

the new  
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## Drake University Alumni Honor To Judge Glanton

District Court Judge Luther T. Glanton, Jr., and Des Moines attorney William H. Fulton will be among four Drake University alumni to receive Distinguished Service Awards at the university's annual Founder's Day observance Friday, May 9.

Also receiving the award will be former Des Moines resident Donald R. Sloan of New York City, deputy chairman and chief operating partner of the accounting firm of Peat, Marwick, Mitchell and Co., and former Mason City resident Robert O. Schnarr of Morton, Ill., owner and operator of the Morton Village Pharmacy.

Drake's Distinguished Service Awards are presented in recognition of alumni's career

achievements and service to their community and the university.

Glanton completed his undergraduate degree at Tennessee State University and received his law degree from Drake in 1942. After graduating from Drake, he served in the military before returning to Des Moines to set up a private law practice. In 1951 he became assistant Polk County attorney. He was named Des Moines municipal court judge in 1958 and was appointed district court judge in 1976.

Glanton is active in a number of civic activities including the Red Cross, Goodwill and NAACP. He was president of the Des Moines Area Council of Churches in 1965.

Fulton, formerly of

West Des Moines, received his law degree from Drake in 1946 and is currently in private practice.

A former member of the West Des Moines school board, he has been director of the West Des Moines Development Corp. Fulton is active in the American Legion, serving 12 years in its national public relations division and as past department commander of the Iowa American Legion.

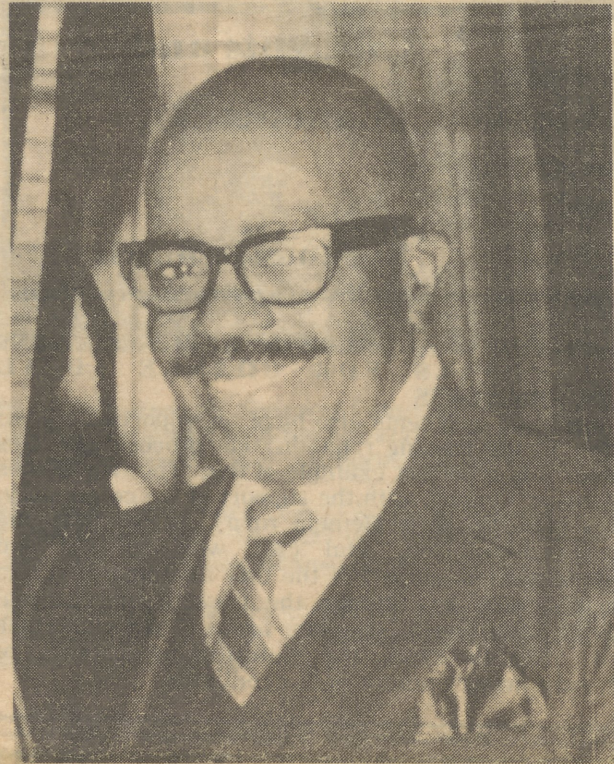
Sloan, a graduate of Des Moines' East High School, received a B.S. degree from Drake in 1955 and then joined Peat, Marwick, Mitchell and Company's Kansas City office. He was elected to partnership in the firm in 1965. He was the firm's managing partner of the Des

Moines, Kansas City, Central Region and New York offices before assuming his duties as deputy chairman and chief operating partner in 1979.

Schnarr graduated from Drake's College of Pharmacy in 1957. After working in pharmacies in Peoria and Pekin, Ill., Schnarr took charge of the Morton pharmacy in 1965.

A member of the Illinois Board of Pharmacy, Schnarr was cited recently for outstanding community service by the Illinois Pharmaceutical Association.

He currently is chairman of the Morton Zoning Board of Appeals and is active in the chamber of commerce and the Jaycees.



Judge Luther Glanton

## Iowa City NAACP Complaint Against School District

In one of the broadest discrimination complaints ever filed with the State Civil Rights Commission, the Iowa City School District has been named in a racial discrimination complaint filed by the Iowa City Branch of the National Association for the Advancement of Colored People on April 31, 1980.

The complaint alleges:

—There is an "a priori" assumption by district personnel that

black students in the district are "academically inferior." Student placement in "special programs" without adequate testing was among several issues cited.

—The district practices unfair disciplinary procedures for minority students. Disproportionate suspension rates and methods of sanctions were cited here.

—The district does not have an organized or consistent policy for

application or hiring for staff positions. Black teaching applicants are being systematically screened and often discouraged from working in the district.

—Upper levels of the School District administration are totally segregated above the status of general teacher. Blacks are absent from any position higher than that of regular teacher.

Complaints stemmed from a series of meetings between black

parents and teachers. At these meetings experiences were brought out that students, faculty members and those trying to get teaching jobs were being treated unfairly and these complaints were investigated by the Education Committee of the NAACP, which led to the filing of a formal complaint with the state Civil Rights Commission.

In announcing the complaint, Laura

Douglas, chairwoman of the NAACP committee, said the NAACP decided not to file with the city Human Rights Commission after what she called a commission "shake-up" when city Human Rights Relations Director Patricia Brown, who worked closely with the commission, was fired by City Manager Neil Berlin.

Douglas said the complaint filed against the school district will be backed by the potential

testimony of over 20 black parents and teachers in Iowa City and is based on interviews with parents, teachers, church groups and social organizations.

Robert V. Morris, president of the Iowa City NAACP said that the NAACP will assist the state in the investigation of this charge, providing all information needed to make an adequate and efficient investigation.

## Morris Scholarship Fund Helps Battle Status Quo



J. B. Morris

Did you know that only 2.7 percent of all attorneys in the U.S. are black? Did you also know that there are so few black journalists that the numbers are not recorded statistically?

Take a minute and ask any university president in Iowa how many black students have been awarded degrees in law or journalism since 1954—the still smaller numbers will appall you.

Well, there is a quiet move underway to improve those figures, a home grown Iowa resolve, lead by local citizens, with the

assistance of local business sponsorship which is intended to boost the number of young blacks enrolling in and completing studies in law and journalism who now are prevented because of the high cost of tuition and other related college expenses, and the ever dwindling financial aid dollar.

The James B. Morris Scholarship Fund, founded in memory of attorney Morris, editor emeritus of the Iowa Bystander newspaper, and to honor an Iowa family who contributed to the advancement of

civil rights and understanding among all Iowans, has taken on the gigantic task of building a better tomorrow through building better citizens. The fund directors hope that some young Thurgood Marshall, Barbara Jordan, Carl Rowan or Vernon Jordan will have a chance through its efforts.

The Board has been conducting a polished, yet dignified, fund raising campaign since February. An endowment fund will be established from which scholarships will be

awarded annually. Persons interested in making tax-exempt gifts should contact John M. Estes Jr., board president, or Vincent C. Chapman Sr., treasurer for information.

The Foundation made its first scholarship award to Linda Hardnett, a Drake University student in 1979; the award was presented during the Des Moines NAACP Freedom Fund Dinner program. Applications are being accepted for the 1980-81 award, which will be presented Friday September 26 during this year's dinner.

Candidates should contact the James B. Morris Scholarship Fund, Inc., c/o attorney Shirley G. Steele, 6101 S.W. 9th Street, Des Moines, Iowa 50315. Deadline for filing June 15.

Chapman said that community response has been encouraging in spite of inflation, a downturn in the economy, and the fact that there are several fund raising campaigns being conducted. "The project has to succeed," he said. "Besides, Iowans have gotten used to being and doing things special!"

# IEWS and REVIEWS

by Allen Ashby

Now our President says that things have improved so much that he can leave the Whitehouse and campaign. There have been so many articles written on this statement that anything I might say runs the risk of being said by someone else.

But unemployment is rising, the hostages are still held, and probably worse off than ever now. The rescue attempt was a big flop, and still the man is seen as a sort of a demi god. Can't understand it.

Even his failures are called victories, and people vote for him in primaries as if he were the Moses who can lead us out of the wilderness. He is the guy

who led us there in the first place. I don't know how many promises he has broken, over the years, but he has done a complete turnabout from what he said he would do if he were elected.

You have had the stories told so often that there is no need to repeat them here. But I would have to say that the man is doing nothing but trying to get reelected, and is running, not with what is best for the country, but with the mood of the country.

People want the budget balanced. So we balance the budget by cutting the people who can least afford it. "We all have to make sacrifices. So we fly around the country making nonpolitical appearances that cost the tax payers plenty. Sacrifice? This could go on for a long time, but you have heard it all.

Carter's opponent will likely be Ronald Reagan. You will recall how close he came to unseating President Ford by campaigning against "Welfare cheaters", citing the case of a welfare queen, as he called her. I have to think that his campaign will be based on something like that this time.

And, do you know, nobody has addressed himself to the plight of the people out of work, the people on the lowest rung of the ladder. Everybody seems to be running against Iran or Russia, and to hell with our American problems. We want the hostages

freed, but let's not mount a whole political campaign on that one issue, and forget the things we need in this country.

And do you know that this recession will likely ruin lots of unions? This whole thing started when the big American companies, seeking to get away from unions and get cheap labor, moved their plants to countries like Japan and the third world countries. So the natives got smart and began to build these American products. At first they were cheap imitations, but the learners had to improve, so the Japanese product became as good as our American made product, if not a little bit better.

So while we were putting a limit on the number of things we could do for our daily wage, the other countries were turning out merchandise and shipping it over here to undersell us. And because they are as good as the much higher priced American goods, they outsell our merchants. So now the American business people want a quota put on foreign imports when they started the whole thing in the first place.

Anyhow, if it comes down to the choice that I think it will, Carter and Reagan, I don't think I will bother to vote for either man, but I will vote for everybody else. What if we all did that?

## Thoughts and Comments



By James B. Morris III

### REDLINING AND URBAN REVITALIZATION: PROPOSALS FOR CHANGE LOCAL GOVERNMENTS

Local governments also have an important role to play in the housing rehabilitation process, and Des Moines is a perfect example of that. The Des Moines Housing Council, with the support of the community, has gone far to implement many of the following recommendations and can, with the full and wholehearted support of the City administration, do much more to improve the housing and general living conditions in the older areas of this city which so clearly show the debilitating effects of discriminatory practices like redlining.

Much has already been done to improve the situation, but much, much more remains to be done and, without an improvement in the health of the national and local economies, it will be difficult enough to maintain even the existing problems. These recommendations will require the cooperation of all concerned to implement, but the benefits which result will be beneficial to all.

#### FOR LOCAL GOVERNMENTS:

(1) Each local governmental unit should develop a comprehensive housing policy to be applied throughout its jurisdiction, covering such matters as zoning, taxes, new construction, capital improvements, assisted housing, the use of subsidies, the use of Community Development Block Grant (CDBG) funds, housing conservation and housing rehabilitation programs; the development and implementation of such a policy should occur with the cooperation of representatives of public and private sector organizations, and should provide a broad framework within which urban revitalization can be not only publicly promoted, but also meet the special yet individual needs of the poor and disadvantaged residents of the concerned areas.

(2) Recognition should be given to the fact that, in many cities, reorganization within the governmental

units concerned with housing policy may be essential if real progress is to be made in the housing rehabilitation area; cities like Baltimore, St. Louis and Pittsburgh have in one form or another, made progress in the organization of a single city department to handle both the housing and community development functions previously handled by separate units.

(3) Utilize community development funds to establish a series of "mini city halls" within the effected areas to provide services for housing inspection, code enforcement, and guidance on the acquisition of permits, rehabilitation contractors and benefits from city, county, state or federal programs; Boston is a good example of this, and Des Moines has begun to make substantial progress in this direction.

(4) Each local governmental unit should develop up-to-date inner-city land use plans to reduce instances of spot zoning and intrusive non-residential uses which could inhibit or destroy neighborhood rehabilitation efforts.

(5) Utilize community development funds to stimulate, through a variety of possible means, private investment and rehabilitation efforts; Boston and Baltimore are good examples of success in this

## A Black Look At Politics

William S. Morris



As of this writing, thousands of refugees continue to pour into this country, fleeing Fidel Castro's Cuba. President Carter recently authorized some ten million dollars in emergency aid for the beleaguered state of Florida, which has been literally swamped by the rapid influx of the masses fleeing communism — theoretically, anyway.

Even a contingent of U.S. Marines has been dispatched to southern Florida, to help process the refugees, most of whom are in this country illegally. The so-called "Freedom Flotilla", composed of hundreds of boats of all types, carried at least four thousand Cubans to Florida, flouting bad weather, black market fuel prices, food and water shortages, and U.S. immigration laws.

The Carter Administration has purposefully plunged this nation into recession, in an attempt to head off skyrocketing inflation rates. To be fair, this was probably the most viable alternative left to the President, and was also the strategy of former President Gerald Ford, who precipitated the last great economic downturn during 1973-75.

The scandalously high national unemployment rate at that time (around eight percent), no doubt aided then Georgia Governor Jimmy Carter in capturing the White House in 1976. Our current economic nose-dive has drawn mixed reaction from economists, some saying the recession will be "mild" (most of them Carter supporters), others predicting a deeper decline.

Whichever forecast proves to be true, you can bet black and poor Americans will be hit the hardest, just as they were in 1973. Black unemployment rates have always been higher than those of whites, but during a recession, the gap widens, lending credence to the "last hired, first fired" saying.

The case is more complex than that, of course, but the point remains, that with black joblessness running near the twenty percent mark (and out-of-work teenagers topping sixty percent), it does not appear that the economy can absorb more (largely) unskilled workers.

Cuban-Americans have promised that their refugee brethren will not become burdens on Federal and state budgets, but unfortunately, they have already become so, by virtue of their numbers alone. The Ku Klux Klan has resurfaced in Florida,

and the state's Governor has reported seeing white hostility to the Cubans spread like wild-fire.

While the first influx of Cubans to the U.S. consisted largely of white-skinned, professional (and propertied) people, who fled right after Castro's takeover in 1959, the current refugee tide seems dominated by the unskilled, and darker-skinned. Yes, there are definitely racial distinctions in Cuba, though they are less pronounced than in the pre-Castro era.

Also, there is much talk of Fidel's policy of sending criminals, "undesireables", and spies to the U.S., to benefit his own economy. While there is probably some fact behind this, much of it is simply anti-Cuban propaganda.

Unfortunately, while the racist forces that have been oppressing blacks, Indians, and Latinos for years are now turning against Vietnamese and Cuban immigrants, most people will agree our economy simply cannot provide jobs for all of them.

Even the most well-intentioned must recognize that the ranks of the poor will simply be jammed to the breaking point, with resultant violence, unemployment, and despair. In a situation such as this, Karl Marx's theories on class warfare apply: the middle-and-wealthy classes will not suffer for this "humanitarian" move, but the poor will be at each others' throats, fighting for a shrinking sliver of the economic "pie."

In any event, there are no easy solutions to the problem of Cuban immigrants, as, like their Southeast Asian counterparts, they often take

low-paying menial jobs that most Americans (especially blacks) refuse to consider. These refugees inject spending power into the economy, boosting productivity, and often are able to save enough money to move out of ghettos and housing projects.

Refugee families are often able to "do without", saving their money for shrewd investment. Sadly, many black families have been unwilling, or unable (for a variety of reasons) to make these sacrifices. Yet, the majority of Southeast Asian refugees, especially the unskilled, are still dependent on state and federal aid.

Employment and job training are still the keys here, as is the availability of jobs.

With the economy in a down-turn, businesses do not have sufficient capital to create new jobs (since people are not buying as much). Black unemployment will likely hit forty per-cent, with minority teenage joblessness breaching seventy percent this year.

And in the midst of all this bad economic news for blacks, a local Des Moines-based organization called "Blacks In Management" is sponsoring another basketball tournament, of all things. As if black youths needed to know about basketball!

These people are demonstrating their impotence in trying to improve the employment picture for minority youths contributing to an already severe over-emphasis on sports by blacks, and clearly demonstrating the depths to which people will sink to gain a little publicity for an obviously suspect organization.

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serving lowans since 1894 "Iowa's Only Black Newspaper"

Allen Ashby.....Editor  
Niambi Webster.....Associate Editor

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# Iowa City Ku Klux Klan Offered Reward In Case

The Ku Klux Klan in Iowa City/Coralville has offered a \$150 reward for information leading to an arrest in connection with a recent murder of a Mediapolis woman, according to State Division of Criminal Investigation officials.

DCI Director Gerald Shanahan said that authorities investigating the murder of 26-year old Karin Pforts will nonetheless contact the Klan for any information it may provide.

"We hesitate to pull men off a murder investigation to look into something like this but we'll talk to them and ask their cooperation," Shanahan said.

David Pforts found his wife partially clothed in the bedroom of the Pforts farm home at about 6:40 a.m. on April 23. She had been strangled, apparently

with a towel that lay nearby investigators say.

Pfort's two-year old son, who was apparently in the house at the time of the murder was unharmed.

DCI Director Shanahan said that the Klan's offer was an obvious play for publicity. Robert Morris, president of the Iowa

City Branch NAACP said that even though the Klan's offer carried no racial implications he is aware of increasing Klan activity in the Iowa City/Coralville area. "They (the Klan) are obviously trying to join the multitude of racial conflicts raging in Iowa City at the present time."

## Coleman, Brown File Actions In Iowa City

Iowa City School teacher Marion Coleman and former Human Relations Director for the city of Iowa City Patricia Brown have both taken actions in their respective grievance areas in Iowa City.

Patricia Brown has filed suit in District court charging Iowa City Manager Neil Berlin

with racial and sexual discrimination. Brown also filed a discrimination suit against the city of Iowa City.

Marion Coleman filed a complaint charging Iowa City School Superintendent David Cronin with racial and sexual harrasment.

Coleman's attorney Emmitt George, said the complaint was filed with the state Civil Rihts Commission because "the school district is not much different than the city, and I would not want the city investigating the school district."

Part of the basis for Colemans complaint was aided by research done by the NAACP Education Committee



The Manuka Camp Fire Group from the Gateway Center made a visit to Mrs. Louise Glass's home and were delighted with her hospitality. She had made hot rolls for the girls which her daughter, Mrs. Catherine Stewart, served with jelly.

She had made kool aid (with orange juice added) for them to drink. The girls were very impressed that a lady, over 90 years old, would make rolls from scratch. They learned that Mrs. Glass also makes her own laundry soap. She is a very active lady.

The girls presented Mrs. Glass with a Friendship comforter which they had designed and made. The girls are (L to R) Stephanie Williams, Toni Berry, Mrs. Louise Glass, Shondale Woods and Marcella Brewer.

### THOUGHTS AND COMMENTS

area, but Des Moines is not.

(6) Coordinate city services with the process of rehabilitation, including but not limited to such services as fire and police protection, sanitation, transportation, streets and lighting; in this regard, we have to realize that rehabilitated housing alone cannot turn deteriorating neighborhoods around, and although some efforts have been made in Des Moines in this area, much more needs to be done. continued next week

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# CCI Community Congress Held May 3

CCI held its 2nd Annual Community Congress Saturday, May 3, 1980, at the Wilson Community Education Center Auditorium.

Over 115 CCI members and guests, representing 17 area, neighborhood, and issue groups, attended the Congress.

Keynote Speaker, Gale Cincotta, President of the National People's Action, a national coalition of community organizations, and a member of the President's Commission on Neighborhoods highlighted the successes of community organizations throughout the country and encouraged Congress delegates to continue organizing to protect and maintain their neighborhoods.

Guest Speaker, Rep. Ned Chiodo, 67 District, told Congress delegates if your Legislative representatives are not doing what you want, throw the bums out!!

Congress delegates elected four Officers, and 11 Board Members for a term of one year: **PRESIDENT** Brenda La Blanc; **VICE PRESIDENT** Charlotte Bueford; **SECRETARY** Barbara McClintock; **TREASURER** Donna Lewis.

Board Members: Juanita Armstrong, David Dillon, Margaret Dorothy, William Gaines, David Jones, Jane Shade, Sue Torres, Bob Walker, Beatrice Washington, Warren Williams, Shirley Wilson.

After reporting 38 of 43 1979 resolutions accomplished, Congress delegates resolved to address 42 neighborhood issues in 1980 including arson/crime, Fairground expansion, housing, neighborhood

reinvestment, senior citizens/health, E. Tichenor compensation, Walnut Hill closeout, Wilson Comm. Ed. Center improvements, and vacant lots.

1979 victories included: clean-up of used car lots along E. University, shut-down of gambling house, organized five Neighborhood Watch Crime Prevention Groups in the Fairground area, collected over 6,500 signatures in 1979 to place the School Board Reorganization Question on the ballot, won all low and moderate income neighborhoods in School Board Ward Election, saved Wilson Community Education Center from demolition and converted school into community center, over 1400 participants in center activities within first four months of operation, obtained policing and traffic control of Memorial Day Rock Concert, stopped noise variance request by National Speedways Inc. and forced City to seek injunction against promoters who do not obtain a noise variance before holding races that may violate ordinance.

Assisted Logan P.S.A. obtain Low-Income Turn-Key housing units, organized nine tenant groups, forced one landlord to shut-down and repair properties, forced another landlord to sell at least ten properties, won a major landmark court case against another landlord forcing him to relocate his tenants into replacement housing at the same rental rate, met with the Presidents of the seven largest insurance companies in the nation, obtained new

replacement housing policy and local advertising from State Farm.

Successfully negotiating with the Iowa Housing Finance Authority for targeting of low-interest mortgage and rehabilitation funds to inner-city neighborhoods of cities with over 50,000 population, assisted senior citizens in the

Woodland-Wilkie and Model City areas obtain new center at Carpenter and 19th St., one CCI board member sits on the Center's operating board, won all votes to this date regarding 7th Ward Ditch Flood Improvement Project, obtained E. 25th St. sanitary sewer, saved two homes from demolition in Walnut Hill area and assisted one

tenant purchase and rehabilitate one of these homes on 10th St.

Participated with over 300 Iowa residents in the Iowa Coalition of Community Organization's Iowa Neighborhood Day, in October, 1979, won major victories in Community Development, FHA, HUD, Tenant/Landlord, Seniors/Health, Insurance, Utilities, and

Reinvestment following this meeting, participated in the National People's Action eighth annual conference in Washington, D.C., following this meeting, won significant agreements from State Farm and Aetna to reinvest in inner-city neighborhoods, and negotiations with the Federal Reserve Board to address high lending rates to the poor.

## Fear E. University Median Will Hurt

Fifty East-Side residents and business owners attended a Fairground Community Council/CCI meeting with Iowa DOT District I. Engineer Don Anderson, Project Planner, Bob Humphreys and Road Engineer, George Sissel, Monday, May 5, 1980 at the Wilson Comm. Ed. Center, regarding the Iowa DOT's proposed widening of E. University.

The proposed plan includes widening of E. University between Hubbell Ave. East to Four Mile Creek, into a four lane highway with a 16 foot wide raised median extending from Hubbell Ave. to E. 34th St. The remaining length between E. 34th St. to Four Mile Creek will include a painted cross-hatched median.

The median extending through the commercial area of E. University will include six protected left turn lanes at Hubbell Ave., E. 25th St., E. 27th St., E. 30th St., E. 33rd St., and E. 34th St. The widening will impact on all property owners along E. University and some property owners at intersecting feeder streets.

Residents and business owners along E. University objected that they had not been notified of a July, 1979, corridor hearing.

Notice of the hearing had been published in the DSM Tribune, but residents and business owners said many do not subscribe to the newspaper and that those that did see the notice were confused by a subsequent article published in the newspaper that printed the wrong date of the hearing. DOT officials said they ran a special advertisement to correct this mistake.

CCI members argued that less than twelve residents attended the hearing last July and that the DOT should hold another hearing before proceeding further with the concept plan.

Residents and business owners told DOT officials that the proposed inclusion of a raised median extending through the Commercial area of E. University

would severely limit access to businesses and homes and would force some businesses to relocate. The plan would also increase traffic through neighborhood streets.

CCI members suggested a cross

hatched median would be preferable to a raised median in this commercial area of the East-Side and will meet later this month to develop alternatives to the proposed plan and present their views to the DOT commission.

## Electronics Workshop

We are now in the middle of a technological explosion in electronics. Micro circuits, mini-computers, video cassettes are all products of the advancements being made in electrical energy and engineering.

On Tuesday, May 18 at 6:00 P.M., the Willkie House, 900 17th, is sponsoring a workshop on employment, educational and career opportunities opening up in this dynamic field.

If you are a graduating senior or considering a change in careers please come in to explore, ask questions and pick up information.

A representative from United Electronics Institute will be on hand to discuss the future that lies ahead.

For more information, please call Kelly Evans, Pro. Director, the Willkie House, 243-7817.

## WILLKIE HOUSE DANCE

The "Split Decision Band" will be performing tonight at a dance at the Willkie House, 900 17th.

The dance begins at 9:00 p.m. \$2.00

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The James B. Morris Scholarship Fund, Inc. is currently awarding a scholarship for an Iowa student in the field of law and/or journalism to the college or university of their choice.

If you meet some or all of the following criteria, simply clip out the application at right and mail to the address listed on the application.

- (1) a resident of Iowa
- (2) currently accepted and/or registered at a college or university
- (3) majoring in the fields of law or journalism.

The final decision on the awarding of that scholarship will be made and formally presented at the N.A.A.C.P. Freedom Fund Dinner

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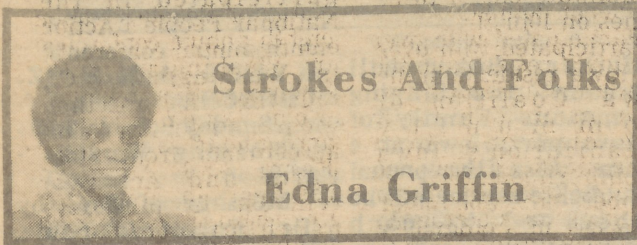
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Telephone: \_\_\_\_\_

# Social Page



## Strokes And Folks

Edna Griffin

I covered the meeting on the food stamp crisis held Wednesday evening at Moulton Junior High. The meeting was important, especially for those dependent upon the stamps as a supplement to their incomes.

The television cameras were there. The people who worked hard to let the whole city know were disappointed by the small turn-out to hear the reports of representatives of Iowa Senators and Congressman Neal Smith.

Arrangements had been made for individuals to register to vote in the coming national election. A

printed, bulletin, was available for individuals present. Three thousand notices had been given out to notify people of the meeting. I'm not good at estimating attendance but my guess is there were about fifty.

I sincerely hope the organizers will not be discouraged from hanging in there. The fact is fifty is a very good beginning. I recall having the same dream each time there was a call for pickets or a public meeting.

I would dream the night before of being on stage with three banks of microphones in front of me and a completely empty meeting place! That's the nearest thing to a nightmare I have ever experienced.

In spite of many disappointments, would you believe we legally established the right to eat anywhere in the city and state because we hung in there. We received support that we didn't know we had until afterward.

It occurs to me that night meetings create a problem for senior citizens, single parents with

small children, and tired working mothers. Would it help to experiment with organizing on a block basis by training, if necessary, one or two in each block by keeping them informed of developments. It might be useful to seek help for night meetings from people with cars. Is there a bus available in exchange for gas money?

Remember that the American Revolution was also organized by a handful of people, at first through correspondence! I met some fine spirited, dedicated people tonight. You can make it!

About the platform guests. If you were paying close attention to Senator Jepsen's representative, you probably recognized Jepsen was speaking with "forked tongue." Jepsen will compromise with anti-food stamp and welfare people until we'll be "pickin' with the chickens!"

That's the stuff you've got to watch on cable vision and respond immediately so the senator will know we're listening in. That could be an excellent job for a shut-in who has cable vision and would phone a report to those who will respond when needed.

Those of you who are grassroot leaders, take your places on stage! Do not abandon it to officials however sympathetic to the poor. Remember, you are somebody special. The people look to you for guidance among the politicians, social workers, and political assistants. You belong on the platform to give confidence to the people to question and even criticize.

They, too, are special when working together for a common cause. Right? Politicians and professionals are to serve citizens. I think those on the podium did a good job of bringing information. It might be well to remember that together with food stamp users across the state a coalition can influence the changes.

Whitney sounded like there was nothing to be told to timid politicians. Taint necessarily so!

After reading through this column, it sounds a bit like meddling. It is not my intention to be a windbag and a coat holder. I'm willing to lend a hand when asked. o.k.?

## Soul...

## Food and Thought

Aldeen Davis



A Miss Anna Jarvis, Crafton, Vir. held her mother in such esteem she worked for a day to honor all mothers in general and her mother in particular. Thus the 2nd Sunday in May became, as of 1908, Nat'l Mothers' Day.

But Women and mothers have always been a special breed; while black women and black mothers have been even more special, since they had to be unique and play so many roles—mother, mammy, nurse, wet-nurse, confidant, lover, breadwinner, plantation overseer, psychiatrist, and so the list goes on and on. In spite wearing these many hats she was unequivocally a pillar of strength and endurance.

No other women on earth have struggled for so long against such formidable obstacles and no other women on earth have done so much with such meager material. From Harriet Tubman to Rosa Parks, black women have been in the forefront of the freedom struggle. From Phillis Wheatly to Gwendolyn Brooks, black women have blazed new paths in art and culture. From Aunt Hagar to the nameless and unsung heroines of ten thousand kitchens and churches and classrooms, black women have been the institutional anchors of the black community.

Many black mothers have gone down in history and will never be forgotten for various reasons—Mary C. Terrel, Mary McBethune education, Lena Horne breaking through stereotype ideas concerning stage, screen and personal life styles, Corretta King and Sojourner Truth women and human rights, Patricia Harris, Barbara Jordon, Shirley Chisholm represent the new breed of fighters. Black women still face massive obstacles they are no longer confined to domestic work and clerical jobs.

There are roughly 9.5 million black women out of a total U.S. population of over 215 million. The life expectancy of the black woman is 69 yrs. compared with 76 yrs. for the white woman. In 1973 the medium income of black women, in the labor force full time, as \$4,465 compared to \$7,361 for white women. The stark reality is that she is still at the bottom of the socio-economic scale.

The black woman's life has always been characterized by two major forces: high achievement and excellence by a limited few, and a cycle of poverty that engulfs the lives of many. Despite the many problems she has historically had thrust upon her, she continues to fight for self determination and equal opportunity. What appears to be problems affecting the black woman are, really, problems symptomatic of the total

society, so perhaps the black woman should become more aggressive in demanding a quality life for themselves and their families. The fortitude of such black heroines as Tubman, Bethune and Fannie L. Hamer serve as shining examples of the kind of social changes black women can achieve.

Show Mother how much you love her by serving her breakfast in bed Sun. May 11  
Hot biscuits (Pillsbury style) honey  
two strips of bacon  
scrambled eggs and a fruit compote made as follows:

Combine 2 large frozen orange juice, 2 frozen lemonade (thawed until mushy) Add 1 bottle (12 oz.) 7 Up, 1 C. sugar, 1 No. 2½ C. fruit cocktail, and one of crushed pineapple, 4 sliced bananas. Stir well place in a container and freeze. To serve let stand until it is mushy serve immediately.

### PUBLIC LIBRARY

At the Mid City Library at 1305 University:

Mothers Day Craft on Thursday, May 15, 4:00 p.m.; make items such as silk flowers and special cards; preregister.

Ceramics Classes continue on Saturdays at 10:30 a.m. and on Mondays at 7:00 p.m.

FIRST AID COURSE PRESENTED BY THE AMERICAN RED CROSS: Tuesdays, May 20 and 27, 6:00 to 10:00 p.m.; a fee of \$3.00 charged for the textbook. Preregister.

"Sew With Us": Sewing class continues on Thursdays at 1:00 p.m.

For preregistrations call 283-4593.

### SUMMER DAY CAMP

Registration is now under way for youth, ages 5 to 13, to spend two to eight weeks enrolled in summer day camp at the Willkie House.

Field trips, classes, tours and many other exciting activities will be available for your child's enjoyment and personal development.

The first session begins Monday, June 9. Day camp hours are 9:00 a.m. to 4:00 p.m., Monday through Friday.

Enrollment fee is \$25.00. Lunches and any other meals are furnished.

For more information please call the Willkie House, 900 17th 243-7817.

### OUTDOOR ADVENTURES SUMMER WORKSHOPS SCHEDULED

OUTDOOR ADVENTURES FOR YOUNG WOMEN, age 13-18. Interested in Camping, Sailboating, Canoeing or Bicycling? The highlight of these workshops will be a 3 day outdoor trip.

The building of strength, self-confidence and personal growth will be included in all our outdoor experiences for young women. For more information call 244-4901 or attend the meeting May 16, 4:00 p.m. at the YOUNG WOMEN'S RESOURCE CENTER, 416-12th St. Join in the fun. Make your summer sensational.

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# The Church Page

## MAPLE STREET BAPTIST CHURCH

The Maple Street Gospel Chorus will be celebrating their 34th anniversary, June 22, 1980 at 4:00 p.m. here at the Church. The guest speaker will be Dr. Reuben Green of the Central Baptist Church of Memphis, Tenn. and his Choir. Pastor Green and Choir will be here all that day. Pres. of the Maple Street Gospel Choir is Betty Murray.

The theme of the Mother's Day program Sunday May 11, 1980 is being sponsored by the Mother's Board of Maple Street Baptist Church. "The Year of the Family," will be the discussion by a panel of younger Mothers. The program begins at 4:00 p.m. with the Maple Leaf Choir a Chorus of our very young members. The Pres. of the Mother's board is Mrs. Helen Dukes.

Sunday June 15, 1980 is Father's Day and we are also having Maple Street Day and Men and Women's Day. The Inspirations Choir are the Organizers of this year's program. The President of this Choir is Lloyd K. Belt.

The Maple Street Baptist Church and Choirs will be going to Macedonia Baptist Church to assist Reverend Green and members on their 22nd anniversary. Reverend George H. Parrish will deliver the Sermon the program begins at 4:00 p.m.

Reverend George H. Parrish Pastor, Maple Street Baptist

## ST. JOHN BAPTIST CHURCH

On Sunday, May 11th, our pastor, Rev. Phil Tindrell will deliver the morning message at 11:00 A.M. The Youth Choir will sing. All mothers will be honored during the morning service.

Every Wednesday at 7:00 P.M. Prayer Service and Bible Study is held at the church.

The Senior Choir of St. John and the members wish to thank the Heavenly Meditators, Bro. Terry Shane, Bro. Woodrow Smith, Sis. Nellie Gater, and Audrey Tindrell for the joy they brought last Sunday afternoon.

## MT. HEBRON BAPTIST CHURCH

Sunday May 11, at 4 p.m. the Mothers Board, will have their annual Mother's Day Program, guest speaker, will be Sis. Delores Piguese, all Choirs will participate in rendering the music. Mother Roxie Moore Pres.

**A MOTHER'S DAY WISH TO MOTHERS EVERYWHERE:**

With many warm and

loving thoughts, this greeting goes your way to wish you only happy hours through out this your special day.

Every Wednesday evening at 7 p.m. is Prayer service and Bible study.

Let us remember the sick and shut in with our prayers, cards, and visits.

Pastor, Rev. James Harris.

Reporter Barbara Long

## ST. PAUL A.M.E. CHURCH

1201 Day Street, Rev. Lewis E. Grady, Jr., Pastor

"My God! in whom are all the springs

Of boundless love and grace unknown, Hide me beneath Thy spreading wings,

Till the dark cloud is overblown."

I. Watts "Keeping the Faith"

Hebrew 11.1—"Now faith is the substance of things hoped for, the evidence of things not seen." In essence, Rev. Grady told the congregation, last Sunday, that trusting in God gives one inspiration of warfare against human nature, political maneuvering and the acceptance of your welfare and the continuance of your dedication to serve Him.

The topic of Rev. Grady's sermon for Mothers' Day will be most appropriate, "Mother's Love."

Quarterly Conference Forms have been issued by Sister Alberta Bates. Presiding Elder R.D. Smith will hold his meeting Saturday

evening, May 17th. He will give St. Paulians one of his fiery, inspirational messages at the following Sunday Morning Services.

The ladies of St. Paul are moving into high gear to make Women's Day, June 8th, a monetary success. The ladies have assessed themselves \$25.00 per Sister and the men are cordially invited to assist them.

The Appreciation Committee for Rev. Grady and his family are planning activities to prove the love St. Paul has for them. June 15th will be the culmination of their efforts with a dinner following the Morning Church Services.

Let us pray. Everett A. Mays, Public Relations Director

## UNION BAPTIST CHURCH

Reverend H.I. Thomas Pastor

The Adult choirs inspirational procession song "We Are Blessed" Preceded Pastor Thomas Sunday morning message "Lord Help Me Out of This Mess." Assisting from the Pulpit was Reverend A. Crawford and Rev. Larry Harris. Reverend Crawford observed his 80th birthday Sunday. Tutoring sessions are each Monday evening at 6:45 P.M.

Wednesday at 7 p.m. mid week prayer and Bible study. All God's children need prayer.

Our known hospitalized are Sister Evelyn Carter at Iowa Methodist Medical

Center, Sister Jeannie Hawkins and Brother Richard Carter at Des Moines, General, and Sister Bertha Hawkins and Brother Richard Carter at Des Moines General, and Sister Bertha Hawkins at Iowa Lutheran.

Think about it "Union Baptist Church-The Guiding Light-Who so ever will-Let him come."

## SHILOH BAPTIST CHURCH NEWS

Sunday May 11, 1980, the Rev. Sherman Brown will bring the message and the Men's Chorus will sing.

Last Sunday Rev. S. Brown brought us a very fine message taken from the 18th Chapter of St. Luke. 9-17th verses. His topic "The Image In The Glass"

Prayer Service on Wednesday evening at 7:00 p.m.

The Food Pantry this Sunday. Members are asked to please bring their canned goods. Mrs. Louise Brown, Chairperson.

The Deaconess will sponsor a Mother's Day Program this Sunday evening at 7:00 p.m.

Visitors last Sunday Morning were Opal Rhone, John Thurtzes both of the City.

## FROM THE PASTOR

And he spake this parable unto certain which trusted in themselves that they were righteous, and despised others: St. Luke 18th Chapter: 9th verse.

## MORNINGSTAR BAPTIST

Pastor Alex Crawford Reporter Nancy Hickman On May 11, 1980 the

Mothers Board will present the Singing Simmons Family of Davenport, Iowa at 4 p.m. Also the annual candlelite service will be observed by each member or friend who wishes to remember his or her mother or other mother figure in this spiritual service at 6 p.m. Mrs. Dorothy Crawford is in charge of the candlelite service.

The Familaire Singers from Chicago will be here May 11, at 8 p.m. for pastor Crawford and other singers of the city will be present.

On May 18, Mrs. Nancy Hickman is presenting Mrs. Tiny Jenkins as speaker of the hour and the Sr. Choir for the pastors anniversary committee. Mrs. Doris Woods is the second half of the anniversary committee. Come and enjoy this illustrious speaker and hear some great music.

The sick we pray for Mr. Leon Brown, Mr. Jessie Taylor, Mr. John Perkins, Mr. Langston Abbott, Mrs. Iva Western.

Regeneration by the Holy Spirit is absolutely essential for Personal salvation!!! Think about it. Is there someone you hate???

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## KYLES A.M.E. Z. CHURCH

Sunday School 9:30 Morning Worship 11:00

Message of hope by Dr. Robert R. Bowie, Pastor.

Music by the Young Adults Choir.

May 7th thru the 17th - General General Conference at Greenboro, N.C.

May 10th and 17th - The Young Womens Missionary Society will be having a car wash on the church parking lot from 10 a.m. until 2 p.m. They will be selling beef burgers and punch at the car wash.

Sunday, May 18th - Men and Women's Day starting at 3:00 p.m. Mrs. Joann Collins of Kansas City will be the guest speaker.



May 21st, 22nd & 23rd - Pastor's Appreciation Services starting at 7:00 p.m.

Saturday, May 24th - The presiding Elder's Reception at Kansas City, MO.

Sunday, May 25th - The end of Pastor's Appreciation Week. Starting time is 4:00 p.m.

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<p><b>UNION BAPTIST CHURCH</b> "The Friendly Church" E. University at McCormick Rev. Henry Thomas 1200 McCormick</p> <p>Sunday School 9:30 a.m. Morning Worship 10:40 a.m. Evening Service 6:00 p.m. Prayer Service Wednesday 7:00 p.m.</p>	<p><b>EVANGELISTIC MISSIONARY COGIC</b> 1340 E. 18th Street Rev. Pastor Arthur Bush</p> <p>Sunday School 10:00 a.m. Sunday Worship 1:30 a.m. &amp; 8 p.m. Y.P.W.W. 7:00 p.m. Sunday Evening Worship 8:00 p.m. Tuesday Prayer &amp; Bible Study 8:00 p.m. Thursday Consecration &amp; Healing 8:00 p.m.</p>	<p><b>MESSIAH TEMPLE</b> 2643 Center Elder Jacob J. Reed, Pastor Order of Services</p> <p>Sunday School 10:30 a.m. Morning Worship 11:30 a.m. Choir Rehearsal Sat. 2:00 p.m. The Book of Acts 7:00 p.m. Prayer Meeting Wed 7:00 p.m.</p>	<p><b>NEW FRIENDSHIP CHURCH OF GOD IN CHRIST</b> 1317 Forest Pastor Elder R. L. Daye Sunday Services</p> <p>Sunday School 9:30 a.m. Church Worship 11:30 a.m. Y.P.W.W. 6:30 p.m. Weekday Services Tues. &amp; Fri. 7:30 p.m. Thursday 7:30 p.m. Choir rehearsal</p>	<p><b>TRUE BIBLE BAPTIST CHURCH</b> 1440 DeWolf Street Rev. Ewell Wiggins, Pastor 256-8212</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Bible Class 6:00 p.m. Evening Worship 7:00 p.m. Prayer Meeting Wed. 7:00 p.m.</p>
<p><b>EAST UNIVERSITY CHURCH OF GOD IN CHRIST</b> 1639 East University Pastor: Jurisdictional Bishop H. Bassett</p> <p>Sunday School 9:45 a.m. Morning Worship 11:30 a.m. Y.P.W.W. 6:30 p.m. Tuesday Prayer &amp; Bible Band 7:30 p.m. Friday Evening Worship 7:30 p.m. Saturday Youth Services 7:30 p.m.</p>	<p><b>PILGRIM MISSIONARY BAPTIST CHURCH</b> 1732 Walker Street Rev. Wayland Heath, Pastor</p> <p>Sunday School 9:45 a.m. Morning Service 11:00 a.m. Youth Meeting Weekly 7:30 p.m. Prayer Meeting Wed. 7:30 p.m.</p>	<p><b>CORINTHIAN BAPTIST CHURCH</b> 9th &amp; School Streets Rev. F. W. Strickland</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. BTU 6:00 p.m. Evening Service 7:00 p.m. Prayer Service Wed. 8:00 p.m.</p>	<p><b>HEAVENLY TEMPLE CHURCH OF GOD IN CHRIST</b> 2110 Carpenter at 21st Des Moines, Iowa Bishop A. B. Carter, Sr., Pastor</p> <p>Sunday School 9:30 a.m. Morning Worship 11:00 a.m. Y.P.W.W. 6:00 p.m. Bible Band, Tues. 7:00 p.m. Evening Service, Thurs. 7:00 p.m.</p>	<p><b>PRAYER OF FAITH COGIC</b> 131 9th, WDM Pastor Supt. Elder Eddie Davis Asst. Pastor M.D. Eppright Assoc. Minister Jerry Woods</p> <p>Sunday School 9:45 a.m. Morning Service 11:15 a.m. Evening Service 8:00 p.m. Tuesday Evening Service 8:00 p.m. Friday Evening Service 8:00 p.m.</p>
<p><b>MISSION TEMPLE C.O.G.I.C.</b> Elder James McNear, Pastor Assistant Pastor Minister E. Bell</p> <p>Sunday School 9:30 a.m. Sunday Morning Service 11:00 a.m. Y.P.W.W. 6:30 a.m. Evening Services 8:00 p.m. Tuesday &amp; Thursday Nights 7:30 p.m.</p>	<p><b>MAPLE STREET BAPTIST CHURCH</b> E. 16th &amp; Maple Street Rev. Geo. Parish Minister - 266-8910</p> <p>Sunday School 9:45 a.m. Sunday Morning Worship 11:00 a.m. Morning Worship 11:00 a.m. Bible Class 6:30 a.m. Evening Service 7:30 p.m. Prayer Service Wed. 8:00 p.m.</p>	<p><b>MORNINGSTAR BAPTIST CHURCH</b> 1150 W. 13th Rev. Alex Crawford, Pastor</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Sunday Broadcast 9:30 a.m. to 10:00 a.m.</p>	<p><b>MT. OLIVE BAPTIST CHURCH</b> S.E. 4th &amp; Scott Streets Rev. H. R. Fields, Pastor</p> <p>Sunday School 9:45 a.m. Morning Service 11:00 a.m. Evening Service 7:45 p.m. Wednesday Prayer Service 7:30 p.m. Choir Rehearsal Fridays 7:30 p.m.</p>	<p><b>SHILOH MISSIONARY BAPTIST CHURCH</b> 1213 Scott 255-6333 Pastor Rev. Benjamin W. Jamison 277-9269</p> <p>Order of Services Sunday School 9:45 a.m. Morning Service 11:00 a.m. Bible Study 6:30 p.m. Wednesday Night Prayer Service 7:00 p.m.</p>
<p><b>MT. HEBRON BAPTIST CHURCH</b> 1600 East Capitol Street Des Moines, Iowa 50316 Rev. James Harris, Pastor</p> <p>Sunday School 9:00 a.m. Morning Service 11:00 a.m. Prayer Meeting Wed. 7:30 p.m.</p>	<p><b>MACEDONIA BAPTIST CHURCH</b> 920 31st Street Rev. F. B. Green, Pastor</p> <p>Sunday School 10:00 a.m. Morning Worship Service 11:15 a.m. Wednesday Prayer Service 6:30 p.m. Saturday Senior Choir Rehearsal 7:30 p.m.</p>	<p><b>NEW BETHANY CHURCH OF GOD IN CHRIST</b> 16th and Mondamin Pastor Andrew E. Johnson</p> <p>Sunday School 10:00 a.m. Morning Worship 11:30 a.m. Sunday Youth Service 6:45 p.m. Sunday Evening Service 8:00 p.m. Mid-week Service Wed &amp; Fri 7:30 p.m. Everyone Welcome</p>	<p><b>KYLES TEMPLE A.M.E. ZION CHURCH</b> Dr. Robert R. Bowie, Pastor 907-15th Street</p> <p>Sunday School 9:45 a.m. Morning Service 11:00 a.m. Evening Worship 7:00 p.m. Prayer Service Wed. 7:30 p.m.</p>	<p><b>ST. PAUL A.M.E. CHURCH</b> 1201 Day Street Rev. Lewis E. Grady</p> <p>Church School 9:30 a.m. Church Service 10:45 a.m. Vespers Service 6:30 p.m. Prayer Service, Wed. 7:30 p.m. Youth Fellowships 5:30 p.m.</p>

**Today, May 27th**  
There will be a special educational program sponsored by the NACPA to be held here at Kyles A.M.E. Zion Church. Mr. Vincent Chapman, President of the Des Moines branch will be with us. The program will start at 7 p.m. Coffee and doughnuts will be served after the program.

Remember the sick and shut-in all over the world. Our sick and shut-in members are: Arthur Flanigan at Riverview, Mariane Haynes at Mercy, Georgia Sparkman, Frances Turner, Edna Morris, Ozella Moten, and Katherin Mullen.

**OUR SAVIOUR BAPTIST CHURCH**

Sunday, the Mother's Day message will be delivered by the pastor, Rev. T. R. Brown. Last Sunday, Rev. Knox & congregation of progressive Missionary Baptist Church were in fellowship with Our Saviour's. Sis. Sherrill James is hospitalized at Mercy Hospital. On the second Sunday in June at 11 a.m. the Gideons will be in fellowship.

Rev. T.R. Brown wishes to thank the many who sent up prayers, flowers & cards during his 10 day hospitalization.

Pastor, Rev. T.R. Brown

**Stylishow/ Dinner**

A Stylishow/Dinner will be held on Saturday, May 10, at 6:00 p.m., at the Maple Street Baptist Church, featuring fashions by Wanda Madison. Fashion Coordinator will be Beverly Lewis. Narrator for the evening will be Paula Fowler.

Male models, as well as female models, will be styling. For easy elegance in day-to-night delight, for the ultimate in active sportswear, carefree causals, for pairing up pieces of all kinds into fashions of all kinds, don't miss this magic of putting it all together.

Also enjoy a delicious dinner. Tickets for the Stylishow/Dinner are \$5.00. Get your tickets early. We have only a limited amount of tickets available. This is a fund raising project given by the Pastor's Anniv. Com. Rose Edmonds, Chairperson, Marcella Cooper, Co-chairperson.

DR. C. T. VIVIAN TO SPEAK AT ST. PAUL A.M.E. WOMEN'S DAY

of the Southern Christian Leadership Conference will deliver the keynote message at the 10:45 A.M. church service Sunday, June 8, 1980. (Please note the date change).

Throughout our Women's Day efforts we are emphasizing cooperation by women and men for the glorification of God.

Members, fellow churches, and community please come worship with us on this festive occasion. Hear and help us welcome to Des Moines and St. Paul, Rev. C. T. Vivian a national and dedicated religious leader.

Your attendance will be greatly appreciated.

Sincerely,  
Women of  
St. Paul A.M.E. Church  
1201 Day St.  
Des Moines, Iowa 50314

**OBITUARIES**

**SERVICES FOR WILLIAM CLAUDE BUICE**

Services for William Claude Buice, 84, of 1615 Carpenter Ave., who died May 2 following surgery in Houston, Tex., were held at 1 p.m. Tuesday at the Corinthian Baptist Church. Burial was at Glendale Cemetery.

Mr. Buice was born in Mayflower, Ark., and had lived in Des Moines for 58 years. He retired in 1965 from his job as a pipe fitter with the Rock Island Lines railroad.

He recently was cited for continuous membership in the Y.M.C.A. for 54 years, and he had been a member of the Masonic Lodge, Eastern Star Order, for more than 50 years.

Mr. Buice was a member of the North Star Lodge No. 2 F. & A.M., was a past Worthy Master of the North Star Lodge, a past Grand Patron of Electra Grand Chapter of the Order of the Eastern Star, past chairman of Crocker Street Y.M.C.A., past chairman of Corinthian Baptist Church trustee board, past member of Senior Usher Board of the Corinthian Baptist Church, past member of the National Association for the Advancement of Colored People, past chairman of the Model Cities Senior Citizen program and a member of Monarch Club.

He is survived by a sister, Hattie Looper of Los Angeles, Calif.



**Tips For The Green Thumb**

By Mohamad W. Khan  
Extension Agriculturist  
Polk County Extension  
Service

Choosing the site for your garden is perhaps the most important decision for a successful vegetable garden. Loose, fertile, level, well-drained soil is ideal, but full sunlight is absolutely necessary for

most crops. However, heavy clay or sandy soils can be improved by working organic matter such as manure, leaves, grass clippings or straw into the top six inches of soil. If your garden site is partially shaded, plant cool season crops such as lettuce, radishes, carrots and cabbage in this area. On the other

hand, warm season crops such as sweet corn, tomatoes, peppers and eggplant should be planted in full sunlight.

You should have water supply near the site since it is important for transplants and emerging seeds. It is also important to have adequate moisture during fruiting time. You need also to consider the garden in relation to trees, shrubs and flowers around your home. The garden should fit in with the design of your landscape. Try to avoid placing the garden too close to trees and shrubs since they will compete for sunlight, moisture and plant nutrients. Keep the garden at least

50 feet away from black walnut trees. They produce a toxin that injures many vegetables, especially tomatoes, eggplants and peppers.

Once you have selected the site, plan the arrangement of the kinds of vegetables that you like. You may need to apply a commercial fertilizer as you till the garden. Although organic matter helps to improve the structure, water-holding capacity, and air-penetration, and soil nutrients, you need to balance the ingredients with commercial fertilizer for vigorous growth and high production, a complete fertilizer of nitrogen, phosphorus and potassium with an analysis of 10-10-10 or 12-12-12 at the rate of 10-15 pounds for each 1,000 square feet should be adequate. Broadcast the fertilizer and work it into the soil during seedbed preparation and you are then ready to plant.

**Heart Can't Take Cold**

By Nellie R. Dixon

Provided by the NSF,  
Clark College and  
Voice News Network

cal stress—no jogging or hiking or strenuous swimming which can increase the amount of damage to your heart.

[Preparation of this article was made possible by a grant from NSF. The views of this article are those of the author and do not represent those of NSF.]

Don't ignore that summer cold.

It's not just that it makes you feel worse when sniffles, fever and pain are combined with the heat of summer. It can also mean you're in real trouble of damaging your heart if you continue your daily routine as if nothing were happening.

Studies have shown that the virus of a cold can lead to a serious damage to your heart and eventually to a chronic heart disease.

Just as the other muscles in your body are pain-ing or straining under the pressures of a cold, so is your heart. Your best bet is to relax and avoid physi-

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**THIS IS  
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# Roosevelt Club Formal

Glorious was a adjective heard by many of the hosts at last Saturday evening's Roosevelt Club Formal. It always seems to be a glorious occasion when the black community gets together to socialize with friends, neighbors and visitor's.

More than 300 attended this occasion that has been going on for over 40 years (does anyone know exactly how many years?) held in the state ballroom of the Hotel Ft. Des Moines. The band "Up Swing" started out with a list of pop songs, then was joined by a trombone player, who sent the group into an hour of mellower tunes. Then ended with black Top 10 hits. They did a good job of trying to please everyone.

Introduction of the Roosevelt Club is all ways a highlight of the evening. Starting with Virgil Miller, President, Sylvester McCracken, Vice President, Vince Chapman, Treas. and Harold Francis, Sect. Sam Bradley social chairman, Harvey (Jock) Johnson, publicity chairman, Luther T. Glanton, Sam Wilson, J. D. Daniels, Gene Jackson, John Mapp, Richard Holt, Marsh Houston, Tom Spencer, Emery Wade, Tom Mann, Tom Vaughn, Paul Danforth, Melvin Allen, Turner Bell, Bob Calderon, Monroe Colston, Donald Daniels, Eddie Easley, Benny Grayson, Zack Hamlett, Edward Harris, Frank Holbert, Carol Jackson, Guy



Mr. and Mrs. Robert Wright

Jackson, Dr. James Lewis, James Lewis Jr., Morris Johnson, Paul Junkin's, Al Lang, Theodore Martin Jr., Everett Mays, James Morrow, Al Parrish, Stanley Proctor, Dr.

Walter Riley, Dr. Meredith Saunders, William White, Paul Wilson, Virgil Winters, Lucian Wyant Jr. 4th of July picnic will be the clubs next social affair.



Mr. and Mrs. Rufus Spates



Frank and Alice Holbert

# Logan Community Development

The Logan Neighborhood Priority Board hold their meetings on Thursdays at 7:30 p.m. in the Multi-Purpose Room in the Logan Community Center, East 17th Street Court & Garfield. Residents are always welcome to attend these meetings to find out what is going on in the area.

Presently the programs of housing in the Logan Area are being presented. These include Block Rehabilitation, Neighborhood Rehabilitation, Housing for the Elderly, Urban Revitalization, and housing by private developers which are all in the process of becoming a reality. The Board will try to answer any questions you might

have about the above programs.

### GARDEN SEEDS

We are glad so many of our residents are availing themselves of the garden seeds. Call us at 283-4149 if you want further information. We are expecting the plants to come in the week of May 12th.

### WEIGHT LOSS CLASS!

This class held a low-calorie potluck supper last week. Lots of good wholesome food was on the table. This group is enjoying losing weight through sensible diet and exercise. They are always glad to welcome new members. They meet in the Logan Center on Wednesdays at 6 P.M.

### SUMMER JOBS

If you are 14 years of age through 22, we have applications for Summer Youth Employment in our office. You can also contact your school counselor.

### WELL ELDERLY CLINIC

There are still some openings for June 19th. If you would like to take advantage of this opportunity, and are 60 years of age or over, why not call in and make an appointment. The number to call is 283-4149.

### YARD CLEANUP

The Community Development Office in Logan is now taking applications for yard cleanup this summer. This program is for the elderly and handicapped.

These young people will be available after school is out to mow your grass and just generally clean up your yard. To make out an application call 283-4149.

### RENT REBATE

We are now taking applications - for renters only - in the Logan Site Office.

### BLOOD PRESSURE CLINIC

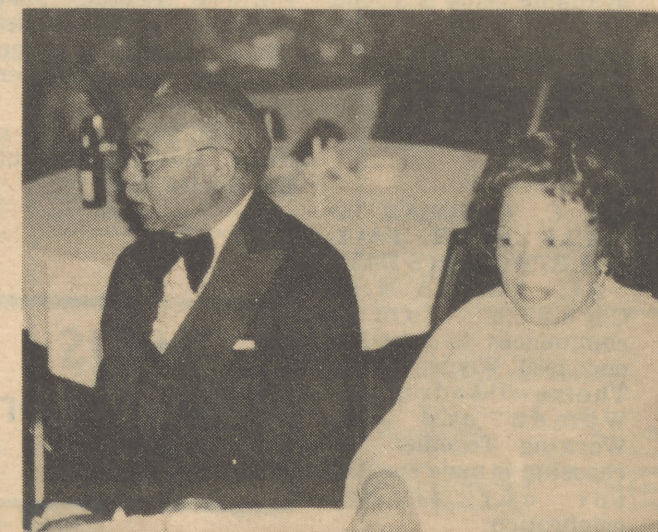
The next Blood Pressure Clinic will be on Thursday, May 29. The nurse would like those who come for the Congregate Meals to be taken care of first and then others come from 12:30 to 2 P.M. This would shorten the length of time some people have to wait.



Mr. and Mrs. James Bethel



Mr. and Mrs. Eugene Jackson



Mr. and Mrs. John Mapp

## HEALTH WANTED COLUMN

THE UNIVERSITY OF IOWA HEALTH NEWS SERVICE

### Dog Worms Can Cause Toddler Blindness

The rough-and-tumble play of a toddler with puppies is a heartwarming picture — but if the puppies are not wormed properly, the child may lose some sight as a result.

The disease caused by the dog worms is called "visceral larva migrans." The symptoms in humans include fever, fatigue, weight loss, and, with large infestations, liver damage, blindness and brain damage.

Every year in Iowa the disease causes the loss of vision in one eye of several youngsters, according to University of Iowa researchers.

An unknown number of children suffer other complications of the disease, the researchers noted.

Dr. John Oaks, associate professor of anatomy, and Dr. Robert Watzke, professor of ophthalmology, are studying the worm as it affects the eye.

"This parasite has a complex life cycle and would have a difficult time surviving if everyone were aware of the dangers involved," explained Dr. Oaks.

Children — usually toddlers — become infected with worm eggs by swallowing dirt contaminated with the fecal matter of infected dogs or puppies. The larvae that hatch travel to many parts of the body, including the eye. In the eye, inflammation and scarring result in

blindness.

Not only must the mother dog and puppies be wormed shortly after birth, but they also should be checked every six months in case they have been reexposed to worm eggs.

Explained Dr. Watzke, "The organism is so widespread, its eggs live for so long in the soil, the population of dogs is so high, and our contact with them is so close, that it seems almost incredible that there are not some other eye conditions and systemic diseases caused by it."

## TB Is Almost Conquered

By Kay Davis

Provided by NSF, Clark College and Voice News Network

Tuberculosis occurs in this country at the rate of approximately 32,000 new cases per year. TB is considered almost conquered.

With the standard drug therapy today, the majority of persons with newly diagnosed TB will become non-contagious after a few

weeks of starting treatment. The therapy usually continues for one to two years through recent studies of drug combination may reduce treatment time to six months.

[Preparation of this article was made possible by a grant from NSF. The views of this article are those of the author and do not represent those of NSF.]

Return to a normal homelife and a job within weeks is important for morale and family safety.

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# Honored For Interview With Cleric Who Visited Hostages

## Policy Failure Cited In Iran Crisis

The Rev. Jack Bremer, a Lawrence, Ks. minister and one of three American clergymen who celebrated Easter services in Iran with the 50 American hostages, said Sunday the crisis will continue until U.S. officials embrace a foreign policy of understanding.

He said Americans don't seem to understand the pervasive Iranian devotion to God or the Ayatollah Ruhollah Khomeini, a man Bremer likened to Abraham Lincoln in the eyes of his followers.

Bremer, a Methodist campus minister at the University of Kansas, spoke to a filled sanctuary of University United Methodist church members in Wichita. He underscored the Islamic character of revolution and the "powerful" suffering Iranians endured under the reign of Shah Mohammad Reza Pahlavi. He told stories of anguish and torture in a slide presentation and sermon.

"I was not prepared for the enormous consciousness of suffering and the extent to which the people perceived the shah as an attack on their faith," Bremer said. Easter marked his second trip to the strife-torn country.

American failure to "understand the great and powerful faith that energizes" Iranians will only serve to extend the confinement of the hostages, Bremer said. He added that the hostages were in good physical, mental and spiritual condition under the circumstances.

"And in spite of what

I'd read in the western press about him (Khomeini) being an irrational, crazy man, there's no question that he is a deeply respected, revered and loved leader of these people. Somewhat like Abraham Lincoln," Bremer said.

Bremer is a member of the Lawrence-based Committee for American-Iranian Crisis Resolution. The group has dedicated itself to a peaceful resolution of the hostage situation.

Bremer, who traced his activism to his work with KU's 269 Iranian students, spent Easter and two weeks in February with the students holding the hostages. He said both trips were financed with his personal savings and with church contributions.

He stressed that the students, like 98 percent of the country's population, are devoted Moslems and noted that prayer preceded every meeting he had with students and political leaders.

But just as strong as their religious beliefs is the fear of the shah and his potential return.

That fear, Bremer said, sparked the seizure of the hostages and has fortified the demands students have outlined for their release.

The students have consistently demanded the shah's return for trial and asked for admission of U.S. involvement in his political reign.

The Carter administration has hedged, and in the eyes of the students, ignored their requests.

"Please don't misunderstand me, I

don't advocate the taking of the hostages and I told them this, but they are determined not to let the shah regain power," he said.

Bremer painted a picture of Iranian despair by detailing a story of alleged torture of an Iranian activist by the shah's SAVAK secret police.

He said the man, who attempted suicide after having been shot five times, was shot twice more, was whipped with metal cords, shocked with electrodes, slashed, beaten and strapped for seven months to an iron bed.

"At no time did he receive medical care for his bullet wounds," Bremer said.

He continued with other stories of torture and slaughter, which he said strengthened the Iranian fear of the shah and disgust for perceived American assistance of his reign.

Bremer offered his opinions as answers to several questions:

●How long will the hostages remain in captivity? Indefinitely, until the U.S. recognizes and begins negotiating their demands.

●Are the hostages spies? "I believe the students have mass evidence that there are CIA operatives in the embassy."

●What does the Iranian hostage crisis mean to the Carter administration? "One



Julie Williams, a staff writer with the Wichita Kansas Eagle was recently awarded for her accuracy and fairness in reporting. She was selected for the award based upon a story printed in the Eagle in April after she interviewed the Rev. Jack Bremer.

Rev. Bremer who was one of three American clergymen to visit the hostages in Iran at Easter made the following comments concerning the journalist. "I very much appreciated the sensitive and thoughtful manner of Ms. Julie Williams and the professional way in which she interviewed me. She was the only newsperson, to my knowledge, who took the time to hear my presentation both in the form and in worship. Her thoughtful questions reflected her greater understanding of the situation on which I was reporting in comparison with other reporters that day."

Ms. Williams is pictured above in another recent interview with first lady, Rosalyn Carter.

The article is reprinted with permission of the The Wichita Eagle.

thing the crisis has done is it has unified the country behind the president and helped fortify public opinion in favor of military occupation of the Mideast. Both of which makes the government in no hurry to resolve the hostage crisis."

### HOUSE GUESTS

Mr. & Mrs. "Lou" Procter and son, George were guests of Mr. & Mrs. Leroy Carter, parents of Myrtle Procter. The Procters come annually to the Drake Relays. "Lou," an alumni of Drake helps officiate at the finish line.

The Procters returned Sun to attend a VIP "Get acquainted" Dinner and meeting at the University of Evansville. Mrs. Procter was the newly elected Senior trustee and she and husband, Lou were to meet and be met at the dinner-meeting. Mrs. Procter has been on scholarship for the last three years at the Evansville University of and was elected president of Phi Chi the national psychology honorary society in 1979 and also a cash award from a local club. This year she has been honored an award at the

fourth Black Womens Awards Dinner.

Mrs. Procter was recognized with the twenty-five women nominated in eight categories-Community Service - Education - Health Services - Motherhood - Politics - Religion and Social Work. Mrs. Procter's was in Education.

She will graduate this spring from the University of Evansville in Evansville, Ind. She will go in September to continue her masters on full scholarship in the Ph.D. psychology program.

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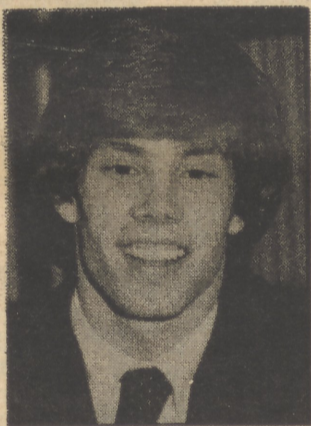
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Present Americare Scholars seated from left are Denice Eubanks (Senior), Tech; Donise Burrell (Sophomore), Tech; Sarah Keesy (Sophomore), Hoover; Donna Graves (Freshman), Hoover; Dan Wickett (Junior), North; Kelly Wilcots (Freshman), Tech. Standing from left are Richard Bruce (1980 recipient), Hoover; Kim Watson (Junior), Valley; Shawn McLeran (1980 recipient), Roosevelt; Pat Jury (Freshman), Lincoln.



### 1980 Recipients

**SHAWN  
McLERAN**  
Roosevelt



**RICHARD  
BRUCE**  
Hoover

Since 1967, American Republic Insurance Company has annually awarded two four-year scholarships to Drake University. The scholarships are presented to high school seniors in the immediate Des Moines metropolitan area who wish to attend college in order to pursue a career in the business world. The students must demonstrate that in order to attend college they will require financial assistance. One award is presented to a white student and one to a student of a minority race.

The scholarship provides full tuition for four years as well as all incidental fees including books and materials.

The internship provides the student with part time working experience during the school year and full time employment during the summer months, including a two-week paid vacation.

In June of 1980 the sixteenth recipient of the Americare Scholarship-Internship award will graduate from Drake University. Many careers are represented among the graduates ranging from advertising and public relations to data processing, accounting, and law. Although recipients are under no obligation to stay with American Republic, three have elected to do so.

Our investment in the Americare Scholarship-Internship Award is substantial. Since 1967, tuition, books, materials, and incidental fees have totalled \$190,347.75. Salaries totalling \$262,281.45 have been paid to recipients.

There is no question that \$452,629.20 is a lot of money. However, we feel this investment is one of the most significant we can make. It is an investment in the future of our country and the free enterprise system which makes our business possible. And, in addition to the Americare Scholarship-Internship Program, American Republic has provided full payment for tuition for nearly 5,000 hours of college credit for company employees enrolled in Drake's College of Continuing Education programs. This is

equivalent to credit hours for an additional 40 undergraduate degrees. Each of us at American Republic is proud that we are the largest corporate scholarship benefactor of Drake University.

American Republic is pleased to announce the recipients of the 1980 Americare Scholarship-Internship Award. The recipients are Richard Bruce from Hoover High School and Shawn McLeran from Roosevelt High School.

In addition to establishing a good academic record, Richard has been active outside the classroom throughout his high school career. His activities include football, basketball, cheerleading, and student council. He has also held a part time job at Sears during his senior year. Richard will enter Drake University's College of Business Administration this fall.

Shawn has also worked hard at extra-curricular activities while establishing a fine academic record. His activities include basketball and track, and serving on the Advisory Committee of the Roosevelt High School Senior Board. Shawn has worked part time at the Des Moines Civic Center during his senior year. This fall he plans to enter the Drake College of Business Administration and major in accounting.

Many individuals have been involved in our Americare Scholarship-Internship Program. As it would be difficult to individually thank each person at this time we would like to thank collectively the high school guidance counselors who publicize our program and encourage students to apply, the high school principals and faculty members who conscientiously recommend students and our Screening Committee and Selection Board who select the recipients.

Materials for the 1981 awards will be available in the Des Moines metropolitan high schools this fall. If you are a student and are interested in attending Drake University in order to pursue a business career upon graduation but would be unable to do so without financial assistance, contact your guidance counselor.



**AMERICAN REPUBLIC  
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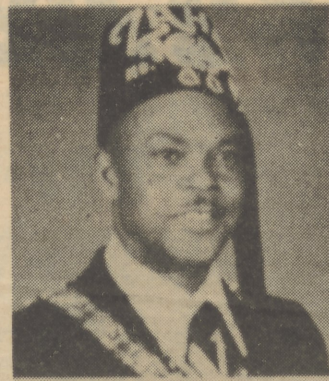
# Mid West GalaDays Association

The Ancient Egyptian Arabic Order of the Mystic Shrine will host its Mid West GalaDays Association in Minneapolis, Minnesota, May 23rd through 25th 1980. Headquarters site will be "The Leamington Hotel, 3rd St., Downtown Minneapolis.

Zeid Temple no. 90 Des Moines Nobles of the Shrine will host a chartered bus, any one wishing to make the trip, may contact Noble Walt Humphery-266-4339 Noble Rod Becton 288-0807 or 279-9155 for information or reservations. Reservations must be in

by May 15th, no later. Parade will be Saturday morning, Galaday Dance will be Saturday night at the Leamington Hotel Ballroom. Open to the public. All members who have not made their reservations should do so

as soon as possible. These Imperial Officers pictured are among those who head the Galadays Association. The Talent and Pageant Scholarship Program will be held on Friday evening May 23rd at 7:30 P.M. Noble Frank W. Hogan Dept. of Desert reporting.



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Deputy for Nebraska



HENRY MOORE  
Deputy for Wisconsin



CHARLES E. MARTIN  
Deputy for Minnesota



FRANK W. HOGAN  
Deputy for Iowa



LOUIS T. ALEXANDER  
Deputy for Kansas



DTR. ELLA MAE BURKS  
Deputy for Iowa



## Clinton Attends Seminar

Mrs. George Clinton left the city to attend the Midwestern Regional Seminar for UNICEF held May 4-6 at the Ramada Inn, Kansas City Airport, Kansas City, Missouri. Mrs. Clinton, a Seminar Delegate, is the Des Moines UNICEF Chairwoman for the DM Area Religious Council. Mrs. Clinton is well-known to many in

the community for her narration of "The Old Ship of Zion," a spiritual pageant ... and her active leadership, spiritual guidance, and concern for young people. Among her many outstanding contributions, she is presently State Director Young People's Department, Iowa Missionary & Educational Baptist

State Convention; a past president Church Women United, Des Moines; recipient of the PTA Association Lifetime Membership Award and member of Delta Sigma Theta Patroness — she is a busy mother and grandmother, on this Mother's Day we salute you and all Mothers everywhere. She was accompanied on the trip by her husband, George.

## Distinguished High School Student



Laverne Myers

Laverne M. Myers, daughter of Mr. and Mrs. George Lewis of Oklahoma City, Oklahoma, has been chosen a member of the "Society of Distinguished American High School Students" — one of the most selective honor societies in America.

Laverne is the granddaughter of Mrs. Oradell Henry and Laverne worked as a volunteer at the Woodland Day Care Center two summers while visiting her grandmother in Des Moines. Laverne also sang with the Youth Choir at Corinthian Baptist Church during

her summers' visits in Des Moines. Laverne is 16 & will May 1980 finished her junior year at Millwood Jr-Sr High School.

As a junior, the honor is quite an achievement since only those students who have demonstrated academic excellence and have displayed leadership in extracurricular and civic activities are chosen. Laverne's membership will be announced in the 1980 edition of "The Society of Distinguished American High School Students." The society strives to honor and reward American students. Members are considered for scholarships through the National Awards Program supported by distinguished American colleges.

## Elk News

Monday night is "Blue Monday". We missed a "Gong Show" one of the Monday nights. There could be more or something else surprising, I am told. Live music both Mon. and Sat nights. There was an appearance of Irene Miles and her Combo, last Sat. We hope they will come and entertain again soon. Thurs nite. Ladies night. Come bring your ladies. Rose Temple no. 33 will meet Friday at 8:00 P.M. we will finalize plans for the Buffet Sat. noon until. We welcome the public. Bring your lady! Bring your mother for an early Mothers day treat. Donation is \$3.50. Turkey, ham, chicken-vegetables, salads and desserts.

Come see-come try. The Cap and Gown Dept. of Education will give a basket of groceries on May 30th to the lucky one. Tickets available from members. The kitchen is open under new management Mon. Fridays and Sat. evenings. Shut-ins Gladys Stubberfield and Calvin Pruitt.

### SUMMER JOBS

The Willkie House is now accepting applications from youth, ages 14-21, for summer jobs as day camp leaders and program aides. These jobs pay over \$100.00 a week and run from Monday, June 16 through Thursday, August 21. For more information on qualifications and other details, please call Kelly Evans, program director, the Willkie House, 900 17th, 243-7817.

### A Trip to Fabulous Houston, Texas

\$80.00 per person - round trip  
(Due June 1, 1980)

Leave D.M. 8 a.m. Tuesday, July 15  
Arrive Houston, 6 a.m. Wednesday, July 16  
Leave Houston 11:45 a.m. Sunday, July 20  
Arrive D.M. 9 a.m. Monday, July 21

For more information call Chiquita Lee 277-0926 or Ann Chapman 225-9314.

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Wednesday	Liver & Onions	\$3 <sup>95</sup>			

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# Beatitudes For Mother

Blessed is she whose daily tasks are a labor of love; for her willing hands and happy heart translate duty into privilege, and her labor becomes a service to God and all mankind.

Blessed is she who mends stockings and toys and broken hearts; for her understanding is a balm to humanity.

Blessed is she who scours & scrubs; for well she knows that cleanliness is one expression of godliness.

Blessed is she whom children love; for the love of a child is more to be valued than fortune or fame.

Blessed is she who dusts away doubt and fear and sweeps out the cobwebs of confusion; for her faith will triumph over all adversity.

Blessed is she who preserves the sanctity of the home; for hers is a sacred trust that crowns her with dignity.

# For Wild Black Roses

### ABOUT THE POET:

Keith Nelson is a doctoral candidate in American Studies at the University of Iowa, completing the dissertation titled "The Lightning and the Thunder: Socio-cultural Contexts of Black Reactions to the Motion Picture *The Birth of a Nation*. Former Deputy Executive Director, Vermilion County Community Action Agency in Danville, Illinois. Has taught at Drake University, University of Wisconsin-Milwaukee, and Danville Area Community College.

I want no flowers.  
Give ME a rose  
A  
WILD BLACK ROSE.  
No hothouse-bred  
genetically-engineered  
programmed-mutation.  
Give me the WILD thing  
the natural thing  
the BLACK thing.  
Give ME a  
WILD BLACK ROSE.

All my people are WILD BLACK ROSES  
which to say that not only are they  
BEAUTIFUL  
but  
they have a reality that is a THORN  
in my conscience.

A rose  
even  
A WILD BLACK ROSE  
without THORNS  
is just another flower.  
Can one appreciate the rose without appreciating the  
THORNS?

ALL my people are WILD BLACK ROSES  
growing along the wayside of life  
oppressed by weeds.  
(One man's weed is another man's wildflower.)  
Wildflowers  
especially WILD BLACK ROSES  
do not grow among weeds to remain among weeds.  
They stretch their heads  
to the sky  
and their BEAUTY  
is savored  
by this passerby.

Give ME a rose  
A  
WILD BLACK ROSE.  
Don't send  
no flowers  
to ME.

Keith O. Nelson  
May Day, 1980

# Women's Day At Burns

Burns United Methodist Church, 811 Crocker Street, will observe its Annual Women's Day at the 11:30 a.m. worship service.

Guest speaker is Linda Walker-Webster, whose subject is "Lookin' for Those Crystal Stair's." Ms. Webster is employed by the City of Des Moines Urban Development Department and is a member of St. Paul A.M.E. church.

Guest soloist is Ms. Carrie Thomas, a

member of Union Baptist church. Rev. Donald Carver and Rev. Allen Harris, Co-Pastors. The public is cordially invited.

### In Memory Of Our Loved One On Mother's Day



We wish to express our appreciation to all of the people who sent cards and flowers during bereavement of Mrs. Edna Maire Whiteside.

Mrs. Carolyn A. Busch and children  
1tp



Lynda Walker-Webster

# PUBLIC NOTICES

Corrected publication of subsection (a) of Section 24-24 and of Section 5 of Ordinance No. 9726, said publication having appeared on April 17, 1980.

### Sec. 24-24. APPROVAL BY CITY COUNCIL

(a) Within one year after the date on which initial action on the final plat was taken by the planning director, plus any extensions granted by the planning director pursuant to subsection (h) of section 24-23 of this code, the applicant shall submit the following items to the planning department:

Sec. 5. That said Code be further amended by repealing subsection (b) of Section 24-36 thereof and enacting a new subsection (b) of Section 24-36, relating to required improvements, as follows:



## View Point

By  
James E. O'Day, Sr.

These quotes are a tribute to our mothers and Wives.  
Who can find a virtuous woman? For her price is far above rubies. The heart of her husband doth safely trust in her, so that he shall have no need of spoil.  
She will do him good and not evil all the days of her life.

### HOW TO BUY FOOD TO STAY HEALTHY:

If you've ever passed by fresh pineapple at the supermarket because you didn't know how to choose it, a can of turnip greens because you didn't know what they were, or a cut of lean meat because you didn't know how to cook it, you may be omitting some interesting — and healthful — foods from your diet.

"Caution: Your diet may be hazardous to your health."

Although you'll never find this warning on a label, many scientists believe certain health problems — heart and vessel diseases, obesity and tooth decay — can be traced to diet. There is also some evidence linking nutrition to other diseases.

Diet is not the only factor contributing to human health, but it's a major one. Better nutrition at any age can be a positive step toward disease prevention.

Given the enormous variety of foods available in American supermarkets, what should you eat to stay healthy? And, how can you find these foods when you shop?

Although there is no "ideal" diet for everyone, USDA and the U.S. Department of Health, Education and Welfare (HEW) recently announced seven guidelines to help healthy people stay healthy. These dietary guidelines recommend eating a variety of foods in moderation — less sugar, fat, cholesterol, sodium (including salt, baking soda, baking powder and MSG) and alcoholic beverages. Nutritionists suggest people eat more foods high in starch and fiber, such as fruits, vegetables and whole grain products, along with maintaining their ideal weight.

For a copy of "Nutrition and Your Health", call the Polk County Extension office, 284-4158.

She seeketh wool, and flax, and worketh willingly with her hands. She is like the merchants ships; she bringeth her food from afar.

She riseth also while it is yet night, and giveth meat to her household, and a portion to her maidens.

She considereth a field, and buyeth it; with the fruit of her hands she planteth a vineyard.

She girdeth her loins with strength, and strengtheneth her arms.

She perceiveth that her merchandise is good; her candle goeth not out by night.

She layeth her hands to the spindle, and her hands hold the distaff.

She stretcheth out her hand to the poor; she reacheth forth her hands to the needy.

She is not afraid of the snow for the household; for all her household are clothed with scarlet.

She maketh herself coverings of tapestry; her clothing is silk and purple.

Her husband is known in the gates, when he sitteth among the elders of the land.

She maketh fine linen, and selleth it; and delivereth girdles unto the merchant.

Strength and honour are her clothing; and she shall rejoice in time to come.

She openeth her mouth with wisdom; and in her tongue is the law of kindness.

She looketh well to the ways of her household, and eateth not the bread of idleness.

Her children arise up, and call her blessed; her husband also, and he praiseth her.

Many daughters have done virtuously, but thou excellest them all.

Favour is deceitful, and beauty is vain; but a woman that feareth the LORD, shall be praised.

Give her of the fruit of her hands; and let her own works praise her in the gates.

The above quotes can be found in your Bible—  
PROVERBS CHAPTER 10—VERSES—10-31

## CAREER OPPORTUNITIES

Call or come in and visit our Personnel Department and explore the opportunities available at American Republic Insurance Company. Clerical, technical and administrative skills can lead to a satisfying career with outstanding benefits. The job you are seeking may be here.

## AMERICAN REPUBLIC

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Des Moines, Iowa 50334  
245-2000

An Affirmative Action Employer M-F

## Valley National Bank

CLERICAL AND TELLER POSITIONS  
FOR EXPERIENCED OR  
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- We Offer: Competitive Wages  
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Personnel Department 245-6142

6th & Walnut  
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An Equal Opportunity Employer

## Looking For Work?

Iowa Power may have the type of position you are looking for. Iowa Power offers interesting work, excellent working conditions and fringe benefits. Stop in or call our Personnel office to see what openings we have. Interviewing hours: 9:00 a.m. to 11 a.m. and 2:00 p.m. to 4 p.m. Tuesday through Thursday.

Iowa Power and Light Company  
823 Walnut Street  
Des Moines, Iowa 50309

An Equal Opportunity Employer

# PUBLIC NOTICES

The legal notices which appear on this page are published under state laws which require that all taxpayers be kept informed as to what becomes of their tax dollars. Secrecy in government is never in the public interest.

## PUBLIC HEARING

### NOTICE OF PUBLIC HEARING on proposed Plans and Specifications and proposed Form of Contract for the construction of a Residential Care Facility for the Mentally Retarded, Des Moines, Iowa.

Notice is hereby given that the Board of Directors, Polk County Health Services Corporation, Des Moines, Iowa, represented by Mrs. Helen B. Henderson, Executive Director, and the Board of Directors of the Polk County Association for Retarded Children represented by Mr. Jon F. Doidge, Executive Director, will meet at Room 120 of Polk County Office Building, East 1st & Court Streets, Des Moines, Iowa, on the 23rd day of May, 1980, at 1:45 PM CDST, at which time said Boards propose to hold public hearing on specifications for:

The construction of a 13-person residential care facility to be constructed at 1212 S.E. McKinley in the City of Des Moines, Iowa.

At said hearing the Board will consider plans and specifications for the proposed project. The Board will receive and consider any objections thereto.

Bids will be acted upon at such later time and place not to exceed 30 days, as may then be fixed.

Said proposed specifications are on file in the office of the Polk County Association for Retarded Children, 421 S.W. 8th Street, Des Moines, Iowa, where they may be viewed.

Board of Directors  
Polk County Health Services Corporation  
By Robert G. Riley

ATTEST:  
Dean T. Wight  
Published in the New Iowa Bystander  
May 8, 15, 22, 1980.

## ADVERTISEMENT FOR BIDS

A residential care facility for mentally retarded to be constructed at 1212 S.E. McKinley Avenue in the City of Des Moines, Iowa.

Sealed proposals will be received by Mrs. Helen B. Henderson, Executive Director, for and in behalf of Board of Directors, Polk County Health Services Corporation, Des Moines, Iowa, and Mr. Jon F. Doidge, Executive Director, for and in behalf of Board of Directors, Polk County Association for Retarded Children, Des Moines, Iowa, up to 2:00 PM CDST on the 23rd day of May, 1980, for a residential care facility for mentally retarded to be constructed at 1212 S.E. McKinley in the City of Des Moines, Iowa. Proposals will be opened publicly and read aloud at Room 120 of Polk County Office Building, East 1st & Court Streets, Des Moines, Iowa.

Contract Award: A single lump-sum proposal for complete construction with a base bid for the building.

Project Description: One story residential type home for 13 retarded and handicapped persons including apartments for counselors.

Submit bids on prepared bid forms or facsimile, thereof attached to and made a part of the contract documents. Bids shall be addressed and delivered to Smith-Voorhees-Jensen Associates, 1040-5th Avenue, Des Moines, Iowa, in sealed envelopes marked with name of bidder. Bids shall be accompanied by bid security in the form of bid bond, cashier's check, or certified check made payable to the Polk County Health Services Corporation, Owner, in the amount of \$15,000.00. Said security shall be executed by the Bidder on AIA Bid Bond Document A310, February 1970 Edition: shall be in a separate envelope with the sealed bid and shall be forfeited to the Board as liquidated damages in the event the bidder fails to enter into a contract and furnish bond within fifteen (15) days after his bid shall have been accepted.

The Contract Documents are on file at the office of the Polk County Association for Retarded Children, and may be secured from Smith-Voorhees-Jensen Associates, 1040 Fifth Avenue, Des Moines, Iowa. No deposit required for one set. Contract Documents shall be returned to Architect within specified time after bid opening.

Polk County Health Services Corporation reserves the right to consider the experience and responsibility of Bidder in determining which Proposal it deems to be in its best interests, and may defer acceptance of any bid for a period not to exceed 30 days, pending necessary details. The Polk County Health Services Corporation reserves the right to reject any or all bids received.

Performance Bond: Performance Bond will be required prior to execution of the contract award in the sum of 100% of the total amount payable by terms of the contract.

Qualifications: The Board of Directors reserves the right to request qualification forms before issuing documents or before contract is awarded and to further reject any or all proposals or to waive technicalities or irregularities and to accept any bid which will best serve their interests.

Attention is called to the fact that the Contractor must insure that employees and applicants for employment are not discriminated against because of their race, color, religion, sex, or origin.

Compliance with Copeland Regulations and Davis-Bacon Act shall be required.

Any Bidder may withdraw his bid at any time prior to the scheduled closing time for the receipt of bids, but no bid shall be withdrawn for a period of 30 days thereafter.

POLK COUNTY HEALTH SERVICES,  
Helen B. Henderson,  
Executive Director

Published in the New Iowa Bystander  
May 8, 15, 22, 1980.

## NOTICE OF INVITATION TO BID

The City of Des Moines, as Local Public Agency for the Neighborhood Rehabilitation which project is implemented pursuant to Chapter 403 of the 1977 Code of Iowa, as a part of the City's Urban Renewal Program, hereby invites bids on home improvement/repair work to be done on properties located at:

120 S.E. Jackson - Lillie Albizo  
334 S.E. Livingston - Josephine Gadsden

The properties upon which the said work is to be done may be inspected with the assistance of Construction Specialists from the Department of Urban Development, Division of Rehabilitation, May 9 through May 19, 1980 at the above addresses.

All bids must be sealed and submitted upon Urban Development Bid Proposal Documents which may be obtained at the Department of Urban Development, Rehabilitation Division, 102 East Grant, Des Moines, Iowa. Said documents contain work sheets which specify all work to be bid upon.

All Bids must be received in the Department of Urban Development Rehabilitation Division located at 102 East Grand by Tues., May 20 at 10:00 A.M., at which time all bids will be opened and reviewed. The Department of Urban Development will recommend that the owners of said properties accept the lowest acceptable bids. However, the City reserves the right to reject any or all bids.

CITY OF DES MOINES, IOWA  
Lance L. Decker,  
Assistant Director  
for Neighborhood Conservation  
Dated April 29, 1980  
Published in Iowa Bystander  
May 1, 1980 and May 8, 1980.

## OFFICIAL PUBLICATION

NOTICE OF THE TAKING OF BIDS FOR THE RENOVATION OF WILLKIE HOUSE, INC., 900-17th Street, Des Moines, Iowa  
SEALED PROPOSALS will be received by Willkie House, Inc., in the office of the Director until 3:00 P.M. on the 28th day of May, 1980, for the following improvements, all as per specifications now on file in the office of the Director, Marsha Collier, 900-17th Street, Des Moines, Iowa 50314.

Proposals received will be opened and tabulated at a meeting presided over by the Director, after which bids and a recommendation of the consultant will be presented for said improvements as follows:

Renovation of Willkie House, Inc., 900-17th Street, Des Moines, Iowa  
Complete Renovation of Willkie House, Inc., as specified, including painting, flooring, cabinets and repairs, complete.

In accepting this contract the contractor agrees to not commit any of the following unlawful employment practices and to include this non-discrimination clause in any subcontracts connected with this agreement: (1) To refuse to hire, or to employ, or to bar, or to discharge from employment any individual because of their race, color, religion, sex, or national origin. (2) To discriminate against any individual in terms, conditions, or privileges of employment because of their race, color, religion, sex, or national origin. (3) To use any form of application for employment or to make any inquiry in recruiting or advertising for employees which requests the race, color, religion, sex, or national origin of any individual. (4) To discharge, expel, or otherwise discriminate against any individual because they have opposed any practices forbidden under this section or because they have filed a complaint, testified, or assisted in any proceeding under this section of the contract.

Each bid shall be accompanied by a cashier's check or a certified check, as specified in the bidding documents, enclosed in a separate labeled and sealed envelope. Said check shall be drawn on some known responsible bank in the State of Iowa, or a bank chartered under the laws of the United States, and made payable to the order of the Director of Willkie House, Inc., in the sum of ten (10) percent of the amount bid. Such check must not contain any condition in the body of the check or endorsement thereon. All envelopes must be addressed to the Willkie House, Inc., Director, and endorsed with the name of the bidder and the improvement said check and proposal are for. Proposal blanks will be furnished in the office of the Director, Willkie House, Inc., 900-17th Street, Des Moines, Iowa, to be used in making all bids.

Owner may defer acceptance of any bid for a period not to exceed thirty (30) days.

Performance bond shall be for the full amount of the contract, all with a Corporate Surety.

The Contract shall contain a provision that the contractor shall guarantee the improvement for a minimum of one (1) year after its acceptance by the owner.

The right is reserved to reject any and all bids.

WILLKIE HOUSE, INC.  
By Marsha Collier  
Director

ATTEST: Paul Moser  
Treasurer  
Wesley S. Chapman  
President  
Published in the New Iowa Bystander  
May 8, 1980.

## ORDINANCE NO. 9741

AN ORDINANCE to amend the Municipal Code of Des Moines 1979, as amended by Ordinance No. 9628, passed August 27, 1979, by repealing Sections 27-242 and 27-247 thereof and enacting new Sections 27-242 and 27-247, and by adding thereto new sections to be known as Sections 27-183.01 and 27-198.05, all relating to the regulation of traffic.

Be It Ordained by the City Council of the City of Des Moines, Iowa:

Section 1. That the Municipal Code of Des Moines 1979, as amended by Ordinance No. 9628, passed August 27, 1979, be and is hereby amended by repealing Sections 27-242 and 27-247 thereof and enacting new Sections 27-242 and 27-247, and by adding thereto new sections to be known as Sections 27-183.01 and 27-198.05, relating to speed restrictions, as follows:

Sec. 27-183.01. SOUTHEAST FIFTH STREET.

Southeast Fifth Street, from East Park Avenue to East Army Post Road, 30 miles per hour.

Southeast Fifth Street, from East Army Post Road to East County Line Road, 40 miles per hour.

Sec. 27-198.05. FORTY-SECOND STREET.

Forty - second Street, from Grand Avenue to Pleasant Street, 30 miles per hour.

Forty - second Street, from Crocker Street to Forest Avenue, 30 miles per hour.

Sec. 27-242. EAST PARK AVENUE.

East Park Avenue, from South Union Street to Southeast Eighth Street, 30 miles per hour.

East Park Avenue, from Southeast Fourteenth Street to Southeast Twenty - second Street, 30 miles per hour.

Sec. 27-247. UNIVERSITY AVENUE.

University Avenue, from Maine Street to Fourth Street, 35 miles per hour.

University Avenue, from Fourth Street to Eighteenth Street, 30 miles per hour.

University Avenue, from Twenty - first Street to the entrance to the Waveland Park Golf Course, 30 miles per hour.

University Avenue, from the entrance to the Waveland Park Golf Course to Fifty - fifth Street, 35 miles per hour.

University Avenue, from Fifty - fifth Street to Merle Hay Road, 30 miles per hour.

University Avenue, from Cummins Parkway to Sixty-third Street, 30 miles per hour.

Sec. 2. This ordinance shall be in full force and effect from and after its passage and publication as provided by law.

Passed April 23, 1980  
Signed April 28, 1980  
Form approved

Pete Crivaro, Mayor  
Assistant City Attorney  
Attest: Helen W. Barlow, City Clerk

I, Helen W. Barlow, City Clerk of the City of Des Moines, Iowa, do hereby certify that the above and foregoing is a true and correct copy of an ordinance passed by the City Council of said City at a meeting held April 28, 1980, signed by the Mayor April 28, 1980 and published in the Iowa Bystander May 8, 1980.

Helen W. Barlow, City Clerk

## ORDINANCE NO. 9742

AN ORDINANCE to amend the Municipal Code of Des Moines 1979, as amended by Ordinance No. 9731, passed April 7, 1980, by repealing subsection (c) of Section 18-53 thereof and enacting a new subsection (c) of Section 18-53, relating to public improvement assessment credits.

Be It Ordained by the City Council of the City of Des Moines, Iowa:

Section 1. That the Municipal Code of Des Moines 1979, as amended by Ordinance No. 9731, passed April 7, 1980, be and is hereby amended by repealing subsection (c) of Section 18-53 thereof and enacting a new subsection (c) of Section 18-53, relating to public improvement assessment credits, as follows:

Sec. 18-53. SCOPE.

(c) The public improvement assessment credit provided for the 1977 program shall be limited to

those assessments, including accrued interest and penalties, if any resulting from the following projects:

(A) PAVING  
Southeast 5th Street from McKinley Avenue to Army Post Road  
South Union Street from McKinley Avenue to Army Post Road

Scott Street from Southeast 30th Street to Raccoon Street  
Williams Street from Timber Drive to University Avenue

Southeast 4th Street from Scott Street to Raccoon Street  
East Bell Avenue from Southeast 14th Street East

Porter Avenue from South Union Street to Southwest 9th Street  
East 32nd Street from Douglas Avenue to Aurora Avenue

Glenwood Drive from Southeast 14th Street East  
West Street from Southwest 9th Street to Southwest 14th Street

Wade Street from Southwest 13th Street to Southwest 14th Street  
Southeast 5th Street from Hartford Avenue to Pioneer Road

Raccoon Street from Southeast 30th Street to Scott Street.

(B) SEWER  
Southern Hill Sanitary Sewer  
East Rose Avenue Sanitary Sewer

No application for an assessment credit for the 1977 program shall be received by the city finance director after December 15, 1980. The 1977 program does not include projects set out in subsection (a) of this section and the provisions of subsection (b) of this section do not apply to applications received for the 1977 program.

Sec. 2. This ordinance shall be in full force and effect from and after its passage and publication as provided by law.

Form Approved  
Assistant City Attorney  
Passed April 28, 1980  
Signed April 28, 1980

Pete Crivaro, Mayor  
Attest: Helen W. Barlow, City Clerk

I, Helen W. Barlow, City Clerk of the City of Des Moines, Iowa, do hereby certify that the above and foregoing is a true and correct copy of an ordinance passed by the City Council of said City at a meeting held April 28, 1980, signed by the Mayor April 28, 1980 and published in the Iowa Bystander May 8, 1980.

Helen W. Barlow, City Clerk

## ORDINANCE NO. 9743

AN ORDINANCE to amend Chapter 14 of the Municipal Code of Des Moines 1979, adopted by Ordinance No. 9616, passed July 23, 1979, by changing the title of Article XIV thereof to read "Emergencies and Dangerous Housing Structures", and by adding thereto new sections to be known as Sections 14-113.01 and 14-113.02, relating to the Health and Safety Housing Code.

Be It Ordained by the City Council of the City of Des Moines, Iowa:

Section 1. That Chapter 14 of the Municipal Code of Des Moines 1979, adopted by Ordinance No. 9616, passed July 23, 1979, be and is hereby amended by changing the title of Article XIV thereto to read "Emergencies and Dangerous Housing Structures", and by adding thereto new sections to be known as Section 14-113.01 and 14-113.02, relating to the Health and Safety Housing Code, as follows:

Sec. 14-113.01. DANGEROUS HOUSING OR ACCESSORY STRUCTURE.

(a) When, in the opinion of the health officer, a housing structure, by reason of its condition, constitutes a public nuisance threatening to the health and safety of the public which cannot be reasonably abated except by demolition and removal, the following procedure shall commence forthwith:

(1) The health officer shall declare in a letter mailed by certified mail, return receipt requested, and addressed to each known owner and tenant, if any, of the real estate upon which such structure is located, that:

(i) Such structure constitutes a public nuisance threatening to the health and safety of the public and must be removed and the ground upon which it stands leveled.

(ii) Such action must be taken by the owner within a period of time set by the health officer, who shall take into account the condition and deterioration of the structure and the severity and imminence of the threat to life or health in setting such time period.

(iii) In the event such structure is not so removed and the ground leveled within such time period, the matter of its removal shall be considered and voted upon at a public hearing by the board of health on a date which shall be set forth in such letter.

(iv) If an owner wishes to present evidence in resistance to the health officer's determination or to otherwise contest such intended action at such hearing, then such owner must file written statement with the city clerk within five days of receipt of such letter of determination, setting forth the reasons why such action should not be ordered by the board of health. The city clerk shall distribute such filing to the board of health, the city manager, and the corporation counsel before the date of such hearing. Failure of the owner to so file such statement shall be deemed a waiver of such owner's right to present evidence in resistance to the health officer's determination, or to otherwise contest such action, at such hearing.

(2) If the board of health, upon such hearing, confirms the action of the health officer, it shall order prompt demolition and removal and the leveling of such property and shall direct that all of the costs attendant to such action, including administrative costs, shall be either assessed against the property or collected from the owner or owners thereof. Alternatively, if the board of health, upon such hearing, determines that further time should be allowed for the owner to demolish and remove the structure and level the property, it may extend the time within which such action shall be taken to a date certain but shall otherwise confirm the determination of the health officer and order the actions herein set forth.

(3) If the board of health, upon such hearing, determines that such property should not be demolished, it shall revoke such determination and direct such other action as it deems appropriate in the circumstances.

(b) Nothing in this section shall be construed to proscribe the procedure set forth in section 14-113 with respect to action by the health officer to abate a nuisance other than by demolition and removal of a housing structure or accessory structure.

Sec. 14-113.02. CERTIFICATION OF COSTS.

(a) When action has been taken pursuant to section 14-113 or section 14-113.01, the costs of such action shall be reported to the board of health.

(b) If such costs are to be certified to the county auditor for assessment against the property, then notice of the hearing on such proposed action and the council meeting at which it is to be taken shall be given to the owner or owners of the property, and after such hearing the board of health may certify such costs to the county auditor.

(c) If such costs are to be collected from the owner or owners of the property, then upon receipt of advice of such costs the legal department shall commence the appropriate action to do so.

Sec. 2. This ordinance shall be in full force and effect from and after its passage and publication as provided by law.

Passed April 28, 1980  
Signed April 28, 1980

Pete Crivaro, Mayor  
Form approved  
Corporation Counsel  
Attest: Helen W. Barlow, City Clerk

I, Helen W. Barlow, City Clerk of the City of Des Moines, Iowa, do hereby certify that the above and foregoing is a true and correct copy of an ordinance passed by the City Council of said City at a meeting held April 28, 1980, signed by the Mayor April 28, 1980 and published in the Iowa Bystander May 8, 1980.

Helen W. Barlow, City Clerk

For a copy of this notice and form, please call the Polk County Health Services Office, 284-4128.

# Search Is On For Safe Antiknock Gas

By Kay Davis  
 Provided by NSF,  
 Clark College and  
 Voice News Network

Since the 1920's lead, particularly tetraethyl-lead, has been widely used as an antiknock gasoline additive. It has been determined by the Environmental Protection Agency that this chemical in fuel contributes significantly to environmental pollution.

Measures are being employed to reduce the lead contents of gasoline. Unless substitute additives are developed, the octane rating of fuel will have to be improved by increasing the contents of aromatic hydrocarbons. Large quantities of these compounds in gasoline create undesirable exhaust fumes and cause an increase in exposure to benzene which has been linked to leukemia.

Other aromatics also present a health safety

problem for service station and garage employees. If a substitute antiknock chemical cannot be found, it has been estimated that removal of tetraethyl lead and other alkyls from gasoline will reduce the amount of gasoline from each barrel of crude oil by about six percent. The development of an acceptable substitute could help restore the six percent loss to our dwindling oil reserves.

Another antiknock additive MMT used in lead free gasoline reportedly causes the catalysts in exhaust converters to malfunction. The addition of this chemical to gasoline intended for use in automobiles with exhaust catalysts has been rejected in California.

It is imperative that a lead free antiknock agent be

found to improve the octane rating of fuel without adversely affecting the environment and decreasing fuel reserves.

Recent work by two Colorado chemists, Dr. Robert E. Sievers, professor of chemistry, and chemistry student Jean Sadlowski may find the answer in their research on certain rare earth B-diketonate complexes which have shown significant antiknock activity.

Preparation of this article was made possible by a grant from NSF. The views of this article are those of the author and do not represent those of NSF.

## FREE HEARING TESTS

The Des Moines Hearing and Speech Center, a United Way agency, is offering free hearing screenings during the month of May to anyone over the age of 60. Because Governor Robert D. Ray has proclaimed May as Hearing and Speech Month, the Center is emphasizing the fact that one out of every four people over 65 has a hearing loss.

These free hearing screenings will be available Wednesday afternoon, May 21, Thursday afternoon, May 22, and Wednesday morning, May 28. It is necessary to make an

appointment in advance for a free hearing screening by calling the Des Moines Hearing and Speech Center, 282-5052. The Center is located in the Hawley Community Services Building, 700 Sixth Avenue.

## WILLIAMS NOMINATED AS OMB ADMINISTRATOR

President Jimmy Carter announced he will nominate Karen Hastie Williams, of Washington, D.C., to be administrator for federal procurement policy in the office of management and budget. She would replace Lester Fettig, who has resigned.

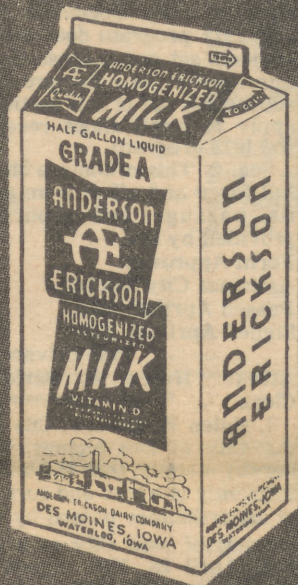
Williams has been chief counsel of the U.S. Senate Committee on the Budget since 1977.

She was born September 30, 1944, in Washington, D.C. She received a B.A. from Bates College in 1966, an M.A. from Fletcher School of Law and Diplomacy in 1967, and a J.D. from Columbus Law School at Catholic University in 1973.

From 1973 to 1974 Williams was law clerk to Judge Spottswood W. Robinson III of the U.S. Court of Appeals for the District of Columbia Circuit. From 1974 to 1975 she was law clerk to

Associate Justice Thurgood Marshall of the U.S. Supreme Court. From 1975 to 1977 she was an associate attorney with the Washington firm of Fried, Frank, Harris, Shriver & Kampelman.

Williams is on the board of directors of the NAACP Legal Defense Fund and serves on the Hearing Committee of the Board on Professional Responsibility, D.C. Court of Appeals.



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*"Quality You Can Taste"*

*Remember Mother with flowers from*



IOWA'S LARGEST RETAIL  
 BEDDING PLANT GROWER  
 1050 N.E. 30th Ave., Des Moines  
 Phone 262-6504

Hours: Mon.-Fri. 8 to 6  
 Sat. 8 to 5 Sunday 9 to 4

**PLANTING TIME IS HERE!**  
 OVER A MILLION PLANTS TO CHOOSE FROM

**Geraniums 98¢** extra large 4.25  
 40,000 to choose from

**Petunias** \$1.10 a Basket Appr. 1 Doz.  
 \$5.98 a Flat Appr. 6 Doz.

**Potted Roses—in soil—\$3<sup>95</sup>** and up

Pansies—Snaps—Marigold—Alyssum  
 Sultana—Asters—Browallia—Torenia  
 Lobelia—Salvia—Dahlia & others  
**Clematis \$2<sup>98</sup>**

**Potted Plants For Planters 39¢**

**Hanging Baskets**

Fuschia—Geranium—Sultana  
 Petunias—Begonia—Green Plants

**Pottery—Garden Tools**

**Tomato Plants** 85¢ a Basket Appr. 1 Doz.  
 60¢ Potted

**Vegetable Plants**

**Perennials—Ground Covers**

**Bulbs—Glads & Many Others**

**SCOTTS & ORTHO**  
 Fertilizers & Insecticides

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W. 5th & University  
 244-3221

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2. City Employee Programs (PCS)
3. Armstrong, Firestone, Ford & John Deere Programs
4. Blue Cross Pre-Paid Pres. Services
5. Workman's Compensation

## Southeastern Community College Criminal Justice Instructor-Coordinator

A nine month per year position (office in West Burlington, Ia) with possibility for fifteen additional duty days during summer session. Duties include coordinating the Criminal Justice Program (North and South Campus) and the Community Service Program at the North Campus, instructing some courses in the CJS program, including sociology, and coordinating student internships in CJS. Must have a master's degree with a major in law enforcement and/or corrections, minor in sociology and a minimum of three years experience in law enforcement and/or corrections. Post-secondary instructional experience highly desired but not required.

Duties will begin August 25, 1980. Application deadline: May 27, 1980. Send resume, transcripts, credentials, and letter requesting an application form to:

Personnel Office  
 Southeastern Community College  
 Drawer "F"  
 West Burlington, Iowa 52655

An Affirmative Action-Equal Opportunity Institution

## Housing Rehabilitation Aides

### Duties:

Tool maintenance, cataloguing, inventory  
 Materials salvage, inventory

Assisting homeowners in home rehabilitation work including: Assessment of needs. Assistance with fencing, windows, doors, roof, siding, foundation, porch and step repair. Rehabilitation work on any DMHC project including removal of debris, painting, maintenance, rehabilitation carpentry.

### Qualifications:

Record keeping ability: Reading, writing skills. Ability to write reports. Ability to record financial transactions.

### Education:

High school diploma or G.E.D. Willingness to attend workshops, training sessions.

### Construction, rehabilitation skills:

Experience in building trades. Participation in school trades program.

### Public service skills:

Must be capable of communicating effectively with clients.

### Dependability:

Must demonstrate willingness and ability to carry out job instructions and be responsible for completing assigned tasks.

Must demonstrate a successful job experience by citing a former employer (or teacher if a recent graduate with no work record) as a work reference.

### Pay:

\$3.55 per hour. Two weeks vacation (one after six months—one after one year). Medical insurance. Training opportunities.

A.C.E.T.A. IID position

Application deadline May 19, 1980

THE DES MOINES HOUSING COUNCIL  
 1325 16th St.  
 Des Moines, Iowa 50314  
 Phone No. 243-3897

WE ARE AN AFFIRMATIVE ACTION EMPLOYER

# classified ads

## RENTALS

**APT. FOR RENT**  
2 bedroom apartment, utilities paid, partially carpeted, children welcome. No pets. Call William Jones, 255-9254 or 244-7723.

tf

**ELDERLY OR HANDICAPPED**  
Valley West Apt. 1800-36th, West Des Moines  
Brand new 1 bedroom apartments, range, refrigerator, carpeting, LR drapes, and all utilities furnished. Rent subsidy available under HUD Section 8 Program. Call 278-9131 for appointment to make application.

**SELDIN DEV. & MGT. CO.**  
Equal Housing Opportunity.

tf

**APT. FOR RENT**  
2 Room furnished apartment for rent. No children or pets. Call 282-0650.

tf

## FOR SALE

**VETERANS**  
The GI bill won't pay your rent, but it will make your down payment. Own your own home. Let's talk it over. Call me.

**Ed Harris**  
287-4841 282-3303

Coming soon. Second big Mayflower Market Sale at Phymouth Church, 42nd & Ingersoll. Furniture, clothing, antiques, art gallery, snack bar. May 15 (9-7), May 16 (9-5), May 17 (9-noon).

1t

**WILSON'S UPHOLSTERY**  
1500-23rd St. 255-9652  
SPECIALIZING IN Fine Furniture Upholstery  
Mill ends and remnants by the yard

## HELP WANTED

### COMMUNITY SERVICE WORKERS

VISTA (Volunteers in Service to America) needs people with skills or experience in community organizing, law, architecture, tenant's rights, urban planning, fund raising. Programs are throughout the U.S. & Trust Territories. Must be 18, no upper age limit. For information call or write Denise Ows, II Gateway Ctr 318, KC, Ks, 66101 (816) 374-4556.

14T

### COLLEGE GRADS AND PEOPLE WITH EXPERIENCE WANTED NOW FOR NEW PEACE CORPS PROJECTS

If you have experience in farming, a skilled trade, have a college degree in teaching, math, the sciences, or are a health professional and want to work in useful and exciting work overseas, consider becoming a Peace Corps volunteer. Must be 18, single or married - no dependents, no upper age limit. For info. call or write Denise Ows, II Gateway Ctr. 318, KC, Ks, 66101 (816) 374-4556.

14T

### ASSISTANT PLANNER

Polk County's Physical Planning Department has an opening for an individual experienced in zoning administration and related planning activities, such as large scale planning for unincorporated areas. Knowledge of graphic illustration and presentation required. Starting salary \$13,301 increased to \$14,631 July 1. Excellent benefits. Resumes being accepted thru 5-9-80. Send resumes to: Personnel Office, Rm. 390, Polk County Administrative Office Bldg., 2nd and Court Avenue, Des Moines, IA 50309. AN AFFIRMATIVE ACTION EMPLOYER.

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### SECRETARIES

Arrangements are being made for Civil Service testing for secretarial positions with the City of Ames and Mary Greeley Memorial Hospital. Current positions available include a secretary for the police department as well as a secretary for the rehabilitative service area of Mary Greeley Hospital (starting July 1). Salary approximately \$870 per month effective July 1. Applications must be received by Tuesday, May 13, 1980.

Apply Personnel Department, City of Ames, Public Safety Building, Fifth and Kellogg, Ames, Iowa 50010.

An Affirmative Action Employer

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### CLERICAL TYPIST

We currently have several typing openings. Must type 45 wpm. Excellent salary, benefits and advancement opportunity including tuition aid to improve your clerical skills. Call Diana Mauk for appt., 280-4211.

AID Insurance Svcs. 701 5th Ave. Des Moines, Iowa  
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### COOK / JAIL

Immediate opening for a dependable person with some cooking experience and willing to learn procedures of preparing and cooking large quantities of food. Must have the ability to lift large cooking vessels weighing up to 50 pounds. Hours 6:00 a.m. - 2:00 p.m. Some weekend work. Salary \$4.38 / hr. Qualified applicants may complete an application at the: Polk County Personnel Dept., Rm. 390, Polk County Administrative Office Bldg., 2nd and Court Avenue. AN AFFIRMATIVE ACTION EMPLOYER.

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## Better Homes and Gardens(R) Books Sales Representative

We have an opening for an individual to sell Better Homes and Gardens(R) book products to prospects and pre-qualified leads in the premium and incentive markets.

This Des Moines-based position requires approximately 25 percent travel at company expense to banks and consumer product companies using premiums to improve their own sales.

The successful candidate will have a college degree in business or related field and a minimum of 2 years sales experience.

Excellent company benefits and promotion opportunities. Send resume and salary history to:

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Employee Relations  
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## BUILDING ENGINEER

Excellent opportunity for an individual with heating, ventilation and air conditioning systems experience. Minimum 3rd class Stationary Engineering License required. Excellent benefits include life/health benefits, college tuition assistance and transportation subsidy.

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## APPLICATIONS

For

## RESIDENTIAL ELECTRICAL TRAINEE

Male/Female

will be taken at  
8450 Hickman Road, Suite D Weekdays  
from May 5 through May 16, 1980, from  
9:00 a.m. till 4:30 p.m.

## QUALIFICATIONS

Good Health  
Average Intelligence  
18 years of age  
S-72 Aptitude Test  
Should have background of high school  
Algebra and science

E.E.O. Employer

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## Programmer Trainee

CITY OF DES MOINES

Non-civil service. Assist with technical wk. in develop. & implementing data processing systems while in an on-the-job train. situation. \$453.52-541.22 biwklly. HS grad. supplemented by courses in an approved programmer's school or equiv. comb. in which ed. & exp. are interchangeable at rate of 1 yr. of ed. for 1 yr. exp.

Apply before 5 P.M., May 9, 1980 in Rm. 104, City Hall, E. 1st & Locust, Des Moines, Ia.

An Equal Opportunity Employer M / F

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## Programmer

CITY OF DES MOINES

Position does complex tech. wk. in the develop. & implementation of data proc. systems applicable to municipal adm. Two yrs. of college in bus. adm., accounting & two yrs. exp. in data proc. or computer prog. or ed. & exp. are interch. at rate of 1 yr. of ed. for 1 yr. of exp. \$16,063-19,237 annually.

Apply by 5 P.M., May 9, 1980, Rm. 104, City Hall, E. 1st & Locust, Des Moines, Ia.

An Equal Opportunity Employer M / F

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## JOB OPPORTUNITIES

with Amoco Oil Company  
Division of Standard Oil Company  
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We have a variety of permanent and temporary clerical jobs available. Duties and time schedules vary. We will endeavor to arrange a working schedule to your liking. We have immediate openings for the following:

- ☆ Full and part time credit confirmation operators: Flexible day hours, with time slots from 8 AM to 1 PM or 12 PM to 4:30 PM
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- ☆ General Clerical

All openings have career potential with merit raises and promotions.

All openings have career potential with merit raises and promotions.  
Contact Personnel for an appointment or stop in and see us. Phone 225-4119.

EO / FM

# Art Attack At Mid City Library

## CHILDREN "ATTACK" ART UNDER THE OUTDOOR SUN

Nearly three dozen children, ranging in ages from 3 to 12 years, enjoyed an "Art Attack" project on Drake Relays Saturday, April 25 on the parking lot of Mid-City Library, 13th and University Avenue.

Armed with a sackful of odds and ends including wallpaper, glue, fabric swatches, construction paper, foil, glitter, watercolors, wood scraps, and an assortment of other materials, the children enthusiastically tackled their projects with creative imagination. For two hours, 10:00 a.m. to 12 noon, they made wall hangings, shadow boxes, plaques, pictures and assorted art objects.

Pictured below are some of the children who participated. The event was sponsored by the 2 to 12 age Groups of the Des Moines Chapter Jack and Jill of America, Inc.

One of the highlights of the morning was a ride on a horse from a Drake Relays parade participants, who was returning along the University Avenue route.



THE LEVEL OF FEAR IS ..SHOCKING.

**IT IS UP TO US, BLACKS WHO CARE ABOUT THE BLACK FUTURE, TO IMPOSE ORDER WHERE NONE EXIST TO DAY. AND WE HAVE TO DO IT, FOR OUR LIVES HAVE ALWAYS BEEN WORTHLESS THAN WHITE ONES IN THE EYES OF OUR COUNTRY, AND OUR COUNTRY DOES NOT REALLY CARE ABOUT THE CHAOS IN OUR NEIGHBORHOODS AS LONG AS THAT ANARCHY DOES NOT SPILL OVER THE LINES OF DEMAR-CATION.**

**WE HAVE TO DO IT BECAUSE WE CANNOT ASK OUR OLD PEOPLE TO SPEND THE REST OF THEIR LIVES PASSING THROUGH A GAUNTLET OF MUGGERS.**

*C. Vann Woodward, N.Y. Magazine*

Pious

The Iowa Bystander will not return pictures through the mail. Contributors are encouraged to pick up the pictures at the Bystander office as soon after publication as possible.

### Child Care

Openings for Head Teacher and Substitute Teacher working with children ages 2-5 years. Degree and experience in Early Childhood.

Send resume to Jenny Berryhill by 5:00 p.m., May 19. YWCA, 717 Grand, Des Moines, Iowa 50309.

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## ADVENTURELAND

# NOW OPEN

## Survive the Tornado

### THE BIGGEST WAY TO SAY ROLLER COASTER

OPEN WEEKENDS | OPEN DAILY  
MAY 4th, MAY 30th  
10:00 am | 10:00 am

# ALLEN ASHBY with a LOOK ON SPORTS



Watched the Spinks brothers pound out wins over the week end. Leon wants another shot at the heavyweight crown, and Brother Michael wants a chance at the lighthavy honors. I would have to say that Mike's chances of reaching his goal are a bit better than those of Leon.

Last week Leon didn't appear to be really ready. There were rolls of fat around his kidneys and on his stomach. An athlete in tip condition doesn't have that rubber band. So Leon has some work to do to get ready for the very best. This effects his punching, too, for when you are in condition, you can punch like lightning bumping a stump and don't even

know it.

And, even if the bigger Spinks was in the best shape, I don't think he could get by the left hand of Larry Holmes. Holmes may not be the greatest, but he will take some beating, as Muhammad Ali may soon discover. He has a good left hand and seems to know just about all of the moves, but in my judgment, he isn't quite as fast as he should be. But even so, he should be too much for Leon Spinks.

And then, too, there are a couple of young heavies who can take a man out with one punch, and if they get a crack at Spinks, he might not get the shot at the big one.

Brother Mike looked pretty good when he felt like fighting, but he seemed to get tired in the later rounds. Still, he looked to be in better shape than his brother. It was hard to tell much about him because he fought only when he wanted to, in spurts and flurries. He hit his opponent squarely on the chin several times and didn't even slow the guy down until he got tired.

The commentator said that Spinks was getting tired. I used to ask how can a person whose game is boxing and who knows he has to go only thirty minutes, get tired? It was explained to me once that the strain of combat took something from the competitors, but I still ask the same question.

I have a friend whom I used to tell that he wasn't

really in condition. He used to insist that he was, as did a lot of other fellows I used to tell the same thing too.

Well, came WWII and off these guys went to war. After a few months I began to get letters telling me that the writers had finally come to realize what I meant when I talked about condition. One guy told me that he knew that if he had been in this shape when we played basketball, he would have never gotten tired. Other people said the same thing in different ways but it all added up to the same thing.

This is why you have to give Ali a possible chance to come away with the heavyweight crown one more time. The big man will punish and drive himself until he is in as good a shape as he can be. He will be able to go the route, and with his experience, will have to be given a chance to outpoint Holmes.

But, all this can be done away with if Holmes lands a few good solid punches against the Ali dome because that will be his weak spot. My guess is that Larry will go for the body on the mistaken belief that the thirty-eight year old body can't take it, but a body can be put into condition to take a terrific beating, even at forty.

Joe Walcott, Archie Moore and Ezard Charles were really working Rocky Marciano over, and they were all long past their prime until one of Rocky's block busters landed upside the ear. All she wrote.

## Warren-Oakley Honored as Black Athletes of Year

George Brewer, head of the Brewer Enterprises, believes that the black athletes of Des Moines don't get enough recognition during their season. So for the past four years, and this makes five, he has awarded a trophy to the black athletes who are the most outstanding. This award is given on a basis of their athletic ability as well as their conduct off their playing field.

George himself was an athlete at North High and had dreams of playing for Iowa U., but a playground accident at Good Park cut his career

short. So he does this for the athletes who have a chance to do what he always wanted to do, and for the second time he has included a female athlete.

His selections for the 1979-80 are Tanis Warren, freshman at Lincoln High, and Ken Oakley, senior at East High.

Tania plays basketball and softball at Lincoln, and says her goal for the coming season is to reach the state. And you have to know she would like to win that one if she gets there. Tania also likes track, and says she

really enjoys studying, so she gets very good grades. Asked about her favorite subject and favorite person among athletes, she said English was her favorite study and her favorite athlete was Magic Johnson of the Los Angeles Lakers. Why? "I like the way he passes."

Since she is a freshman, it is likely that Warren hasn't really found the thing she wants to do with her life, but I got the impression that she enjoys helping people. She says she doesn't hang out anyplace, but

likes to go to church, and knows Kenny Oakley, in fact, they know each other.

The other winner, Ken Oakley, was a valuable member of the East High football and basketball teams. Oakley, who is five nine and one hundred eighty, would like to go to junior college in Nevada because he thinks he would have a good chance to catch on with a Pac Ten school. He listed as his hobbies model cars, poetry, short stories and jazz music. He says he got fair grades in school, but could have done better if

he had not been out for athletics.

Wherever Oakley goes to college he wants to take phy ed to be able to work with handicapped children and would like to be a social worker. While he is aware of the recognition given him, he says he doesn't want any special treatment. "I just do what I am supposed to do, and that's that." Ken credits his friends with helping him over the rough spots he may have had.

First would have to be his girl friend, Pam Johnson of Tech. Then he rates the bunch he calls his gang at East.

Robin Harris, Virgil Benson, Craig Lewis and Tony Williams, all defensive players in the East backfield.

He thinks that the player likely to replace him at East would be Larry Thomas. Favorite sport? Has to be football.

You would have to say about Kenny Oakley that he knows where he wants to go, whether he gets there or not. He says about his so called gang, "We don't ever start anything, but nobody better start it with us, or we will finish it."

Almost left out another member, Vince Moody.

## Affirmative Action

### BLACK WOMEN AND THE AFFIRMATIVE ACTION STRUGGLE

What do Delta Sigma Theta Sorority, the National Association for the Advancement of Colored People, the Urban League, the Black United Front and a host of other progressive organizations all have in common?

They're all standing shoulder to shoulder with yet another Black woman who has taken the "point" position in the battle for equality, jobs and affirmative action.

Myra Willard of Portland, Oregon is fighting a court case that will no doubt have repercussions beyond the Pacific Northwest.

In this she is simply adding to and continuing a tradition that has been carried by Rosa Parks, Harriet Tubman, Charlotta Bass, Angela Davis, and others too numerous to mention.

Today, in addition to the case fought by Ms. Willard, there are others exemplifying the ever present fighting spirit of Black women. Irene Levenson, a law student at New York Law School, who has filed suit and is politically organizing to prevent her being railroaded from school and to expand affirmative

action.

Marguerite Gamble, who attracted support from Dick Gregory, Flo Kennedy, National Organization for Women (NOW), etc. in a bitter battle — similar to Ms. Levenson's — at the University of Minnesota School of Medicine.

Malvice Jefferson, who has received support from the National Alliance Against Racism and Political Repression (NAARPR) similar to which they used to free Rev. Ben Chavis, in her battle with the Medical School at the State University of New (SUNY) at Stony Brook. It goes without saying that the Affirmative Action Coordinating Center (AACC) is with these sisters every step of the way.

Then there are those Black women who organize collectively, volunteering time and effort — even though having to work for a wage everyday, attend to children, a home, a loved one. Alice Scott (and the Westchester County (N.Y.) Black Women's Political Caucus) is a good example.

Her and other like-minded sisters have played a pivotal role in a lawsuit and political battle that will lead to the hiring of more Black

firefighters. Their example alone puts the lie to the musty canard that people can't make a difference. They did and we are all the better for it.

Ditto Myra Willard. Her class action suit against the Oregon State System of Higher Education has thrust the former Affirmative Action Director into the eye of a quite difficult struggle. She alleges race and sex discrimination and if successful, not only will there be payment of over \$4 million to victims of discrimination but more hiring of Blacks, Hispanics, women, etc. will ensue.

Already to cover its "position" the University has begun hiring more Blacks. Just as SCLC's and the Affirmative Action Coordinating Center's complaints about discrimination in professional sports' white collar positions has led directly to more minority hiring (e.g. N.Y. Yankees' moving of Elston Howard into the front office; even the Dallas Cowboys have hired a Black coach, etc.), Willard's suit and battle has led to more jobs.

In an unprecedented move, Black professor Derrick Bell was

appointed recently as Dean of U.O.'s Law School. Interestingly, the Black community is now wondering what position Dean Bell will take. Needless to say, the power structure at U.O. will attempt to use him as a "buffer" against the Black community — a role becoming all too increasingly familiar to some of our brothers and sisters.

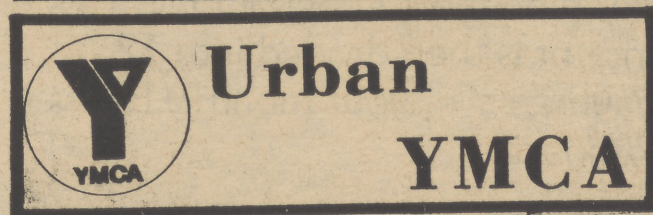
Willard, however, like the legions of Black women before her, has torch-lit the way. She has shown us how to fight back, how to resist

discrimination. She has received various forms of support not only from the Black community — which she emphasizes must be the "base" — but she has reached out to unions, women's groups, civil liberties' groups and others who wanted to raise her banner.

For tunately, a "critically acclaimed" 20 minute video-cassette is available for those across the country interested in organizing similarly. It is based on the Willard Case and is available from: The

Friends of Myra Willard Committee c/o Jean Drew, Treasurer; P.O. Box 3949; Eugene, Oregon 97403.

In producing this tape, Willard is again leading the way. We should be careful to record our history as it happens, not only for the sake of posterity but ourselves as well. And how appropriate it is that once again our earth, our source, our fighting spirit — Black women — have shown us the fruitful path.



### First James F. Cooper Award!

Granger elementary school wins first Urban YMCA James F. Cooper Memorial participation award. This award is given in the name of James (Jimmy) Cooper, long time employee of Model Cities and the Urban YMCA.

Jimmy, a friend to all youth in our community, helped start the YMCA Super Stars track program, was a member of the Olympic Development Program (now Athletic Development) and Interagency Coordinated

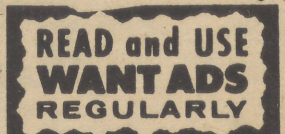
Planning Council Committee, Jimmy was instrumental in exposing many youth to YMCA programs.

This award is given to the school that had the highest number of participants in Urban "Y" programs Granger had youth since September participate in Urban Programs. Studebaker elementary won second place, while Longfellow elementary finished third.

First place trophy will be a traveling trophy with the school and date engraved on it.

This Is It!

Summertime youth activity program a ten week program consisting of skill development and introduction to team and individual sports, also special outings and picnics. The program will run from the week of June 9th through the week of August 15th. The program will meet everyday Monday through Friday from 8:00 a.m. to 4:30 p.m. The fee is \$85.00 per youth (T-shirt is included in the fee). Any boy or girl going into 3rd-6th grade is eligible to enroll. There will be three of the YMCA's professional staff, two college students, and four high school students providing leadership.



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# Budget Billing

