a gesture of responsibility and appreciation to those who have helped them in time of need.

**"AN EXCITING PAPER
DOES EXCITING THINGS."**

Veteran's

Only a short time remains for veterans discharged since 1970 to take advantage of the new low-cost Veterans Group Life Insurance (VGLI) for which applications and first premium must be received before August 2.

The reminder applies to all veterans discharged between April 3, 1970 and August 1, 1974, Robert L. Winters, director, Veterans Administration Regional Office at Des Moines, said today.

The new program offers up to \$20,000 for a monthly premium of only \$3.40 for veterans under 35, and for those 35 and over, the maximum coverage is \$6.80 per month. It is a non-renewable policy designed as interim protection during readjustment to civilian life, he explained.

Another important advantage of buying VGLI, Winters said, is that it reinstates the veteran's right to convert his Servicemen's Group Life Insurance policy to an individual policy at standard rates regardless of his health or physical condition. Normally, this privilege terminates 120 days after discharge. Those covered by VGLI can convert on termination of the five-year VGLI policy.

A pamphlet is available that gives complete information on the program. The pamphlet and application forms can be obtained from the Veterans Administration or by writing the Office of Servicemen's Group Life Insurance, 212 Washington St., Newark, N.J. 07102.

Credit Lines Established

Chicago — Zenith Radio Corporation announced today that it has established a \$2 million line of credit with a group of minority-owned banks to provide the company with an additional source of working capital.

The Highland Community Bank in Chicago, George Brokemond, president, is the lead bank. Zenith has maintained an active financial relationship with Highland for over two years.

The other Chicago area banks in the group include the Independence Bank, South Side Bank, Seaway National Bank, and the Guaranty Bank.

HEALTHLINE CALLS NUMEROUS

Since September 1973 when Healthline first began in the Greater Des Moines Area, over 77,000 telephone calls have come in. This is truly an amazing number of calls in just 22 months.

Healthline is a phone-in health-information service. Every Friday afternoon, the Healthline message is changed. One week the topic may deal with cancer, the next week with the "flu" or high blood pressure. However, each and every message has something in it to help you improve and maintain good health. By listening to Healthline you will also learn about health subjects that are of current interest.

The "Healthline Habit" is a good habit and it's easy to get: just dial 282-5235 once a week.



Hope For The Future

To The Editor:

I feel the achievement of black economic and political power means that blacks must become more militant in a positive way.

To me militancy is a beautiful thing which would improve the health and increase the wealth of the nation; not something to be feared and condemned.

Militancy must be distinguished from forms of aggression that are nothing more than violence for the sake of violence alone. A militant person is simply a person who is not satisfied with the way things are and has the will and guts to say and do something about it.

Even if we did not have racial problems, we would need militants to keep the country moving to keep it alive and healthy. To continually question our system for its own sake is what sincere young people are doing. It is a healthy sign that our young people are becoming adults much earlier in life today.

We have something — ingenuity — that keeps us alive when we do not have three square meals a day and has kept many of us in the classroom when we had no rational reason for staying in school. This ingenuity has enabled many blacks to make a mark in our nation, in spite of the odds. Look around you, you can see the many talented young blacks within your community of Des Moines. There is talent so great, you want to burst with pride.

Unfortunately much of this

Beware of Poisonous Plants

There are three (3) common, widely distributed poison plants which account for many allergic reactions in Iowa each year: poison ivy, poison oak, and poison sumac — according to the Des Moines-Polk County Health Department.

The sap from these plants may produce skin sores and blisters, which usually appear within a few hours after contact but in some cases not until 24-48 hours have elapsed. The rash will be accompanied by an urgent need for scratching. The sap from the plants may reach the skin through direct contact or indirect contact (via clothing, tools, animal fur, etc.). Outbreaks on the skin caused by poisonous plants can last for a few days or a few weeks, depending upon the extent of the contact and whether or not treatment is given.

The purpose of treatment is to reduce the itching and burning sensation. In mild cases, local applications of a soothing lotion can be helpful. In severe cases treatment by a physician may be necessary.

There are several things you

NOTICE

Letters to the editor and all articles submitted to the New Iowa Bystander become property of the paper which reserves the right to edit and/or omit any part thereof.

talent is being wasted. Young people do not have or have set positive goals for themselves. Many think they have more time than they do or relieve their tensions through violent and destructive means.

Yes, young blacks should be militant, but in practical ways that promise some end result profitable to Afro-Americans. One of our greatest advantages as blacks is that we have always had to go uphill and that builds strong legs.

We have to develop the talents (of young people). We are beautiful when we understand the tools and technology making power work for us. We are beautiful when we make our homes, community and city, better places to live, not just for us but for everybody. We are beautiful when we maintain human dignity and integrity to resolve that we never perpetrate upon another group of people the offenses that have been inflicted on us.

We are beautiful when we are honest with ourselves, and with those around us, about every phase and facet of our "blackness."

"Peace and Love"

Theodore C. Brewton, Jr.

103667

Fort Madison, Iowa

Advertising Doesn't Cost It Pays

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IOWANS

Iowa Bystander

"America's most original black weekly"

since
1894

Credo of the Black Press

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The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every man regardless of race, color or creed, his human and legal rights.

Hating no man, fearing no man, the Black Press strives to help every man in the firm belief that all are hurt as long as anyone is held back.

Reid Vows to Fight for Little's Freedom; Campaign Issue

NEW YORK—Willie Mae Reid, Socialist Workers party candidate for vice-president, arrived in Raleigh, North Carolina on Monday, July 14 to attend the opening of the trial of Joanne Little.

Ms. Little is a black woman facing a first-degree murder indictment. She allegedly was defending herself against a white jailer who tried to rape her. Reid plans to join Ms. Little's supporters traveling to Raleigh from every part of the country to demand that Joanne Little be set free and that all charges against her be dropped.

Ms. Reid urged support for Ms. Little saying, "Joanne Little is a symbol of black women's plight in the South. One of the reasons her case has won so much national support from black women is because her life is typical of tens of thousands of others like her who daily suffer from economic hardship, and are victimized by racism and sexual oppression."

"When I received the mailing on Joanne Little's case," Reid continued, "memories from my teen-age years south of the Mason-Dixon line flooded back. I remembered being sent to the back of the city buses so that white people could have a seat. I remembered the twelve hours a day spent with my family in the hot sun picking cotton because blacks were locked out of better jobs. I remembered the Jim Crow laws that justified treating us like subhuman beings."



JOANNE LITTLE

"Joanne Little is on trial for all women who are fighting against racist and sexist abuse. She is on trial for prisoners fighting for decent prison conditions. And she is on trial for all blacks that have been railroaded to jail by white racist juries. A victory for Joanne Little will be a victory for all those fighting for social justice. It will also deal a blow to the racist and barbaric judicial system of the state of North Carolina that has framed up so many civil rights activists," Ms. Reid said.

"This victory can only be won if there is visible and massive support that makes it clear that the state of North Carolina is on trial, not Joanne Little. I have used my campaign to win support for Joanne Little and to urge people all over the country to come to Raleigh or to join the picket lines around the country in support of Ms. Little. I vow to continue to make the fight for Joanne's freedom a major issue in my campaign. Together, we can and must save this young black woman's life," Ms. Reid stated.

Hope for minority communities seen in A-95 review procedure

WASHINGTON—Despite the existence of various laws and regulations prohibiting racial discrimination in federally-funded projects, "large amounts of federal grants" are "dispensed without regard for the non-discriminatory provisions of the law," asserts a study published by the Joint Center for Political Studies (JCPS).

Noting that a major challenge facing traditionally disadvantaged groups is one of securing equitable distribution of public resources, the study explores how a review process instituted by the Office of Management and Budget (OMB) in 1969 as Circular A-95 can help in this effort.

In a letter to James T. Lynn, director of OMB, Joint Center president Eddie N. Williams observed that the study showed that A-95 has a substantial potential for ensuring an equitable utilization of federal grants. "We are concerned," Williams said, "that this potential has not been achieved and is not likely to be achieved until steps are taken to strengthen the procedure and its implementation."

The initial primary objective of A-95 has been to improve state and area-wide coordination of project planning. The document has since been revised to include in the review process a concern with the environmental impact of federal grants as well as their conformity to existing civil

rights laws and regulations.

The JCPS study emphasizes that with these changes the A-95 review process can serve to ensure that the interests of minority groups are considered and provided for in activities funded by federal grants. Prepared by Dr. Milton Morris, a public policy fellow at the Joint Center, the study outlines how the A-95 review process operates, identifies some weaknesses of the process and suggests how concerned individuals or organizations might employ the procedure.

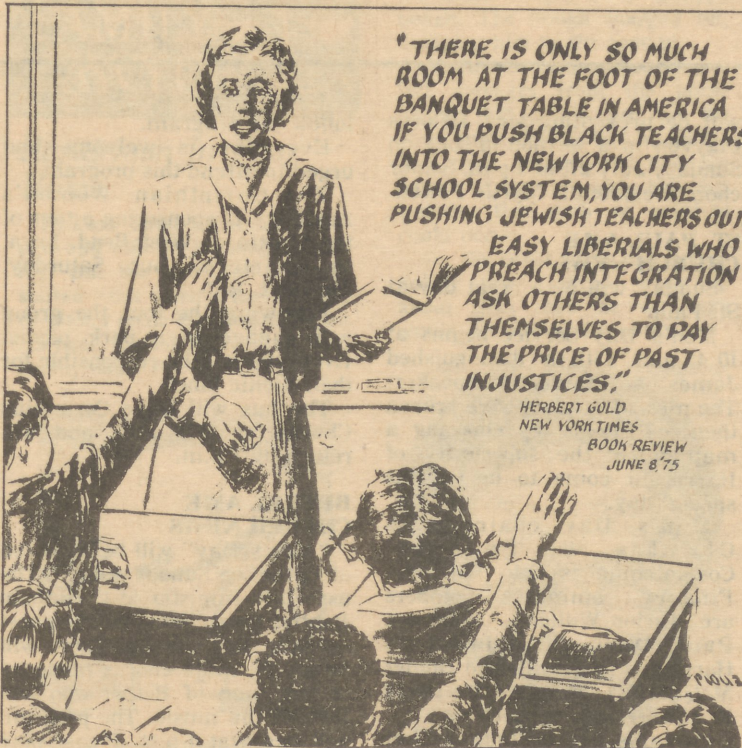
"Although there are no entirely adequate means of

protecting the interests of minorities in the use of federal grants," the study notes, the revised and broadened A-95 procedure appears "capable of fundamentally affecting the ability of concerned minority groups to influence the distribution of public goods and services provided through the various federal grant programs."

The review of proposed federally-funded projects is coordinated by statewide clearinghouses which evaluate proposals in terms of their

Continued on Page 10.

How Else Can Blacks Undo The Damage of History?



"THERE IS ONLY SO MUCH ROOM AT THE FOOT OF THE BANQUET TABLE IN AMERICA IF YOU PUSH BLACK TEACHERS INTO THE NEW YORK CITY SCHOOL SYSTEM, YOU ARE PUSHING JEWISH TEACHERS OUT."

EASY LIBERALS WHO PREACH INTEGRATION ASK OTHERS THAN THEMSELVES TO PAY THE PRICE OF PAST INJUSTICES."

HERBERT GOLD
NEW YORK TIMES
BOOK REVIEW
JUNE 8 '75

Veterans Admin. Ques. & Ans.

Q—I'm the wife of a World War II veteran who named his mother as beneficiary on his \$10,000 National Service Life Insurance policy. Can the Veterans Administration designate me as beneficiary if I request it?

A—No. Only the veteran may change his beneficiary.

Q—As a recently discharged veteran with a service-connected disability, I'd like to attend college under the Veterans Administration's vocational rehabilitation program. I have a wife and child as dependents, and wonder what benefits I'd be entitled to?

A—Under current rates, you would receive your tuition, fees, books and supplies, plus a \$304 monthly allowance check, if you attend full time.

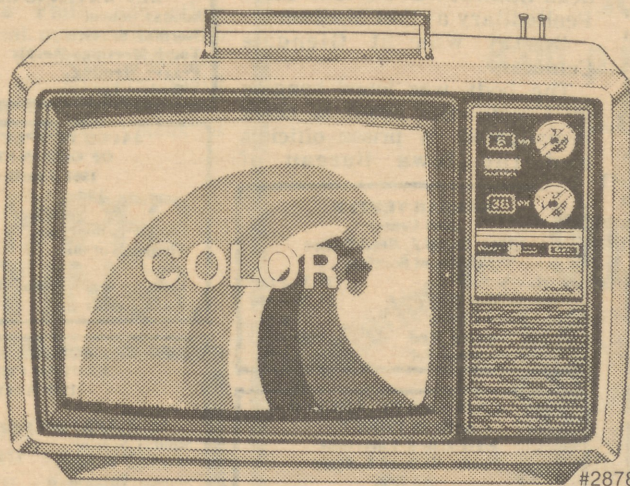
Q—I'm a veteran in a state which has no burial space left in its national cemetery. Will the Veterans Administration pay anything toward the cost of a burial plot in a private cemetery?

A—Yes. Under a 1973 law, VA is allowed to pay up to \$150 in plot and interment costs of veterans not buried in national cemeteries.

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JCPenney White Elephant Day Sale

\$40 to \$100 off solid state.



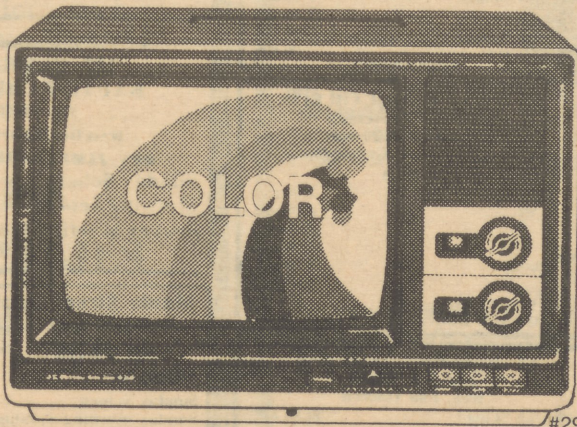
Sale \$349

Reg. 449.95. Our color portable TV has a 100% solid state modular chassis and a big 19" screen (meas. diag.). Features Chroma-Brite® black matrix picture tube for sharp, crisp color. Chroma-Loc® pushbutton color control plus AFT for easy color viewing. White plastic cabinet.

Same model, walnut grained plastic cabinet, **Reg. 449.95, Sale \$379**

17" model, walnut grained plastic cabinet, **Reg. 399.95, Sale \$339**

White plastic cabinet, **Reg. 399.95, Sale \$319**



Sale \$319

Reg. 379.95. Color portable TV has a 100% solid state modular chassis and a 15" screen (meas. diag.). Features Chroma-Brite® black matrix picture tube for sharp color. Includes Chroma-Loc® plus AFT for easy color viewing. Walnut grained plastic cabinet.

12" solid state modular color portable, **Reg. 309.95, Sale \$269**

Sale prices effective thru Saturday.

Open Mon. thru Fri. 10 a.m.-9 p.m. Sat. 9:30 a.m.-5:30 p.m., Sun. 12 noon-5 p.m.

church

MT. HEBRON BAPTIST CHURCH NEWS

This Sunday, July 20, we will be worshipping in Kansas City, Mo., with the Paradise Baptist Church.

The bus will be at the church at 6 a.m. and we will be leaving at 7 a.m. Anyone interested please contact Ms. Mary Lawrence, Ms. Cora Carter or Rev. Jas Harris.

There will be prayer meeting at the church the following Wednesday at 7 p.m., July 23. Rev. Jas Harris is the pastor.

SHILOH BAPTIST CHURCH NEWS

Rev. William Heath will bring the message at the morning worship. The Gospel Choir will provide the music.

At 4 p.m. Rev. Robert Clay, pastor of St. Paul A.M.E. Church will be the guest speaker for the Gospel Choir's program. His choir will furnish the music.

UNION BAPTIST CHURCH NEWS

Pastor Thomas and members will leave immediately after morning services Sunday to worship at Corinthian Baptist Church in Waterloo, Iowa. Bus reservations may be made with Sis. Ruby Wilson.

Wednesday, July 23, we will participate in pastoral anniversary services for Rev. F. W. Strickland at Corinthian Baptist Church in Des Moines.

The New Creations will present a musical Sunday July 27 at Cedar Rapids. Reservations may be made with Sis. Diedra Thomas. Men and Women's Day will be observed at Union Sunday, August 31.

MESSIAH TEMPLE CHURCH NEWS

Rev. Jacob Reed spoke last Sunday taking his text from Mark 16:1-7. Peter was mentioned in verse 7 to make sure he understood how complete Jesus' forgiveness is. Peter knew from Jesus' teachings that whoever denied Christ would be denied by Him. Yet if we come and give ourselves completely to Christ and repent of our sins, Jesus is faithful and merciful in His forgiveness, just as He was with Peter.

Our visitors last Sunday were Mrs. Vera Kemp and Ms. Helen Bothwell.

Sunday school is at 10:30 with services at 11:30. Evening classes are at 7. Prayer meeting is Wednesday at 7:30 p.m.

MAPLE STREET BAPTIST CHURCH NEWS

Rev. Parrish's sermon title for Sunday, July 20, will be "The Declaration of Faith." The Young Adult Choir will render the music.

The Maple Street Junior Usher Board will present a "Musical Program" on Sunday, July 20, at 4 p.m. Various outstanding choirs and soloists of the city will be presented on the program. Please plan to enjoy this musical feast.

The Maple Street Senior Choir

will be presenting Mrs. Delores Clayvon in a sermon in song on Sunday, July 27, at 4 p.m. Senior choir president is Myrtle Powell.

ST. PAUL A.M.E. CHURCH NEWS

Sunday will be a great day at St. Paul.

Men's Day Service begins at 10:45 a.m. with the distinguished James A. Harris as speaker. The men of St. Paul have proven their excellence by choosing a man with the superiority of Harris to come to us on this special day.

Men's Day chairman is Charles W. Peguese. Co-chairman is Otto Williams. Finance committee members are Marion Williams, chairman, Paul Danforth, Edward C. Harris, Turner Bell, and Homer McQueen. Secretaries are Larry W. Carter and Floyd Epton.

Captains are as follows: Lee O. Harper, Robert L. King, Lawrence Carter, Warren Weathers, Gad B. Tucker, Winston T. Spencer, Virgil C. Miller, Andrew Fant, Edward Reeves, Russell Reeves, Richard Perry, Floyd Epton, Richard Henderson, Lewis Brown and William Weathers, Jr.

The Committee on Guest Speaker is composed of Edward Harris, chairman, Marion Williams and Danforth. Rev. Robert G. Clay is Pastor.

After the program we will immediately leave for the big shelter house at Birdland Park to relax and enjoy ourselves at the Laymen's Annual Church Picnic. Bring all your goodies with you and we'll have a glorious time.

CORINTHIAN BAPTIST CHURCH NEWS

The Corinthian Booster Club is honoring James Harris, president of the National Education Association, as guest speaker at 7 p.m. Sunday evening, July 20.

Also appearing on the program will be Dr. Richard N. Smith, Deputy State Superintendent of Schools; Dr. Robert R. Denny, Asst. Supt. of Des Moines Public Schools; Neil Curtis, executive director, Iowa State Education Association; C. Tom Reeves, president, Des Moines Education Association; Dr. Paul Devin, principal, Callanan Jr. High; Atty Nolden Gentry, president, Des Moines School Board; and Wes Chapman, Kappa Alpha Psi Fraternity.

Music will be furnished by Mrs. Barbara Williams, Mrs. Doris Wade and the Corinthian Youth Choir under the direction of Robert Riley. A reception will

follow the program.

Everyone is welcome and urged to attend this program.

The Corinthian Women's Auxiliary is sponsoring a tour of the Grotto at West Bend, Iowa, by chartered bus, Saturday, August 2, 1975.

Following the tour the group will engage in a park picnic. Everyone will be responsible for their picnic lunch.

The bus will leave Corinthian Church at 7:30 a.m. and will return by 7 p.m.

BETHEL A.M.E. CHURCH NEWS

"Men's Day" will be observed at Bethel on Sunday July 27. The associate minister at Corinthian Baptist Church will be the guest speaker, Rev. Brown. There will be an all male chorus made up of the men of Bethel who will furnish the music. The program will begin at 4 p.m. Please plan to spend an evening of spiritual joy on this auspicious occasion. The public is invited.

Sunday services include Sunday School at 9:30 a.m. and divine worship at 11 a.m. Pastor's sermon subject will be, "Behold I Come Quickly."

MORNING STAR BAPTIST CHURCH NEWS

Last Sunday is visitors were Mr. and Mrs. John W. Hendricks and their two daughters, Raynell and Pearl, members of the St. Joseph Baptist Church of West Monroe, La. There were also visitors from within the city.

Sunday, July 20 at 3:30 p.m. will be Women and Men's Day. Rev. Al Brown, associate minister from Corinthian Baptist Church will be guest speaker. At 8 p.m. the Morning Star Radio Club will sponsor a musical program.

OBITUARIES

GREGORY STONE

Services were at 10 a.m. Wednesday at the Estes and Son Funeral Home for Gregory Eugene Stone, 22, of 681 Twenty-fifth St., who was found dead Saturday at the Iowa State Penitentiary at Fort Madison.

Burial was at Glendale Cemetery.

The body was found hanging in a cell. His death is being investigated by prison officials and the Iowa Bureau of

Criminal Investigation.

Calvin Auger, acting director of the Corrections Division of the State Department of Social Services, said there was no indication that the death was "anything but a suicide."

Survivors include his parents, May F. and Otto Stone, both of Des Moines; two sisters, Sheila Mickens, and Theda Wilson, both of Des Moines; two brothers, Robert and Horace, both of Des Moines; maternal grandmother, Mrs. Colie Scott of Rock Island, Ill.; maternal grandfather, Clarence Smith of Michigan City, Ind., and paternal grandfather, Thedus Stone of St. Joseph, Mo.

TAMMY JACKSON

Services for Tammy Marie Jackson, infant daughter of Mr. and Mrs. Roger C. Jackson of 1116 Eighth St., were 1 p.m. Tuesday at Estes and Son Funeral Home. Burial was at Glendale Cemetery.

The 23-day-old infant died Friday at University Hospitals at Iowa City following a heart operation.

Besides her parents, survivors include her maternal grandmother, Mrs. Leona Davis of Lauderdale, Miss., and paternal grandparents, Mr. and Mrs. Evans Harton of Shreveport, La.

HARTZELL HUNTER

Services for Hartzell Hunter, 81, of 1331 E. Sixteenth St., who died of cancer Saturday at Broadlawn Polk County Hospital, were at 1 p.m. Wednesday at Estes & Son Funeral Home with burial at Glendale Cemetery.

Mr. Hunter was born in Missouri and lived in Des Moines 37 years. He was a retired coal miner. He was a member of Our Savior Baptist Church. Survivors include several nieces and nephews.

**READ and USE
WANT ADS
REGULARLY**

PILGRIM MISSIONARY BAPTIST CHURCH

1732 Walker Street
Rev. Wayland Heath, Pastor
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Youth Meetings Weekly 7:30 P.M.
Prayer Meeting Wednesday 7:30 P.M.

JACOB TEMPLE CHURCH OF GOD IN CHRIST

1501 Fourth St.
Elder A. C. Carroll, Pastor
Sunday School 9:30 A.M.
Sunday Worship 11:00 A.M. and 8:00 P.M.
Evening Services Tuesday and Friday at 8:00 P.M.

MORNINGSTAR BAPTIST CHURCH

1150 W. 13th
Rev. Alex Crawford, Pastor
Sunday School 9:45
Morning Worship 11:00
Sunday Broadcast 9:30 A.M. to 10:00 A.M.

MT. HEBRON BAPTIST CHURCH

131 - 9th St.
West Des Moines, Iowa
Rev. James Harris, Pastor
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Prayer Meeting Wed. 7:30 P.M.

Maple Street Baptist Church

E. 16th and Maple Street
Rev. Geo. Parish, Minister 266-8910
Sunday School 9:45 A.M.
Sunday morning worship 11:00 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:30 A.M.
Evening Service 7:30 P.M.
Prayer Service Wed. 8:00 P.M.

MT. ZION BAPTIST CHURCH

Orlador, Iowa
Rev. H. J. Simmons, Jr., Pastor
Sunday School 9:45 am
Morning Worship 11:00 am
Prayer Service 7:30 pm
Evening Service 7:30 pm

PHILADELPHIA SEVENTH DAY ADVENTIST

1150 13th St.
Rev. George W. Murray, Pastor
Sabbath School 9:30 A.M.
Morning Service 11:00 A.M.
Missionary Volunteer 3:00 P.M.
Prayer Meeting, Wed. 8:00 P.M.
Dore's Society 1st Sunday 1:00 P.M.

KYLES TEMPLE A.M.E. ZION CHURCH

Rev. J. H. Jones, Pastor
907 15th Street
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Worship 7:00 P.M.
Prayer Service - Wednesday 7:30 P.M.

SHILOH BAPTIST CHURCH

1213 Scott Street BL 5-6333
Rev. William Heath, Pastor
ORDER OF SERVICES
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
B.T.U. 6:00 P.M.
Evening Services 7:30 P.M.
Wednesday Night Prayer Service 7:00 P.M.

Bethel A.M.E. Church

1528 East University Ave
Rev. Ivan Johnson, Pastor
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Worship 7:30 P.M.
Wed. Mid-Week Service 7:30 P.M.

Corinthian Baptist Church

9th and School Streets
Rev. F. W. Strickland
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
B.T.U. 6:00 P.M.
Evening Service 7:00 P.M.
Prayer Service Wednesday 8:00 P.M.

Evangelistic Missionary Church

1340 E. 18th Street
ELDEREURICA FOUNTAIN, Pastor
Sunday School 10 A.M.
Sun Worship 11:30 A.M. and 8 P.M.
Y.P.W.W. 7 P.M.
Sunday Evening Worship 8 P.M.
Tuesday Prayer and Bible Study 8 P.M.
Thursday Consecration and Healing 8 P.M.

St. Paul A.M.E. Church

1201 Day St.
Rev. Robert Clay
Church School 9:30 A.M.
Church Service 10:45 A.M.
Vespers Service 6:30 P.M. to 7:30 P.M.
Prayer Service Wed. 7:30 P.M.
Youth Fellowships 5:30 P.M.

TRUE BIBLE BAPTIST CHURCH

1440 DeWolf Street 266-8212
Rev. Edw. W. Kimes, Pastor
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:00 P.M.
Evening Worship 7:00 P.M.
Prayer Meeting, Wed. 7:00 P.M.

Mt. Olive Baptist Church

S.E. 4th and Scott Streets
Rev. H. R. Fields, Pastor
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Service 7:45 P.M.
Wednesday Prayer Service 7:30 P.M.
Choir Rehearsal Fridays 7:30 P.M.

BURNS UNITED METHODIST CHURCH

811 Crocker Street
Rev. R. C. Pfaltzgraff
Rev. Henry Bevel
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.

MISSION TEMPLE

C.O.G.I.C.
1161 Enos
Elder James McNear, Pastor
Assistant Pastor Minister E. Bell
Sunday School 9:30 a.m.
Sunday Morning Service 11:00 a.m.
Y.P.W.W. 6:30 a.m.
Evening Services 8:00 p.m.
Tuesday and Thursday nights 7:30 p.m.

OUR SAVIOUR'S BAPTIST CHURCH

The Friendly Church on the Corner
E. 16th & Des Moines St.
Phone 265-7693
Pastor, Rev. T. R. Brown
Sun. School 10:00 a.m.
Morning Worship 11:00 a.m.
Wednesday Prayer Service 7:00 p.m.

MACEDONIA MISSIONARY BAPTIST CHURCH

930 31st St.
Rev. Avance Harden
Home 277-5445
Church 255-4286
Sunday School 9:30 A.M.
Morning Worship 10:45 A.M.
B.T.U. 6:00 P.M.
Elsie Chancellor, Director
Evening Worship 7:00 P.M.
Prayer Services-Wed. 7:00 P.M.

NEW BETHANY CHURCH OF GOD IN CHRIST

800 Des Moines St.
Pastor Andrew E. Johnson
Sunday School 10:00 a.m.
Morning Worship 11:30 a.m.
Sunday Youth Service 6:45 p.m.
Sunday Evening Service 8:00 p.m.
Mid week service Wed & Fri 7:30 p.m.
Everyone Welcome

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REV. HENRY THOMAS
1340 McCormick
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Morning Worship 11:00 A.M.
Evening Service 7:45 P.M.
Prayer Service Wednesday All Day

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2603 Center
Elder Jacob J. Reed Pastor
Order of Services
Sunday School 10:30 a.m.
Morning Worship 11:30 a.m.
The Life of Christ 7 p.m.
Prayer Service Wed. 7:30 p.m.
Choir Rehearsal Sat. 2 p.m.

EAST UNIVERSITY CHURCH OF GOD IN CHRIST

East 17th & University
Pastor Richard L. Daye
266-7039
Sunday School 9:45 am
Reg. Services 11:30 am
Tues. Services 7:00 pm
Fri. Family Nite 7:00 pm

ST. JOHN CATHOLIC CHURCH

Harding & University
Father Jim Kiernan
Father Gene Cunningham
Eucharistic Celebration
Sat. 5:30 pm
Sun. 8:00 am
10:00 am
11:30 am
Weekdays 6:30 pm
8:00 pm
Confession, Sat. & after 5:30 Eucharist. 3:5 pm

ST. JOHN BAPTIST CHURCH

2548 S.E. Maury
Rev. Phil Tindrell
Church School 10:00 am
Morning Worship 11:00 am
Youth Fellowship 6:30 pm
Evening Worship 7:00 pm
Wednesday Prayer Service 7:00 pm
Pastor phone 266-5753



Ben Vereen shows Dinah Shore his "duck" moves in the Twentieth Century-Fox television show Dinah! Vereen starred in the hit show "Pippin."

Ben Vereen "Ducks"

Ben Vereen who drew raves as the star in the Broadway hit show, "Pippin," has been a guest on the Dinah Shore Show so often he might be called a regular.

"He can come back as many times as he wants," says Dinah. "Ben has as much talent as anybody I've ever seen."

"I'd like nothing better," says Vereen. "Dinah is a great lady, tremendous talent and it's a pleasure to be a guest on her show."

In a recent appearance,

Vereen showed Dinah his "duck" moves and talked about the fact that he will host a summer variety show on NBC.

One of the highlights of the Dinah! show takes place when Vereen discusses his portrayal of the late, great Louis Armstrong in an upcoming TV movie.

Also on the same Dinah! telecast with Vereen are the rhythm and blues singers, The Commodores, who sing "Slippery When Wet" and "This is Your Life" as well as illustrate the "bump" for their hostess.

CORINTHIAN GENERAL MISSIONARY SOCIETY MEETS

The General Missionary Society of Corinthian Baptist Church will hold their regular monthly meeting, Tuesday, July 22 at 7:30 p.m. in Fellowship Hall of the church. Reports will be given from the Central

District Association Convention. Mrs. Lola Reeves will share her experiences from the Senior Citizen Trip to Washington D. C., Niagara Falls, and other areas. Special guests will be the Corinthian Women's Auxiliary (CWA) and the Mothers Board of Corinthian Church. Music will be provided by the Voices of Harmony.

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THE FAMILY LAWYER

Repairman In Your Home

Jackson hired a painter to repair and refinish his kitchen ceiling. But the man had scarcely started work when a loose chunk of plaster came crashing down on his head. Could Jackson be held legally liable for the mishap?



No, a court ruled, because the faulty condition of the ceiling was just as obvious to the painter as to Jackson. The court said he had "assumed the risk" of falling plaster by undertaking the job in the first place.

This is the law's usual attitude when a householder employs somebody to do repair work. The repairman is expected to notice—and accept—those hazards that are "natural" to the employment.

Consider another case applying a similar principle:

A tree surgeon was summoned to trim the dead wood from a large

oak. During the operation he put too much weight on a decayed bough. The bough snapped off, dumping him to the ground.

Again, the victim tried to collect damages from the home owner. But in this case too, the court ruled that he had no claim. The court pointed out that the nature of the task gave him fair warning that such an accident could occur.

On the other hand, the householder must indeed speak up about risks that the workman would not ordinarily notice.



James Harris, president of the National Education Association is guest speaker at two churches Sunday. He will address the audience at St. Paul AME Church's Men Day's program at 10:45 a.m. and be honored by the Corinthian Booster Club at 7 p.m.

In another case, a man was hired to shovel snow from the roof of a garage. Unbeknownst to him, a strip of roofing paper had buckled upward. He caught his foot on the paper and suffered a painful fall.

Under these circumstances, a court held that the home owner could be held liable for not warning the man about the roofing

EMPHYSEMA MEETING SET

Emphysema patients and their families in the greater Des Moines area are invited to attend a meeting of a "Life and Breath Club" which has been formed by the AMERICAN LUNG ASSOCIATION of Iowa (Iowa's Christmas Seal organization) in cooperation with Broadlawn and Mercy Hospitals.

Each meeting of the "Life and Breath Club" features a physician who will speak on subjects related to therapy and home care. In addition to the scheduled lecture, members of the club themselves share experiences and ideas related to living more comfortably with their disease. With prompt medical attention and proper therapy, emphysema need not be fatal.

The featured presentation will be "Asthma & Chronic Bronchitis." More information may be obtained from the AMERICAN LUNG ASSOCIATION of Iowa, 1321 Walnut, Des Moines, Iowa, 50309, phone (515) 243-1225.

ANNUAL EVANGELISTIC INSPIRATIONAL OUTREACH FESTIVAL

at the
GATEWAY OPPORTUNITY CENTER AUDITORIUM

801 Forest
DES MOINES, IOWA
JULY 17 - 20, 1975

8:00 p.m. Thurs., Fri., & Sat.
3:00 Sun. (Musical)

THEME: CHRIST IS THE ANSWER

Featuring the GOSPEL FALCON



Evangelist & Supervisor
Idella Powell
with The St. Louis, Missouri
Outreach Choir under the
direction of Minister Charles
Powell of St. Louis, Mo.

Reverend John Mitchell
and The Mitchell Singers
from Omaha, Nebraska

from Omaha, Nebr.



National Evangelist
Reverend Robert M. Smith
Director, President & Pastor
of the True Vine Church of
God in Christ
Assisted By
Reverend James E. Smith
and
Sister Barbara Jean Cavit-Smith
Gospel Singer/Radio & TV
Artist from St. Louis, Mo.

Reverend Alex Crawford
and the Morningstar Baptist
Church Choir of Des Moines, Ia.

The popular
Truelight Gospel Singers
of Des Moines, Ia.

PROGRAM SUBJECT TO CHANGE

—BRING SOMEONE WITH YOU—

social

Bradleys Hold Family Reunion

On July 5 the descendants of Will and Albert Bradley held their reunion at the Holiday Inn in Keokuk. Seventy-eight family members were present.

Will and Albert Bradley, Albert the younger, were born in Kentucky of slave parents. Albert was sold to slave owners in southern Missouri. Out of concern for his brother, Will searched for several years, hoping to be reunited with him. The search was fruitless.

Will then settled on a small farm in Howard County, Mo. He married Ethel Tolson and to this union four children were born. One child was Alexander, the father of ten children by his marriage to Addie Carter also of Howard County. William H., who makes his home in Keokuk, Leon C., Esther G., Mildred A., Grace N., Isaiah A., Odra W., Stanley A., Carter J., and John S. were the other children.

It was learned later that Albert Bradley, after being sold to new slave owners in Tennessee, remained in that state until he received his freedom. He married Emily Wady and to this union eighteen children were born. At this time the Albert Bradleys were making their home in Kansas.

One of the sons of Albert was King Daniel. He married Flora Shoeboot and they were the parents of six children. One was named Lee. He makes his home in Keokuk. His children are King E., Violet M., Bernice D., Raymond V. and Alta M. All are Keokuk residents except Bernice and Violet who make their home in Milwaukee, Wis.

It was this third generation of the Bradley Family that sponsored this reunion. The oldest members present were Mrs. Hattie Carter of Fort Madison and Lee Bradley of Keokuk. The next reunion will be held July 4, 1976 in Kansas City, Mo.

Johnsons Return To Des Moines

Rev. Ivan J. Johnson, pastor of Bethel AME Church, and Mrs. Johnson recently returned to Des Moines after a two week absence. They left Des Moines by United Airlines Monday, July 2, and flew to Washington D.C. to attend the NAACP National Convention. It was on the last day of the convention that these Washington visitors took a tour of the city and were able to see many wonderful sights.

With the NAACP closing on Friday night, attention was shifted from the Sheraton Park Hotel, which was the headquarters for the convention, to the Washington Hilton, where the 100th year celebration of the Women's Missionary Department of the African Methodist Episcopal Church along with the Y.P.D. and Bishop Council began their sessions on Sunday.

Rev. and Mrs. Johnson stopped off in Chicago to be the week-end guest of their daughter Mrs. Ola Marie Leddel, their son-in-law Lovell Leddel and Courtney Lee, their grand-son.

It was a most delightful trip, with both the NAACP and AME meetings giving many inspiring moments to enjoy.

Texans Entertain Family Members

Dr. and Mrs. Robert F. Harvey had many out-of-town guests for dinner July 4 in a kind of family reunion with only a part of the family to attend.

Family members present were Mr. and Mrs. M. P. Harvey and son, Phillip; Mr.

and Mrs. Walter K. Smith and daughter, Nicole; and Mr. and Mrs. Sherman Jackson, all of Waco, Texas.

Other members present were: Rev. and Mrs. A. W. Harvey of Wichita Falls, Tex., and their grandson, Sandy of Prairie View, Tex.; Mr. and Mrs. B. W. Tatum of Trinidad, Tex.; Mrs. Hortense Williams of Dallas; Mrs. Thelma Hubbard of Dallas.

M. P. Harvey is owner-editor of the Waco Messenger. Smith is circulation director and mechanical engineer for the Messenger. The Sherman Jacksons are teachers in the Waco Independent School District. Rev. Harvey serves as pastor of Anderson Chapel AME church in Wichita Falls.

The Tatum are teachers in the La Poyner and Malakoff school systems.

Mrs. Robert Harvey served the guests a variety of food, salads and drinks. It was a most pleasant gathering and all guests departed most pleased and happy.

Also present at the gathering were Rev. and Mrs. B. L. McCormick. Rev. McCormick is pastor of St. Paul AME in Dallas.

Monarch Club

The Monarch Club held its annual picnic July 6 at the Birdland Shelter House.

The July 6 picnic is one of the four annual affairs carried on each year by the club. It has been popular with members, their families and out-of-town guests.

SHRINERS SOCIAL

The Travel and Hospitality Committee sponsoring the bus trip to the Imperial National Convention of the Nobles of the Shriners and the Daughters of Isis to New Orleans, La., will host a social, Friday and Saturday, July 18-19 at the Doric Lodge No. 30 Recreation Center, 1407 Forest Ave.

Unwashed Hands

Help Transit Common Parasite

TOLEDO, Ohio — Pinworms, probably the nation's most common human parasite, are readily transmitted by unwashed hands, points out Dr. Richard L. Wenzel, health commissioner for Toledo and Lucas County.

Dr. Wenzel notes that the prevalence of this pest is a major reason for parents to insist that children wash their hands after using the toilet and before eating, and that they not bite their nails or suck their thumbs.

An American Public Health Association report, "Control of Communicable Diseases in Man," estimates that pinworms currently infect 10 per cent of the U.S. population, mostly children. The incidence is highest in school age children, Dr. Wenzel says, next highest in preschool children, and lowest in adults, except for parents of infested children.

He states further that although the parasite is found more often in institutions and lower economic groups that the infestation is not uncommon among the well-to-do and may be found in the seats of the mighty.

Microscopic pinworm eggs reach the mouth on contaminated hands or food, or they may even be inhaled with house dust, the health officer explains. The worms hatch in the small intestine. Between there and the colon, they reach maturity and the females are fertilized. Some 11,000 eggs are produced by each female pinworm. She exits through the

anus and lays these eggs on the surrounding skin.

In female patients, pinworms also have a tendency to migrate to the genital and urinary tracts. Although only 0.25 inches long, the female pinworm and her tiny eggs generally cause a severe itch on the victim's most tender skin areas.

This can cause infected children to fidget, become irritable and inattentive, possibly adversely affecting their school work, their disposition, and their sleep. Sometimes loss of appetite, weight loss and female urinary tract infections also have been attributed to pinworms.

Sticky, microscopic pinworm eggs are readily picked up by the fingers when a victim scratches himself. He may then re-infect himself by touching his own mouth or touching food with unwashed hands. Or he may pass the eggs directly to others with whom he comes in contact or may deposit them on doorknobs, railings and other surfaces that others will touch. The eggs readily become airborne when contaminated clothing or bed clothes are shaken and may be inhaled or may land where they will be picked up and can recommence their life cycle.

Measures to assist in preventing this infection, in addition to hand washing after using the toilet and before eating and in preparing food include frequent changing of underclothing, sleeping garments and bed sheets.

Effective treatment is available and a physician should be consulted if the disease is suspected. Dr. Wenzel noted further that when the presence of pinworm infection is confirmed that it is usually necessary to treat all family members to eliminate the infection. He said that reinfection is quite common, and when the disease occurs in the family, clothing should be laundered daily and house cleaning done with a vacuum rather than duster or mop. Frequent washing of the toilet seat is also recommended in this situation.



Prince Hall Grand Lodge

The 88th annual session of the Most Worshipful Prince Hall Grand Lodge of Iowa, Free & Accepted Masons, convened July 10, 11 and 12 in Clinton, Iowa with McNeil Lodge No. 21 hosting. It was indeed beautiful to behold brethren dwelling together in unity and the brotherhood abounded.

Rev. Robert Clay, a 32nd degree Mason, delivered the banquet address and re-asserted the fact that Prince Hall Masonry is still the only true Masonic body established in the United States, a little known but authentic fact.

Highlight of the Grand Communication was the election of Grand Lodge Officers. Incumbent Carlos Jenkins was re-elected Most Worshipful Grand Master defeating William Hubbard from Clinton; Steven E. Gilmore unseated incumbent Hubert Ross and was elected Right Worshipful Senior Grand Warden while William Smith was elected Right Worshipful Junior Grand Warden replacing Gilmore.

Past Grand Masters Jake L. Nelson and Paul Wilson of Des Moines, were elected to the positions of Grand Secretary and Grand Treasurer respectively. Both were incumbents. The final elected office was a hard fought battle between incumbent Cleo Morrison and Art McCune, both of Des Moines, for the office of Grand Lecturer. Though McCune was an ardent challenger, Morrison eventually won out and was re-elected Right Worshipful Grand Lecturer.

Additional highlights of the Grand Communication included the awarding of two scholarships. Local resident Paul V. Best, graduate student attending Drake University and present Senior Warden of North Star Lodge along with Paula Taylor from Waterloo and presently attending Iowa State University were awarded Grand Lodge Scholarships.

Prince Hall Masonry was established in Boston, Mass. (1784-5) by Prince Hall a Free-man from Barbados, West Indies. Obtaining a charter from the Grand Lodge of England, Hall along with 13 confederates was initiated into a military lodge associated with General

Gage's Army. Masonry, while not a religion, employs religious concepts and seeks to help good men become better. Initially 13, the order is composed of some 250,000 Prince Hall Masons and is often referred to as "The world's greatest man-made institution".

Meeting In Altoona About 500 Study

The Highway Division of the Iowa Department of Transportation will conduct a public information meeting in Altoona in order to review with the local people the progress of the 500 (Eastern Portion of the Des Moines Beltway) Study.

The 500 Planning Study is in the evaluation stage and several alternate solutions have been selected for detailed evaluation and will be discussed at the public information meeting.

The public information meeting will be held on July 23, 1975 at 7 p.m. in the Centennial Elementary School located at 910 Seventh Avenue, S.E. in Altoona.

Record Use Of State Parks

Iowa's state parks may have had their heaviest use ever during the July 4 weekend, according to Joe Brill, Parks Superintendent.

"Many campgrounds were at capacity," Brill said. "Campers were turned away from several areas." Early reports show many parks had three times as many campers in May, '75 as in May, '74. June, '75 camping was double that of June, '74.

Despite the congestion over the weekend, few major problems occurred in state parks and relatively few complaints have been received by parks personnel.

"If the current trend in park use continues," Brill noted, "we're headed for a record attendance year."

NEWS MUST BE TYPED

We appreciate receiving all the news from various active groups, clubs and churches in the area. However, the Bystander will no longer accept news that is not typewritten. This is for your benefit as well as ours. Thank you.

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Eat and Grow Younger

Life-Giving Protein Termed Real 'Elixir of Youth'

By LELORD KORDEL

Number Two of a Series

Protein is a food element as vital to human life as oxygen. Yet how many persons have more than a nodding acquaintance with the word?

Many people are as mixed up about protein as was a member of an audience in a city where I lectured not long ago. I had worked hard to put over the urgently needed protein message to them, for if ever there were a group of persons who looked as though they needed to know more about the "elixir of youth," it was those tired, haggard, old-looking people who sat before me that night.

And yet I was positive that very few of them had reached any more than their middle 50's. They were still young in years, but even their spirits seemed to have wrinkles.

After I had concluded my lecture and stepped down from the platform, a man approached me—a man as worn and weary-looking as any of the others, despite his well-tailored suit and prosperous appearance.

"I thought you were against drugs," he blurted out, "but you are now talking for protein!"

PROTEIN NOT DRUG

Despite my repeated stressing throughout the lecture that protein is a food element, this man couldn't get his mind out of the drugstore. Yet, after my first astonishment at his distortion of my message, I began to look at the subject from his viewpoint.

Every few days he is likely to hear the latest word on "miracle drugs"—drugs that are going to permit mankind to live indefinitely, to bestow eternal youth on a pitifully eager human race.

Even certain nutritionists and health teachers are not without their share of blame for pushing protein far into the background in their lectures and books on "how to defer old age." Perhaps there isn't enough so-called drama about commonplace items such as meat, fish, poultry, eggs, cheese, and whole-grain cereals.

On any of these complete proteins, particularly the animal proteins, you can live well and vigorously without ever touching another type of food—and still look forward to the taste joys of meal-time.

BURDENSOME TASK

But just try subsisting for even a short period on nothing but the highly-refined starch and sugar foods and you'll soon come to regard meal-time as a burden-

some task rather than a pleasure!

Protein is the safeguard of your youthfulness and good health. It is a preventer of disease, besides being one of the best medicines for numerous human ills. And here is what I consider the real nutrition miracle:

All the while that protein is safeguarding your youth and good health, preventing disease or curing you of an existing ailment, it is also nourishing your body with highly palatable, good-tasting food.

Nutrition teaches us that all foods are divided into four main classes: Proteins, carbohydrates (sugars and starches), fats and water. Thus we establish that protein is a food, not a drug.

Protein is the basic raw material of all life, either plant or animal. The word protein is derived from the Greek verb meaning "I come first."

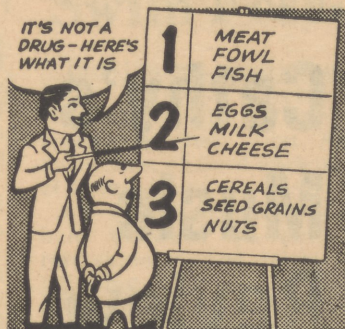
Protein is stored by nature only in living tissue, and in places where it is essential for development of new life—in the embryo of eggs, in milk needed to nourish the young and in the seeds of plants.

CHART TO RECALL PROTEIN

Here is a little chart to help you remember where to look for protein foods:

1. Living tissue — meat, fowl, fish.
2. Eggs and milk — intended to nourish newborn life.
3. Seeds of plants in their natural state — cereal and seed grains, nuts, legumes.

Protein is the chief building material of your body. If you were to analyze a single cell taken from any part of your body—a hair in your head, the tissue in your heart, the lining of your intestines, the muscles in



your legs—you would find this tiny cell composed chiefly of protein.

And, like the parts of any constantly operated, non-resting machine, your body cells are continually wearing out, needing repairs or replacements.

So what are you going to do? Patch up our protein body cells with carbohydrates? Just try patching a rubber tire on your car with flour and water paste, and see how far you'll get!

HUMAN MACHINE

The perpetual-motion human machine must have abundant protein every day to repair, replace and renew worn out cells in every part of your body.

When you don't supply enough high-protein foods in your daily diet to make certain that these vitally needed cell repairs and replacements can go on without interruption, you're inviting old age to take over.

In the laboratories, nutritional scientists and biochemists have proved that a diet poor in proteins hastens aging in the human body.

I could cite case after case of elderly persons, weakened by tea-and-toast diets, who have been restored to usefulness by gradually converting their meals to high-protein foods. Their weakened bodies gained new vigor, and their minds become keen and alert once more.

Nobody who has witnessed these recoveries, as I have, could ever deny that protein foods are truly nutritional wonders.

Condensed from the book "Eat and Grow Younger" by Lelord Kordel. All rights reserved. Distributed by Specialty Features Syndicate.

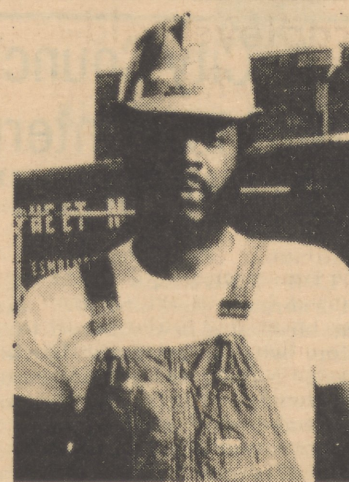
Next: "Grip on Youth" slipped with protein-poor diet; Lelord Kordel fixed it in one month. How budget cutters sometimes sacrifice health benefits.

Sheet Metal Worker Apprentice

Edward L. Miles was accepted by the Sheet Metal Workers Joint Apprenticeship Committee in July, 1975 and was placed with the Hanbury Sheet Metal Company where he is still employed. He earns \$5.25 per hour plus fringe benefits.

Miles graduated from Tech High School where he lettered in football, swimming and track. He served six years in the United States Marine Corps before applying for apprenticeship as a sheet metal worker. He likes the work and is glad he decided to become a craftsman in the construction industry.

Last week's apprentice, John A. Brown, was erroneously headlined as a bricklayer apprentice. Brown is a journeyman lineman.



EDWARD L. MILES

Authority, \$78,000; Albany (N.Y.) Housing Authority, \$60,000; Rochester (N.Y.) Housing Authority, \$84,000; Nashville (Tenn.) Housing Authority, \$192,000 and Jacksonville (Fla.) Housing Authority, \$78,000.

Spanish fiesta set for July 27

Parishioners at Our Lady of Guadalupe Chapel will hold their annual Spanish fiesta on the chapel grounds at East High and Scott Streets in Des Moines, all day Sunday, July 27.

The Sunday festivities will be preceded by a dance to the music of Johnny Luna and his Mexican Band Saturday evening, July 26, at Vittoria Lodge Hall on Northeast Second Ave., Des Moines.

Mexican food, a pig and goat roast, watermelon, cold drinks and other delicacies will be

served throughout Sunday afternoon along with carnival games. The senior citizens of the Spanish-speaking community will be special guests at the fiesta.

A free neighborhood dance on Scott Street will be the highlight Sunday evening. This informal dance will feature the Luna Band.

The Jamaica committee includes John Rocha, parish council chairman, Joaquin Bejarno; Mrs. Mary Campos, Abundio Jimenez; Bill Rocha and Mrs. Louise Negrete.



Another arm of
Greater Opportunities, Inc.
A Community in Action

GATEWAY OPPORTUNITY CENTER RESALE STORE



located at 1817 University Ave.

a community project supported and operated by community people. A wide variety of used items for sale at low cost to you.

- hospital beds
- televisions
- desks
- couches / chairs
- radios
- shelving
- clothing for men, women, children
- shoes for men, women, children
- toys
- tires
- tables
- end tables
- bedroomsuites

All merchandise has been donated. If you wish to contribute to this worthy effort, please call 282-5106 or 243-8685 for pick up.

9AM-6PM Monday thru Friday
10AM-6PM Saturday
1PM-6PM Sunday

HUD NEWS

Twenty-one local housing authorities (LHAs) have been selected to receive \$6 million with which to provide more than 750 persons with public employment opportunities. Carla A. Hills, secretary of Housing and Urban Development, announced today.

Allocation of the funds to HUD, under Title X of the Public Works and Economic Development Act of 1965, was announced by Rogers C. B. Morton, secretary of Commerce.

HUD allocated the funds to the 21 LHAs according to a formula that included the unemployment rate of the recipient LHA area, financial status of the LHA and the LHA's past performance in the Comprehensive Employment and Training Act, administered

by the Department of Labor. The program will be under the administration of H.R. Crawford, assistant secretary for Housing Management.

The 750 persons, mainly tenants in public housing projects, will be employed in a wide range of LHA jobs that improve the general living environment, including repairs and general maintenance of housing projects, and assistance in administrative and operations functions.

"I am deeply interested in helping to expand employment opportunities especially for residents in public housing, and to utilize all available resources to improve their living conditions in public housing," said Hills.

Following are the 21 LHAs and their allocations:

New Bedford (Mass.) Housing

Authority, \$96,000; Detroit (Mich.) Housing Department, \$300,000; Providence (R.I.) Housing Authority, \$96,000; Atlantic City (N.J.) Housing Authority, \$54,000; Jersey City (N.J.) Housing Authority, \$120,000; Lowell (Mass.) Housing Authority, \$42,000.

Also, Paterson (N.J.) Housing Authority, \$72,000; Brockton (Mass.) Housing Authority, \$48,000; Boston (Mass.) Housing Authority, \$390,000; Bridgeport (Conn.) Housing Authority, \$90,000; Wilmington (Del.) Housing Authority, \$78,000; New York (N.Y.) Housing Authority, \$2,772,000; Philadelphia (Pa.) Housing Authority, \$672,000.

Also, Newark (N.J.) Housing Authority, \$414,000; Seattle (Wash.) Housing Authority, \$198,000; El Paso (Texas) Housing Authority, \$66,000; New Haven (Conn.) Housing

ENTERTAINMENT WORLD

L.A. City Council Cites American International For 'Cornbread' Film

LOS ANGELES—Citing "Cornbread, Earl and Me" as establishing a new standard for films with a primarily Black cast, American International Pictures, Inc., has been presented with a resolution by the Los Angeles City Council for "excellence in community service and entertainment."

Councilman Robert Farrell of the 8th District, introduced the resolution which was accepted at City Hall ceremonies by Leonard Lamensdorf, executive producer and screenplay author of the film; Actress Rosalind Cash, and J.K. McKinney,

community relations director for American International.

Also named in the resolution were Joe Manduke, producer-director, and stars Moses Gunn, Bernie Casey and Keith Wilkes, UCLA basketball star and NBA rookie of the year, who makes his motion picture debut in the film.

"Cornbread, Earl and Me" has also been cited for excellence by U.S. Representative Tom Rees, who inserted the commendation into the Congressional Record.

The film is now playing in theatres nationwide.



The Dynamic Astonishment is part of Operation Summer 75, a program designed to provide entertainment plus help to expose young people by having free dance-concerts throughout the city. Members of the quintet are kneeling, Lisa Logan, Celeste Blakely; standing, Denise Logan, Pauletta Daniels and Michelle Scott. Operation Summer 75, operated through the Wilkie House is funded by New Horizons Project and Greater Opportunities.

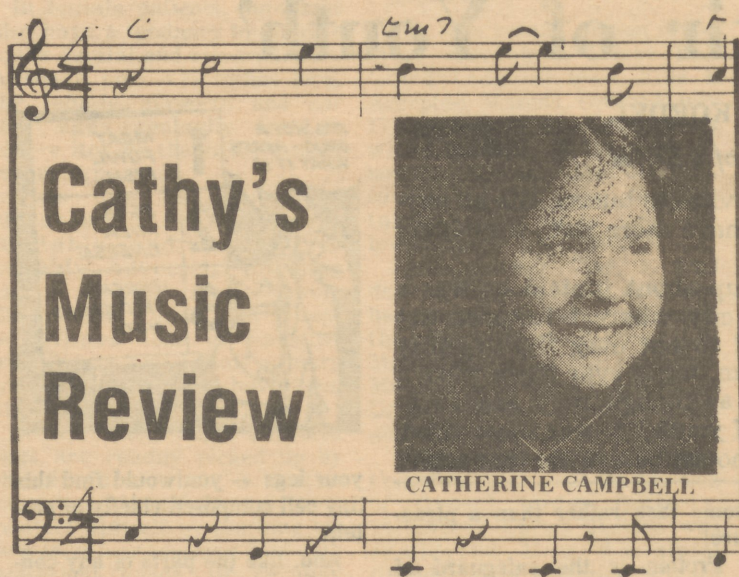


Anthony Richards (left) lead guitar, was one member of the Willkie Express which performed last night in the playground at the Wilkie House. The group will perform next week at the Americano Health Center, 300 Laurel at 1:30 p.m. Other members of the Operation Summer 75 group are Sir Oliver Grant, keyboards; Craig Frye and Keith Morris, drums; Kirby Pickett, bass and Frederick Frye, rhythm guitar. Volunteering talents at last night's concert-dance were Jerome Williams, saxophone; the L. B. Express and the Moon Light Dancers.

Public Library

"So You Want to be a Football Player" is the subject of a free program to be presented on Tuesday, July 22 at the Model Cities Branch of the Public Library at 920 Washington, 3-5 p.m..

"Black Songs of Modern Times" will be the subject of the Wednesday, July 23 program in the Black Culture Series at the Model Cities Branch of the Public Library at 920 Washington. The free program begins at 7 p.m.



by
Catherine Campbell

Remember the good old days, the days when storebought cookies were never heard of? Remember when the best cookies around were the chocolate chips that your mom and grandmother put so much time into?

Mouth-watering, sweet, fresh, soft, melting chocolate. MMMmm!

Isaac Hayes' **CHOCOLATE CHIP** album has the same effect on you and more. The album has a way of bringing minds and hearts together and leaving you on a sweet note.



O'Jays...SURVIVAL

The O'Jays have gone all out for us as in the past with their album **SURVIVAL**. They bring everything down to you in a way that everyone can understand. Talking about how to survive in a work that is full of jive and in 1975, the O'Jays album relays you've got to give the people what they want.

The statement, "You can't judge a book by its cover" is really true. The cover to the album **CHOCOLATE CITY** by

Parliament isn't spectacular to look at but open it up and the dynamite sounds flow out by the dozens.

Like her last cut, Minnie Ripperton's new releases, **ADVENTURES IN PARADISE**, talks about love but eliminates the sounds of nature.

Feeling down? I have the perfect prescription. Start with one glass of your favorite wine, lots of pillows, a loving mate, dim lights and Ramsey Lewis' **SUN GODDESS**.

This album is gold and silver. Heaven and Hell all wrapped into one little neat package.

Major Harris has surely made a mint on his new cut **MY WAY**. Included in this LP is his 45 rpm hit "Love Won't Let Me Wait."

MFSB's **UNIVERSAL LOVE** is a jam that everyone can easily sink their teeth into. The music is a combination of slow easy listening to finger poppin' jazz.

War gets off into the tropical effects in their new album **WHY CAN'T WE BE FRIENDS**. Like their last cut, their newest album creeps into your mind and the music goes on and on even when the record player is off.

Herbie Mann's **DISCOTHEQUE** is strictly for people who jam on jazz. Not a boring note in the while album.

Newbirth has given birth to a new hit called **BLIND BABY**. This album is filled with musical, mystical powers that seem to call you to it and keep your attention until the last note is played.

Easy listening to all until next week!

Hayes Plagued By Money Problems



ISAAC HAYES

Memphis, Tenn.—Though Isaac Hayes had retained Memphis Association of Credit Executives Inc., to consolidate more than \$500,000 of his indebtedness, the academy award winning singer was ordered last week in Chancery Court to pay \$30,672.61 to American and International Travel Service, Inc.

Chancellor Charles Rond awarded the judgement to the local travel service which filed suit against Hayes on March 4, before the consolidation of debts was implemented.

Under the consolidation plan, Hayes will be required to pay off the half million debt over a period of three years. Hayes had executed a promissory note Nov. 29, 1974, for \$33,438 which was payable to A&I on Jan. 2, 1975.

Hayes made headlines across the country when he purchased a \$42,000 gold-plated Cadillac. That was a few years ago. During that time the Cadillac was only one of three cars he owned, including a Mark III.

Decked out in expensive furs, silks and velvets, and looking like a mogul from some ultra-scopio-multi-million dollar movie spectacular, Hayes could often be seen cruising his big Cadillac or Lincoln down the streets of Memphis.

Now, one of his former wives has filed suit against him for defaulting on his child support. Apparently, the extravagant days of the big cars and expensive clothes are over.

Married the third time, Hayes and his wife recently celebrated the birth of Isaac Hayes III, who was born at Baptist Memorial Hospital in Memphis.

Enjoy A Great Evening Out
at

Charlie's Showplace

Des Moines' Only Informal and Fun Dinner Theatre

Opening this week!

"BUTTERFLIES ARE FREE" by Leonard Gershe
A delightful modern comedy!

Wednesday thru Saturday: Buffet from 6:30-8:00 p.m.
Performance: 8:30 p.m.
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Performance: 7:30 p.m.

For Reservations: 282-5181

CHARLIE'S SHOWPLACE • 5th and University
Des Moines, Iowa 50314

Special group and convention rate information available upon request.



"This is Charlie"

ADS DON'T COST, THEY PAY!

For Black Students



Cynthia Yvonne Long

AKA Chapter Inducts Long

Cynthia Yvonne Long, daughter of Mr. and Mrs. Matthew Long, Jr. of Raleigh, N.C. was inducted into the newly chartered Kappa Alpha (KA) chapter of Alpha Kappa Alpha (AKA) Sorority at Western Carolina University (WCU), Cullowhee, N.C.

The KA chapter of AKA is a reality through the efforts of Ms. Long contacting the Asheville Chapter of AKA Sorority the Panhellenic Council at Western Carolina University and twenty-one interested young ladies.

Ms. Long was president of the TIAKA (interest group) and is now the Basilus of the new chapter. The KA chapter was pledged on May 6, chartered and inducted on May 8.

Ms. Long is a junior biology major at WCU. Her mother, Mrs. Long is the former Imogene Proctor of Des Moines. Ms. Long was an early entry student at WCU, entering at the completion of her junior year of high school.

After attending a summer Health Careers Program taking calculus, introduction to health careers and biology, Ms. Long completed the session with a 3.8 average on a 4.0 scale. The university felt Ms. Long did well and offered her entry into the early entry program. Rather than return to Raleigh and complete her senior year in high school, she entered WCU as a full-time upper freshman.

Ms. Long was a 1973 AKA Debutante in Raleigh. She is the granddaughter of Mr. and Mrs. Stanley Proctor of Des Moines.

Name Omitted

The name of Luella M. Webb was omitted among those students who made the Deans' List at Drake University for the 1975 spring semester.

Ms. Webb of 2443 Garfield Avenue in Des Moines made the Deans' List with a grade point average of 3.5.

Omaha Appeals to U.S. Supreme Court

Omaha, Neb.—The Omaha School District will challenge an integration order by the Eighth U.S. Circuit Court of Appeals by appealing to the U.S. Supreme Court the school board decided Monday.

Last month the circuit court ordered the district fully integrated by the beginning of the 1976-77 school year. The first phase of the integration of the district's teaching staff, is to be in operation by this fall.

The school board asked the circuit court to rehear the arguments in the case, but the

court rejected the request a week ago.

School Board Attorney Kenneth Holm said the court's mandate, not integration itself, is the real question in the case.

The district has undertaken several voluntary moves toward integration, and officials say they hope Phase I of court-ordered integration program can include existing voluntary programs.

Dr. Paul Kennedy, school board president, said he hopes the district's voluntary programs, especially the racial balance transfers, will be continued, even after full integration.

Brown Serves His Internship

Sam Brown, Jr., graduated June 9 from McHenry Medical College, Nashville, Tenn. with a M.D. degree.

He was a 1971 graduate of Morgan State College in Baltimore, Md. Presently, he is serving his internship in Honolulu, Haw.

Brown has a daughter, Nycholle Brown, in Des Moines. His mother, Mrs. Martha Brown and two sisters, JoElla and Morvella reside at 1618 Lyon Street in Des Moines. He has two other sisters, Mrs. Clara White of San Francisco, Calif. and Mrs. Joe Howard of Baltimore.

RED CROSS

The Central Iowa Chapter, American Red Cross will conduct the second three-week learn-to-swim program from July 21 to August 8 at each of the Des Moines Municipal Pools. Registration for the learn to swim program will be held during the afternoons of the week of July 14-18, 1975. A registration fee of \$2.50 payable to the City of Des Moines will be required.

The Central Iowa Chapter, American Red Cross will conduct both Junior and Senior Lifesaving Courses using the new material at Birdland Pool beginning July 21 through Friday. A registration fee of \$5 payable to the City of Des Moines will be required.

Good Park Swim Fest

The Uptown District of the Des Moines Parks and Recreation Department is sponsoring their First Annual Swim Fest at Good Park on July 24 from 2-8 p.m.

All swimming events will be held between 3-5 p.m. with refreshments and talent show following the races. Six different park centers will have teams competing in 10 events for prizes, ribbons and certificates. Activities will include: penny dive, underwater swim, backfloat races, relay races with feature events of platform jousting, sock-em-bopper fights, tug-of-war and a watermelon eating contest.

The six parks that will be competing are: King Elementary School, Drake, Bates, Witmer, Good, Burke and Chamberlain.

Talent show will feature the Uptown District Youth Choir from 7-8 p.m.

Questions and Answers
veterans administration

— Generally speaking, what veterans are eligible for VA benefits?

A. All veterans.
B. Only veterans with an honorable or a general discharge.
C. Veterans with honorable or general discharges are eligible (which includes 97 percent of Vietnam Era veterans); those with dishonorable discharges are not; those with undesirable or bad conduct discharges may or may not be eligible depending upon an individual determination by the VA.

For information, contact the nearest VA office (check your phone book) or write: Veterans Administration, 271A, 810 Vermont Ave., NW, Washington, D.C. 20420

Registration for the lifesaving program will be July 14-18 from 1 to 4 p.m. at Birdland Pool.

Concert From State Capitol Airs Sunday

On Sunday, July 20 at 10:30 p.m., the Iowa Educational Broadcasting Network (IEBN) will broadcast "Music Under the Stars" from the steps of the State Capitol Building. The telecast can be seen on IEBN channel 11, Des Moines, channel 12, Iowa City; channel 24, Mason City; channel 27, Sioux City; channel 32, Waterloo.

The concert, taped earlier in the evening, is one in the series given during the summer on Sunday evenings in Des Moines. The 50-piece concert band is under the supervision of Robert Bagley, who has served in the capacity of director since 1952.

Featured with the Des Moines Municipal Band will be the Des Moines Barber Shop Chorus. Solos will be performed by Craig Miller and Richard Gerstenberger, both of Des Moines. Miller will sing several selections from the musical "Man of La Mancha," and Gerstenberger will play a French horn solo from Mozart's Second Concerto.

The telecast will come through the facilities of the Public Television Mobile Center and is an IEBN Cultural Affairs presentation produced by Tom Grasso and directed by Jeff Ames.

Black Film Festival In Jamaica Planned

KINGSTON, Jamaica—Invitations to the Second Annual Black Film Festival in Jamaica August 9-16 have been sent to film, theatre and musical celebrities including Diana Ross, Harry Belafonte, Melvin Van Peebles and Jim Brown. According to the producer of the festival, Barbara Blake, last summer's event proved such a success, it was decided to hold another this year with a roster of both new and already popular film releases.

Among others expected to attend are Pam Grier, Bill Greaves, Tamara Dobson, Gordon Parks, Sr., Max Julien, Vanetta McGee, writer-producer Sam Greenlee, Fred Williamson and filmmaker St. Claire Bourne. The Jamaica Tourist Board is participating in the festival and will host a "hospitality" tour of places of interest in Jamaica following the screenings.

Tentative choices for films to be shown are Van Peebles' "Sweet Sweetbacks Baadass Song", St. Clair Bourne's "Let the Church Say Amen" and a documentary, "The Nation of common Sense", "Cornbread, Earl and Me", "The Eiger Sanction", "Cleopatra Jones and the Casino of Gold", "Mandingo", "Cooley High" and "Leadbelly" (a Third World Premiere).

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New York, N. Y. 10013

24" chain
—Sterling silver or gold filled—\$19.00

A—Heavy zodiac pendant or charm.* Sterling silver —\$24.00—in 14 K. gold —\$123.00

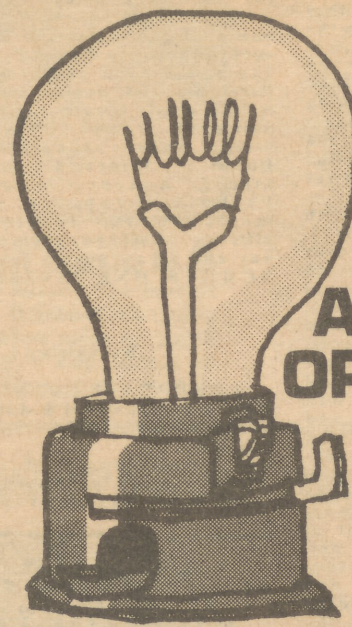
B—Zodiac ring to match bracelet, synthetic birthstone.* Sterling Silver—\$15.00 14 K. gold—\$56.00

C—Man's muslim motif ring. Sterling silver —\$25.00 —in 14 K. gold—\$129.00

D—West indian style zodiac bracelet.* Sterling silver only—\$17.50

If you are not satisfied, money refunded within 15 days of purchase. Return by insured mail. (Return Receipt requested). Allow 3-4 weeks for delivery. N.Y. State add applicable tax; N.Y.C. add 8%. Send check or money order—No Cash or C.O.D.'s

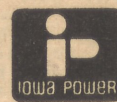
* All zodiacs available. All jewelry about 8 to 10% larger than shown.



LIGHT BULBS ARE COIN OPERATED

If you left a 60 watt bulb burning for a year, you'd cost the earth approximately 600 pounds of coal, and spend about \$20. Here are some money saving ideas:

- Dusting light bulbs pays . . . if you have never dusted a bulb or fixture, you'll be getting a third less light than you paid for.
- Make the light fit the task. It makes sense to use lower wattages where bright light isn't vital, but don't skimp when sewing or studying.
- When good bulbs get old and dark, retire them to cellar, attic and garage fixtures where they'll give useful service in their declining days. Replace them with bright young bulbs where you need light.



PUBLIC NOTICES

NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS

In the District Court of
The State of Iowa
In and For
Polk County

Probate No. P-12-3582

IN THE MATTER
OF THE ESTATE OF
JOHN H. MOORE.

Deceased.

TO ALL PERSONS
INTERESTED IN THE
ESTATE OF John H. Moore
Deceased:

You are hereby notified that on the 11 day of July, 1975, the undersigned was appointed Administrator of said estate. Notice is hereby given that all persons indebted to said estate are requested to make immediate payment to the undersigned, and creditors having claims against said estate shall file them with the Clerk of the above named District Court, as provided by law, duly authenticated, for allowance, and unless so filed within six months from the second publication of this notice (unless otherwise allowed or paid) such claims shall thereafter be forever barred.

Dated this 11 day of July, 1975.
Mildred June Moore
Administrator of said Estate
5907 Fleur Drive, Des Moines,
Iowa 50321

Sidney C. Levine
Attorney for said Administrator
4313 Fleur Drive, Des Moines,
Iowa 50321

Printed and published in the
New Iowa Bystander July 17,
1975. Date of second publication
July 24, 1975.

ORIGINAL NOTICE

In the District Court
of the State of Iowa in and for
Polk County
Equity No. CE 4 1990

FEDERAL HOME LOAN BANK
OF DES MOINES.

Plaintiff.

Vs.

GERALD LEON ELLIS,
CONNIE ETHEL ELLIS, JOHN
P. MURPHY AND POLK
COUNTY, IOWA

Defendants.

TO: Gerald Leon Ellis, Connie
Ethel Ellis, John P. Murphy
Polk County, Iowa.

You are hereby notified that the petition of the Plaintiff in the above entitled cause of action is now on file in the office of the Clerk of the District Court of the State of Iowa, in and for Polk County asking judgment against the Defendants named in the caption hereto, and against the mortgaged property hereinafter described, for:

(1) The sum of \$14,921.22 with interest at 8 1/2% from July 1, 1975, being the amount due plus interest upon the promissory note in the principal sum of \$14,700.00 dated April 25, 1970, which note was made and executed by the Defendants, Gerald Leon Ellis and Connie Ethel Ellis payable to United Federal Savings and Loan Association of Des Moines and assigned to Federal Home Loan Bank of Des Moines, which note this Plaintiff has declared due and payable forthwith because of the default of the Defendants in failing to make payment of monthly sums of principal and interest due. The said sum includes delinquent interest and advancements to and including July 1, 1975, and represents the total sum due after allowing Defendants all just credits; also asking for judgment for any further or future advancements Plaintiff may be required to make for continuing abstract of title or for any other purpose authorized by the terms of said note and mortgage and by Iowa law.

(2) Also asking judgment for costs including statutory attorney fees.

(3) Also asking as against the Defendants, Gerald Leon Ellis and Connie Ethel Ellis, which mortgage is dated April 25, 1970, recorded in Book 4114, Page 151, of the Office of the Recorder of Polk County, Iowa, said mortgage being given to secure the above mentioned note and other sums claimed, which mortgage covers the following described real estate, to-wit:

Lot 32 in Kingman Place, now included in and forming a part of the City of Des Moines, Iowa.

Plaintiff waives its rights to a deficiency judgment and elects to have the period of redemption reduced to six months.

Plaintiff also asks for the appointment of a receiver to take charge of the mortgaged premises and to collect the rents, issues and profits arising or which may be had therefrom

YOUR RIGHT TO KNOW and be informed of the functions of your government are embodied in public notices. In that self-government charges all citizen to be informed, we urge every citizen to read and study these notices. We strongly advise those citizens seeking further information to exercise their right to access to public records and public meetings.

and to apply them as by Court directed. No money judgment is asked except against such persons who executed said note and mortgage.

For further particulars see the petition now on file.

You are also hereby notified before said Court at the Polk County Courthouse, Des Moines, Iowa on or before August 21, 1975 and that unless you so appear before said Court at the Polk County Courthouse, Des Moines, Polk County, Iowa, on or before August 21, 1975, your default will be entered against you and judgment and decree rendered therein as prayed.

Dated this 15 day of July, 1975.

GRANT LOZIER & SARCONI
By: James V. Sarcone, Jr.
902 Liberty Building
Des Moines, Iowa 50309

244-8325

Attorneys for Plaintiff
Printed and published in the
New Iowa Bystander July 17, 21
and 31, 1975.

NOTICE OF INCORPORATION OF NUMBER ONE INVESTMENT CO.

Notice is hereby given of the organization of a Corporation for pecuniary profit under the provisions of the Iowa Business Corporation Act, known as Chapter 496A of the 1973 Code of Iowa. The Corporation began its existence on July 11, 1975, and shall continue perpetually. The Corporation shall have unlimited power to engage in, and to do any lawful act concerning any and all lawful businesses for which Corporations may be organized under this Act, or any other laws of the State of Iowa. The aggregate number of shares of stock that it shall have authority to issue is 1000 shares of common capital stock at no par value. The address of its registered office is 414 S.E. 10th Street, Ankeny, Iowa, 50021, and the name of the County in which the registered office is located is Polk County, Iowa, and the name of its registered agent at such address is David P. James. The names and addresses of its Directors, as designated in its Articles of Incorporation are: Shirley L. James, 414 S.E. 10th Street, Ankeny, Iowa 50021, and David P. James, 414 S.E. 10th Street, Ankeny, Iowa 50021. Private property of the incorporators, directors and officers shall be exempt from any and all corporate debts.

NUMBER ONE INVESTMENT
CO.

By Shirley L. James,
President

By Shirley L. James
Secretary

CORPORATE COUNSEL:

Harold J. Crawford & Associates
701 Insurance Exchange
Building
Des Moines, Iowa 50309

Printed and published in the
New Iowa Bystander July 17,
1975.

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR AND NOTICE TO CREDITORS

In the District Court
of the State of Iowa in and for
Polk County

Probate No. P-12-3510

In the Matter
Of the Estate of
Catherine Curtis.

Deceased.

TO ALL PERSONS
INTERESTED IN THE
ESTATE OF CATHERINE
CURTIS, Deceased:

You are hereby notified that on the 26th day of June, 1975, the undersigned was appointed administrator of said estate. Notice is hereby given that all persons indebted to said estate are requested to make immediate payment to the undersigned, and creditors having claims against said estate shall file them with the Clerk of the above-named District Court, as provided by law, duly authenticated, for allowance, and unless so filed within six months from the second publication of this notice (unless otherwise allowed or paid) such claims shall thereafter be forever barred.

Dated this 11th day of July,
1975.

Gretchen Jacob,
Administrator of said Estate
1809 11th Street.

Des Moines, Iowa 50314
Alfredo G. Parrish,
Attorney for said Administrator,
4201 University Avenue,
Des Moines, Iowa

Printed and published in the
New Iowa Bystander July 17,
1975.

Date of second publication
24th day of July, 1975.

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR AND NOTICE TO CREDITORS

In the District Court
of the State of Iowa in and for
Polk County

Probate No. P-12-3585

In the Matter
Of the Estate of
Bernice Anna Ellen Root

Deceased.

TO ALL PERSONS
INTERESTED IN THE
ESTATE OF Bernice Anna
Ellen Root Deceased:

You are hereby notified that on the 11th day of July, 1975, the undersigned was appointed Administrator of said estate. Notice is hereby given that all persons indebted to said estate are requested to make immediate payment to the undersigned, and creditors having claims against said estate shall file them with the Clerk of the above named District Court, as provided by law, duly authenticated, for allowance, and unless so filed within six months from the second publication of this notice (unless otherwise allowed or paid) such claims shall thereafter be forever barred.

Dated this 11th day of July,
1975.

Rainey L. Adams
Administrator of said Estate
3700 Harding Road,
Des Moines, Iowa 50310
Apt. No. 4

Gene L. Needles
Attorney for said Administrator
340 Key Building,
Des Moines, IA 50309

Printed and published in the
New Iowa Bystander on the 17th
day of July 1975 and date of
second publication 24th day of
July, 1975.

Continued from page 3

relationship to already existing plans or programs and solicit comments from appropriate agencies on the proposals' environmental impact and civil rights implications. Clearinghouses must comment on the 'extent to which the project contributes to the achievement of state, area-wide and local objectives and priorities relating to national and human resources and economic and community development.

The study finds several drawbacks in the procedure, however, which cause its actual effectiveness to fall far short of potential. Among the drawbacks:

* There appears to be considerable unevenness in the scope and overall quality of clearinghouse reviews, especially in relation to issues of racial discrimination.

* There is a lack of a strong commitment by OMB to assuring that non-discriminatory provisions of the law are implemented.

* There is a wide variation in the degree of commitment to full utilization of the procedure among federal agencies with programs subject to review.

* Almost six years after its introduction there is still widespread public unfamiliarity about the procedure.

Elegant But Economical



HAM AND OKRA CUSTARD CASSEROLE

The economical egg offers an elegant approach to meals with Ham and Okra Custard Casserole. This attractive, souffle-like entree is as convenient and inexpensive to make as it is nourishing and filling to eat.

Calling all budget-minded cooks: if you're looking for main

dish recipes that are as kind to the pocketbook as they are to the palate, consider the egg.

When used in combination with other foods, eggs can be used to produce substantial entrees that are not only nourishing and filling but which can be real budget-stretchers, too. In fact, nutrition experts agree that an egg can be an occasional protein substitute for one ounce of cooked meat.

Ham and Okra Custard Casserole is an elegant approach to economy in the kitchen. This puffy, souffle-like entree combines the ubiquitous egg with chopped cooked ham (left over, perhaps, from Sunday dinner) and sliced okra. A traditional vegetable with Southern-style cooks since it was introduced 200 years ago by the French who settled Louisiana, okra is low in calories and a fair source of vitamins A and C.

Frozen cut okra is especially convenient and inexpensive to use since there's no waste, no preparation for cooking and it is available year 'round.

Tan Topics



"OF COURSE HE LOOKS TIRED, — LAST
NIGHT HE DREAMED HE HAD A JOB!"

CONTINENTAL FEATURES —

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Bentsen Criticized Enrollment In Job Training Programs

Washington, D.C.—Senator Lloyd Bentsen (D-Tex.) sharply criticized the declining enrollment in job training programs as an example of the Republican administration's misguided and shortsighted economic policies.

Bentsen, a candidate for the 1976 Democratic Presidential nomination said "The declining enrollment is a direct result of the recession which has been needlessly prolonged by the Republican administration."

Obviously when unemployment reaches 9.2 per cent, enrollment goes down. There is little incentive to be trained for jobs that don't exist."

Bentsen said minority youths who have already the highest unemployment rates of any group, are the ones who are hurt the most.

"Disadvantaged young people want to acquire new skills to prepare for better jobs, but the current administration is discouraging them," Bentsen said.

Bentsen called for the administration to take immediate steps to encourage minority youths to enroll in job training programs so they can take advantage of job openings when the recession ends.

"Minority youth are about to be caught in a vicious cycle," Bentsen said. "Minority youth have an extremely high unemployment rate now, and unless the administration actively recruits for job training programs, minority youth will remain unemployable in the future because they will lack job skills."

"This is unfair. It is wrong."

"I call on the President to take immediate steps to provide job skills and jobs for minority youths who are being severely hurt by the recession."

Facts About Congestive Heart Failure

"Heart Failure" is a frightening term when it is misunderstood, says the Iowa Heart Association. Actually, it does not mean that the heart stops beating. A failing heart continues to work, but less efficiently than it should. Medical science has found ways to strengthen the heart and to help patients control their heart failure.

There are many ways to describe the condition in which a weakened heart cannot do its work as well as it should. The medical term most commonly used is "congestive heart failure." Doctors also use the term "cardiac asthma" or "pulmonary edema" when congestive heart failure develops abruptly and there is severe shortness of breath. "Dropsy" is an old-fashioned term seldom used today. It's referred to the fluid that accumulates in the abdomen and legs with heart failure.

At times the illness becomes severe enough to require hospitalization and special treatment, but this is the exception rather than the rule. Because the mild and moderate forms are common, it is extremely helpful to understand heart failure and what can be done about it. Patients who follow their doctor's advice faithfully find that their heart failure can be controlled.

The Heart Association is offering a booklet that explains congestive heart failure in easy-to-understand language.

The Second Forty

(A forum about mature women)

by Margaret Brookfield

Have you a problem as a mature woman, or with one? For advice write Margaret Brookfield, Information Center on the Mature Woman, 515 Madison Avenue New York, N.Y. 10022.

Age Discrimination?

Dear Margaret Brookfield:

After my husband died five years ago, I returned to work as a clerk in an office. Two years ago, I lost this job. Since then I have found a few jobs, but none lasted very long and all of them were boring. I'm 60. Do you think my age is a factor?

H.S.

Dear H.S.:

With unemployment rising, competition for interesting jobs is very tough. Is it possible that a lack of skills is holding you back? Many colleges and universities offer vocational guidance through their adult education programs. Why not brush up your skills and perhaps pick up some new ones? Then you may be able to direct your talent into meaningful employment. Incidentally, if you think you have been discriminated against because of your age, contact the U.S. Department of Labor in your area. Age discrimination is against the law.

Early Change

Dear Margaret Brookfield:

Is it possible for a woman to be menopausal at 37? I do have some symptoms. My periods have been irregular, and I awake in the middle of the night to find my bedclothes drenched with sweat. I also have hot flushes. But I can't believe it. Doesn't the menopause occur when a woman is in her forties?

G.D.

Dear G.D.:

Not really. Most women menstruate until the early fifties, but some will stop at 35 and some will go to 55 or more. Younger women who go through change of life, however, sometimes have a difficult time adjusting to it. Both night sweats and hot flushes are symptoms of menopause, caused by an imbalance of the female hormone, estrogen.

If you are in the change of life, your physician may wish to prescribe estrogen replacement therapy — both to help control your symptoms and to avoid others that may occur from a prolonged lack of estrogen. However, other treatment may be indicated, and only your doctor can make the diagnosis.

FIFTH OUTDOOR FREE CONCERT

Fifth of a series of six free outdoor concerts by the Des Moines Municipal Band will be next Sunday on the west steps of the State Capitol Building, beginning at 7:30 p.m. (Notice change of time for this week only.)

Craig Miller, tenor, will be featured as guest vocal soloist. Miller is tenor soloist at St. Johns Lutheran Church.

Also featured will be a french horn solo by Richard Gerstenberger and a number by the jazz band.

At present, Gerstenberger is an instrumental music instructor in the Des Moines Public Schools.

Subscribe Today

—Thursday, July 17, 1975—

Mixed Animal Act To Debut

Ever wonder what would happen if some brave souls decided to gather together in one place, intermingling, a couple of tigers, two lions, a pair of Himalayan bears, two brown bears, a Polar bear, a black panther, a puma and a leopard?

Plenty! And you can bet on it! Especially when that particular complement of beasts comprises the unique Samel Mixed Animal Act which is currently debuting in the 104th Edition of Ringling Bros. and Barnum & Bailey Circus coming to Veterans Memorial Auditorium in Des Moines on Wednesday, July 30 for performances through Sunday, August 3.

Headed by Erhard Samel and his wife, Christiane, this only one-of-its-kind circus animal act is the first cultural attraction from the German Democratic Republic ever to be seen in the United States. As a matter of further fact, the act's premiere tour with The Greatest Show on Earth through America and Canada will mark the first time it will be seen and enjoyed outside Eastern Europe.

Some of the "plenty" that occurs when the Samel Mixed Animal Act performs — in addition to the miraculously accomplished behavior of a dozen beasts of eight species — is as follows: The leopard, in almost unbelievable fashion, walks casually up an incline



PERILOUS PLAY! The Samel Mixed Animal Act is an amazingly dangerous display of animal mastery presented by the incredibly courageous Erhard and Christiane Samel. The Samels are featured in the all-new mammoth 104th Edition of Ringling Bros. and Barnum & Bailey Circus. The Greatest Show on Earth comes to the Veterans Memorial Auditorium in Des Moines on Wednesday evening, July 30, for ten performances through Sunday, August 3.

Photographer's

View Point

by James E. O'Day



Right To Failure

A black man does not have to be a super student in order to get into a college and he doesn't have to be a superstar in order to play on college and high school teams.

He still might have to be an edge better than the average pro in football, baseball and basketball to secure a spot on a play-for-pay team but he doesn't have to be an O. J. Simpson. Perhaps this is a sign that

blacks are reaching full equality in this country.

The black man has earned the right to failure without feeling that he has let the race down. The pressure upon a black man on a job, on an athletic team or in a college classroom should be his pressure alone, not the pressure of proving to either black or white that he is equal.

A black man, like a white one, should have to prove only what he can do as an individual.

control exercised by Mr. Samel over all concerned!

The Samels performance will mark the first time in 32 years that Ringling Bros. and Barnum & Bailey Circus will present an animal act of such diversity. Not since the legendary Alfred Court worked with a varied group of animals that included lions, tigers, leopards and bears in 1941 and 1942 has the world seen the likes of the Samels.

"We've searched for an attraction of this caliber for more than three decades," states Irvin Feld, president and producer of Ringling Bros. and Barnum & Bailey Combined Shows, Inc. "It is with great pride and a sense of deep satisfaction that we welcome this sensational entertainment to the 'family' of The Greatest Show on Earth."

Tickets to The Greatest Show on Earth are available at the Auditorium Box Office, Richman Gorman, City Drug, Nims Sportsmans (Ames), Younkers (Newton, Ft. Dodge & Marshalltown), and Stapps (Oskaloosa).

All seats are reserved at \$3.50, \$4.50, and \$5.50 with children under 12, \$1 less on weekday performances. For ticket information, phone the Auditorium, 283-4172.

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Who's Who in Des Moines



Alonzo Williams

Understands Kids of '75

A wonderful thing to behold is the act of a young person helping younger people.

This week the New Iowa Bystander salutes the efforts of Alonzo Williams. Williams is building supervisor at the Wilkie House. Since his appointment to the Wilkie House in October 1974, Williams has been involved in planning activities for the building and assisting with the programs.

His major program now is Operation Summer 75. Williams realized there were many young people within the area who had talent. To exploit these talents, he met with some agencies in downtown Des Moines.

The result: A group of young musicians called the Wilkie Express and a female vocal and dance quintet known as the Dynamic Astonishment. With the addition of the L. B. Express and the Moon Light Dancers (all students at Edmunds Elementary), Operation Summer 75 was a reality.

Williams' dream is funded by New Horizons Project and Greater Opportunities. The "direction and provision of the program comes under the Wilkie House," Williams explains.

A 1970 graduate of Solden High School in St. Louis where he played football and wrestled

for four years, Williams was offered football scholarships from St. Louis college and Durango College in Durango, Colorado.

He went to Durango for one year, then transferred to Flossissant Valley Junior College in St. Louis. While in junior college, Williams was an activity therapist for St. Louis State School and Hospital. He later came to Des Moines.

Enrolled at Drake University, Al has a double major in radio and television and graphic design. The Drake senior gets his enjoyment by "dealing with kids personally and finding out what I can normally do." During his spare time, the building supervisor does artwork or creative designs.

Before working at the Wilkie House, Williams worked at the Des Moines YMCA with kids and helped with security at night.

He has a cousin in Des Moines who works with Tiny Tots.

Summarizing his future, Al says he plans to get more people and the community involved with the Wilkie House and to understand the needs and wants of the kids of 1975.

Williams has worked with young people for several years. He knows "the kids got potential."

Voluntary gasoline conservation works

The AAA Motor Club of Iowa says that voluntary gasoline conservation is working! Despite the skeptics arguments that Americans will not conserve gas unless it is rationed, consumption is down and the AAA Gas Watchers program has contributed.

The AAA Club does not claim that Gas Watchers is solely responsible, but the recent Federal Energy Administration figures comparing the first quarter of 1975 with that of 1973 (the last normal year for energy use), show considerable reductions. The February, 1975

demand of 6.6 million barrels daily was 300,000 barrels per day fewer than that of February, 1973. March figures were even more encouraging in that demand was 1.6 million barrels per day fewer than in March, 1973.

The Gas Watchers program started in January with the full support of President Gerald L. Ford. The White House has since distributed Gas Watchers materials at citizen meetings conducted by President Ford in New Hampshire, Florida, Georgia, and California. This program is endorsed by the



PUBLISHERS VISIT GERMAN MINORITY — During a five-day tour of the German Democratic Republic (East Germany), 16 representatives of the Black Press saw how Jews were treated in Hitler's concentration camps where millions were murdered during World War II, and how fairly the Sorbic minority is treated today. Top photo shows three publishers inside the notorious Sachsenhausen concentration camp near Berlin where the victims slept on the floor or on bunks covered with rough burlap pads. Left to right: John B. Smith,

executive vice president, Atlanta Inquirer; Arthur M. Carter, publisher, Washington Afro-American; and Jerrel W. Jones, publisher, Milwaukee Courier. Bottom, Sorb Leader Jurij Gros, center, shows publishers Sorbic literature in the Bautzen library. Left to right: John B. Smith; Mrs. Kenneth Drew, associate publisher, New York Voice; Gros; Garth C. Reeves, editor-publisher, Miami Times; and Dr. Carlton B. Goodlett, president of the NNPA and editor-publisher of the San Francisco Sun-Reporter. He headed the delegation to the GDR.

Governors of 25 states, including Iowa's Robert D. Ray.

Gas Watchers was presented the 1975 Golden Hunting Horn, the top travel industry award of the Discover America Travel Organizations. In addition, the voluntary conservation concept is now being promoted by the U.S. Jaycees, Boy Scouts of America, Girl Scouts of America, U.S. Chamber of Commerce, and by many industrial and government organizations.

Officials of the Motor Club of Iowa claim that the Gas Watchers program creates only minimal inconvenience for some, and no real hardship for anyone. This volunteer method of conserving gasoline is winning out over such harsh alternatives as gas rationing and higher fuel taxes. The AAA Club urges all motorists to continue to make 5 gallons do the work of 6 - the Gas Watchers way.

* * *

Don't store household utility products in the compartment under the kitchen sink unless the compartment can be locked securely. Some of these products can be poisonous or abrasive to a child's skin.

* * *

Store medicines in the new safety bottles which children cannot open. It's a good idea to use plastic bottles because they're shatter-resistant.

Things You Should Know

TARIK-BIN-ZIAD



A SLAVE-BORN LEADER,
HE BECAME COMMANDER OF THE
MOORISH ARMY IN THEIR INVASION
OF SPAIN, IN ISLAM, THE ROCK
OF GIBRALTAR - CALLED "JEBEL-
U-TARIK" - WAS NAMED AFTER
HIM. HE IS GREATLY GLORIFIED BY
TURKISH HISTORIANS!

CONTINENTAL FEATURES

Keokuk

Mrs. Kenneth R. Douglas
Reporter

Sunday morning services were at Bethel AME Church the July 13, where Rev. D. E. Johnson is pastor.

Rev. J. H. Mims filled his pulpit at Pilgrim Rest Baptist Church last Sunday. His text was from Job 1:1-5. The subject, "Be Patient in a Troublesome World."

On Saturday July 12 at 2:30 p.m. at Pilgrim Rest Baptist Church, Miss Vickie Winn and Tommie Tindler were united in marriage by the Rev. Mims.

Mrs. Joyce Williams, R.N. a recent graduate of Southeastern Community College, has accepted employment at St. Joseph Hospital.

Flournoy Merritt celebrated his natal day last weekend. Helping him to enjoy "his" day were his wife, Margaret, Mr. and Mrs. LaVerne Carter, Mr. and Mrs. William Saulsbury of Evanston, Ill., and Mr. and Mrs. Ora Bates. The friends he has made since moving to Keokuk, some months ago, are unanimous in wishing him many more happy birthdays.

Through the generosity of the Iowa Bystander there are now five new Keokuk Senior Citizens subscribers to the paper. All were profuse in their thanks for being the recipients of such a welcome gift.

Mr. and Mrs. Darrell Scott of Los Angeles are spending a couple of weeks in the city visiting her parents, Mr. and Mrs. Floyd Buckner.

Robert Mallory spent several days as a patient in Graham Hospital last week.

Mr. and Mrs. Fred Green of Indianapolis, Ind., are visiting in the home of Mr. and Mrs. Ben Blackman.

Mrs. Mariflorence Jones is a patient in the Hospital in Iowa City.

Mrs. Kenneth Douglas had several friends in for cards last Thursday afternoon. Guests were Mesdames Irma Dandridge, Gladys Conn, Evelyn Bailey, Florence Neal of Los Angeles, Oleta Holton, Kathleen Dawson of Phoenix, Ariz. and Kathy Rodrigues of Honolulu, Hawaii. Prizes were won by Mrs. Irma Dandridge (door prize) Mrs. Oleta Holton (high score) and Mrs. Evelyn Bailey (low score).

Ms. Jan Holton and Jessica and Thomas Holton, Jr., of Long Beach, Calif., are visiting their parents, Mr. and Mrs. Thomas Holton, Sr.

There was quite an interesting article in the Saturday evening edition of the local paper, the Daily Gate City, Mrs. Katherine Rodrigues of Honolulu is in the city visiting relatives and friends. The interview with Mrs. Rodrigues stated her observations concerning life in the Islands. She is a Civil Service employee and because of her job will be working with the Russians on the upcoming Soyuz Mission.

Mrs. Rodrigues stated that most of the local people regret that Hawaii became a state. She remarked that the program, "Hawaii-Five-O" is accurate. Crime is terrible there. She said she was very interested in and loves her work. She has a month's vacation every three years and she always returns to the Mainland at that time. A large picture of Mrs. Rodrigues in a colorful Hawaiian dress accompanied the article.

N. C. Rockwell of Wichita, Kansas, a former resident has been in the city renewing acquaintances the past week.

Mr. and Mrs. Joseph Scott, Sr. spent the weekend in East Moline, Ill., visiting relatives and friends.

Pedestrian safety awards are given

Fifty-four Iowa cities have been awarded honors in the American Automobile Association's 36th Annual Pedestrian Safety Inventory. The judging was done on a national basis with 2,360 cities participating. The winning cities in Iowa were recently released by AAA National Headquarters and announced by Dan McCarthy, Safety Manager of the AAA Motor Club of Iowa.

Cedar Rapids received the Award for Excellence, one of 24 given to cities in the United States for top performance in both its pedestrian safety program activities and pedestrian death and injury records. Six other Iowa cities placed among the top award winners throughout the country. Cedar Falls was awarded a Special Citation for Pedestrian Program Activities. Albia, Council Bluffs, Jefferson, Urbandale and Waterloo were cited for Special Citations for Casualty Record.

Windsor Heights has gone 10 years without a pedestrian fatality.

FT MADISON

Dessie Burt Reporter

Second Baptist Church had their regular Sunday morning services with the pastor, Rev. W. J. Laster in charge, delivering the July 13 message.

Mr. and Mrs. Tom Marsh went to Burlington to worship at Greater Hope, Rev. Robinson's Church on July 6.

Officers were elected when the Magnolia Art Club met Tuesday evening, July 8 with Mrs. Annie Toliver. Mrs. Hattie Carter was elected president. Other officers elected were Mrs. Ramond (Bernice) Wilkerson, vice president; Mrs. Ernest (Dessie) Burt, treasurer and Sunshine chairman; Mrs. Espanola Cartmill, chaplain; and Mrs. Arthur (Lurena) Woods retiring president, historian.

Mrs. Marshall Wilkerson was renamed secretary. Mrs. James Mallory, organizer of the group, is honorary president. Mrs. Albert Rudd will be the social committee chairman. Mrs. Toliver and Mrs. R. Wilkerson will be the program committee.

The next meeting will be with Mrs. R. Wilkerson in Burlington.

The Booster Girls Club met Wednesday evening, July 9 with Mrs. John Valentine. Mrs. Finis Webster was first in whist with Mrs. Edward Paige low. The July 23 meeting will be in the home of Mrs. Webster.

The AAA Program, the only one of its kind, aims at focusing national and local attention on pedestrian safety needs by giving recognition to cities and states which have shown superior achievement in their pedestrian death and injury records, and have conducted effective pedestrian safety programs. According to AAA, pedestrian safety is too often given little attention in many traffic safety programs. Yet, pedestrians account for nearly 50% of all traffic fatalities in most major urban metropolitan areas.

This year's Pedestrian Safety Inventory was based on pedestrian activities in 1974. Award plaques will be presented in July and August.

Fort Dodge

Miss Constance McNeil was in Fort Dodge as a representative of Jamaica in the International 4-H Youth Exchange (IFYE) program.

She wants to get a realistic view of American life by visiting families of different backgrounds. While she is in Fort Dodge, she will be visiting a local 4-H achievement show, a mini 4-H day camp at Kennedy Park and the Fort-Museum, and will talk to many different people from the Fort Dodge area.

Miss McNeil arrived in Fort Dodge June 29 and stayed until July 2 in the home of Mrs. Callie Sanders, 314 1/2 2nd Ave. S.

The IFYE representative came to Iowa in May, and has stayed with Iowa families in Humboldt, Waucoma and Donnellson. After her Fort Dodge visit, she will visit Pennsylvania and then stop in Washington, D.C. for a final meeting before leaving for Jamaica in October.

The representative from Jamaica is a 22-year-old elementary school teacher. She has taught for one year and will teach again when she returns to Jamaica. She said that her country has a shortage of teachers. Her group of about 40 fourth-graders is considered a small class, she said.

Miss McNeil is from the town of St. James, an agricultural community. Some of her interests that she is studying while in the United States are horticulture, cooking, crafts, community work and educational systems. In her leisure time, she enjoys dancing, reading, drama and sports. Some of her favorite sports are

cricket, golf, tennis "net ball" (like basketball), and "rounders" (like baseball).

When describing Americans, Miss McNeil said, "They eat too much, and they move too fast! In the first two weeks in America, I gained 10 pounds." She said the people of the United States waste too much food. Most people in Jamaica don't have refrigerators, she said, so

mature, they can harvest and plant again.

The IFYE program that has sponsored Miss McNeil is conducted by the National 4-H Foundation in behalf of the Cooperative Extension Service. The program with Jamaica is conducted in cooperation with the 4-H clubs of Jamaica. Between 35 and 40 countries participate every year in the

AREA REPORTER IN WATERLOO

Mrs. James T. Page will be the new reporter in Waterloo for the New Iowa Bystander.

If you have any news of interest in Waterloo to our readers, please do not hesitate to inform Mrs. Page.

The Bystander welcomes Mrs. Page and feels she will do a wonderful job.

If you would be interested in submitting news from your community please write Editor, New Iowa Bystander, Box 491, West Des Moines, Iowa 50265 for further information.

they buy and prepare only as much food as they know will be eaten.

On the subject of racial prejudice, the IFYE representative said she had expected the situation to be much worse than she has experienced. "I have seen no prejudice at all. I have been comfortable everywhere I have stayed," she said.

Iowa farms are much larger than the farms in Jamaica, according to Miss McNeil. She said that a farm of 20 acres is considered a large farm in her country. They grow bananas, coffee, sugar cane, coconuts and pimento (a tree that yields allspice). They have no weather restrictions of the length of their growing season, so at any time during the year when a crop is

program. This year two citizens of Jamaica have come to visit the United States, while four Americans are touring Jamaica. The exchangees must be between the ages of 19 and 25.

The objectives of the IFYE program are to promote international understanding and development of better informed youth leaders by providing opportunities to learn about another way of life by experiencing it, to become better informed on world affairs, to better understand themselves and their own culture and to improve their communications and leadership skills.

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News

Black Attitudes Unfavorable Toward US Military Service

By Mark Hyman
Courtesy MHA

News Service Bureau

The attitude of American blacks toward U.S. military service has changed unfavorably according to a recent survey conducted by MHA News Service Bureau, a division of Philadelphia-based Mark Hyman Associates.

The first part of a three-part study was directed to 400 directors of youth-oriented agencies and adults within the age group of parents of service eligibles.

Seventy-two per cent said that the attitude of blacks had changed toward the military in the last five years. More specifically, 55 per cent stated that the change had been unfavorable.

In more detailed breakdown, the study showed that 47.5 per cent pointed to subtle segregation. Forty per cent

claimed slow and unfair promotion practices were the causes, along with apparent and actual racism. Thirty seven per cent said harassment of blacks by white officers and white GI's were causes. Poor assignments accounted for thirty per cent of the choices and unequal justice before military courts tallied 27.5 per cent.

Of the 40 per cent respondents which said the change in attitude had been favorable, 32.5 per cent pointed to educational opportunities in the service. Twenty-five per cent cited pay increases while 15 per cent noted desegregation as a positive factor. The promotion of blacks to general drew only 2 per cent as reasons for changes in attitudes.

Branch Preferences

When asked which branch of the service they would choose were they eligible, 20 per cent selected the Army, 17.5 per cent

picked the Air Force, 12.5 per cent said Navy, 8 per cent approved the Marines, and 2 per cent for the Coast Guard. Of these who chose no branch of the service, 25 per cent.

Parents and Guardians

Parents and guardians of young eligibles were asked if they would encourage youngsters to volunteer for the service. Forty-five per cent said they would, 40 per cent said they would not. However, in the case of ROTC at college, 62.5 per cent said they would encourage students to enroll, 15 per cent said they would not.

MHA News Service Bureau, located at 215 S. Broad Street, in Philadelphia, will conduct the two remaining parts of the study this fall. Targets for these will be eligibles in the black, Puerto Rican and other minority communities. The results will be completed by November and published by December 10.

COMS' outreach clinics serving rural Iowa health needs.

Dreizler Retires--35 Years With Fed

Ralph J. Dreitzler, vice president of the Federal Reserve Bank of Minneapolis, retired July 1 after 35 years of service.

His responsibilities have included examination of member banks throughout the Ninth Federal Reserve District and work in the money, accounting, control and audit departments of the bank.

Bank President Bruce K. MacLaury said Dreitzler has "earned the respect of bankers in the district through his fair, thoughtful and constructive examination of member banks over the years. More recently, Ralph has had the significant responsibility of guiding the preparation of and adherence to bank budget."

At the national level, Dreitzler has served on auditing and accounting committees for the Federal Reserve System.

A native of Des Moines, Iowa, Dreitzler attended DeLaSalle High School in Minneapolis and Creighton University in Omaha, Nebraska. He has taken additional coursework at the University of Minnesota and graduated from the Stonier Graduate School of Banking in New Jersey.

He is a member of the Institute of Internal Auditors, the Knights of Columbus, and various church and school groups.

Dreizler and his wife, Grayce, live at 2112 Xerxes Avenue North, Minneapolis.

They have six children and two grandchildren. Dreitzler's hobbies are golf, skiing, travel, and cabinet-making.

Broadens Outreach Program

In keeping with directives from the U.S. Department of Agriculture, the Iowa Department of Social Services is broadening its Food Stamp Outreach Program. All states have received a mandate to inform all potentially eligible citizens of food stamp benefits, as part of an all-out campaign against malnutrition.

Vernon Woodard, Food Stamp Outreach coordinator for the Iowa Department, said proposed plans were submitted to the federal government by July 1, and the program must be

implemented starting August 1.

Woodard said his unit will be contacting, personally or by letter, every public and private agency, organization, association, union, church and community group to enlist their active support in distributing informational material to the public, make referrals to local Social Service offices of those citizens who might be eligible, and in pre-screening large numbers of potentially eligible persons.

In the month of April, 123, 106 people bought food stamps, paying \$1,968,708 for a purchase value of \$4,406,276. Based on figures compiled by the U.S. Senate's Select Committee on Nutrition and Human Needs, there are an estimated 200,000 people in Iowa eligible for food stamps who are not participating in the program.

Subscribe Today

Iowan GOPs' Force Task

Des Moines—Formation of a special Republican task force to review and make suggestions to modernize Iowa laws was announced Wednesday by Republican State Chairman John C. McDonald.

McDonald said the nine-member group, known as the Republican Task Force to Review and Modernize Iowa Laws, will "recommend elimination of unnecessary provisions of the Iowa Code and urge technical improvements in programs and reorganizations undertaken by the legislature in recent years."

Lt. Gov. Arthur A. Neu of Carroll will chair the task force with the Republican legislative leaders—Sen. Clifton Lamborn of Maquoketa and Rep. Floyd Millen of Farmington— included among the membership. In addition, two former legislators and four citizens-at-large have been appointed to the task force.

The Republican state chairman said all GOP legislators will serve on a consultant basis and will be asked to participate in the effort to modernize the state's laws. He said other elected officials on the state, county and local levels will be asked to submit suggestions about code sections they view as outdated.

The primary goal, McDonald said, is to "stress an era of refinement in state government. Rather than continually restructuring government, it is time that we ensure the laws we now have are workable and reflect the needs of the citizens."

"For example," he said, "modernization has meant a

new school financing law, a unified court system and a new transportation department. These changes are necessary if government is to progress, but modernization also must mean removal of antiquated laws and streamlining of state government. This is the reason for this task force."

He said one of the great sources of frustration with government is the "overlapping and unnecessary laws which do not serve any purpose. The task force will attempt to show that a lightening of the burden of our laws is possible. We also hope that it will lead to shorter annual sessions and preservation of the citizen legislature."

The GOP state chairman said the task force will not preempt the regular interim work of the legislature. The task force, he said, will "concentrate on areas of the code that are typically considered too mundane for interim committees. However, we feel that this is an important and necessary project."

In addition to Neu, Lamborn and Millen, appointed task force members will include:

Gene Krekel, Burlington attorney; Murray Lawson, Mason City businessman and former state representative; Virginia Poffenberger, Perry homemaker and law student; Sue Reed, Des Moines, former House journal clerk; David Stanley, Muscatine attorney, former state representative and former state senator; and William Trent, Muscatine corporate counsel and former Senate legal counsel.

COMS Announces Faculty Additions

J. Leonard Azneer, Ph.D., president of the College of Osteopathic Medicine and Surgery, has announced the following faculty additions at the college: Bernard A. TePoorten, D.O., has been named professor of Clinical Science (Osteopathic Principles and Practice).

Dr. TePoorten graduated from Kirksville College of Osteopathic Medicine and interned at Doctors Hospital in Columbus, Ohio. He is a Fellow of the American Academy of Osteopathy and a member of their board of trustees. He is also a member of the American Osteopathic Association; Arizona Osteopathic Medical Association; Arizona Academy of Osteopathy and Knights of Columbus. Dr. TePoorten has been in general practice in Tucson, Arizona since 1959, specializing in manipulative therapy. His articles include "The Piriformis Syndrome," "Headaches Due to Faulty Pelvic Mechanics," and "Whiplash."

James Gordon Zink, D.O., has been named associate professor of Clinical Science. He graduated from Philadelphia College of Osteopathy and is a Fellow of the American Academy of Osteopathy. Dr. Zink is also a member of the American Osteopathic Association; the Cranial Academy and the Pennsylvania Osteopathic Medical Association. He has been in general practice specializing in osteopathic manipulative therapy in Canton, Penn. for 39 years. Publications include "The Osteopathic Wholistic Approach to Homeostasis" and "The Application of the Osteopathic Wholistic Approach to Homeostasis."

Glenn E. Bigsby, III, D.O., has been named assistant professor of Clinical Science (Family Practice). He graduated from the College of Osteopathic Medicine and Surgery, Des Moines, in 1967, interned at Oklahoma Osteopathic Hospital and did a residency in radiology at Metropolitan Hospital in Philadelphia. Dr. Bigsby is a member of the American Osteopathic Association and the Oklahoma State Osteopathic Association. He served two years in the United States Marine Corps, was associate

professor and clinic director at COMS from 1971 to 1972 and has been in practice in Cleveland, Okla. and Joplin, Mo. His paper, "Manipulation in the Common Cold" was published in the AOA Journal.

Carrie C. Gillaspay, Ph.D., has been named assistant professor of Pre-Clinical Science (Anatomy). Dr. Gillaspay received her masters in anatomy and pathology from the University of Oklahoma and her Ph.D. degree in neurology from the University of Chicago. Since 1965, she has been associate professor at Fairleigh Dickinson University, School of Dentistry, Hackensack, N.J. She has also taught a special course in applied and Neuro-Anatomy with Dissection for interns and residents at Hackensack Hospital since 1968. Dr. Gillaspay's many articles include "Unilateral Renal Agenesis Associated with Recto-urethral Fistula," "Superior Olive in Alligator," "An Anatomical Description of A Specimen of Extreme Scoliosis with Associated Variations," and "Experimental Study of the Cranial Motor Nuclei in Reptilia."

John M. Woods, Jr., D.O., has been named associate professor of Clinical Science (Family Practice). Dr. Woods graduated from the College of Osteopathic Medicine and Surgery, Des Moines, in 1951 and is a member of the American Osteopathic Association. He has been in general practice in Couer d'Alene, Idaho the past three years and prior to that was in general practice in Akron, Ohio for 18 years. Dr. Woods will serve as director of the Redfield Clinic, Redfield, Iowa, one of

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The Iowa Drug Abuse Authority has three staff position openings - Accreditation Manager, Training and Technical Assistance Manager, and a State Planner. The salary ranges are \$12,792 to \$18,382. Minimum qualifications are seven years of education and experience in the areas of drug abuse, mental health and/or social services, with drug abuse planning or programming experience preferred. If interested, send resume to Iowa Drug Abuse Authority 615 E. 14th Street, Des Moines, Iowa 50319, (515) 281-3641. An Equal Opportunity Employer

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Written Civil Service Examinations will be given July 29, 1975, 7 p.m.; Fire Headquarters, Bank and Central, Dubuque, Iowa. Applications must be obtained at City Clerk's office, City Hall 13th and Central and returned no later than 5 p.m., July 25, 1975. An Equal Opportunity Employer

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miscellaneous

FASHION AND
TALENT SHOW

The God's Army of Youth will be presenting a fashion and talent show on July 27 at 3 p.m. at the Black Theology, 11th and Forest. Director: Mrs. Nellie Gater.

1t

CHICKEN DINNERS

The Heavenly Mediators will be having chicken dinners at 2718 Moyer on July 19 starting at 11 a.m. There will be delivery service. For more information call 279-8379. Director: Mrs. Nellie Gater.

1t

CHICKEN DINNER

The Deaconess Board of the Macedonia Baptist Church is sponsoring a chicken dinner, Saturday, July 26 in the lower auditorium at the church, 930 31st Street. Delivery service is available. To place order call 255-4286.

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Grain Harvest Festival At
Living History Farms

The opportunity to toss bundles into a steam-powered thresher, cradle oats, and "toot" a whistle will come to interested visitors at the Iowa Grain Harvest Festival, July 26 and 27. The two-day event will be held on the festival grounds of the Living History Farms on the western outskirts of Des Moines.

In addition to the steam-powered threshing machine demonstrations and grain cradling, the event will also include a gas engine display, plowing exhibits, baling straw, and an old fiddler's contest. Numerous livestock exhibits including young buffalo, Texas longhorn steers, horses, mules, goats, burros, and other stock will also be on display.

Vincent King, operator of the Living History Farm land, is chairman of the Grain Harvest Festival. His brother, Leo King, of Booneville, serves as vice-chairman. Some thirty Polk, Dallas, Boone, Warren, Madison, Story and Union county farmers are serving on the committee.

Chairman King says the festival will have many activities in keeping with the heritage theme of the American

Bicentennial. Steam threshing will be in progress throughout the festival, along with many other pioneer farm activities. A highlight attraction will be the exhibit of more than 100 antique gas engines displayed by the Hawkeye Gas Engine Club.

Oliver Gillespe, executive director of the Living History Farms, is arranging tours of the Pioneer Farm as well as the newly opened 1900 era farm throughout the festival. In addition, visitors can examine the site of the farm of the future and see the museums, antique equipment, and other attractions at the Old Flynn Farmstead which serves as headquarters for the Living History Farms. Spinning, weaving, soap making, candle dipping, blacksmithing, and shingle making are among the crafts to be demonstrated. A nail driving contest for ladies is scheduled both days and the old fiddler's competition will be Sunday afternoon at 2:30.

Admission for adults is \$2 and will include all activities, displays, and tours on any of the Living History Farm lands. Children will be admitted for \$1 each and those under four will be admitted free.

Insect Stings Are Poisonous

The stings from bees, wasps, hornets and yellow jackets are very painful and can occasionally cause death. These insects seldom attack unless they are disturbed, so it's wise to leave them strictly alone — according to the Des Moines-Polk County Health Department.

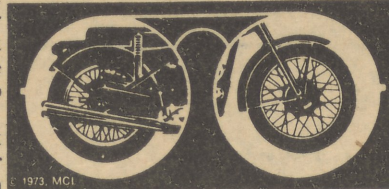
A few people have a particular sensitivity to poisonous insect stings. For these individuals, the stings are highly dangerous and can cause an acute allergic reaction.

There are a number of things to do if stung by one of these insects: The first is to look for the presence of the "stinger." It will be a tiny, dark-colored object at the center of the sting. Try to scrape off the stinger with a sterilized needle. Next, the application of ice, cold-packs or cold running water will be very comforting. A soothing lotion may relieve the itching. To relieve pain and prevent the injection of more venom, it is important not to squeeze out the stinger with your fingers or tweezers. This will only inject the remaining venom in the "stinger" and venom sack into the victim.

A few people may need to seek prompt medical attention for stings. They are: 1) the victim of a sting who has a history of

allergic reactions to insect bites, 2) victims of a sting who suffer from acute attacks of hay fever or asthma, and 3) victims of a sting who exhibit severe reactions such as nausea and vomiting, shock, or the development of convulsions or coma.

There are numerous things each person can do to prevent being stung. Wear long pants and long-sleeved shirts when out in areas known to be infested with stinging insects. Purchase a good insect repellent from any drug or grocery store and apply it to the exposed skin two times a day, being careful not to get the repellent in the eyes. And remember, stinging insects seldom attack unless they are disturbed. It is wise to leave them strictly alone.

eye
that cycle!

Help Wanted

WANTED—PHARMACIST on the medical staff of the Iowa State Penitentiary located in Fort Madison. Salary ranges up to \$17,184 annually with excellent fringe benefits. Must be licensed as registered Pharmacist in Iowa.

AND

WANTED—MEDICAL TECHNOLOGIST on the medical staff of the Iowa State Penitentiary located in Fort Madison. Salary ranges up to \$12,288 annually with excellent fringe benefits. Must be registered as a Medical Technologist through either the American Society of Clinical Pathologists or the American Medical Technologists Association.

CONTACT—Personnel Administrator, Iowa State Penitentiary P.O. Box 316, Fort Madison, Iowa 52627

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Sports

Hilltop Open: Biggest One Ever

By Allen Ashby

We are trying to get the decks cleared for our twenty-seventh annual Hilltop Open tennis meet. From the number of requests for entry blanks, this may be the biggest one ever. We haven't looked over the entry blanks that we have received, so we don't know how many of the players were here last year.

One can't tell about the junior divisions, because the players become a year older and often cannot compete in the section they ruled last year. But in the adult divisions, most of the winners from 1974 will likely be back. The men's singles winner was J. Stevenson, who teamed with Randy Kerioce to take the men's doubles honors. Randy won the doubles title in 1973 with Mark Morrow, so he has a small string going.

Susan Patterson of Des Moines was the women's singles champ. That marks one of the few times in the last ten years that Esther Synpe Myers wasn't either the winner or runnerup. In the veterans' singles for men under 55, Jack Silverman scrambled back enough balls to beat Royal Madison for the title. Madison says he is coming back this year for revenge. Yes, the guy will be back to give tournament officials a tough time, but we will be ready for him.

In the senior singles for over 55, Erling Jensen of Ames continued his lease on that cup, and I do not know if his final opponent, Green of Minnesota, will be back for another go or not. Then Jensen and Silverman took the senior doubles from Madison and Harold McCollum, who has been in every one of our Hilltop Open meets. As I think about it, I can think of only two other people who have done this. They are Bobbie Lavine and Betty Gerberech. They entered when they were students at North High and haven't missed one meet since.

But, do you know, that when we started this thing, we were

probably the only black club that sponsored an all or nearly all white meet? But now it seems as if tennis in general has caught up with us. All of the big meets including the ATA's are integrated, so it is no big thing.

Just think how far ahead of the pack we were. It wasn't any noble gesture on our part that brought this on. We had our own Hilltop meet that was for blacks exclusively, and we were scrambling to get into whatever meets white folks would let us in. Then suddenly there wasn't any major white meet in the city.



ALLEN ASHBY

We had the only tennis meet in Des Moines that was worth getting into. So the Des Moines Tennis Association asked us if we would consider opening our meet to everybody. You would have to hear it to believe how much discussion that caused among Hilltop members.

One of the arguments advanced was that they would take the meet away from us after a few years. Well we blocked that by having it understood that the semifinals and finals would be played at Good Park, no matter what. Later we changed that to the finals. That has been the case every year but 1973, when the Good Park courts were being resurfaced.

Names deFreitas To Harlem's Hall of Fame

Another laurel has been added to the distinguished public service record of Eric deFreitas with election to the Harlem Professionals Hall of Fame in recognition of his more than 40 years of dedication to the sport of bowling. The honor came to the longtime member of the AMF Staff of Champions at a ceremonial luncheon held in New York City on Saturday, June 21.

Inducted along with deFreitas were such revered sports figures as basketball immortal, Nat Holman, Lawrence Bleach, honored for baseball and basketball, and Fritz Pollard for football. Since its inception in 1972, such giants of the sports world as Jackie Robinson, Joe

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Thursday, July 17, 1975

The next fuss was that they would win all of the titles. That proved to be true in most of the divisions. The lone standard bearer for us was Esther Myers in the women's singles. She has won at least eight of them, and a couple of mixed doubles titles teaming up with the men's singles winner, Bill Rompf. Then there was Lena Walden of California, who also teamed with the men's singles winner Gene Nadig to take home a pair of mixed doubles cups. But our winners were few and far between.

The late Bill Ashby, Chet Williamson and I argued long and loudly that if we wanted to put out a winner in any division, we were going to have to pay the price in lost matches until someone got good enough to make a run at the top spot. Paul Williams did make it to the finals, but lost in straight sets to Harold McCollum in 1955. Then the next to make it was Mark Morrow in 1973. Mark never played better in his career up to then when he was in that meet, and swept to wins in both the men's singles and doubles.

How many blacks do we have in there? Well, not ever a dozen in any one year. I don't think there were over that many even in the early meets. Some years we have had as many as a half dozen. This year we may look forward to maybe fifteen or twenty, if we can believe all who say they want in the thing.

But if we don't make it this year, I think our closed meet, that we had last year, if continued will develop players who will want to get in the big one. But now, as I have always wanted it to be, the number of players of any color won't matter. Just how many, period. And that is what I have been trying to advocate for twenty-seven years and before, even when we couldn't get into too many meets around here, and if we did, had to play each other or the top seed in the first round. But, even then, I thought tennis was a universal sport, and I am glad to have been able to have stuck around long enough to see it become just that.

D. T. Signs-- Possible Base For Merger

DENVER, Colo. — Three time all-American David Thompson signed an American Basketball Association contract Monday, making him the highest paid rookie in the history of professional sports.

The pact with Denver reportedly calls for the North Carolina State star to be paid \$3 million over a six-year period, although Denver president and general manager Carl Scheer declined comment on terms of the agreement.

Thompson, the 6-foot 4-inch leaper who averaged nearly 30 points per game during his college career and led the Wolfpack to the National Collegiate championship in 1974, had disclosed last week that he intended to play for the Nuggets.

The actual signing was delayed until the ownership of the Denver team was transferred to a group of Colorado businessmen, headed by Scheer.

"The significance of this signing is overwhelming," Scheer said. "It's the first time in the eight-year history of the ABA that our league has signed a No. 1 draft choice of the NBA."

"But more importantly, it reinforces my belief that there will eventually be a merger. It doesn't make sense to deprive sports fans of seeing the very best players going against each other."

The New Iowa Bystander

Athletes In Review



Ashe

ARTHUR ASHE

"Until the time I got out of the Army, white people told me what to do. And after that, up until a few years ago, I was influenced by Black leaders who told us what to think rather than how to think. But I'm rebelling because I refuse to be slotted or put into anyone's mold."

So says Arthur Ashe in the August issue of BLACK SPORTS. Despite a volley of publicity, mostly because segments of the media still consider him an oddity, Arthur Ashe has adroitly managed to remain an enigma.

In an article written by himself, Ashe airs his views on the plays and pressures of the press and public. Often he seems a victim—a victim of harsh, unsympathetic criticism from Blacks who, if he wins, feel he should do more and if he loses, feel he should not "represent" Black people.

Ashe says he feels a tremendous sense of peer pressure and ethnic pressure to contribute but it's not a debt that he owes. Although he feels the pressure, he wants to do it in his own way and time. "Don't tell me how to think," he demands.

FILBERT BAYI

Filbert Bayi's career has been relatively short and yet unusually remarkable, taking root in 1972 when he upset Kenya's Kip Keino, the first of the African long distance superstars, with a fantastic 3:37.2, 1500 meters and

blossoming to a world record mile last May.

This May, while running the "Dream Mile" in Kingston at the Martin Luther International Freedom Games, Bayi added icing to his cake when he set a new world record for the mile, clocking in at 3:51.0.

It was indeed a dream mile with names like Marty Liquori, a former Villanova star whose best previous mile was 3:53.6, Eamon Coughlan, Villanova's current ace who had run anchor legs of 3:56.3 at the Penns, Rick Wohluter, the 880-yard world record holder, Tony Waldrop, the indoor-mile world record holder with a 3:55.0 and Reggie McAfee, another sub-four minute miler.

The delicately built Bayi, carrying a mere 130 pounds on his 6-1 frame set a quick pace despite a 25-hour plane trip from Africa and arriving in Kingston only 24 hours before the race. Bayi has definitely earned the respect and admiration of his competitors.

Said Liquori, "I see what people mean when they talk about running against Bayi" and Coughlan "I wonder what would have happened if he was really pushed?"

LUIS TIAIT

Stocky, barrel-chested fire-balling Cuban Luis Tiant is the Odysseus of the baseball field.

Top pitcher for the Boston Red Sox, Tiant is crafty, knowledgeable and unique—one of the best to ever don a pair of baseball spikes. He goes into an 180 degree spin in his wind-up flashing his No. 23 to the hitter as he looks out toward centerfield. Then the return spin and the ball comes in—inside, outside, high, low; slider, knuckler or something new, always released a little differently with varying speeds and motions.

His unorthodox style is very natural to him, although often frustrating to hitters. BoSox catcher Carlton Fisk says, "Tiant's got good control over three or four pitches that he can throw in any situation. He knows when he wants to throw it and he can usually throw it where he wants to."

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