

THE WATERLOO



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The Waterloo Defender, Inc.
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Defender

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"We will inform the public ... without fear or favor!"

FRIDAY, MARCH 23, 1973



From left to right are Harold Carr, Clement Houston, C. T. Vivian and Phil Mason.

AN EDITORIAL

"To Desegregate Or Not To -- That Is The Question!!"

On Monday evening the Waterloo School Board met to receive information on two alternative plans for closing schools and for reducing minority isolation in the Waterloo school system. So far, so good -- but now for the "catch."

Some four or five hundred neighborhood School Association members and/or their supporters gathered to voice their objections. And voice them they did!

SOME COMPARISONS: When blacks have gone to the school board meetings in large numbers (never 400) The Waterloo Police Department has been highly visible and in good numbers too.

Question -- Where was the Waterloo Police Department last Monday night?

When the more vocal blacks have voiced objections to the school board's action, they have been called many things by the local news media E.E. militants, extremists, trouble makers etc.

Question -- Why were the NSA members merely called, "concerned parents?"

When the vocal Blacks and poor whites have spoken against the many many injustices heaped upon their people, they have been ignored by the Waterloo School board.

Question -- Why did the school board vote to instruct the administration to come up with a third alternative which would include sending the children who will be affected by the school closing to their nearest attendance centers?

The WATERLOO DEFENDER urges the Waterloo School board to for ONCE BE MEN --

MIGHT DOES NOT MAKE RIGHT NSA members claim to be great patriots of our country. If that is the case, they ought to become knowledgeable about our history. AMERICA IS OUR COUNTRY -- not just the White Majority's but it belongs to US ALL.

Not many roads nor bridges were built without the sweat of a black man.

This is our city too!! If it's okay for Eastside youngsters to be required to be bussed across town, it's okay for west-side youngsters too!!

Until NSA members have children as students at Cityview and Hawthorne will they really care about the quality of the education. Let's get on with the business of LEARNING to work and play together in ELEMENTARY school for isn't that really what education is?

Operation Quick Check Wrap-Up

"Top Brass in the World all Black gathered in Waterloo yesterday to wrap-up "Operation Quick Check."

The group addressed Waterloo Businessmen on Black is Beautiful when Blended at the Sveden House.

The group addressed Black Community Leaders on "Getting it Together" at the Quality Motel.

Today the guests led a student job clinic.

Anna M. Weems, Director of Minority Affairs at the Iowa Employment Service is responsible for the presence of their outstanding men, and she must be congratulated.

The guests and their titles included Mr. Clement Houston, director - United Bank of Denver; Drs. Phil Mason and C. T. Vivian, Prof. Shaw University, North Carolina and Mr. Harold Carr, Director Manpower Development and Training, Des Moines, Iowa.

HELP WANTED

**WATERLOO DEFENDER
SALES ROUTES AVAILABLE
GOOD PAY**

IF YOU ARE BETWEEN THE AGES OF 11 and 14
YEARS OF AGE AND NEED A STEADY INCOME,

CALL:

232-1381 or 232-6531

Lenore's Poetry Is A Winner at State

Lenore Williams, daughter of Pastor and Mrs. Leonard Williams of 1024 Mobile Street was representing Northern University High school in the State Speech contest.

Lenore was doing poetry interpretation, and was one of three in her field chosen at the Home contest to compete with other schools in the district.

At the District contest, which

was held at Columbus High, she did poetry written by James Weldon Johnson titled "The Creation." In a rating scale of one through four, Lenore received a Division

(Continued on Page 2)

Cable TV Resource Center For Minorities Established In Washington, D. C.

THE COOK'S CORNER

Washington, D. C. . . . The Booker T. Washington Foundation has signed a one-year contract for \$300,000 to establish a cablecommunications resource center for minorities. The award from the Office of Minority Business Enterprise, U.S. Department of Commerce was announced by Berkeley G. Burrell, President of the Foundation.

Cablecommunications Resource Center (CRC) has offices at 1900 "I" Street, N. W., Suite 205,

(Continued from Page 1)

I rating.

She went on to compete in the State Speech contest, which was held in Dubuque. There she did another portion of James Weldon Johnson's poetry titled "Judgment Day" and was again awarded a Division I or excellent rating.

Lenore was competing with over 100 students in poetry interpretation who were from high schools in this fourth of the state, according to Paula Garrison, Reporter.



LENORE WILLIAMS

Washington, D. C. 20036 and plans to be fully operational by April 1, 1973.

The Center will be a national information clearinghouse for Black, Spanish-speaking, Indians, and other minorities in the field of cable television. It will develop engineering, economic, marketing, financial and legal data, analyses, and reports that precisely define the scope and character of economic and business opportunities for minorities in the cable television industry. These reports will be disseminated to economic development organizations and other institutions that encourage and promote the economic growth and welfare of minority communities.

CRC will also undertake policy-oriented research projects and planning and feasibility studies for federal, state and local governments, private organizations, and community development agencies. These studies will provide policy-makers and funding agencies with

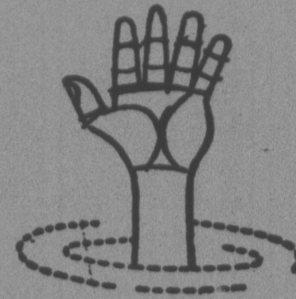
quantitative and qualitative data regarding minority participation in all aspects of cable system planning, development, ownership and operation.

Charles Tate, has been named Executive Director of CRC. Tate was formerly director of the Community Development Resources research project at the Urban Institute. While in that position, he edited and co-authored "Cable Television in the Cities," a widely read handbook on cable television for laymen and community development specialists. He has an extensive background in communications' systems and electronic hardware procurement, research and development program management and economic development.

Burrell, who is also Vice Chairman of the President's Advisory Council on Minority Business Enterprise and President of the National Business League further stated in announcing the contract--

"Technological innovations and new industries like cable television can contribute significantly to the efforts of Blacks and other minorities to reverse the negative cash flow position that now exists in our communities and to establish a more stable economic environment for community development. These results will not be achieved if we are simply the consumers of the services that the cable industry will provide; these results can only be realized if we are the owners of a proportionate percentage of the hundreds of new cable television corporations and spin-off businesses that are being established to provide these new services. This program will assure that our community development and economic development institutions are aware of these new opportunities for ex-

panded ownership and that they move aggressively at the local, state and national levels to exploit them," concluded Burrell.



HELEN HELP US

Dear Helen,

I went to a skating party recently where two sisters "fought like dogs." The language was really rough. "Is Black really beautiful?"

Signed Distressed

Dear Distressed:

Yes, Black is Beautiful, but what you described depicts neither beauty or blackness.

Black is beautiful in our sisters and brothers who continue to "cop" the prizes and the speech contests held around the state and the country.

Black is beautiful in our young men on the basketball court and the football field.

Letters To The Editor

Dear Editor:

FACTS TO ACT UPON NOW

1. Many school dropouts need help!
2. Over 100 such students have received high school diplomas, as helped by African Palace.
3. 70 other students were helped advance a grade level.
4. 65 more students are presently enrolled.
5. 30 of these may graduate in June.
6. \$5,283 is needed between now and June 15.
7. This amount will pay rent, light, gas, water, telephone, education supplies, director, and four teachers.
8. Courses accredited by the Waterloo School System.
9. Education may help save someone from robbery, theft or drugs.
10. Help a "dropout" realize he or she is much more.
11. Yes, \$100 has been invested in these youth by our household.
12. Send your check today marked Operation Education, 515 Beech Street, Waterloo, Iowa.

For further information telephone 234-7543.

Sincerely, Gerald LaMotte, Pastor of Grace United Methodist church.

Dear Editor:

We are greatly concerned by the fact that after the month of June, 1973 many youths in the Waterloo community will be greatly affected by the discontinuance of the Waterloo Police Juvenile League Program.

This program has not only provided over 800 jobs since its inception four years ago, as the Disciples of Peace and later reorganized under the Police Juvenile League, but it has been more instrumental than any program in Waterloo in reducing the juvenile crime rate. The juvenile crime rate has been reduced 17 percent and this can be accredited to the Police Juvenile League Program.

The recipe this week comes from Africa. It is a favorite candy of Africans. Try it!

Coconut Cakes - Morocco -

1 1/2 lbs. Coconut Fudge.

In a two quart saucepan:

Combine 2 cups grated coconut (canned or fresh)

3/4 cup evaporated milk.

2 cups sugar.

Simmer gently to 238 degrees or until a soft ball is formed in cold water.

add 1 oz. butter (I would use 2 oz.) 2 tablespoons grated lemon Rind.

Cool to room temperature in the pan beat as you would fudge until thick.

Pour into a 8x8 inch pan lined with wax paper.

Chill and cut into 1 inch squares.

Black is beautiful in our young men named to state wrestling and track teams.

Black is beautiful in the African Palace Community choir's performance.

There is no blackness in fighting one another.

There is no blackness in nodding from "shooting" Heroin.

There is NO blackness in skipping classes and being disrespectful to those who are in authority.

On Tuesday of next week, the Celestial Choir of Payne will sponsor a skating party at skateland.

On Thursday of the same week Union Baptist will have a skating party at Black Hawk Roller Drome.

Let's show our blackness and our beauty by having fun and not fights. I'll be seeing you.

Helen.

THE WATERLOO DEFENDER

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WHAT'S GOING ON

Mt. Carmel Missionary Baptist Church

805 Adams - 233-9482
 Rev. R. S. Ruckett, Pastor.
 823 Adams - 234-3928
 Sunday School - 9:30 a.m.
 Worship Services:
 Sunday - 11 a.m. and 7:30 p.m.
 Wednesday - 7 p.m.

Rose Hill Church of God In Christ

800 Broadway St.
 Waterloo, Iowa 50703
 March 14, 1973, Wednesday.
 SUNDAY SERVICES
 Sunday School - 10 a.m.
 Noon Services - 12 noon
 Prayer Warriors - 6:30 p.m.
 Y.P.W.W. - 7 p.m.
 Night Worship - 8 p.m.
 Tuesday nights - 8 p.m. - Bible Band.
 Friday nights - 8 p.m. - Friday night worship.
 Saturday nights - 8 p.m. - Youth night! Night for the young people, come on out!!!!!!
 (800 Broadway Street).
 Elder J. T. MacDonald - Pastor
 Elder David Robinson, assistant Pastor.

Pilgrim Rest Baptist Church

825 North Barclay
 Rev. Elick Patterson, Pastor
 417 Almond - 232-3372
 Sunday School - 9:45 a.m.
 Sunday Worship - 11 a.m.
 Wednesday - Prayer Services at 6 p.m.

Savior Baptist Church

1220 Roosevelt
 Rev. Robert Burt, Pastor
 Sunday School -- 10:00 a.m.
 Morning Worship - Sunday, 12 noon.
 Monday -- Youth choir rehearsal, 6 p.m.
 Wednesday -- Junior choir rehearsal 6 p.m. at the home of Carolyn White.
 7 p.m. -- Teachers meeting followed by Bible Study and Prayer meeting.
 Thursday -- Senior choir rehearsal at 6:30 p.m. at the home of Reatha White.

Church Of God In Christ Gospel Temple

Sunday School - 9:30 a.m.
 Worship - 11:30 a.m.
 Service Tuesday and Friday at 7:30 p.m.
 Y.P.W.W. - 6:30 p.m.
 Rev. Finzer Pastor
 601 Douglas St.

Antioch Baptist Church

426 Sumner - 233-2587
 Rev. Eugene H. Williams Pastor, 2301 Idaho - 234-8152.
 Sunday School - 9:30 a.m.
 Sunday Worship -- 11 a.m. and 4:30 p.m.

Corinthian Baptist Church

915 Willow Street
 Rev. Arthur Mills, Pastor
 607 Beech Street - 233-8132
 Sunday School - 9:30 a.m.
 Worship Services - Sunday at 11 a.m. and 7 p.m., Wednesday at 7 p.m.

Payne Memorial A.M.E. Church

Rev. Leonard N. Williams, Sr. Pastor.
 1024 Mobile - 232-1381
 Sunday School - 9:30 a.m. Naomi

Sisk, Superintendent.
 Sunday Worship - 11 a.m.
 Youth Hour - 6 p.m.
 Midweek - Hour of Power Wednesday at 7 p.m.

Monday-Friday - Headstart at 10 a.m. to 2 p.m.
 Wednesday at 8 p.m. Senior Choir rehearsal.
 Friday at 7 p.m. Celestial Choir rehearsal.
 Saturday at 10 a.m. Operation FREE
 11 a.m. Children's Choir
 Noon - Youth choir rehearsal
 Catechism classes. Mrs. Harris (Pearl) Ceaser, instructor.
 Saturday at 4 p.m. Choral Choir Rehearsal.

Special Lenten services will be held on Wednesday, March 13, at 7 p.m.
 The choral and children's choir will sing.
 The Bible study will cover Acts Second chapter.
 The celestial choir is sponsoring a skating party on Tuesday, March 27 at Skateland. Tickets are available from any celestial choir member.
 Mary Dell Therouth is the president.

Church Of God In Christ

Sunday School - 10:30 a.m.
 Worship - 11 a.m.
 Evening - 7:30 p.m.
 Rev. Pearl Hayes Pastor
 307 Shilliam Ave.

Union Missionary Baptist Church

207 Shilliam - 235-1213
 Rev. L. J. Jordan Pastor
 215 Shilliam - 232-3968
 Sunday School - 9:30 a.m.
 Worship Services - Sunday at 11 a.m. and 4 and 7:30 p.m., Wednesday at 7:30 p.m.

FRIDAY, MARCH 23
 Week of Fellowship services will conclude with Antioch Baptist church as guests. Rev. Eugene Williams, Antioch's Pastor will bring the message.
 SATURDAY, MARCH 24
 There will be a Spring Style show and banquet. The menu is a Ham Dinner and donation asked is \$2.50 per person.
 Mary Anderson is the president.
 Rev. L. J. Jordan is the pastor.
 SUNDAY, MARCH 25
 JUDAS RALLY ALL DAY -- All contributions will be greatly appreciated.
 7:30 p.m. Song Service
 THURSDAY, MARCH 29
 Skating Party - Black Hawk Roller Drome.
 SATURDAY, MARCH 31
 Turkey dinners will be sold by the Senior Choir. Donation \$1.50 call 235-1213 for deliveries
 APRIL 1, 1973
 3:30 p.m. Gospelist Chorus program.
 7:30 p.m. - Baptism.
 Mrs. Freda Anderson, reporter.

Cityview Temple Church of God In Christ

2024 Clearview
 Rev. Ira Battle Pastor.
 1624 Newell
 During the Pastor's absence, in charge is Evangelist L. Blalock at 234-4033.
 Sunday School - 10 a.m.
 Sunday Worship - 11:30 a.m. and 7:00 p.m.
 Weekday Service - Tuesday and Friday at 7 p.m.
 The Pastors and club is having an appreciation service for the pastor, Sunday, March 25, 1973 at 3 p.m.
 The public is invited.

Cityview Temple Church of God In Christ

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 Rev. Ira Battle Pastor.
 1624 Newell
 During the pastor's absence, in charge is Evangelist L. Blalock at 234-4033.
 Sunday School - 10 a.m.
 Sunday Worship - 11:30 a.m. and 7 p.m.
 Weekday Service - Tuesday and Friday at 7 p.m.

Jesse Cosby Neighborhood Center

Board meeting, Saturday, March 24, 1973 at 9 a.m. ALL BOARD members are urged to be present and on time.
 Vanella Byrd is center manager.

GOSPEL MUSIC FEST

The Senior Choir, of the Antioch Baptist church, is presenting the "Soldiers of the Cross" in Concert, Saturday, March 24, 7 p.m.
 Some of the best gospel singers in this part of the country, they are, the McGee Sisters, Rev. and Mrs. L. J. Jordan, 111, Ms. Carole Dunn and Mr. Robert Tate, vocalist and pianist.
 So for your worshipping and listening pleasure, you are cordially invited to attend this spiritual fest in song. Mrs. Rosie Mitchell is president, Rev. L. J. Jordan, 111 is program co-ordinator, Rev. Eugene H. Williams, is Pastor.
 Sunday - March 24, 1973 - 4:30 p.m. - Baby Contest climaxes - Don't miss it!

Movie Time

Four movies for children will be shown at the East Public Library on Saturday, March 24.
 The films are "Mike Mulligan and His Steam Shovel", the movie version of a popular children's book, "Stone Soup", a story of three French soldiers who ask some selfish peasants for food, "Z Is For Zoo" and "Yellowstone, Our First National Park", an informative film with spectacular photography showing the geysers and other features of the park.
 Show times are 10:30 a.m., 2:00 p.m. and 3:30 p.m. The shows last approximately 45 minutes.

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Big Black Sisters Needed

A Big Sisters Organization was started at the University of Northern Iowa this past fall, and we feel an expansion of the organization is needed in order to assist more 13-15 year old girls.
 The purpose of the Big Sisters Organization is to provide black girls in the Waterloo community with a mature friend. The "big sisters" need to meet only two requirements: 18-25 years old and have sufficient time to devote to their little sister. If you are interested in becoming a "big sister", please contact Clozelle Reed at 273-6684 or Sharon Harris at 233-6921.

One Way To Beat High Food Prices

The Cityview Neighborhood club is starting a community garden. For more information on how YOU can participate call Mr. Hayes Sisk at 234-4062 or Mrs. Evelyn Keller at 234-2306.

SCROLL

A framed fragment of the Torah scroll was recently presented to the First Baptist church of Bloomfield. The framed fragment is the entire 23rd chapter of Genesis and it was written by hand on parchment in 1803 in Vilna, Russia.


America loves what the Colonel cooks

"It's finger lickin' good"



COLONEL SANDERS' RECIPE
Kentucky Fried Chicken

BILL BURTON'S
 CROSSROADS FORD



GET BACK TO THE BASICS

'73 Javelin, 2-dr., hardtop, red, 1,5000 miles, Priced at \$3395
 '72 Ranch Wagon, 6 passenger, automatic, power steering, priced at \$3295
 '71 Galaxie, 2-dr. hardtop, automatic, full power, color green, priced at . . . \$2495
 '70 Ford Country Squire, 10 passenger, automatic, power steering, power brakes, priced at \$2495
 '70 Torino, 2-dr. hardtop, V-8, automatic, P.S., P.B., air, priced at \$2195

DIAL 232-6631

The Vocational Exploration Program; Active and Well

When Beatrice Allen was named co-ordinator of the Hawkeye Institute of Technology, she was determined to make the V.E.P. a vital organ in this community.

This she, along with her most efficient and dedicated staff, has done.

Her staff includes Dorothy Turner, Derrick Davis and Margaret Zanders.

The VEP has been a part of the community since its inception in April of 1972. It is under the direction of the African Palace and sponsored by the Hawkeye Institute of Technology.

The VEP is the community, it's housed in the community, it serves the community, in any necessary capacity. Whether its counseling, getting a job, getting an

education or whatever is necessary at the moment.

This program has aided many young people in obtaining their GED.

Several students have been enrolled in UNI through the VEP. Jobs and apprenticeships have been secured.

Presently four young people have been technical training at Hawkeye as a result of the Vocational Exploration Program.

Some of those involved made the following comments when contacted by the DEFENDER.

Gale Reed - The vocational Exploration Program means to me - helping to develop a career, finding a job and keeping the job once you have it.

Alice Faye Murray - The VEP

means to me - help in getting a high school education or the training and help in developing the desired career.

Brian Robison - The VEP means to me - it can be a way in which to find yourself. A second chance, help in finishing an education, a way to develop a worthwhile career and most of all a job. The VEP can help one find the most that you want out of life.

William Matlock, Jr. - The VEP means to me - help in getting a good job; it helps me to get my credits; most of all it helps me to get the education that I will need to make it in this world. It helps a person to get a good training.

TRAINING SESSIONS:

(1) Mrs. Beatrice Allen, who is the coordinator for the program is working with these two students. To the left is Alice Faye Murray and to the right is Gale Reed and Mrs. Allen. These two students are getting instructions on the mimeograph machine. This is just part of their training with our program. They are being trained

to file and type in addition to their work at school. Alice is a student at Central and Gale is a student at East high.

(2) Left to right is William Matlock, Jr., Chauncey Mallett, Beatrice Allen, Gale Reed, Dorothy Turner, Brian Robison and Alice Faye Murray. This scene is a poster making session for some of our activities.

(3) Left to right, Mrs. Turner,

who is the Community Relator with the program is having a session on filling out an application with the students.

(4) Catherine Harton and William Matlock were both aided in getting into the Hawkeye drop-in school. They are both out of regular school but hopefully they will have the necessary credits to make up for the loss.

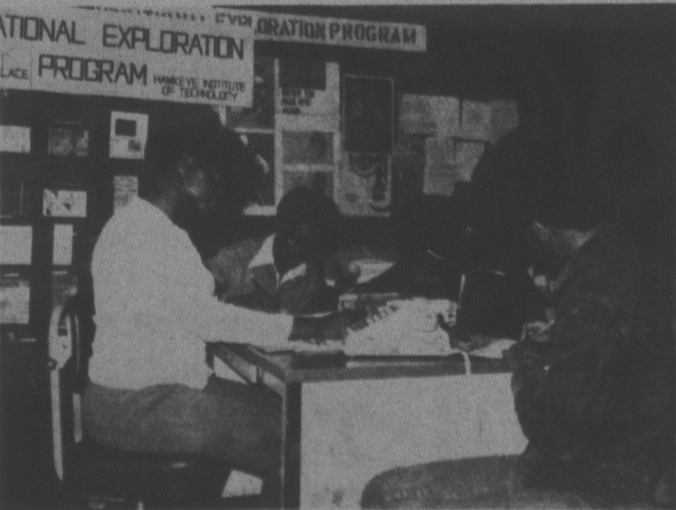
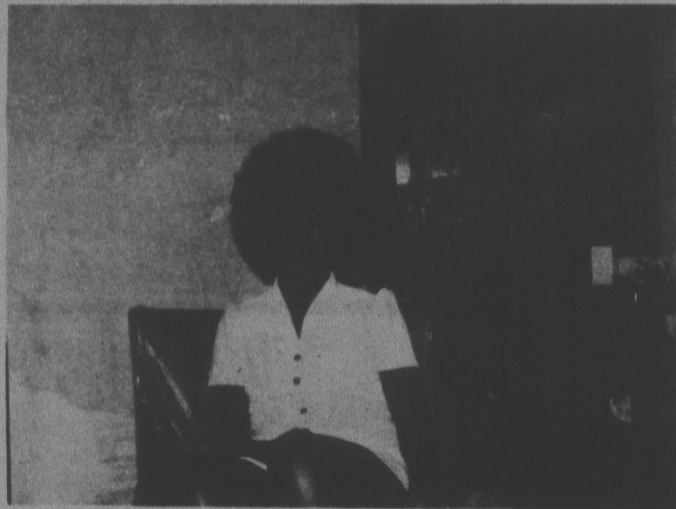
Buffalo School Shut For Second

Straight Day Y.M.C.A.

BUFFALO -- (NBNS) -- Kensington High school here was closed Wednesday for the second straight day as groups of students milled about the hallways and refused to go to classes. There were reports of pushing and shoving at the school but no one was injured and there were no arrests.

At Riverside High School, which is located in a predominantly white neighborhood, parents of black

students assigned to the school called off a boycott after city officials agreed to provide increased police protection around the school. The parents were protesting the alleged beating of two black teenagers by a group of white men near the school and a series of minor fist fights.



K.H.K.E. News

HEAR NATION TIME EACH NIGHT AT 7:30 P.M.

KHKE CAN BE TUNED IN AT 88.1 ON THE FM DIAL.

FRIDAY, MARCH 23, 1973

BY THE YEAR 2000 -- 7:25

p.m. Dr. Norman Vincent Peale, pastor of the Marble Collegiate Church in New York, advocate of positive thinking, author, columnist and radio and television speaker on the art of living, will discuss "Religion: Flowing Together."

PROGRESSION -- 9:30 p.m. The music of "Chicago", a Los Angeles based group which features brass instruments, will be highlighted. "Chicago" is part of the new wave of college-educated rock groups. Three of the seven members of the group have degrees in music. The group's music reflects influences from all realms of musical style.

SATURDAY, March 24, 1973--

ONLY ONE EARTH-- 10:00 a.m.

Rene Dubos, Professor Emeritus at Rockefeller University in New York and co-author with Lady Barbara Ward Jackson of "Only One Earth: The Care and Maintenance of a Small Planet" is the second lecturer in this series on the human environment.

DOUBLEDAY LECTURE--10:30

a.m. One of the world's most prolific writers of science fiction and non-fiction, Arthur C. Clarke, is the final speaker in this series from the Smithsonian Institution in Washington, D. C. Co-author with Stanley Kubrick of "2001: A Space Odyssey" and a native of Minehead, England, Clarke has become well-known for other fictional science works such as "Islands in the Sky," "Childhood's End," and "The Nine Billion Names of God." He has also written many non-fiction books about space exploration including "First on the Moon," "Man and Space," and "The Chal-

lenge of the Spaceship." Clarke's endeavors have not been limited to space exploration. He has also been engaged in underwater photography on the Great Barrier Reef in Australia and the coast of Ceylon. After being an auditor for five years in the British Exchequer and Audit Department, Clarke was assistant editor of Physics Abstracts for another year before beginning his undersea photography and writing career in 1951.

FESTIVAL USA -- 12:00 noon Composer / Folksinger / Social Critic Tom Paxton is heard on this program. During his nine song-writing years, Paxton has composed over 200 songs with topics ranging from drug abuse and urban sprawl to divorce and homesickness.

JUST JAZZ -- 5:00 p.m. The music of the late saxophonist John Coltrane will be featured. During the 1960's, Coltrane established himself as one of the most influential composers and performers of contemporary jazz. Coltrane, who died in 1967 at the age of 40, might well have established himself as the greatest innovator in the history of modern jazz music. Gerry Gabel is your host.

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9 a.m. to 9 p.m. Fri. - 9 a.m. to 6 p.m. Sat.

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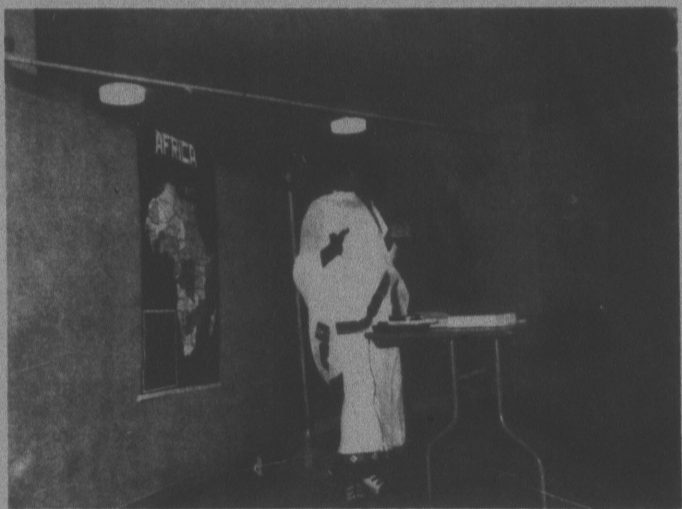
Missionaries Of Payne Church Host 2nd Annual African Tea

The basement of Payne Memorial A.M.E. church became ETHIOPIA last Friday.

The decor included the burning of Sandelwood incense which is most common in Ethiopia, and loads of citrus fruit.

There was an African refreshment table and an American refreshment table. The African table included "Morocco" (a coconut fudge) "Cling Centimes" (an African Cookie) Liberian Rice Bread and Meat Samosas (an African hamburger-like Pizza) also tea sandwiches made in the colors of the Ethiopian flag, Yellow-red and green.

The program featured the lovely ZWODI Bachare, a native Ethiopian who told the audience much of her country's history, customs, foods and clothing. She displayed several beautiful Ethiopian garments and played much music from her country. Another feature of the Tea was a Spiritual and Psalms celebration. The Psalms were read by Vaeletta Fields, Audrey Smith, Bertha Smith, Marjorie Brown, Augustine Powell, and Hattie B. Webb. The spirituals included: "Oh Lord Have Mercy," "I'm so glad", Kum-Ba-Ya" Come and Go with me to my Father's house" and "Steal Away."



Zwodi tells of her country



Charlene Montgomery visits with Zwodi Bachere



Guests At African Table

Caucus Confab Resembles '60's Reunion

By NATIONAL BLACK NEWS SERVICE

WASHINGTON - (NBNS) - The Congressional Black Caucus convened a meeting of some 300 representatives of various civil rights groups, organizations, labor and industry early this week to map strategy for the fight against the President's proposed budget cuts of social service programs.

Although little actual strategy was mapped out, the audience did remind one of the movement when it was in its hey-days in the 1960's. There was Clarence Mitchell of the NAACP telling the folks they could still pull it off. There was Hubert Humphrey saying he would bury the President's budget cuts.

And there were other civil rights leaders there too. Vernon Jordan of the Urban League, PUSH's Jesse Jackson and countless others. They seemed determined to do one thing--stop the President from carrying out his plan.

Their plan appeared to be just as simple: "bring together forces in each of the Congressional districts to make sure each Congressman understood where (sic) his constituents felt about the cuts."

The message was clear and the rhetoric was emotional.

"I don't consider the Nixon administration invincible," said Mitchell, the chief lobbyist for the NAACP in Washington. "The only thing we've lost is the (William H.) Rehnquist appointment (to the U.S. Supreme Court). We have gotten every piece of legislation through that we wanted and successfully blocked everything else we didn't want."

"The Nixon Administration didn't want the extension of the voting

rights act," he continued, "but we won it. And, unlike others, we didn't run to the hills on the Supreme Court situation. We fought against (Clement) Haynsworth and (Harrold) Carswell and they were defeated. Just that one (Rehnquist) slipped away."

Sen. Edward Kennedy, D-Mass., told the coalition they could stop the President's moves if they stayed together.

"There was a time when people said there would never be a civil

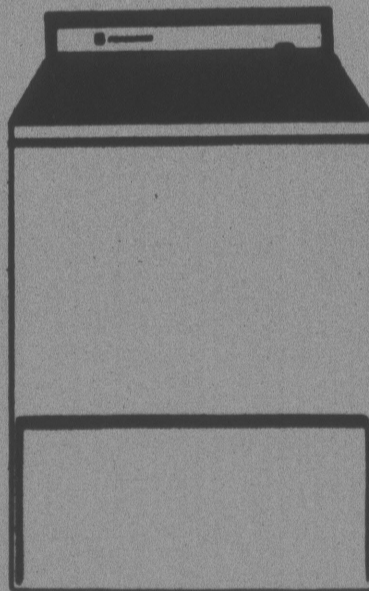
rights bill. But we got them in 1964, in '65, and '67, because of a coalition some said could never be formed. It happened before--and with a coalition like this--it can happen again."

Other civil rights groups are organizing their communities to protest the Nixon cuts, but the Congressional Black Caucus of the 15 members of the U.S. House of Representatives made sure everybody knew they would be along with them in the fight.

it's
the real
thing

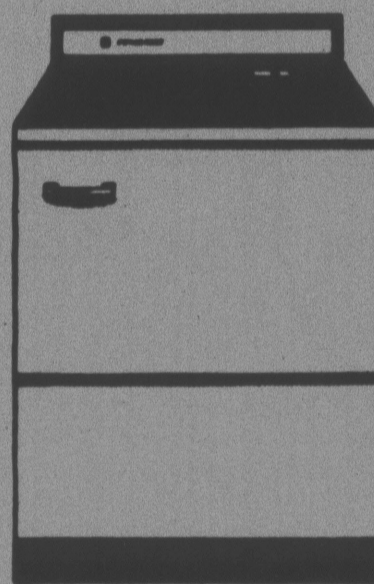


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Nixon Reviewing Social Program Cuts Parents Urge Congress To Extend Title I Aid

WASHINGTON - (NBNS) - Under intense questioning by members of a Senate subcommittee, Health, Education and Welfare Secretary Caspar Weinberger disclosed that the Nixon Administration is taking a second look at its previously announced plans to cut Federal funds for state and local social service programs.

Weinberger said the Administration has decided to abandon a proposed regulation that would have prevented private, charitable contributions from being used in whole or in part as local matching funds by states and localities applying for Federal funds for social services.

He also said that other proposed regulations would be reviewed "sympathetically" during the next few weeks before final action is taken. Critics of the regulation had labeled them as regressive and self-defeating.

When asked about the Administration's proposal to cut the ceiling on spending for social services from \$2.5 billion to \$1.8 billion, Weinberger, said the lower figure was based on state estimates of

sums they will seek and on "the expectations from the proposed regulations." However, he conceded that if the states sought more than \$1.8 billion, their requests "will be honored" up to the ceiling of \$2.5 billion.

The Administration's new posture came in conjunction with a move by bipartisan groups in both the House and the Senate to nullify through legislation proposed HEW regulations that they contended would cause thousands of working poor to go on already over crowded welfare rolls.

One of the main sponsors of the Senate bill, Sen. Jacob K. Javits, R-N.Y., pointed out specifically the hardship such rules would impose in his area.

Javits, who described the bill as "legislative guidance," said HEW "has given notice there will be regulation changes. We, in turn, are giving notice we will nullify those regulations. Now, we're even."

Sen. Walter Mondale, D-Minn., who joined Javits in co-sponsoring the bill, said, "these proposed regulations constitute im-

ponment by red tape. They could cost the state and cities at least \$1 billion." Joining the two Senators in co-sponsoring the bill was a bipartisan group of some 40 other Senators. Similar legislation was introduced in the House by Rep. Ogden Reid, D-N.Y., and a bipartisan group of 76 other Representatives.

Under present law, state and local social services--including day care, treatment for alcoholics, family planning, employment, foster care, health and legal aid--are provided under a funding formula of 75 percent federal and 25 percent state or local.

Proposals sponsored by the Nixon Administration which were announced a month ago would narrow the kinds of services states and localities must offer; almost entirely eliminate day care centers for the working poor; eliminate strict Federal requirements for licensing day care centers; and prevent states and localities from having donated space, equipment and other "in-kind" services from being considered part of the 25 percent matching grant.

Charging that "New York already took a great beating" when Congress set a \$2.5 billion ceiling last year on social service spending, Javits said the new rules were like "adding insult to injury."

He said half the families now receiving some form of social service aid in New York were not on welfare and that most of these persons would no longer be eligible for aid.

Thousands of working mothers whose jobs are dependent upon the availability of day care facilities for their children, Javits charged, might have to quit their jobs and go on welfare.

Under proposed regulations, Reid said, 30,000 of New York State's 66,000 elderly persons now receiving social services would become ineligible. In addition, he said the state would lose \$27 million of the \$32 million now received for foster care and that more than a third of the 52,000 children now in day care programs would become ineligible.

Parents Urge Congress To Extend Title I Aid

WASHINGTON - (NBNS) - About 16 parents from diverse neighborhoods across the country testified before a House Education subcommittee last week while 250 others cheered their statements urging Congress to continue federal Title I school aid instead of adopting the Nixon Administration proposal to replace such funds with special revenue sharing programs.

The hearing was one of several on proposals to extend or modify federal school aid programs including Title I aid for disadvantaged children, which is currently funded at more than \$1.5 billion a year. The programs are scheduled to end June 30, but would automatically be extended for another year if Congress fails to take action in the interim.

YMCA Sponsoring Classes In Effectiveness Training For Parents Here

The YMCA of Waterloo is sponsoring classes in Effectiveness Training for parents, based on Dr. Thomas Jordon's book, "Parent Effectiveness Training" (PET). PET is a nationwide program that teaches the skills needed for the world's hardest job, raising kids (kids that are a joy... happy, responsible, cooperative, and close to their parents).

Thousands of mothers and fathers are learning how to end rebellion, settle conflicts, stop power struggles, foster independence, and be more effective and responsible parents. Effectiveness Training believes that neither the parent nor the child should lose. In his book, Dr. Jordon teaches a "no lose" system for resolving

Many of the parents endorsed a bill sponsored by Rep. Carl D. Perkins (D-KY.), chairman of the House Education and Labor Committee, which would extend Title I and other present programs--with some changes--for five years.

The parents expressed fear that special revenue sharing would give too much control over federal school funds to local politicians and said the funds may be directed to areas "where the political clout is... where the middle class and affluent live and where the poor blacks, whites and browns of this country can't live."

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conflicts. And it teaches much more... openness, honesty, and responsiveness to needs, both parent's and child's.

Effectiveness Training offers a "method", not a collection of rules, and this method is providing a sound and effective procedure to work with the future -- our children and youth.

Effectiveness Training is taught in approximately 10 workshop sessions (24 hours) at a fee of \$20 per person or \$30 per couple. If you would like additional information or if you would like to join a class this spring, please contact Jeannine Becker (Effectiveness Training Coordinator), phone 268-0961, 1115 W. 19th, Cedar Falls, Iowa, or contact the YMCA.

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Name The Room

Young library users are responding to the Waterloo Public Library's requests for suggestions to replace the name "Young People's Room" at the library. More than 50 names have already been turned in.

Mrs. Betty Bergman, head of Youth Services at the library, said "We're so pleased with the interest the children are showing in the possibility of renaming their room. As an unexpected bonus, the names they are suggesting tell us how they really feel about the library. When they come up with names like "Discovery Room," "Magicland", "Happy Time Room", "Love Room", "Room For Opportunity", "Adventure



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AD-LOG-HO-CLUB

"An Afternoon of ECK"

"AN AFTERNOON OF ECK" sponsored by the University of Iowa's ECKANKAR Campus Society, will be presented to the public March 25th from 2 to 4 p.m. in Wesley House Auditorium. ECKANKAR, The Ancient Science of Soul Travel is not a religion, philosophy, metaphysical or yoga teaching, but an educational teaching about life itself. ECKANKAR is the basic teaching of Soul Travel, which is the art of shifting one's attention from one place to another. By doing this, ECKists say that it is possible to reach Soul Realization, or what is more commonly known as Self-Realization. It is from this point that chelas (students) are able to work towards their own God-Realization. This is a state of total awareness.

The Afternoon of ECK will be comprised of an introductory panel on ECKANKAR, hosted by Dr. Lloyd Lewis, assistant Area Representative of Iowa City, talks and a soul travel workshop headed by guest speakers Marlin Ouverson and Michael Noe, Co-representatives for ECKANKAR from Des Moines. Special attraction will be the showing of the newly released film with Sri Darwin Gross, the Living ECK Master. Poetry readings and interpretive dance will demonstrate the creativity released by ECKANKAR.

ECKANKAR, THE ANCIENT SCIENCE OF SOUL TRAVEL "ECKANKAR," says Paul Twitchell (Paulji), "is not a yoga, religion, or philosophy, nor a metaphysical or occult system. It is merely a way to God-realization via Soul Travel."

What is the basic principle of ECKANKAR?

The world of creation is finished and the original of all things lie within man. Therefore, the way by which each person can regain the original mastership of his own "Garden of Eden" is by use of the faculty of imagination, with which the SUGMAD (God) has endowed each of us as His divine gift to all men. ECKANKAR teaches that we can have solace in the higher states of consciousness and in Soul Travel experiences, such as those which were common in the lives of the early Christian saints and the lives of the Eastern adepts.

What is the essential nature of ECKANKAR?

Freedom from all things -- the complete independence of Soul. Soul is the central reality of the individual. Soul will not be controlled by anything other than the Holy Spirit. Thus, we must devote

ourselves to the practical work of our daily lives and try to realize the guidance of Spirit in every affair. This depends on our maintaining a non-attached attitude. The moment we start creating special points, ideas, and distinctions, we exile ourselves from the state of God-consciousness and miss the infinite freedom of reality. Pure freedom is the essential law of God. We do not revolt against dogma and beliefs, but we allow Soul to become the impersonal channel of the Holy Spirit, which uses Soul to uplift the world of matter.

The divine light of ECK flared once more in Paul Twitchell known as Paulji. After decades of intensive learning and writing, he presented the fruits of his knowledge, experience and insight to the world in 1965.

Paulji was given the mission of bringing to our confused materialistic world this message of the certainty of GOD and of each individual's preservation throughout eternity.

Darwin Gross, the present living ECK Master was trained from an early age by Paulji and the Tibetan Master, Rebazar Tarz. He received the Rod of Power of the ECK Mastership on October 22, 1971.

Combining the talents of the gifted composer and musician with his vast scientific knowledge (engineer and researcher) and the spiritual experiences and insights gained through study with the ECK Masters, Sri Darwin Gross is an amazing and effective Master, uplifting thousands wherever he appears.

Thousands of letters pour into his Las Vegas office weekly, testifying to his amazing spiritual powers and the benefits received by the individuals as a result of their contact with him.

What is Soul Travel?

Soul Travel is a means of gaining the Realization of Self, the Realization of God or Total Awareness. It is an ancient secret process whereby the individual is able to transcend the physical state of consciousness and soar to the heights of blissful states as described in all the sacred literatures of man, including the Christian Bible, the Torah, Bhagavad Gita, and the Sharlyat-Ki-Sugmad.

With the help of the spiritual Adept, the living ECK Master and the MAHANTA, the individual is able to leave the physical state of consciousness and investigate the

worlds beyond. It is inevitable that the serious spiritual student will finally discover and master the art of Soul Travel, for in order to investigate the higher truths one must be able to extend himself beyond the physical range of activity and gain knowledge of the subtle or spiritual realms. The highest the seeker can go alone would be the mental realm, and although this is the highest state man can achieve on his own, it is known to still be in the worlds of duality, in time and space, and therefore limited. By making contact with one of the Adepts of the Ancient Order of the Vairagi, those teaching masters whose sole mission is to guide Souls back to the Kingdom of God, one may then be taken into the higher realms of consciousness above time and space, above the Universal Mind and above the Cosmic consciousness, which is thought to be the God-state by most religions. The student of Soul Travel is taken by the Master into the pure spiritual worlds and he learns to have his existence in these higher spiritual worlds while directing his actions and activities in the worlds below, with the result that he functions in a much higher state of awareness than the majority of the human race. The student who has mastered Soul Travel operates in an atmosphere of inner confidence, inner peace, serenity and harmony with all things. With the guidance of the living ECK Master and through his ability to Soul Travel, the student on the Path of ECKANKAR achieves the state of total liberation, total freedom, and total awareness. Thereafter he is said to be in this world but not of it. Through ECKANKAR the Ancient Science of Soul Travel, he has learned to discover for himself the secrets of existence and has answered for himself the questions of "Who am I? Where did I come from? What am I doing here? Where am I going?"

For inquiries write to: ECKANKAR, ASOST P. O. Box 5325 Las Vegas, Nevada 89102

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Ad-Log-Ho-Club Celebrates 25 Years

For any group to stay together for 25 years is remarkable for that group to be mothers, and to be Black is even more commendable.

The Ad-Loy-Ho club recently celebrated their Silver Anniversary with a Dinner at Porkey's Red Carpet. Following the dinner the members gathered at the home of Dorothy Tyson to complete the celebration.

The original members who still are active are Ruth Holt, Ada Tredwell, Delores Lee, Nellie Davis, Francis Kincaid, Lois Norman, Audrey Penn and Leona Sallis.

The Ad-Loy-Ho name means the club believes in Advancement Loyalty and Hope.

The club has given many scholarships and has had many other projects which helped to lift our community. Below is a picture of the club in 1949.

How many of them can you identify?

They are: Standing L to R. Madelean Green, Airetta McGee, Leevora Sheppard, Audrey Penn, Leona Sallis, Cora Belle Houghton and Francis Kincaid. Seated: L to R. Ada Tredwell, Ruth Holt, Lois Norman, Stella Houghton, Thelma Benjamin and Delores Lee

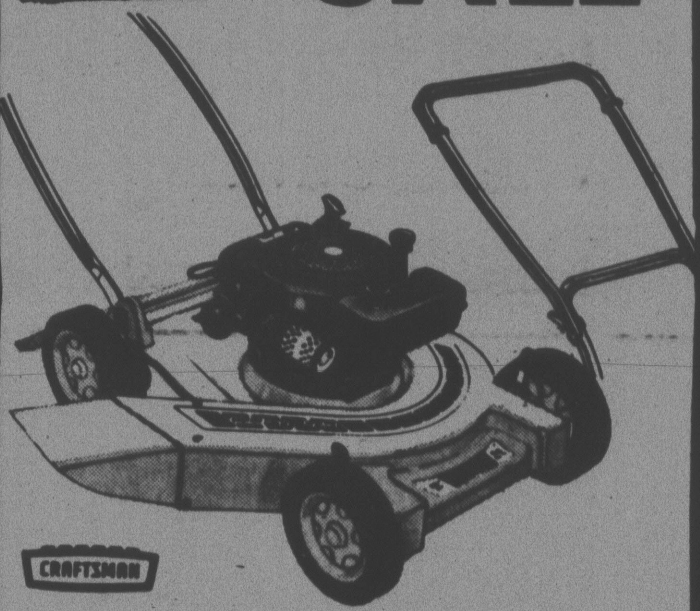
The DEFENDER congratulates the Ad-Loy-Ho club and wishes them at least 25 more years.

Cora Belle Houghton was the first president and Airetta McGee is the current one.

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W.R.O. Needs You!

Over 100 persons gathered at Payne Church last Thursday for a special Welfare Rights Organization meeting.

The program featured President Allie B. Anding with opening remarks. Ernie Fleurette, Catholic Charities Directors, "Ways Catholic Charities can help unmarried women." Lucille Ennenga, Advocate - Welfare Answering Service, "What's going to happen to welfare programs in the near future" and The W.R.O. what it is, what it does, how you can take

part." Don Canning, Director of Legal Aid, Jim Thomas, Sandra Potts and Bob Lohman, Advocators Welfare Answering Service, "Questions from the people."

Changes in welfare programs that could affect YOU and your family.

During the past 6 months, President Nixon, congressmen and senators and other people who work in welfare programs on the national level have made many changes in welfare programs. More changes have been suggested in the past

couple weeks. Many of these changes and new rules can have a bad effect on your family. If there was ever a time for people who get welfare money or other "help" to get together and fight for better programs, that time is NOW! SOME OF THESE CHANGES ARE LISTED BELOW:

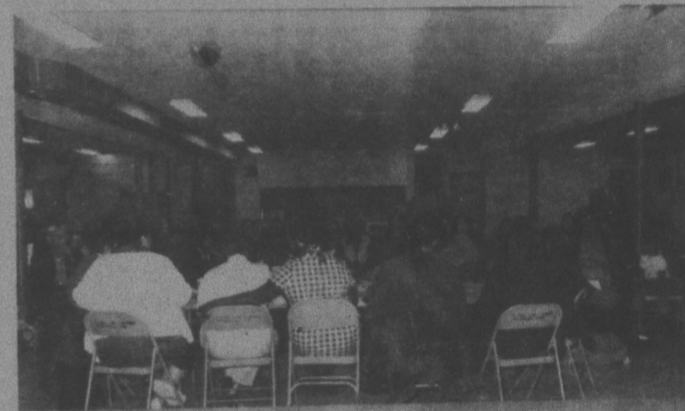
1. Old Age Assistance (OAA) aid to the disabled (AD) aid to the blind (AB). On January 1, 1974, these programs will no longer be run by the county welfare department. They will be operated by the Social Security Administration. This leaves the county department with 1 main program to run -- Aid to Dependent Children (ADC).

What will happen to the ADC program in 1974 is now up in the air. Three things could happen:

- Social Security Administration could take over the program.
- The county welfare department could keep on running ADC.
- ADC checks could be paid through "REVENUE SHARING" -- this would probably give local officials and politicians even more power over your life than they have now.

2. Food Programs--
Food Stamps: On January 1, 1974 people on Old Age Assistance, Aid to the Disabled and Aid to the Blind WON'T be able to get Food Stamps. Nobody really knows whether or not families on ADC will be able to get Stamps in 1974.

Supplementary Food Program: This program that provided extra food for pregnant women and children up to age 6 is going out of business by July of this year. School Hot Lunch and Break-



fast Programs: These programs are in danger of being cut back.

3. Medical Care and Nursing Care Programs--
Dental care may be cut for people on Old Age Assistance, Aid to the Disabled, Aid to the Blind. Other health costs now covered through welfare programs may be

cut back or eliminated entirely. Extra money above that which people on Old Age Assistance or Aid to the Disabled can get for nursing care may be cut.

4. Day Care--
Some families (probably not families now on welfare) will not be able to get day care services for their children if they are working or going to school. There are now about 250 children in Black Hawk county getting day care. If the new changes happen, about 35 of these children would be cut from day care. Again, this won't affect people getting welfare as much as it will others.

5. Homemaker Services--
Black Hawk county now has about 685 who are getting or have gotten homemaker services. If the present rules stand, about 1/2 of these people or families would be cut from these services. This program might continue with a different source of money.

In addition to these things, changes may be made in:

a. Finding out if people are "eligible" for a welfare program. Instead of checking up on people once or twice a year, welfare workers may begin doing this 4 times a year. It also may take even longer to get on a welfare program than it does now.

b. Appeals. Instead of being able to question or "appeal" a decision made to cut or stop a persons welfare check, to the State Hearing Officers in Des Moines, people may have to go to a hearing run by county workers.

If you want to work with other people to get better welfare programs, if you think you're not getting enough help or what you are legally entitled to from the welfare department now or in the past, Join W.R.O.

Come to the W.R.O. at 615 Water Street or call 234-5654.

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