

SEX AND YOUR HEAD: getting it all together

On the assumptions:

- that the issues of premarital sex, birth control and problem pregnancy are issues with which many college women have to deal, or will have to, during their college residence;
- that the atmosphere of embarrassment and fear often precludes their seeking out help of information from one another, or support in making what are often very difficult decisions about their lives;
- that the University has done very little in the way of compassionate guidance and efficient, understanding medical care;
- that the so-called "sexual revolution" in morals poses as many problems, and is at least as unfair to women as the previous repressive attitudes about sex;

The YWCA, along with the Committee on Human Sexuality and the Mid-Iowa Community Action, Family Planning Dept., announces a fall quarter pilot project in education and guidance for sorority residents around the subjects of premarital sex, birth control, and problem pregnancy. The structure of the project will include:

- The formation of at least two teams of concerned, competent women who are willing and able to give time making team visits to the sororities, to disseminate information and encourage small-group, personal-level discussion around the emotional and physical facets of sexual relationships. They will be able to speak authoritatively on different methods of birth control, places and people to go to for help; they will also be understanding and able to reach out to the individual women who are undergoing difficulty in this area of life. Teams will include one R.N., one community woman volunteer, at least one student, and at least one other woman semi-skilled in the area of counseling and guidance;
- The collection of accurate data about birth control, and the dissemination of information at a concrete level; which doctors to see, which ministers, etc.
- The formation of small groups within the living unit, to focus with somewhat more depth on the situations of the women there. These may generate deeper discussion and possibly become on-going support groups.
- The sorority visits are a pilot program, leading in the future to the formation of more teams which can fan out into women's dormitories and eventually attempt to reach off-campus women in some way.

Things to be done:

- Pick team members and begin meetings (two or three) to assign responsibilities and talk out feelings about the issue; to collect information until all share roughly the same stuff' to construct a model for the visits.
- By Sept. 15, have contacted all the sororities and set up a schedule of visits, through winter quarter.
- Publicity--how, where, what sort.

FIRST MEETING: YWCA, WEDNESDAY, AUGUST 25, 7:30 IN ALL CAN COME -- R.O.S.V.P!!