

Iowa Bystander

Iowa's Only Black Weekly Newspaper — Serving Iowans Since 1894

Des Moines, Iowa

Thursday, October 12, 1978

Vol. 85 No. 21

Des Moines Public Library
100 Locust
Des Moines, Ia. 50309

Spotlight

Stevie Fields: Young, Gifted & Talented

by Niambi D. Webster
Stevie Fields, 13, an eighth grade student attending Brody Junior High School has been an inspiration to several young and old people in Des Moines.

Fields recently played the part of Gabriel, a slave who wanted to be free, go to church and yearned to see his parents, in the musical "Shenendoah" presented by the Des Moines Community Playhouse.

Someone recommended him for the part of Gabriel and Fields, who is very musically and dramatically gifted, was delighted to do it.

"I enjoyed the part of a slave," said Fields who sung

"Summertime" when he auditioned for the part. "But," continues Fields, "I didn't like saying some of the words, such as 'nigger', however, I was portraying a slave boy, I had to remember the time the play was written, who wrote it and the fact that I am an actor first."

Fields didn't complain about the misuse of grammar and terminology because he sees himself as a very positive person. The play itself characterized the mixed feelings between the north and south on the question of slavery.

Fields feels that hopefully the next play he's in will have a part that will enhance his talents and skills. He

enjoys singing gospels, also he would like a part that would portray a ghetto kid or underprivileged child, because it would express a part of his experience as a child reared in the Model Cities area, which Fields relates to as a step removed from ghetto life.

Active in both civic and educational endeavors, Fields is known in Des Moines black community for his beautiful singing of the Black Anthem.

He attends Maple St. Baptist Church where he sings in the Young Adult Choir and directs the Men's Chorus. Fields was a past member of the Maple Leaf Choir, organized and

supervised by Mrs. Alberta Hunter, explains Fields, served as an inspiration to him as did his mother and several other individuals.

Mrs. Margaret Fields, Stevie's mother remarks, "I've never had to discipline Stevie severely, he is very respectful of my authority and decisions. Being a single parent hasn't been easy, financially, but Stevie's personality and behavior has made my experiences as a mother very rewarding. I've been working with children the past ten years at Tiny Tot Day

Spotlight
Continued page 18



Stevie Fields

Starbound Presents...!

by K. G. McElroy
Starbound, a group of Black students primarily from Tech High, would like to invite the community to join them for a fashion show. The proceeds will be used for Homecoming activities.

The Place: Tech High Auditorium (1800 Grand)

The Date: Tuesday, October 24, 1978

The Time: 7:30 to 9:00 p.m.

Donation
Fashions will be featured from the following Des Moines

merchants: Merle Hay Mall's Paul Harris, Casual Corner, Jean Nicole and Silverman's Men's Wear Inc.; Stearn's downtown; Corwins Formal Wear, 19th and Cottage Grove; and Brooks at Southridge Mall.

The group has been in existence three years and features a dance group, Stardust, with a variety of accomplishments under their belts including, a 30-minute broadcast on cable TV, entertaining in the summer sidewalk performances downtown, and performing in a night club in neighboring Omaha. It promises to be an entertaining evening. Further information on the event or the group, can be obtained by calling 244-1237.

NAACP Conference October 27-28

The state officers of the NAACP and the Ottumwa Branch of the planning committee recently met to finalize their plans for the Iowa-Nebraska State Conference of Branches which will convene in

Ottumwa on Friday Oct. 27 and Saturday Oct. 28 at the First United Methodist Church, 202 E. 4th St.

Attorney Robert A. Wright, President of the State Conference of Branches moderated the

meeting and expressed appreciation for the Ottumwa Branch invitation to host the '78 conference.

The State Conference Annual Meeting will begin on Oct. 27 with registration at 2 p.m. followed by an organizational meeting at 4 p.m. and climaxing with the Freedom Fund Banquet at 6 p.m.

Mrs. Marjorie Manley, general chairperson of the Ottumwa Freedom Fund Banquet has coordinated the activities of the various committees along with Mrs. Margurette Robinson, program chairperson, in preparing for an evening of eloquent dining and entertainment.

Mr. Malvin Goode considered by many to be the "Dean" of black

professional journalists will be the quest speaker.

Send your reservation today for the Ottumwa Freedom Fund Banquet Dinner at \$10 per ticket, to Mrs. Tom Page, 805 E. Pennsylvania Ave., Ottumwa, Ia. 52501.

All reservations must be received by Oct. 24. Tickets will not be sold at the door.

Langston Hughes COP

Try-outs for the next production, "A Day of Absence", by Douglas Turner Ward, will be held Monday, October 16, 1978, 7:00 p.m. - Tiny Tots Auditorium.

Eight male and six female parts will be cast, in addition to a few

walk ons. Ann Downey will direct the one act satirical comedy.

Questions? Call 243-2525 after 5:00 p.m.

Fall Leaf Disposal

Des Moines residents who choose to use the City's solid waste pickup system to dispose of their leaves and yard debris can increase the number of containers they use from twelve (12) to eighteen (18) during the four week period from October 15 through November 10.

On street pickup, fourteen (14) of the containers must be placed at the curb. For

alley pickup, all eighteen (18) must be placed adjacent to the alley. Containers must meet the regulations set in the solid waste ordinance and may not be heavier than 65 pounds. No bulk household items such as furniture and large appliances will be picked up.

For more information call the City's Public Works Department at 283-4276.

Little Miss Black Des Moines Pageant

Girls between the ages of eight and twelve still have time to sign up for the Annual Little Miss Black Des Moines

Pageant. Registration forms are available at the Mid-City Library, deadline has been

extended to Monday, October 16, 1978, at 5:00 p.m. There is a \$5.00 registration fee for each registrant, due the first night of rehearsals Oct.

16, 1978, 6:00 p.m. Tiny Tot Day Care Center. The pageant date has

been postponed to Sunday, November 12, 1978, 4:00 p.m. held at Tiny Tot Auditorium. A first, second and third place trophy will be presented, including a

black and white portable TV to first place winner,

and the contestants will select a Miss Congeniality winner.

The pageant is being sponsored by God's Army of Youth and The Young Sisters' in Action. For further questions please call Mrs. Nellie Gater, 282-7896.

The Iowa Bystander will not return pictures through the mail. Contributors are encouraged to pick up the pictures at the Bystander office as soon after publication as possible.

Notice To All Writers and Contributors
The deadline for all news for the Bystander is Wednesday at noon. All news must be received by then for Thursday's newspaper.

THE EDITORIAL PAGE

IEWS and REVIEWS

by Allen Ashby

I listened to Rhodesia's prime minister, Ian Smith on CBS Face The Nation last Sunday. He blamed the United States for his predicament the country is in. Claims if America had backed his white regime, there would be no possible war with rebellious factions because they would go away. The man came here largely because it is the policy of this country to let every man speak his peace.

Witness Philadelphia's Frank Rizzo and people like him. And he will find plenty of support for his ideas. There is a large element of racists in this country who will never forgive Congress for passing the Civil rights and voting bill. A fellow could get out among them and play on the things they don't like and drum up quite a bit of support for his cause, whatever that cause might be as long as it

concerned blacks and whites.

I can't help but feel that the black man who came with Smith is one of those fellows who doesn't want to see waves made, and will accept any compromise in order to keep peace. I have said before that a common stunt for people to pull when they want to get the support of the black people who have been against them is to get some black who is doing well and use him as Smith is using the moderate blacks.

The man said he had changed his mind about maintaining his racist policy. Wouldn't you if you knew that soon you would be fighting for your life?

Now, this policy of divide and conquer doesn't confine itself entirely to blacks leaders of countries who have rebels they can't very well wipe out try to get some of the moderates on their side. Sometimes it works. Sometimes it doesn't.

But Mr. Smith will have a great time expounding his views before the American conservatives and right wingers. And they will yell that the President ought to support him because he is white. People forget that when Rhodesia was supposed to be boycotted, U.S. and England were shipping supplies without which the country would have collapsed, through the back door because there was too much profit.

Now they yell because Russia and Cuba want to help the rebels when they have been helping Smith and his gang all along and saying "Shame!" He argues that unless we help his side, the rebels will

gain strength from Russia and Cuba. Of course they will. In a war of this kind, one takes help wherever it can be found. Don't know how much the Prime Minister will be able to do during his stay, but you have to say that he is leaving no stone unturned. The mark of a desperate man.

More on the Griffith flap. It came out that when Cal Griffith wanted to move his baseball club to Minneapolis, he argued with the American League club owners who had to approve his move that Washington was too black and that blacks never went to baseball games and that was a long time ago. Now Mr. Griffith must have seen Wrigley Field filled to capacity with black fans when the Brooklyn Dodgers came to town, and they behaved like people at a baseball game behaved before people threw bottles and stuff on the field.

Bill Veeck tried to use black players at St. Louis, and drew crowds out to see them play, but the rest of the league wasn't ready for the switch. Cal could have backed Veeck up and put in a black player or two of his own and would probably have had to build a bigger ball park to accommodate the black fans, especially if the black players were any good.

That story about his speech in Washington would have gone unnoticed except for the fact that a reporter hid in a ventilator and took down the statement word for word and got it printed.

It caused a lot of fuss then, but I guess people forgot it over the years. Maybe they will forget this, but some of us won't.



Thoughts and Comments

By James B. Morris III

Rhodesia

Ian Smith, prime minister of Rhodesia, and Rev. Ndabaningi Sithole, a black cohort of his new multi-racial government, are currently visiting the United States, ostensibly to try to gain American support of his plan for the gradual imposition of majority rule in his country. His proposal settlement, involving internal 'free' elections, has been supported by three Rhodesian black leaders. Sithole, the Bishop Abel Muzorewa and Chief Jeremiah Chirau, but has drawn criticism and condemnation from most others.

Smith thinks that the United States should support his program because its guerilla opponents, including the Patriotic Front leaders Joshua Nkomo and Robert Mugabe, are little more than 'Marxist terrorists'. He points approvingly to the Rhodesian black leaders who have supported his proposed solution, as if to show a questioning world that it has

sufficient internal black support. He seems to linger on the capitalistic political and moral arguments favoring his proposed solution of the problems, while labeling opposing viewpoints as immoral, unreasonable, or leftist without really facing the issues which they raise. Is such a solution reasonable under the circumstances and what are the most reasonable alternatives?

In my opinion, Smith and his somewhat conservative black supporters plans for a gradual internal settlement of the problems is not totally unreasonable. It would have the advantages inherent in its nature: it would, at least theoretically, settle (by popular vote) the great internal and external argument as to which black leaders should rule, avoid the economic, political and social instability and resentment which an essentially foreign settlement and transition to majority rule would necessarily involve, and limit the chances for major power intervention in southern Africa like that which most recently occurred in Angola.

It would have the potential for saving the lives of Rhodesian whites and their black supporters who eventually might have to resettle elsewhere anyhow, and could, if freely and openly carried on, serve as an example to other colonial nations of this and other continents who face the possibilities of internal dissension when such transition of power becomes necessary. It would be Rhodesians, in effect, solving their own problems a concept which the U.S. has recently chosen to adopt in dealing with countries

like South Korea, the Chinese regime on Taiwan and the whole of Southeast Asia in the wake of the Vietnam conflict. But is this solution reasonable?

The history of Rhodesia in the decades since the end of the Second World War has been one of continuous internal division and conflict. The blacks of Rhodesia, which constitute roughly 95% of the country's population, have been unable to agree on who or what factions should have the right to speak for them and tend to fight as much with each other as with the white government. Smith has pointed to the three black leaders (among many) who have chosen to support his scheme for gradual internal settlement, but seems unable to grasp the simple fact that they have not yet shown the ability to rally any significant numbers of the black population behind them while the leaders of the opposition guerilla have.

Smith and his supporters, in their arguments, have ignored not only the complexity of relationships between the various tribal groups and leaders upon whom his proposition would depend for support (including the guerilla groups based in Mozambique and Zambia) but also the popular success which the guerilla have had with a major portion of the black population which might make it difficult if not impossible to hold elections in some parts of the country.

The problems in Rhodesia are not simply those of one ideology in conflict with another (the capitalist good-guys against the evil Marxist terrorists) but a

Kalonji Saadiq

Speakin' Out



Kalonji Lumumba Saadiq:

Wife Beater? Or True Confessions

Of A Public Non-Official

First of all I would like to comment to those that think my column is too personal and not issue oriented enough. Please forgive me for going on this personal trip tangent, but I have been undergoing some "deep" personal changes.

My articles have always had and always will have a personal touch because I find it difficult to write about something that does not affect me. However next week the articles will become more issue oriented because the darkness in the "wilderness of the mind of man" is finally becoming illuminated.

I am also running for the Model Cities Board and had better begin to speak in terms of issues instead of personal trials and tribulations. If I ever get too

personal or you have some other criticism please feel free to write and bawl me out.

I had originally intended this to be a response to Mr. Ed Sheppard's comments where he stated "After all, if someone were to charge that Mr. Saadiq is a wife beater, I would assume that Mr. Morris would check this out before editorially branding Mr. Saadiq as such," but the issue is much larger than that.

Mr. Sheppard touched a very sensitive nerve, since I am to some degree guilty of wife abuse. I began to think to myself, "well here it is your first scandal." What would I do if I were a public official?

Would I hide behind my right to keep my private life private or would I confront the issue head on?

I have always felt that a public official or a public non-official like myself has very little right to a private life. I feel that people who are in the public's eye should not do anything they are afraid of anyone finding out about.

That's one of the reasons my articles are so personal. I do so much that is easily misunderstood that I feel obligated to explain my actions. I have pledged to myself to be open so that I will not have to worry about skeletons being pulled out of my

Got A

Problem?

Call 244-8646

The Information and Referral Service will help you locate the agency which can help you with your problem. Open 24 hours.

the new Vol. 85 No. 21

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Credo of the Black Press

serving
Iowans

"Iowa's Only Black Newspaper"

since
1894

Allen Ashby Editor

Niambi Webster Associate Editor

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Black Press of America



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NATIONAL NEWSPAPER

Association - Founded 1885

The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords every man regardless of race, color or creed, his human and legal rights.

Hating no man, fearing no man, the Black Press strives to help every man in the firm belief that all are hurt as long as anyone is held back.

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The New Iowa Bystander assumes no responsibility for articles including pictures, or any articles left with the newspaper. Such articles should be called for immediately after the publication date.

the social page

Soul...

Food and Thought

Aldeen Davis



There is a tendency to think of Africa as a dark continent of Mau Mau like natives, witch doctors complete with feathers and paint, along with villagers gyrating wildly to the beat of the drums. This IS Africa, but not TOTAL Africa. There is an Africa with unsurpassed civilization such as found in Timbuktu which by the 15th century had developed into an educational and commercial metropolis of West Africa.

Space does not allow full recount of Africa and her leaders. Leaders such as Alfonso 1st 1506-1540, the first black ruler to resist the slave trade, he encouraged Christianity, and established one of the most modern school systems in Africa. There were

many like Alfonso --- Shaka --- King of the Zulus a military man, Menelsk II, King of Abyssinia, and descendant of King Solomon, Taharqa, King of Nubia, who before Christ, ruled for 25 years the largest empire in ancient Africa — 1500 miles south from the Mediterranean Sea, including Egypt and all of Sudan. Hannibal of Carthage another early ruler (247-183 B.C.) and his overpowering armies, is the hero of many war scholars because of his audacious moves — such as marching his army with elephants thru the Alps. His tactical genius is still recognized some 2,000 years later in that his maneuvers were studied and used by World War II generals.

England and many other European countries had slaves and enjoyed a lucrative trade in slaves many years before America. While slavery was demeaning, it never totally killed the mind or the spirit, it merely shackled and hobbled it. Many descendants of kings and queens found themselves in holds of miserable ships as miserable cargo — a victim of circumstance — victimized by greed and ego.

It took some time before these artisans emerged and developed in the new country, but when he did it was a blow to the white man and his supremacy, so

laws were rewritten to prevent the black man from getting patents on his many inventions. Credit was not given to whom credit was due, but who was in a better position to invent something to make work easier, safer, and simpler than the one who was working — the slave. One of the most controversial inventions of this period was Eli Whitney's cotton gin. Many claims that it was the invention of a field slave — a slave with brains but no rights.

But thru the kindness and understanding of some masters and abolitionists many blacks were given credit for their contributions.

Men such as: Henry Blair who in 1834 invented a corn harvester, Jan Matzeliger, the machine for attaching soles to shoes (lathe), Garrett Morgan, the inhaler for resuscitation and the automatic traffic stop sign, Andrew Beard, the automatic coupler for freight cars, Fredrick Jones, the refrigerated long-haul trucks and so the list goes, but a Norbert Rillieux who one might say, was the original "sugar Daddy" for it was he who, in 1842, invented a method to enclose condensation coils in a vacuum chamber, thus enabling sugar manufacturers to produce a much better quality and refined sugar as we know it today.

PRALINES

3 C. sugar, 1 C. light cream, dash salt, pinch baking soda, 1 C. brown sugar, 1 T. butter, 1 t. vanilla, 3 C. pecan halves. Mix sugar, cream, salt and soda in heavy pan (iron). Stir over low heat until sugar is dissolved. Let come to boil and cook until small amount forms a soft ball when dropped into cold water. Just before this stage melt brown sugar over low heat, add slowly to the first boiling mixture. Add butter, cook 2 min. more. Stir in vanilla and pecans. Beat until candy begins to thicken, drop on buttered plate, in 3" patties.

SOUTHERN CHESS PIE

1 C. brown sugar, ½ C. white sugar, 1 T. flour or cornmeal, 2 eggs, unbeaten, ½ C. melted butter, 2 T. milk, 1 t. vanilla, 1 rich unbaked pie shell (use butter instead of lard). Mix together the sugars and flour or meal, add eggs, butter and milk and vanilla. Beat. Pour into pie shell and bake until a knife inserted comes out clean, about 40 min.

POUND CAKE

2 C. flour, 2 C. sugar, 1 C. shortening, 4 eggs, ½ t. cream tartar, 1 t. vanilla. Cream butter and sugar, add eggs one at a time, mix well. Sift dry ingredients add to first mixture, add vanilla. Bake in well greased loaf pan 1 hour.

More to come!

Iowa Association of Colored Women's Clubs Holds Fall Meeting

October 7, 1978 was the date of the Iowa Association of Colored Women's clubs board meeting. The meeting was held at the home of Mrs. Pauline Humphrey, the head quarters of the Association.

The chairman of the Administrative Board, Mrs. Roberta Frazier, called her meeting to order at 11:00. Seven members of the Administrative Board were present. The

Board meeting was discussed. A motion was made that both Boards be served when our Boards meet. The President, Mrs. Sophia Roberts asked the Administrative Board's permission to bring before the Association a building plan. Mrs. Roberts asked for more time to work on the plans before she said or told more about the plans.

Mrs. Roberts was granted the time that she would need. The meeting was adjourned.

The Executive Board was called to order by the State President, Mrs. Sophia Roberts, of Davenport, Iowa. The president's theme this year is "Accent on Youth Through Knowledge, Faith and Service."

The president gave a brief report of the National. Her report

included receipts from the convention, a picture of the convention. She passed out a list of the committees that will be working this year. The president expressed a desire for an inspiring year's work by dedicated women for a greater working program of the IACWC. Her biggest plan for this year was not revealed. The Board voted to include in their budget \$150.00 for the Kidney Foundation at Iowa Lutheran Hospital.

The June convention will meet in Cedar Rapids, Iowa.

Reported by Oradell Henry.

Hawkeye Elk News

Our thanks to Mt. Olive Baptist Pastor and officers and members for allowing us to share your Sunday morning service with our Annual Memorial Service. A joint repast was enjoyed and a good "Gab Session" and exchange of ideas followed at the Club. This should happen more often.

Rose Temple No. 33 will meet Friday at 8:00 p.m. Rose Marie and Combo will greet you Sat. The kitchen is open week ends.

Hawkeye Lodge No. 160 will meet Sunday.

Iowa State Education will be hosted by Imperial Quad Lodge and Temple in Davenport, Ia. Sunday Oct. 15th. Their agenda is Lunch served at 11:00 and the meeting will follow. Place — Elks Rest or (Rocket Club) 817 West 2nd St. Davenport, Iowa. Education persons, Director, Ron Carter and State Directress, Bernice Carter urge your attendance.

Council Queen winner was Helen Blocker of Davenport and runner-up Juanita Burke of Des Moines, Oct. 1st.

The 8th Region Work Shop of the 6th Region held last week end in Mpls. was one of the best

ever. Sixth Region Director N.E. Tillman was proud of the progress made in his first year. Election of officers St. Director, Ron Carter, pres. Wm. A. Williams Topeka, Ks. Vice pres. Eugene Washington, Denver, Colo. Fin. Sec. Charline Woods, Okla. City, Okla. Rec. Sec. and Bernice Carter, Des Moines, treas. Snow Flake King - Angus Henry, Denver, Colo. Queen Helen Hayes Topeka, Ks. Jean Williams runner-up Queen - Denver.

Watch this Spot for SPECIAL ANNOUNCEMENT OCT. 27!

Wanda Gibson is

recuperating at home. Mae Etta Shetworth Americana Health Care No. 158 - George Hardy, Mercy No. 673. Word has been rec'd. of the death of Lavon "Duchess" Brock' father in Mpls. Lafe "Gink" Fowler's funeral will be from Corinthian Baptist Church Sat. at 1:00 p.m. A card, telephone and prayers for those sick and in distress.



5 minutes & \$1.50 later.

Your college roommate in Wichita.
Your sister-in-law in Kansas City.
Your girl friend in Chicago.
A 5-minute long distance call can make any of these wonderful people smile for just \$1.50 or less. It costs so little to call anyone in the 48 states when you dial direct without operator assistance after 5 PM weekdays. And long distance is even less on weekends. So go ahead, Smile America, make someone happy today—by long distance.



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STORE HOURS
9-6
MONDAY THRU THURSDAY
& SATURDAY
9-8 FRIDAYS

**either /
or**

FOR LEAF DISPOSAL

**des moines-polk county
air pollution control**



THE LAW: The cities of Clive, Des Moines, Pleasant Hill, West Des Moines and Windsor Heights have the same Leaf Burning Ordinance. The purpose of this Ordinance is to reduce the amount of leaf burning to prevent violations of health-related air quality standards. This Ordinance does not ban leaf burning, but it does restrict the hours during which leaves can be burned.

The leaf burning period will be from October 15th - December 15th. Leaf burning will be allowed between the hours of 9:00 a.m. and 5:00 p.m. No stumps, logs, or large limbs (greater than 1" in diameter) may be burned.

The Ordinance provides the following advantages:

- *Reduce waste collection load at less cost to the tax payer.
- *Reduce the air pollution problem as caused by leaf burning.
- *Reduce the danger of leaf fires.

**If you must burn leaves, please...
OBSERVE THESE RECOMMENDATIONS
to help improve the quality of your air!**

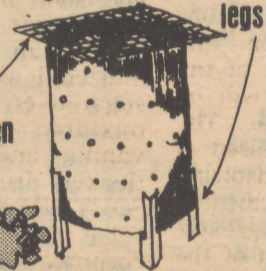
In barrels—drill several holes in sides, top & bottom (about 1/4")

50 gallon container



galvanized
cover screen

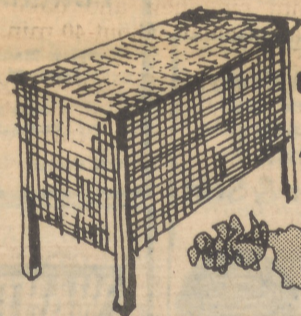
50 gallon container on legs



30 gallon container and lid



Wire mesh burners with lids



on legs



Dry leaves



Use leaf mulch around shrubs and garden plants:

- *Discourages weeds
- *Reduces moisture loss
- *Helps control temperature
- *Provides a neat, finished appearance

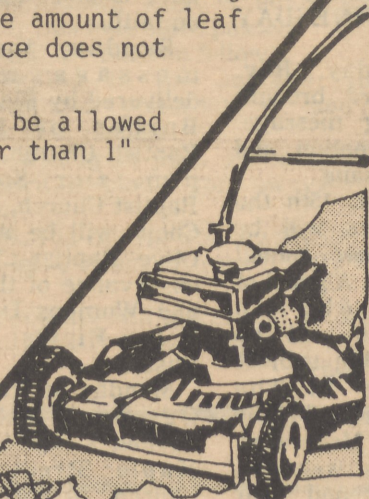


How to make a leaf compost pile:

- *Select an out-of-the-way area that is accessible to water.
- *Make a 2½ feet deep pit or enclose compost pile in fencing or other framework.
- *Place leaves in loose layers alternating with soil and other vegetative waste (excluding garbage).
- *Leaves will decompose faster if a high nitrogen fertilizer is added to each layer.
- *Keep moist and cover to retain heat.
- *Keep well aerated by frequently turning the pile every few weeks.

Disposal and bagging of leaves:

- *Under the City of Des Moines Solid Waste Collection Ordinance, a maximum of 18 containers is allowed from October 15-November 10, and all bagged leaves and yard debris must be placed at the curb for normal refuse collection.



Direct mulching of leaves:

- *Adds vital nutrients to soil.
 - *Prevents wind and water erosion
- Shred leaves while mowing and leave on the lawn. Most lawnmowers now come with a detachable mulching plate or you can purchase one at a very small cost.

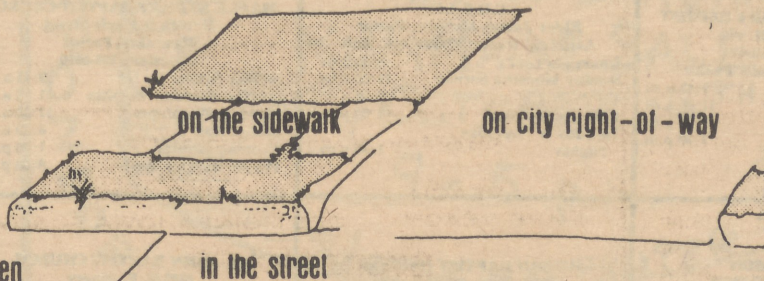


DO NOT BURN!



wet leaves

in a barrel without holes or cover screen



on the sidewalk

on city right-of-way

in the street

QUESTIONS? — 283-4056 AIR POLLUTION CONTROL

The Church Page

UNION BAPTIST CHURCH

Rev. H.I. Thomas Pastor
MID WEEK PRAYER AND BIBLE STUDY EACH WEDNESDAY AT 7 P.M.

Last Sunday, Rev. A.C. Crawford brought the morning message. The New Creation and Angel choirs sang.

Sunday, Oct. 15th the Senior Ushers will be observing their annual day, at 4 P.M. A panel of faithful church personalities will be speaking on the subject "My Place In The Church". Deacon Tyrone Stewart is Moderator. Everyone is welcome. Please come and hear what the panelists have to say. A potluck supper will follow. Chairman is Sister Clara Wade, President is Deacon Thomas Smith.

At 7-9 P.M. the Angel choir will sponsor a party at Skate West, the Van will leave the church at 6:30 p.m. Sister Mary Hawkins is Chrm.

The officers and members of Union Baptist church are grateful to guest churches, friends who shared in support of our Pastor and Family's Eleventh anniversary services.

Think about it "A FRIEND IN NEED IS A FRIEND INDEED".

OUR SAVIOUR BAPTIST CHURCH NEWS

Rev. T.R. Brown preached a very timely and inspiring message last Sunday. His subject was "you must be born again". Text taken from

the 3rd chapter of St. John. Visiting worshippers were Rev. and Mrs. James Calvertt. Rev. Calvertt gave a short sermonette on faith.

Sunday, the 11:00 message will be delivered by Elder Grant Barber of Pilgrim Baptist Church. At 3:00 p.m. Our Saviour's Baptist Church, Pastor & Choir, will be at the Mt. Olive Baptist Church in observance of their Men and Womens Day. Rev. H.R. Fields is Host Pastor.

Monday at 7:00 p. m. October 16th. Our Saviour's will be at the Maple Street Baptist Church, in honor of Dr. George H. Parrish's 34th anniversary.

Remember to pray for the sick and shut-in. Mrs. Lucinda Manuel is hospitalized in Iowa City.

Thought for the day: "We can complain because rose bushes have thorns or rejoice because thorn bushes have roses".

By Zada Brown
Pastor Rev. T.R. Brown

ORALABOR MT. ZION BAPTIST CHURCH

On the 5th Sunday Oct. 29th, the Harmonetts of the City will be rendering a Gospel song service at 5:30 p.m. at Mt. Zion Baptist Church. Also at Mt. Zion Oralabor Nov. 12th at 4 p.m. Mrs. Ann Benel will be in a gospel song service. Please plan to attend both service and receive a spiritual blessing.

Pastor, Rev. H. Simmons

MACEDONIA BAPTIST CHURCH

Oct. 14 - Deacon Green and Bro. Clayton will be having a ham and chicken dinner for \$3.00 all you can eat.

Oct. 28 - We will be having a chitterling and chicken dinner. Number to call for order 255-4286.

Sunday 3:30 - Elder A. Johnson of Bethel Church of God in Christ and his congregation will close out our Pastor Anniversary. Again we thank God for sending Rev. Green and his family to us.

We the members of Macedonia Baptist Church, we thank each and every one for coming out and being in service during the week of our Pastor anniversary.

Thought for the day: Patience is bitter, but it's fruit is sweet.

Rev. F.B. Green, pastor.
Ozell Williams, Church reporter

MT. HEBRON BAPTIST CHURCH

Sunday, October 15, 1978 at 6:30 p.m., Mrs. Luvenia Jones will present the JMH Choir in a Musical entitled 'Sing! Sing! Sing!'. Guests who will also be on the program are Mrs. Essie Miller of Corinthian, Mrs. Sandra Elliott of Union, Mrs. Katherine Johnson and Mrs. Sadie Davis of Maple Street, The Heard Family of Mt. Zion of Oralabor, Rev. Don Bolden of Mt. Hebron and Deac. Jack Heard of Elder Fountain's Church of God in Christ.

Beginning October 23 and continuing

throughout the week, we will be in the midst of a Soul-Saving Revival. Starting each evening at 7:00 p.m., it will be conducted by Rev. C.C. Crutcher, Calvary Baptist Church of Memphis, Tennessee. Choirs from local churches will furnish the music.

November 5, at 6 p.m., Mrs. Jettie Harris will present the Heavenly Meditators in a Musical program.

On Sunday, October 29, the Mothers and Mission will have a 'Tea' in the Fellowship Hall at the church. It will be held from 4:00 p.m. to 6:00 p.m.

Our sick and shut-ins: Mother Love, Mother Porter, Mother Mary Wilson, Mrs. Jenny Ruth Patton and Mr. John Page.

Rev. James Harris, Pastor. Edna P. Mash, church clerk.

MORNING STAR BAPTIST CHURCH

Saturday October 14th there will be a chicken and chitterling dinner held at Morning Star Church located at 1150 W. 13th St. Starting at 10:00 a.m. For information or delivery call Mother Louise Brennon Saturday only at 243-7702 after 9:30 a.m.

Sunday October 15th at 7:30 p.m. the Radio Club will sponsor the Harmony King singers from Topeka Kansas in a musical program.

Sunday October 23rd the Townsell Sisters will be presented in a musical program. Please check your Bystander

next week for the time.

Pastor Rev. Alex Crawford, Jr. Rev. and Mrs. Alex Crawford Jr. and Family wish to thank all the ministers, their congregation and also all the friends who helped to make our anniversary a very special occasion.

The members are praying for a speedy recovery for our pastor who had surgery October 10.

MESSIAH TEMPLE

The Lord came into Messiah Temple as Sister Brenda Campbell taught us how to reverence the Lord. As she brought the lesson in love, the Spirit moved on all to convict us of where we were failing to reverence God. Through the conviction of the Holy Spirit and the encouragement of love, everyone confessed their sin and received prayer.

Evangelist Zora Reed then brought the message "By Himself" to us. Again the Lord moved on our hearts as we heard how Jesus had paid the price for our sins by Himself. Moved by compassion, Jesus stood the strain of living this life and then taking

all our sins, yours and mine, on His own self so that we could die to sin through His blood. By Himself, Jesus had made a way for us to live according to God's graces. By Himself, Jesus has made the guilty, sin sick soul whole with a place reserved in heaven.

Sunday school is at 10:30 with worship services at 11:30. Bible study is every Sunday evening at 7:00. Prayer meeting is every Wednesday evening at 7:00.

THE SHILOH BAPTIST CHURCH


This Sunday October 15, 1978 Rev. B. Jamison will preach and the Gospel Choir will sing.

The Gospel Choir will rehearse on Friday, October 13, at 7:30 p.m.

The Prayer Service on Wednesday evening at 7:00 p.m. The Pastor is asking that the Deaconess Board take

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|--|--|--|--|--|---|--|--|--|---|
| <p>MT. OLIVE BAPTIST CHURCH S.E. 4th & Scott Streets Rev. H. R. Fields, Pastor</p> <p>Sunday School 9:45 a.m. Morning Service 11:00 a.m. Evening Service 7:45 p.m. Wednesday Prayer Service 7:30 p.m. Choir Rehearsal Fridays 7:30 p.m.</p> | <p>PRAYER OF FAITH COGIC 131 9th WDM Pastor Supt. Elder Eddie Davis Asst. Pastor M.D. Eppright Assoc. Minister Jerry Woods</p> <p>Sunday School 9:00 a.m. Morning Service 11:15 a.m. Evening Service 8:00 p.m. Tuesday Evening Service 8:00 p.m. Friday Evening Service 8:00 p.m.</p> | <p>EVANGELISTIC MISSIONARY COGIC 1340 E. 18th Street Rev. Pastor Arthur Bush</p> <p>Sunday School 10:00 a.m. Sunday Worship 1:30 a.m. & 8 p.m. YPWW 7:00 p.m. Sunday Evening Worship 8:00 p.m. Tuesday Prayer & Bible Study 8:00 p.m. Thursday Consecration & Healing 8:00 p.m.</p> | <p>MESSIAH TEMPLE 2863 Center Elder Jacob J. Reed, Pastor Order of Services</p> <p>Sunday School 10:30 a.m. Morning Worship 11:30 a.m. Choir Rehearsal Sat. 2:00 p.m. The Book of Acts 7:00 p.m. Prayer Meeting Wed. 7:00 p.m.</p> | <p>NEW FRIENDSHIP CHURCH OF GOD IN CHRIST 1711 West 16th Pastor Elder R. L. Daye Sunday Services</p> <p>Sunday School 9:30 a.m. Church Worship 11:30 a.m. YPWW 6:30 p.m. Weekday Services Tues. & Fri. 7:30 p.m. Thursday, 7:30 p.m., Choir rehearsal</p> | <p>TRUE BIBLE BAPTIST CHURCH 1440 DeWolf Street Rev. Enoch Wiggins, Pastor 286-8212</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Bible Class 6:00 p.m. Evening Worship 7:00 p.m. Prayer Meeting, Wed. 7:00 p.m.</p> | | | | |
| <p>CORINTHIAN BAPTIST CHURCH 9th & School Streets Rev. F. W. Strickland</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. BTU 6:00 p.m. Evening Service 7:00 p.m. Prayer Service Wed. 8:00 p.m.</p> | <p>MISSION TEMPLE C.O.G.I.C. Elder James McNear, Pastor Assistant Pastor Minister E. Bell</p> <p>Sunday School 9:30 a.m. Sunday Morning Service 11:00 a.m. Y.P.W.W. 6:30 a.m. Evening Services 8:00 p.m. Tuesday & Thursday Nights 7:30 p.m.</p> | <p>MACEDONIA BAPTIST CHURCH 920 31st Street Rev. F. B. Green, Pastor</p> <p>Sunday School 10:00 a.m. Morning Worship Service 11:15 a.m. Wednesday Prayer Service 6:30 p.m. Saturday Senior Choir Rehearsal 7:30 p.m.</p> | <p>CANTON MISSOURI SECOND BAPTIST CHURCH Rev. H. L. Turner, Pastor Bertie Nickerson, S.S. Supt.</p> <p>Sunday School 9:30 a.m. Worship Service 11:00 a.m. 2nd and 4th Sundays</p> | <p>HEAVENLY TEMPLE CHURCH OF GOD IN CHRIST 2110 Carpenter at 21st Des Moines, Iowa Bishop A. B. Carter, Sr., Pastor</p> <p>Sunday School 10:00 a.m. Morning Worship 11:30 a.m. Y.P.W.W. 6:30 p.m. Bible Band (Tues.) 7:00 p.m. Evening Service (Thurs.) 7:30 p.m.</p> | <p>Our Saviour's Baptist Church 1555 Des Moines Street Des Moines, IA 50316 Ph: 244-9628 Rev. T.R. Brown, Pastor</p> <p>Morn. Worship 11:00 a.m. Sun. School 10:00 a.m. Prayer Service-Wed. 7:00 p.m.</p> | | | | |
| <p>PILGRIM MISSIONARY BAPTIST CHURCH 1732 Walker Street Rev. Wayland Heath, Pastor</p> <p>Sunday School 9:45 a.m. Morning Service 11:00 a.m. Youth Meeting Weekly 7:30 p.m. Prayer Meeting Wed. 7:30 p.m.</p> | <p>MAPLE STREET BAPTIST CHURCH E. 16th & Maple Street Rev. Geo. Parish Minister - 286-8910</p> <p>Sunday School 9:45 a.m. Sunday Morning Worship 11:00 a.m. Morning Worship 11:00 a.m. Bible Class 6:30 a.m. Evening Service 7:30 p.m. Prayer Service Wed. 8:00 p.m.</p> | <p>MORNINGSTAR BAPTIST CHURCH 1150 W. 13th Rev. Alex Crawford, Pastor</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Sunday Broadcast 9:30 a.m. to 10:00 a.m.</p> | <p>SHILOH MISSIONARY BAPTIST CHURCH 1213 Scott 255-6333 Pastor Rev. Benjamin W. Jamison 277-9289 Order of Services</p> <p>Sunday School 9:45 a.m. Morning Service 11:00 a.m. Bible Study 6:30 p.m. Wednesday Night Prayer Service 7:00 p.m.</p> | <p>MT. HEBRON BAPTIST CHURCH 1600 East Capitol Street Des Moines, Iowa 50316 Rev. James Harris, Pastor</p> <p>Sunday School 9:00 a.m. Morning Service 11:00 a.m. Prayer Meeting Wed. 7:30 p.m.</p> | <p>UNION BAPTIST CHURCH "The Friendly Church" E. University at McCormick Rev. Henry Thomas 1200 McCormick</p> <p>Sunday School 9:30 a.m. Morning Worship 11:00 a.m. Evening Service 7:45 p.m. Prayer Service Wednesday All Day</p> | <p>ST. JOHN BAPTIST CHURCH 2530 S. E. Maury Rev. Phil Thadrell</p> <p>Church School 10:00 a.m. Morning Worship 11:00 a.m. Youth Fellowship 6:30 p.m. Evening Worship 7:00 p.m. Wednesday Prayer Service 7:00 p.m. Pastor phone 286-5755</p> | <p>NEW BETHANY CHURCH OF GOD IN CHRIST 16th and Mondamin Pastor Andrew E. Johnson</p> <p>Sunday School 10:00 a.m. Morning Worship 11:30 a.m. Sunday Youth Service 6:45 p.m. Sunday Evening Service 8:00 p.m. Mid-week Service Wed & Fri 7:30 p.m. Everyone Welcome.</p> | <p>KYLES TEMPLE A.M.E. ZION CHURCH Rev. Jesse L. Williams, Pastor 907-15th Street</p> <p>Sunday School 9:45 a.m. Morning Service 11:00 a.m. Evening Worship 7:00 p.m. Prayer Service Wed. 7:30 p.m.</p> | <p>ST. PAUL A.M.E. CHURCH 1201 Day Street Rev. Lewis E. Grady</p> <p>Church School 9:30 a.m. Church Service 10:45 a.m. Vespers Service 6:30 p.m.- 7:30 p.m. Prayer Service, Wed. 7:30 p.m. Youth Fellowships 5:30 p.m.</p> |



Look, Therefore, To This Day

By
Lynda Walker-Webster

“PERHAPS ALL THINGS AREN'T SUPPOSED TO LAST FOREVER”

In one's lifetime, we encounter many situations, relationships, romances, and friendships. While it is often hopeful that many of these encounters will fade with us into the depths of eternity, it is not very realistic.

Yet, at the same time, one should not latch on to a rocket of pessimism. But merely take each day as it comes, rolling with the punches, tunneling mountains, hurdling stumbling blocks, and just trying to cope.

I am convinced that certain relationships and situations that occur during one's lifetime, actually

serve that specific time and purpose in our lives. Mostly for our growth. And our awakening!

And when it is time to let go of a situation or relationship, we don't always realize that in order to go forward, that this is exactly what we must do. Release, and let go.

Often, to extricate ourselves from unfruitful situations, often takes a strength that we alone are incapable of possessing. There are many things that we simply cannot handle alone. Many of us however, have yet to acknowledge that.

Extricating one's self from some situations is like going on a diet. We know all too well that we should diet for our well being, yet it is sometimes hard to get yourself in the frame of mind to deal with it. Also, like the diet, you may do very well for a while, then suddenly you find yourself slipping right back to square “A” where you began.

So what do you do? You hang in there until you get another gust of strength to try it again. But, in doing so, you have really got to want to do it. You can't say “yes, I really want to”, when at the same time you are harboring reservations about your true gut feelings, which may not coincide with your “yes”.

In some areas of life, we just cannot choose “grey”. “Cause grey don't get it. The decision has got to be “black” or “white”.

Individuals come and go in our lifetimes.

Individuals play important roles in the direction of our lives, often without ever knowing it. Individuals come through one door of our existence and they exit through another. And, perhaps they should! Rarely can a person leave our life in the identical manner in which they entered it. For there is much that takes place in the interim that contributes to change.

Often though, ... individuals that enter our lives, do not exit. While they may not maintain the height or status that they entered with, ... they simply take on a different, and often less prominent role.

This I find applicable to many encounters in life... from romance to family to friendship.

As summed up in my own words, I say:

“...Remaining only as an imprint in time, the summer has long since passed.

So shall the autumn follow!

Emerging to the surface, the passion and reflection of yesterday, ... and you, stain my cathedral of thought.

...Then a brisk gale, and a silent prayer for my equilibrium blows you away. At least for the moment.

...But, you return. You always do!

You have changed from fire-fly to tortoise in my world.

But, you are still there. And, a tortoise, I suppose, ...is better than nothing.”

Lynda Walker-Webster

part in the service.

The Bible Study on Sunday evenings at 6:30 p.m.

The Deaconess Council will be meeting at the Shiloh Baptist Church on Sunday, October 15, at 3:30 p.m. Rev. Jamison and the Shiloh Choir, Rev. Simmons and members from Mt. Zion, Oralabor, Iowa will be taking part in the service.

Members are asked to please bring their canned goods on Sunday, October 15, for the Food Pantry. Mrs. Louise Brown, Chairperson.

The Voices of Faith will be in a Dedication Service on Sunday, October 29, 1978, at 3:30 p.m. Sponsored by the Shiloh Mission. Pres. Mrs. Westella Tywater.

FROM THE PASTOR —
JESUS ANSWERED AND SAID UNTO HIM, VERILY, VERILY, I SAY UNTO THEE, EXCEPT A MAN BE BORN AGAIN, HE CANNOT SEE THE KINGDOM OF GOD. ST. JOHN 3:3.

PRAYER OF FAITH CHURCH OF GOD IN CHRIST

Prayer of Faith Church of God In Christ cordially invites you to attend “A Soul Searching Revival”, being held: 131 - 9th St., West Des Moines, October 12 - 15, 1978. Revival conducted by Minister Williams, Sioux City, Iowa.

Evangelist Earl M. Williams states, “I was once lost, but now I am found, was blind and now I see. Come and hear my testimony of what God has done for me. Blind, on drugs and a wino and murder in my heart. If God can change my life he can do the same for you.”

Please come out and help us Magnify the Lord.

Yours In Christ — Supt. Eddie Davis.

ST. PAUL A.M.E.

The Ladies Aid of St. Paul A.M.E. Church is presenting the Women's Chorus of St. John

A.M.E. Church Omaha Nebr. in a program of music on October 15, 1978 at 4 p.m. at St. Paul church.

The public is invited to attend.

Erline Parish, Pres.
Rev. Lewis Grady Jr. Pastor

CORINTHIAN BAPT. CHURCH

S.S. - 9:30, Morning worship 11:00, Prayer Service 7:30.

For Women's Day Sunday, Oct. 15, 1978

A woman is so beautiful

A warrior in disguise;

Such a wide range of Stability and wisdom

She has an over abundance

of patience and love to give,

When women do unite,

They have a way of obtaining success.

Join us in observance of Women's Day won't you? A wonderful program has been planned.

11:00 Speaker TV 8 Almo Hawkins

3:30 Speaker Dr. Lenola Allen (Both Women of Stature)

Music furnished by the Kyles A.M.E. Youth Choir

Mr. Music. The Senior Usher Board of Corinthian will sponsor Mr. Terry Shane at the organ Sunday, Oct. 22, at 4:00 p.m.

This man is something to hear. He is very definitely Mr. Music. Mark this date in red, you'll be glad you did.

Pres. Minnie Jones

HOLY GHOST TEMPLE CHURCH OF GOD IN CHRIST

Sunday School and Church was held Oct. 8, 1978, at 10 a.m. and 12 p.m. to 1:30 p.m. Bishop O. J. Johnson in charge, Dist. Evangelist Eugene Price assisting.

Evening services Bishop Johnson preached about Dr. Jesus — Ref. Mark 2:17 - Matt. 10:1, Matt. 12:9, Matt. 8:14-17, Mark 9:28. Jesus is the greatest Dr. the world has ever

known he said.

The sick are: Mrs. Eddie Mae Hilson is ill in Mercy Hosp., Mr. Hardy, Mercy Hosp.

Attend church next Sunday. You are welcome.

Bishop O.J. Johnson Pastor

MT. OLIVE BAPTIST CHURCH

Mt. Olive Baptist Church will be having a Men and Women's Rally Day Sunday, October 15 at the hour of 3 p.m.

Reverend Theodore Brown of Our Saviour Baptist Church will bring us the message and his choir will render the music. Come and join us in praising the Lord.

BETHEL A.M.E. CHURCH

The pastor Ralph Jones commended the women of the church on a fine spiritual morning service and afternoon service during the Women's Day festivities and to all of those who supported this effort — thank you.

This Sunday will mark our annual Men's Day Program. Elder Marshall Smith, Jr., will deliver the morning message, Chairperson Bro. Frank Fant.

The Church anniversary will begin Sunday, November 12, at 4:00 p.m. The Voices of Faith will be featured in concert, chairperson Sis. Martha Wheels.

Members, friends and souls desirous of mid-week spiritual enlightenment are encouraged to attend prayer service, held on Wednesday evening at 7:30 p.m.

Efforts are still being made to find an organist or pianist to assist the youth choir currently being organized at Bethel

Thought for the Day: Believe in yourself as God believes in you!

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City of Ankeny, Iowa

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211 S.W. Walnut St., Ankeny, Iowa 50021

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A hand-drawn illustration of a woven basket. Inside the basket, the following items are listed: JEWELRY, ART, APPLIANCES, CLOTHING!!, SHOES, TOYS, MISC. Below the items, the price range is given as 5¢ - \$5.00. The text "BASKET OF BARGAINS" is written across the middle of the basket. Below the basket, it says "RUMMAGE SALE SAT., OCTOBER 14TH 9-5 P.M." and "21st + CARPENTER". At the bottom, it says "SPONSORED BY MARY CHURCH TERREL CLUB #3".

KYLES A.M.E. ZION CHURCH

The Trustee Board is having a Bake Sale at the Safeway Store, E. 14th and University.

Sunday School classes are being taught every Sunday morning from 9:30 a.m. until 10:30 a.m. Everyone is welcome.

Sunday, October 15, is Lay Day in the A.M.E. Zion Churches. Our guest speaker for the 11:00 a.m. service will be Ms. Shirley Steele, Assistant Attorney General of Iowa. Ms. Steele is a native of South Carolina, attended Livingstone College — (A.M.E. Zion affiliated college) and received her degree in Law from Drake University.



Shirley Steele



Vincent Chapman



Ira Hicks

Mr. Vincent Chapman, President, Des Moines Branch of the N.A.A. C.P. will be the Lay Reader. Music will be rendered by the Pre-Teen Choir. Ira F. Hicks, Sr., is the Conference President of the Lay Council of the A.M.E. Zion Church.

Sunday, Oct. 15th, the Young Adult Choir will sing at Corinthian Baptist Church - 4:00 p.m.

Sunday, Oct. 22, following morning worship the Buds of

Promise will have a Pie Social in the lower level of the church. They invite you to come and enjoy a slice of pie along with a cup of coffee.

Sat., Oct. 28, our CHURCH BAZAAR will be held. Plan to come and see the display of various gift suggestions. There will be food, jewelry, arts and crafts, greeting cards, etc. ... Many, many hand made items ... Everyone is welcome. SOMETHING FOR EVERYONE.

The Capping of the Buds of Promise will be Sunday, Oct. 29. This is a very special service and the adults are urged to attend.

MAPLE STREET MISSIONARY BAPTIST CHURCH

On Sunday, Oct. 15, Rev. Parrish's sermon title for Morning Service will be "The Mysterious God". The Young Adult Choir will be singing.

The Men's Chorus will present "An Hour of Gospel Song and Praise" on Sunday, Oct. 15, at 4:00 P.M. The Gospel Choir, Robert Tate, Evonne Pack and Betty Murray will appear on the program. Dea. Frank Martin and Dea. Orbie Boggs will give talk on "The Scriptures". Plan to attend this spiritual filled service.

A Car Wash will be held on Sat., Oct. 14, beginning at 10:00 A.M. until 4:00 P.M. Deacon Keith Ratliff is in charge of the Car Wash.

Rev. Parrish's 34th Anniv. Celebration will be held Oct. 16th thru Oct. 22nd.

Monday, Oct. 16th, at 7:30 P.M., "In Song" segment by the Morning Star Bapt. Church. Rendering the Anniversary Service will be Elder R. L. Daye and Choirs of the New Friendship C.O.G.I.C.

Tuesday, Oct. 17, 7:30 P.M., Reverend H. I. Thomas and Choirs of the Union Bapt. Church will render the Anniversary Service.

Wednesday, Oct. 18, 7:00 P.M., we will have a city wide Prayer Service, led by the Mt. Hebron Bapt. Church. All churches of the city are invited to join us in prayer. The "In Song" segment of the service will begin at 7:30 P.M., with Elder Andrew Johnson and choirs of the New Bethany C.O.G.I.C. The Anniversary Service will be rendered by Reverend H. R. Fields and Choirs of the Mt. Olive Bapt. Church.

Thursday, Oct. 19, 7:30 P.M., "In Song" segment will be by the Shiloh Bapt. Church. Rendering the service will be Reverend F. W. Strickland and Choirs of the Corinthian Bapt. Church.

Friday, Oct. 20, at 7:00 P.M., a Banquet will be held in the dining hall of the church. Guest

speaker will be Mrs. Edna Griffin. Sis. Dovie Leath is in charge of the Banquet.

Sunday, Oct. 22, we will conclude our celebrations with the Rev. Elbert Hyche and members of the True Vine Bapt. Church of Kansas City, Mo. Services will begin at 3:30 P.M.

Public Library

Take the Brown route MTA bus to the Mid City Library at 1305 University for the following events:

Formation of a PARENTS group to consider the problem of drugs in the schools; call 283-4593 for more information.

Buxton Club

The Buxton Club of Iowa will hold its regular meeting October 14, 1978 at 11:00 a.m. at the Model City Senior Citizen Building, 1301-21st.

The Buxton Club of Iowa has been organized now for four (4) months. The leader of the organization is Mr. Paul Wilson. We have at this time over 30 members, and these are all members who have ties to Buxton, Iowa, were born there or they have immediate family living there.

The clubs goals and objectives are to work in earnest in getting together data and various things pertaining to Buxton, the largest coal mining town in Iowa.

Membership is open to anyone born in Buxton or whose immediate family came from there. Feel free to call Paul Wilson 244-5782 for information or if you are interested in becoming a member.

Christine Wilson, Reporter

The New Iowa Bystander is sold at:
G and G Grocery,
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19th and Keo;
Fifield Drug,
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Bystander Office,
140 4th,
West Des Moines.

Champaign Fashions and Disco

by K. G. McElroy

The women of Alpha Kappa Alpha Sorority, Inc., Iota Zeta Omega Chapter, cordially invite you to join them for 'An Evening of Champaign, Fashions and Disco.'

The event will take place in the Main Ballroom of the Hilton

Inn at 6111 Fleur Dr., Friday, October 20 at 9 p.m.

More than just the promise of fashion and fun, this evening is the community's chance to help its young Black

women. The proceeds from the \$5.00 per person donation will be used for the organization's scholarship benefit. The scholarship presentation will be made at AKA's Annual Debutante Ball.

Gun safety course Oct. 22

The Polk County Sheriff's Office will hold a Gun Safety Course on Oct. 22 at the Izaak Walton Club House, 4343 Valley Dr., Des Moines. Applicants for concealed weapons permits must have completed a gun

safety course to be eligible for a permit.

Registration, fingerprinting and other paperwork will take place from 9 to 11:30 a.m. The course begins at 12:45 p.m. and continues until 5:15 p.m.

Basketball Leagues

The Des Moines Parks and Recreation Department will be sponsoring men's and women's Basketball Leagues. League divisions are Men's-Recreation, 35 and older, 6' and below and

Commercial-Women's Recreation. Entry deadline is Thursday, October 12, 1978 at 5:00 p.m.

For more information, contact the Leisure Sports Office at 283-4081.

Help Wanted

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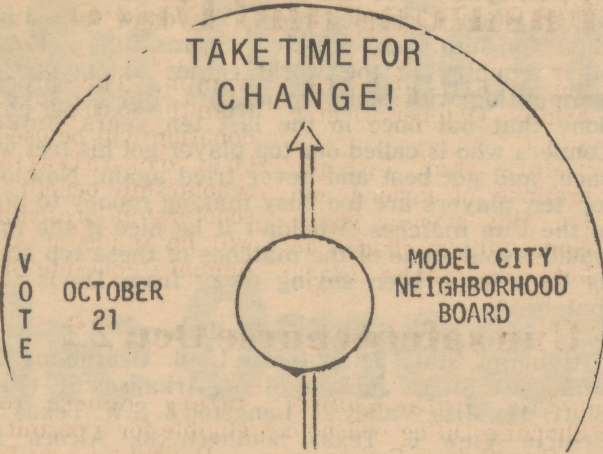
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UNITED FEDERAL SAVINGS

EQUAL HOUSING LENDER



BOB KING



**Candidate For
Model City Neighborhood Board
Precinct 10**

Serving my neighbors on the Model City Board has been a privilege which has afforded me the opportunity in the last ten years to be instrumental in bringing us programs to assist our people, our neighborhood, our city. These programs include: The Neighborhood Foot Patrol, Model City Senior Citizens Center, Meals on Wheels, Supplemental Rehabilitation, and many others. I think our neighborhood is better for these programs — but there is so much more to be done. Our housing stock must be improved, the city must be made sensitive to our needs, recreation for youth and adults is desperately needed, employment must be provided to all of us, healthy or ill, and the city must be made sensitive to our many urgent needs. I earnestly desire to see these things happen here. I want to serve you on the Model City Board as your representative from Precinct 10. Vote for me on **October 21st** so **together** we can upgrade our lives, our neighborhood and our city! **WE WILL OVERCOME!!!**

RICHARD PIEART



**Candidate For
The Model City
Neighborhood Priority
Board For Precinct 5**

I am running for the priority board because I want to help my neighborhood by getting people involved in three ways: first, getting them to let me know what they think needs to be done; second, to show them how to organize to get things done and third, let them know what is going on, what is being accomplished, and what is being planned.

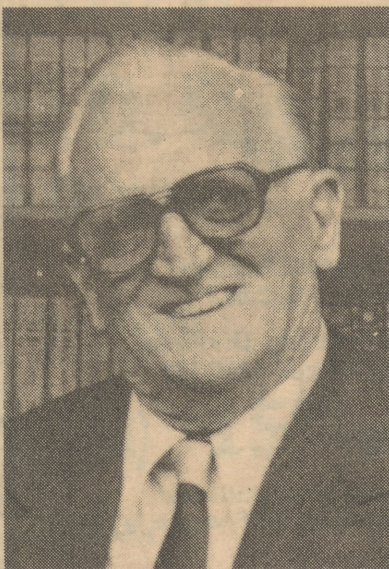
I want to help my neighborhood implement a plan for utilizing our vacant lots for future housing, miniparks, playgrounds, and community gardens.

I want to help my neighborhood by helping to create a means for building and rehabilitating medium and low income housing, a means of establishing low interest loans and a means of creating a labor pool to help rebuild homes already in existence.

I want to help my neighborhood by helping maintain its racially and economically integrated nature."

Richard Pieart

CHARLES L. DOWNEY



**Candidate For
Model City Neighborhood
Board Precinct 5**

Resides at 1441 11th Street. "I HAVE LIVED HERE SINCE 1973. BEFORE THAT I LIVED AT 1411 7th STREET FOR 14 YEARS. I AM RETIRED. I AM VERY INTERESTED IN WHAT HAPPENS IN MY AREA. I HAVE A WIFE AND FOUR SONS. WE BELONG TO CENTRAL GOSPEL CHAPEL."

ZACK HAMLETT



**At-Large Candidate
For Model City Neighborhood
Priority Board**

Mr. Hamlett has been a resident of Des Moines for seven years. He is married to Gretchen and is the father of five children and four step-children.

Community Involvement

Member of Corinthian Baptist Church
Member of Des Moines Chapter NAACP
Board Member Day Care, Inc.
Member of Mid Iowa Council Boy Scouts of America
Member of the Advisory Board for Career Planning for employed and unemployed minority women.

Employment

Employed by Des Moines Area Community College
Position: Dean of the Urban Campus

Concerns

Employment
Education
Housing
Senior Citizens
Day Care opportunities
Lack of Citizen Participation
"To improve the quality of life for all the residents of the Model City area, an aggressive and systematic approach must be taken NOW."

ROBERT (Bob) WHITE



**Candidate For The
Model City Neighborhood
Board Precinct 2**

"I will deal only with direct issues if I am elected. I will not deal with different personalities on the board or in the community.

My priorities will be **community priorities** — not board priorities or my own. For instance, **community input** to the Board and service type programs need more service input — **improvement of services to the people.**

I have raised my family in the Model City area.

I know that I am well qualified to hold a position on the Model City board.

I will appreciate your vote."

VOTE OCTOBER 21st

DEBORAH L. GREEN



**Candidate For The
Model City Neighborhood
Board Precinct 10**

Resides at 1310 Fourth Street. Employed at Tiny Tot Child Care, Inc. as Parent Coordinator and Head Start Home School Worker for the past 2½ years, and has been involved in Child Care for over 8 years.

"I worked at John Hancock Insurance Company for 8 years before coming to Tiny Tot. I am a member of various organizations and boards such as National Association of Advancement of Colored People, the State, Regional, and National Associations for the Education of Young Children.

Member of the Day Care and Child Development Council of America.

Member of the Tiny Tot Advisory and Directors Board. Treasurer of DOVIA.

Member Head Start Area Policy Council. Member of Maple Street Baptist Church and serving on Usher Board No. 2.

As a concerned member of the community, I feel I am qualified to say what is needed for our community."

DORIS TUCKER



**At-Large Candidate For
Model City Neighborhood
Priority Board**

Mrs. Tucker has been a resident of Model City area for 18 years and currently lives at 1342 Harrison. She is an employee of Small Business Administration.

Ms. Tucker has been involved with the community in these areas:

1. Working with Des Moines School System. Especially Title One Career Opportunity Program Teacher Corps.
 2. Chairman of Block Captains in original Model City program.
 3. Served on initial O.E.O. Board setting up Neighborhood Centers and was subsequently hired as an Outreach Aide.
 4. Worked in Head Start eleven years. One year as Teacher Aide; five years as parent coordinator; five years as Director.
 5. Served on committee that helped establish the original Urban Campus.
 6. Served on the following boards: Evelyn Davis Health Clinic, Tiny Tots, United Way and many others too numerous to mention.
- Member of NAACP and Kyles A.M.E. Zion Church
Special Concerns are: Unemployment, Housing and Child Care

CITIZENS FOR CONCERN

ALLEN ASHBY

with a

LOOK ON SPORTS



People who predict football games thought Iowa would break out of their losing streak, and from what the stories about the game say, they should have. But instead they made it four and one quarter games in which they haven't scored a TD.

You have to wonder what Coach Bob Commings is thinking about as he watches his team look more inept each week end. They just don't seem to have any offense. Passers don't seem to pass, and when they do, the passes are dropped. Runners never seem to get the blocking they need to gain ground in critical moments.

There were a couple of guys out there last Saturday that with a little blocking might have turned the ball game around. People who want to be heard say the man is trying to win with too many Iowa high schoolers. Now, the Hawkeye state had gridders as good as any in the country, but there aren't enough of them to go around.

I would guess that for every college prospect in Iowa high schools there are maybe ten around Chicago, and that many more in the states like Indiana, Ohio, Michigan and surrounding states. Maybe they do recruit in these states, but with Iowa's history of losing, maybe none of the blue chips want to come here.

It was new low when the spectators cheered when Bob Jr. got hurt. Never thought fans would act that way. But I can recall days in local high school football when crowds cheered when the star of the opposing team got hurt, but not when your own man was injured. This makes it tough to pull one out, but still, it might inspire the team to rise above themselves and play better than they know how. Just to shut some of the loudmouths up.

And, do you know that most of them don't have any connection with the school except to attend football games. Guess we shall have to wait and see what develops from now on. Ohio State doesn't look as tough as they usually are, so could be that the Hawks could pull an upset. But, first they have to get by Minnesota.

Folks left Cyclone Stadium wondering if Nebraska was really that good or if State was that bad. It

looked like a combination of both. The teams seem to have solved the problem of Dexter Green, and I would guess that he will have tough sledding from now on. He is too good to be held down all year, and will likely break loose on someone.

Nebraska had people tailing Green wherever he went. I guess if he went to the concession stand, the people would have followed him there too. It was a big disappointment for the Iowa State fans, but they have six more games to go, although I don't think anybody is going to do much with Oklahoma.

The Cyclone offense all year has been Green up the middle, Green off tackle, Green on sweeps and Green out to catch swing passes. Let's see how the rest of the league plays it.

Drake really bounced back and lit on Wichita State. If they don't win the Missouri Valley, they will finish pretty high in the thing. Maybe local fans will start going out to the Drake stadium instead of going to Iowa City or Ames. In a couple of more years the Bulldogs will maybe regain some of the stuff they had before they pulled out of the Valley because of the Johnny Bright incident. If you are too young to know about that, ask some one who was around in the fifties. Certainly their coach is the happiest of the three major school mentors right now.

And things are heating up in the high school league. Tech made a few people believe they are for real when they dumped Valley. They should have won the Lincoln game, because they had it in their pockets and let it slip away. Those guys are out in front now undefeated, but I look for someone to get them. Then, who do you pick? Just might have to put all of the names in a hat to come up with a metro champion for the playoffs. And the North team isn't that bad. They just need a few healthy people.

I was glad to see Arthur Ashe win his David Cup match when it counted most. The draw turned out right for him, and America. Seems funny. Every other country in the world comes to Davis Cup competition with their top players. But we haven't done that but once in the last ten years. Jimmy Connors who is called our top player got his feet wet once, and got beat and never tried again. Now our top ten players are too busy making money to play in the Cup matches. Wouldn't it be nice if the fans would avoid some of the matches of these top stars as they have been shying away from Davis Cup matches?

Now, back to football scores

Alabama State 9, Southern U. 6. Grambling 16, Tennessee St. 11. Jackson St. 54, Arkansas St. (Pine Bluff) 14. Miss. Valley 21, Langston 8. S.W. Texas 58, Prairie View 6. Texas Southern 10, Alcorn 10. Hampden-Sydney 18. Liberty Baptist 7. Hampton 8, Bowie St. 6. Millsaps 31, Emory & Henry 14. Miss. Coll. 27, Delta St. 0. Morris Brown 13, Morehouse O.N. Caro. A&T 39, Norfolk St. 28. North Ala. 40, Ala A&M 6. Savannah St. 19, Miles 15. Shepard 23, Salem (W.VA) 16. South Carol. St. 34, J.C. Smith 10. Virginia St. 35, Shaw 23. Virginia Union 20. Elizabeth City 20. Winston-Salem 55, Livingstone 29. Bethune-Cookman 23, Albany St. 17.

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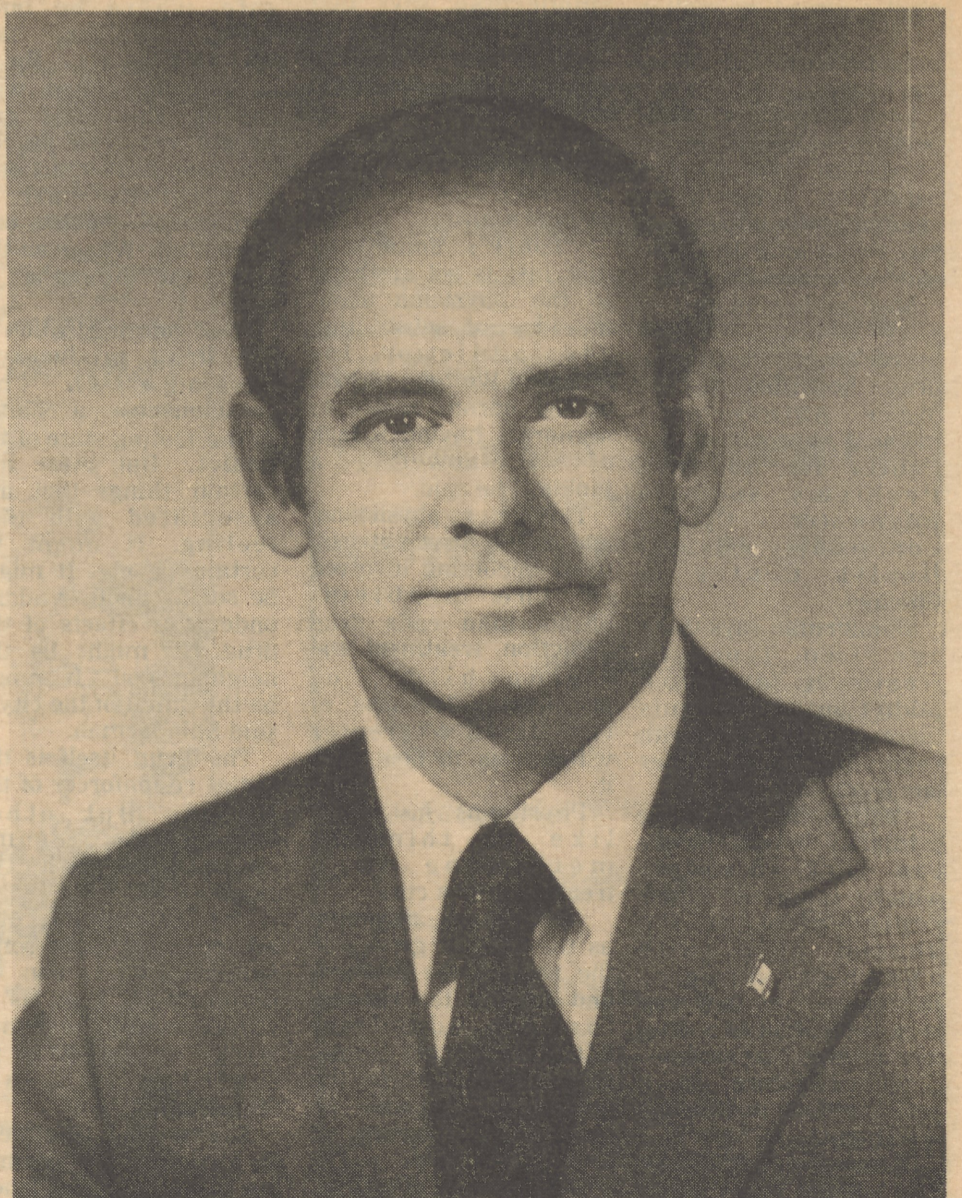
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Iowa State-Nebraska: The Opening Of The Big Eight

By Lagrant Anthony

The whipping that the I.S.U. Cyclones received this Saturday in their own stadium is only a vision of the nightmare that may lie down the road. The Cyclones faced Nebraska, the first of the next seven opponents they will encounter this year in the Big Eight. The teams that the cyclones will play for the remainder of the year are for the most part all ranked, either in the top 10 or 20 in the nation, not to mention undisputable, OKLAHOMA. The Sooners are ranked number one in the nation on all polls.

The Cyclones' performance Saturday seemed to be magical to the sports writers across the country as they suddenly disappeared from the top 20. As stated last week in my article about Walter Grant, there's no way that the Cyclones can maintain or improve their rating if they don't make serious personal

changes in the quarter-back position. It doesn't take any football expert to come to the conclusion that Walter Grant is by far the best I.S.U. quarterback.

I don't know if you attended the big game this past week. I did, and it was something to see. After what I saw, I don't think I can go through another one of those painful, frustrating experiences. There he was, Grant, sitting on the bench. The first quarter passed, he was sitting — the second quarter passed — he was still sitting. The half came and went and the third quarter started, and he was still sitting. 000 — about halfway through the third quarter, Grant came to the mind of Earl Bruce as maybe, just maybe, a possible magician with abilities of performing another miracle like he did in the Iowa game.

You would have thought the Cyclones had scored the winning touchdown when the cannon went off, and the

crowd went WILD!, cheering and screaming as Grant got up off the bench and trotted into the game, finally. A magical sense of renewed hope came over the crowd. What surprised me was that air as Grant took control of the offense.

not only did over 50 thousand fans respond to Grant's entrance into the game, but the Cyclone side line (football players) stood and jumped joyfully into the

The miracle didn't crystalize on Grant's first series of plays as was the case against Iowa. But, around Grant's third series of plays a slight miracle occurred. Grant started to scramble and connect with Stan Hixon, until the Cyclones for the first time in the game were threatening to score, as they were inside the Nebraska 20 yard line for the first time of the day. Only God can explain why Earl Bruce did what he did at that point. He took Grant out of the game and replaced him with Ruby! On the following play, Ruby fumbled the ball,

Nebraska recovered, Bruce woke up, the chance for a miracle ended, and the fans began to leave the game, shouting profane words as they exited.

I can't begin to relate how frustrated Grant must feel to be treated this way after he has proven himself so many times and then be doubted. I'm sure 50 thousand fans and the majority of the Cyclone football team can't all be wrong in feeling that Grant is the undisputed best. He hasn't been around 3 years like Ruby, only 1/2 year, yet the team and fans are confident in him. Truly, this confidence is a result of raw superior performance. I hope someone in a position of influence would put a stop to the mental anguish this young man must be experiencing.

Even the Nebraska defensive players were surprised to see the Cyclones not utilize their strongest attack, the pass, with Stan Hixon, Guy Preston, Greg Smith, and Ray Hardee.

When asked if they were worried about

Dexter Green, the Heisman Trophy Candidate, "No, we just played our regular defense," replied Nebraska's middle guard Kerry Weinmaster. "Iowa State has too good a team to do that. They could have thrown to four other guys if we had concentrated on stopping Green."

The Huskers were given a pleasant surprise to find that the Cyclones made the game much more simple for them by not throwing the ball as they did against Iowa and keeping Grant sidelined. Grant scored 18 of the 31 (21 with field goals) points scored against Iowa, the Cyclones scored 0 with Grant out of the game against Nebraska.

Further misconceive his true participation. It's as if someone is trying to protect Ruby by sharing

his less than impressive statistics with Grant who had little or nothing to do with them.

I think it's safe to say that the Cyclones will not win any more than 3 more games this year at

the most, if they continue to neglect the power of the pass and the fact that Grant should start.

i say? with Grant out of the game because he was in fact sidelined against Nebraska. Grant only played 1/2 quarter out of 4. The writer for

the Register and Tribune wrote the story up as if Grant played a significant part of the game and placed a picture of him throwing the ball on page three to

Drug Addiction—Cures And Failures

Drug addiction is a tragic situation for addicts and for society. That tragedy is doubled by the ultimate failure of most "cures," no matter how sincere and long-lasting the drug free state.

Less than 25 per cent, perhaps as few as 10 per cent, of all heroin addicts who seek treatment achieve a three year long drug free state considered a cure.

Most addicts appear to have about a 25-year involvement with the drug, according to Dr. Marc Shinderman, medical director of the Center for Addictive Problems and the Edgewater - Uptown Community Mental Health Center in Chicago.

Shinderman says there are two types of treatment for heroin addiction. He admits there are problems with each and usually neither one leads to a cure.

"With opiate addiction, primarily heroin, people can seek treatment which involves either replacement of the abused drug (with another drug - methadone) or they can seek treatment in a drug free setting," he said.

Shinderman is a proponent of methadone treatment.

He says an addict who has spent years away leaves the system fairly rapidly. The result is a roller coaster of ups and downs.

Methadone is administered once a day. It causes little sedation,

withdrawal symptoms aren't as pronounced, and the addict has a better chance to lead a stable life. Indeed, Shinderman says that many methadone "addicts" achieve stability and integration into society.

"Nevertheless, physicians often scorn methadone," said Shinderman.

"There's something that just is not aesthetic to the physician about the idea of substituting one addiction for another. We tend to look at the heroin addict as immoral, having a lack of will power — a junkie," he said.

This deters physicians, and some psychiatrists, from becoming involved in the problem. Shinderman calls drug addiction treatment the "stepchild" of psychiatry because of the field's greater willingness to deal with it.

Physicians just don't like to think of methadone as a treatment or a cure.

"It's not as attractive as the idea of getting to the root of the problem and finding the reasons for his addiction. Ultimately, of course, this scenerio calls for the addict to become an upstanding member of society," he said.

"Ultimately, of course, in reality that rarely happens and then we have to settle for the best solution available.

"A physician, for example, who had become addicted and

subsequently "cured" suddenly developed withdrawal symptoms upon re-entering his old office and seeing the safe where he once stored morphine," said Shinderman. Such stimuli associated with taking the drug can trigger very real psychological reactions. Physicians call it withdrawal. Addicts call it kicking. Whatever the term, the discomfort is real.

"Self administration of the drug produces a change in the consciousness, a change in the feeling state of the addict. But there are certain things that are associated with that feeling. It might be seeing another addict under the effects of the drug. It might be the neighborhood. It might be the smell of the city," said Shinderman.

The drug itself is the initial re-enforcer of the habit. But other conditions become associated with the experience.

"It seems narcotic addiction, at least some aspects of it, can be understood best as a conditioned response with secondary re-enforcers," said Shinderman.

The second treatment is a system of trading the addicts dependence on an illegal drug (heroin) for dependence on a legal one (methadone).

"Methadone treatment essentially is giving a synthetic opiate drug

which has many of the characteristics of heroin itself in a controlled setting. Methadone is legal. Heroin is not," said Shinderman.

Methadone relieves the discomfort and craving for heroin, but Shinderman admits it is just as difficult to abandon.

However, he says there are advantages. Heroin addicts require from 2 to 6 injections daily.

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Around The State

Keokuk

Morning service at Pilgrim Rest Baptist Church last Sunday, Rev. Dale Laster, of Ft. Madison, Ia., the speaker. He was assisted by Rev. Nathaniel Lee. Visitors attending the service, Mr. and Mrs. W. J. Laster Jr., and son Darrel, of Ft. Madison, Iowa, and Mrs. W. J. Laster Sr., of Marshall, Texas.

On last Sunday the members of Pilgrim Rest unanimously extended a call to Rev. Dale Laster to serve as pastor. He accepted and stated that with the help of God he would become our leader.

Horace Snively entered KAH East during the past week.

On Sunday, Oct. 15, Pilgrim Rest members will observe over 100 years of the existence of the Pilgrim Rest Baptist Church. With dinner and a 3:00 p.m. service, and the pastor, Rev. Dale Laster, the speaker. Dinner will be served with Ms. Jewel Heywood in charge of the dining room. Everyone is cordially invited to attend.

Mrs. Joan Sanders and son, Ryan, of Des Moines, Iowa, were weekend visitors of parents and grandparents, Mr. and Mrs. Tom Holton.

Mr. and Mrs. Clifton Ashby, Mrs. Judy

Buckner, and her daughter, Pamela, of Chicago, Ill., were weekend visitors in the city, renewing acquaintances.

At this writing, Charles Wilson, who had recent surgery, is reported to be slightly improved.

Mt. Pleasant

Second Baptist Church
Rev. W. A. Smith, pastor
Sunday School - 9:15 a.m.

Morning Worship - 10:30 a.m.

Prayer Meeting and Bible Study Wed. - 7:00 p.m.

Mr. Fred Prentiss of Chicago, Illinois was a visitor at Second Baptist Church Sunday.

Fort Madison

by Mrs. Dessie Burt
Second Baptist Church had their regular Sunday morning services with the pastor, Rev. H. Davis in charge in the afternoon, Rev. Sparks, the pastor of Mount Olive Baptist Church in New Boston and members were guests at the second Baptist Church in Fort Madison Sunday, Oct. 8th.

Mrs. Mollie Rudd, Mrs. Stella Harper, Mrs. Marjorie Marsh and Mrs. Dessie Burt were among 14 Senior Citizens

who went to Galesburg, had dinner at the Senior Citizens center, then went shopping at a new center in Galesburg Oct. 4th.

TEN COMMANDMENTS OF HUMAN RELATIONS

1. Speak to people. There is nothing as nice as a cheerful word of greeting.

2. Smile at people. It takes 72 muscles to frown, only 14 to smile.

3. Call people by name. The sweetest music to anyone's ear is the sound of his own name.

4. Be friendly and helpful.

5. Be cordial. Speak and act as if everything you do was genuine pleasure.

6. Be genuinely interested in people. You can like anyone if you try.

7. Be generous with praise — cautious with criticism.

8. Be considerate with the feelings of others. It will be appreciated.

9. Be thoughtful of the opinion of others. There are three sides to a controversy — yours — the other fellows — and the right one.

10. Be alert to give service. What counts most in life is what we do for others.

Ottumwa

U.S. FORCES, Germany (AHINC) Oct.

10 — Spec. 4 Robert B. Fike, son of Mrs. Gertrude M. Fike, 311 Lincoln, Ottumwa, Iowa, is participating with other American and allied troops in REFORGER '78, NATO's largest yearly exercise, held in Germany.

More than 11,000 soldiers were flown to Germany and some 37,000 tons of equipment and supplies have been shipped from the U.S. for the massive exercise.

REFORGER (Return of Forces to Germany) results from a 1967 agreement between the U.S., United Kingdom and the Federal Republic of Germany. The U.S. agreed to return stateside-based forces to Germany each year for exercises to demonstrate allied solidarity.

The entire exercise emphasizes the orderly disposition of forces and stressed deployment procedures and techniques.

Fike is regularly assigned as an ammunition handler with the 27th Field Artillery in Friedberg, Germany.

He entered the Army in July 1976.

Fike is a 1976 graduate of Ottumwa High School.

This Week



October 12, 1492

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Members of Congress Often Vote Against the Interest of Blacks and Poor

WASHINGTON (NNPA) — Members of Congress, even from districts heavily populated by blacks and poor Americans, voted this year against the interests of these citizens on 22 key issues, according to a study made by the National Newspaper Publishers Association - the Black Press of America.

Among the issues on which Members of Congress voted against the interests of blacks and the poor and defeated the measures are: The establishment of an Office of Consumer Representation, a budget resolution to shift \$4.8 billion from the military to domestic purposes, and some relaxation of the ban on federal funding of abortions. Also the opposition voted successfully to cut CETA Title VI public service jobs at a time of continuing high employment.

Chicago Daily

Defender Publisher John H. Sengstacke, president of NNPA, says that publicly available information on votes by members of the Congressional Black Caucus were used as a standard in the study. However, it should be pointed out that this is not a study by the Caucus, Sengstacke explains, "but that we believe that the Caucus members' votes reflect the views of Black America."

The study findings were presented to a Congressional Black Caucus Workshop last week by John L. Procope, publisher of the New York Amsterdam News and first vice president of NNPA.

In the South, where the poor range as high as 38 percent in one Texas district and blacks as high as 46 percent of one Mississippi district, the composite vote in opposition to the 22

issues of importance to blacks and the poor rose as high as 89 percent in Delaware, 84 percent in Mississippi and 82 percent in Virginia.

Actually, the report indicates that eight of the 10 Virginia Congressmen were 90 to 100 percent in opposition to the passage of legislation of interest to the blacks and the poor who helped elect them. Blacks make up two to 37 percent of the population of the state's districts.

That the Members of Congress from the South and other regions often vote against the interests of their constituents may be attributable to the failure of blacks to register in larger numbers and also to vote on election day.

Copies of study are available at NNPA, 770 National Press Building, Washington, D.C. 20045. The price is \$1 for mailing and handling.

Bakke Baffles Law School

Reprinted from the Drake Times-Delphic
BAKKE BAFFLES LAW SCHOOL

By LAURA HICKS

Drake's Law School is unsure how the recent U.S. Supreme Court Bakke decision will affect its separate admissions policies for disadvantaged minority students.

The Supreme Court, in a 5-4 decision, ruled June 28 that Allan Bakke was discriminated against when he was not accepted by the University of California's Medical

School at Davis. The decision cast a pall over the constitutionality of affirmative action programs across the country.

Dean of the Law School John Scarlett has appointed a committee to consider what steps Drake must now undertake. Robert Hunter, law professor and chairperson of the committee, explained, "(We're trying to determine what the implications of the Bakke decision are."

Hunter said faculty members will be talking to prospective students, both black and white, so

the committee will have to make a decision or recommendation soon.

The committee is composed of five faculty members, two lawyers, and two students. Two of the members are black.

Scarlett estimated the law school's enrollment to be about 500 students. Minority enrollment is approximately less than five percent.

In Iowa, nine organizations have launched a statewide campaign to get the Supreme Court to reconsider the Bakke decision. In conjunction, they conducted a rally in Des Moines, August 19, at the state capitol, where they requested people to sign a petition. They plan to present the petition to the Supreme Court on Jan. 15, 1979 — the anniversary of the late Martin Luther King's birth — as a formal request for a reconsideration of the Bakke decision.

The organizations are: Des Moines Area Justice and Peace Center, the Des Moines chapter of National Alliance Against Racist and Political Repression, Des Moines Catholic Worker House, Des Moines CROSS (Christians Reaching Out Seeking to Serve), the Des Moines Women's Center, Center for the Study and Application of Black Theology, Des Moines CAPES, Iowa Socialist Party and Revolutionary Student Brigade in Iowa City.

Teacher Corps Conference

Sixty educators, students and community representatives have completed a four-day compressed planning conference as the first major step in development of a five-year Teacher Corps program for the Des Moines Public Schools.

The conference was held at the Iowa Conservation Education Center at Springbrook State Park, Guthrie Center.

During the next five months, 44 of the conference participants will work with material

developed during the four days. They will list activities and techniques for accomplishing the tasks suggested by the conferees.

The new Teacher Corps program in Des Moines will operate at Edmunds Jefferson elementary school, Brody and Callanan junior high schools and Tech high school. The program has received a grant of \$1 million for five years.

The program will be operated by Drake University in cooperation with the Des Moines Public Schools.

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1972 Buick Lesabre \$1,595

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Aesop: Inspirer of the World's Great Minds

By David Robinson

(650 B.C.)

The influence of Aesop on Western thought and morals is profound. Plato, Socrates, Aristophanes, Aristotle, Solon, Cicero, Julius Caesar, Caxton, Shakespeare, LaFontaine, and the other great thinkers found inspiration in his words of wisdom. Socrates spent his last days putting his fables into verse.

The books that have been written about him and his works would fill an immense library. His writings have been translated into almost every language of the civilized world.

According to some writers, he is supposed to have been Lokman, another Negro slave, who was the wisest man of the East, and who was used as an authority by Mohammed in the Koran. But the manner of his death, as told by the Greeks, gives so living a touch to Aesop that it is not difficult to believe he was distinct from Lokman.

Of Aesop's early life nothing definite is known. He lived in the sixth century B.C. According to Planudes the Great, a monk of the fourteenth century to whom we are indebted for Aesop's life and fables in its present form, he was a native of Phrygia, in Asia Minor, and a Negro slave, "flat-nosed...with lips, thick and pendulous and a black skin from which he contracted his name (Esop being the same with Ethiop)."

Camerarius, Osborn, Baudoin, Bellegarde, and almost every writer agrees with Planudes.

Aesop's first master was Xanthus, who saw him in a market where he was for sale with two other slaves, a musician and an orator. Xanthus asked the musician what he could do. He replied, "Anything." The orator, to the same question, replied "Everything." Turning next to Aesop, Xanthus asked, "And what can you do?" "Nothing," was the reply.

"Nothing" repeated Xanthus, at which Aesop replied, "One of my companions says he can do anything and the other asserts that he can do everything. That leaves me nothing."

Struck by the reply, Xanthus said, "If I buy you, will you promise to be good and honest?"

"I'll be that whether you buy me or not," retorted Aesop.

"Will you promise not to run away?"

"Did you ever hear a bird in a cage tell his master that he intended making his escape?" demanded Aesop.

Xanthus, pleased at Aesop's wit, was strongly tempted to buy him, but hesitated because of his black and ungainly form. He said, "That unlucky shape of yours will set people hooting and gaping at us wherever we go."

"A philosopher," replied Aesop calmly, "should value a man for his mind and not for his body."

The purchase was made. Xanthus wife made the same objection and chided her husband for having bought him, but Aesop's cleverness soon won her over too.

A few days later Xanthus went on a journey accompanied by slaves to carry the luggage. When Aesop chose the heaviest load, the others laughed at him. That, however, contained the food, and grew lighter and lighter as the days went on until nothing was left.

One day Xanthus' gardener asked Xanthus why it was that weeds grew so much better than cultivated plants. Xanthus could find no better reply than to say that Providence had ordered it so, but Aesop said, "Nature is a mother to the weeds, but only a stepmother to the cultivated plants."

One day after a quarrel, Xanthus' wife left him. Aesop promised his master that he would have her back before many days. Going to the market he bought meat, fish, cake, flowers, wine, the best of everything. At each shop and to each acquaintance he said that the reason for the purchases was that his master was going to get married. The news soon reached the ears of the recalcitrant wife, who came running back. "Don't you ever flatter yourself with the hope of having another wife while I'm alive," she screamed.

To celebrate her return Xanthus decided to give a feast and invited the leading philosophers of Greece. Aesop was entrusted with its preparation. When the guests sat down to eat, however, each dish was found to be tongue of some sort. When Xanthus angrily demanded an explanation, Aesop replied with assumed naivete, "You ordered me to make the best provision that I could think of for the entertainment of these excellent persons. As the tongue is the key that leads to all knowledge, what could be more suitable than a feast of tongues for philosophers?"

Xanthus mollified by the laughter of his guests, said, "I invite you all to dine with me tomorrow. Since my slave seems set on contradictions, I am ordering him to prepare a feast of the worst. We shall see what that shall be."

But again only tongue was served. To the angry Xanthus Aesop explained, "Was it not an evil tongue that caused a break in your family? Was it not a soft

tongue that healed the breach? The tongue is at once the best and the worst entertainment."

Aesop also had the better of an encounter with Croesus, King of Lydia, the richest man of antiquity. Croesus threatened war upon Samos if its inhabitants did not pay him tribute. They decided to submit, but finally asked Aesop's advice. He replied, "There are two ways before you: the way of liberty, which is narrow and rugged at the entrance but plainer and smoother the further you travel; the second is the way of servitude that seems easy at first but which is afterwards full of intolerable difficulties. You must choose."

The Samians chose the first, which meant war. When Croesus learned that it was a few words from one man that had made the Samians change their mind, he was anxious to see the one who could so powerfully influence others and promised peace on condition that he be sent to him. The Samians urged Aesop to go. He agreed but told them the following fable:

"There was a war between the wolves and the sheep. The latter, aided by the dogs, had the better of it. Finally the wolves agreed to make peace on condition that the dogs be sent to them. The sheep agreed. As for the rest of that story, you do not need to hear it, I am sure."

The Samians now begged Aesop not to go but he went, feeling that he was able to protect himself.

When Croesus saw him, he looked at him in scorn. "Is this illfavored slave one to hinder me, The King of Lydia, from being the master of Samos?" he asked. But Aesop, bowing low in the Lydian manner, replied gently that he had come of his own free will, and told Croesus the following Fable:

"A boy hunting locusts had the fortune to take a grasshopper. Seeing that he was about to kill her, she pleaded for her life, saying, 'I have never done ill to anyone having had it neither in my will nor in my power. All my business is my song. Will you be the better for my death? The youth relented and he let the grasshopper go.'

"Your majesty has now that innocent creature before you. There is nothing I can pretend to but my voice, which I have ever enjoyed, so far as I could, for the service of mankind."

When Croesus, touched by his modesty, bade him ask for anything he wanted, Aesop asked that Samos be left in peace.

With this bloodless victory attained, he returned in triumph to his countrymen. Croesus, however, made him promise to return to him, and Aesop kept his word. He spent several years in Lydia writing his fables.

Aesop finally expressed a wish to travel and Croesus gave him a large sum of money and letters of introduction to the leading rulers of the East. He visited Greece, Babylon, Egypt, Asia, and at Corinth met the Seven Wise Men of Greece at a banquet given by Perimander in honor of the occasion. "The encounter was to the common satisfaction of the whole company; the entertainment philosophical and agreeable; among other discourses they had some controversy upon the subject of government. Aesop being for a monarchy; the rest for a commonwealth."

Aesop was skilled in playing on the vanity of mankind. He realized that it was necessary to sugar-coat the truth, especially in dealing with the great. This won him success where others of higher prestige had failed.

Once Solon, the great Athenian law-maker, visited Croesus. The latter displayed his enormous wealth, hoping to impress Solon. But Solon, unmoved, said frankly that riches did not bring happiness, and that he knew several heroes who had suffered glorious death for their country whom he considered more fortunate than his very rich host. This frankness caused Solon's abrupt dismissal.

When Aesop was shown this same treasure, he replied, "Croesus is to other men as the sea is to the rivers that flow into it." After this he then declared in his own way that he considered honor superior to riches.

His sharp wit and ready tongue were, to be the cause of his death. When he visited Delphi, he was so disappointed at the place which had such a worldwide reputation for piety, learning, and wisdom that in an unguarded moment he told the following fable to some acquaintances:

"Some persons standing at the seaside saw an object on the ocean coming toward them a great way off, which had all the appearances of being something of importance, but when it came close enough to be discernible they found it to be a great mass of weeds and rubbish. Such, I find, to be the curiosity that brought me to Delphi."

When the remark came to the ears of the authorities they decided that Aesop should not leave alive. His opinion, if broadcast, would ruin Delphi, whose principal wealth came from its visitors. Accordingly, as soon as he had left the town they



Aesop

sent soldiers after him who accused him of stealing a sacred cup from the temple, which had been planted in his bag.

Aesop readily permitted a search of his effects. The cup was found. Pronounced guilty of sacrilege, he was sentenced to be thrown from a precipice into the sea. He succeeded, however, in breaking away from the guard and fled into the temple where he took refuge. But he was wrenched away. Hoping to save his life, he told his captors fable after fable in vain.

As a parting shot he told them the fable of the Asses:

"An old man who had spent his whole life in the country without ever seeing the town decided that nothing would please him better than to see it before he died. His friends were too busy to take him, but they had some asses which knew the way to the town and decided to let the animals guide him there."

"On the way a storm arose and in the darkness the beasts lost their way and tumbled with the old man into a deep pit where he said with his last breath, 'Miserable wretch that I am to be destroyed, since I must, among the basest of all animals, asses.'"

The Delphians, whipped to fury, threw him from the cliff to his death. But they greatly regretted it later, for their action brought universal condemnation down upon them.

Among the most noted sayings attributed to Aesop are the following:

"The world is like a true play of wheels, turn by turn one mounts and one descends."

"Prometheus, in making man, did not use water to mix the clay; he used tears."

One of his most impressive fables is the following: A wolf, peeping through a window, saw a company of shepherds eating a joint of lamb. "Lord," he exclaimed, "what a fuss they would have raised had they caught me doing that."

Another striking one is that of the fly who buzzed about a lion's nose, forcing the king of beasts to notice him; but even while he was gloating over his triumph, the fly fell into a spider's web.

The most famous of all these fables; one that has profoundly influenced politics through the centuries, is that of the frogs who wanted a king.

Finding life in their pond too quiet, these frogs prayed to Jupiter for a king. He threw them a log, which after the first splash, lay still. Finding this king not noisy and spectacular enough they leaped on him with contempt and again begged Jupiter for a ruler - a real one this time. He now sent them a stork, which made life very exciting because it began to eat them.

**Benjamin
L.
Hooks**
Executive Director, NAACP
NEW DAY BEGUN



Here we go again. That much heralded sociologist James A. Coleman, who authored a report in 1966 that said black children learned better in integrated settings, has again turned against his earlier findings. It is a "Mistaken belief," he said, that black children learn better in integrated schools.

For research over the past decade has shown that "it is not the case that school desegregation as it has been carried out in American schools generally brings achievement benefits to disadvantaged (translate black) children."

Integration, he has found, does not work. "Thus what once appeared to be fact is now known to be fiction."

Anyone who has seen, much less waded through, Mr. Coleman's voluminous report entitled, "Equality of Educational Opportunity," must therefore wonder what has happened between the period in which that

research was done and the past decade on which the present study is based.

Have the basic foundations and attitudes on which American society is built changed so radically as to impel Mr. Coleman to reject the conclusions of his earlier studies? We suspect not.

Or, was the University of Chicago sociologist merely riding the crest of national self-guilt when he conducted the study that Congress authorized under the 1964 Civil Rights Act and which was sponsored by the U.S. Office of Education?

To understand Mr. Coleman's new wisdom, we must recognize that in recent years the segregation target has not been primarily the South but the North. Southern segregation, we should recall, was an easy and very profitable target for many northern liberals such as Mr. Coleman.

But now that the civil rights struggle has been carried into the North, we find that many of our former allies are acting no differently than southern red-necks of yesteryear who bitterly opposed integration.

So, as with an earlier rejection of northern school desegregation that was voiced in 1975, the sociologist is now riding the conservative, racist crest that is no different in the North from the South. It is not surprising, therefore, that he finds that court-ordered school busing is "counter-productive."

In 1975, he charged that school busing had proved counterproductive because it caused whites to flee the cities. Mr. Coleman, however, admitted then that

his studies were not supported by data. The NAACP also showed that 20 of the largest cities he cited as having suffered from white flight had no court-ordered busing.

What is overlooked in the attacks by white as well as some blacks on northern school desegregation efforts are the reasons that led the Supreme Court to issue its 1954 *Brown* desegregation. At that time, the decision was regarded as truly revolutionary.

Indeed, it was — and still is. The court not only overturned the historic "separate but equal" doctrine of *Plessy v. Ferguson*, but as a result of voluminous studies and evidence that NAACP Special Counsel Thurgood Marshall amassed, it was able to find that segregated schools were inherently unequal.

This conclusion was based not on the belief that the schools were inferior merely because they were black. Instead, the NAACP demonstrated that schools attended primarily by black children were willfully starved of equal funding, and adequate resources. Furthermore, by being singled out for segregation, black children were deliberately made to feel inferior — a psychological damage that was self-fulfilling.

Although he might still make *The Washington Post* front page, or generate some following among die-hard segregationists, Mr. Coleman's influence fortunately has run its course. He is generally considered irrelevant by his academic peers, not to mention lawyers.

**Business
in the
Black**

By Charles E. Belle



**Cattle Cost on Rampage
Can Black Consumers Revolt**

Trying to halt food prices from rising is like standing in front of a cattle stampede - alone. Hardly worth the effort unless you're a rodeo rider. There are a few passages for the nimble footed caught in the herd of higher prices. Meat is the biggest beef most black and white Americans have with ever increasing cost of living item. However, other than finding fresh fish, few avenues are available to cut the cost of existence for low-income Americans. Some Blacks and most whites can drive their cars to take advantage of sales advertised in various food

stores. Low-income families spend almost 40 percent of their income on food, while wealthier families spend about 10 percent. Middle-income white Americans have even revolted against higher coffee prices, causing consumption to drop some twenty per cent, but Black Americans have not boycotted beverages, baby food or bread producers. Being played like a pawn in the white power structure, Black Americans have been led to believe a better life is just around the Carter Administration.

Allen Johnson, agricultural economist, U.S. Department of Agriculture, revealed at a Food Marketing Institute conference at the Sanford Court in San Francisco, "food prices will be up in 1978 and 1979." The bulk of the increase in the consumer price index meat portion was beef prices. Cattle herds are too small to serve the needs of the population, therefore pushing prices up for the prime cuts. Because of the long life cycle of calf to cattle, getting beef to market takes time.

Times have also been changing for the retail food store. Stuck with selling these higher priced products, grocery chains are attempting to cut cost. Labor looms as the loser in this battle of bucks from

beef, bouillon or bread. Labor cost is 66.5 percent of a grocery stores gross profit margin. Super markets and shoppers can suffer with labor cost settlements. Teamsters take up to \$13 an hour in some urban areas. Stores in some sectors are fighting cost increases. One way to help reduce expenses is using scanner devices to check out goods at the counter.

This allows for a faster, more efficient checking out of goods with better inventory control. Because inventory turnover, rapid selling of items is so important to supermarkets, savings in interest rate cost for carrying goods can be made by keeping inventories down. When a store has high inventory cost, it is too often passed on the consumer in the form of higher prices. Putting energy saving ideas to work like heat reclaiming from required 24 hour use of refrigerator compressors is also a sound recycling savings by supermarkets. Still these schemes can not stop the rising cost to the black consumer of basic food items. Only an annoyed, angry, aware and aroused Black American protest can focus attention on profiteering in food prices estimated by some experts as jumping as much as ten per cent next year.

**Happiness
Through
Health**

by
Otto McClarrin



**PART II - SEXUAL INTEREST AND ACTIVITY
CAN CONTINUE THROUGH LIFE**

The changes in a woman's sexuality with age are fewer than in men. Although some women report a decline in sexual interest with age, this may be more psychological than physical. From a physiological standpoint, menopause should not cause a decrease in desire. In fact, for some, libido is enhanced during the menopausal years.

Unlike men, women retain indefinitely the potential for reaching orgasm two or more times in quick succession. However, as with men, the buildup to orgasm may take longer. And because of anatomical changes after menopause, it is more likely that discomfort or pain will interfere with a woman's orgasmic ability.

The fall-off in estrogen production after menopause results in a thinning and flattening of the walls of the vagina. Less lubrication is produced and a longer period of stimulation before intercourse may be needed for the vaginal walls to moisten. The shape of the vagina may change and its size and elasticity diminish, resulting in increased pressure on the urinary tract. Some women after menopause have painful spasms of the uterus at orgasm. There is also an increased tendency to develop vaginal and urinary infections, which can cause pain during intercourse.

A woman's external genital organs also change after menopause. There is less fat and other tissue protecting the clitoral area and the clitoris - the seat of a woman's sexual response - is more likely to become irritated than stimulated by direct manipulation.

Vaginal discomfort after menopause may be relieved by estrogen cream prescribed by a physician. However, oral estrogens must be used with caution and frequent gynecological checkups are necessary because these hormones may increase the risk of developing uterine cancer. Dr. William Masters and Mrs. Virginia Johnson, in their pioneering studies of the human sexual response, found that the best antidote to the effects of aging on the vagina is to maintain an active sex life throughout middle age and beyond.

Contrary to common belief, ordinary sexual activity does not endanger an old person's health. Experts say that heart patients who can perform moderate physical activity, such as climbing a flight or two of stairs, can safely have sex. The heart beats faster during a brisk walk or heated argument than during sexual intercourse.

In at least 70 percent of men who have prostate surgery, potency is retained. Congestion of the prostate commonly results from sexual abstinence and is actually relieved by frequent orgasm. Diabetes can eventually interfere with potency in men and with orgasmic ability in women. But impotence in a diabetic who is untreated is usually reversed by medical control of the diabetes.

Various drugs commonly taken by the elderly, including tranquilizers, anti-depressants and certain high blood pressure medication, can impair sexual functioning in men and women. If the drug is necessary, the doctor can often prescribe a

substitute medication that does not affect sexual performance.

In their book, "Sex After Sixty" (Harper & Row, \$6.95), Dr. Richard N. Butler, director of the National Institute on Aging, and Myra I. Lewis recommend various ways to enhance sexuality in the later years. They suggest that continuing attention be paid to dress and grooming, good hygiene, regular exercise and proper nutrition. A couple too tired for sex at night might try the morning when they are relaxed and refreshed. It also helps to avoid eating a big meal or drinking alcoholic beverages before sexual activity.

If an elderly couple encounters a sexual problem, they should not assume it's the inevitable consequence of age. Many can be treated; often counseling to erase misconceptions is all that is required to restore full sexual functioning. Even long-standing sexual problems can often be resolved through sex therapy, Dr. Masters and Mrs. Johnson report. There's no reason, they say, for older people to be condemned to continuing sexual dysfunction for the rest of their lives.

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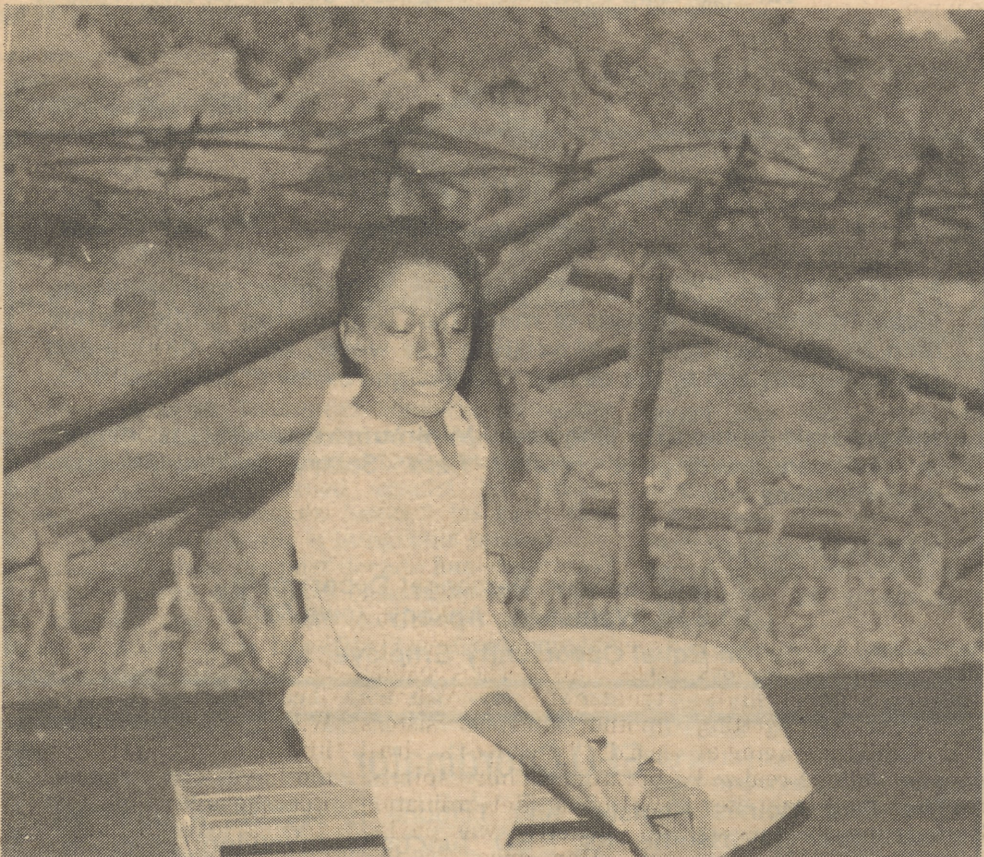
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Fields portraying a slave in the musical "Shenendoah," presented at the Des Moines Community Playhouse.

Movin' On Up A Little Higher

Spotlight
From page 1

Care Center, (recently received Child Development Association Certificate), the child guidance experiences there have helped, preceded by the guidance and inspiration of God."

Fields sings in various programs around the city, particularly church oriented.

He sung in "Scott Smiths Presents Christmas Show", last year and he appeared in the Edmunds Ambassador & Moonlight Dancers for three years. Also while attending Edmunds Elementary School, he sung in the Edmund - King - Moulton - Casady Schools City Ambassador choir for two years.

In '77 he played the son of a slave family, on location in Keosauqua, for I.P.B.N.'s Iowa Heritage Series: Civil War segment, which premiered this past September. This series dealt with the 1850 question of slavery and Iowa's participation in it, and it also showed parts of the "Underground Railroad" in Keosauqua.

Fields was also a past member of the Willie House Drama Club in '76, where he participated in mime skits, impromptu and was a featured performer in the Iowa State Fair of that year.

Fields recalls singing

as early as age three, but Mrs. Dovie Leath, Personnel director of Tiny Tots Day Care, Stevie's early childhood teacher, remembers starting him a little further back. She recalls teaching him his first song at age two and a-half. "I've never seen any young person strive to do as many things as Stevie does in a day. Ever since he was wee tall he has always been very creative. He also has a vivid imagination. Stevie sings with so much feeling, one can tell it's from the depth of his heart."

For young Fields the ability to sing is a gift from God and he recognizes that and never likes to refuse people when they ask him to sing for a program.

Fields became interested in the world of the theatre when he was ten years old. He was inspired by Ben Vereen because his style of movement, dancing, combined with singing is very impressive explains Fields who really doesn't want to be like him, but respects Vereen for being a black man who made it.

"I want to do my own thing," states Fields, "develop my own style and music, it's just that Vereen is an excellent example of a good professional dancer and singer that made the big times."

Fields has big plans for the future and with a lot of community support and help, his "self-

fulfilling prophecy" will be fulfilled. Fields comments, "I would like to go to college and study to become a music teacher and also minor in theatre arts." Mainly because he is interested in traveling with a musical dramatic theatre company and perform. After traveling he feels that he would like to teach from his knowledge and experiences.

Fields enjoys singing for God and performing for people. "It gives me a good feeling inside," exclaimed Fields.

And what does Mrs. Fields say when people make a fuss over Stevie and give advice on how to steer him in the right direction? "It makes me feel great to know that people appreciate his talent so much that they ask him to appear for various things and he's just so warm and full of love that he will not refuse anyone," cheerfully explains Mrs. Fields.

Carrie McDowell move on over because Stevie Fields is "movin' on up." You can be a star no matter who you are, if the light in your heart is glowing then you'll be glad in knowing that Stevie Fields is also very academically astute. At Brody last year he was a top honor roll student. He also serves as Student Council homeroom representative this year and participates in track.

The road for Stevie Fields, age thirteen, may be long, but can be made easy, with support spiritually and financially from the local Des Moines community. Fields will continue to "move on up a little higher" each year in music, drama and academics.

PUBLIC NOTICES

The legal notices which appear on this page are published under state laws which require that all taxpayers be kept informed as to what becomes of their tax dollars. Secrecy in government is never in the public interest.

NOTICE OF SHERIFF'S SALE ON SPECIAL EXECUTION District Court of Polk County, Iowa STATE OF IOWA,

ss
Polk County
Des Moines Savings and Loan
Association

versus

Wayne A. Chapman, Marilyn L. Chapman, John F. Virden, Watson and Swanson, P.C., Polk County, Iowa, Central National Bank and Trust Company, Stanbrough Realty Co., Capital City State Bank, Ernest Boury, Marion Boury, Jewett Lumber Company, John A. Crivaro

BY VIRTUE OF A SPECIAL EXECUTION TO ME DIRECTED, issued by the Clerk of the District Court of Polk County, Iowa, in favor of Des Moines Savings and Loan Association, and against Wayne A. Chapman and Marilyn L. Chapman and in rem, on a judgment rendered by said court on the 27th day of September A.D. 1978, wherein it was ordered, adjudged and decreed that the following described property be sold to satisfy said judgment to-wit:

The South 65 feet of the North 98 feet of the East 145 feet of the West 165 feet of the North Half of the East Half of the Northeast Quarter of the Northwest Quarter of Section 22, Township 78 North, Range 24, West of the 5th P.M. (except legally established road) now included in and forming a part of the City of Des Moines, Iowa.

NOW, THEREFORE, public notice is hereby given that unless the said defendants appear at my office in Des Moines, on or before the 17th day of November A.D. 1978, at ten o'clock A.M. of said day, at which time said above described property is hereby advertised to be sold, and pay off the amount of said execution, with interest and costs, I will sell said property, or sufficient thereof to satisfy said Execution, with interest and costs, at public outcry, to the highest bidder, at the east front door of the Court House, in Des Moines, Iowa, for cash in hand to pay off said Execution.

Bob E. Rice
Sheriff of
Polk County, Iowa
by Nadine Hall
Deputy

Published and printed by the
New Iowa Bystander on October
12 and 19, 1978.

STATEMENT OF OWNERSHIP

Statement of Ownership, Management and Circulation required under Act of August 12, 1970: Section 3685, Title 39, United States Code for The New Iowa Bystander published weekly at West Des Moines, Iowa for October, 1978.

The name of the publisher is Loren Sampson, Ankeny, Iowa.

The owners are Triple S. Publication, Inc., West Des Moines, Iowa, Loren T. Sampson and Ronald Sampson, Ankeny, Iowa, T. R. Scarborough & JoLee Scarborough, West Des Moines, Iowa, and Jeff Susie, Des Moines, Iowa.

There are no known bondholders, mortgagees and other security holders owning or holding 1 percent or more of total amount of bonds, mortgages or other securities.

The average number of copies of each issue of this publication sold or distributed through the mails or otherwise to paid subscribers during the 12 months preceding the date shown above was 3,746.

Loren Sampson
Publisher

Sworn to and subscribed before me the 10th day of October, 1978.

Cleona Knapp

(Seal)
(My commission expires
September 30, 1979)
Printed in The New Iowa
Bystander October 12, 1978.

ORIGINAL NOTICE In The Iowa District Court For Polk County

Equity No. CE 10 5345
UNITED FEDERAL SAVINGS
AND LOAN ASSOCIATION OF
DES MOINES,
Plaintiff,

vs.

NORMAN GILBERT a/k/a
NORMAN LEE GILBERT,
DWIGHT D. WORMER, MRS.
DWIGHT D. WORMER, NINA
COLLENE STULL, a/k/a
COLLENE STULL, and POLK
COUNTY, IOWA
Defendants.

TO: Dwight D. Wormer, Mrs. Dwight D. Wormer, Nina Collene Stull, a/k/a Collene Stull

You are hereby notified and required to serve upon Grant, Lozier & Sarcone, Plaintiff's attorneys, whose address is 902 Liberty Building, Des Moines, Iowa 50309, an appearance, motion or pleading to the Petition which is now on file on or before the 9th day of November, 1978 and within a reasonable time thereafter to file a duplicate with the undersigned Clerk of Court.

If you fail to do so, judgment by default will be taken against you for the relief demanded in the Petition.

You are further notified that the Petition of the Plaintiff in the above entitled cause of action is now on file in the office of the Clerk of the District Court of the State of Iowa, in and for Polk County, asking judgment against the defendants named in the caption hereto, and against the mortgaged property hereinafter described, for:

(1) The sum of \$11,257.61 with interest at 8 1/2% from September 1, 1978, being the amount due plus interest upon the promissory note in the principal sum of \$11,450.00, dated July 30, 1975, which note was made and executed by Nina Collene Stull a/k/a Collene Stull, payable to this Plaintiff which note this Plaintiff has declared due and payable forthwith because of the default of the Defendants in failing to make payment of monthly sums of principal and interest due. The said sum includes delinquent interest and advancements to and including September 1, 1978, and represents the total sum due after allowing Defendants all just credits; also asking for judgment for any further or future advancements Plaintiff may be required to make for continuing abstract of title or for any other purpose authorized by the terms of said note and mortgage and by Iowa law.

(2) Also asking judgment for costs including statutory attorney fees.

(3) Also asking as against the Defendants above named a decree of foreclosure of the mortgage made and given by Nina Collene Stull a/k/a Collene Stull, which mortgage is dated July 30, 1975, recorded in Book 4537, Page 767 of the Office of the Recorder of Polk County, Iowa, said mortgage being given to secure the above mentioned note and other sums claims, which mortgage covers the following described real estate, to-wit:

The West 1/2 of Lot 14 in Block 66 in Stewart's Addition to the City of Des Moines, now included in and forming a part of the City of Des Moines, Iowa.

Plaintiff waives its rights to a deficiency judgment and elects to have the period of redemption reduced to six months.

Plaintiff also asks for the appointment of a receiver to take charge of the mortgaged premises and to collect the rents, issues and profits arising or which may be had therefrom and to apply them as by Court directed. No money judgment is asked except against such persons who executed said note and mortgage.

For further particulars see the Petition now on file.

Dated this 4th day of October, 1978.

Clark R. Rasmussen
Clerk of the Polk County
District Court
Polk County Courthouse
Sixth and Mulberry Streets
Des Moines, Iowa 50309
By Betty Bastian

Printed and published in the
New Iowa Bystander October 5,
October 12 and October 19, 1978.

GOT A PROBLEM?

Call 244-8646

The Information and Referral Service will help you locate the agency which can help you with your problem. Open 24 hours.

Black History Minutes

by Connee L. Bowman

(The Johnson Products Company of Chicago recently celebrated its 25th anniversary by sponsoring a showing a life-sized portraits of 13 Black women at the Chicago Public Library. The artist for the collection was Paul Collins. One of the subjects is WILMA RUDOLPH, Black track star)

SHE HAD A HARD TIME WALKING

Wilma Rudolph was born and reared in Clarksville, Tennessee. She was the seventeenth child in a family that was extremely poor. As

a small baby, Wilma was frail and sickly. Although she was not expected to live, she managed to survive scarlet fever and pneumonia. When she was only four she became very ill with polio. She was crippled in one leg and the doctors did not think she would walk again. At the time, therapy techniques for polio patients were just developing and many persons who contracted polio were permanently affected by it. Her parents did not want to give up hope that Wilma would walk again.

TEACH ME HOW

Her parents were already doing what many folks thought was impossible. They were raising a family of 16 children on the salaries of a maid and a store clerk. So it did not occur to them to accept the decision that Wilma would remain a cripple. Her mother took her to the Meharry Medical College less than 50 miles away in Nashville.

There the doctors examined her carefully and gave the opinion that several years of constant massaging might prevent Wilma from becoming a cripple. Since Mrs. Rudolph had a job and a very large family — she asked the doctors to show her how to treat Wilma. The doctors showed her the massaging procedure and Mrs. Rudolph left determined to treat her daughter daily — since it was impractical for her to make the 90 mile

round trip from Clarksville to Nashville on a daily basis.

She went home and treated her daughter for nearly a year each day after returning from work. When doctors examined her a year later they noticed a small amount of improvement. This was encouraging to Mrs. Rudolph. But she decided that the older children in the family could be taught to massage her leg and she could be treated more often. More massaging would mean more improvement in Wilma's leg.

She taught three of the older children and they were organized to work with their sister in shifts. Wilma recalls getting tired of the massaging at times — but she realized that it would help her. By the time she was six years old there was obvious improvement in her condition and Wilma began taking part in more family activities.

She could walk just a little — but mostly she had to hop around the house.

I WANT TO PLAY TOO

When she was eight years old the doctors fitted her with a leg brace and a special high-topped shoe. After lots of practice she got around well enough to watch her brothers and their friends play basketball. She observed them as they dribbled, ran and made baskets and she wanted to do the same.

Her mother came home from work one day and discovered her practicing making baskets without the special shoe — and she was elated. The constant treatment by Wilma's mother and her sisters and brothers had bolstered her spirits. Wilma's determination to be active was paying off. Her once crippled leg was growing stronger and stronger. She became a "tom-boy" and played basketball as enthusiastically as her brothers. She continued throughout elementary and high school. At fifteen years of age she became an all-state basketball player and she made a record at her high school by scoring 803 points in 26 basketball games!

She also worked hard in her studies and made a B plus average. She later was invited by Coach Temple of Tennessee State to try out for the "Tigerbelles", the outstanding women's track team. If she made it she would receive a scholarship for college. Her whole family was excited — they wanted to see Wilma run on the track team. But they were also happy to know that she had the opportunity for a college education.

A RUNNING 'TIGERBELLE'

From the time she first made the Tigerbelle's track team, Wilma worked hard to improve her form. She did have some set-backs. But she overcame them and after a year of training she went with her track team to Melbourne, Australia. There she ran the 400 meter relay team and earned a bronze medal. She helped her team win third place. Coach Temple had always believed that Wilma had the qualities of a champion.

Wilma lived up to his expectations and began breaking records at the 1959 Rome Olympics and qualified for the 1960 Olympics. When she won three gold medals — the whole world cheered for her. Wilma Rudolph received the 1961 Sullivan Award as the outstanding amateur athlete in America. Only three women in 31 years had received this award given by the Amateur Athletic Union.

Today Wilma is the wife of Robert Eldridge and the mother of 4 children. Several years ago she became affiliated with the Youth Foundation in Chicago. There she coaches the women's track team. When her busy schedule permits she makes public speaking appearances. 1974 was a year which brought more honor for Wilma Rudolph when she was inducted in the Black Athletes Hall of Fame.

SHE COULD BE A RUNNER

Ed Temple the track coach at Tennessee State had noticed Wilma playing basketball. He was impressed with her skill and he made the comment: "She could be a runner." He suggested to her high school basketball coach that he start a girls track team at Burt High School where Wilma was still a student. Of course Wilma was one of the first members on the team. It did not take her coach long to see that she was a "fast runner". When Wilma competed in the state high school meet she won first prize in the 50, 75 and 100 yard dashes. Wilma worked very hard at running practice and she continued to win meets.

Poetic & Musical Lines

(According To The Times)

Rose Marie Webster



I like to improvise any project into a song ... for I have no special type to sing, I love to sing them all.

When I sing, I will do my best because it is for you I sing and for myself.

Where Am I Going?

Where am I going? Is there a place Where I can understand and be understood.

Will I ever find peace of mind. Maybe not on this earth, but another place, another time.

Life sometimes can be so discouraging ... yet it could be even worse, I know.

So, where am I going?

Music & Me

Music is my life. I love to sing to you, I " the expression of pleasure on your as I sing ...it's a good feeling to know I've brought a little joy into your life if it's only just for a minute.

Surprising Place Photo Contest

(Des Moines, October 12, 1978) A "Surprising Place Amateur Photo Contest" was announced today by the Publicity Committee of the Greater Des Moines Chamber of Commerce, sponsor of the competition.

William Martin, contest chairman, said the rules are simple. "All we request are photographs of unique or 'surprising' elements in the greater Des Moines area."

Martin said that the contest will include prizes for both color and black and white photographs. Entries must be color transparencies — such as a slide — or color or black and white glossy

prints with a minimum size of 35 sq. in., maximum of 154 sq. in.

The grand prize will be a camera and tripod. Other awards include savings bonds and film processing certificates from area studios and camera shops.

Judges for the competition — hoped to be an annual event — are: Perry Garner, Grand View College; John Heatherington, Register and Tribune; Robert Leiserowitz, Leiserowitz Gallery; and, Perry Struse, Rural American Graphics.

The contest committee consists of Martin, of the Iowa Society of C.P.A.s; Ken McDougall, Meredith Corporation; Vic Smith, Younkers;

Ruth Nyman, Meredith Corporation; and Robert Smith, of Lord, Sullivan and Yoder Advertising.

The deadline for the

contest is 5:00 p.m. November 15. Persons are asked to call the Chamber office, 283-2161, for further information.

Black Folk In American Civilization

The Corp d'Afrique

Some historians refer to the War of 1812 as the "Second War for American Independence." As was true with the "First War for American Independence" (the American Revolutionary War), black men were quite conspicuous in combat fighting for America's freedom. One of the most significant engagements during the War of 1812, where black troops were noticeably employed, was the Battle of New Orleans.

Andrew Jackson, the commander of the American forces at New Orleans and destined later to become U. S. President, had a short supply of soldiers. In order to fill this void, in the autumn of 1814, black men of Louisiana were allowed to volunteer for combat. Jackson told these black warriors that the "voice of the representatives of the American nation shall applaud your valor, as your general now praises you." For participating in the war effort, like their white counter parts, blacks expected to receive the regular remunerations of money, clothing and food, but in addition, there was supposed to be a bounty of 160 acres of land.

On December 12, 1814, the first company of free colored men was mustered into the services of the United States. The next group, the Battalion of Free Men of Color, was mustered into national service on December 16, 1814. This latter group consisted of 353 men. The ranking black officer was Second Major Vincent Populus. Singled out for meritorious valor was Captain Joseph Savary for his bravery shown in the January 8, 1815 battle.

Following the war, these swarthy warriors became somewhat disappointed when they failed to receive more political and civil rights. It was not until 1850 that the State of Louisiana passed a law granting some of the veterans their land bounties. This air of disappointment helped create an environment which, in some communities, developed into a back - to - Africa movement — no black man in America could ever hope to be considered simply a man with all the rights and privileges as all other men, at least, so they thought.

Vol. II, No. 5
Howard James Jones

"AN EXCITING PAPER DOES EXCITING THINGS."

OPEN 24 HOURS
SHERMAN'S
SUPER VALU

1623 - 6th 6th at Washington

The Money You
Spend at These
Stores Stays
Here in Des Moines

OPEN 24 HOURS
SHERMAN'S
SUPER VALU

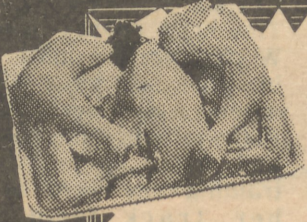
2627 - E. University

NO GAMES — NO STAMPS — NO GIMMICKS — THE MORE YOU BUY, THE MORE YOU SAVE

Gold Medal
Flour 5 lb. Bag **69¢**

Hunts
Peaches 29 oz. Can **49¢**

Armour
Bacon 12 oz. Pkg. **\$1.19**



Family Pack

Fryers
lb. **39¢**
Whole **45¢**



Pepsi Cola

8 Pack
16 oz. Bottles

89¢



Flavorite

Ice Cream

1/2 Gallon

79¢



Delta

Towels

3 1 Roll Packs

\$1.00

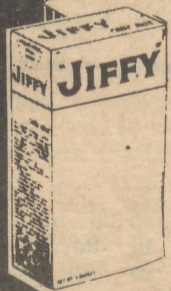


California

Celery

Stalk

39¢



Jiffy

Cake Mix

9 oz. Pkg.

19¢



Northern Grown

Carrots

Pkg.

19¢



Cabbage

lb. **19¢**



Beef

Minute Steaks

\$1.89
lb.

GOOD THRU OCT. 17TH