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## Magazine

SHENANDOAH, IOWA

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Number 3

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LETTER FROM LEANNA

## KITCHEN-KLATTER MAGAZINE

*"More Than Just Paper And Ink"*

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Maitland, Florida

Dear Friends:

We woke up this morning to greet another of Florida's beautiful winter days, and now I am sitting out in our small backyard garden where I wrote to you last month.

At last Mart has shed his vest, the badge of a "Yankee" in this state. And when we were in southern Florida he broke down and bought a typical warm climate sport shirt, so we don't look quite as much like tourists as we first did. Another mark of the tourist, incidentally, is a hat. Both of us hardly feel ourselves when we go anywhere without our hats, but that stamps us instantly.

Some parts of Florida have had frost, but so far we have escaped that here at Maitland, although some mornings are a little chilly. By 9:00 o'clock we usually have our doors open. Song birds are quite plentiful here. In fact, this part of Florida has signs along the highway that read "Bird Sanctuary" and there are flocks of very large blackbirds flying over us morning and night. Their song (if you could call it that) sounds like a crow, but these birds are almost as large as buzzards. Perhaps crows grow that large in this climate!

No, Juliana and Kristin, I haven't seen any alligators yet except in the Sanford Zoo. (Both little girls pleaded with me to be sure and see alligators and to tell them immediately!) I am told that they are hibernating in the bottoms of the lakes, and that when summer comes they will crawl out of the water.

We have some friends from Shenandoah who now live in Winter Park — their home is right on Lake Sue. Last summer they had to call the police to come and chase a huge alligator out of their yard! Every time we drive by a lake, and that is often for there are many lakes, large and small, in this part of Florida, I'm still hoping to see one.

We think that Orlando (it is very close to Maitland) is a most beautiful city. It has 37 lakes within the city limits, and to those of us who see almost no water in the Midwest, these are a lovely feature. I had wondered where all the water came from to keep these lakes filled to the brim, but after the downpour we had a few days ago, I think I know. They tell us that during the summer it

rains almost every afternoon.

In this area the orange groves are very seldom irrigated, although some are equipped for it. Not long ago we took a delightful ride through thousands of acres of groves to the city of Howey in the Hills. From this hill, as far as you can see in every direction, are acres of the yellow gold that is shipped to you in boxes and cans. The juice oranges are loaded into huge trucks and taken to plants where the juice is extracted. None of the orange goes to waste for the pulp and rind are made into cattle feed.

You Midwest farm people might be surprised to know that Florida ranks 13th in cattle production. There are many large ranches south of this orange belt where they are raising Brahma cattle, a breed that we understand was brought to this country from India by the famous King Ranch in Texas. These strange looking, hump backed cattle can stand heat and live on the strange grasses and shrubs that cover the range. Mart is proud of his fat, sleek Herefords back in Iowa, and these queer looking specimens down here didn't make a very favorable impression on him! I must admit that I can hardly believe they'll produce as delicious a steak as our Midwestern breeds.

Frequently I am reminded of Hawaii these days — it's something in the air, I guess. Here the Spanish moss (which is neither Spanish nor a moss but an air plant) hangs in festoons from the trees just as orchids do in Hawaii. They have to remove this moss from the orange trees and any other trees which they want to save, for in time it suffocates them.

We see so much of the Spanish moss that we wondered if perhaps it couldn't have some commercial value, so the other day when we were out riding and saw a man pulling some from a tree with a rake and loading it into a wagon, we stopped and talked to him. He said that it *did* have some commercial value — that factories use it in some types of upholstery.

Last week we drove south to Lake Worth to spend three days near our friends, Mr. and Mrs. Gene Benjamin of Massachusetts whom we first met in Redlands, California, when all of us were spending the winter there.

On the way down we drove along the east shore of Lake Okeechobee,

the second largest fresh water lake within the United States. The flat lands surrounding it are called the Everglades. All of the soil in that area is black and rich and particularly adapted to growing all kinds of vegetables. I saw large fields of eggplant, artichokes, cauliflower and celery.

We visited with one farmer, formerly of Minnesota, who had 400 acres of celery and 160 acres of sweet potatoes on his Everglade farm. There were also many large fields of sugar cane, its silver plumes shining in the tropical sun and, near by, the mills where I presume the cane is processed.

The latter part of our trip took us along a canal which runs from Lake Okeechobee to Palm Beach. This canal was once used for barges, but since the advent of good roads and trucks, it is used merely for drainage.

Our friends took us on many rides. One day we drove along the ocean beach to Fort Lauderdale, the city of canals and yachts. One-tenth of this city is water surface; there are 90 miles of navigable waterways. People living in the beautiful homes along the canals have a car parked in front of their house and a yacht anchored at the back door!

All along the southern shores of this part of Florida are coconut trees. I have read that long ago the original coconuts were washed ashore after a shipwreck, and that soon they grew into veritable forests.

We also drove for hours in Palm Beach where the massive stone mansions of the ultra-rich stand facing the ocean. To me these places looked more like forts than homes.

My friend, Eleanor Benjamin, wheeled me in my chair along past the shops on Worth Avenue, and of all the places that I saw the one that interested me the most was called Riviera Crafts. There I saw unbelievably beautiful trees, sprays, jewelry and table arrangements made from sea shells by the wives and children of fisherman. They combine all the lovely pastel shades of shells, fish scales and dried sea plants. If you are in Palm Beach at any time, be sure and visit this place.

Of course we were very anxious to see what the mail man had brought to our Maitland address while we were away, and it was grand to find a lot of mail waiting for us. As many of you know, my sister, Helen Fischer, fell and broke her hip several weeks ago, but my latest news is that she is making fine progress and hopes to be out in a wheel chair in her garden this spring.

I know that Lucile and Margery keep you posted on family news (you probably know more about what's going on there at home than I do!), so I think I'll conclude this letter by saying that I'd like to hear from any of you who have time to drop me a card. The girls had better forward it for we may go down to St. Petersburg and spend some time before many more weeks pass.

As ever, Leanna



## PLANTING SUGGESTIONS FOR YOUR HOME

By Pansy M. Barnes

These days there is so much building going on that everytime we take a drive we see new homes that weren't in existence only a few short months ago. There is also a tremendous amount of remodeling being done.

All of this means that people are thinking seriously about the best things to plant on their home grounds, and since another Spring is almost at hand we thought that this month we would try and help those of you who are in a quandry as to what to put out — and where. It seemed to us that perhaps a typical new home or extensively remodeled home would call for the following: a one story house, 30 ft., square, facing south.

Our suggestions don't pretend to be complete, for any home lover will always be finding new things he wants to try in his yard, but a start must be made someplace and we have outlined that start.

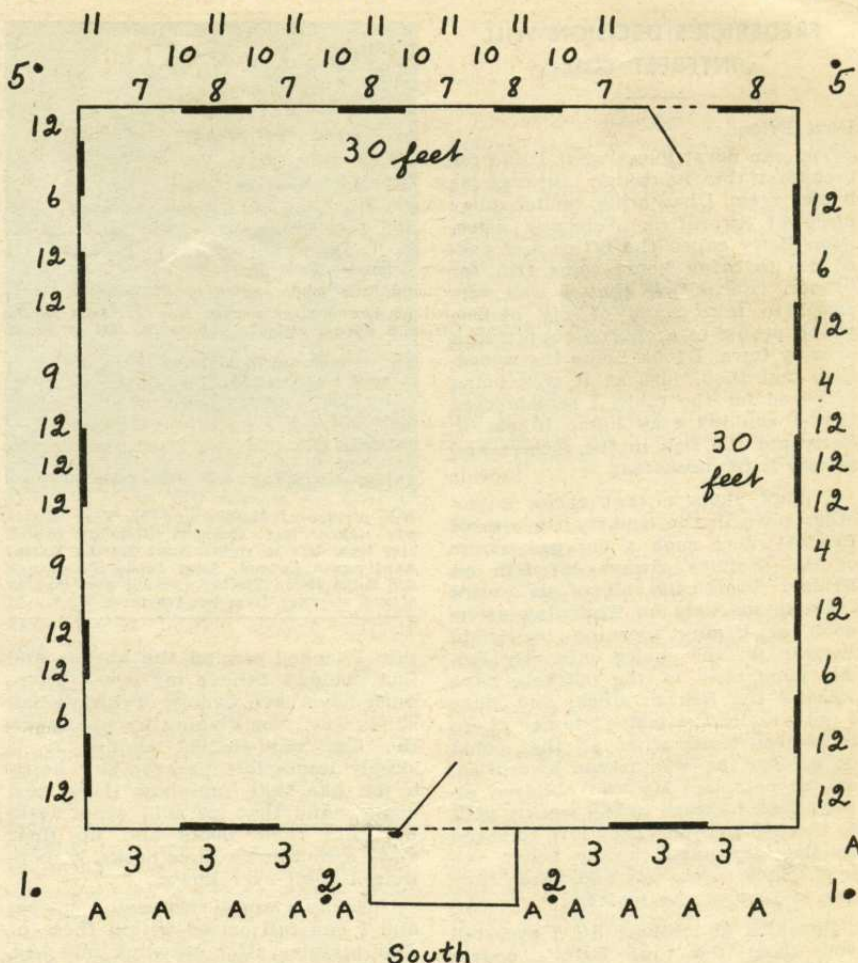
As soon as your heavy construction work has been completed, the yard must be graded. If the top soil has been removed it would be wise to add humus before planting. (You might be lucky enough to find good top soil available. If not, peat moss and Sheepo will help a great deal.) In any event, this work must be done before any planting is started.

Trees should be decided upon and planted first for it does take time for them to reach the shading stage. For a small home, the red bud or hopa crab may be just right. The cut-leaf weeping birch is also a beautiful tree to consider. For quick shade, the silver maple and Chinese elm are invaluable. And of course, Lombardy poplars are unsurpassed for rapid growth. We haven't accounted for trees in our plan because yards differ so greatly and people have such pronounced ideas on the subject.

When lots are small, the tendency of today is to have shrubs and perennials along with annuals and bulbs around the house. We naturally think of towns and cities when we think of small lots, but you've probably noticed too how many farm homes are much more enclosed with plantings than they were in years gone by. Very few people have time to cope with vast areas and much prefer to concentrate on a comparatively small yard right around the house.

For privacy, a high hedge across the back of the lot and up each side to the house may be provided by the high bush honeysuckle or French lilacs. A lower hedge for each side of the front yard may be of privet or barberry. Both of these take trimming well. If you're interested in a hedge that will have some bloom all during the summer, Grootendorst roses are ideal.

A hedge may be used across the front of the lot or, if you prefer, groups of shrubs, three to five of one kind at each corner of the lot, give balance. Spirea Anthony Waterer or



### Quantity of Plants to be Used

- |                              |  |
|------------------------------|--|
| (1) Viburnum Carlesii—2      | (8) Lythrum the Beacon—4                                 |
| (2) Minnesota Snowflake—2    | (9) Weigela Rosea—2                                      |
| (3) Anthony Waterer Spirea—6 | (10) Old-Fashioned Bleeding Heart—6                      |
| (4) Forsythia Spring Glory—2 | (11) Hosta Lancifolia—7                                  |
| (5) Beauty Bush—2            | (12) Summer Snow Floribunda—17                           |
| (6) Thomas Lipton Rose—4     | (A) Groups of 5 tulips to be followed by white petunias. |
| (7) Hydrangea P.G.—4         |  |

flowering quince are useful for this purpose.

Some shrubs and plants do not shade and some will sulk in such a location. Hydrangeas are splendid for shady locations, but if you use the blue ones, they must be carefully prepared for winter. They bloom on old wood. The A.G. and P.G. bloom on new wood so they can be pruned back to 18 inches in height each spring and will still put forth lovely, big clusters.

In addition to these shrubs on the north side of the house, note that we have planned for old-fashioned bleeding heart. It's a lovely, cheerful sight in the spring; and if the hostas are placed in front of them they will continue the flower show — their foliage is *always* attractive. Do make every attempt to plant hostas on the north this Spring — they are the perfect solution to your shade problem. Lythrum the Beacon is hardy, very lovely, and also blooms in the shade.

The Minnesota Snow Flake Mock Orange is the most fragrant of all the family. Two of these in front of the house along with the treasured Korean

snowball, *Viburnum Carlesii*, will bring the passerby to an appreciative halt to enjoy the fragrance as well as the beauty. In fall, the foliage of the *Viburnum* becomes like rich, red velvet after frost.

The Anthony Waterer is in bloom practically all summer. If tulips are planted in groups in front of these spireas, and if these, in turn, are followed by white petunias or cushion mums, the show will continue until frost.

The Thomas Lipton rose is not only hardy but produces its large white blooms off and on all summer. (We have one that is 25 years old and still a joy.) If you prefer red, the Weigela Roseas could be replaced with the Scarlet ones. The Summer Snow Floribunda could be replaced with any of the other baby roses, but always remember that several of one color will give a better effect than a mixture. The Forsythia Spring Glory could be replaced with *Virginalis*.

The Beauty Bush in time will grow quite tall and wide, so it should be set back 5 ft. from the corners of the

(Continued on Page 7)



## FREDERICK'S DECISION WILL INTEREST YOU

Dear Friends:

You can never guess what I had for breakfast this morning! Strange as it may seem, I had a big, tender, juicy piece of swordfish. Yesterday afternoon Betty called the office and asked me to bring home some fish for supper. Forgetting that I was supposed to take some of my church young people to a church supper in a near-by town, I took home the swordfish, and then, just as it was being prepared for the table, I remembered that I couldn't stay home to eat it. Betty put the fish in the freezer and we ate it for breakfast.

I don't suppose that there is another town in the country the size of Bristol where such a big percentage of the families always eat fish on Friday. Practically all of us crowd the fish markets on Thursday afternoon or Friday morning trying to bargain for the choice cuts. By Friday noon most of the markets have sold all the fish in stock, and since I am usually the last customer, there have been times when all that could be offered me was frozen swordfish, eel, or octopus. My two children always look forward to the weekly visit to the fish market. They love to stand by the tanks and timidly watch the long, black ocean eels and, when they are in season, the lobsters.

Speaking of lobsters, did I ever tell you about the time Betty's cousin from Kentucky saw her first lobsters? We were living on the island of Bermuda at the time, and Betty's cousin had come to spend her spring vacation with us. Knowing that she was very afraid of insects of any kind, I had warned her about the big, Bermuda cockroaches. Unlike many cockroaches they live out of doors and can fly. Like big June bugs they do manage to get into the house occasionally.

Well, one night I came in after dark and left a couple of big lobsters in the kitchen sink. They were very much alive and weighed two or three pounds each. I turned off the kitchen light and started into the living room to join the girls and met the cousin on her way to the kitchen to get a drink of water. It never occurred to me to say anything about the lobsters, and when she turned on the kitchen light and saw them in the sink, she gave a scream that could have been heard a block away. She thought that they were the big cockroaches that I had warned her about, and she was ready to leave for home at once.

On cold winter days you may think that there is no job in the world more uncomfortable than a farmer's chores, but I think that there is. Honestly, if you could watch the fishing boats sailing out onto the rough harbor in front of our house when a cold north-west wind is blowing and the waves are sending showers of icy spray over the boats and the gear and the men, you would shudder. The other day at low



This picture of Mother and her four sisters was taken last summer. Standing behind her, from left to right: Aunt Martha Eaton, Aunt Susan Conrad, Aunt Jessie Shambaugh and Aunt Helen Fischer (who is now making a good recovery from her fractured hip.)

tide I looked out on the harbor and just couldn't believe my eyes. There must have been twenty or thirty small skiffs with men digging for quahaugs, the big, hard-shelled clams. It is simply impossible to keep dry doing a job like that, and how those men could stand that ice cold water leaking into their boots and up their sleeves, and down their necks, is more than I shall ever know.

Usually I am a very sound sleeper and I can fall asleep within three or four minutes after crawling into bed, but all of last week I suffered from insomnia. After going to bed I would lie awake for at least an hour or two, rolling and tossing, twisting my pillow and losing my blankets. Even after falling asleep I would wake up every hour or so. I knew that there was something drastically wrong, for restless sleep is usually the result of a restless mind, and insomnia is very often the result of a guilty conscience.

One morning after a particularly bad night, I sat in my office and decided to think my problem through. What was bothering me? What was troubling my conscience? Was there some feeling of guilt in my sub-conscious mind? I thought about it, I prayed about it, I talked to my best friend about it. Then the answer came to me, so clearly, and so obviously that I wondered why I hadn't understood it before.

The whole trouble had started just after I had read a report about the terrible suffering of the children in Korea. One night I had sat up very late reading about the thousands of Korean children without homes, without proper food and clothing, sleeping in the ditches along the roads, and starving to death and freezing to death by the hundreds. When I had finished the report I sat for a long time looking at a picture of a small Korean child, alone and hungry, crying for his parents who had been killed by the enemy. Yes, that was it! That was why my mind was restless, and that was why I felt so guilty. I knew then and there that I would

never get a good night's sleep until I did something about it. From now on the one big objective in my life is going to be the raising of money to support the work of all the Christian churches in this country that are doing something to help the Korean children. And I have been able to sleep beautifully ever since making that decision.

When I consulted with my church people about it, they gave me their whole-hearted support. Not only are we going to do everything we can to raise money for the Korean children, but we are going to help the thousands of Chinese children who have fled from the Communists to the island of Hong Kong and there are being cared for in large camps. I told my people: "It is not the worrying about these children but the *not doing anything about it* that tears our hearts out." Well, from now on, we are going to do something about it, and I know God will bless our efforts.

How would you like to send your college-age son or daughter around the world on a sailing boat? Here in New England there is a very wonderful and remarkable man known as Commander Johnson who owns a small sailing boat, one just large enough to carry about twenty-five passengers comfortably. Every two years he takes a trip around the world with his wife and two children, and as members of his crew he takes young people eighteen or nineteen years of age who can afford to pay several thousand dollars for the privilege.

One night last week Betty and I heard Commander Johnson lecture about his trips and show motion pictures that he had made all over the world. I don't know when we have spent a more interesting evening. If he ever lectures within driving distance of your home, be sure and hear him. Next June the Johnsons will be leaving for another trip around the world to be gone for about eighteen months, and the young people lucky enough to get to go with them will have the most thrilling and adventurous time of their lives. I saw their boat, the brigantine *Yankee* when it anchored in Bristol harbor just about a block from our home last summer. It is a beautiful craft with very comfortable living quarters, and I believe that at that time it was carrying a group of Sea Scouts.

We live just a few minutes drive from the big naval base at Newport, Rhode Island. If any of you have a son stationed at Newport, I wish that you would ask him to call on us. We would love to entertain any son of a *Kitchen-Klatter* friend, and I know that we could make him feel right at home. To get in touch with us all he would have to do is to call us on the phone from Newport, and the busses from Newport go right by our front door. If your boy ever did pay us a visit, you can be sure I would write you and tell you all about it.

Very sincerely yours,

Frederick.



## IT'S TIME FOR FARM SALES

By Elsie Bailey

Farm sales can mean a profit, not only for the family selling but also for any organization that is willing to accept the responsibility of serving lunch at the sale.

The Busy Bee Extension Club of Meadville, Missouri has served lunch at farm sales for years. If your organization would like to try this money-raising idea, the facts learned by these women from experience may be helpful.

No one can judge exactly how much food to order. The best idea is to count on ordering a little too much, not too little. The ladies who help serve are usually willing to buy left-over pounds of meat or packages of buns to take home.

For a fair-sized sale the menu will probably include: hamburgers, hot dogs, home-made vegetable soup and crackers, home-made pie, and coffee. If the sale does not start before noon most people will eat at home *unless* the sale bill reads plainly "Lunch served on the grounds by Busy Bee Club".

If the sale bill lists no furniture we know there will be few farm wives in the crowd, and all these things make a difference in planning how much to serve. Plan we must, however, and then hope for the best in weather. Good "sale weather", of course, means dry underfoot so that bad roads will keep no one at home, and warm enough to stand outdoors at a sale. But this is tricky too for it must not be so dry and warm that farmers will feel compelled to stay at home and work in the field!

With food prices where they are there is not much profit on food bought and resold. For instance, it barely paid us to go to a small afternoon sale to serve doughnuts and coffee. Had we served pies (donated) instead of doughnuts we would have had a better profit, but we disliked the idea of asking each club member to bring a pie, when the help of but three or four members was needed to do the serving.

Where the lunch is served is important, both to the women serving and to the crowd. We have served from a garage, a wash house, a basement, and even the kitchen of the farm house. A place reasonably warm and one easily found by the crowd suits the women serving. One of the best places we ever served was a long machine shed in which we managed one of the biggest crowds we ever saw at a farm sale.

In one end of this shed the farmer had set up a heating stove for the day. This end was partitioned off for the use of the women by setting up our long tables across the width of the shed. Only the women got much warmth from the stove, but the crowd appreciated having all the remaining space in that shed where they could step in out of the wind for one more cup of hot coffee.

When the place we serve from is small, such as a wash house, the food is prepared inside and then passed



Here are Jennifer and Wendy Watkins of Tarrytown-on-the-Hudson, N. Y., wearing the blue dresses that were smoked and made all by hand by their Great-aunt Leanna. The smoking is done in white.

out the window to those who wait on the tables outdoors. Workers alternate places before anyone outside gets too cold.

Recently our club has put some of the farm sale profits back into necessary equipment; until we had these things we borrowed constantly from club members. Our biggest purchase was a portable bottle gas stove which stands on a table. This was made from two small two-burner stoves welded together so that only one small bottle of gas is necessary. Another big help is a forty-eight-cup coffee urn. We also bought soup bowls, coffee mugs and stainless steel tableware. Large white plates were a gift to the club, and the tables used belong to the community. All of these things are kept at the community building and used for any meetings.

Ordinarily all the ingredients for the soup are donated. (In warm weather we omit this from our menu). A soup committee of three or four is appointed for each five-gallon pressure canner of soup to be made. The committee uses home-grown vegetables and often soup bones from their own lockers. We seldom fail to sell all the soup.

Pies are donated, one or two from each club member, depending on the size of the crowd expected. (The soup committee is excused from baking pies, as is the treasurer who makes the trip after all the food that must be bought.) Also donated are: cream for coffee, milk to mix with the hamburgers, and pickles to eat with the sandwiches.

The list for the store reads: hamburger and round buns (8 buns needed for each pound of hamburger), wieners and coney buns, crackers, sugar for the coffee, coffee, salt, pepper, mustard, catsup, delicatessen napkins (these are waxed, to hold the sandwiches), small paper plates to hold pieces of pie or a soup bowl and crackers, and large paper plates in case someone wants to buy a whole pie. The demand is usually just about half as great for hot dogs as for hamburgers.

Our prices: Soup — 20¢, Hamburgers — 20¢, Hot Dogs — 15¢, Pie — 10¢, Coffee — 5¢.

## MARCH WIND FUN

By Mabel Nair Brown

**BLOWING SPREE:** You will need bubble blowing materials for this; then have various contests. For example: give a prize (how about a balloon?) to the person blowing the largest bubble, to the one blowing the most bubbles in one dip in the bubble solution, to the person blowing a bubble to the ceiling first, or hang a hoop in a doorway and see who can be first to blow a bubble through the hoop. For this last you can choose two teams and allow each person a try to get a bubble through the hoop. Count a point for each bubble and give a small prize to the side with the most points.

**BIG PUFF:** Place a feather in the center of the table and then blindfold players one at a time and see who can blow the feather off the table. This is more fun if the player is turned around a few times after the blindfold is in place, to confuse him.

**BALLOON BLOW:** Line up the players in a row and at each player's feet place a blown up balloon. At a signal the players see who can be first to blow his balloon across a goal line at the opposite end of the room. The hands cannot be used in any way to keep the balloon on its course.

**WINDY TALK:** Divide the guests into couples or small groups and provide each with pencil and paper. See which group can make the longest list of words relating to wind in a given length of time. For example: breeze, puff, gale are words one might write.

**FANNING THE BREEZE:** Line up the girls and boys opposite each other. Then each couple in turn steps to the center of the room and, at a signal from the leader, the boy starts telling the girl all her many virtues and good points, the object being to "hand out as fast and amusing a line" as possible, all in a minute's time limit. Then the next couple takes a turn. When all have had a turn have a "fruit basket upset" to change partners and this time let the girls do the talking. The group might vote on the boy and girl doing the best job of "fanning the breeze".

**THE MARCH OF TIME WIND:** Divide the guests into small groups. Have each group dramatize what they think will be a typical daily event or chore in the year 1975.

## THERE IS A WIND IN EVERY BLANK:

1. To let in the light of day. Window.
2. Revolving for the sake of power. Windmill.
3. A swath of the newmown put out to dry. Windrow.
4. Framed to beat the breeze. Windshield.
5. Unexpected good fortune. Windfall.
6. To raise a weight. Windlass.
7. Where no bone should lodge. Windpipe.
8. Either up or down or partway. Window Shade.
9. Important to the orchestra. Woodwinds.



## LETTER FROM LUCILE

Dear Friends:

Since I last wrote to you we have made considerable headway on the things we want to do to our house before spring. This is the season of the year when we think about redecorating, so in response to countless inquiries I am once again (and for the last time) going to tackle this subject of using burlap on walls, etc., etc.

To begin with, we have now lived with burlap long enough to know pretty well how it behaves. Perhaps the question asked about it more frequently than anything else is this: does it get dirty? Well, can you tell me any kind of a wall covering that *doesn't* get dirty? If I knew of any wall treatment that retained its original pristine beauty I'd crawl on my hands and knees to get it.

Burlap does get dirty, but no faster than anything else — and not as fast as a plain painted wall. We run the vacuum over it whenever we think about it, and I'd say that these walls which have now been covered for about four years (I *think* it's four years!) still look mighty good. We're painting them this spring, it's true, but that's because we're tired of the color and not because they really need the paint to look decent.

If you'll get ahold of the big Spring and Summer catalog of one of the big mail order companies you will find burlap listed at 49¢ per yard, 38 inches wide. The colors available are: green, natural, red, wine, chartreuse, gold and brown. We noted immediately that they no longer offer the rich blue that we have used extensively in our home. Abigail and Wayne have the red burlap in their living room and one wall of the dining room (it is a stunning color) and we have just finished putting up the chartreuse burlap in our dining room.

Now, what are the virtues? Well, the first and most important thing is that it saves you a replastering job. If you have walls as badly cracked and broken as ours are, there is no question of painting them and no sense in papering them. Positively you are left with but three courses of action: either you can replaster, put up the new plywood surfaces (an expensive proposition) or use burlap. This third alternative is by far the cheapest. Of course you're going to spend more than you would for paper or paint, but if you can't use paper and paint, you're still ahead.

In our living room and study we removed only the wallpaper that was actually hanging loose. In the dining room, just completed, we had to remove practically all of the paper for we discovered that although it looked good and tight, it simply began falling when the loose sections were removed. This meant getting right down to bedrock.

If you have any badly gouged out sections or holes, cover these over with masking tape. It is available at any paint supply store or drug store. Take strips of it and cover over the hole. When you get all through with this and look at your walls you'll be convinced that nothing in the world



Snow and stilts look funny together, but Juliana scarcely lets a day pass without using Uncle Howard's Christmas gift to her.

can ever cover up the defects. Just wait. The burlap will.

The first burlap that we hung very definitely had a tendency to shrink. We allowed around a 4 or 5 inch leeway on all strips as soon as we discovered this. To our astonishment, the new chartreuse burlap stretched rather than shrank—it must be made of a new type of fibre.

We used ordinary 100% wheat flour wallpaper paste to apply this. I mixed up small bowls of it with the electric mixer — just kept up a steady stream of this. You might be able to get a smooth job handling large quantities, but we wanted a velvet smooth paste and I wasn't sure just how else to get it.

You may want to use the floor for the job of applying the paste to the burlap, but we used the dining room table. Russell measured each strip very carefully, cut the required amount, and then saturated it with paste. He also saturated the wall area with paste. However, before this was done he took a yardstick and a pencil and measured off a perfectly straight line down the wall. This was to keep the selvage edges straight.

As soon as the wall and burlap were both covered with paste he put up the burlap. This must be patted into place and smoothed down with a big soft brush. You don't want any wrinkles in it, of course. The selvage edges are brought just together—they don't overlap. The top of the burlap, where it adjoins the ceiling, is simply left straight. We are getting new moldings put up throughout the house later in the spring, but even without these moldings the other burlap looked smooth and neat in the living room.

When you get to window frames or doors, simply bring the burlap right up to the edge and then trim it with a razor blade. This also goes for the baseboard. You may have good looking baseboards that you want to leave exposed, but we don't. Russell brought the burlap right down over the worn out wood and then with a razor trimmed it off where it reached the floor.

The chances are that you're going

to be sick when the first pieces go up. Nothing looks worse than wet burlap on walls. You're going to think, I'm sure, that now you've really ruined your room for all time, but take heart: when that burlap dries there won't be a single streak, ring or line. It is simply amazing how beautifully it turns out. And you won't see any patching underneath or notice any difference in the areas where there was paper and where there wasn't paper. It covers everything.

One of the drawbacks of old, cheap houses is the wretched woodwork. Ours was positively not worth painting. We didn't feel that we could afford to wrench it all out and put in new, so Russell purchased masonite and covered all of the woodwork (including window frames) and the cheap doors with their ugly panels. This gave him a flush surface. He put the burlap right over everything, so at long last those eyesores are gone forever. It gives a smooth, sleek surface and with a small room, (such as our dining room) the impression that it is much larger.

We also have a new ceiling in the dining room, one of those interlocking block ceilings in chalk white. You can get full instructions for putting this up by going to the lumberyard. I noticed too that fully illustrated instructions come with each package of the blocks. Russell had a terrible time getting the hang of it, but once he mastered the basic principles he made headway very fast and turned out a beautiful, professional looking job.

(Incidentally, no one could have had more trouble as a beginner at the job, for the plastering fell from the ceiling when he was about halfway through. The paper wasn't cracked in any place and there was no indication that the plaster was weak. But suddenly, with a crash, the whole thing fell. I presume that the pounding that went with putting up the cross braces weakened it to that extent. At any rate, he had to take down all of the braces and start again. Life was very tense around here for forty-eight hours!)

The next project in there is to make new valances for the two windows and then make new drapes. Then we expect to get carpeting—and it is certainly badly needed. Our drapes will be a tone of mustard gold (which seems to accent chartreuse almost better than anything else in a small room where you want to create the illusion of size), and the carpet will be a sage green. Our dining room chairs are to be upholstered in cinnamon brown. When this room is done it should be a joy for the first time in the seven years we've lived here.

Next month I'll tell you how we painted the burlap in the living room and study. It's to be done in avocado green. We are also doing over the kitchen walls and woodwork. But I'll just take up these things as we get to them.

Let me know if you tackle the burlap. I'll be very interested in hearing how you made out.

Lucile



## A LETTER FROM DOROTHY

Dear Friends:

We have had such lovely winter weather in Lucas County this year that we can hardly believe it is already the first of February. January is usually the month of blizzards and zero temperatures, but this year we have had very few days that the roads didn't thaw enough to be muddy and slick. I have to remind myself that we can still get a lot of snow, and that Spring is a long way off yet. The first year I taught we had our worst storm of the year in the middle of March, and the roads were so badly blocked that we had to close school for three days.

Kristin has been busy today memorizing a new reading. She has been asked to participate in a polio benefit program at the Lucas High School in a couple of weeks, and since she has given readings several times in the past to the same audience, it was necessary to learn something new. I told her if she would work hard on it this morning we would go ice skating a little while this afternoon.

Kristin received some money for Christmas and she spent it for a pair of shoe skates. The day after she got them Frank dug out our shoe skates and sharpened the runners and the three of us spent the afternoon skating. I really shouldn't say we spent the afternoon skating because it was really only about an hour, and most of that time I just sat and watched. But it was Kristin's first experience on ice skates and by the end of the hour her ankles were pretty tired. She was wild to go again right away, so I told her I would go with her after school the next night. It turned very warm that day and by the time school was out there was several inches of water on top of the ice, and the next day the ice broke up and that was the end of the skating for awhile. Right now it is too dangerous to skate on the creek because we can't tell where there might be some holes, but Frank found her a nice little patch of smooth ice in one of the fields, so that is where we went this afternoon for a little while.

A week ago today was Bernie's birthday and we had a big dinner at 5:00 o'clock at Father Johnsons. Bernie always makes all the birthday cakes in our family because she turns out such beautiful angel foods, but since we didn't want her to bake her own cake I said I would bake it. I do not make angel foods so I made Lucile's white cake. It didn't turn out as well as I had hoped, but my frosting was just perfect, and after I had decorated with my cake decorator it looked all right.

Some of us went together and got Bernie one of these lovely kitchen utility tables with casters on it because we felt it was something she would really get a lot of good out of and that it would save her lots of steps. Bernie's sink is clear across the kitchen from the pantry where she keeps her dishes, and now as she wipes her dishes she can just put



Emily outgrew her much loved black horse (remember the cover picture of her riding on it?) and now Alison has taken it over. Fortunately you can't see here that the eyes and red bridle are missing!

them on the table and wheel them all in to the pantry at the same time. When we are down there for a meal now we don't have any trouble getting Kristin to help with the dishes. She even offers to clear off the dining room table, and is also eager to put all the dishes away in the pantry for us.

Frank butchered a hog this week so we are enjoying fresh pork. Always before we have just taken the whole hog into the locker, but this time we decided to keep some of it at home. Bernie put part of it in her refrigerator, and I put some in mine. Bernie made the sausage and I told her today that she couldn't have done a better job of seasoning. It is absolutely delicious — so much better than you can buy. Pork is my favorite meat and I really have to watch myself or I would serve it too often.

I have done quite a bit of baking since I have been home all the time this past month, and fully intended to try some new recipes I have found and some that have been given to me, because I thought there might be one you would enjoy having, but that will have to wait until my next letter. Every cake I have baked recently has either been for something special, or else I was in a hurry, so wanted to use a recipe I was familiar with. The two new cooky recipes I tried we did not like as well as my old standbys, and I have already given you the recipes for those.

A year ago last Christmas Mother gave me a little electric mixette. While I was working there was so little time for me to do any baking, that the mixette had only been used a couple of times. There were times I would have used it if it had been in a handy place. But it was in a box on the bottom shelf in the cabinet and it was always just handier to beat by hand whatever I was making. Now the mixette is hanging up in a very convenient place and is used practically every day. I'm just like a

child with a new toy, trying to think of ways to use it every meal.

The only sewing I've gotten done this month has been the necessary things that have needed doing for a long time, things that have just been put back while I was working—little things like putting new elastic in Kristin's pajamas, patching coveralls and jeans. After my lunch dishes are done I just sit down and go to work. It is such a relief to get everything mended and back in the closet or in the dresser drawers again. I'm not caught up yet, but nothing new is going to get started until I am.

Lucile has made so many lovely dresses for Kristin and the last time I was in Shenandoah I told her I wanted to make a dress for Juliana. She sent a pattern and material home with me and that is the first thing to be tackled. It looks darling in the picture, and the material is beautiful, but it looks a little complicated for me. It has been so long since I've done any sewing that I'll have to have all my wits about me when I sit down to tackle that one.

Frank is calling from the living room that he thinks some fresh coffee would taste awfully good right now, so until next month . . .

Sincerely, Dorothy.

## MY KITCHEN PRAYER

God bless my little kitchen,  
I love its every nook,  
And bless me as I do my work,  
Wash pots and pans and cook.  
And may the meals that I prepare  
Be seasoned from above  
With Thy great blessings and Thy  
grace—

But most of all Thy love.  
As we partake of earthly food,  
The table 'fore us spread,  
We'll not forget to thank Thee, Lord,  
Who gives us daily bread.  
So bless my little kitchen, God,  
And those who enter in,  
May they find naught but joy, peace  
And happiness therein.

—Unknown

(Continued from Page 3)

house in order to give it a chance to develop to its full glory. South of Iowa, altheas would get quite large and could be used to give full color if planted in such a location.

A small back yard won't take very many trees. Most of us want double dividends from these back yard trees, so the Five-In-One apple would be highly satisfactory, for not only is it decorative in itself, but it provides delicious fall fruit. The dolga crab, cherry or pear trees would also be extremely suitable for the back yard.

This first year when you're concentrating on your basic plantings you probably will want to plant a row of annuals for cutting in front of the back hedge. Later on these can be replaced with hybrid tea roses. We hope that some place in your yard you can start a rose garden this year, for even a few magnificent roses can give you more sense of "belonging" to your home than any other flower.



## OUR SMORGASBORD PARTY

By ABIGAIL, MARGERY and LUCILE

This month we are doing something that we've never done before — devoting our entire recipe section to an account of the Smorgasbord party that we had on January 31st.

You will note that three of us joined forces to prepare for this party. Frankly, we'd hate to attempt a Smorgasbord without six hands! It could be done, of course, but this is one place where the old adage about many hands making light work, certainly is true.

May we say that we hope you will turn over in your mind the possibility of going in with a couple of other people to entertain at a Smorgasbord? Sooner or later it seems that all of us want to invite quite a collection of friends into our home, and we don't know of an easier way to manage a large crowd — in our case, twenty-eight.

Now you may not have any interest whatsoever in doing this type of entertaining, but here you will find some wonderfully good recipes and there's nothing in the world to prevent you from making use of some of them in the future. We can vouch for each and everyone.

Incidentally, there are some things considered absolute classics for a genuine Smorgasbord that you won't find here. The explanation is that we couldn't buy those ingredients in our local stores, and we did try our best to prepare only the things that we figured most of you folks would stand a fighting chance of getting.

### APPETIZERS

We arranged our appetizers on a long table at the end of mother's sun parlor. (We should explain at the outset that we used mother's home because the long sweep of dining room, living room and sun parlor enabled us to set up the seven card tables that were necessary. We could have managed in our own homes, but it would have been crowded.)

On this table was a wine red cloth crosstitched in white (mother's handwork), and for decoration we used two hurricane lamps with lighted candles.

### EGG PLANT BOUQUET

This was a really unusual and stunning appetizer. Abigail sliced off an eggplant so that it would stand upright in a brilliant coral dish. The delicious chicken hearts (instructions follow) were placed on colored toothpicks and then the picks were stuck into the eggplant . . . almost the entire thing was covered solid from top to bottom.

- 1 pkg. chicken hearts
- 1 bottle French dressing
- 1 pkg. cream cheese thinned with cream

Crushed peanuts

Cook the chicken hearts in salted water until very tender. Drain. Cover with the French dressing and allow to marinate for 2 days. When ready to prepare, roll each one in cream cheese mixture (be sure that hearts

have been wiped quite dry when they come out of the dressing) and then roll in chopped peanuts. Spear each one on a colored pick and stick into eggplant as described above. A grapefruit could be substituted for the eggplant.

### CHEESE BALLS

- 2 8-oz. pkgs. of cream cheese
- Shredded carrots
- Crushed nuts
- Finely chopped parsley
- Make very tiny balls of cheese. Roll some in carrots, some in finely crushed nuts, and others in the parsley. Arrange in color pattern on large plate.

### CHIPPED BEEF ROLLS

- 2 pkgs. dried beef slices
- Sharp cheese
- Spread dried beef slices with sharp cheese that has been softened. Roll up like jelly roll and fasten with a colored pick.

### DUCK PATE

Using the finest blade of food grinder, put through it cooked duck giblets, any leftover duck meat scraps, 1 or 2 hardboiled eggs and 3 small sweet pickles. Add:

- 2 tsp. garlic salt
- 3 Tbls. horseradish
- 3 Tbls. Worcestershire sauce
- 1 Tbls. pickle juice
- 1/3 cup mayonnaise

Blend in electric mixer or with egg beater. A little cream may be added to make a thinner paste.

This was served in a bowl. An assortment of crackers was on the table. (mother's big Hawaiian tray was used for this) and people could use a small spreader to put the duck on their crackers.

### SHRIMP PASTRIES

- 1 small can shrimp
- 1 Tbls. lemon juice
- 1/2 cup butter
- 1 3-oz. pkg. cream cheese
- 1 cup flour
- Drain shrimp well and then crush it into very small pieces. Add lemon juice.

Cream together the butter and cheese. Add flour. Chill. Roll as thin as possible on pastry cloth and then cut small circles — we used a very small glass for this. Spread shrimp mixture on half of circle, bring other half over it, seal edges, prick with fork, and place on cookie sheet. Can be baked immediately (400 degree oven, about 10 minutes), or can be frozen unbaked, removed to thaw, and then baked. We froze ours first because it's a time consuming job to prepare these and we wanted to get it done early.

These were arranged cart-wheel fashion on a decorative plate.

### ADDED NOTES

All of the above mentioned appetizers were arranged on the long table.

At one end we had two stacks of dessert size plates and two stacks of tiny napkins. Our guests helped themselves and went back for repeats if they were so minded.

### THE MAIN PART OF OUR MEAL

To facilitate serving our crowd of twenty-eight people, we pushed mother's big dining room table (to which we had added two leaves) up against the wall. A white damask cloth was used to cover it. In the middle of the table (as you can see in the photograph) we used candelabra and candlesticks — our only decoration for we simply didn't have room for flowers. At one end of the table we stacked our large serving plates. Our guests picked up a plate, helped themselves to what they wanted of the assortment of food, and then stepped over to the sideboard where they picked up their silver and napkins.

We used a large damask tablecloth (folded to fit) on top of the sideboard. At one end we stacked all of the coffee cups and our two services for coffee. At the other end we arranged the silver and napkins. Our only decoration here was candelabra.

We used only candlelight in the dining room, incidentally. There were fourteen white tapers burning. On each card table we had an individual candle burning. We did not put up these tables until just before we were ready to serve for we didn't see how twenty-eight people could move through those rooms easily if they had to wind in and out around so many tables.

### MAIN DISHES

In matching brown casseroles we served beef rolls and Swedish meat balls. Then in a large covered dish we had Swedish brown beans. Broiled fresh salmon fillets were served from a big platter (a bowl of tartar sauce stood nearby); crab mold appeared on a chop plate, and a loaf of pressed chicken surrounded by stuffed eggs was served from a platter. Korv was also served, and Sill salad. Each dish had the necessary silver beside it.

### BEEF ROLLS

(This should have been veal rolls, but we couldn't buy the right kind of veal locally.)

- 4 lbs. flank steak
- 11/2 cups toasted bread crumbs
- 6 Tbls. melted butter
- Salt and pepper
- 5 Tbls. grated onion

Our butcher prepared this steak for us by running it through his tenderizer — the finished product was very thin. He also cut the individual portions — 30, in all.

Each strip of meat was covered with a thick coating of butter. Then a small amount of dressing or stuffing (made by combining all ingredients listed above) was spread on the meat. Each piece of steak was rolled tightly, tied with string, and then browned very slowly on both sides — veg-

(Continued on Next Page)



etable shortening was used in skillet. When all pieces were browned they were transferred to a large pan, covered tightly, and allowed to cook for approximately 3 hours at 250 degrees. These rolls were made the night before and reheated just before time to serve. (It takes quite a time to cut and remove all of the strings, so be sure you do this long before the last minute rush. The rolls will hold their shape beautifully without the string just as soon as they are cooked.)

These beef rolls were small enough to take up easily with the big serving fork, and were sufficiently tender that a knife was not necessary to cut them.

### SWEDISH MEAT BALLS

- 3 cups dry bread crumbs
- 1 1/2 cups warm cream
- 1 1/2 lbs. ground beef
- 3/4 lb. ground veal
- 3/4 lb. ground pork
- 1 1/2 cups milk
- 3 eggs
- 6 Tbls. minced onion
- 3 Tbls. salt
- 1 tsp. pepper
- 1/2 tsp. allspice

Soak crumbs in cream and then with the meat. Add remaining ingredients. Form into very small meat balls and brown carefully on all sides in hot fat. Serve hot.

### CRAB MOLD

- 1 7-oz. can crab meat (don't drain)
- 1/2 cup mayonnaise
- 1 cup heavy cream, whipped
- 1 envelope plain gelatine
- 1/3 cup water
- 4 Tbls. lemon juice
- 1/2 tsp. mustard-horseradish
- 1/4 tsp. salt

Crush crab meat as fine as possible—force it through a sieve. Dissolve gelatine in 1/3 cup of water, then place the cup in hot water until gelatine has liquified. Add to mayonnaise. Combine crab meat, mayonnaise, whipped cream, salt, lemon juice and mustard-horseradish. Turn into mold.

We used a fluted mold for this and turned it out on to a chartreuse colored chop plate. A ruffle of endive was used around it.

To decorate this mold heavy cream was whipped and colored red. Then it was put into a pastry tube and the finest point screwed on—this is the point that we use to write names on cakes and cookies. All fluted lines of the mold were outlined with the red cream. With another attachment (used for rosebuds) we made a small garland right on top.

### STUFFED EGGS

Fifteen hard-boiled eggs were used for these. For half of them the yolks were mashed, seasoned with salt and pepper, and then 3 Tbls. of capers were added.

For the other half the yolks were mashed, seasoned with salt, pepper and paprika, and 1 Tbls. finely chopped chives was added.



The large platter contains pressed chicken garnished with beet rings. Going around to the left you'll see the Crab mold, Smorgasbord Crown salad, Elaine's molded salad and Sill salad. At the back is the Olive ring mold. Salmon fillets are at the right of the pressed chicken.

### SILL SALAD

- 1 salt herring
- 1 1/2 cups boiled potatoes, diced
- 1 1/2 cups pickled beets, diced
- 1/3 cups sweet pickles, diced
- 1/2 cup apples, diced
- 1/4 cup onion, chopped
- 2 Tbls. vinegar
- 2 Tbls. water
- 2 Tbls. sugar
- 1/2 cup whipped cream
- Salt and pepper

Clean fish, soak overnight in cold water. Drain, skin and dice. Add to diced ingredients, mix thoroughly but carefully. Blend vinegar, water, sugar, salt and pepper. Add to mixture, stirring gently. Add whipped cream. Chill.

We have St. Paul's Lutheran Church of Osceola, Nebr. to thank for this salad—the recipe appears in their new Smorgasbord cook book. None of us had ever eaten Sill salad before and we thought that it was absolutely delicious. We served it in a large pewter leaf and decorated it with parsley.

### BAKED SALMON

- 12 fillets of frozen salmon
- Lemon juice
- Butter—Salt—Pepper

These salmon fillets were allowed to stand at room temperature until thawed. Then they were cut into individual portions, placed on a big sheet, covered with soft butter, sprinkled with salt and pepper, and a few drops of lemon juice squeezed on to each one. They were slipped into the broiler until slightly brown on one side, turned, and then put back into the broiler for a few minutes.

### KORV

Korv is a delicious Swedish sausage that Margery buys frequently. It should be boiled for about 10 minutes and then transferred to the oven (350

degrees) for approximately 45 minutes. To facilitate serving, this was cut into individual portions in the kitchen and taken to the table on a platter.

### PRESSED CHICKEN

- 1 fat hen, disjointed
- 3 cups water
- Salt and pepper
- 1 Tbls. minced onion
- 1 Tbls. gelatin

Boil together all of above ingredients with the exception of the gelatine. When chicken is tender, drain off broth. Remove meat from bones and dice or put through food chopper. Soften gelatine in 1/4 cup cold water. Then add to hot broth. Place chicken meat in large glass loaf pan, pour in broth, mix well. Cover and let stand in cool place.

This chicken loaf was turned on to a large platter and the top of the loaf was decorated with thin rings of beets. (Don't put on beets until the last minute—and they must be wiped dry too, for you don't want red stains on the side of the loaf.) A lacy frill of endive was used entirely around the loaf, and on this was placed the stuffed eggs.

### BROWN BEANS

- 3 cups brown beans  
(red beans can be substituted)
- 1 Tbls. salt
- 3/4 cups brown sugar
- 2 heaping Tbls. butter
- 1/4 cup lemon juice

Soak beans overnight. Add salt and cook slowly until tender, adding more water if necessary. Season with brown sugar, butter and lemon juice. Serve hot.

### COVER PICTURE

This is the way our Smorgasbord table looked just a few minutes before our guests began to serve themselves. Just after this was taken we put additional candles on the table.



## RELISHES

A lazy Susan was used for our relishes. We had an assortment of pickles, pickled cauliflower, pickled onions, green olives, ripe olives and orange pickled beets. King Oscar sardines were in a coral colored dish next to the lazy Susan. Sliced Cucumbers were in a crystal bowl nearby.

## ORANGE PICKLED BEETS

- 1 cup sugar
- 1/3 cup white cider vinegar
- 1/3 cup tarragon vinegar
- 2/3 cup orange juice
- 1 tsp. whole cloves

Boil above ingredients until syrup becomes quite thick. Remove cloves. We used beet slices for this and with the small inside circle of a doughnut cutter (it slips out easily) we made tiny round circles of beets. (The rings left from this were used for the garnish on the pressed chicken.) The beets stood for 48 hours in the syrup, were then drained and served in one of the lazy Susan dishes.

## SLICED CUCUMBER

Peel 2 large cucumbers if skin is tough. Score lengthwise with 4-tined fork. Slice thin. Marinate for 3 or 4 hours in:

- 1/2 cup white vinegar
- 1/2 cup white sugar
- 1/2 cup water
- 4 Tbls. finely chopped parsley

Add a few ice cubes to bowl and chill in refrigerator, stirring occasionally.

## CHEESE

We purchased the following kinds of cheese: Blue, Swiss, American, Cheddar and Gouda. These were all sliced and arranged in sections on a big silver and crystal platter.

## BREAD

If we had been without access to a Swedish bakery it would have been necessary for us to make the bread that we served, but fortunately we were able to buy three wonderful kinds of rye bread: straight rye, orange rye and caraway rye. We requested that these be baked in round pans, quite small. When sliced thin and arranged in big cart wheels on an enormous crystal plate, it made an attractive sight.

It seems reasonable to conclude that very little bread would be eaten when there were so many other things to dip into, but to our surprise we found that nine-tenths of that bread was consumed! People couldn't resist it.

## SALADS

- Olive Ring Mold
- Elaine's Moulded Salad
- Cranberry Tree
- Smorgasbord Crown Mold



Kristin and Juliana with Kristin's mother, Dorothy Johnson.

## OLIVE RING MOLD

- 2 1/2 cups crushed pineapple
- 1 pkg. lime-flavored gelatine
- 1/2 cup grated American cheese
- 1/2 cup chopped pimiento
- 1/2 cup finely chopped celery
- 3/4 cup finely chopped almonds
- 1/4 tsp. salt

- 1 cup heavy cream, whipped
- Stuffed olives, sliced

Drain pineapple. Heat pineapple syrup to a boil. (There won't be much syrup but it's enough to dissolve the gelatine.) Cool. When it begins to thicken, add the pineapple, cheese, pimiento, celery, nuts, and salt. Fold in whipped cream. Place a row of sliced stuffed olives in bottom of 9-inch ring mold. Very carefully spoon out gelatine mixture over the olives and chill until firm. Arrange endive or lettuce on platter and unmold salad.

The stuffed olives give this mold sufficient color that it doesn't need further decorating.

SMORGASBORD CROWN MOLD  
Tomato Jelly

- 2 cups canned tomatoes
- 1/2 tsp. salt
- Dash of pepper
- 1 bay leaf
- 1 stalk celery, chopped
- 2 envelopes unflavored gelatine
- 1/2 cup cold water
- 1 Tbls. vinegar
- 1 tsp. grated onion

Cook tomatoes with seasonings, bay leaf and celery 10 minutes. Add gelatine, softened in cold water; stir until gelatine dissolves. Add vinegar and grated onion; strain and pour into tall fluted mold. Chill overnight.

## Cheese Mold

- 2 cups cottage cheese, sieved
- 3/4 tsp. salt
- 1/8 tsp. paprika
- 1/2 cup rich milk
- 1 1/2 Tbls. unflavored gelatine
- 1/4 cup cold water

Add seasoning and milk to cheese. Add gelatine, softened in cold water and dissolved over hot water. Pour into glass deep apple pie dish and let stand until firm.

We used a large round chop plate for this salad. First the cheese mold was placed on the plate. Then the high red fluted tomato mold was turned out on top of this. Curls of crisp lettuce were used to decorate the plate. A very colorful and unusual looking salad.

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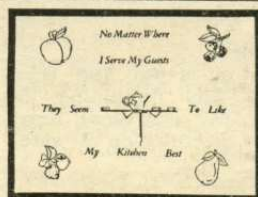
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## CRANBERRY TREE MOLD

- 2 cups ground raw cranberries
- 2 cups ground unpared apple
- 1 cup sugar
- 2 pkgs. lemon flavored gelatine
- 3 cups hot water
- 1/2 cup chopped English walnuts
- 1 small can crushed pineapple
- 1 cup seeded Tokay grape halves

Put cranberries and apple through fine blade of food chopper, cover with sugar and let stand. Dissolve gelatine in hot water; add pineapple. Chill until partially set. Then add cranberry-apple mixture, grape halves and nuts. Turn into large tree mold (if you have one!)

We used a big platter for this mold. The tree was turned out, and then decorated by forcing mayonnaise through a pastry tube. This was used to outline the tree, and also a delicate tracery was drawn to indicate the branches.

## ELAINE'S MOLDED SALAD

- 2 pkg's lemon gelatine
- 2 cups canned tomatoes
- 1 cup celery, diced
- 1 cup cucumber, diced
- 1/2 cup green pepper, chopped fine
- 2 Tbls. grated onion
- 1/4 cup sour cream
- 1 cup mayonnaise
- 1 Tbls. horseradish

Heat tomatoes to boiling point and dissolve gelatine in it. When completely chilled, add the remaining ingredients. Turn into a mold to set.

(Continued on Next Page)



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Our Amana Freezer had just been delivered when this picture of Mother was taken.

### DESSERTS

In this particular department we took considerable leeway. Not a one of us felt competent enough to tackle Ost Kaka, the traditional Swedish dessert. We've always understood that it was tricky, and somehow we didn't have time to experiment in advance. Lingonberries (another necessity) were not available. We could have prepared Gooseberry Pudding with our canned gooseberries, but this calls for individual dishes and we just about had our dish quota filled before we reached desserts!

What we decided to serve was a big silver tray filled with three kinds of cookies: almond cookies, spritz and fattigmand. We made the almond cookies and fattigmand AND we intended to make the spritz also, but when we rounded up mother's press we found an essential part missing. In this crisis it seemed only sensible to see if the Swedish bakery could supply them. They were supplied.

However, we do have a good spritz recipe that we have used in days gone by, so we are including it.

### FATTIGMAND

6 egg yolks  
1 Tbls. melted butter  
1/8 tsp. salt  
Flour enough to roll out (this will be between 1 1/2 and 1 3/4 cups)  
6 Tbls. sweet cream  
4 Tbls. sugar  
1/4 tsp. ground cardamon  
Beat eggs well; add sugar and mix thoroughly. Add rest of ingredients. Chill. Roll very thin, cut in diamond shape and fry in deep fat at 370 degrees for 2 or 3 minutes or until golden brown. Dust with powdered sugar.

This time we used a small heart-shaped cookie cutter with a fancy edge. It is absolutely the first time we have ever done anything but cut it in diagonal shapes! (By the way, no matter how you cut it, be sure to make two short slashes right through the middle.)

(Continued on Next Page)

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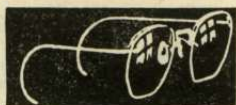
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## SWEDISH SPRITS

- 1 1/2 cups butter
- 1 cup sugar
- 1 well-beaten egg
- 2 tsp. vanilla
- 4 cups flour
- 1 tsp. baking powder

Thoroughly cream butter and sugar; add egg and vanilla. Beat well. Add sifted dry ingredients and mix to smooth dough. Force through a cookie press, forming various shapes. Bake in a 400 degree oven until light brown (about 8 to 10 minutes).

## ALMOND COOKIES

- 1 cup butter
- 1/2 cup sugar
- 1 egg
- 1 tsp. baking powder
- 1 tsp. cinnamon
- 1 tsp. cardamon
- 12/3 cups flour
- 1 cup ground almonds

Cream butter and sugar, add beaten egg; then add flour sifted with spices and baking powder. Put almonds through food chopper and add to mixture. Roll cookies in palm of hand to form into small balls. Brush tops with beaten egg and water mixture. Bake in a 350 degree oven for approximately 10 minutes.

In a way, we feel guilty about these cookies! They are wonderfully delicious, BUT it is a terrible thing to get that cup of almonds through the food grinder. (Almonds should be blanched, skins removed, and then dried out in oven.) Another thing: we omitted the cardamon because we were serving fattigman that also calls for it. The original recipe says "1 Tbls. of cinnamon" but for our purposes this seemed like too much.

These cookies are truly delicious and worth the work. But don't say we didn't warn you when you start grinding the almonds!

## NOTES ON SERVING

After our guests had had their fill of the meat dishes, salads, relishes, cheese, bread, etc., we gave them a little leeway before dessert. The cookies had been arranged on a big silver tray, and this was passed from table to table. Simultaneously the men of our family were good enough to serve coffee. No one had to help himself in any way whatsoever at the conclusion of this meal.

Perhaps this account of our Smorgasbord will pep you up to contemplating having such an affair yourself—along with two or three other couples. Frankly, unless you have a lot more silver or china than any of us possess as individuals, I believe you'll be compelled to join forces with others! We dipped pretty deep into four sources of linen, silver, china, etc., to manage our crowd of 28, and unless you're the exception, I really believe you'd experience the same thing.

If you *do* have a Smorgasbord, let us know about it. We'll be genuinely interested in hearing how you made out.

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Alison won't sit still for more than a few minutes, but Emily is patient about showing her picture books.

## Questions and Answers

During these weeks that we've been in Florida, Lucile has sent on to me a number of letters from friends who wanted my opinion about problems of various kinds. I didn't have space to answer all of them by any means, but here are a few to which I have given a great deal of thought.—Leanna.

**QUES:** "Are all husbands and children as helpless as mine? I get so tired of keeping at them to do things that they know they must do. My children can't get out the door to meet the school bus unless I keep right at them every second in the morning. My husband puts off everything and can't even seem to remember to do some of the daily tasks unless I remind him. How can I go about changing this situation that is really getting on my nerves?"—Minn.

**ANS:** It seems to me that you are probably quite a dominating type of person who secretly enjoys having the whole family dependent upon you for every move they make. Probably you've never thought of it in this light. It's going to be hard to break this well established habit, but you can start by giving them fair warning that henceforth they're going to have to take the responsibility for getting things done. If your children miss the school bus two or three times they'll take action — for they're the ones who'll have to pay the penalty for make-up work. If your husband gets into difficulties because he neglects necessary tasks, he'll stop and think before he waits for you to remind him. Once you decide to keep still, **KEEP STILL.**

**QUES:** "Last year a very dear friend of my mother's passed away after a long illness. In my mother's memory I sent flowers to the hospital on five different occasions for I felt that they should be enjoyed by the living. Because of this I did not send flowers to the funeral, and recently it has come to my attention that the

(Continued on Next Page)

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(Continued from Page 13)

family felt hurt because my name was not among the cards they acknowledged following the services. Should I explain to them why I did not send cards to the funeral, or should I just ignore this?"—Mo.

ANS: My first thought is: who called it to your attention? I'm confident that it wasn't a member of the family. I doubt, truly doubt, if there is any basis in reality for what you were told. It sounds to me like a typical comment tossed off with seeming lightness but with malicious intent. I would ignore it.

QUES: "I'm ashamed to say that we've spent a lot of this winter in a family argument about what we're going to do in early summer. I want to see some necessary remodeling done in our home. We have electricity and running water, but I want a bathroom, some built-in cupboards in the kitchen, and a small bedroom built on so that our three boys, thirteen, sixteen and seventeen, won't have to share the same room. The boys demand that we trade in our ten year old car for a new 1953 model — their father is on the fence but leans towards the car too. Our old car will still get us where we have to go, and I really feel that our home should come first this summer since we can't have both. What do you think?"—Ill.

ANS: Of course I agree with you. What woman wouldn't? If you have a car you can get around in, surely a bathroom, improvements to the kitchen and a bedroom should come first. However, if feelings are really running as high as your long letter indicates, can't you compromise? If the boys don't want that new bedroom which is being built primarily for their comfort, scratch that off the list this year. You've said that if you do this work you can't have a car for at least two years. Well, why not go ahead with the bathroom and kitchen improvements at this time, get a second-hand car the next year, and let the extra room wait? Those boys will probably be away from home before too much longer and you may decide you don't even need the bedroom. See if you can't work out something that appeals to all the family.

QUES: "My son's wife is put out with me because I send cakes and pies to their home every time I bake. She says that she can't make cakes or pies that are as good as mine and her husband, my son, always throws it up to her. I just thought I was helping out. And I do want them to have some good food. Don't you think I'm right?"—Kans.

ANS: You may have thought you were helping out, but you really weren't, were you? There is your answer. I'd give my daughter-in-law a chance to develop as a good cook — don't keep peppering them with a basis of comparison. Send your cakes and pies someplace else for a change.

Some people use language to express thought, some to conceal thought, and some instead of thought.

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**ROSARY BEADS**, \$1.25, in Gray Beads, hand-made. Mrs. Fred Treiber, Danbury, Iowa.

**"CHICKEN (large) applied tea towels**, (Cannon)—3 \$2.75. R. Kiehl, 2917 Fourth, N. W. Canton, Ohio.

**CROCHETED DRAW STRING HANDBAGS**—washable rug yarn. One solid color or two color combination \$3.00 each. Twelve colors to choose from. Send stamped envelope for samples. Emma Hagen, Clinton, Wisc.

**"MY KITCHEN PRAYER"**—inspiring verse on decorative 8½x11" wall plaque, with plastic cover and colored border, \$1.00 postpaid. Lovely gift. Mrs. Harms, 6721-K South Halsted Street, Chicago 21.

**WANTED SEWING, embroidery and crochet work**. Send pattern. Neat, experienced. Reasonably priced. Mrs. Anina Kantak, 402 Second St., Mapleton, Iowa.

**14" PINEAPPLE DOILIES** with fans \$1.00. Edith Kenyon, Friend, Nebraska.

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**COBBLER APRONS**. Plain or print, 80 sq. material. Fancy stitching. Slenderizing. Sizes 14 to 20. State color. \$2.75. Thelma Wagner, Hampton, Iowa.

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**PURSES**. Beautiful hand crocheted for spring, summer. White, yellow, blue, green, red, black. \$3.00. Knitted dish cloths, all colors 25¢. Mrs. Twila Werries, Tescott, Kansas.

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**BUTTERFLY CHAIR SET**. \$3.50. Old ads good. Mabel Kelley, Queen City, Mo.

**CASH FOR FEATHER BEDS**. New and old feathers—goose or duck—wanted right now! For TOP PRICE and complete shipping instructions with free tags, mail small sample of your feathers in ordinary envelope to: Northwestern Feather Co., Dept. 6, 212 Scribner NW., Grand Rapids 4, Mich. (We return your ticking if desired).

**LAMP SHADE, EASILY MADE** using your old wire frame. Pretty enough for your best lamp. Picture-guide instructions only 25¢. Mrs. Harms, 6721-K South Halsted Street, Chicago 21.

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**MAMMY DOLL TOASTER COVERS**. 16" tall, neatly dressed, earrings, cute. Mothers Day gift. Special price \$2.00. March only. Novelty Shop, Ulysses, Nebr.

**ORGANDY APRONS** trimmed with pretty hanky \$2.00. 3 piece crochet baby sets. (Hood, jacket, and booties) \$5.00. Crochet lace edge hankies \$1.00. Ellen Day, 2954 Apple, Lincoln, Nebr.

**AMAZING NEW MULTI-VIMS**. Contain all essential vitamins and minerals. Protect your health this winter. Satisfaction guaranteed or your money back. Send only \$2.00 for full 30 days supply. Vigor Vitamins Co., Cedar Rapids, Iowa.

**DANDER X CURES DANRUFF** or money refunded. \$1.00. Alva J. Church, Mt. Vernon, S. Dak.

**BEAUTIFUL white chenille Easter lily corages**. \$1.25 postpaid. Mrs. Leslie Rust, 832 S. Fountain, Wichita, Kans.

**BABY SHOES**. Wool felt, pink, blue, mint or yellow. Infant size \$1.25. Give second choice. Mrs. Levi Hockett, Jamaica, Iowa.

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**NYLON CORSAGES**, three flowers. Choice of colors, ribbon tied. Attractive on your spring suit or coat, 75¢. Novelty Shop, Ulysses, Nebr.

**CROCHETED FLOWER EARRINGS**, any color 50¢ pair. Mrs. Glen Stewart, Page, Nebr.

**NYLON CARNATION CORSAGE (different)** \$1.00. Earrings 50¢. Multi-colored. Hazel Dorrell, Winterset, Iowa.

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**AFRICAN VIOLETS**, two hundred varieties. Mrs. Tom Hardisty, Corning, Iowa.

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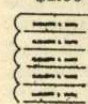
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**CROCHETED CUP AND SAUCER 40¢**. Watermelon panholder 30¢. Hat pincushion 20¢. 10" star doily 50¢. Helen Hayes, Rt. 2, State Center, Iowa.

**YOU ARE NEXT**, to have a pretty print dress made. Just send your measurements, either print or 3 feed sacks, placket zipper. 4 buttons and \$1.50. An apron free with orders for three. De-Chic Frock Shop, Belleville, Kansas.

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Just Press on with a warm iron to any fabric — washproof!  
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If you already have this book, you can get one for a good friend.

### SEND THE BLANK BELOW AND RECEIVE THIS CAKE BOOK FREE!

Leanna realizes that it will be more convenient for you to be able to get Kitchen-Klatter Flavors from your favorite grocer. So, if you will ask your grocer to carry Kitchen-Klatter Flavors for you, Leanna will send you the Driftmier Cake Cook Book FREE OF CHARGE.

Four Flavors — VANILLA, LEMON, ALMOND and MAPLE

### SEND THIS TO LEANNA

Leanna Driftmier  
Kitchen-Klatter Dept. A-3  
Shenandoah, Iowa

My grocer is

address

I have talked to the grocery manager personally about Kitchen-Klatter Flavors. He ☐ (does) ☐ (does not) carry Kitchen-Klatter Flavors.

Signed

Address

Town

State



## GOOD NEIGHBORS

By Gertrude Hayzlett

Share your thankfulness in being able to get out and go places with these people who are shut in the house all the time. You will be happier for having done so.

Mrs. Ada DePoy has been ill for many years. She is a widow with only one child, a son, who has to be at work every day, and since she is bedfast and not able to care for herself at all, she had to go into a Rest Home. She loves to get mail, but is not able to write at all. Send her lots of pretty cards. Why not write her name on your calendar one day of each month this year and send a card each of those days? Address her at Vernon Rest Home, 475 Vernon St., Oakland, Calif.

Irene Conard, age 40, is in State Hospital No. 3, Drawer 37, Nevada, Mo. She has been shut in all her life. In earlier years she could sit up if they tied her into a chair, but for many years now she has been bedfast. She loves to get mail but cannot write.

May Louise Butcher's home is Anthon, Iowa, but last summer she was stricken with polio, and after the disease had run its course she was sent to the Warm Springs Foundation, Warm Springs, Ga., and will be there for some time. She is unable to use her hands and upper body, so is not able to write. Mail would help keep her mind occupied. Age 20.

Another polio victim is little Dwane Buerstetta of Tecumseh, Nebr. I do not know his exact age. The friend who asked for cheer for him just said he was a little boy and in a wheel chair. You will know best what a child in that condition would enjoy.

Mrs. Louise Barr, 742 W. Washington Ave., Council Bluffs, Iowa, is an elderly invalid and unable to get about the house. Do write to her.

Another shut in who will not be able to write is Mrs. Ida Bowman, Cleveland State Hospital, 4455 Turney Road, Pellow Cottage, Cleveland 5, Ohio. She has been helpless for years and in this hospital for the last several years. Last September her husband died and now she is entirely alone. She loves to get pretty cards. Don't send a letter — just a little message on a card. But send it often.

Grandma Jastram, c/o Wm. Jastram, Garretson, S. Dak., fell two years ago and broke her leg; it has never healed. She is in bed all the time and alone from early morning until the grandchildren get home from school in the afternoon. Write to her, please.

Mrs. Ruth Jessup, Box 583, Steamboat Springs, Colo., would love to hear from you. She has arthritis and has been in a wheel chair since 1922. Her hobby is raising African violets.

Mrs. Flora Beavert, 109 E. 14 St., Vancouver 19, Wash., fell in November and broke her hip. She was badly crippled before that, and now will have to be in a wheel chair.

Gene Desjarlais, 912—5th Street, c/o Elaine's Nursing Home, Sioux City, Ia., needs yours letters or cards very badly. He is flat on his back.

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New, Improved Dwarfies 10 Vitamins with Two Plus Values: Plus B-12, NOW Plus FOLIC ACID. 12 Different Vitamins All in One Daily Capsule. And Here's MORE! While Supply Lasts — a FREE (of extra cost) BONUS 30 capsule bottle of 10 Vitamins. Buy yours now while supply lasts.

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\$3.00 bottles Dwarfies 12-vitamins.

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