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HAPPY NEW YEAR!

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Vol. 81, No. 30

Des Moines, Iowa

Thursday, December 25, 1975

Car Crashes Into Vacant House; Burns 2

News Briefs

Accuses Boston Police
BOSTON, MASS.-Lawyers for the NAACP said in federal court several weeks ago that policemen inside South Boston High School have helped white students beat up blacks.

The charge was denied by Maj. Charles Gilligan, head of the state police contingent at the school.

Ends 14-year Flight
MONROE, N.C.-Robert F. Williams, accused of kidnapping a white couple in 1961, ended a 14-year exile last Tuesday when he surrendered to Union County authorities on his arrival in Charlotte from Detroit.

Receive Joseph Awards
NEW YORK-Roy Wilkins, executive director of NAACP and elder statesman in the civil rights movement, along with Sen. Hubert Humphrey, recently received the Joseph Prize for Human Rights award.

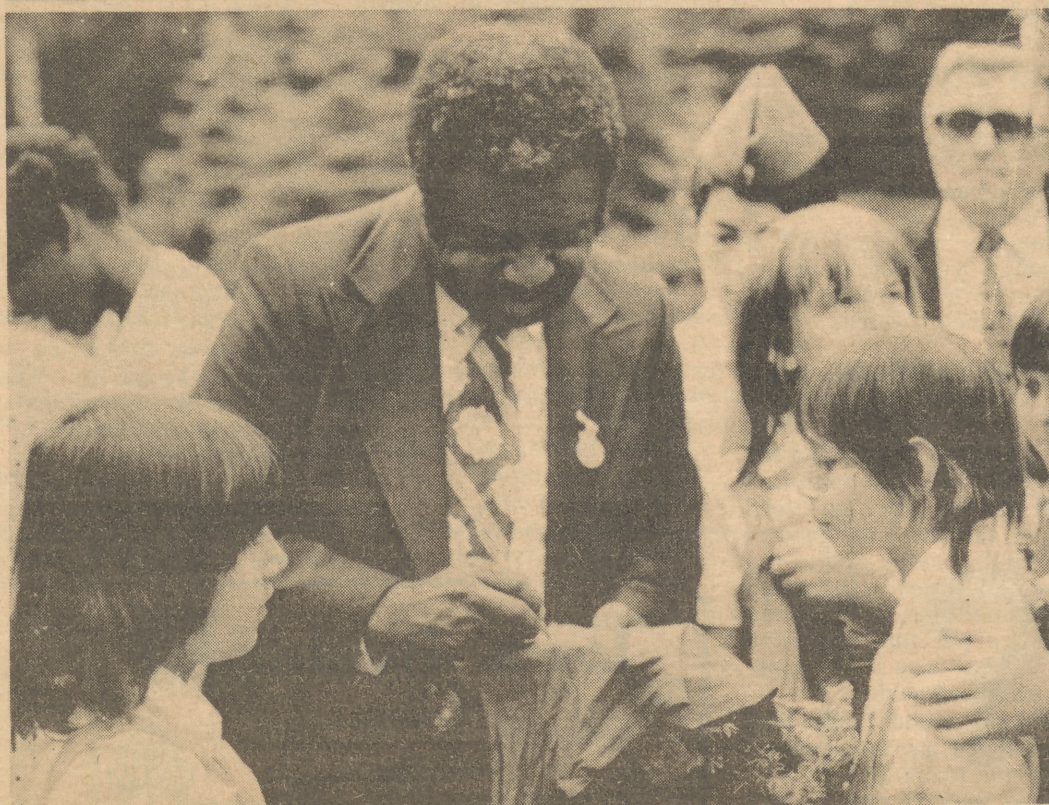
Heads Budget Office
WASHINGTON, D.C.-Charles E. Pugh has been appointed director of the U.S. Labor Department's Office of Budget by Fred G. Clark, assistant secretary of labor for administration and management.

Special Deadline

The deadline for news items for the December 25 and January 1 issues of the New Iowa Bystander have been advanced to Mondays December 22 and 29 at 4 p.m.

Advertisement deadlines for the same holiday issues are Tuesdays, December 23 and 30 at noon.

All New Iowa Bystander correspondents are asked to pay special attention to the deadline dates.



ABERNATHY IN GERMANY
WORKING FOR DETENTE

Dr. Ralph D. Abernathy, president of the Southern Christian Leadership Conference, and his family were in the German Democratic Republic recently meeting with the Peace Council there. Like Secretary of State, Henry

Kissinger, he is working for detente. At top, he chats with a Peace Council worker at a construction site. At bottom, Dr. Abernathy signs autographs for U.S. and German youngsters at the International Pioneer Camp. (NNPA)

Fire Kills Trapped Occupants

DES MOINES—An unusual accident, fatal to two Des Moines men late Saturday night, was still being investigated Monday by Des Moines police.

William Rife, Jr., of 1800 Ninth Street and John Gaither, 18, of 1111 Eleventh Street were the occupants of a car which slammed into a vacant house at 1302 Thirteenth Street.

They were trapped in the vehicle which was on fire when policemen arrived at the scene. The patrolmen attempted to rescue the occupants by breaking out the back window of the car.

Attempt Futile

As an officer reached for one of the victim's arms, flames shot up burning the officers and forcing them back.

Police said the car hit the house with such force that it was embedded up to its rear fenders in the house foundation.

It took firemen and police more than a half hour to remove the crashed vehicle from the foundation of the house. Nearly another thirty minutes were used to remove the victims' bodies from the wreckage.

Police were puzzled as to how the crash occurred. It was reported that no ski marks could be found by police at the scene.

Authorities said the car was apparently eastbound on Carpenter Avenue when it went out of control and hit the rear of the vacant two-story structure which sits on the corner of Thirteenth Street and Carpenter Avenue.

IEWS and REVIEWS

by James B. Morris

Joan Little Talks Too Much

Some people don't seem to quit talking. This is fully demonstrated by the conduct of Joan Little, who with the help of sympathetic citizens and organizations throughout the country, enable her to be acquitted for killing a jailer in North Carolina who attempted to abuse her while in jail.

The case aroused considerable controversy and the public appeared to sympathize with her. However, since she was acquitted, she has not been satisfied with her victory even though a conviction for breaking and entering was still pending in the courts.

She joined up with Angela Davis and attempted to carry on a smear campaign against even the people who helped her.

Now the Court of Appeals of North Carolina has upheld her conviction and she is in jail, no doubt for keeps, unless her lawyers appeal successfully to the federal court.

While sympathy for her was high she should have taken her victory in strides and no doubt there would be a chance for her to be free again.

Civil Rights Commission Should Carry Out Its Responsibilities

Much of the difficult problem facing the Iowa Civil Rights Commission is over the direction it should take: Is this a passive Commission only tackling those cases that borderline violations or will the Commission, intelligently, go after business and union violations which require aggressive action?

The previous director ran into stiff opposition from forces inside and outside the Iowa legislature who practically took the position that those they represented are exempt from the law. They pommelled Hayes, the then secretary, who found himself following rules of procedure which run contrary to the general laws of Iowa and sought no help from civil rights people in Des Moines.

During this year, procedures for various commissions of this state have been codified and will become law after being approved by the legislature next year. Thus directors of these commissions will know how far they can go without being knocked down for failing to follow the law.

I hope that the new year will bring a more sane operation of the Civil Rights Commission letting responsibilities fall where they belong. If this is done there is no reason to find that the Equal Opportunity Office will be bringing cases in federal court as is being done here at this time. The local commission should be able to solve our own problems.

Minorities Should Help Plan Revenue Sharing

Generally, laws are passed to do for the people what they cannot do for themselves. But it should go further and do for people what they will not do for themselves. This is why the federal government has taken on many things that should be done by our local people.

Many political and business leaders are complaining that the federal government should get out of many activities that could best be handled by local government. But, in many instances, local governments refuse to act even though a cause may be just.

Last year, Congress gave the states considerable funds and revenue sharing; also for individual projects for states and cities.

Ordinarily this sounds fine, but it has not worked out for minorities. True, the federal government has instituted some projects for minorities that did not work out very well. It also directed that minorities should be involved in the planning and expenditure of funds passed out to the states and cities. That record has been miserable; much because minority leaders have not sought out the planners of these programs before they were put into operation and, therefore, had no voice as to what was to be done. Some of these minority programs have succeeded.

A very good example of federal operation is the Post Office where minorities are employed as supervisors, cashiers, mail clerks, postal clerks and truck drivers.

No business in our community can boast of such record. Often the answer is that no minority applies for an opening, and like a lawyer who has a case without a client, they cannot be considered for the job.

No doubt Congress will pass a revenue sharing measure after the holidays. The records of the first year developed some very foolish expenditure of funds which brought considerable complaints against the measure. However, the officials who live within the law should not be penalized for those who don't and experience of operations gained during the first year may help to improve the whole program.

Little Spends Weekend in Jail

RALEIGH, N.C.—Joan Little, who surrendered to Durham officers Friday night, apparently will have to spend the weekend in North Carolina women's prison here.

Little gave herself up a few hours after the Beaufort County sheriff's office broadcast an all-points bulletin for her arrest.

The arrest order followed the refusal of the North Carolina Supreme Court to review the action of the state Court of Appeals in upholding Little's conviction of breaking and entering last year in Beaufort County.

Little was sentenced 7 to 10 years in prison following her conviction of breaking into mobile homes in the Washington N.C. area.

She was in the Beaufort County Jail in August of last year awaiting appeal of that conviction when she fatally stabbed one of her jailers, Clarence Alligood. She was acquitted of his murder last summer after she testified she stabbed Alligood 11 times with an icepick after he forced her to have sexual relations with him.

Little's lawyers asked the Court of Appeals Friday to permit her to remain free on bond while she appeals the breaking and entering conviction to the U.S. Supreme Court. The Appeals Court had made no decision by closing time Friday.

GE Gives Grant To U of I

BRIDGEPORT, CONN.—The General Electric Foundation has granted the University of Iowa, Iowa City, Iowa, \$1,000 to help support the second annual regional career education conference, held in mid-October, co-sponsored by the University of Iowa and the Society of Women Engineers.

William A. Orme, Foundation Secretary, said that the conference is designed to acquaint high school and college age women, their parents and teachers with career opportunities in the engineering profession.

Such conferences include college engineering tours and sessions on applied engineering conducted by professors and graduate students.

The General Electric Foundation is an independent trust established in 1952 by the General Electric Company.

Benjamin L. Hooks

FCC
COMMISSIONER



Dues Owed Black Press

One of the more significant speeches made recently in respect to the importance of the Black Press working in harmony with the black community was that of Carlton B. Goodlett's before a workshop media panel of the Congressional Black Caucus.

Dr. Goodlett, who is publisher of the San Francisco Sun-Reporter and president of the National Newspaper Publishers Association (NNPA), a consortium of black newspapers, stressed the historic importance of the role played by the Black Press in keeping alive a sense of community among America's oppressed blacks.

But Dr. Goodlett was not content to rest his case on history. His aim was far more aggressive and bold. He laid down a challenge to the Congressional Black Caucus and black political officials everywhere in the U.S., that it is, indeed, "time for black officials to pay their dues" to black people and their communications instrument, the Black Press.

"If they fail to pay these dues, and the black community should band together and rid the community of those black officials who play the safe rules of the game by not rocking the boat and following orders of their white masters."

Said he: "From this day on, the NNPA is going to demand that its member papers start telling it like it is without fear or favor. The Black Press has been a light in the darkness for years and now that a few selected blacks are getting a little coverage in white papers and on radio and television, let's not get cocky and turn our backs on the Black Press."

One of my constant themes in talks to groups, young and old, male and female, is: "Don't forget from whence you came." Indeed, I have taken a vow that I would not permit Potomac Fever (ambition for power and the good life of Washington, D.C.) to cloud my vision, mute my efforts for or stay my hand in the round-the-clock struggle for equality and justice for blacks and other minorities. In short, I will never forget from whence I came.

Mrs. Coretta Scott King, widow of our beloved martyr, Dr. Martin Luther King, Jr. recently observed that there are some folks who seriously believe that a politician cannot be both moral and a politician. She says she does not subscribe to that view and points to Rep. Walter Fauntroy of Washington, D.C., and Rep. Andrew Young of Georgia as cases in point, and adds there are others.

To say that both are ministers is to beg the question. For both are politicians as well and, as Bill Strickland a fellow of the Institute of the Black World said recently in Black World Magazine, "Blacks ... have a different legacy."

We belong to the tradition of America's victims, a tradition which has given us a particular angle of vision largely at odds with America, a tradition which had let to the repudiation, ridicule, exile and assassination of our prophets by a society determined to deny the validity of their vision and the truth of our history."

He adds, however, that this "black vision has survived. It has sustained us throughout the years, anchoring us in a reality far different from Dick and Jane's and protecting us, when we have let it, from the most dangerous fantasies America has had about itself."

And now the black vision is becoming the larger community's, he says. Accountability to our communities, constituents, our brothers and sisters ought to be the watchword of every single black elected or appointed official.

And since the Black Press has been such a potent and cohesive force in our long and tortured history, our black officials and leaders should be especially accountable to it. We must never forget from whence we came.

the new

Iowa Bystander

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"Iowa's Only Black Newspaper"

J.B. Morris Publisher Emeritus
Charles R. McCauley Editor

Published every Thursday by Triple
S Publications, Inc., at 221 Locust Des
Moines, Iowa (515) 277-8736.

Address all mail (subscriptions,
change of address, P. O. D. Form
3579, manuscripts and mail items) to
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50265. Second-class postage paid at
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Credo of the Black Press

The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every man regardless of race, color or creed, his human and legal rights.

Hating no man, fearing no man, the Black Press strives to help every man in the firm belief that all are hurt as long as anyone is held back.

Subscription Prices

Three years	\$12.00
Two years	\$9.00
One year	\$5.00
Sr. Citizen (one year)	\$2.50
Out-of-State	\$7.00

The New Iowa Bystander assumes no responsibility for articles including pictures, or any articles left with the newspaper. Such articles should be called for immediately after the publication date.

Public Service Opinions

These editorials do not necessarily express the policy of this newspaper. You can express your opinion by sending a Letter to the Editor.

No Such Thing As A Safe Cigarette

Are you waiting for a "safe" cigarette? Better quit. There's no such thing as a safe cigarette. In fact, there is little hope that one will be developed.

Although there is some evidence that cigarettes with lower tar and nicotine levels may be less hazardous than those with higher levels, anything that burns—tobacco, lettuce, common grasses—creates gases that assault the lungs.

Insurance companies know the statistics: smokers are involved in more traffic accidents, cause more home fires, and suffer greater disabilities than nonsmokers. About two dozen of the nation's life insurers provide discounts to nonsmokers for automobile insurance, homeowners insurance, and disability income insurance.

Before granting lower rates, some companies require that the person has never smoked. Generally, though, the emphasis is on present smoking habits. At least three major companies require only a simple statement that the person hasn't smoked for one to three years. Several others rely on interviews and inspection reports.

The benefits of quitting smoking can come quickly. One experiment in Canada showed remarkable improvements in lung function after only six weeks of no smoking. Sensitive tests showed there had been a reversal of the blockage of the small breathing passages caused by smoking—even in one subject who had smoked for 46 years!

The benefits are usually permanent. Not smoking cigarettes for ten years forces the premature death rates for smokers down to the level for nonsmokers.

To find out ways to quit smoking for yourself and those you love, contact the American Lung Association of Iowa, the Christmas Seal people. In addition to obtaining a healthier life, you may be eligible for lower insurance rates.

Socialists Demand End To Angola Intervention

NEW YORK — Peter Camejo and Willie Mae Reid, the Socialist Workers party candidates for president and vice-president, recently issued a statement demanding "the immediate cessation of U.S. intervention in Angola."

Their statement cited a report in the December 12 New York Times, which said that over the past three months the U.S. has sent \$25 million in military supplies to Angola. These supplies are being distributed by the CIA. American pilots are being used in Angola, flying from neighboring Zaire, and "antipersonnel" rocket launchers are being supplied by the Pentagon.

"Antipersonnel" is the Pentagon code word for genocidal weaponry such as was used against the Vietnamese," their statement continued. "The racist apartheid regime of South Africa reportedly has an estimated 1,000 soliders in Angola."

Speaking December 11 after a NATO meeting in Brussels, Secretary of State Kissinger attempted to justify American military interference by pointing to the presence of Soviet Weapons and Cubantroops. Kissinger said the U.S. "will try to prevent one party... from achieving dominance."

"Kissinger is lying when he says the U.S. is there to protect the Angolans from outside interference," the statement by Camejo and Reid charged.

"We know from Vietnam

and the recent revelations about CIA murder plots what the role of U.S. government agencies is in other countries. The CIA has just been forced to admit its plots to overthrow the Lumumba leadership in the Congo, which was fighting for independence from Belgium. Targeted for assassination by the CIA, Lumumba was murdered in January 1961.

"As in Vietnam and the Congo, United States imperialism's interest in Angola is to control the wealth of the country and the political destiny of the Angolan people. The United States, South Africa, and the NATO powers have no right to interfere in the internal affairs of Angola.

"American working people have no stake in the foreign policy aims of U.S. imperialism in Angola."

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1954 SUPREME COURT DECISION.

ETC-ETC-ETC.



A&P Names Watson VP Affirmative Action

MONTVALE, N.J. — William H. Watson, national director of urban affairs of The Great Atlantic & Pacific Tea Company, Inc., has been named vice president-affirmative action, it was announced.

In his new position, he will head up A&P programs designed to identify and relate to job areas, departments and divisions where minorities and women are underutilized in the work force. He will also develop programs relating to the purchase of goods and services from minority-owned firms, deposits in minority-owned financial institutions and advertising in minority-owned and oriented media.

Watson, who has been with the Personnel and Industrial Relations Department of A&P since 1968, held prior posts in industry, government and education.

He had been director-manpower development, education and training for the Lincoln National Life Insurance Company of Fort Wayne, Ind.

He was a director of the U.S. Peace Corps program in St. Lucia, B.W.I. and instructor at Indiana Institute of Technology, dean of students in Fort Wayne community schools and director of job development and vocational guidance for the Fort Wayne Urban League.

He is a graduate of

Marietta College and Ohio University, and took post graduate study at Michigan State University and Ball State University.



William H. Watson

He is a member of EDGES Group Inc., 100 Black Men, the National Association of Market Developers, Alpha Gamma Lambda Chapter of Alpha Phi Alpha Fraternity, Mid-Manhattan Branch, NAACP, and the National Business League.

Mr. and Mrs. Watson live in Montrose, N.Y. They have six children.

Jaycees Sponsor Shopping Spree

The Spirit of Christmas started Saturday Dec. 13, at Willkie House when the Des Moines Jaycee's began their Christmas outing by taking several elementary children from various recreation centers in Des Moines on a shopping spree.

The flow of the day began

HUD Seeks Members for Insurance Board

The Department of Housing and Urban Development (HUD) is seeking members to serve on the National Insurance Development Program Advisory Board.

The 19-member board was created by Congress in 1968 to report to the HUD Secretary on "potential problems of unavailability of essential property insurance" and to recommend modifications in FAIR (Fair Access to Insurance Requirements) plans.

The system of FAIR plans for homeowners and small businessmen who have difficulty buying property insurance on the normal commercial market was created by the act.

In exchange for setting up a FAIR plan to aid hard-pressed owners, insurance companies get federal reinsurance against excess losses they might suffer because of civil disorders.

The board's charter calls for a membership of at least six Federal Government employees, four representatives of the insurance industry, four people from state insurance authorities, and four public members. The board chairman is J. Robert Hunter, acting federal insurance administrator. All members are paid per diem and travel expenses for attending the required minimum of four meetings per year in Washington, D.C.

Nominations should be submitted in writing to the Acting Administrator, Room 4100, Department of Housing and Urban Development, 451 Seventh St., S.W., Washington, D.C. 20410, by December 15.

with a treat at McDonald's. The youngsters were taken to Merle Hay Mall. Each child was given ten dollars to purchase gifts for members of their families.

Des Moines Jaycee members were Marvin Bowlin, Marvin Johnson, Clyde Leonard, Steve Moon, Keith Winkel and Rich Sucher.

The spirited children were Tamara Morris, Lynea Cooper, Chica Duncan, Ronnie Thomas, Jodi Patterson, Shana Burkett, Pokie Burkett and the Carr family.



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Visits Jamaica, South America

Mrs. Mamie Woodfork recently returned to Des Moines after a three-week vacation in which she visited relatives in Jamaica and South America.

She traveled aboard the SS Statendam which departed November 15 from New York City. While aboard the ship Mrs. Woodfork was given a surprise birthday party.

She was the house guest of Mr. and Mrs. Victor Quenianna, her brother-in-law and sister, in Montego Bay, Jamaica.

Mrs. Woodfork and Mrs. Quenianna flew to Venezuela, South America to visit Mrs. Quenianna's son. While in South America, they went shopping and sightseeing.

Mrs. Woodfork attended various church and dinner parties while in Montego Bay. She returned from her vacation December 1.

Advice From Baby Goes Far In Treating Black Women's Hair

Black women's hair requires special care—that's a natural fact of life. But, sometimes you may find yourself in a rut, treating a problem such as dry scalp with the same old heavy pomades that help temporarily, but leave your hair much too greasy. Worse yet, pomades can clog the pores of your scalp leading to other bothersome conditions.

Ignoring the problem would be nice, but unfortunately, dry scalp can't be ignored. It causes the scalp to flake and leaves your hair looking dull and brittle.

There is a solution, however, and it's probably already a part of your regular beauty regimen. The solution is baby oil and you'll find it does the same nice things for your hair that it does for your skin.

Baby oil really lubricates your scalp, but it's light and doesn't leave your hair feeling greasy or untouchable. Warm approximately an ounce of baby oil by holding the container under hot running tap water. Apply it to your scalp at least three times a week and massage it in vigorously with your fingertips. Next, brush your hair to help spread the oil from the scalp to the ends of your hair.

Your hair will have much more shine and feel good to the touch. Consistent treatments help eliminate dry scalp and best of all it's at a price you can feel good about. Who says you can't learn anything new from a baby?



Mrs. Mamie Woodfork stops to pose for a photograph by the scenery aboard the SS Statendam while on a cruise to Jamaica. She recently visited her sister in Montego Bay.

Women Train In Space Suits

MARSHALL SPACE FLIGHT CENTER, Ala.

Three NASA-Marshall Space Flight Center women have completed "dry" training in pressure suits, the last step before "wet" training in the suits under water in the Neutral Buoyancy Simulator (NBS).

In pursuit of their assignment to develop materials experiments to be done in space, Ann Whitaker, Carolyn Griner and Dr. Mary Helen Johnston are continuing special training to increase their understanding of the problems associated with doing experiments in space.

During the past summer they received training in the altitude simulator at Craig Air Force Base, Selma, Ala. Later, they completed a training course in the NBS using scuba gear.

This special training provides the women with a thorough understanding of the unique aspects of performing scientific experiments in the weightless environment of space.

The three scientists have

been active in the development of space flight experiments in the past, having been principal investigators on 11 experiments carried out in the Marshall Center's General Purpose Laboratory, which simulated the Spacelab, the next manned laboratory to be used in Earth orbit.

Each of the three women has voiced thoughts of being able one day to travel into space and perform their experiments in that weightless environment.

They are anticipating the time when NASA will again accept applicants for space flights and, as a goal, hope to be among those selected for this opportunity.



HOLIDAY BLESSINGS

To all of you from all of us...

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Education Assistance For VA Dependents

Some 622 widows, wives of totally and permanently disabled veterans, and their children are enrolled in college studies and other training in Iowa with Veterans Administration assistance, the agency said.

Their checks from the VA generally are \$270 per month for full-time training. Included are wives of prisoners of war and the missing in action. Nationally, 58,000 are currently enrolled.

Bob Winters, director, VA Regional Office, Des Moines, said that to attend school or take job training with VA financial help, a son or daughter generally must be between 18 and 26 years old, although in some instances it is possible to begin earlier and continue later. He said marriage of the young man or woman is not a bar to this VA benefit.

Eligible dependents may receive up to 36 months of education or training with VA assistance, but their program must be pointed toward a definite educational or vocational goal, he said. Also, overseas attendance at institutions of higher

learning is permitted under the VA dependents' educational assistance, although the schools must be approved by the agency's Central Office in Washington, D.C.

Also available is special restorative training for physical or mental handicaps. This can involve speech and voice correction, lip reading, and Braille reading and writing. Special vocational training may also be provided.

Winters said full information and application forms for VA dependents' educational assistance are available at the VA Regional Office in Des Moines or local veterans' service organization representatives.

PUBLIC LIBRARY

The Model Cities Branch of the Public Library, 920 Washington, is in the process of moving and will be closed to the public until early in January when it will open at its new location at 1305 University. The opening date for the new address will be announced soon.

Fight Obesity

A fat child is likely to become a fat adult, according to the December Reader's Digest. About 85 per cent of all fat children have to fight fat all their lives, and about one-third of all people over the age of 18 are overweight. Moreover, the children of fat parents more likely to be fat themselves. If both parents are obese, their children have an 80 per cent chance of being that way themselves.

Roosevelt Club Elects Officers

The December meeting of The Roosevelt Club, Inc., was held at the home of Mr. and Mrs. Stanley Proctor, 4828 Walnut Street, Pleasant Hill.

The following officers were elected; Virgil Winters, president; Robert Parks, vice president; Virgil Miller, secretary; and Vincent Chapman, treasurer.



PEACE on EARTH

At this holiest of seasons, we pray for peace among all men.

John Deere Des Moines Works
Des Moines, Iowa

Greetings from
Twasi Federated Club

Sadie Jones—President
Eleanor Duffy—Vice President
Beatrice Devan—Secretary
Minnie Jones—Treasurer

Christmas Eve Night

By Korinne Jackson
December 14, 1959

On the night before Christmas
the lights were down low, out-
side was a full moon, and new
fallen snow.

Upstairs in the house tucked in
for the night, Were Susie and Tim
a right homey sight.

They'd shut their eyes tightly
so no one could see,
Their thoughts of tomorrow
still dancing with glee.

For Santa must not know
That they were awake, Not one tiny
peek were they going to take.

The picture they had in their
heads was quite clear, of Santa,
his sleigh, and eight tiny reindeer.

In his pack was a doll, and a doll's
buggy too. The doll was all dressed
up in fairy tale blue.

A toy soldier stood on the top of the
pack, his gun on his shoulder, his pack
on his back.

Then suddenly both children sat bolt
up right! They'd forgot dear old Tabby
on Christmas Eve night.

She must have a ball, a bell, or some string;
She was still such a playful and loving old
thing.

All fuzzy and soft as she purred in your lap,
Curled up like a ball for her afternnon nap.

They both spoke at once, Sure Santa will bring
a bell for old Tabby to tinkle and ring.

So under the covers they settled again,
to dream of red candy shaped just like a cane.

Of steaming plum pudding, a drum stick or two,
This wonderful dream could last all night through.

The two weary children now deep in sleep
Did not hear their parents tip in for a peep.

O'just to make sure they were covered just right
to kiss each little face on Christmas eve night.

Study Group Cites Laws that Need Rewriting

DES MOINES — Should the Iowa Code include provisions allowing registration of aliens, regulating the sale of second-hand watches, or providing for Arbor Week? A Republican study group says "no."

The Republican Task Force to Review and Modernize Iowa Laws also sees no need for state laws authorizing special hospitals for contagious diseases, banning secret societies and fraternities from high schools, and outlawing "bucket shops".

In fact, the task force urges eliminating all or part of over 30 out-dated Code chapters. It does so in a report forwarded last Friday to Governor Ray and to members of the Legislature.

In its report, the nine-member study group also cites areas of the State's two-volume set of laws that badly need rewriting. These include the eugenics provisions, the criminal sexual psychopath provisions, the township officers provisions, and the profit and non-profit corporations provisions.

Lieutenant Governor

Arthur Neu, task force chairman, emphasized that the group's recommendations are not intended as the "LAST WORD" IN Code modernization. "In fact," he said, "there are many chapters and sections that

the task force did not have time to consider."

Neu expressed the hope that this project will be viewed "as a first step in what should become an on-going, bipartisan review process — a process undertaken by the Legislature itself." "Yet if the task force succeeds only in making legislators aware that eliminating laws is nearly as important as adding laws," he said, "its efforts will not have been in vain."

Beginning work in September, the study group met three times. It considered suggestions from state officials, private citizens, and committees of the Iowa State Bar Association before making its final report.

Members of the task force, in addition to Neu, were Sen. Clifton Lamborn (R-Maquoketa), Rep. Floyd

ARBA Issues Guide To Religious Activities

WASHINGTON, D.C.—The American Revolution Bicentennial Administration (ARBA) has compiled a "Guide to Religious Activities" with brief outlines and contact information on Bicentennial programs of 51 national religious organizations.

The guide was prepared to assist communities and other groups desiring to include a religious dimension in the Bicentennial commemoration.

In announcing the Millen (R-Farmington), Gene Krekel of Burlington, Murray Lawson of Mason City, Virginia Poffenberger of Perry, Sue Reed of Des Moines, and David Stanley and William Trent of Muscatine.

availability, the ARBA indicated it would like to learn of more national religious program efforts for any future publication of the Guide.

Additional program information, and requests for copies of the publication, should be addressed to ARBA, Heritage Program Office, 2401 E. Street, N.W., Washington, D.C. 20276. Telephone (202) 634-1765.



Season's
Greetings



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\$25,000 Memorial Scholarship Fund

Mrs. Minnie J. Mears, widow of the late George E. Mears, probation officer of the New York Supreme Court and a lifelong Omega, is presenting a \$25,000 scholarship fund check to Richard T. Greene, president of the Carver Federal Savings and Loan Association of New York City. The fund memorializes her husband's years of service to the Omega Psi Phi Fraternity, the Sigma Pi Phi, the New York Supreme Court, and his

community. Fund will become part of the Charles R. Drew Scholarship Commission. Looking on, left to right, are three New York Omegas: Robert O. McDaniels, committee chairman; Daniel Boddie, chapter secretary; and John A. Johnson, basileus. Rules for making awards are being developed by immediate past Grand Basileus James S. Avery; Walter Ridley of Chaney State College; and Judge H. Carl Moultrie of Washington, D.C.

WEST DES MOINES
COMMUNITY
SCHOOL DISTRICT

SIMPSON
COLLEGE

Grandview College

URBANDALE
COMMUNITY
SCHOOLS

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DES MOINES INDEPENDENT
COMMUNITY SCHOOL DISTRICT

Iowa State University

des moines area
community college

School News

Directions



EAST

by
Myra "Sissy" Green



Christmas means a lot to me this year, although things have changed some since I was little.

I remember some of the things that happened when I was small. My dad would always take my brothers, sisters and me downtown to Dayton's Department Store to see Santa Claus.

After seeing Santa Claus, he would take us to the fifth floor where we would see Santa and his little helpers on display. Our next visit would be to toyland.

I really used to do some crazy things when I was little. Sometimes I would find all the Christmas presents hidden in the basement. Usually I just happened to find them by mistake. And I would go to bed early just so I could get up early the next morning to see what Santa had left for me.

Oh sure, when I was little I always believed in Santa Claus until I found out who Santa really was. One Christmas Eve, after I had gone to bed early I woke up

during the middle of the night and saw my father walking back and forth putting presents under the tree.

The reason why I knew it was him was because Santa Claus does not wear pajamas and drinks tea. Besides my dad made enough noise to wake the dead.

We lived in another city and sometimes we would come to Des Moines where my grandmother lives. She would cook a big dinner and all the rest of my relatives would come over. We would all sit down and enjoy my grandmother's good cooking.

Well, now that things have changed, I really don't have the Christmas spirit I had years ago. You see, now, I really know who Santa is. But there is one thing I look forward to at Christmas: The gathering of all my relatives and friends.

I even look forward to seeing my dad who comes to Des Moines from Minneapolis. Thus I can have a real nice Christmas. Hope you have one also.

SCHOOL LUNCH MENU

D.M. PUBLIC SCHOOLS
JANUARY 5 - 9, 1976

Monday, Jan. 5
Buttery Vegetable
Toasted Bun or
Bread & Butter
Chilled Peaches
Wacky Cake
Milk

Tuesday, Jan. 6
Orange Juice
Pizza
Seasoned Mixed Vegetables
Oatmeal Fudgie
Milk

Wednesday, Jan. 7
Chicken Fried Steak in
Buttered Bun-Catsup
Whipped Potatoes
Carrot Chips or
Tossed Salad
Gelatin Jewels
Milk

Thursday, Jan. 8
Meat Loaf or
Meat Mounds
Green Peas
Banana Fruit Cup
Frosted Cinnamon Roll
Milk

Friday, Jan. 9
Fish 'n Cheese in
Buttered Bun
Parsley Buttered Carrots
Lettuce with Italian
Dressing
Apple Crisp
Milk

URBANDALE
COMMUNITY
SCHOOLS

Monday, Jan. 5
Beef Ravioli w/ Meat
Buttered Peas
Vienna Bread & Butter
Pear Halves

Tuesday, Jan. 6
Chicken Fried Steak
Buttered Mashed Potatoes
Bread & Butter Sandwich
Peach Halves
Milk

Wednesday, Jan. 7
Beefburger On Bun
Buttered Green Beans
Jello w/ Fruit
Milk

Thursday, Jan. 8
Chili Dogs
Buttered Corn
Applesauce
Chocolate Chip Cookies
Milk

Friday, Jan. 9
Macraoni & Cheese
1/2 Slice Meat
Bread & Butter Sandwich
Buttered Mixed Vegetables
Fruit Cocktail
Milk

WDM COMMUNITY
SCHOOL DISTRICT

Monday, Jan. 5
Toasted Cheese Sandwich
Hot Vegetables
Fruit Crisp
Milk

From Roosevelt

by Sheila Carson

The New Iowa Bystander welcomes the addition of news from Roosevelt High School in Des Moines. Our student reporter is Sheila Carson, a student at Roosevelt.

Andre Wells, 15, son of Mr. and Mrs. William Wells is interested in sports.

He played football and is now playing sophomore basketball. The team presently has a record of 4-0.

In football, Wells played quarterback and the team finished the season with a record of seven wins and one loss. He plays baseball, golf and runs track. Besides the other sports, he plays tennis.

Wells is involved in various clubs as Junior Achievement, a new youth group called Together Young Leaders and Jack and Jill.

He works with his father, helping with carpentry. After graduating from high school, Wells would like to get into commercial business or major in computer science.

Wells is the younger brother of Williams Wells, Jr., who is supervisor of the commercial department of Northwestern Bell in Des Moines.

Vacation For Schools Begins

The Christmas vacation for Des Moines Public School students began at 2:30 p.m. Tuesday with dismissal of all classes.

The more than 39,000 students will return to classes Monday, January 5.

The school district administrative offices at 1800 Grand Avenue will be open during the vacation.

Tuesday, Jan. 6
Spaghetti & Meat Sauce
Buttered Peas
Peanut Butter Sandwich
Peaches

Wednesday, Jan. 7
Beefburger
Whipped Potatoes
Fruited Gelatin
Frosted Chocolate Cake
Milk

Thursday, Jan. 8
Chicken & Noodles
Twotone Beans
Sticky Roll
Fresh Apple
Milk

Friday, Jan. 9
Fish Square & Tartar Sauce
Green Salad
Hot Buttered Corn
Peanut Butter Sandwich
Milk

Advertising Doesn't
Cost It Pays

THIS IS
Your Paper
USE IT

PBS/Ford Scholarship Program Available

Applications are being invited in a new scholarship program created by the nation's public television stations to assist young people seeking public broadcasting careers.

The program, named the PBS/Ford Scholarships in recognition of the Ford Foundation's support of public broadcasting, was established by member stations of the Public Broadcasting Service (PBS) in January, 1975.

The scholarships in their first year will provide four persons the opportunity to work for six to nine months at selected public television stations in training for careers in production, drama, broadcast journalism and management.

The four scholarships to be awarded in the program's first year of competition will provide internships in production/drama at

YMCA Begins Karate Classes

The Des Moines YMCA is offering Tae Kwan Do (which is Korean style karate) classes, and judo for male and female adults and children over 8 years of age.

Judo classes for beginners start Monday night at 6, Jan. 5, and beginning Tae Kwan Do classes start at 1 p.m. Saturday, Jan. 10.

Tae Kwan Do and advanced judo will be taught by Yong Chin Pak, a fifth Degree Black Belt.

For more information call the YMCA, 288-0131, and ask for the Community Services Office.

KCET-TV, Los Angeles; in broadcast journalism at WETA-TV, Washington, D.C.; and in management at WGBH-TV, Boston and KQED-TV, San Francisco. The \$50,000 allocated to the program by the PBS membership in the first year will provide living expenses for the four recipients.

Winners will be selected by a scholarship committee appointed by the Ford Foundation. The program is open to all individuals sincerely interested in pursuing a career in public broadcasting. To qualify, applicants must prepare a 500-word statement of purpose detailing his or her background and reasons for desiring a public broadcasting career.

Entries are to be submitted to Dr. Thomas Ditzel, executive director, Iowa Education Broadcasting Network, P.O. Box 1758, Des Moines, Iowa 50306. Recommendations to the scholarship committee will be made by the sponsoring individual or station after an interview with the applicant and a review of his or her proposal.

Applications must be submitted no later than December 31, 1975. The scholarships will begin in the late winter or early spring of 1976.

The PBS/Ford Scholarships were created as a tribute to the Ford Foundation, which in the past 25 years has provided grants of more than 275 million to encourage the development of public broadcasting in the United States.

NEW YEAR'S EVE DANCE

Wednesday, December 31, 1975

From 8:30 Until---

NEW HILTON INN

6111 Fleur Drive

Featuring Music By

Flight Time Show Band

of Minneapolis, Minnesota

Door Prizes of Champagne will be awarded

TICKETS

Advance \$6.50 At Door \$7.00

Reserve Seats 50¢ Extra

Tickets May be Purchased at

Harlan's Barber Shop,
2515 Woodland Ave. Des Moines, Iowa

Send mail orders to Green & Black
2710 Fleur Drive
Des Moines, Iowa 50321

ALLEN ASHBY

with a

LOOK ON SPORTS



There has been so much happening which I didn't get a chance to comment on because of the football season that I usually take this week to mention a few things.

First was the Ali-Frazier fight, which proved what I have been saying for years. A fellow in his early thirties who has kept up with his game and condition is a long way from being washed up. I have always argued that a person's best physical years are between twenty-five and thirty-five, give or take a year or two. Most athletes today either retire before they reach their peak or they have to go out and make a living before then.

The good amateurs turn pro as soon as they have reached the top. The change may be good for their pocketbook, but it cuts their careers short. But who cares about careers when there is a jillion bucks waiting to be had for the taking? Lack of concentration can keep a guy from being at his best for too long. He gets involved in making money and forgets to keep in shape. The common excuse is that he is getting too old, and perhaps he hasn't begun to live.

Ashe Improves; Connors Gains

There was the naming of Arthur Ashe as the country's number one tennis player. And why not? He won ten tournaments - more than anyone else - and reached the finals or semifinals in a whole gob of tournaments. And in order to lose in the finals or semis you have to get there.

As early as last spring I was yelling that Jimmy Connors wasn't the greatest tennis player in the world, the daily reporters notwithstanding. I have said he is good, very good, but I argued that if he played the circuit and didn't choose his opponents, he would win some and lose some. Maybe he would win more than he would lose, but lose some he would.

The publicized match between Connors and John Newcombe for the "world's championship" made me gag. Why Newcombe had beaten Connors twice in tournaments, and then lost to lesser lights. Still they called it a world's championship match. Then there was the one with Laver also billed as a title match. out of both of those matches, Jimmy pulled down about a half million bucks, and that was what it was all about.

He had a great press agent. This has been said I don't know how many times that the twenty best players in the world are apt to beat any other one of that group on a given day and Connors is in that bunch. The fellow who could be the man behind Arthur Ashe, John Lucas of Maryland U., will likely pass up tennis for a big basketball contract. He has stated that there was no way that he would accept the close calls that they hang on Arthur and keep his mouth shut. And that would make him a bad boy. Stick to the cage game, John.

Our High School Games

While we are on the subject of high school athletics, I wonder what we would do if they suddenly cut out all athletic programs as reported action in Rock Island, Illinois? There are several arguments for and against high school athletics. Chief among the arguments that some of them such as football and basketball make money for the school.

There are the usual effects about what it does for the participants and such. Cut them out, I don't know. I bet you could get up a helluva campaign against them if you put it to a vote, even in this city.

And now, who is going to stop Lincoln? They don't seem to know that they are supposed to be weaker than they were last year, or maybe the rest of the schools are weaker, too.

The barnburner of the week was the Dowling-Hoover game for second place. I had given up on Dowling, but they suddenly came to life. And do you know, if Tim Lee had been held to his total of four or six points, instead of getting what he is supposed to get, the Maroons would have dropped that one? But from the looks of things, it seems as if you won't be able to count Roosevelt out of the picture yet. The Riders seem to be getting better and just may finish the year red hot.

I hate to say it, but I don't think neither North nor Tech,

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Sports Happening

BLACK COLLEGE BASKETBALL
North Carolina A&T 94, Jackson St. 89
Elizabeth City 102, N C Central 98
TSU 70, Wis-Milwaukee 62
Morehead St. 76, California 59
Southern Cal 101, Howard 74

IOWA COLLEGES
Drake 118, NE Illinois 95
Grand View 81, Drake reserves 63
Iowa 67, US International 52
Neb-Omaha 84, Iowa State 73
Bellarmino 84, Dubuque 71
Buena Vista 68, Hanover 61
Graceland 84, So. Colorado 77
Olivet-Nazarene 76, Loras 72
Westmar 92, Dana 83
Capital 66, Buena Vista 59
Chicago 73, Grinnell 62
Colorado Col. 98, Grinnell 76
Loras 80, Augustana 75
No. Colorado 75, Graceland 66
Northwestern 98, Mankato St. 86

Thursday, December 25, 1975 Page 7

Iowa Bystander SPORTS

SD-Springfield 64, Westmar 62
S. Dakota St. 69, Westmar 62 (g)
North Iowa 81, Council Bluffs 72
Palmer 89, Sioux Empire 82
Loop (Chicago) 71, Council Bluffs 86

INTERCHURCH GIRL'S LEAGUE
First Federated 49, Maple Street 38
Dec. 29
First Christian - Evang. Covenant
Maple St. - Indianola Hts. Evan
First Federated - Westchester Evan

PRO FOOTBALL PLAYOFFS

Saturday, Dec. 27
AFC Semifinal
Baltimore at Pittsburgh, 1 p.m.
NFC Semifinal
St. Louis at Los Angeles, 4 p.m.
Sunday, Dec. 28
NFC Semifinal
Dallas at Minnesota, 1 p.m.
AFC Semifinal
Cincinnati at Oakland, 4 p.m.



Home Run King Takes Medicine From Dr. J

Baseball's home run King Henry Aaron matched wits with the N.Y. Nets Julius Erving, "Dr. J," in the Magnavox Odyssey tournament held recently at the "21" Club in New York City. Aaron, spokesman for Magnavox, hosted the tournament made up of New York's professional sportsmen and sportscasters vying to win, this electronic game of video tennis or hockey.

Big surprise of the day was when three members of the New York Giants football team captured the first three prizes. Andy Selfridge placed first and won himself a Magnavox STAR 25" color TV console plus \$3,000 in cash donated to his favorite charity. Bob Giblin in second place and Dave Gallagher in third place also won Magnavox color TV sets, and all participants received an Odyssey.

or East will go to far. They may have a merry scramble among themselves for the last three places. How will they finish? Gosh, I don't know.

The Big Boys

If Iowa State can win one game by the time you read this, and then one more, that would be two games they have won so far. What is the matter with them? Coach Trickey would like to know the answer to that one.

Iowa U has its unbeaten season so far as I write this, but by the time I have turned this in, they may have taken a tumble. Drake is playing some pretty good ball clubs, and they might get tough as things get into the Missouri Valley season.

Indiana is supposed to have a walk to the Big Ten title, but they have been having some squeakers and they just may not be as hot as folks think they are. Minnesota, picked to finish in the cellar, just could be the surprise of the race. Where will Iowa finish? You pick it.

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MARCH OF DIMES
THIS SPACE CONTRIBUTED BY THE PUBLISHER

Church News

EAST UNIVERSITY CHURCH OF GOD IN CHRIST

On Sunday Morning December 21, our morning message was delivered by our state supervisor of women, Mother Ruth Robinson.

The service was enjoyed by all who attended. Music was furnished by the Young Adult Choir and the Young Gospel Demensions of the East University COGIC.

After morning service, dinner was served in the lower level by the Pastor's Aid Auxiliary, Mother Pearl Jacobs was in charge of the dinner.

Pastor Daye, who is host and director of the Gospel Train on Channel 10 Hawkeye Cablevision, would like to sincerely thank all the participants of the Christmas Special, which was taped on December 21, at 3 p.m. at East University COGIC. The program will be telecast December 24 and December 25 from 10-11:30 a.m. and 5:30-7 p.m.

The new hours for the Gospel train are Monday, Wednesday and Friday 6:30-7:30 a.m.; Tuesday and Thursday 7:30 a.m. and Saturday 6:30-7:30 a.m.

There will be a Christmas program at East University COGIC at 7:30 a.m. on Christmas Eve.

On Monday, December 22, Mother Robinson and others motored to Detroit, Michigan to attend the funeral services of the international supervisor of women of the Churches Of God In Christ Mother L. Bailey. We are praying that they had a safe trip. We would like to encourage all members of East University COGIC to please be present on the last Sunday of the year. We are looking to see you Sunday, December 28. Let us all look forward to a joyous and happy new year.

UNION BAPTIST CHURCH NEWS

Pastor Thomas sermon subject last Sunday was "What Christmas Is All About." Scripture lesson was John 3:16 and Romans 8:13.

The New Creations; senior choir, H.I. Thomas Singers and the Angel choirs

furnished the music. Sis. Evelyn Thomas was at the piano and Sis. Jan Robinson was at the organ.

Bro. Everett Matthews offered a beautiful rendition of "Silent Night".

Wednesday, December 24, Christmas Eve services will be held at Union Baptist Church at 7 p.m. This service will consist of special prayers. Everyone is welcome.

The 66th anniversary of Union will be observed Sunday, December 28 at 4 p.m. Rev. George Parrish and members of Maple Street Baptist Church will be guests. Chairpersons are Sisters Regina Smith, Lillie Mae Seigh, Ruby Wilson, Deacons James Stubberfield and Thomas Smith.

MESSIAH TEMPLE CHURCH NEWS

Rev. Everett Cassell brought us the message from Matthew 25: 14-30.

The lesson of the parable of the talents warned us of the seriousness of wasting the gifts God gives each of us. If we don't use what God has given us for His glory, we are in danger of losing our very souls.

Sunday school is at 10:30 with services at 11:30. The book of Acts is taught every Sunday evening at 7 and prayer meeting is every Wednesday at 7. Worship with us soon.

MAPLE STREET BAPTIST CHURCH NEWS

On Sunday, Dec. 28, we will have a "Special Services of Thanks" conducted by our pastor, Rev. George H. Parrish. The Gospel Choir will render the music.

Rev. Parrish and choirs have been asked to render the Church Anniversary Services for the Union Baptist Church on Sunday, Dec. 28, at 4 p.m. Rev. H.I. Thomas is host pastor.

KYLES TEMPLE AME ZION CHURCH

Rev. J. A. Jones, Pastor
907 15th Street

Sunday School 9:45 a.m.
Morning Service 11:00 a.m.
Evening Worship 7:00 p.m.
Prayer Service Wed. 7:30 p.m.

SHILOH BAPTIST CHURCH

1213 Scott Street BL 5-6333
REV. WILLIAM HEATH, Pastor
ORDER OF SERVICES
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
B.T.U. 6:00 P.M.
Evening Services 7:30 P.M.
Wednesday Night Prayer Service 7:00 P.M.

PHILADELPHIA SEVENTH DAY ADVENTIST

1150 13th St.
Rev. George W. Murray, Pastor
Sabbath School 9:30 a.m.
Morning Service 11:00 a.m.
Missionary Volunteer 7:30 p.m.
Prayer Meeting Wed. 8:00 p.m.
Dorcas Society 1st Sunday 1:00 p.m.

ST. LUKE No. 1 INTERDENOMINATIONAL CHURCH

1247 Mc Cormick
Elder W. A. Robinson, Pastor
Elder G. Barber, Asst. Pastor
Sunday Service
Sunday School 9:30 a.m.
Morning Service 11:00 a.m.
Evening Service 7:30 p.m.
Wednesday Evening 7:00 p.m.

Union Baptist Church "The Friendly Church"

E. UNIVERSITY AT MCCORMICK
REV. HENRY THOMAS
1340 McCormick
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 7:45 P.M.
Prayer Service Wednesday All Day

Churches Observe Jan. 18 As Dr. M.L. King Sunday

Devoted followers of Martin Luther King, Jr., are planning to observe for the fourth consecutive year, Martin Luther King, Jr. Sunday on January 18.

This Sunday was first set aside for observance by the Progressive National Baptist Convention, Inc., during the presidency of Dr. L. V. Booth in 1972, who also holds the distinction of being one of her principal founders.

Dr. Booth explains: "Each third Sunday in January, (the Sunday nearest to Dr. King's birthday) is set aside to commemorate and extol the illustrious life of America's greatest "Apostle of Love and Non-Violence."

It is Dr. Booth's belief that "vandalism in the schools, crime in the streets and violent resistance to integration" will be overcome if the legacy of Dr. King is held up and shared by people of good will everywhere. The churches of all denominations have a responsibility in this matter, says Dr. Booth, and can be more effective in teaching love than any other institution.

Dr. Booth expressed the hope that a grateful America will remember Dr. Martin Luther King, Jr., not as an idol to be worshipped, but as an example to be followed. We need to remember him also as a young, gifted and great leader who gave so much for so many - even to generations yet unborn.

MT. ZION BAPTIST CHURCH
Orlboro, Iowa
Rev. H. J. Simmons, Jr. Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Prayer Service 7:30 p.m.
Evening Service 7:30 p.m.

MUHAMMAD'S TEMPLE OF ISLAM
1430 University Ave.
Sunday 2:00 p.m.
Wednesday 8:00 p.m.
Minister Roy Joe X

MESSIAH TEMPLE
2603 Center
Elder Jacob J. Reed, Pastor
Order of Services
Sunday School 10:30 a.m.
Morning Worship 11:30 a.m.
The Life of Christ 7:00 p.m.
Prayer Service Friday 7:30 p.m.
Choir Rehearsal Sat. 2:00 p.m.

EAST UNIVERSITY CHURCH OF GOD IN CHRIST
East 17th & University
Pastor Richard L. Daye
266-7039
Sunday School 9:45 a.m.
Reg. Services 11:30 a.m.
Tues. Services 7:00 p.m.
Fri. Family Nite 7:00 p.m.

ST. JOHN CATHOLIC CHURCH
Harding & University
Father Jim Kiernan
Father Gene Cunningham
Eucharistic Celebration
Saturday 5:30 p.m.
Sunday 8:00 a.m.
10:00 a.m.
11:30 a.m.
Weekdays 6:30 p.m.
8:00 p.m.
Confession, Sat. 3-5 p.m.
& after 5:30 Eucharist.

ST. JOHN BAPTIST CHURCH
2548 S.E. Maury
Rev. Phil Tindrell
Church School 10:00 a.m.
Morning Worship 11:00 a.m.
Youth Fellowship 6:30 p.m.
Evening Worship 7:00 p.m.
Wednesday Prayer Service 7:00 p.m.
Pastor phone 266-5755

Churches and individuals are urged to send all contributions to: Dr. Martin Luther King, Jr., Center for Social Change, 617 Beckwith Street, S.W. Atlanta, Georgia, 30314.

Appoint Stokes Chairman of Task Force

Congressman Louis Stokes (D-Ohio) has been appointed chairman of the Community Resources and General Government Task Force of the House Budget Committee by Committee Chairman Brock Adams (D-Washington).

The chairmanship given to Congressman Stokes over a task force under the House Budget Committee is the equivalent of a subcommittee chairmanship under the House legislative and appropriations committees.

The appointment will give Congressman Stokes' Task Force budget oversight in the following important areas affecting the nation: commerce and transportation; community and regional development; law enforcement and justice; general government; revenue sharing and general purpose

EVANGELISTIC MISSIONARY C.O.G.I.C.
1340 E. 15th Street
Elder Eddie Davis, Pastor
Sunday School 10 A.M.
Sun Worship 1:30 AM and 8 PM
Y.P.W.W. 7 P.M.
Sunday Evening Worship 8 P.M.
Tuesday Prayer and Bible Study 8 P.M.
Thursday Consecration and Healing 8 P.M.

PILGRIM MISSIONARY BAPTIST CHURCH
1732 Walker Street
Rev. Wayland Heath, Pastor
Sunday School 9:45 a.m.
Morning Service 11:00 a.m.
Youth Meeting Weekly 7:30 p.m.
Prayer Meeting Wed. 7:30 p.m.

JACOB TEMPLE CHURCH OF GOD IN CHRIST
1501 Fourth St.
Elder A. C. Carroll, Pastor
Sunday School 9:30 a.m.
Sunday Worship 11:00 a.m.
Sunday Worship 8:00 p.m.
Evening Services
Tuesday and Friday 8:00 p.m.

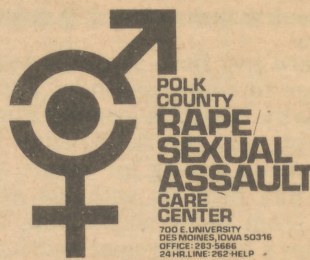
MORNINGSTAR BAPTIST CHURCH
1150 W. 13th
Rev. Alex Crawford, Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Sunday Broadcast 9:30 a.m. to 10:00 a.m.

MT. HEBRON BAPTIST CHURCH
131 - 9th St.
West Des Moines, Iowa
REV. JAMES HARRIS, Pastor
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Prayer Meeting Wed. 7:30 P.M.

MAPLE STREET BAPTIST CHURCH
E. 16th and Maple Street
Rev. Geo. Parish
Minister - 266-8910
Sunday School 9:45 a.m.
Sunday Morning Worship 11:00 a.m.
Morning Worship 11:00 a.m.
Bible Class 6:30 a.m.
Evening Service 7:30 p.m.
Prayer Service Wed. 8:00 p.m.

fiscal assistance; and interest on the public debt.

As a task force chairman, Congressman Stokes will exercise budgetary jurisdiction over more than \$80 billion dollars of the total federal budget.



The Rape Care Center exists to aid victims of rape and sexual assaults. Our counselors are familiar with and can be with you during hospital, police and court procedures. CONFIDENTIAL help is available 24 hours every day to assist victims and their families with personal problems or procedures resulting from rape or sexual assaults.

If you are raped or assaulted call 262-HELP and/or the police immediately; DO NOT bathe, douche or change clothes.

REPORT RAPE & MAKE THE COMMUNITY SAFE FOR OTHERS

24 HOUR LINE **262-HELP**
WANT ADS
GET RESULTS

CORINTHIAN BAPTIST CHURCH
9th and School Streets
Rev. F. W. Strickland
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
B.T.U. 6:00 p.m.
Evening Service 7:00 p.m.
Prayer Service Wed. 8:00 p.m.

ST. PAUL AME CHURCH
1201 Day Street
Rev. Henderson Davis
Church School 9:30 a.m.
Church Service 10:45 a.m.
Vespers Serv 6:30 p.m.-7:30 p.m.
Prayer Service, Wed. 7:30 p.m.
Youth Fellowships 5:30 p.m.

TRUE BIBLE BAPTIST CHURCH
1440 DeWolf Street
Rev. Ezell Wiggins, Pastor
266-8212
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Bible Class 6:00 p.m.
Evening Worship 7:00 p.m.
Prayer Meeting, Wed. 7:00 p.m.

Mt. Olive Baptist Church
S.E. 4th and Scott Streets
REV. H. R. FIELDS, Pastor
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Service 7:45 P.M.
Wednesday Prayer Service 7:30 P.M.
Choir Rehearsal Fridays 7:30 P.M.

BURNS UNITED METHODIST CHURCH
811 Crocker Street
Rev. R. C. Pfaltzgraff
Rev. Henry Bevel
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.

MISSION TEMPLE C.O.G.I.C.
1161 Enos
Elder James McNear, Pastor
Assistant Pastor Minister E. Bell
Sunday School 9:30 a.m.
Sunday Morning Service 11:00 a.m.
Y.P.W.W. 6:30 a.m.
Evening Services 8:00 p.m.
Tuesday and Thursday Nights 7:30 p.m.

MACEDONIA MISSIONARY BAPTIST CHURCH
930 31st St.
REV. AVANCE HARDEN
Home 279-5445
Church 255-4286
Sunday School 9:30 A.M.
Morning Worship 10:45 A.M.
B.T.U. 6:00 P.M.
Elsie Chancellor, Director
Evening Worship 7:00 P.M.
Prayer Services-Wed. 7:00 P.M.

Bethel A.M.E. Church
1528 East University Ave
REV. IVAN JOHNSON
Pastor
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Worship 7:30 P.M.
Wed. Mid-Week Service 7:30 P.M.

NEW BETHANY CHURCH OF GOD IN CHRIST
800 Des Moines St.
Pastor Andrew E. Johnson
Sunday School 10:00 a.m.
Morning Worship 11:30 a.m.
Sunday Youth Service 6:45 p.m.
Sunday Evening Service 8:00 p.m.
Mid-week Service Wed & Fri. 7:30 p.m.
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Licensed Embalmers

John M. Estes
Funeral Director

1216 Forest 244-5253

Urges Elected Officials To Make Government Serve People Better

WASHINGTON (NNPA) — Dr. Carlton B. Goodlett, president of the National Newspaper Publishers Association — the Black Press of America — called on the black elected officials last week to help form a broad leadership coalition which will work for the creation of a government more sensitive to the needs of the people.

He was addressing the Third National Institute for Black Elected officials which brought nearly 1,000 office holders here to discuss strategies for expanding black political power and for transforming that power into economic gains.

Goodlett, editor and publisher of the San Francisco Sun-Reporter and a practicing physician, emphasized the role the Black Press can play in helping to marshal black leaders in politics, religion, business, labor, education, and fraternal organizations for the forging of a black ideology out of which may develop many "meaningful black agendas."

But he pointed out that schisms and division among blacks frustrate united effort. He recalled that in 1972 when he was a delegate to the Democratic National Convention, delegates representing other organized groups were antagonistic to him and others from the Black Press.

Goodlett stated that representatives of the Black Press received similar treatment at the 1974 Mini-Democratic Convention in Kansas City where the Black Caucus Steering Committee opposed their presence in caucus meetings.

As a result of this unfavorable treatment, Goodlett said the organized Black Press will demand at the next Democratic National Convention that political office holders be limited to one-third of the number on any Black Caucus Steering Committee.

Further, Dr. Goodlett said that most black officials — elected and appointed — gain their posts with the help of the Black Press. Yet, he said, many of them forget that press as soon as they are in office.

The Black Church and the Black Press are the two most powerful instruments in Black America, Goodlett pointed out. Back in 1827, he said, when the first black

newspaper, Freedom's Journal was founded, "John B. Russwurm set this as his task: 'It shall ever be our duty to vindicate our brethren when oppressed, and to lay the cure before the public.'"

Goodlett, who also holds a Ph.D. in psychology from the University of California, added that "Democracy is a system of becoming. The Black Press," he continued, "must never allow the white majority to forget that there are inequities and injustices to be removed. And it must never permit the blacks, including the educated 10th, to forget that there is a nation of 25 million blacks to be saved from the ravages of racism."

KEOKUK

Mrs. Kenneth R. Douglas
Reporter

During morning worship services at Pilgrim Rest Baptist Church last Sunday, Rev. J. H. Mims filled his pulpit. The Scripture read was Matthew 2:1-6 and the subject was, "The Quest of the Wise Men."

The Sunday School program presented their Christmas program immediately following the morning service.

Entering KAH East the past week were Charles Wathas, Lee Bradley, Lilly Sprague and Ms. Beverly Allen. Released from this Unit last week was Tony Ward.

Pvt. Mary Beth Parsons who is stationed in Fort Carson, Colorado is spending Christmas with her parents, Mr. and Mrs. John Parsons.

Wins Badge

Troy Buckner, son of Mr. and Mrs. Junius Buckner, a student at Jefferson School, was a winner of a gold badge as a member of the safety patrol of the school.

Mr. and Mrs. Robert Taylor and daughter Katrina of Monmouth, Ill., are spending Christmas with Mr. and Mrs. Robert Williams.

Wanda and Lynn Williams, students at the University of Iowa in Iowa City, are also visiting their parents, Mr. and Mrs. Williams.

Ms. Bea Webster will enter the hospital in Iowa City next week where she will undergo surgery.

Mr. and Mrs. Rupert Conn expect their daughter and children, Mrs. Mary Louise Clay, Angela and Calvin Jr., and Ms. Pamela Conn of

Apprentice Plumber

Reginald Buckner is a third-year apprentice plumber and a member of the Plumbers and Steamfitters Local Union No. 33. He is presently employed by Rhiner Brothers Plumbing and Heating Company.

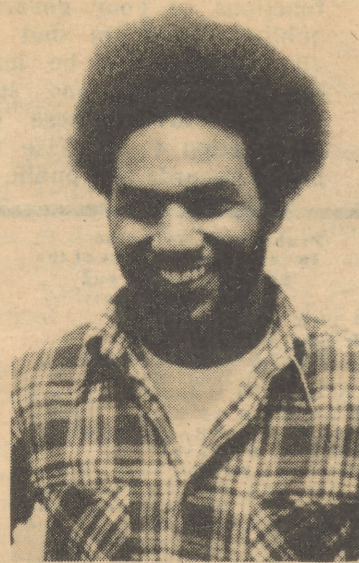
After graduating from Des Moines East High School, Buckner worked one year for the Proctor Plumbing and Heating Company as a helper before entering their apprenticeship program.

As a helper, he gained valuable experience and became acquainted with tools and materials that plumbers use in their trade.

As an apprentice plumber, Buckner works five days a week on the job and is also required to attend related training classes for eight hours on Saturday. The classes consist of theory, shop procedures, mechanical drawing, math and city and state codes.

Buckner has applied and

demonstrated the skills of his trade well in the past three years and is looking forward to becoming a



Reginald Buckner

journeyman. Buckner said he likes the trade and knows he can make a decent living as a plumber.

Rock Island, home for Christmas.

Obituary

Mrs. Opal Helm died, unexpectedly, Friday, Dec. 19. She was born April 6, 1903 in Keokuk, the daughter of J. William and Mary Katherine Saunders South. She was a lifelong Keokuk resident.

Mrs. Helm worked for many years as an elevator operator at the State Central Bank Building and later at the Hotel Iowa. She retired in 1965. She married Theodore Raleigh in 1923 in Keokuk. He preceded her in death, and she later married Roy Owens, who died in 1961. She married James Helm in 1968 and a year later he also died.

Mrs. Helm was a member of the Pilgrim Rest Baptist Church. She is survived by two sons, Gervias Raleigh of Keokuk and Walford Raleigh of Washington, D.C.; and by a sister, Mrs. Kenneth Myers of Keokuk.

The funeral will be held from Greaves Mortuary on Tuesday with Rev. John Mims officiating. Burial will

be in Oakland Cemetery.

Montie Clark, son of Mr. and Mrs. Lorenzo Clark, who makes his home in Dayton, Ohio, spent a few days in the city visiting relatives and friends. He has been transferred by TWA to St. Louis, Mo., where he will serve as manager of baggage, with 15 persons under his supervision.

Jimmy Bradley, son of Mr. and Mrs. W. H. Bradley, a student at Central State University, Wilberforce, Ohio is home for the holidays.

Kevin Oliver, a student at the University in Iowa City is spending the Holidays with his mother, Mrs. Henrietta Oliver.

Bill Makes SBA More Effective

WASHINGTON, D.C. — Sen. John Culver (D-Iowa) hailed as "a significant gain for agriculture" the Senate's passage of legislation to require the Small Business Administration to include farmers and small

agri-business firms in its small business assistance programs.

Culver, who co-sponsored the amendment, said that "this legislation is, in effect, a kind of equal rights amendment for farmers and smaller firms in the food industry in that it provides that the SBA will make available for these groups types of assistance that have long been available to other independent small business concerns."

"If we are to maintain competition and maintain a healthy economic climate in Iowa, we must offer this kind of assistance in the form of low interest loans to our smaller business enterprises."

"Certainly, farmers and small agri-business concerns have every right to be included."

Culver said that "agriculture is one of the few areas of our economy in which a significant proportion of the industry is still in the hands of independent operators."

According to Culver, the bill contains numerous provisions that will make the Small Business Administration a more effective agency.

"One of its provisions," Culver pointed out, "is to analyze the entire role of small business in the U.S. economy and social structure. A point of particular interest is an in-depth examination of the extent to which our present tax structure favors large corporations as opposed to its treatment of the small business community."

Use Christmas Seals

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START A CAREER WITH US!

If you are looking for a position as a secretary, stenographer, file clerk, keypunch operator, programmer, field claims representative, underwriter, or any other position come and visit with us.

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We'll be looking forward to visiting with you.

Iowa Farm Bureau
5400 University
West Des Moines, Iowa
225-5400, Ext. 5670

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PUBLIC NOTICES

ORIGINAL NOTICE

In the District Court
of the State of Iowa in and for
Polk County

Equity No. CE 4-2287

UNITED FEDERAL SAVINGS
AND LOAN ASSOCIATION OF
DES MOINES.

Plaintiff,

Vs.

ROBERT T. POWELL, REETA
L. POWELL, ANTOINETTE
AUBERT a/k/a
ANTOINETTE POWELL,
ROSENFELD USED CARS,
INC. n/k/a MIDWEST PLAN,
INC. and POLK COUNTY,
IOWA.

Defendants.

TO: Robert T. Powell, Reeta L.
Powell, Antoinette Aubert
a/k/a Antoinette Powell,
Rosenfeld Used Cars, Inc.,
n/k/a Midwest Plan, Inc. and
Polk County, Iowa.

You are hereby notified and
required to serve upon Grant,
Lozier & Sarcone, Plaintiff's
attorneys whose address is 902
Liberty Building, Des Moines,
Iowa 50309, an appearance,
motion or pleading to the
Petition which is now on file on
or before the 24th of January,
1976 and within a reasonable
time thereafter to file a
duplicate with the undersigned
Clerk of Court.

If you fail to do so, judgment
by default will be taken against
you for the relief demanded in
the Petition.

You are further notified that
the petition of the Plaintiff in the
above entitled cause of action is
now on file in the office of the
Clerk of the District Court of the
State of Iowa, in and for Polk
County, asking judgment
against the Defendants named
in the caption hereto, and
against the mortgaged property
hereinafter described, for:

(1) The sum of \$21,037.74 with
interest at 7% from October 1,
1975, being the amount due plus
interest upon the promissory
note in the principal sum of
\$20,450.00, dated August 13, 1973,
which note was made and
executed by the Defendants,
Robert T. Powell and Reeta L.
Powell payable to this Plaintiff,
which note this Plaintiff has
declared due and payable
forthwith because of the default
of the Defendants in failing to
make payment of monthly sums
of principal and interest due.
The said sum includes
delinquent interest and
advancements to and including
October 1, 1975, and represents
the total sum due after allowing
Defendants all just credits; also
asking for judgment for any
further or future advancements
Plaintiff may be required to
make for continuing abstract of
title or for any other purpose
authorized by the terms of said
note and mortgage and by Iowa
law.

(2) Also asking judgment for
costs including statutory
attorney fees.

(3) Also asking as against the
Defendants above named a
decree of foreclosure of the
mortgage made and given by
the Defendants, Robert T.
Powell and Reeta L. Powell,
which mortgage is dated August
13, 1973, recorded in Book 4390,
Page 689 of the office of the
Recorder of Polk County, Iowa
said mortgage being given to
secure the above mentioned note
and other sums claimed, which
mortgage covers the following
described real estate, to-wit:

The South 60 feet of Lot 17 in
DEVLIN PLACE ADDITION TO
DES MOINES, now included in
and forming a part of the City of
Des Moines, Iowa.

Plaintiff waives its rights to a
deficiency judgment and elects
to have the period of redemption
reduced to 60 days.

Plaintiff also asks for the
appointment of a receiver to
take charge of the mortgaged
premises and to collect the
rents, issues and profits arising
or which may be had therefrom
and to apply them as by Court
directed. No money judgment is
asked except against such
persons who executed said note
and mortgage.

For further particulars see the
petition now on file.

Dated this 17 day of
December, 1975.

Clark R. Rasmussen
Clerk of Polk County
District Court
Polk County Court House
Sixth and Mulberry Streets
Des Moines, Iowa 50309
By Janis M. Chase

Printed and published in the
New Iowa Bystander December
18 and 25, 1975 and January 1,
1976.

NOTICE OF APPOINTMENT
OF
ADMINISTRATOR AND
NOTICE TO
CREDITORS

YOUR RIGHT TO KNOW and be informed of the
functions of your government are embodied in
public notices. In that self-government charges
all citizen to to be informed, we urge every
citizen to read and study these notices. We
strongly advise those citizens seeking further
information to exercise their right to access to
public records and public meetings.

Probate No. P-15-4230
In the District Court of the
State of Iowa in and
For Polk County

IN THE MATTER
OF THE ESTATE OF
FRANK EDWARD LEHMAN
Deceased.

TO ALL PERSONS
INTERESTED IN THE
ESTATE OF FRANK EDWARD
LEHMAN Deceased:

You are hereby notified that
on the 2nd day of December,
1975, the undersigned was
appointed Administrator of said
estate. Notice is hereby given
that all persons indebted to said
estate are requested to make
immediate payment to the
undersigned, and creditors
having claims against said
estate shall file them with the
Clerk of the above named
District Court, as provided by
law, duly authenticated, for
allowance, and unless so filed
within six months from the
second publication of this notice
(unless otherwise allowed or
paid) such claims shall
thereafter be forever barred.

Dated this 2nd day of
December, 1975.

Ronald E. Lehman
Administrator of said Estate
1301 SW Wall
Des Moines, Iowa 50315

VIRGIL MOORE
2454 S.W. Ninth Street
Des Moines, Iowa 50315

Published in the New Iowa
Bystander December 11, and 18,
1975.

NOTICE OF SHERIFF'S SALE ON SPECIAL EXECUTION

District Court of
Polk County, Iowa
STATE OF IOWA, SS

Polk County
First National Bank
of Watertown
Versus

Raymond Lee Breeding, Bonnie
Jean Breeding and William D.
Baker

BY VIRTUE OF A SPECIAL
EXECUTION TO ME
DIRECTED, issued by the Clerk
of the District Court of Polk
County, Iowa, in favor of First
National Bank of Watertown,
and against, Raymond Lee
Breeding and Bonnie Jean
Breeding on a judgment
rendered by said court on the
5th day of November A.D. 1975,
wherein it was ordered,
adjudged and decreed that the
following described property be
sold to satisfy said judgment to-wit:

The West 70 feet of Lot 1 in
Sunnycrest Plat 6, an Official
Plat, now included in and
forming a part of the City of Des
Moines, Iowa.

NOW, THEREFORE, public
notice is hereby given that
unless the said defendants
appear at my office in Des
Moines, on or before the 23rd
day of January A.D. 1976, at ten
o'clock A.M. of said day, at
which time said above described
property is hereby advertised to
be sold, and pay off the amount
of said execution, with interest
and costs, I will sell said
property, or sufficient thereof to
satisfy said Execution, with
interest and costs, at public
outcry, to the highest bidder, at
the east front door of the Court
House, in Des Moines, Iowa, for
cash in hand to pay off said
Execution.

Dick J. Clemens
Sheriff of Polk County, Iowa
By Nadine Hall
Deputy

Published and printed by the
New Iowa Bystander at Des
Moines, Iowa on December 18
and 25, 1975.

NOTICE OF FORFEITURE
OF REAL ESTATE CONTRACT
TO: William A. Coleman and
Violet L. Coleman

You and each of you are
hereby notified:

(1) That the written contract
dated March 23, 1968, and
executed by American Home
Investment Company as
Vendors and William A.
Coleman and Violet L. Coleman,
husband and wife as Vendees for
the sale of the following
described real estate:

Lot 8 in North Washington
Place, an Official Replat, now
included in and forming a part
of the City of Des Moines, Iowa
has not been complied with, in
respect to the terms and
conditions of said contract in the

following specific particulars:
Failure to make monthly
installments each in the amount
of \$70.00 due the 25th day of
each month from April 25, 1969
through November 25, 1975 -
\$5,600.00.

Reasonable cost of service of
this notice - \$50.00.
Total \$5,650.00.

(2) That said contract will
stand forfeited and cancelled as
by its terms and provisions it
may be, unless the parties in
default shall perform the said
terms and conditions in default,
and in addition pay the
reasonable costs of serving this
notice on or before January 27,
1976.

AMERICAN HOME
INVESTMENT COMPANY

Vendors
By James V. Sarcone, Jr.
Their Attorney—
902 Liberty Building
Des Moines, Iowa 50309

Published and printed in the
New Iowa Bystander December
11, 18 and 25, 1975.

NOTICE OF FORFEITURE
OF REAL ESTATE CONTRACT
TO: Orville Edwards, Jr.,
Bobbie Ellis Edwards and Al
Hoksbergen

You and each of you are
hereby notified:

(1) That the written contract
dated July 26, 1968, and
executed by American Home
Investment Company, an Iowa
Corporation as Vendors and
Orville Edwards, Jr. and Bobbie
Ellis Edwards as Vendees for
the sale of the following
described real estate:

The East 39 feet of Lot 49 in
North Washington Place, now
included in and forming a part
of the City of Des Moines, Iowa
has not been complied with, in
respect to the terms and
conditions of said contract in the
following specific particulars:

Failure to make monthly
installments each in the amount
of \$80.00 due the first day of
each month from May 1, 1969
through December 1, 1975 -
\$5,440.00.

Reasonable cost of service of
this notice - \$50.00.
Total - \$5,490.00.

(2) That said contract will
stand forfeited and cancelled as
by its terms and provisions it
may be, unless the parties in
default shall perform the said
terms and conditions in default,
and in addition pay the
reasonable costs of serving this
notice on or before January 27,
1976.

American Home Investment
Company
Vendors

By James V. Sarcone, Jr.
Their Attorney
902 Liberty Bldg.,
Des Moines, Iowa

Published and printed in the
New Iowa Bystander December
11, 18 and 25, 1975.

NOTICE OF FORFEITURE
OF REAL ESTATE
CONTRACT

TO: Al Hoksbergen
You and each of you are
hereby notified:

(1) That the written contract
dated October 2, 1971, and
executed by American Home
Investment Company as
Vendors and Anco Investment
as Vendees for the sale of the
following described real estate:

The South 50 feet of Lot 5 in
Block 2 in Layman's Fourth
Addition to North Des Moines,
now included in and forming a
part of the City of Des Moines,
Iowa

has not been complied with, in
respect to the terms and
conditions of said contract in the
following specific particulars:

Failure to make monthly
installments each in the amount
of \$32.00 due the tenth day of
each month from May 10, 1972
through November 10, 1975 -
\$1,376.00

Reasonable cost of service of
this notice - \$50.00
Total \$1,426.00

(2) That said contract will
stand forfeited and cancelled as
by its terms and provisions it
may be, unless the parties in
default shall perform the said
terms and conditions in default,
and in addition pay the
reasonable costs of serving this
notice on or before January 27,
1976.

AMERICAN HOME
INVESTMENT COMPANY

Vendors
By James V. Sarcone, Jr.

902 Liberty Building
Des Moines, Iowa 50309
Printed and published in the
New Iowa Bystander December
11, 18 and 25, 1975.

NOTICE OF FORFEITURE OF REAL ESTATE CONTRACT

TO: Raymond R. Randolph and
Louise E. Randolph
You and each of you are
hereby notified:

(1) That the written contract
dated October 25, 1964, and
executed by Iowa Contracts,
Inc., now known as American
Home Investment Company as
Vendors and Raymond R.
Randolph and Louise E.
Randolph as Vendees for the
sale of the following described
real estate:

Lot Fourteen in Block 7 in
Town of Chesterfield, now
included in and forming a part
of the City of Des Moines, Iowa
has not been complied with, in
respect to the terms and
conditions of said contract in the
following specific particulars:

Failure to make monthly
installments each in the amount
of \$55.00 due the 25th of each
month from November 25, 1965
through November 25, 1975 -
\$6,600.00

Reasonable cost of service of
this notice - \$50.00
Total \$6,650.00

(2) That said contract will
stand forfeited and cancelled as
by its terms and provisions it
may be, unless the parties in
default shall perform the said
terms and conditions in default,
and in addition pay the
reasonable costs of serving this
notice on or before January 27,
1976.

AMERICAN HOME
INVESTMENT COMPANY

Vendors
By James V. Sarcone, Jr.
Their Attorney—
902 Liberty Building
Des Moines, Iowa 50309

Printed and published in the
New Iowa Bystander December
11, 18, and 25, 1975.

NOTICE OF FORFEITURE OF REAL ESTATE CONTRACT

TO: Vern W. Smith, Betty J.
Smith and Al Hoksbergen.

You and each of you are
hereby notified:

(1) That the written contract
dated February 25, 1965, and
executed by Iowa Equities
Corporation, an Iowa
corporation, now known as
American Home Investment
Company as Vendors and Vern
W. Smith and Betty J. Smith as
Vendees for the sale of the
following described real estate:

Lot 4 in Block 15 in Official
Plat of SW 1/4 of NE 1/4 of Section
34-79-24, West 5th P.M., now
included in and forming a part
of the City of Des Moines, Iowa
has not been complied with, in
respect to the terms and
conditions of said contract in the
following specific particulars:

Failure to make monthly
installments each in the amount
of \$75.00 due the first day of
each month from February 1,
1966 through December 1, 1975
- \$8,925.00

Reasonable cost of service of
this notice - \$50.00
Total \$8,975.00

(2) That said contract will
stand forfeited and cancelled as
by its terms and provisions it
may be, unless the parties in
default shall perform the said
terms and conditions in default,
and in addition pay the
reasonable costs of serving this
notice on or before January 27,
1976.

AMERICAN HOME
INVESTMENT COMPANY
(or Successors in Interest)

By James V. Sarcone, Jr.
Their Attorney—
902 Liberty Building
Des Moines, Iowa 50309

Printed and published in the
New Iowa Bystander December
11, 18, and 25, 1975.

ORIGINAL NOTICE

In the District Court
of the State of Iowa in and for
Polk County
Equity No. CE4-2243

NORTHLAND MORTGAGE
COMPANY.

Plaintiff,

Vs.

ROY WATLEY, RUTH ANN
WATLEY, DAVID C.
FEINBERG, BARBARA J.
FEINBERG, HOUSEHOLD
FINANCE CORPORATION,
JACK S. ZOHN, IOWA
REFINANCE COMPANY, THE
CITY OF DES MOINES, STATE
OF IOWA, CONTINENTAL
WESTERN ACCEPTANCE
CORP., POLK COUNTY, IOWA.

Defendants

TO THE ABOVE-NAMED
DEFENDANTS:

You are hereby notified and
required to serve upon Wasker,
Sullivan, Wheatcraft & Ward,
Plaintiff's attorneys, whose

address is 2100 Financial Center,
Des Moines, Iowa 50309, an
appearance, motion or pleading
to the Petition which is now on
file on or before the 16th day of
January, 1976 and within a
reasonable time thereafter to
file a duplicate with the
undersigned Clerk of Court.

If you fail to do so, judgment
by default will be taken against
you for the relief demanded in
the Petition.

You are further notified that
the Petition of the Plaintiff in the
above-entitled action is now
on file in the Office of the Clerk
of the District Court of Iowa in
and for Polk County, Iowa,
claiming personal judgment
against David C. Feinberg,
Barbara J. Feinberg, Roy
Watley and Ruth Ann Watley,
and judgment in rem against the
property hereinafter described
in the sum of \$21,107.43, with
interest at the rate of 8 1/2 %
percent, from and after March
1, 1975, on the promissory note
of July 15, 1970, executed and
delivered to the Plaintiff, who is
the absolute owner thereof, and
said note and mortgage given to
secure said note are due and
payable by reason of the failure
of the Defendants to pay the
installments of principal and
interest when due. The Petition
further asks for foreclosure of
said mortgage of even date and
the note of July 15, 1970 on the
following described real estate,
to-wit:

Lots 35 and 36 in Block "E" in
Chautauqua Park, now included
in and forming a part of the City
of Des Moines, Iowa.

and also asking that said
mortgage be declared a prior
and paramount lien to that of
each and all Defendants and
further praying for the
appointment of a receiver, and
for the amount paid by the
Plaintiff for legal attorney fees,
abstract expenses and all
accruing costs of this action,
and for such other relief as may
be just and equitable in the
premises.

You are further notified that
the mortgage herein provides
that in the event of foreclosure
and sale of the property by
Sheriff's sale, the time of one
year redemption shall be
reduced to six months provided
that the mortgagee waives any
right to take a deficiency
judgment. Plaintiff reserves the
right to waive all rights to a
deficiency judgment prior to
Sheriff's sale.

You are further notified that
the mortgage herein provides
that in the event the Court finds
in the Decree that the
title-holders who are personally
liable on the mortgage have
abandoned the premises and the
mortgagee has waived any right
to a deficiency judgment, the
redemption period shall be
reduced from one year to sixty
(60) days.

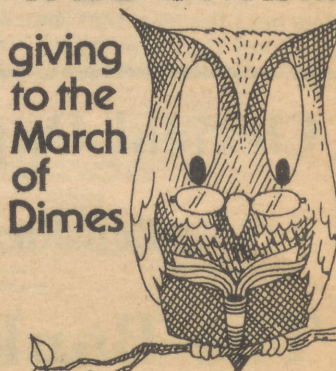
The foreclosure Petition of the
Plaintiff prays for a writ of
possession in the event that any
part of the mortgaged premises
be sold under foreclosure decree
and not redeemed from Sheriff's
sale as provided by law without
any other additional
proceedings.

CLARK R. RASMUSSEN
CLERK OF
POLK COUNTY
DISTRICT COURT
By Paula Greco
Deputy Clerk
Polk County Courthouse
5th and Mulberry
Des Moines, Iowa 50309

Printed and published in the
New Iowa Bystander December
11, 18 and 25, 1975.

WISDOM is...

giving
to the
March
of
Dimes



Birth defects
are forever.
Unless you help.

THIS SPACE CONTRIBUTED BY THE PUBLISHER

Advertising Doesn't
Cost It Pays

**NOTICE OF FORFEITURE
OF REAL ESTATE CONTRACT**
TO: Ray Quinn and Norma B. Quinn

You and each of you are hereby notified:

(1) That the written contract dated March 25, 1966, and executed by American Home Investment Company, an Iowa Corporation, f/k/a Iowa Contracts, Inc., an Iowa Corporation as Vendors and Ray Quinn and Norma B. Quinn, husband and wife as Vendees for the sale of the following described real estate:

Lot 15 in Block 30 in Prospect Park, now included in and forming a part of the City of Des Moines, Iowa.

has not been complied with, in respect to the terms and conditions of said contract in the following specific particulars:

Failure to make monthly installments each in the amount of \$66.00 due the 25th of each

month from September, 1966 through November, 1975. \$7,326.00.

Reasonable cost of service of this notice, \$50.00.
Total - \$7,376.00.

(2) That said contract will stand forfeited and canceled as by its terms and provisions it may be, unless the parties in default shall perform the said terms and conditions in default, and in addition pay the reasonable costs of serving this notice on or before January 27, 1976.

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Published and printed in the New Iowa Bystander December 11, 18 and 25, 1975.

to avert the "abrupt menopause" that the reduced hormone levels can cause, doctors may prescribe estrogen replacement therapy.

Elects Vice Presidents

B.C. Grangaard, chairman of the board and chief executive officer of Central National Bank and Trust Company, announced that the board of directors at its meeting Tuesday, December 16, elected James C. King and Larry L. Retherford as vice presidents.

King entered the bank management training program in August of 1967 and has been involved in the investment area of the Trust Department since completion of the program. He was elected senior trust investment officer in January, 1974.

King was active in the Army National Guard and was discharged as a second lieutenant in 1969. He is a member of the Greater Des Moines Chamber of Commerce, the American Institute of Banking, and served as president of the Des Moines Society of Financial Analysts. King is married and has three children.

Retherford became associated with Central National Bank and Trust Company in 1963 after spending nine years with the Lineville State Bank, Lineville, Iowa. He has served as supervisor in the Proof and Transit areas and was elected assistant cashier in 1965. In 1970, he assumed his present position as operations officer in charge of the bank operations.

Happiness Through Health

by
Otto McClarrin



To Avoid Colds, Listen To Grandma—And The Doctor

Sometimes it turns out that grandmother's medical advice is right whether she knew why or not. Take the old maxim, "Bundle up and wear your rubbers," to keep from catching cold. Medical experts will tell you now to avoid chilling and wet feet—not that these actually will cause colds but the practice will keep cold germs from getting a good foothold.

Since there are no scientific preventives and cures for the common cold, the best advice for a cold is not to catch one in the first place. Cold shots still are only effective against a small percentage of the many respiratory diseases lumped under the heading of colds. A multi-purpose cold vaccine is probably years in the future. And the wonder drug to cure a cold hasn't been found.

Best Preventives

So we go back to the best preventives the communicable disease specialists with HEW can give. Basically it boils down to (1) keep your body resistance up and (2) keep away from cold germs.

And some of the ways to do these may sound as homey as Grandma, but they're the best advice scientists have come up to date. In addition to the advice about dry feet and warm clothing: (1) Stay away from those with colds; avoid crowds during cold epidemics. (2) Avoid towels and dishes of those with colds. (3) Wash your hands often, always before eating.

(4) Eat well-balanced meals, with emphasis on fruits and vegetables. Some experts feel that large doses of Vitamin C will help prevent colds although there is no positive proof. (5) Get plenty of rest and sleep. Fatigue lowers resistance. (6) Take a normal amount of exercise to keep blood moving freely and get fresh air.

Cold pills? They won't do a thing to keep the cold from coming. And if you have a cold, they won't cure it. The best they can do is relieve the runny nose, watering eyes and nasal congestion while the cold runs its course. The same is true of nose drops and gargles. The best and safest medicine for a cold is aspirin.

What else can you do if you have a cold? Don't proudly brag about being able to "keep going." It is no kindness to your associates nor to yourself, for there can be serious complications following a cold. Go to bed if possible.

Forget another of grandmother's old maxims: "Feed a cold and starve a fever." You should eat lightly with emphasis on liquids, especially fruit juices and soups. Digestion of heavy food taxes the body's energies. A few other tips: when you blow your nose, blow gently to prevent forcing infection into sinuses and ears; use paper tissues and discard them in a paper bag so they won't be handled again; don't use medication left over from a previous illness or drugs prescribed for friends.

If you are plagued with many colds, there is the possibility that you suffer instead from allergies. Consultation with a doctor is a good idea if you suspect an allergy.

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Applications are now being accepted for a maintenance worker with a third-class operating engineers license. Polk County provides excellent salary, paid health insurance, vacations, holidays and sick leave. Qualified applicants should contact Karen Stoll, 284-6433 for an interview.

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religious, civic, and charitable organizations about volunteer programs.

At the same time, consider taking up a hobby or craft that you may have been too busy to pursue before. Many women in your shoes find an interest in gardening, sewing, quilting or ceramics. Some even start small, part-time businesses.

Lastly and perhaps most importantly, remember this time of life is a period of readjustment and rediscovery in your relationship with your husband. Together with him, begin to plan those activities you put off when the children needed so much of your attention. While helping others will fill an emotional need, and a hobby a creative one, you are first and foremost a woman and wife, despite the "empty nest."

Hysterectomy and Sex

Dear Margaret Brookfield:

I will be undergoing a hysterectomy soon. My doctor told me I will be given medication to avert an "abrupt menopause." I was too ashamed to ask too many questions, but is it really true that the operation will not mean the end of my sex life?

H.M.

Dear H.M.:

A hysterectomy will not end your sex life. The operation does end a woman's child-bearing ability because the womb is removed. However, when the ovaries — which produce most of a woman's estrogen — are also removed, what physicians call a "surgical menopause" may result. To compensate for this loss and

The Second Forty

(A forum about
mature women)

by Margaret Brookfield

Have you a problem as a mature woman, or with one? For advice write Margaret Brookfield, Information Center on the Mature Woman, 515 Madison Avenue New York, N.Y. 10022.

Empty Nest?

Dear Margaret Brookfield:

I am 58, the mother of three married sons, all of whom live in another state. It's almost six months since my youngest moved, and I have too much time on my hands. Even though I realize a job might help, I'm afraid to seek employment because I have been away from the labor market so long. I've also ruled out continuing education, for reasons I won't elaborate. What can you suggest for a woman with my problem?

J.D.

Dear J.D.:

Plenty. You've devoted your life to your family, and there's no reason why this dedication can't be channeled to help others in your community. Contact

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ENTERTAINMENT WORLD



NAMED TO UA POST—Barbara Jefferson has been appointed to the post of national promotion coordinator for United Artists Records. A veteran of five years at UA, Ms. Jefferson possesses an extensive background in sales and promotion. She will be headquartered in Los Angeles.

ABC Presents Week Of Late-night Programs

A "New Year's Rockin' Eve '76," greeting the new year with an all-star cast of musical performers; "An Evening of Solid Gold," reviewing the hits that sold over a million records in a concert starring rock 'n' roll stars of a well-remembered era; a two-part presentation of a special TV adaptation of the classic horror story, "Frankenstein," and the double-feature detective drama, "Mannix & Longstreet," will be presented as the late-night programs on the ABC Television Network in the week of Dec. 29 - Jan. 2.

ABC Sports' presentation of the post-season college football classic, the Gator Bowl, in which Florida and Maryland will clash, preempts regular programming on Monday, Dec. 29.

A television version of the Gothic horror classic, "Frankenstein," will be rebroadcast as a special two-part "Wide World: Mystery," Tuesday, Dec. 30. Robert Foxworth stars as Dr. Victor Frankenstein, Susan Strasberg as his fiancée, Elizabeth, and Bo Svenson as the monster in the retelling of Mary Shelley's famed novel.

Part I will be aired from 11:30 p.m. - 1 a.m., EST, to be followed immediately by Part II at 1 - 2:30 a.m. The drama originally aired on ABC's late-night schedule on Jan. 16 and 17, 1973.

"New Year's Rockin' Eve '76" will star Neil Sedaka as performing host in a "Wide World: Special" welcoming the new year, Wednesday, Dec. 31 (11:30 p.m. - 1 a.m., EST). The musical celebration, at Hollywood's famous Cocoanut Grove

nightclub, also stars Average White Band, Freddy Fender, KC & the Sunshine Band and Melissa Manchester.

Dick Clark will appear in a live segment to give views the countdown to midnight at New York's Times Square.

Sheree North guest stars as a woman on the run from her husband in the "Mannix" episode, "Comes Up Rose," and Murray Hamilton and Pippa Scott are the guest stars in "There Was a Crooked Man," a story of an extortionist who kidnaps a race horse, in the "Longstreet" episode - both

Spinners Set Up Scholarship Fund

Atlantic recording superstars, the Spinners—Billy Henderson, Bobby Smith, Pervis Jackson, Henry Fambrough and Phillippe Wynne announced that each year they will send at least one underprivileged youngster through four years of college.

To this end they have formed the Spinners' Scholarship Fund, a scholarship foundation to which they are committed to raise funds to underwrite all education costs.

Leading educators from a major American university will serve on the selection committee along with established theatrical, political and sports personalities.

Buddy Allen, the Spinners' personal manager, who will oversee the foundation stated, "The Spinners have long been known to devote their time and talents to worthy causes, however, they feel there is even more of a contribution they can make to the community as a way of saying thank you and repay the public for their

successes.

"Their personal decision to do enough benefits and concerts to secure the best possible college education for these youngsters expresses best their hope that one day one of these students will develop something that will help humanity and perhaps even find a cure for a presently incurable disease."

YMCA Announces Winter Schedule

The Urban Area YMCA has announced the Winter Youth Schedule to begin the week of January 5.

Schedule includes self-defense classes in Judo

and Karate (boys and girls 8-18); wrestling team (boys 8-18); Saturday Super Sports (gym, swim and club events for boys 8-12).

Gymnastics (boys and girls 6-15); six and seven-year-old swim instruction (boys and girls); Tiny Tot swim and gym classes (boys and girls 3-5).

The programs will be held at the Des Moines Central YMCA building, 101 Locust, with some transportation available via YMCA vans.

For more information call the Urban Area YMCA, 288-0131, ext. 222.

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